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## Mouse Tissue mtDNA Copy Number Protocol

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**Protocol status:** Working

**We use this protocol and it's working**

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**Protocol Integer ID:** 105075

### Abstract

Mouse Tissue mtDNA Copy Number Protocol developed in the Picard lab at Departments of Psychiatry and Neurology, Robert N Butler Columbia Aging Center, Columbia University Irving Medical Center, New York, NY, USA

## Attachments



**Tissue mtDNA Copy Nu...**

150KB

## Consumables, with catalog numbers:

1

BD Vacutainer Tubes (BD #363083)  
Tris HCl (Sigma #T3253)  
Tween 20, 10% (Sigma #P1379)  
Nuclease free water (ThermoFisher Scientific #AM9939)  
Proteinase K (20 mg/mL) (ThermoFisher Scientific #AM2548)  
Stericup Quick Release-GV Sterile Vacuum Filtration System – 500 mL (Millipore Sigma S2GVU05RE)  
BrandTech 96-well semi-skirted plate (BrandTech #781375/VWR #10141-434)  
BrandTech 8-strip domed tube caps (BrandTech #781340/VWR #80087-132)  
2x TaqMan Universal MasterMix Fast (LifeTech #4444965)  
MicroAmp™ Optical 384-Well Reaction Plate with Barcode (ThermoFisher #4309849) MicroAmp™  
Optical Adhesive Film (ThermoFisher #4311971) Validated  
mtDNA/nDNA Primer & Probe sequences (idtDNA.com)  
Additional consumables not listed here: 1.5 mL Eppendorf tubes, pipette tips as needed.

2

## Lysis buffer for mtDNA measurement

3 *Keep everything sterile. The below calculations provide sufficient lysis buffer for 1 L of complete lysis buffer, or about 5,000 reactions.*

4 **Tris-HCl (0.38M, pH 8.5)** (Sigma #T3253)  
- 18.168 g of Tris HCl (MW = 157.60 g/mol) in 200 mL of nuclease-free dH<sub>2</sub>O  
- pH to 8.5 with 5M NaOH (about 12.5 mL, but measure pH continuously)  
- Note: Accurate pH is critical for proper extraction. Make sure your pH meter has been recently calibrated.  
- Make up to 300 mL with nuclease-free dH<sub>2</sub>O  
- Sterile filter Tris-HCl buffer using a SteriCup (*Make 6 mL or 12 mL aliquots, depending on if you want to run 1 or 2 plates at once*)

5 **Tween 20, 10%** (Sigma #P1379)  
- 540 mL of ultrapure dH<sub>2</sub>O  
- 60mL of Tween 20 (wash tip thoroughly or leave in solution)  
- Sterile filter Tween 10% using a SteriCup (*Make 12 mL or 24 mL aliquots, depending on if you want to run 1 or 2 plates at once*)



NB: Thawing these 10% Tween aliquots can be slow. I recommend using a 37°C bead bath.

- 6 **ddH<sub>2</sub>O (Sterile, nuclease-free)** (Thermofisher Scientific #AM9939)  
(Make 5 mL aliquots or use direct from bottle)

- 7 **Proteinase K (20 mg/mL)** (Thermofisher Scientific #AM2548)  
- To be put in fresh from 20 mg/mL (1:100 dilution, final 200 µg/mL)

Store aliquots at -30°C

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Recipe for 1ml Lysis Buffer
300 µL – Tris HCl
600 µL – Tween 20
90 µL – nuclease free H <sub>2</sub> O
10 µL – Proteinase K

9

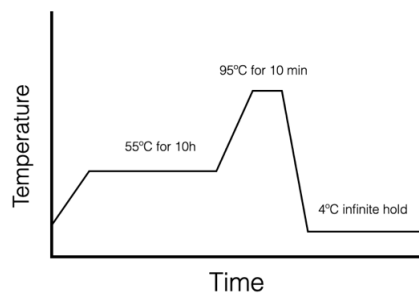
Examples of Lysis Buffer Calculations (including a bit of excess)			
Component	48 Samples	96 Samples (1 plate)	2 Plates
Tris	3 mL	6 mL	12 mL
Tween	6 mL	12 mL	24 mL
Proteinase K	100 µL	200 µL	400 µL
Nuclease-free water	900 µL	1800 µL	3.6 mL
Total Volume	10 mL	20 mL	40 mL

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***Lysis for Mouse Tissue***

- Thaw all reagents and prepare lysis buffer as described above.
- Add 180  $\mu$ L of lysis buffer in each well of a 96-well semi-skirted plate. We use BrandTech #781375. Supplied in US by VWR #10141-434.
- Add 20  $\mu$ L of sample into each well.
- We recommend one extra well with 200  $\mu$ L lysis buffer only to use as a “no template control”.
- Seal wells with 8-strip domed caps. We use BrandTech #781340. Supplied in US by VWR #80087-132.
- To ensure proper mixing of the sample and buffer, vortex vigorously.
- To pull the sample/buffer mixture to the bottom of the wells, quickly centrifuge at 1,000g for 10 sec before lysis.
- Proceed to heat-activated lysis of the samples in a Thermocycler for 16 hours at 55°C, followed by heat inactivation for 10 minutes at 95°C.

11 o



This digested sample can be used directly as template DNA in qPCR for cf-DNA measurements.

- Before performing qPCR, vortex and centrifuge again the template DNA-containing tube(s)/plate(s) at 1,000g for 10 sec at room temperature. If not using within 24 - 48h, freeze the DNA samples at -80°C or colder.

**6. qPCR data analysis and error checking**

- 12 Compute the mean, standard deviation, and coefficient of variation (CV) for the cycle thresholds (Ct) across each triplicate for each sample.
- 13 If the CV across the 3 triplicates is >2%, check the triplicates to see if any of the wells has a Ct that is >1 unit different from the other two, which could indicate a qPCR failure in that well.

14 In the case where amplification has failed in a well, remove the outlier.

15 The average Ct for each sample should be used compute copies/mL.

## Appendix A: qPCR Reagents and MasterMix Recipe

16

<b>Recipe for each well of qPCR</b>	
TaqMan Universal MasterMix Fast	10 µL
ND1 Primers F+R	+ 0.6 µL
ND1 Probe	+ 0.4 µL
B2M Primers F+R	+ 0.6 µL
B2M Probe	+ 0.4 µL
<b>Total Reagent Volume</b>	<b>= 12 µL</b>
+ Sample Volume	+ 8 µL
<b>Total Reaction Volume</b>	<b>= 20 µL</b>

The reagents used may depend on the qPCR equipment available, the genomic locations of interest, or other experimental parameters. Below, we provide a summary of possible reagents as well as other validated primers and probes.

17 **2x TaqMan Universal MasterMix Fast** (Life Tech #4444965)  
**MicroAmp™ Optical 384-Well Reaction Plate with Barcode** (ThermoFisher #4309849)  
**MicroAmp™ Optical Adhesive Film** (ThermoFisher #4311971)  
**Validated mtDNA/nDNA Primer & Probe sequences** (idtDNA.com)

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qPCR Target	Sequences (5'→3')

Mouse mt-C OX1-F	ACCACCATCATTTCTCCTTCT C
Mouse mt-C OX1-R	CTCCTGCATGGGCTAGATT
Mouse mt-C OX1-Probe:	HEX/AAGCAGGAG/ZEN/CAG GAACAGGATGAA/3IABkFQ
Mouse B2M- F	GAGAATGGGAAGCCGAACAT A
Mouse B2M- TT	CCGTTCTTCAGCATTTGGAT TT
Mouse B2M- Probe	FAM/CGTAACACA/ZEN/GTT CCACCCGCCTC/3IABkFQ

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- Reconstitute primers in appropriate volume of nuclease free water to achieve 100  $\mu$ M stock concentration.
  - Combine 120  $\mu$ L each of 100  $\mu$ M forward and reverse primers with 960  $\mu$ L nuclease free water to achieve 10  $\mu$ M working concentration.
  - Store primers at -30°C or -80°C until use.
  - Reconstitute probe in appropriate volume of nuclease free water to achieve 100  $\mu$ M stock concentration.
  - Dilute 100  $\mu$ M stock probe 20x to achieve 5  $\mu$ M working concentration.
  - Store probes at -30°C or -80°C until use (avoid freeze-thaw) and protect probes from light.