# Name of lab technique or protocol

### Introduction

What is this protocol for? How much xxxx does it make? How much time does it take in total?

More information

## Materials and Supplies

What do you need? Specify details of all necessary items and their quantities.

- Culture media (xx grams)
- Plates (x 100)

### Procedure

- 1. Step 1
- 2. ...
- 3. ...
- 4. Final step and cleanup

## Notes and logistical details

This section is designed to pre-emptively get at stumbling blocks that may appear in the protocol. Detail which steps are tricky, or any tips that might help improve chances of success.