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# Rotarod test for assessing motor coordination and balance (Rat)

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#### **ABSTRACT**

This is a variant of the published Med-Associates protocol used to study the effects of mild TBI on motor performance and balance. The original manual/protocol can be found here: <a href="https://med-associates.com/wp-content/uploads/2022/09/DOC-056-R2.2-ENV-577-ROTA-ROD-TREADMILLS.pdf">https://med-associates.com/wp-content/uploads/2022/09/DOC-056-R2.2-ENV-577-ROTA-ROD-TREADMILLS.pdf</a>

In these experiments, animals were trained/acclimated to the Rotarod for 3 consecutive days (9 trials total) prior to induction of TBI. Post-injury, animals were re-tested on days 1, 3, and 5 to assess sensorimotor performance and balance improvements over time.

#### **MATERIALS**

Rotarod device (e.g. https://med-associates.com/product/rota-rod/) Disinfectant wipes ( 70% EtOH or https://peroxigard.com/product-information/wipes/)

## Daily testing on Rotarod

1	Setup Rotarod for daily use
1.1	Turn on Rotarod and sanitize with an IACUC-approved method (e.g. https://peroxigard.com/product-information/wipes/)
1.2	Verify Rotarod is set to accelerate from 4-40 RPM over 5 Min (Setting #9 on ENV-577; Med-Associates. Inc.)
1.3	Reset all photobeams and counters
2	Start the Rotorod at a fixed rotational speed.  (Push the toggle switch down to the RESET position and release)
3	Test animal's ability to remain on accelerating Rotarod
3.1	Place animal(s) on rod (facing away from you). (animals will walk in a forward motion).
3.2	Allow animal(s) a 5 sec. to acclimate to task.
3.3	Start acceleration of rod rotation and timer

### (Move switch to ON/ACCEL position)

- 3.4 Record time (in sec.) when
  - 1) animal falls (breaks IR beam) or
  - 2) maintains grip for a full rotation of rod or
  - 3) 300 sec has passed

(remove animal from testing lane as each one completes task and return to home cage)

- 4 Allow animals 15 min inter-trial interval rest in home cage.
- 5 go to step #1.3 Repeat for a total of 3 trials
- **6** Average times across each of the 3 trials.