

From the Department of Public Health Sciences  
Karolinska Institutet, Stockholm, Sweden

# **NOVEL METHODS FOR DOSE-RESPONSE META-ANALYSIS**

Alessio Crippa



**Karolinska  
Institutet**

Stockholm 2018

All published papers reproduced with permission  
Published by Karolinska Institutet  
Printed by E-Print AB 2018

Edited in R using knitr  
©Alessio Crippa, 2018  
ISBN <include number>

# NOVEL METHODS FOR DOSE-RESPONSE META-ANALYSIS

## THESIS FOR DOCTORAL DEGREE (Ph.D.)

By

**Alessio Crippa**

*Principal supervisor:*

Associate Professor Nicola Orsini  
Karolinska Institutet  
Department of Public Health Sciences

*Co-supervisor:*

Professor Alicja Wolk  
Karolinska Institutet  
Institute of Environmental Medicine

Professor Matteo Bottai  
Karolinska Institutet  
Institute of Environmental Medicine

Professor Donna Spiegelman  
Harvard T.H. Chan School of Public Health  
Department of Epidemiology

*Opponent:*

Professor Christopher H. Schmid  
Brown University  
Center for Evidence Based Medicine

*Examination board:*

Associate Professor Nele Brusselaers  
Karolinska Institutet  
Department of Microbiology, Tumor and Cell Biology

Associate Professor Antonio Gasparrini  
London School of Hygiene and Tropical Medicine  
Department of Social & Environmental Health Research

Professor Paul Lambert  
University of Leicester  
Department of Health Sciences



*“If I have seen further, it is by standing on the shoulders of giants.”*

—Isaac Newton



## **Abstract**

My abstract:

In Paper I,

In Paper II,

In Paper III,

In Paper IV,

In Paper V,

In conclusion,





# List of publications

- I. Alessio Crippa, and Nicola Orsini  
**Multivariate dose–response meta-analysis: the dosresmeta R Package**  
*Journal of Statistical Software, Code Snippets* 2016; 72(1), 1–15
- II. Andrea Discacciati, Alessio Crippa, and Nicola Orsini  
**Goodness of fit tools for dose–response meta-analysis of binary outcomes**  
*Research Synthesis Methods* 2015
- III. Alessio Crippa, Polyna Khudyakov, Molin Wang, Nicola Orsini, and Donna Spiegelman  
**A new measure of between-studies heterogeneity in meta-analysis**  
*Statistics in medicine* 2016; 35(21), 3661–75
- IV. Alessio Crippa, Ilias Thomas, and Nicola Orsini  
**A pointwise approach to dose-response meta-analysis of aggregated data**  
*Manuscript* 2018
- V. Alessio Crippa, Andrea Discacciati, Matteo Bottai, Alicja Wolk, and Nicola Orsini  
**One-stage dose–response meta-analysis for aggregated data**  
*Manuscript* 2018

The articles will be referred to in the text by their Roman numerals, and are reproduced in full at the end of the thesis.

## Related publications

- Alessio Crippa, Susanna C. Larsson, Andrea Discacciati, Alicja Wolk, and Nicola Orsini  
**Red and processed meat consumption and risk of bladder cancer: a dose–response meta-analysis of epidemiological studies**  
*European journal of nutrition* 2016, 1–13
- Andrea D. Smith, Alessio Crippa, James Woodcock, and Søren Brage  
**Physical activity and incident type 2 diabetes mellitus: a systematic review and dose–response meta-analysis of prospective cohort studies**  
*Diabetologia* 2016, 1–19
- Marco Vinceti, Tommaso Filippini, Alessio Crippa, Agnès de Sesmaisons, Lauren A. Wise, and Nicola Orsini  
**Meta-Analysis of Potassium Intake and the Risk of Stroke**  
*Journal of the American Heart Association* 2016, 5(10), e004210
- Alessio Crippa, and Nicola Orsini  
**Dose–response meta-analysis of differences in means**  
*BMC medical research methodology* 2016, 16(1), 91
- Emir Veledar, Alessio Crippa, Chukwuemeka U. Osondu, Adnan Younus, and Khurram Nasir  
**Letter to Editor: Ideal cardiovascular health metrics and risk of cardiovascular disease or mortality**  
*International journal of cardiology* 2016, 222, 737
- Alessio Crippa, Andrea Discacciati, Nicola Orsini, and Viktor Oskarsson  
**Letter: coffee consumption and gallstone disease—a cautionary note on the assignment of exposure values in dose–response meta-analyses**  
*Alimentary Pharmacology & Therapeutics* 2016, 43(1), 166-167
- Susanna C. Larsson, Alessio Crippa, Nicola Orsini, Alicja Wolk, and Karl Michaëlsson  
**Milk consumption and mortality from all causes, cardiovascular disease, and cancer: a systematic review and meta-analysis**  
*Nutrients* 2016, 7(9), 7749-7763

- Daniela Di Giuseppe, Alessio Crippa, Nicola Orsini, and Alicja Wolk  
**Fish consumption and risk of rheumatoid arthritis: a dose-response meta-analysis**  
*Arthritis research & therapy* 2014, 16(5), 446
- Alessio Crippa, Andrea Discacciati, Susanna C. Larsson, Alicja Wolk, and Nicola Orsini  
**Coffee consumption and mortality from all causes, cardiovascular disease, and cancer: a dose-response meta-analysis**  
*American journal of epidemiology* 2014, 180(8), 763-775



# Contents

<b>1</b>	<b>Introduction</b>	<b>1</b>
<b>2</b>	<b>Background</b>	<b>3</b>
<b>3</b>	<b>Aims of the thesis</b>	<b>4</b>
<b>4</b>	<b>Materials and methods</b>	<b>5</b>
<b>5</b>	<b>Results</b>	<b>6</b>
<b>6</b>	<b>Discussion</b>	<b>7</b>
<b>7</b>	<b>Conclusions</b>	<b>8</b>
<b>8</b>	<b>Future research</b>	<b>9</b>
<b>A</b>	<b>Supplementary figures</b>	<b>10</b>
<b>B</b>	<b>Supplementary tables</b>	<b>11</b>
	<b>References</b>	<b>12</b>
	<b>Acknowledgements</b>	<b>13</b>

# List of abbreviations

AIC	Akaike Information Criterion
CI	Confidence Interval
df	Degrees of Freedom
GLS	Generalized Least Squares
GRSS	Generalized Residual Sum of Squares
GTSS	Generalized Total Sum of Squares
FP2	Second-degree Fractional Polynomials
HRR	Hazard Rate Ratio
IR	Incidence Rate
IRR	Incidence Rate Ratio
logRR	log-Relative Risk
MR	Mortality Rate
MRR	Mortality Rate Ratio
RCS	Restricted Cubic Splines
$R^2$	Coefficient of Determination
RR	Relative Risk
WLS	Weighted Least Squares

# Chapter 1

## Introduction

A single experiment or study can hardly provide a definitive answer to a specific scientific question. Science is oftentimes referred to as a cumulative process where results from many studies, aiming to address the common question of interest, contribute to create and update the scientific evidence. In the cumulative paradigm, meta-analysis is the statistical methodology to combine and compare the current evidence in the field. This process lies at the heart of evidence-based medicine, and plays a major role in informing policy and practice.

Many epidemiological studies assess whether the occurrence of a health outcome (e.g. mortality, incidence of a diseases) varies according to a quantitative exposure (e.g. amount of physical activity, alcohol intake). The quantitative exposure is frequently divided in intervals and the results are expressed in a tabular format as relative risks for different exposure categories. A high vs. low meta-analysis contrasts the relative risks for the highest exposure versus the lower ones. This approach, however, discards the results for intermediate categories and thus provides only a limited picture. The information of the quantitative exposure is also lost, and the estimates being combined may be associated to different exposure values.

A dose-response meta-analysis, instead, has the potential to be more informative and powerful since it uses the whole available information to estimate the dose-response association. Because the estimates depends on the same reference category, it is not possible to regress the relative risks on the assigned dose using ordinal least square. Greenland and Longnecker described in their seminal paper in 1992 how to reconstruct the correlation within set of relative risks and incorporate it in the dose-response analysis using generalized least square regression. Since then, the number of published dose-response meta-analysis has rapidly increased in many fields of application including oncology, public health, environmental sciences, nutrition, endocrinology, and internal medicine. Additional papers refined selected aspects of the proposed methodology, mainly focusing on the implementation of flexible strategies to model the dose-response curve and incorporating the advances of multivariate meta-analysis. However, there were still several relevant questions that needed to be addressed, including how to assess the goodness-of-fit, how to quantify the impact of heterogeneity, how to deal with differences in the exposure range across studies, and how to estimate complex model without excluding relevant studies.

This thesis aims to address these open questions by developing new strategies and ad-hoc measures. The proposed methodologies are demonstrated reanalyzing published meta-analyses and implemented in user friendly packages in the free and open source R language to bridge the gap between theory and application.



# Chapter 2

## Background

Write my background with subsections.

Here an example of a figure (Figure 2.1).

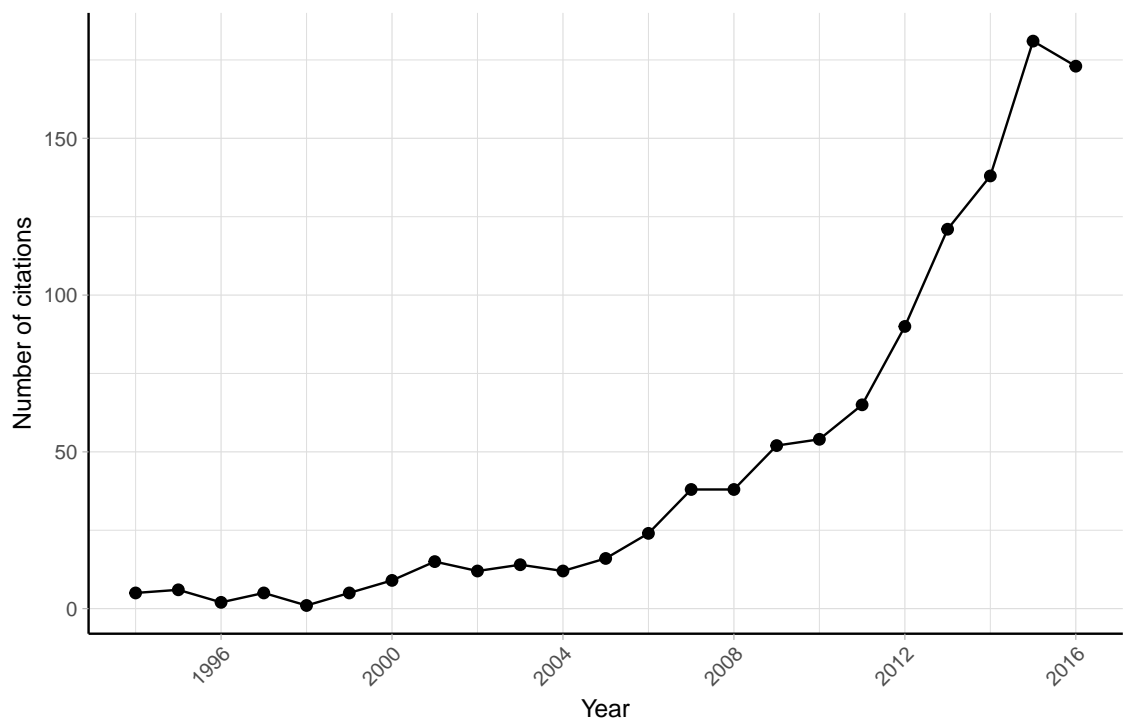


Figure 2.1

## Chapter 3

### Aims of the thesis

The overall aims of this thesis were to develop and implement new methods for dose–response in meta-analysis, in order to deal with the methodological aspects that have not yet been addressed.

More specifically, the aims were:

- To describe the implementation of the main aspects of a dose–response meta-analysis and the usage of the `dosresmeta` R package.
- To present and discuss relevant measures and graphical tools to assess the goodness-of-fit in dose–response meta-analysis of binary outcome.
- To develop a new measure of between-study heterogeneity in the broader context of meta-analysis, and assess its statistical properties as compared to other available measures.
- To explore possible advantages of a point-wise approach, especially, in case of dose–response meta-analysis where the exposure range varies substantially across the studies.
- To formalize and present an alternative one-stage random-effects method for dose–response meta-analysis of aggregated data, formulating the meta-analytic model in terms of a general linear mixed-effect model.

## **Chapter 4**

### **Materials and methods**

Write materials and methods with subsections as in the background section

# Chapter 5

## Results

Write the results with subsections as in the background section

## **Chapter 6**

### **Discussion**

Write the discussion with subsections as in the background section

# Chapter 7

## Conclusions

Write summary of conclusions.

More specifically we conclude the following:

- $\langle \rangle$
- $\langle \rangle$
- $\langle \rangle$
- $\langle \rangle$

# Chapter 8

## Future research

Based on the conclusions presented in this thesis, future research includes:

- <>
- <>
- <>

# **Appendix A**

## **Supplementary figures**

Figures.



## **Appendix B**

### **Supplementary tables**

Tables.

# References

- Crippa A, Discacciati A, Bottai M, Spiegelman D, Orsini N (2018a). “One-stage dose–response meta-analysis for aggregated data.” *Manuscript*.
- Crippa A, Khudyakov P, Wang M, Orsini N, Spiegelman D (2016). “A new measure of between-studies heterogeneity in meta-analysis.” *Statistics in medicine*, **35**(21), 3661–3675.
- Crippa A, Orsini N (2016). “Multivariate dose-response meta-analysis: The dosresmeta R Package.” *Journal of statistical software, Code Snippets*, **72**(1), 1–15. doi:10.18637/jss.v072.c01.
- Crippa A, Thomas I, Orsini N (2018b). “A pointwise approach to dose-response meta-analysis of aggregated data.” *Submitted*.
- Discacciati A, Crippa A, Orsini N (2015). “Goodness of fit tools for dose–response meta-analysis of binary outcomes.” *Research synthesis methods*.

# Acknowledgements

There are many people that I would like to thank for their contributions to this thesis, and for their support and encouragement during these years.

**Nicola Orsini**, my main supervisor for the second half of my doctoral education.

This work was supported by **Karolinska Institutet's** funding for doctoral students (KID-funding).