



Aug 23, 2020

# ELISA for quantification of human immunoglobulin E (IgE) in serum or plasma.

Angel A Justiz-Vaillant<sup>1</sup>, Belkis Ferrer-Cosme<sup>2</sup><sup>1</sup>University of the West Indies St. Augustine; <sup>2</sup>Saturnino Lora Torres' Provincial Teaching Clinical Surgical Hospital. Cuba

In Development

[dx.doi.org/10.17504/protocols.io.bj7xkrpn](https://dx.doi.org/10.17504/protocols.io.bj7xkrpn)

University of the West Indies

[angel.vaillant@sta.uwi.edu](mailto:angel.vaillant@sta.uwi.edu)Angel Justiz-Vaillant  
University of the West Indies St. Augustine

## ABSTRACT

IgE is a monomer. It has a molecular weight of 188 Kd and a serum concentration of 0.00005 mg/mL. It protects against parasites and also binds to high-affinity receptors on mast cells and basophils causing allergic reactions.

[\[1\]](#)

## DOI

[dx.doi.org/10.17504/protocols.io.bj7xkrpn](https://dx.doi.org/10.17504/protocols.io.bj7xkrpn)

## PROTOCOL CITATION

Angel A Justiz-Vaillant, Belkis Ferrer-Cosme 2020. ELISA for quantification of human immunoglobulin E (IgE) in serum or plasma.. **protocols.io**  
<https://dx.doi.org/10.17504/protocols.io.bj7xkrpn>

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## CREATED

Aug 23, 2020

## LAST MODIFIED

Aug 23, 2020

## PROTOCOL INTEGER ID

40919

- 1 An anti-human IgE coating antibody is adsorbed onto the microwells by incubation overnight at 4°C with carbonate-bicarbonate buffer.
- 2 Add 50 µl of human serum or plasma. Human IgE present in the serum or plasma binds to antibodies adsorbed into the microwells.
- 3 The microplate is blocked with 3% non-fat milk-PBS buffer and later wash to remove unbound proteins.
- 4 Fifty (50) µl of biotin-conjugated anti-IgE antibody is added. The optimal dilution must be investigated.

- 5 The microplate is rewashed with PBS-Tween 20 buffer, pH 7.4.
- 6 One hundred  $\mu$ l of streptavidin-HRP conjugate is added and it binds to the biotin-conjugated anti-IgE antibody. The optimal dilution of this conjugate must be investigated.
- 7 The plate is washed following incubation to remove the unbound Streptavidin-HRP.
- 8 Add 100  $\mu$ l of 3,3',5,5'- tetramethylbenzidine (TMB; Sigma-Aldrich) into each well.
- 9 Incubate the microwells in the dark for 20 min.
- 10 A colored product is formed in proportion to the quantity of human IgE present in the sample or standard.
- 11 The reaction is terminated by addition of 100  $\mu$ l 3M H<sub>2</sub>SO<sub>4</sub> and the absorbance is measured at 450 nm.
- 12 A standard curve is made from 7 human IgE standard dilutions and the human IgE sample concentration is determined.
- 13 For better results place the microplate on a microplate shaker in every incubation.