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German Glühwein and Kinderpunsch

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Works for me

This protocol is published without a DOI.

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ABSTRACT

Glühwein (Mulled wine) is a hot spiced wine beverage which is a traditional drink during the winter in Germany and is served at Christmas markets in Europe. The non-alcoholic version is called "Kinderpunsch" which is made with juices instead of wine and is suitable for kids.

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MATERIALS TEXT

-  **1 X cinnamon sticks**
-  **3 X whole star anise**
-  **5 X whole cloves**
-  **1 X capsules of Cardamom**
-  **1 X sliced organic orange (with peel)**
- Agave or honey to taste
- Optional:  **1 X vanilla pod**

Only for Glühwein:

-  **1 X bottle of dry red wine**

Only for Kinderpunsch:

-  **4 cup orange juice**
-  **4 cup apple juice**
-  **1 cup cherry juice**

SAFETY WARNINGS

GOVERNMENT WARNING:

- (1) According to the Surgeon General, women should not drink alcohol beverages during pregnancy because of the risk of birth defects.
- (2) Consumption of alcoholic beverages impairs your ability to drive a car or operate machinery, and may cause health problems.

ABSTRACT

Glühwein (Mulled wine) is a hot spiced wine beverage which is a traditional drink during the winter in Germany and is served at Christmas markets in Europe. The non-alcoholic version is called "Kinderpunsch" which is made with juices instead of wine and is suitable for kids.

BEFORE STARTING

Prepare organic orange slices (with peel).

1 Please choose between:

1. Glühwein - alcohol containing
2. Kinderpunsch - non-alcoholic

Step 1 includes a Step case.

Glühwein

Kinderpunsch







step case

Glühwein

Contains alcohol.

2 Pour the  **1 X bottle of dry red wine** into a medium sized pot.

3 Add the following ingredients to the pot:

-  **1 X cinnamon sticks**
-  **3 X whole star anise**
-  **5 X whole cloves**
-  **1 X capsules of Cardamom**
-  **1 X sliced organic orange (with peel)**
- Optional:  **1 X vanilla pod**

4 

30m

Turn on the heat and let the wine and spices warm up for about  **00:30:00** .

IMPORTANT: Do not let the wine boil or you will boil off the alcohol!

5 Serve hot. Optional garnishes to place in each mug include orange slices, cloves, a star anise or cinnamon stick.