The first human being was created by Allah shaping clay into a human form and then breathing a soul into it, Allah (SWT) says in Quran :

(Your Lord said to the angels, "I am going to create a human being out of clay. When I have formed him and breathed My Spirit into him, fall down in prostration to him!") (Quran 38:71-72)

and also says:

("Then inquire of them: Is it they who are stronger in structure or other things We have created? We created them from sticky clay") (Quran 37:11)

Now this seems absolutely absurd - human beings created from clay?

When the human body is examined today, many elements present in the earth's clay are also discovered to be found in the human body. Living tissues contain 95% carbon, hydrogen, oxygen, nitrogen, phosphorus and sulfur, with a total of 26 different elements. Now this may seem like an outrageous, coping argument - until we really **dissect** and analyze the vocabulary utilized in Quranic literature.

In another verse of the Quran we are told:

("We created man from an extract of clay") (Quran 23:12)

The Arabic word "sulala," translated as "extract" in the verse, **means "representative example, most vital components, essence."** The information revealed in the Quran 1,400 years ago confirms what modern science tells us-the fact that the **same elements as those found in the soil are employed in the creation of human beings**.

It's interesting because the nuance of each word employed in the Quran tells a starkly different story than the narrative attempted to be perpetuated by anti Islamic polemicists. Take a look at the following:

From Hans Wehr ::

سلالة sulāla pl.-āt descendant, scion; progeny, offspring; family; race; strain, stock, provenience (of industrial plants); artificially bred variety (of plants, animals) علم السلالات البشرية (bašarīya) ethnology

This demonstrates that Sulalah is something taken from something else.

Now,

From Lane's Lexicon U:

الكُونَةُ الله What is, or becomes, drawn forth, or drawn forth gently, from, or of, a thing: (M, K:) or so الكُونَةُ شَيَّةُ: (S:) [an extract of a thing: and hence,] the clear, or pure, part, or the choice, best, or most excellent, part [of a thing]; (Mgh; and Ksh and Bd and Jel in xxiii. 12;) because drawn from the thick, or turbid, part. (Mgh.)

From Penrice U:

مَنْكُنَّةُ An extract.— مُنْكُنَّةً V. To withdraw one's-self privately. تَسَلُّلُ eee مَنْلُسِلُ see مَنْلُسِلُ

From Steingass U:

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salla-t, silla-t; — sulâl, consumption; hectic fever; — sallâl, maker of baskets; stealer of cattle; — ق sulâla-t, anything drawn out of another; sperm; gonorrhœa; embryo; purest vital parts; pl. salâ'il, son; progeny.
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From these it is easy to deduce that the word Sulalah is in reference to the most integral elements of an object, having those and only those extracted from that object as its purest most pivotal components.

So what does the above verse imply?

As a prerequisite: the chemical structure of the human body confirms the relation between man and clay. The human body consists mainly of water (54% to 70% or more) in addition to protein (11% to 17%), fat (14% to 26%), and other several substances and inorganic components (5% to 6%). According to the chemical analysis of the basic substances of the human body, we can see that it is composed of the following elements:

- · Oxygen 65%.
- · Carbon 18%.
- · Hydrogen 10%.
- Nitrogen 3%.
- Calcium 1.4%.
- Phosphorous 7%.

In addition, there are some less abundant substances like iodine, fluorine, bromine, iron, copper, magnesium, zinc, chrome, cobalt, nickel, molybdenum, tin, vanadium, silicon, and aluminum. However, despite their rarity, the shortage of any of these substances may cause an imbalance in the functions of the human body.

The components of the human body correspond in general with the chemical composition of soil when combined with water, i.e. clay. Generally, soil is made of a number of clay minerals that depend on their structure on hydrated aluminum silica, and exceed ten in number. They differ

according to the degree of hydration, the percentage of both aluminum and silicon, or through the addition of other substances like magnesium, potassium, etc.

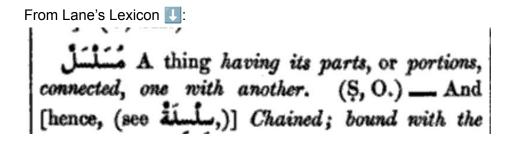
Moreover, clay minerals are combined (mixed) with different proportions of sand grains (quartz), feldspars, mica, iron oxides, and some heavy minerals, in addition to a small percentage of volcanic ashes, sea lime (calcareous) and salt particles, and ash particles that result from various combustive operations. Soil is also mixed with pollen and other plant remnants, bacteria and the remnants of other microorganisms, some remnants of cosmic and meteoritic dust, in addition to several other organic substances from the waste of various living creatures. This combination makes the chemical composition of soil and water very similar to that of the human body.

Soil is fragmented fine-grained sediment. Its granular diameter (clay) does not exceed 1/257 of a millimeter, even if mixed with some granules of silt (the diameter of its granule is 1/16 mm, 1/256 mm) and sand (1/4 - 1/16 mm.)

The proportion of porosity is as high as 70% to 80% in recently formed clay sediments. On the other hand, this proportion decreases to only 13% in old clay (mudstone) rocks, especially in shale. This high proportion of porosity in newly formed clay sediments increases after denudation (weathering) and transformation into soil. Soil pores fill with different ions of other substances, in addition to water, air and micro – wastes of living creatures. If the proportion of water increases, clay transforms into mud. The extraction from which man was created is the substances and compounds dissolving in the water held between the grains of clay metals and cracks that form clay.

So then,

We see that as the verse says, the most pivotal elements of soil, when it's purely most essentially extracted from it, can be rearranged and amalgamated to cultivate the biological structures of the human body.



Second: Man depends on plants as his main food resource and this underpins the link between humans and clay: The roots of plants absorb the substances and compounds dissolved in the water, which is stored between soil particles. Plants grow and produce different crops that man and several animals (herbivores) eat. Even creatures that eat both meat and plants (like

humans), or those that eat meat only (carnivores), live, thrive, and grow depending on this blend absorbed by plants from the space between clay particles, and which turn into clay, and then into mud by watering. That is why Allah (SWT) created plants before animals and humans, because plants are the only means to transform ground substances into food chains, which are necessary for human and animal survival.

Allah says what can be translated as in the Quran:

- "And indeed We created man (Adam) out of an extract of clay" (Surat Al-Mu'minun (The Believers): 12).
- "Who made everything He has created good, and He began the creation of man from clay" (Surat As-Sajdah (The Prostration): 7).
- "And Allah has brought you forth from the (dust of) earth. Afterwards He will return you into it (the earth), and bring you forth" (again on the Day of Resurrection)? (Surat Nuh: 17, 18).
- Also His words said by His slave and Messenger Saleh (AS) when he spoke to his people: "O my people! Worship Allah: you have no other llah (God) but Him. He brought you forth from the earth and settled you therein" (Surat Hud: 61)

Third: After death, human bodies start to decompose and transform into clay extracts before they merge with the soil. The relation between the human body and soil with its water content (mud) reasserts by the huge correspondence between their chemical structures. The growth of the human body (from the embryonic stage up to maturity) depends on some ground substances and their dissolved compounds. These substances are stored between the clay particles that form the earth's soil, which plants transform (by the Mighty power of Allah) into fruits and crops edible for man. They can also be transformed into grass, which is eaten by animals, making food for man. This marvelous food chain, in which plants play an enormous role, originally came out of this clay extract that consists of many substances and compounds absorbed by plant roots.

Below is a diagram showing the distribution of the elements in a 70-kilo human being.

Element	Symbol	%	Weight
Macro-minerals			Gram
Oxygen Carbon Hydrogen Nitrogen Calcium Phosphorus Potassium Sulfur Chlorine Sodium Magnesium	O C H N Ca P K S CI Na Mg	65.0 18.5 9.5 3.3 1.5 1.0 0.35 0.25 0.15 0.05	43,000 12,000 6,300 2,000 1,100 750 225 150 100 90 35
Silicon Macro-minerals	Si	%	30 Miligram
Iron	Fe	0.01	4,200
Zinc	Zn		2,400
Copper	Cu	0.01	90
Boron	B	0.01	68
Cobalt	Co	0.01	20
Vanadium	V	0.01	20
Iodine	I	0.01	15
Selenium	Se	0.01	15
Manganese	Mn	0.01	13
Molybdenum	Mo	0.01	8
Chromium	Cr	0.01	6

As we notice above, water forms the main component of the human being and any other being. Allah (SWT) says :

والله خلق كل دابة من ماء فمنهم من يمشي على بطنه ومنهم من يمشي على رجلين ومنهم من يمشي على أربع يخلق الله ما يشاء إن) النور 45

" Allah created every [living] creature from water. Some of them go on their bellies, some of them on two legs, and some on four. Allah creates whatever He wills. Allah has power over all things" (Quran, 24:45)

" and We made from water every living thing? So will they not believe?" (Quran, 21:30)

"And it is He Who created human beings from water and then gave them relations by blood and marriage. Your Lord is All-Powerful" (25:54)

When we look at the verses concerned with the creation of human beings and living things, we clearly see evidence of something beyond absurdity. One such notion is the creation of living things from water. It was only possible for people to come across that information, clearly expressed in those verses, hundreds of years afterwards with the invention of the microscope.

All life forms need water in order to survive. Animals in dry regions, therefore, have been created with mechanisms to protect their metabolisms from water loss and to ensure maximum benefit from water use. If water loss takes place in the body for any reason, and if that loss is not replaced, death will result in a few days. The famous 17th century scientist Jan Baptista van Helmont discovered in the 1640s that water in the soil was the most important element of plant development.

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Now, whilst Muslims are not orthodox evolutionists, scientists have been proposing that clay may have been the origins of life:

Clay may have been birthplace of life on Earth, new study suggests

Date: November 5, 2013

Source: Cornell University

Summary: Clay -- a seemingly infertile blend of minerals -

- might have been the birthplace of life on

Earth. Or at least of the complex biochemicals that make life possible, biological engineers

report.

As further evidence, geological history shows that clay first appeared -- as silicates leached from rocks -- just at the time biomolecules began to form into protocells -- cell-like structures, but incomplete -- and eventually membrane-enclosed cells. The geological events matched nicely with biological events.

How these biological machines evolved remains to be explained, Luo said. For now his research group is working to understand why a clay hydrogel works so well, with an eye to practical applications in cell-free protein production.

"We propose that in early geological history clay hydrogel provided a confinement function for biomolecules and biochemical reactions," said Dan Luo, professor of biological and environmental engineering and a member of the Kavli Institute at Cornell for Nanoscale Science.

In simulated ancient seawater, clay forms a hydrogel -- a mass of microscopic spaces capable of soaking up liquids like a sponge. Over billions of years, chemicals confined in those spaces could have carried out the complex reactions that formed proteins, DNA and eventually all the machinery that makes a living cell work. Clay hydrogels could have confined and protected those chemical processes until the membrane that surrounds living cells developed.

To further test the idea, the Luo group has demonstrated protein synthesis in a clay hydrogel. The researchers previously used synthetic hydrogels as a "cell-free" medium for protein production. Fill the spongy material with DNA, amino acids, the right enzymes and a few bits of cellular machinery and you can make the proteins for which the DNA encodes, just as you might in a vat of cells.

https://www.sciencedaily.com/releases/2013/11/131105132027.htm

People will climb hills to scream out that the Quran was wrong for apparently saying that man was originally made from clay - although we have demonstrated that the verse actually says that man was created from the most PIVOTAL, ESSENTIAL ELEMENTS EXTRACTED PURELY FROM THE COMPOSITION OF CLAY - but they will defend evolutionary proposals such as the above with their lives, perhaps as a clandestine tactic to avert ideas that they lack any form of true agency in life.

Next, see the following document: *Do 19:67, 96:2, 21:30, 16:4, 15:26, 3:59 and 11:61 contradict each other?*