

## LUBBEN SOCIAL NETWORK SCALE – REVISED (LSNS-R)

**FAMILY:** *Considering the people to whom you are related by birth, marriage, adoption, etc...*

1. How many relatives do you see or hear from at least once a month?  
0 = none    1 = one    2 = two    3 = three or four    4 = five thru eight    5 = nine or more
2. How often do you see or hear from the relative with whom you have the most contact?  
0 = less than monthly    1 = monthly    2 = few times a month    3 = weekly    4 = few times a week  
5 = daily
3. How many relatives do you feel at ease with that you can talk about private matters?  
0 = none    1 = one    2 = two    3 = three or four    4 = five thru eight    5 = nine or more
4. How many relatives do you feel close to such that you could call on them for help?  
0 = none    1 = one    2 = two    3 = three or four    4 = five thru eight    5 = nine or more
5. When one of your relatives has an important decision to make, how often do they talk to you about it?  
0 = never    1 = seldom    2 = sometimes    3 = often    4 = very often    5 = always
6. How often is one of your relatives available for you to talk to when you have an important decision to make?  
0 = never    1 = seldom    2 = sometimes    3 = often    4 = very often    5 = always

**FRIENDSHIPS:** *Considering all of your friends including those who live in your neighborhood...*

7. How many of your friends do you see or hear from at least once a month?  
0 = none    1 = one    2 = two    3 = three or four    4 = five thru eight    5 = nine or more
8. How often do you see or hear from the friend with whom you have the most contact?  
0 = less than monthly    1 = monthly    2 = few times a month    3 = weekly    4 = few times a week  
5 = daily
9. How many friends do you feel at ease with that you can talk about private matters?  
0 = none    1 = one    2 = two    3 = three or four    4 = five thru eight    5 = nine or more
10. How many friends do you feel close to such that you could call on them for help?  
0 = none    1 = one    2 = two    3 = three or four    4 = five thru eight    5 = nine or more
11. When one of your friends has an important decision to make, how often do they talk to you about it?  
0 = never    1 = seldom    2 = sometimes    3 = often    4 = very often    5 = always
12. How often is one of your friends available for you to talk to when you have an important decision to make?  
0 = never    1 = seldom    2 = sometimes    3 = often    4 = very often    5 = always

*LSNS-R total score is an equally weighted sum of these twelve items. Scores range from 0 to 60.*