

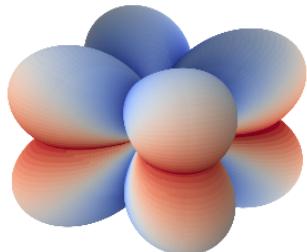
$L_z = 0$



$L_z = 1$



Isospin Up



Isospin Down

