Write some tests

```
class RealTimeAsyncUpdaterTests : public juce::UnitTest
public:
   RealTimeAsyncUpdaterTests()
        : juce::UnitTest ("RealTimeAsyncUpdater", "Tracktion:Longer") {}
   void runTest() override
        if (MessageManager::getInstanceWithoutCreating() == nullptr)
            return;
        beginTest ("juce::AsyncUpdater");
        runAsyncUpdateTest<juce::AsyncUpdater>();
        beginTest ("RealTimeAsyncUpdater");
        runAsyncUpdateTest<RealTimeAsyncUpdater>();
   template<typename UpdaterType>
   void runAsyncUpdateTest())
   template<typename UpdaterType>
   struct UpdaterTest : public UpdaterType
static RealTimeAsyncUpdaterTests realTimeAsyncUpdaterTests;
```