

# Effect of hyperdynamic LVEF on ICU outcomes

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## Abstract

**Objective** To study the effect of hyperdynamic left ventricular function on ICU outcomes.

**Keywords:** Intensive Care Unit, Hyperdynamic

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## 1. Background

In a recent meta-analysis review by Huang et al. (2013) [1] the authors attempted to answer the question whether ventricular depression or dilation is associated with lower mortality rates. A total of 62 studies were reviewed and 14 included in the analysis. The meta-analysis failed to find any evidence to support the view that the survivors from severe sepsis or septic shock had lower ejection fractions. This study aims to further explore this research question using the MIMIC-II clinical database from the Beth Israel Deaconess Medical Center in Boston, MA [2].

## 2. Materials and Methods

The cohort used in this study is shown in Figure 1. The consisted of all adults admitted to the ICU with echo reports. A subset analysis considers the patients who satisfy for the Angus criteria [3]. All statistical analysis was performed using R. Baseline comparisons were performed using Fisher tests for categorical variables with results reported as numbers and percentages. Continuously normally distributed variables were compared using *t*-tests and reported as median, while non-normally distributed data were compared using Mann-Whitney tests and reported as medians and interquartile range (IQR).

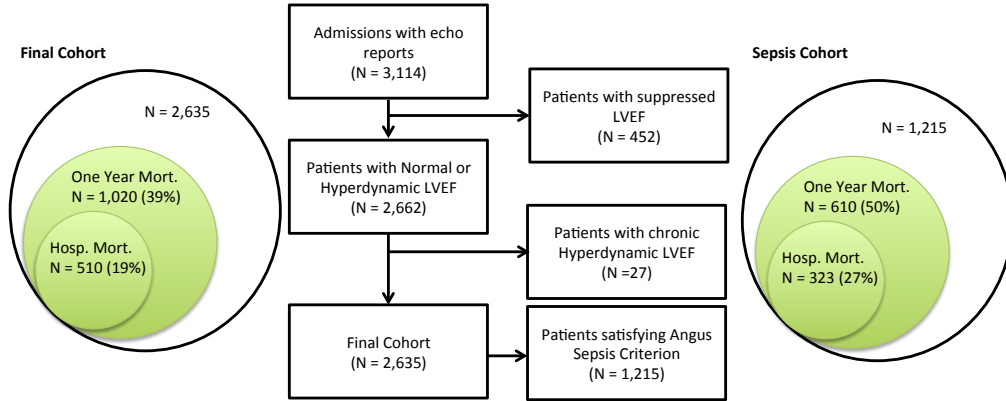


Figure 1: Patient record selection. Using the MIMIC II database we identified 2,632 patients that had a echo report.

### 3. Results

Table 2 highlights the results of the univariate analysis for all patients with hyperdynamic EF. Table ?? highlights the results of the univariate analysis for all patients with acute hyperdynamic EF. Significant values ( $P < 0.05$ ) are shown in bold. Hyperdynamic patients are more likely to be female, be admitted to MICU, SICU and ventilated. Hyperdynamic patients also have higher risk of mortality, SOFA and SAPSI scores and stay longer in ICU. Table ?? looks at potential confounders for the cohort: hyperdynamic patients are more likely to have congestive heart failure, hypertension and cancer.

Table ?? highlights the results of the univariate analysis for all septic patients. Significant values ( $P < 0.05$ ) are shown in bold. Hyperdynamic septic patients have a higher 28-day and ICU/hospital mortality are more likely to be administered more fluids. The confounder analysis in Table ?? is inconclusive.

### References

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|                       | <b>Normal EF (N=2387)</b> | <b>Hyperdynamic EF (N=244)</b> |
|-----------------------|---------------------------|--------------------------------|
|                       | N (%) or median (IQR)     |                                |
| Gender (Male)         | 1174 (49.18)              | 101 (41.39)*                   |
| Care Unit             |                           |                                |
| CCU                   | 370 (14.06)               | 33 (1.25)                      |
| CSRU                  | 187 (7.11)                | 25 (0.95)                      |
| MICU                  | 1262 (47.97)              | 119 (4.52)                     |
| SICU                  | 568 (21.59)               | 67 (2.55)                      |
| Septic                | 1092 (45.75)              | 123 (50.41)                    |
| Labs                  |                           |                                |
| Max WBC               | 13.60 (8.90)              | 15.30 (9.35)*                  |
| WBC                   | 11.00 (6.70)              | 11.80 (7.65)*                  |
| Max lactate           | 2.20 (2.40)               | 2.60 (2.92)*                   |
| Lactate               | 1.70 (1.30)               | 1.90 (1.36)*                   |
| Max creatinine        | 1.10 (1.20)               | 1.20 (1.20)                    |
| Creatinine            | 1.00 (1.00)               | 1.00 (0.92)                    |
| Co-morbidities        |                           |                                |
| Diabetes              | 632 (26.48)               | 67 (27.46)                     |
| Alcohol abuse         | 127 (5.32)                | 12 (4.92)                      |
| Arrhythmias           | 701 (29.37)               | 64 (26.23)                     |
| Valvular disease      | 332 (13.91)               | 37 (15.16)                     |
| Hypertension          | 833 (34.90)               | 108 (44.26)*                   |
| Renal failure         | 282 (11.81)               | 22 (9.02)                      |
| Chronic pulmonary     | 567 (23.75)               | 55 (22.54)                     |
| Liver disease         | 177 (7.42)                | 26 (10.66)                     |
| Cancer                | 102 (4.27)                | 15 (6.15)                      |
| Psychosis             | 82 (3.44)                 | 9 (3.69)                       |
| Depression            | 127 (5.32)                | 14 (5.74)                      |
| CHF                   | 822 (34.44)               | 101 (41.39)*                   |
| Treatments            |                           |                                |
| RRT                   | 366 (15.33)               | 45 (18.44)                     |
| Vasopressor           | 1071 (44.87)              | 135 (55.33)*                   |
| Mech. Ventilation     | 1462 (61.25)              | 173 (70.90)*                   |
| Fluids in 3-days (ml) | 7683.25 (8935.38)         | 9088.46 (10902.17)*            |

Table 1: Characteristics of normal versus all hyperdynamic EF patients

|                       | <b>Normal EF (N=2562)</b> | <b>Acute Hyperdynamic EF (N=69)</b> |
|-----------------------|---------------------------|-------------------------------------|
|                       | N (%) or median (IQR)     |                                     |
| Gender (Male)         | 1248 (48.71)              | 27 (39.13)                          |
| Care Unit*            |                           |                                     |
| CCU                   | 390 (14.82)               | 13 (0.49)                           |
| CSRU                  | 200 (7.60)                | 12 (0.46)                           |
| MICU                  | 1350 (51.31)              | 31 (1.18)                           |
| SICU                  | 622 (23.64)               | 13 (0.49)                           |
| Septic                | 1170 (45.67)              | 45 (65.22)*                         |
| Labs                  |                           |                                     |
| Max WBC               | 13.70 (8.88)              | 15.50 (9.00)                        |
| WBC                   | 11.10 (6.65)              | 11.40 (8.80)                        |
| Max lactate           | 2.20 (2.40)               | 2.60 (1.98)                         |
| Lactate               | 1.70 (1.30)               | 1.90 (1.19)                         |
| Max creatinine        | 1.10 (1.20)               | 1.30 (1.30)                         |
| Creatinine            | 1.00 (1.00)               | 1.05 (1.20)                         |
| Co-morbidities        |                           |                                     |
| Diabetes              | 679 (26.50)               | 20 (28.99)                          |
| Alcohol abuse         | 138 (5.39)                | 1 (1.45)                            |
| Arrhythmias           | 736 (28.73)               | 29 (42.03)*                         |
| Valvular disease      | 353 (13.78)               | 16 (23.19)*                         |
| Hypertension          | 906 (35.36)               | 35 (50.72)*                         |
| Renal failure         | 300 (11.71)               | 4 (5.80)                            |
| Chronic pulmonary     | 602 (23.50)               | 20 (28.99)                          |
| Liver disease         | 195 (7.61)                | 8 (11.59)                           |
| Cancer                | 112 (4.37)                | 5 (7.25)                            |
| Psychosis             | 89 (3.47)                 | 2 (2.90)                            |
| Depression            | 137 (5.35)                | 4 (5.80)                            |
| CHF                   | 888 (34.66)               | 35 (50.72)*                         |
| Treatments            |                           |                                     |
| RRT                   | 397 (15.50)               | 14 (20.29)                          |
| Vasopressor           | 1164 (45.43)              | 42 (60.87)*                         |
| Mech. Ventilation     | 1589 (62.02)              | 46 (66.67)                          |
| Fluids in 3-days (ml) | 7740.15 (9045.22)         | 8889.06 (14182.76)*                 |

Table 2: Characteristics of normal versus acute hyperdynamic EF patients

|                            | Odds-ratio (95% Confidence Interval) | P-value         |
|----------------------------|--------------------------------------|-----------------|
| Age                        | 0.9992 (0.9934,1.0049)               | 0.7969          |
| Gender (Male)              | 0.9626 (0.7807,1.1864)               | 0.7206          |
| Elixhauser Points (28-day) | 1.0736 (1.0554,1.0923)               | < <b>0.01</b> * |
| SAPS-I                     | 1.0756 (1.0531,1.0988)               | < <b>0.01</b> * |
| Vasopressor                | 1.8418 (1.4734,2.3061)               | < <b>0.01</b> * |
| Hyperdynamic EF            | 1.4836 (1.0714,2.0361)               | <b>0.0159</b> * |

Table 3: Multivariate model predicting 28-day mortality for all patients

|                            | Hazard ratio (95% Confidence Interval) | P-value         |
|----------------------------|--|-----------------|
| Age                        | 0.9997 (0.9981,1.0025)                 | 0.7799          |
| Gender (Male)              | 0.9895 (0.9331,1.0944)                 | 0.7961          |
| Elixhauser Points (28-day) | 1.0226 (0.9714,0.9844)                 | < <b>0.01</b> * |
| SAPS-I                     | 1.0244 (0.9682,0.9842)                 | < <b>0.01</b> * |
| Vasopressor                | 1.2052 (0.7612,0.9044)                 | < <b>0.01</b> * |
| Hyperdynamic EF            | 1.1256 (0.7744,1.0193)                 | 0.0915          |

Table 4: Multivariate Cox Hazard model predicting 28-day mortality for all patients

|                       | Non-Septic (N=1416)<br>N (%) | Septic (N=1215)<br>N (%) | P-value         |
|-----------------------|------------------------------|--------------------------|-----------------|
| Normal EF             | 1295 (91.45)                 | 1092 (89.88)             | 0.1776          |
| Hyperdynamic EF (all) | 121 (8.55)                   | 123 (10.12)              | 0.1776          |
| Acute Hyperdynamic EF | 24 (1.69)                    | 45 (3.70)                | < <b>0.01</b> * |

Table 5: Ejection fraction characteristics of septic patients

|                            | Odds-ratio (95% Confidence Interval) | P-value         |
|----------------------------|--------------------------------------|-----------------|
| Age                        | 1.0029 (0.9946,1.0110)               | 0.4892          |
| Gender (Male)              | 1.0550 (0.7982,1.3950)               | 0.7067          |
| Elixhauser Points (28-day) | 1.0596 (1.0354,1.0848)               | < <b>0.01</b> * |
| SAPS-I                     | 1.0615 (1.0320,1.0923)               | < <b>0.01</b> * |
| Vasopressor                | 2.1157 (1.5533,2.9025)               | < <b>0.01</b> * |
| Hyperdynamic EF            | 1.4864 (0.9662,2.2614)               | 0.0671          |

Table 6: Multivariate model predicting 28-day mortality for septic patients

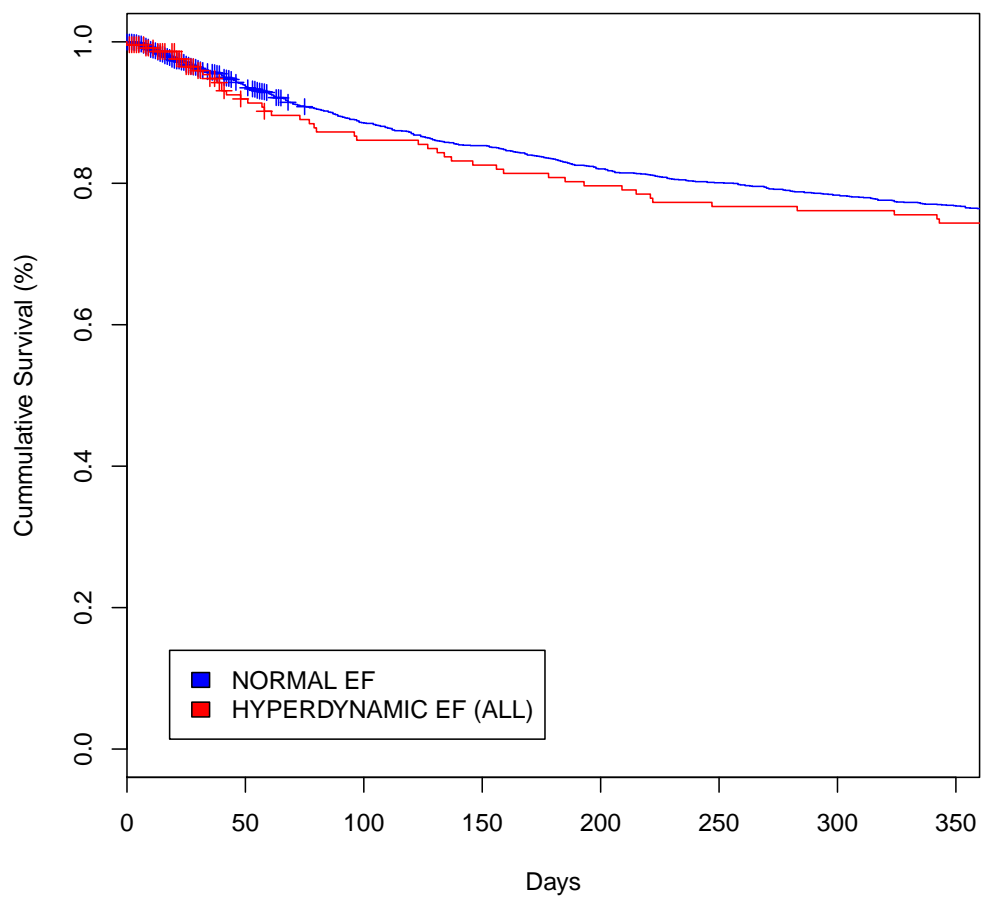


Figure 2: Survival curves for hospital survivors of normal and hyperdynamic EF cohorts

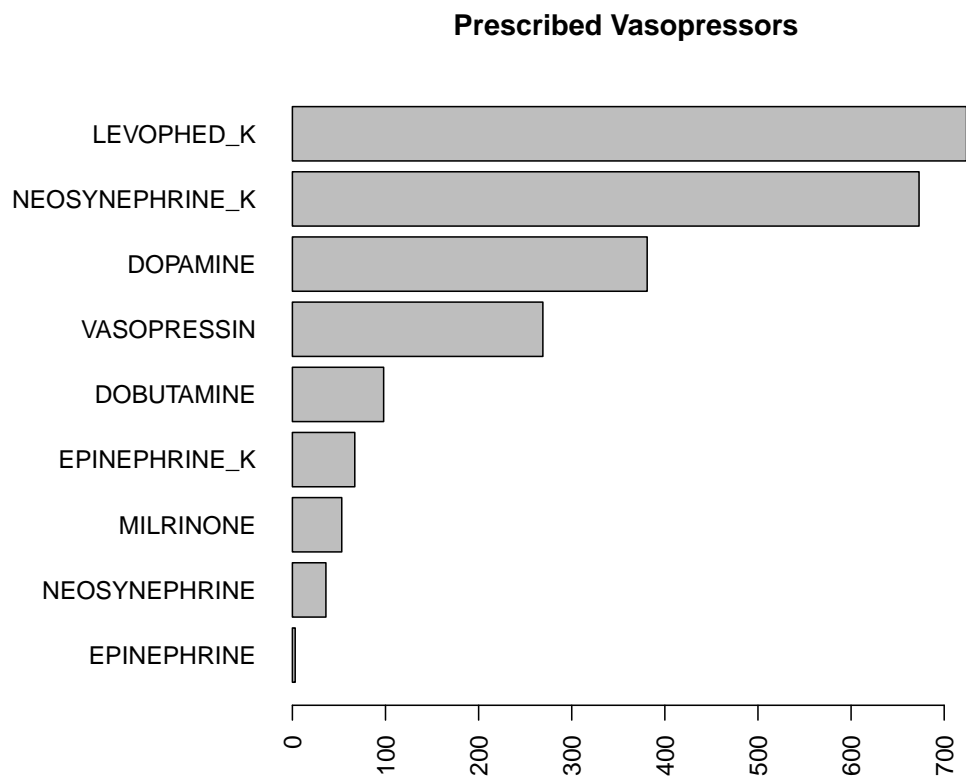


Figure 3: Histogram of vasopressors