

Beyond Black-Box Deep Knowledge Tracing: Transformers with Representational Grounding for Pedagogical Interpretability

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Abstract

This study introduces iDKT, an interpretable-by-design Transformer model that utilizes *Representational Grounding* to align deep latent representations with educational constructs, leveraging the high accuracy of deep knowledge tracing models while addressing their inherent lack of interpretability. We introduce a formal validation framework to verify the alignment of iDKT's internal representations and, using Bayesian Knowledge Tracing (BKT) as a reference, evaluate the model across multiple educational datasets. Results demonstrate that iDKT maintains state-of-the-art predictive performance while yielding additional interpretable insights at a significantly higher granularity than those provided by the reference model. Specifically, iDKT identifies student-level initial knowledge and learning velocities, providing mastery estimates that are more sensitive to the nuances of individual behavioral patterns than those produced by standard BKT. These individualized insights enable precise diagnostic placement and dynamic pacing, allowing adaptive learning environments to tailor instruction to each student's unique learning profile with enhanced precision. This work offers both a robust methodology for evaluating the interpretability of Transformer-based models and a practical tool for improving educational effectiveness through data-driven personalization.

Keywords: deep knowledge tracing; transformer; interpretability; Bayesian Knowledge Tracing; educational data analysis; personalized learning

1. Introduction

Knowledge Tracing [1] is a fundamental task in the fields of Artificial Intelligence in Education, Intelligent Tutoring Systems and Massive Open Online Courses. Its primary objective is to model a student's dynamic knowledge state over time based on their history of interactions with learning materials, enabling systems to predict future performance and provide personalized instruction. As educational environments become increasingly diverse and digital, the ability to accurately track and interpret student mastery has become a critical requirement for scalable, effective education.

Historically, the field has been dominated by two distinct paradigms. The first, exemplified by Bayesian Knowledge Tracing (BKT) and its variants [2], relies on probabilistic graphical models that explicitly represent knowledge states. BKT models are intrinsically interpretable, being based on parameters such as initial knowledge, learning rate, or slipping and guessing probabilities that map directly to pedagogical constructs, allowing educators to understand how they work and trust their decisions. However, this interpretability

Received:

Revised:

Accepted:

Published:

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comes at the cost of a simplicity that often limits its predictive power, making them struggle to capture the complex, non-linear dependencies existent in educational datasets.

The second paradigm emerged with the advent of Deep Knowledge Tracing (DKT) [3], which uses different variants of deep learning techniques from the initial Recurrent Neural Networks to current Transformers [4] to model student interactions. These models have achieved state-of-the-art predictive performance, significantly outperforming classical approaches by leveraging the high capacity of deep learning models that allows them to learn complex patterns [5]. Yet, this predictive power has come at a significant cost: interpretability. Deep learning models are notoriously opaque "black boxes," where the learned representations are distributed across high-dimensional latent spaces that bear no direct correspondence to constructs with a clear semantic meaning. This lack of transparency creates a trust gap for practitioners, who cannot easily discern why a model predicts a student has failed or succeeded, nor can they derive actionable pedagogical insights from the model's internal weights [6].

Current efforts to bridge this gap typically rely on post-hoc explainability methods, such as visualization of attention weights or perturbation analysis [7,8]. While valuable for debugging, these techniques often provide only a superficial view of the model's decision-making process and do not guarantee that the learned representations align with meaningful constructs. Moreover, their application and interpretation require technical deep learning expertise, limiting their accessibility to practitioners without this specialized knowledge.

To address these limitations, we propose a shift towards interpretability-by-design, inspired by the emerging paradigm of Theory-Guided Data Science (TGDS) [9]. In TGDS, maintaining consistency with theoretical postulates is an architectural constraint rather than an afterthought. By integrating extensive domain knowledge, TGDS-based models can be constrained to learn representations that are both theoretically plausible and highly predictive. While this approach has been applied mostly to science—and specifically to physics [10]—we adapt it here to the educational domain.

Standard TGDS implementations typically rely on auxiliary loss functions to incorporate formal knowledge expressed as rules, algebraic constraints, or differential equations [11]. We propose a novel approach called *Representational Grounding* that, in contrast, utilizes auxiliary losses operating on projections of the Transformer's embeddings. This mechanism enables the model to learn representations that are consistent with semantically meaningful constructs.

The major contributions of this work are as follows:

- Proposal of Representational Grounding, a novel method that overcomes the black-box nature of Transformers by providing interpretability-by-design.
- Introduction of a formal validation framework to quantify interpretability via representational alignment, enabling a systematic characterization of the trade-off between reference fidelity and predictive performance.
- Application of Representational Grounding to the development of iDKT, a new type of knowledge tracing models that leverage the high accuracy inherent in deep learning while achieving pedagogical interpretability.
- Empirical demonstration of iDKT benefits by showing how it captures granular, student-specific insights—such as individualized initial knowledge and learning velocities—that are beyond the capabilities of simpler models such as BKT.

1.1. Research Questions

The specific research questions that guided our experimental validation are as follows.

Research Question 1: Interpretability Through Representational Grounding

Does the proposed Representational Grounding framework effectively bridge the semantic gap between deep latent representations and pedagogical constructs? Specifically, can a Transformer based on this framework achieve a high degree of Convergent Validity (numerical alignment) and Predictor Equivalence (behavioral alignment) with respect to a theoretical reference model?

We hypothesize that by anchoring the Transformer's latent space to the conceptual primitives of a reference model, it is possible to learn internal states that not only are numerically correlated with theoretical values but also preserve their functional roles. We evaluate this through two primary probing metrics: (i) the correlation between projected latent factors and parameters of the reference model, and (ii) the ability of these projected factors to reconstruct behavioral trajectories when substituted into the reference model's equations, thereby confirming that the latent representations are semantically anchored and that the internal decision-making process adheres to the underlying logic of the reference model.

Research Question 2: Accuracy vs. Interpretability Trade-Off

To what extent can deep knowledge tracing models be constrained for interpretability alignment without significantly degrading predictive accuracy?

We hypothesize that it's possible to measure interpretability by means of Representational Grounding and that, by modulating the strength of such grounding, we can quantitatively measure the trade-off between both objectives. We evaluate this by performing a systematic sweep of the grounding weight λ , which allows us to construct a Pareto frontier and identify the optimal trade-off point where predictive accuracy and theoretical fidelity are balanced.

Research Question 3: High-Granularity

Does our proposed *Representational Grounding* framework allow a Transformer-based model to recover values for latent factors that align with the semantic constructs of a theoretically-grounded reference model, providing higher-granularity information?

We hypothesize that iDKT can successfully estimate the latent variance of student-specific traits that are traditionally masked by the fixed population-level averages of simpler approaches. To evaluate this, we take BKT as the reference model, analyze the distribution of individualized initial knowledge and learning rates, and estimate longitudinal mastery dynamics, illustrating how iDKT discovers novel behavioral patterns that remain hidden within the BKT baseline.

The remainder of this paper is structured as follows.

2. Related Work

2.1. Deep Knowledge Tracing

2.2. Deep Learning Interpretability

2.3. Theory-Guided Data Science

2.4. Individualized Bayesian Knowledge Tracing

2.4.1. Parameters of the Vanilla Model

2.4.2. Parameters Individualization

3. Methodology

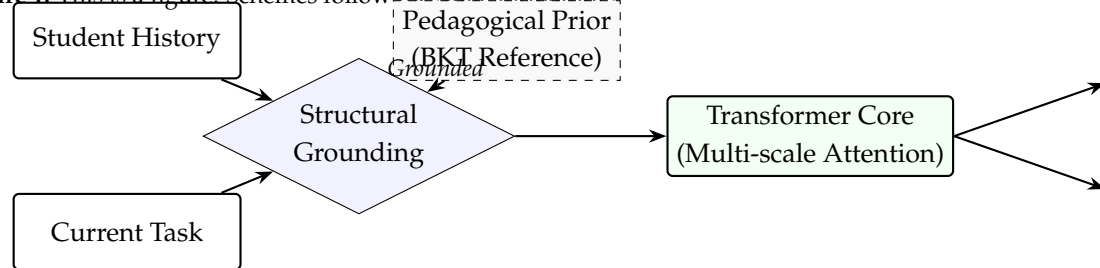
3.1. The iDKT model

iDKT (Interpretable Deep Knowledge Tracing) is a Transformer-based model designed to bridge the gap between predictive power and pedagogical interpretability. It builds upon the attention mechanisms of an encoder-decoder architecture [4] introducing a novel input layer based on Representational Grounding. The core architecture consists of three main components:

- Context-Aware Encoder: Processes the sequence of exercises and questions to generate contextualized question embeddings. 131
- Decoder: A structure that retrieves relevant historical interactions using an attention mechanism. The multi-head attention employs distinct, learnable decay rates for each head to capture short-term and long-term dynamics, ensuring a comprehensive view of the student's learning trajectory. 132
- Prediction Head: A multi-layer perceptron (MLP) that combines the multi-head output with the current question embedding to predict the probability of a correct response. 133



Figure 1. This is a figure. Schemes follow the same formatting.



3.2. The Embeddings

To achieve interpretability-by-design, iDKT replaces standard learned embeddings with “Textured Grounding” embeddings. These are formally anchored to the conceptual space of Bayesian Knowledge Tracing (BKT) [1], ensuring that the latent representations carry semantic meaning. We employ a modified Rasch model logic to individualize these representations:

- **Individualized Question (x'_t):** The standard question embedding is replaced by a residual representation:

$$x'_t = (c_{c_t} + u_q \cdot d_{c_t}) - l_c$$

where c_{c_t} is the concept embedding, u_q is a learned scalar for item difficulty, and d_{c_t} is a variation axis. Crucially, l_c is the **individualized initial mastery**, grounded in the BKT prior (L_0), defined as:

$$l_c = L_{0skill} + k_c \cdot d_c$$

Here, k_c is a learned student-specific scalar representing their “Knowledge Gap” relative to the population mean.

- **Individualized Interaction (y'_t):** The interaction history is similarly grounded by adding learning momentum:

$$y'_t = (e_{c_t, r_t} + u_q \cdot (f_{c_t, r_t} + d_{c_t})) + t_s$$

where t_s is the **individualized learn rate**, grounded in the BKT learn probability (T):

$$t_s = T_{skill} + v_s \cdot d_s$$

Here, v_s represents the student's "Learning Velocity," allowing the model to distinguish between fast and slow learners dynamically.

3.3. The Probing Method

3.4. Loss Functions and Training Objective

The model is trained using a multi-objective loss function that balances predictive accuracy with theoretical alignment. The total loss L_{total} is a weighted sum of three components:

$$L_{total} = L_{SUP} + \lambda_{ref} L_{ref} + L_{reg}$$

- **Supervised Prediction Loss (L_{SUP}):** The standard Binary Cross-Entropy (BCE) loss between the predicted probability \hat{p}_{it} and the actual student response r_{it} .
- **Theoretical Alignment Loss (L_{ref}):** Enforces consistency with the reference theory (BKT). It includes Mean Squared Error (MSE) terms penalizing deviations between the model's projected parameters (e.g., l_c, t_s) and the corresponding BKT theoretical values. This ensures that the learned representations remain semantically valid.

$$L_{ref} = \text{MSE}(l_c, l_{0BKT}) + \text{MSE}(t_s, t_{BKT})$$

- **Regularization Loss (L_{reg}):** A task-agnostic regularization on the student-specific scalars (u_q, k_c, v_s) to prevent overfitting and ensure they represent meaningful deviations from the norm.

3.5. Interpretability Measure

3.6. The Tradeoff Interpretability vs Prediction Accuracy

4. Results

4.1. Validation Metrics

To verify that iDKT's internal representations genuinely reflect educational constructs rather than arbitrary latent features, we evaluated the model against three validation metrics (H_1 – H_3).

4.1.1. M1: Convergent Validity (Numerical Alignment)

- **Statement:** The model's latent projections (l_c, t_s) exhibit a high Pearson correlation ($r > 0.90$) with the intrinsic parameters of the reference BKT model.
- **Support:** Drawing on the **Informed Machine Learning** paradigm [11] and the **TGEL-Transformer** framework [12], which emphasize numerical alignment between neural components and theoretical rules.
- **Demonstration:** Alignment metrics (`initmastery_corr`, `learning_rate_corr`) calculated on the test set.

4.1.2. M2: Predictor Equivalence (Behavioral Alignment)

- **Statement:** The iDKT parameters (l_c, t_s) are **functionally substitutable**; when plugged into the reference BKT equations, they reconstruct a mastery trajectory that is highly consistent with the reference model's behavior.
- **Support:** This follows the **Representational Grounding** principle: for a parameter to represent a construct, it must not only correlate with it (H_1) but also fulfill its causal/functional role in the reference theory's equations.
- **Methodology:** Calculate $\hat{y}_{induced,t} = \text{BKT}(l_{c,idkt}, t_{s,idkt}, s_{bkt}, g_{bkt})$ and measure its correlation with BKT baseline outputs.
- **Demonstration:** Functional alignment correlation > 0.60 .

- 4.1.3. M3: Discriminant Validity (Construct Distinctness)203
- 204

Statement: The student-specific knowledge gap (k_c) and learning velocity (v_s) capture205

non-redundant dimensions of variance, proving they represent distinct pedagogical206

features even if they exhibit natural positive correlation.207

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Support: In psychometrics, discriminant validity does not imply zero correlation209

(empirical independence), but rather that the two constructs are not perfectly collinear.210

If $r(k_c, v_s) \approx 1.0$, the model would suffer from an **identifiability problem**, where it211

couldn't distinguish if a correct response is due to "knowing more" or "learning212

faster."213

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Demonstration: Correlation analysis showing $r(k_c, v_s) < 0.85$, ensuring that each215

parameter provides a unique contribution to the marginalized accuracy. This allows216

for the identification of "high-velocity/low-prior" students (under-prepared but fast217

learners) vs. "low-velocity/high-prior" students (well-prepared but struggling with218

new acquisition).219

Table 1 summarizes the alignment metrics across different grounding strengths (λ).220

Table 1. Construct Validity and Performance across the Grounding Spectrum.

Grounding Strength (λ)	Test AUC	M_1	M_2	M_3
0.00 (Baseline)	0.8317	0.9993	0.2652	-0.0325
0.10	0.8322	0.9838	0.2949	-0.0330
0.30	0.7984	0.9691	0.3192	-0.0330
0.50	0.7740	0.9884	0.2828	-0.0331

We observe consistent **Convergent Validity** (M_1), with the correlation between the model's projected initial mastery (l_c) and the theoretical prior (L_0) remaining above 0.96 throughout the sweep. This confirms that the Representational Grounding mechanism successfully anchors the deep latent space to the reference theory. Furthermore, the **Discriminant Validity** (M_3) remains stable at $r \approx -0.03$, proving that the model successfully disentangles "Student Knowledge Gap" (k_c) from "Student Learning Velocity" (v_s) as distinct, non-redundant traits.

4.2. 3.2. Pareto Curve

Our analysis reveals a non-linear trade-off between predictive accuracy and theoretical fidelity. Contrary to the common assumption that interpretability imposes a performance penalty, we identified an **"Inductive Bias Bonus"** at moderate grounding levels ($\lambda \approx 0.10$). As shown in Table 1, the model with $\lambda = 0.10$ achieves a Test AUC of **0.8322**, slightly outperforming the unconstrained baseline (0.8317). This suggests that the BKT-based regularization acts as a beneficial inductive bias, preventing the Transformer from overfitting to noise in sparse interaction histories. However, excessive grounding ($\lambda > 0.30$) leads to a sharp decline in predictive performance as the model becomes over-constrained by the simplicity of the reference theory.

4.2.1. 3.3. Granularity of Individualization

While standard BKT assigns a fixed "Learning Rate" (T) to all students for a given skill, iDKT captures a rich distribution of **Individualized Learning Velocities** (t_s). **Figure 1** (see supplementary materials) illustrates this "Delta Distribution" ($\Delta = t_s - T$). We observe a visible right-skewed variance, indicating that for many skills, the Deep Learning model identifies "fast-track" learning trajectories that classical population-level models underestimate. This granularity allows for **Precise Diagnostic Placement**,

distinguishing between students who lack initial knowledge (*low l_c*) versus those who suffer from slow acquisition momentum (*low t_s*). 242
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4.2.2. 3.4. Longitudinal Mastery Dynamics 244

The practical impact of these individualized parameters is evident in the **Mastery Mosaic** analysis. When simulating the mastery acquisition of “Fast” vs. “Slow” learners on the same sequence of correct responses: * **Standard BKT** predicts identical mastery curves for both students. * **iDKT** projects distinct trajectories, where “Fast” learners reach the 95% mastery threshold significantly earlier (fewer interactions) than “Slow” learners. 245
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This “Informed Divergence” validates that iDKT does not merely mimic BKT labels but leverages its transformer core to dynamically adjust the **Velocity of Mastery** based on the student’s historical profile, enabling truly adaptive pacing in intelligent tutoring scenarios. 250
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5. Results 2 254

This section may be divided by subheadings. It should provide a concise and precise description of the experimental results, their interpretation as well as the experimental conclusions that can be drawn. 255
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5.1. Subsection 258

5.1.1. Subsubsection 259

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- First bullet; 261
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- Third bullet. 263

Numbered lists can be added as follows: 264

1. First item; 265
2. Second item; 266
3. Third item. 267

The text continues here. 268

5.2. Figures, Tables and Schemes 269

All figures and tables should be cited in the main text as Figure ??, Table 1, etc. 270



Figure 2. This is a figure. Schemes follow the same formatting.

Table 2. This is a table caption. Tables should be placed in the main text near to the first time they are cited.

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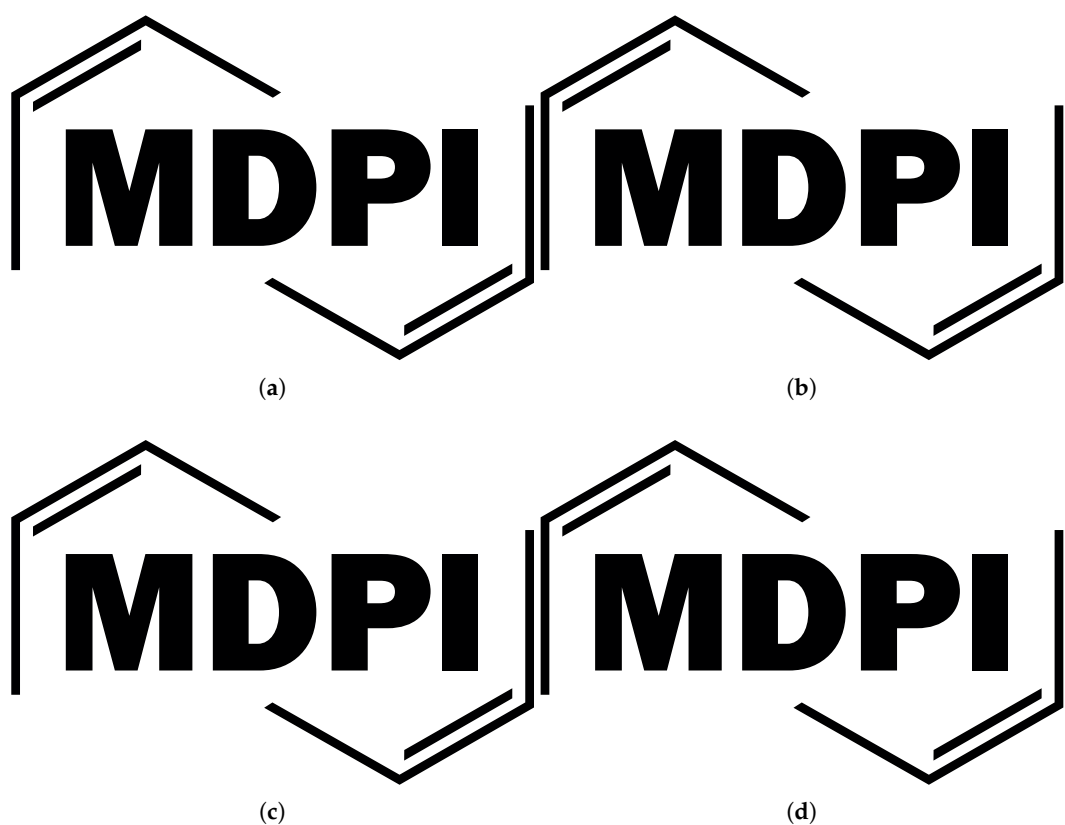


Figure 3. This is a wide figure. Schemes follow the same formatting. If there are multiple panels, they should be listed as: (a) Description of what is contained in the first panel. (b) Description of what is contained in the second panel. (c) Description of what is contained in the third panel. (d) Description of what is contained in the fourth panel. Figures should be placed in the main text near to the first time they are cited. A caption on a single line should be centered.

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5.3. *Formatting of Mathematical Components*

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$$a = 1,$$

(1)

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the text following an equation need not be a new paragraph. Please punctuate equations as regular text.

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This is the example 2 of equation:

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$$a = b + c + d + e + f + g + h + i + j + k + l + m + n + o + p + q + r + s + t + u + v + w + x + y + z$$

(2)

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Please punctuate equations as regular text. Theorem-type environments (including propositions, lemmas, corollaries etc.) can be formatted as follows:

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Theorem 1. *Example text of a theorem.*

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Proof of Theorem 1. Text of the proof. Note that the phrase “of Theorem 1” is optional if it is clear which theorem is being referred to. □

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6. Discussion

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Authors should discuss the results and how they can be interpreted from the perspective of previous studies and of the working hypotheses. The findings and their implications should be discussed in the broadest context possible. Future research directions may also be highlighted.

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7. Conclusions

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This section is not mandatory, but can be added to the manuscript if the discussion is unusually long or complex.

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8. Patents

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This section is not mandatory, but may be added if there are patents resulting from the work reported in this manuscript.

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Abbreviations	350
The following abbreviations are used in this manuscript:	351
MDPI Multidisciplinary Digital Publishing Institute	352
DOAJ Directory of open access journals	
TLA Three letter acronym	353
LD Linear dichroism	
Appendix A	354
<i>Appendix A.1</i>	355
The appendix is an optional section that can contain details and data supplemental to the main text—for example, explanations of experimental details that would disrupt the flow of the main text but nonetheless remain crucial to understanding and reproducing the research shown; figures of replicates for experiments of which representative data are shown in the main text can be added here if brief, or as Supplementary Data. Mathematical proofs of results not central to the paper can be added as an appendix.	356 357 358 359 360 361

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