30-Day Advanced Cybersecurity Study Plan

Includes: Timetable, Diagrams, Cheatsheets & Clickable Links

Week Overview

Week	Focus Area
1	Foundations & Network Security
2	Wireless & Password Attacks
3	Web App Security
4	Advanced Exploitation & Defense

Week 1 – Foundations & Network Security

Bonus: Top 5 Nmap Commands

Practice Platforms: