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Immunofluorescence Staining and Analysis of Astrocyte-Neuron Co-Cultures

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Abstract

Immunofluorescence Staining and Analysis of Astrocyte-Neuron Co-Cultures

- 1 **Fixation** 1.1 - Fix astrocyte-neuron co-cultures on glass coverslips on Day in Vitro 12 (DIV 12) with warm 4% paraformaldehyde (PFA) for 7 minutes. 1.2 - Wash coverslips 3 times with phosphate-buffered saline (PBS). 2 **Blocking** 2.1 - Block coverslips in a blocking buffer containing 50% normal goat serum (NGS) and 0.4% Triton X-100 for 30 minutes at room temperature. 2.2 - Wash coverslips with PBS. 3 **Primary Antibody Incubation** 3.1 - Incubate samples overnight at 4°C in primary antibodies diluted in blocking buffer containing 10% NGS. 3.2 - Incubate coverslips in Alexa Fluor conjugated secondary antibodies (Life Technologies) for 2 hours at room temperature. 3.3 - Wash coverslips again with PBS. 4 **Mounting**
- 4.1 - Mount coverslips onto glass slides (VWR Scientific) using Vectashield mounting media containing DAPI (Vector Labs).
- 4.2 - Seal coverslips with nail polish.

- 5 **Imaging** 5.1 - Image coverslips using an Axiolmager M1 fluorescence microscope (Zeiss) at 40x magnification in red, green, and/or DAPI channels using a CCD camera. 6 **Morphological Analysis** 6.1 - Analyze astrocyte morphological complexity using FIJI with the Sholl analysis plugin (https://github.com/Eroglu-Lab/In-Vitro-Sholl). 6.2 - Ensure analysis is performed on healthy astrocytes with strong expression of fluorescent markers and single, non-overlapping nuclei (DAPI stain). 7 **Statistical Analysis** 7.1 - Conduct statistical analyses using custom code in R (https://github.com/Eroglu-Lab/In-Vitro-Sholl). 7.2 - Use a mixed-effect model with Tukey post-test for Sholl analysis to evaluate differences between experimental conditions, treating variability per experiment as a random effect. 8 **Quality Control** 8.1 - Verify the health of astrocyte-neuron co-cultures by ensuring the peak number of astrocyte intersections is ≥ 25 in the control condition. 8.2 - Document the exact number of independent experiments and cells analyzed in the figure legend for each experiment. 9 Notes:
- 9.1 - Maintain sterility and avoid contamination during all steps.



- 9.2 - Ensure imaging settings are consistent across experimental conditions for accurate comparison.
- 9.3 - Validate antibody specificity and optimize staining conditions for reproducibility.