

# Introduction To Quantum Mechanics

Haoyu Zhen

April 22, 2022

## Contents

<b>1</b>	<b>The Wave Function</b>	<b>2</b>
<b>2</b>	<b>Time-independent Schrodinger Equation</b>	<b>3</b>
2.1	Stationary states . . . . .	3
2.2	The infinite square well . . . . .	4
2.3	The harmonic oscillator . . . . .	4
2.3.1	Algebraic method . . . . .	5
2.3.2	Analytic method . . . . .	6
2.4	The Free Particle . . . . .	7
<b>3</b>	<b>Formalism</b>	<b>8</b>
3.1	Generalized Statistical Interpretation . . . . .	8
3.2	Uncertainty Principle . . . . .	8

## Acknowledgement

These Notes contain material developed and copyright by:

- *Introduction To Quantum Mechanics*, © the third edition by David J. Griffiths.
- *Quantum Mechanics*, © Zhiguo Lv, Shanghai Jiao Tong University.
- *Slides of PHY1253-8*, © Shiyong Liu, Shanghai Jiao Tong University.

# 1 The Wave Function

What we are looking for is the **wave function**  $\Psi$ .

**Law 1.1** (Schrodinger Equation).

$$i\hbar \frac{\partial \Psi}{\partial t} = -\frac{\hbar^2}{2m} \frac{\partial^2 \Psi}{\partial x^2} + V\Psi.$$

For simplicity, we always rewrite it as:

$$i\hbar \partial_t \Psi = -\frac{\hbar^2}{2m} \partial_x^2 \Psi + V\Psi.$$

Born's statistical interpretation:

$$\int_a^b |\Psi(x, t)|^2 dx = \text{probability of finding the particle between } a \text{ and } b \text{ at time } t.$$

**Law 1.2** (Normalization).

$$\int_{-\infty}^{\infty} |\Psi(x, t)|^2 dx = 1.$$

**Proposition 1.1.** The wave function will always stay NORMALIZED.

$$\frac{d}{dt} \int_{-\infty}^{\infty} |\Psi(x, t)|^2 dx = 0.$$

**Proof.** By Schrodinger EQ.,

$$\text{LHS} = \frac{i\hbar}{2m} \left( \Psi^* \frac{\partial \Psi}{\partial x} - \frac{\partial \Psi^*}{\partial x} \Psi \right) \Big|_{-\infty}^{+\infty}.$$

□

**Definition 1.1.**

$$\langle x \rangle \stackrel{\text{def}}{=} \int_{-\infty}^{\infty} x |\Psi|^2 dx$$

and

$$\langle p \rangle \stackrel{\text{def}}{=} m \frac{d \langle x \rangle}{dt}.$$

**Theorem 1.1.**

$$\langle x \rangle = \int \Psi^*(x) \Psi dx$$

and

$$\langle p \rangle = \int \Psi^* \left( -i\hbar \frac{\partial}{\partial x} \right) \Psi dx.$$

**Remark 1.1 (Operator).** We say that the operator  $x$  represents position, and the operator  $-i\hbar \partial/\partial x$  represents momentum. Also,

$$\langle Q(x, p) \rangle = \int_{-\infty}^{\infty} \Psi^* \left[ Q(x, -i\hbar \frac{\partial}{\partial x}) \right] \Psi \, dx.$$

**Property 1.1.** Operators do **NOT**, in general, commute. For example,  $\hat{x}\hat{p} \neq \hat{p}\hat{x}$ , i.e.,

$$\exists \text{ a function } f, \text{ s.t. } (\hat{x}\hat{p})f \neq (\hat{p}\hat{x})f.$$

**Theorem 1.2 (de Broglie formula).** The wave length is related to the momentum of the particle:

$$p = \frac{h}{\lambda} = \frac{2\pi\hbar}{\lambda}.$$

**Theorem 1.3 (Heisenberg's uncertainty principle).**

$$\sigma_x \sigma_p \geq \frac{\hbar}{2}.$$

## 2 Time-independent Schrodinger Equation

### 2.1 Stationary states

We look for solutions that are simple products,

$$\Psi(x, t) = \psi(x)\varphi(t).$$

**Theorem 2.1.** By the method of separation of variables,

$$-\frac{\hbar^2}{2m} \frac{d^2\psi}{dx^2} + V\psi = E\psi$$

and

$$\varphi(t) = e^{-iEt/\hbar}.$$

The first is called the **time-independent Schrodinger equation**.

**Definition 2.1 (Hamiltonian).** In classical mechanics, the total energy (kinetic plus potential) is called Hamiltonian:

$$H(x, p) = \frac{p^2}{2m} + V(x).$$

Now we introduce **Hamiltonian operator**:

$$\hat{H} = -\frac{\hbar^2}{2m} \frac{\partial^2}{\partial x^2} + V(x).$$

Thus the time-independent Schrodinger EQ. can be written

$$\hat{H}\psi = E\psi$$

which is **IMPORTANT**.

**Remark 2.1.** Intriguingly and intuitively,

$$\langle H \rangle = E.$$

Also, if the equation yields an infinite collection of solutions  $(\psi_1(x), \psi_2(x), \dots)$ , each with its associated value of the separation constant  $(E_1, E_2, \dots)$ ; thus the wave function is:

$$\Psi(x, t) = \sum_{n=1}^{+\infty} c_n \psi_n(x) e^{-iE_n t/\hbar}.$$

Particularly,

$$E_n \geq 0 \text{ for all } n$$

## 2.2 The infinite square well

Suppose

$$V(x) = \begin{cases} 0 & \text{if } 0 \leq x \leq a \\ \infty & \text{otherwise} \end{cases}.$$

**Theorem 2.2.** Inside the well, we have

$$E_n = \frac{n^2 \pi^2 \hbar^2}{2ma^2}$$

and

$$\psi_n(x) = \sqrt{\frac{2}{a}} \sin\left(\frac{n\pi}{a}x\right).$$

**Property 2.1.**  $\psi_n(x)$  has some interesting and important properties:

1. They are alternately even and odd, with the respect to the center of the well.
2. They are mutually orthogonal (i.e.,  $\int \psi_m(x)^* \psi_n(x) dx = \delta_{mn}$ )  
where  $\delta_{mn}$  is **Kronecker delta**:

$$\delta_{mn} = \begin{cases} 0, & \text{if } m \neq n \\ 1, & \text{if } m = n \end{cases}.$$

3. They are complete by Dirichlet's theorem.

## 2.3 The harmonic oscillator

Let

$$V(x) = \frac{1}{2}m\omega^2 x^2.$$

Here I will introduce 2 entirely different approaches to this problem. The first is a diabolically clever algebraic technique and the second is a straitforward “brute force” solution.

### 2.3.1 Algebraic method

To begin with, let's rewrite the EQ. in a more suggestive form:

$$\frac{1}{2m} \left[ \left( -i\hbar \frac{d}{dx} \right)^2 + (m\omega x)^2 \right] \psi = E\psi.$$

The idea is to factor the term in square brackets:

$$u^2 + v^2 = (u - iv)(u + iv).$$

**Definition 2.2** (Ladder operator).

$$\hat{a}_{\pm} = \frac{1}{\sqrt{2\hbar m\omega}} (\mp i\hat{p} + m\omega x).$$

**Definition 2.3** (Commutator). The commutator of operators  $\hat{A}$  and  $\hat{B}$  is

$$[\hat{A}, \hat{B}] \stackrel{def}{=} \hat{A}\hat{B} - \hat{B}\hat{A}.$$

**Property 2.2.**

$$[\hat{a}_-, \hat{a}_+] = 1.$$

**Theorem 2.3.** If  $\psi$  satisfies the Schrodinger's EQ. with energy  $E$ , then  $\hat{a}_+\psi$  satisfies the Schrodinger's EQ. with energy  $E + \hbar\omega$ :

$$\hat{H}\psi = E\psi \implies \hat{H}(\hat{a}_+\psi) = (E + \hbar\omega)(\hat{a}_+\psi).$$

Similarly,

$$\hat{H}\psi = E\psi \implies \hat{H}(\hat{a}_-\psi) = (E - \hbar\omega)(\hat{a}_-\psi).$$

**Proof.**

$$\hat{H} = a_+a_- + \frac{1}{2}\hbar\omega.$$

□

Here, then, is a wonderful machine for generating new solutions—if we could just find one solution. Thus, we call  $\hat{a}_+$  raising operator and  $\hat{a}_-$  lowering operator.

But what if I apply the lowering operator **repeatedly**? We will reach a state with energy less than zero. By 2.1, there is **NO** guarantee that it will be normalized.

**Proposition 2.1.** Thus, there occurs a “lowest rung”  $\psi_0$  such that

$$\hat{a}_-\psi_0 = 0.$$

**Theorem 2.4.**

$$\psi_0(x) = A_0 e^{-m\omega/2\hbar x^2}$$

and

$$E_0 = \frac{1}{2}\hbar\omega.$$

Thus we could get

$$\psi_n(x) = A_n (a_+)^n e^{-m\omega/2\hbar x^2}, \text{ with } E_n = \left(n + \frac{1}{2}\right)\hbar\omega$$

where  $A_n$  are used for normalization.

**Theorem 2.5.**  $\psi_n$  and  $\psi_{n+1}$  should satisfy:

$$\begin{cases} a_+ \psi_n = i\sqrt{(n+1)\hbar\omega} \psi_{n+1} \\ a_- \psi_n = -i\sqrt{n\hbar\omega} \psi_{n-1} \end{cases}.$$

**Proof.**

$$\int_{-\infty}^{\infty} |a_+ \psi_n|^2 dx = (n+1)\hbar\omega$$

and

$$\int_{-\infty}^{\infty} |a_- \psi_n|^2 dx = n\hbar\omega.$$

□

Ultimately,

$$A_n = \left(\frac{m\omega}{\pi\hbar}\right)^{1/4} \frac{(-i)^n}{\sqrt{n!(\hbar\omega)^n}}.$$

**2.3.2 Analytic method**

Things look a little cleaner if we introduce the dimensionless variables

$$\xi = \sqrt{\frac{m\omega}{\hbar}}x \text{ and } K = \frac{2E}{\hbar\omega}.$$

In terms of  $\xi$  and  $K$ , the Schrodinger equation reads

$$\frac{d^2\psi}{d\xi^2} = (\xi^2 - K)\psi.$$

To begin with, consider that at very large  $\xi$ ,  $\xi^2$  completely dominates over the constant  $K$ , so in this regime  $d^2\psi/d\xi^2 = \xi^2\psi$ , which means that  $\psi \Rightarrow Ae^{\xi^2/2} + Be^{-\xi^2/2}$ . Thus we let  $\psi = h(\xi)e^{-\xi^2/2}$ . Plugging  $\psi$  into Schrodinger EQ., we have

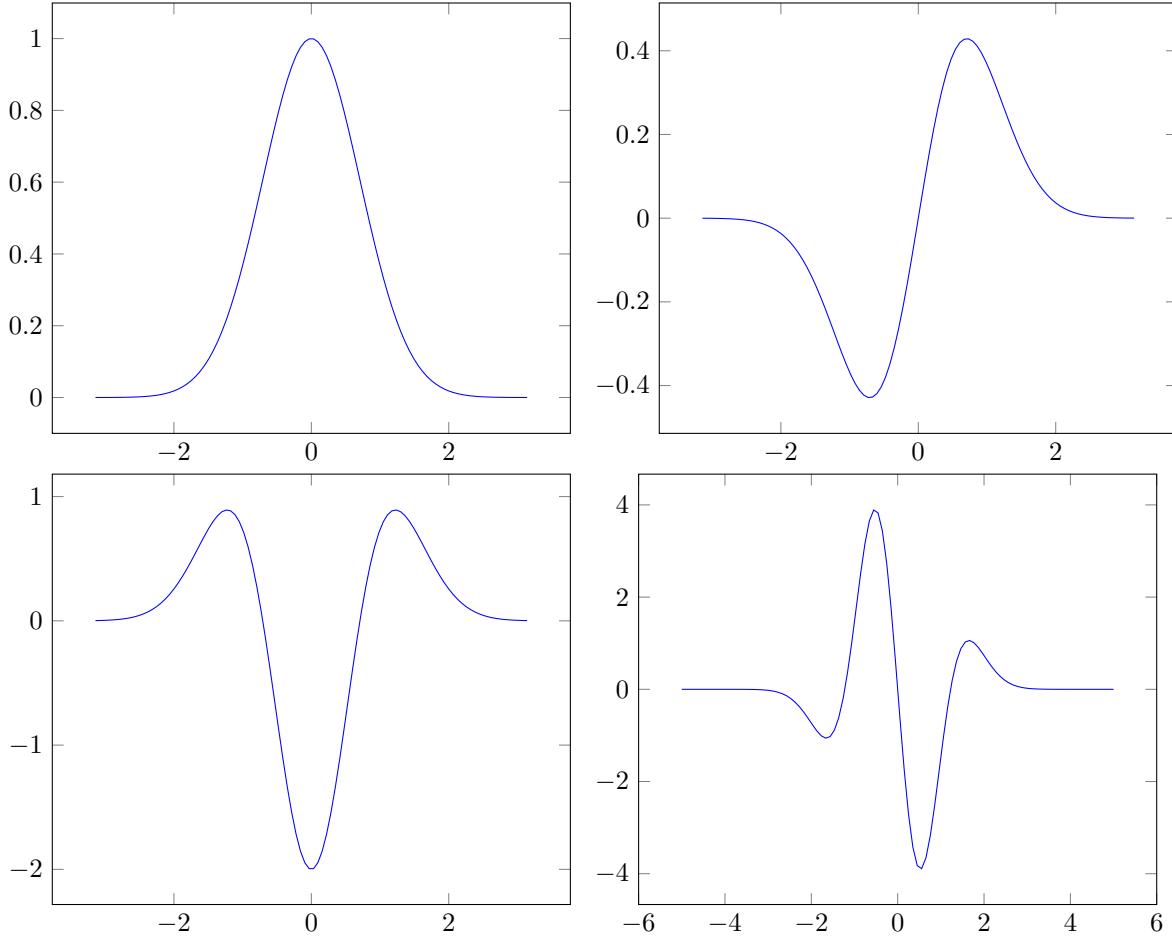
$$h(\xi) = \sum_{n=0}^{\infty} a_n \xi^n \text{ and } a_{n+2} = \frac{2n+1-K}{(n+1)(n+2)} a_n.$$

For physically acceptable solutions (normalizable solutions), then, we must have  $K = 2n+1$ . Finally,

$$\psi_n(x) = \left(\frac{m\omega}{\pi\hbar}\right)^{1/4} \frac{1}{\sqrt{2^n n!}} H_n(\xi) e^{-\xi^2/2}$$

where  $H_n$  is the **Hermite polynomials**.

The first four stationary states of the harmonic oscillator are as follows.



## 2.4 The Free Particle

We turn next to what should have been the simplest case of all: the free particle. The time Schrodinger Eq. reads:

$$-\frac{\hbar^2}{2m} \frac{d^2\psi}{dx^2} = E\psi.$$

Let  $k \equiv \sqrt{2mE/\hbar}$ , we have

$$\Psi_k(x, t) = Ae^{i(kx - \hbar k^2 t / 2m)}.$$

**Remark 2.2.** The speed of these waves is:

$$v_{\text{quantum}} = \sqrt{E/2m} = 0.5v_{\text{classical}}$$

And

$$\int_{-\infty}^{\infty} \Psi_k^*(x, t) \Psi_k(x, t) dx = +\infty,$$

which means that a free particle cannot exist in a stationary state.

**Theorem 2.6.** The general solution to the time-independent Schrodinger EQ. is still a linear combination of separable solutions:

$$\Psi(x, t) = \frac{1}{\sqrt{2\pi}} \int_{-\infty}^{\infty} \phi(k) e^{i(kx - \hbar k^2 t / 2m)} dk.$$

Now this wave function can be normalized for appropriated  $\phi(k)$ . We call it a **wave packet**.

**Definition 2.4** (phase velocity and group velocity). For the wave function:

$$\Psi(x, t) = \frac{1}{\sqrt{2\pi}} \int_{-\infty}^{\infty} \phi(k) e^{i(kx - \omega t)} dk.$$

We define:

$$v_{\text{phase}} = \frac{\omega}{k}, \quad v_{\text{group}} = \frac{d\omega}{dk}.$$

## 3 Formalism

### 3.1 Gernerlized Statistical Interpretation

First we assume the spectrum of the wave funtion is discrete, we have

$$\langle Q \rangle = \sum_{n'} \sum_n c_{n'}^* c_n q_n \langle f_{n'} | f_n \rangle = \sum_n |c_n|^2 q_n$$

where  $q_n$  is the eigenvalue of operator  $\hat{Q}$  and  $\Psi(x, t) = \sum_n c_n(t) f_n(x)$ . What about momentum?

$$\Phi(p, t) = \frac{1}{\sqrt{2\pi\hbar}} \int_{-\infty}^{\infty} e^{-ipx/\hbar} \Psi(x, t) dx$$

and

$$\Phi(x, t) = \frac{1}{\sqrt{2\pi\hbar}} \int_{-\infty}^{\infty} e^{-ipx/\hbar} \Phi(p, t) dp.$$

### 3.2 Uncertainty Principle

**Theorem 3.1** (generalized uncertainty principle).

$$\sigma_A^2 \sigma_B^2 \geq \left( \frac{1}{2i} \langle [\hat{A}, \hat{B}] \rangle \right)^2.$$

How to interpret  $\Delta t$ ?

**Definition 3.1.**

$$\Delta t \equiv \frac{\sigma_Q}{|d\langle Q \rangle / dt|},$$

where

$$\frac{d\langle Q \rangle}{dt} = \frac{i}{\hbar} \langle [\hat{H}, \hat{Q}] \rangle + \left\langle \frac{\partial \hat{Q}}{\partial t} \right\rangle.$$

I recommend you to learn **Hilbert space** and **Dirac notation**.