

The future you lab is a simple personal statement of goals and interests with a projection into the next 10 years. Imagine you've graduated from Cal Poly with the degree you are interested in, you find the job or the direction you truly want, and you build the sort of life you truly want.

The document should be 1 – 2 pages in length and should be typewritten in a professional manner, so that it is easily read.

You may also approach this Lab as an “obituary” that you'd like to see written for you when you pass, after your life has gone the way you would like it to.