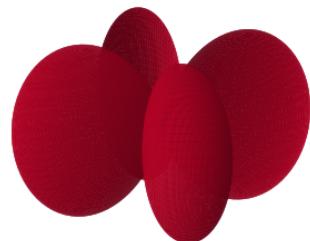


$L_z = 0$  $L_z = 1$ 

Isospin Down

