

# Flask Overview

## What is Flask?

- Flask is a lightweight web framework for Python. It helps you build web applications and APIs quickly.
- It is called micro-framework because it gives the basics for web development, but you can add extensions as needed.

## Features of Flask:

- Lightweight & simple
- Easy to learn
- Supports routing, templates, and REST APIs
- Can be extended with plugins (like Flask-SQLAlchemy, Flask-Login)