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# © 616.1 URMC HTC BSL2+ Formalin-Inflated, Paraffin-Embedded Human Lung Tissue

2 611.2 URMC HTC Formalin-Inflated, Paraffin-Embedded Human Lung Tissue

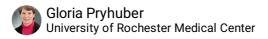
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Human BioMolecular Atlas Program (HuBMAP) Method Development Community LungMap2 Consortium 1



Processing of Formalin Fixed Lung and Non-Lung Tissue for the LungMAP HTC

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Increased formalin fixation from 24 to 48 hours to meet biosafety standards for SARS-CoV2 infected tissue.

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Inflation fixation, lung, FFPE, COVID-19, SARS CoV2

\_\_\_\_\_ protocol,

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# Scientific Principles or Validation of Procedures:

- CDC. "COVID-19 Personal Protective Equipment (PPE) for Healthcare Personnel." Centers for Disease Control and Prevention, 1 Jan. 2020, www.cdc.gov/coronavirus/2019-ncov/downloads/COVID-19-PPE.pdf.
- WHO. "Personal Protective Equipment for COVID-19." World Health Organization, World Health Organization, 5 May 2020, www.who.int/medical\_devices/priority/COVID\_19\_PPE/en/.
- 3. University of Rochester Medical Center, director. *COVID-19 Safety Training*, University of Rochester Medical Center, 15 June 2020, rochester.csod.com/LMS/LoDetails/DetailsLo.aspx?loid=e8469bef-ae75-4d87-9ec1-f5d33e4f1519&query=%3fq%3dCOVID-19+Safety+Training&isCompletionRedirect=true&loStatus=16®num=1#t=1.

Worksheet 603.A.2 HTC\_Whole\_or\_Partial\_Lung\_Processing

Biosafe surface and environment for manipulation of lung Grossing Station, Biosafety Cabinet

- N95 masks, face shields, double gloves, shoe covers, hair nets, sleeve covers, and lab coat for PPE, all consistent with recommended PPE for COVID-19
- 2. Biohazards Disposal Bag
- 3. Red Sharps Container
- 4. Tissue mega-cassettes (optional) and uni-cassettes
- 5. Scalpels and Trimming Blades with Handles; Forceps; Other Dissection Equip
- 6. Labeling pencil
- 7. 10% neutral buffered formalin at least one liter, with more on hand if needed for larger lungs
- 8. 1xPhosphate Buffered Sodium
- 30% Ethanol; 50% Ethanol and 70% Ethanol. All solutions are made with Diethylpyrocarbonate (DEPC) treated water or directly treated with DEPC to minimize RNA degradation
- 10. Small and Medium Gauze Pads multi-pack
- 11. Standard Balance and Weigh Boats: Medium and Large
- 12. Airway Cannulas Selection of sizes
  - (i) 16 and 18 gauge angiocatheters (needles removed and discarded)
  - (ii) tracheal cannulas 2.0-4.0 OD
  - (iii) endotracheal tubes 2.5 8 mm OD; tubes >/= 4.0 cuffed
- 14. IV extension set tubing with clamp
- 15. 20 ml syringe barrels for fixative
- 16. Needle free suture material
- 17. Bleech
- 18. Oxivir Tb or simlar anti-viral

Working with potentially or known SARS CoV2/COVID-19+ human tissue: Personnel will adhere to safe work processes all consistent with recommended PPE for COIVD-19 work. PPE will be used including N95 mask, face shield, lab coat, closed shoes and double gloves, shoe covers, hair net, and sleeve covers. All activity will be behind shield of biosafety cabinet and/or with mask and safety glasses. Biosafety level 2 + practices will be followed, and the work performed in the designated lab space that is covered by annually updated IBC approved protocol. All institutional biosafety measures are followed in any manipulation of these human tissues.

#### Record Process

1 Record details of procedure in Worksheet or Directly in Inventory or ELN

2 Keep photographic recording of inflation and blocking of lung lobe and tissue

## Inflation Fixed (Formalin) Lung Lobe

- 3 Inflation fixation procedure should be accomplished in a biosafety cabinet with the operator taking appropriate blood and body fluid, including COVID-19 precautions.
- 4 Keep the surface of the lobe / tissue moist at all times
- 5 Connect a short piece of IV extension tubing, clamped with hemostat or shut off with stopcock, to a 10 or 20 ml syringe barrel (without plunger) suspended in a clamp on a ring stand so that the 5 ml syringe mark is 25 cm above the level of the main airway in the lobe to be fixed.
- 6 Fill the syringe barrel with 10% Neutral Buffered Formalin (NBF)
- 7 Flush the IV extension tubing through with formalin to remove air bubbles and so the NBF fluid level is at 10 or 20 ml mark on the syringe. Reclamp. prior to connection to the instillation cannulas
- 8 Cannulate the main bronchus, identified by its cartilage containing wall, with an endotracheal tube or 16 or 18 gauge catheter.

Fix the airway tube in place with suture material or zip tie.

If two bronchi are apparent due to a branch-point, each can be cannulated.

Tying in of the airway tubes is the "trickiest" part of the entire procedure and is most easily done by two people.

- 9 Connect the IV extension tubing coming from the syringe to the airway tube(s).
  - If more than one bronchi is cannulated, they can be instilled serially or simultaneously with a second syringe set up.
- 10 Release the clamp and allow formalin to infuse into the lung lobe that should visably inflate, the degree of inflation varies.

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Transient, gentle pressure on the fluid head may be needed to start the flow of fixative.

11 Add NBF to the syringe to maintain meniscus at 25 cm water inflation pressure. Keep track of volume added.

Maintain instillation pressure for approximately 10 minutes after fluid stops flowing.

- 12 Document volume of fixative infused and comment on any leakage (with degree -minimal, moderate, severe)
- Once instillation is complete, pull the suture or zip tie that is on the airway and airway cannula tight while removing the cannula.

This is best done with a second pair of hands. Also helpful to have a hemostat available as an emergency clamp.

- 14 Photograph anterior and posterior sides before and after inflation.
- 15 Place the securely tied lung lobe in a specimen container filled with 10% NBF.

For good fixation, prefer with a volume ratio of 10:1 fixative:lung.

16 Place in the cold room for 40-48 hours

Once tissue has been in fixative for 40-48 hours, processing may continue on grossing station or fume hood

- 17 Forty to 48 hours after fixation begins, divide the lobe as diagramed in attached figures into approximately -1-0.5 cm thick, 1.0 x 1.0 cm<sup>2</sup> cubes, placing each cube in an appropriately labeled tissue cassette
- 18 Place back in 10% formalin in the cold for 18-24 hours.
- The tissue cubes are then rinsed in 1xPBS and dehydrated by 20-minute successive dwell times in PBS, 30% EtOH, 50% EtOH and 70% EtOH made with diethylpyrocarbonate (DEPC) treated water.

70 Tissues may be stored in 70% EtOH in cold until further processed into paraffin.

## Formalin Fixed Non-Lung Tissue

- 21 Remove excess tissues around trachea and large airways at hilum
- Collect lymph nodes, excess large vessels, esophagus, spleen and nerves (Best to place these back in shipping buffer and Tend to Lung First)
  - 22.1 Weigh each tissue collected
  - 22.2 The non-lung samples are sectioned into approximately 0.5-1 cm3 portions
- 23 Divide these tissues between 10 % Formalin and PFAS-Cryoprotection

Record these tissues and how processed in BRINDL database

23.1 For 10% formalin fixation, place in labeled tissue cassette in formalin; stored at 4<sup>0</sup>C to fix for 64-72 hours (consistent with lung tissue fixation time). Volume of fixative to tissue should be approximately 10:1.

64-72 hours after fixation begins, the tissues are rinsed in 1xPBS and dehydrated by 20 minute successive dwell times in PBS, 30% EtOH, 50% EtOH and 70% EtOH made with diethylpyrocarbonate (DEPC) treated water.

Tissues may be stored in 70% EtOH in cold until further processed in paraffin

23.2 For Freezing in OCT: fix in 4% PFA x 20-24 hrs, cryo-protect in 30% sucrose and continue to process for freezing in OCT along with lung tissue to be frozen (See PFA fixed, sucrose cryoprotection rotocol)

#### Tissue Processor

From 70% ethanol, place cassettes into metal basket in VIP processor's retort (up to 150

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25 Use overnight program #3 on VIP Processor

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70% Ethanol – 1 hour – § 40 °C

80% Ethanol – 1 hour – § 40 °C

95% Ethanol – 1 hour – § 40 °C

95% Ethanol – 1 hour – § 40 °C

100% Ethanol – 1 hour – § 40 °C

100% Ethanol – 1 hour – § 40 °C

Histological grade Xylene – 1 hour – § 40 °C

Histological grade Xylene – 1.5 hours – § 40 °C

McCormack's Paraplast (paraffin) – 1 hour – § 60 °C

McCormack's Paraplast (paraffin) – 1 hour – § 60 °C

McCormack's Paraplast (paraffin) – 1.5 hours – § 60 °C
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26 Remove cassettes out of processor to embed

#### Embedding Tissue

- 27 Place cassettes in holding tank in the embedding center until paraffin is melted (~15 minutes)
- 28 Embed tissue in metal mold as it was in the processing cassette

29	Cool and solidify blocks on cold plate on embedding center	
30	When blocks "pop" remove them from molds.	
31	Clean outside of cassettes of excess wax and trim excess wax from blocks with the paratrimmer	
32	Store blocks at room temperature away from heat and sunlight	
Section	ing Paraffin Embedded Tissue	
33	Cool blocks on ice	
34	Using microtome, trim into block at a higher thickness (~14 microns) until a full section is achieved.	
35	Cool block on ice	
36	Section blocks at 4-5 microns into a ribbon	
37	Place ribbon into cool water bath	
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38	Place section on slide

- 39 Place section into hot water bath
- 40 Melt section onto slide
- 41 Dry slide standing up in rack overnight or until dry
- 42 Store slides in slide boxes at room temperature away from heat and sunlight