



plasma preparation_test V.2

Anneleen Decock¹

¹Center for Medical Genetics Ghent (CMGG), Cancer Research Institute Ghent (CRIG)

Version 2

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Works for me

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CMGG



Anneleen Decock

Center for Medical Genetics Ghent (CMGG), Cancer Research In...

ABSTRACT

This protocol describes how to prepare plasma from blood and is an experimental protocol.

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Blood draw

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- Note blood tube type
- Note date and time point of blood collection; store tubes upright at room temperature until centrifugation

- Note date and time point of arrival in lab
- Note amount of blood that was collected
- Take pictures of the tubes if needed

Centrifugation step 1: 20 min at 120 g (rcf)

- 2
 - Spin tubes for 20 min at 120 g (rcf) (without brake).
 - Pipette platelet-rich plasma (PRP) carefully into a new collection tube, leave $\pm 100\ \mu\text{l}$ (or more) above the buffy coat (do not disturb the buffy coat)
 - Aliquot the PRP into cryovials and store at -80°C (note time point in freezer), or continue to prepare platelet-poor plasma (PPP)

Centrifugation step 2: 20 min at 1500 g (rcf)

- 3
 - Spin the PRP for 20 min at 1500 g (rcf) (without brake) to obtain platelet-poor plasma (PPP)
 - Pipette PPP carefully into a new collection tube, leave $\pm 100\ \mu\text{l}$ above pellet (do not disturb pellet)
 - *Optional: If platelets need to be collected, remove remaining volume above pellet and resuspend pellet in RNA-later (use approx. 5 x volume of pellet)*
 - Aliquot the PPP into cryovials and store at -80°C (note time point in freezer), or continue to prepare platelet-poor plasma (PPP)

Centrifugation step 3: 20 min at 1500 g (rcf)

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 - Spin the PPP for 20 min at 1500 g (rcf) (without brake) to obtain platelet-free plasma (PFP)
 - Pipette PFP carefully into a new collection tube, leave $\pm 100\ \mu\text{l}$ above pellet (do not disturb pellet)
 - *Optional: If platelets need to be collected, remove remaining volume above pellet and resuspend pellet in RNA-later (use approx. 5 x volume of pellet)*
 - Aliquot the PFP into cryovials and store at -80°C (note time point in freezer)