Elements	Sources				
	Gym (using a personal trainer)	Amazon	BlueCrossBlue Shield Coverage App	Netflix	Google Search (just the search)
Schedule Appointments	x				
Maintains User Records	x	x	x	x	
Update User History	x	x	x	x	
Get list of speciality doctors			x		x
Create member account	x	x	x	x	
Server to manage communication and database	x	x	x	x	x
Internet Connection		x	x	x	x
Contact Other Dr. Offices			x		
Easy to use				x	x