Tensor Crib Sheet

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$$\lambda^{a'} = X_b^{a'} \lambda^b \tag{1.70}$$

$$\lambda_{a'} = X_{a'}^b \lambda_b \tag{1.71}$$

$$\mathbf{e}_{i} = U_{i}^{i'} \mathbf{e}_{i'} \tag{1.44}$$

$$g^{ab}g_{bc} = \delta_c^a = \delta_c^c = g_{ab}g^{bc} \tag{1.78}$$

$$g_{ab}\lambda^a\mu^b = g^{ab}\lambda_a\mu_b = \lambda_a\mu^a = \lambda^a\mu_a \tag{1.79}$$

$$\chi_c^a = \frac{\mathrm{d}x^a}{\mathrm{d}x^c} = \delta_c^a$$

$$X_b^{a'} X_c^{b'} = \delta_c^{a'} = \delta_c^{a}$$
 (1.69)

$$X_{b'}^{a}, X_{c}^{b'} = \delta_{c}^{a} \tag{1.68}$$

 $\dot{x}^{a'} = x_b^{a'} \dot{x}^b$ for a curve $\gamma(t)$ where x = x(t) and $\dot{x} = \frac{dx}{dt}$

$$g_{a'b'} = X_{a'}^a X_{b'}^b g_{ab}$$

$$g^{a'b'} = X_a^{a'} X_b^{b'} g^{ab}$$

$$\tau_{b'c'}^{a'} = X_d^{a'} X_{b'}^{e} X_{c'}^{f} \tau_{ef}^{d}$$
 (1.75)

$$\tau_{b'c'}^{a'} \lambda^{c'} = X_d^{a'} X_{b'}^{e}, \tau_{ef}^{d} \lambda^{f}$$
 (1.76)

$$\tau_{b'c'}^{a'}, X_f^{c'} = X_d^{a'} X_{b'}^{e}, \tau_{ef}^{d}$$
(1.77)

$$\tau_{b_{1'} \dots b_{s'}}^{a_{1'} \dots a_{r'}} = X_{c_1}^{a_{1'}} \dots X_{c_r}^{a_{r'}} X_{b_{1'}}^{d_1} \dots X_{b_{s'}}^{d_s} \tau_{d_1 \dots d_s}^{c_1 \dots c_r}$$
(1.73)

$$X_{b'c'}^{a} \equiv \partial_{b'} X_{c'}^{a} = \frac{\partial^{2} X^{a}}{\partial x^{b'} \partial x^{c'}} = X_{c'b'}^{a}$$
(Defn)

$$X_{b'c}^{a'} = X_{b'}^{d} X_{cd}^{a'}$$
 (Th 4.2.4)

$$\Gamma_{bc}^{a} = \frac{1}{2} g^{ad} \left(\partial_b g_{dc} + \partial_c g_{bd} - \partial_d g_{bc} \right) \tag{2.13}$$

$$\Gamma_{dbc} \equiv \frac{1}{2} \left(\partial_b g_{dc} + \partial_c g_{bd} - \partial_d g_{bc} \right) \tag{2.33}$$

$$\Gamma_{bc}^{a} = g^{ad} \Gamma_{dbc} \tag{2.34}$$

$$\Gamma_{abc} = g_{ad} \Gamma_{bc}^d \tag{2.35}$$

$$\partial_c g_{ab} = \Gamma_{abc} + \Gamma_{bac} \tag{2.36}$$

$$\Gamma_{d'e'c'} = X_{d'}^{b} X_{e'}^{f} X_{c'}^{a} \Gamma_{bfa} + X_{e'c'}^{a} X_{d'}^{b} g_{ab}$$
 (2.32b)

$$\Gamma_{b',c'}^{a'} = \Gamma_{fg}^{d} X_{d}^{a'} X_{b'}^{f} X_{c'}^{g} + X_{c',b'}^{d} X_{d}^{a'}$$
(2.32)

Absolute Derivative Equation (along a curve y(u)) **Field**

Contravariant vector
$$\left| D\lambda^a / du = \dot{\lambda}^a + \Gamma^a_{cd} \lambda^c \dot{x}^d \right| \qquad (2.45)$$

Covariant vector
$$\boxed{ D\mu_b / du = \dot{\mu}_b - \Gamma_{bd}^c \mu_c \dot{x}^d }$$
 (2.46)

Type (2,0) tensor
$$D\tau^{ab}/du \equiv \dot{\tau}^{ab} + \left[\Gamma^{a}_{cd}\tau^{cb} + \Gamma^{b}_{cd}\tau^{ac}\right]\dot{x}^{d} \qquad (2.48)$$

Type (0,2) tensor
$$\left| D\tau_{ab} / du \equiv \dot{\tau}_{ab} - \left[\Gamma^c_{ad} \tau_{cb} - \Gamma^c_{bd} \tau_{ac} \right] \dot{x}^d \right|$$
 (2.49)

Type (1,1) tensor
$$\left| D\tau_b^a / du \equiv \dot{\tau}_b^a + \left[\Gamma_{cd}^a \tau_b^c - \Gamma_{bd}^c \tau_c^a \right] \dot{x}^d \right|$$
 (2.50)

$$(r, s): \begin{bmatrix} D\tau_{b_{1}...b_{s}}^{a_{1}...a_{r}} / du = \dot{\tau}_{b_{1}...b_{s}}^{a_{1}...a_{r}} \\ + \left[\sum_{k=1}^{r} \Gamma_{cd}^{a_{k}} \tau_{b_{1}...b_{s}}^{a_{1}...a_{k-1}} c_{a_{k+1}}...a_{r}}^{a_{r}} - \sum_{k=1}^{s} \Gamma_{b_{k}d}^{c} \tau_{b_{1}...b_{k-1}}^{a_{1}...a_{r}} c_{b_{k+1}...b_{s}} \right] \dot{x}^{d} \end{bmatrix}$$
Example: $D\tau_{c}^{ab} / du = \dot{\tau}_{c}^{ab} + \left[\Gamma_{de}^{a} \tau_{c}^{db} + \Gamma_{de}^{b} \tau_{c}^{ad} - \Gamma_{ce}^{d} \tau_{d}^{ab} \right] \dot{x}^{e}$ (2.51a)

Notation:
$$\lambda^{a}_{,c} \equiv \frac{\partial \lambda^{a}}{\partial x^{c}}$$
 $\lambda^{a}_{,c} \equiv \lambda^{a}_{,c} + \Gamma^{a}_{bc} \lambda^{b}$ (2.53)

Covariant Derivative Equation (in a manifold) Field

Scalar
$$\varphi_{;a} = \partial_a \varphi$$
 (2.54)

Contravariant vector
$$\lambda^a_{;b} = \partial_b \lambda^a + \Gamma^a_{cb} \lambda^c$$
 (2.55)

Covariant vector
$$\mu_{a;b} = \partial_b \mu_a - \Gamma_{ab}^c \mu_c$$
 (2.56)

Type (2,0) tensor
$$\tau^{ab}_{;c} \equiv \partial_c \tau^{ab} + \Gamma^a_{dc} \tau^{db} + \Gamma^b_{dc} \tau^{ad}$$
 (2.57)

Type (0,2) tensor
$$| \tau_{ab;c} \equiv \partial_c \tau_{ab} - \Gamma^d_{ac} \tau_{db} - \Gamma^d_{bc} \tau_{ad} |$$
 (2.58)

Type
$$(r,s)$$
 tensor
$$\begin{bmatrix} \tau_{b_1...b_s;c}^{a_1...a_r} = \partial_c \tau_{b_1...b_s}^{a_1...a_r} + \sum_{k=1}^r \Gamma_{dc}^{a_k} \tau_{b_1...b_s}^{a_1...a_{k-1}} d_{a_{k+1}}...a_r \\ - \sum_{k=1}^s \Gamma_{b_k}^{d} c \tau_{b_1...b_{k-1}}^{a_1...a_r} d_{b_{k+1}}...b_s \end{bmatrix}$$
 (2.59a)

Type (2,1) tensor
$$\tau^{ab}_{c;d} \equiv \partial_d \tau^{ab}_c + \Gamma^a_{ed} \tau^{eb}_c + \Gamma^b_{ed} \tau^{ea}_c - \Gamma^e_{cd} \tau^{ab}_e$$