

Because we need to spend days to attend events, we can take days as supply here and events as demands. Therefore All days has $d(v) = 1$ and all events has $d(v) = -1$

So we will create a source node and connect with all supply nodes, i.e., days, with directions source \rightarrow days and create a sink node, connect them with demands, i.e. events, with directions events \rightarrow sink. And because you can only go to one event at one day, so all edges between day and events has capacity 1. And the capacity from source to day is $d(v)$ which is also 1, and capacity from event to sink is $-d(v)$ is 1. Therefore all edges has capacity 1. So we could draw the graph as a non-weighted directed graph as shown below

