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1 Works for me

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Coronavirus Method Development Community

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ABSTRACT

We present here INSIGHT (Isothermal NASBA-Sequencing based hIGH-througput Test): a two-stage COVID-19 testing strategy, using a combination of an isothermal NASBA reaction and next generation sequencing. From commercially acquired human saliva with spiked-in viral RNA as input, the first stage employs isothermal amplification of viral RNA to give a rapid result in one to two hours, using either fluorescence detection or a dipstick readout, whilst simultaneously incorporating sample-specific barcodes into the amplification product. In the first stage, fluorescent viral RNA detection can be consistently achieved at 10-100 copies per 20 µl reaction. The second stage pools post-amplification barcoded products from multiple samples for scalable sequencing that could be centralised, to further improve the accuracy of the test in a massively parallel way. Our two-stage testing strategy is suitable for further development into a home-based or point-of-care assay, and is potentially scalable to population level.

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MATERIALS

NAME	CATALOG #	VENDOR
QuickExtract DNA Extraction Solution	QE09050	Lucigen
NASBA liquid kit	SKU: NWK-1	Life Sciences Advanced Technologies Inc.
Tris (1 M) pH = 8 RNase free	AM9855G	Invitrogen - Thermo Fisher
Sodium Hydroxide	71687	Sigma-aldrich
1M MgCl2	AM9530G	Invitrogen - Thermo Fisher
2M KCI	AM9640G	Invitrogen - Thermo Fisher
DTT	43816	Sigma-aldrich
DMSO	276855	Sigma-aldrich
dNTP set 100 mM	10297018	Invitrogen - Thermo Fisher
NTP set 100 mM	R0481	Thermo Scientific
Bio-11-UTP (75 mM)	AM8451	Invitrogen - Thermo Fisher
RNase H	M0297L	NEB
ProtoScript II reverse transcriptase	M0368S	NEB
T7 RNA polymerase	M0251L	NEB
BSA 20 mg/ml	B9000S	NEB
Direct-zol RNA Miniprep Plus	R2070	Zymo Research
PCRD lateral flow assay	FG-FD51673	Abingdon Health
Qubit RNA HS Assay Kit	Q32852	Invitrogen - Thermo Fisher
PowerUp™ SYBR™ Green qPCR Master Mix	15340939	Applied Biosystems

MATERIALS TEXT

Primers pair sequence:

FWD primer	CCAGCAACTGTTTG
	TGGACCTA
REV primer with T7 handle	aattctaatacgactcact
	atagggagaaggACAC
	CTGTGCCTGTTAAA
	CCAT
FWD primer with 5-nt barcode and Illumina handle	tgactggagttcagacgt
	gtgctcttccgatctnnnn
	nCCAGCAACTGTTT
	GTGGACCTA
REV primer with 5-nt barcode and T7 handle	aattctaatacgactcact
	atagggagaaggnnnnn
	ACACCTGTGCCTGT
	TAAACCAT

Molecular beacon:

FAM-AUUGACAGUCUACUAAUUUGGUUAAAAACAAAUGUGUCAA-BHQ1dT-UUCAACUUCAAUG-propyl

FAM labelled RNA capture oligo for PCRD

FAM-AAAAGTCTACTAATTTGGTTAAAAACAAATGTGTCAATTTCAACTTC

SAFETY WARNINGS

*** IMPORTANT: This protocol has not been validated on patient samples and should not be used for clinical diagnosis without further validation and certification. ***



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1 Lysis of saliva samples

Mix crude saliva at 1:1 ratio with QuickExtract DNA Extraction Solution. Incubate at 95 $^{\circ}$ C for 5 min to ensure complete lysis of virus and inactivation of proteinase K.

9 NASBA reaction

Take 1 μ l from the product of Step 1 and add into the NASBA reaction mixture to make a total volume of 20 μ l. Reaction mixture can either be prepared in-house or from the Life Sciences NASBA liquid kit (see tables below).

A fluorescence plate reader can be used to monitor the reaction in real-time, or as an endpoint assay.

	vol.	stock conc.	conc. in RM
sample	1 μΙ		
primers*	1 μΙ	0.5 μM each	25 nM each
water +/- beacon	3 μΙ		20 nM for beacon
buffer (NECB-24)	6.7 µl		
nucleotide (NECN-24)	3.3 μΙ		
enzyme mix (NEC-1-24)	5 μΙ		
total volume	20 μΙ		

Life Sciences reaction mixture (RM)

^{*} Primer sequence available in Materials.

	vol.	stock conc.	conc. in RM
sample	1 μΙ		
primers*	1 μΙ	0.5 μM each	25 nM each
water +/- beacon	4 μΙ		20 nM for beacon
buffer with DMSO*	5 μΙ		
nucleotide mix*	4 μΙ		
enzyme mix*	5 μΙ		
total volume	20 μΙ		

In-house reaction mixture (RM)

^{*} For detailed mixture composition, see tables below. Primer sequence available in Materials.

	vol.	stock conc.	conc. in RM
Tris-HCl pH 8.4*	120 μΙ	1 M	40 mM
MgCl2	39.6 μΙ	1 M	13.2 mM
KCI	112.5 μΙ	2 M	75 mM
DTT	30 μΙ	1 M	10 mM
DMSO	450 μΙ	100%	11%
water	247.9 μΙ		
total volume	1000 μΙ		

Buffer with DMSO

^{*}Tris-HCl pH 8.4 is made in-house by titrating Tris-HCl pH 8.0 with NaOH pellet and pH determined by pH meter.

	vol.	stock conc.	conc. in RM
Tris-HCl pH 8.4	120 μΙ	1 M	40 mM
MgCl2	39.6 µl	1 M	13.2 mM
KCI	112.5 μΙ	2 M	75 mM
DTT	30 μΙ	1 M	10 mM
water	697.9 μl		

total volume	1000 μΙ			
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Buffer without DMSO

	vol.	stock conc.	conc. in RM
dNTP	0.22 μl each	100 mM	1 mM each
NTP	0.88 μl each	100 mM	4 mM each
total volume	4.4 µl		

Nucleotide mix (incl. 10% excess)

	vol.	stock conc.	conc. in RM
diluted Rnase H	0.17 μΙ	500 U/ml	3.75 U/ml
Photoscript RT	0.28 µl	200000 U/ml	2500 U/ml
T7 polymerase	2.75 μΙ	50000 U/ml	6250 U/ml
BSA	0.13 μΙ	20 mg/ml	0.12 mg/ml
buffer without DMSO	1.78 µl		
water	0.40 μΙ		
total volume	5.5 μl		

Enzyme mix (incl. 10% excess)

	vol.	stock conc.
Rnase H	5 μΙ	5000 U/ml
BSA (0.48mg/ml)	1.2 μΙ	20 mg/ml
buffer without DMSO	16.67 µl	
water	27.13 μl	
total volume	50 μl	

Diluted Rnase H

Step 2 includes a Step case.

- (a) With denaturation step
- (b) Completely isothermal

step case
step case

(a) With denaturation step

Reaction mixture without the enzyme mix is incubated at 65 °C for 2 min followed by a 10-min incubation at 41 °C. Following that, $5 \mu l$ enzyme mix is added into the reaction and incubated at 41 °C for a further of 90-120 min.

3 Detection with lateral flow dipstick (if desired)

For detection with lateral flow assay, Bio-11-UTP can be added into the NASBA nucleotide mixture in Step 2 at a final concentration of 0.5 mM. At the end of the NASBA reaction, RNA is purified from the end-product using Direct-zol RNA Miniprep kit, and eluted with 30 μ l of RNase free water. After purification, 4.2 μ l of purified RNA is mixed with 1.8 μ l of FAM labelled RNA capture oligo and 84 μ l of PCRD extraction buffer. Take 75 μ l of mix to the sample well of a PCRD test cassette. Results will be shown within 10 min.

4 Sequencing stage

To allow for pooled sequencing of NASBA reaction end products, barcode sequences are added upstream of each of the forward and reverse primers. In addition, an Illumina sequencing adaptor is added upstream of the forward primer barcode sequence as a universal PCR handle (see Materials and Reagents for the exact sequence).

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Uniquely barcoded NASBA end products from different samples are pooled and purified. A one step PCR can be carried out at local sequencing centres using universal P5 and P7 primers. Here, if needed, another layer of indexing barcodes can be added to further increase the multiplexing capacity.