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© Qualitative & Quantitative Assessment of Human Islets for Distribution Using Dithizone (DTZ) V.2

Integrated Islet Distribution Program¹

¹Integrated Islet Distribution Program, City of Hope, Duarte, CA

1 Works for me

rme dx.doi.org/10.17504/protocols.io.bhdjj24n



Integrated Islet Distribution Program
Integrated Islet Distribution Program, City of Hope

ABSTRACT

This Standard Operating Procedure is adapted from the work of the 'National Institutes of Health-Sponsored Clinical Islet Transplantation Consortium Phase 3 Trial: Manufacture of a Complex Cellular Product at Eight Processing Facilities" following the SOP cited in the document 'Purified Human Pancreatic Islet: Qualitative and Quantitative Assessment of Islets Using Dithizone (DTZ) – Standard Operating Procedure of the NIH Clinical Islet Transplantation Consortium'

This SOP defines the assay method for quantitative and qualitative determination in the identification of human isolated islet preparations, which include endocrine and exocrine tissue, for use in the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) sponsored research in the Integrated Islet Distribution Program (IIDP). This protocol is written to assist the participating islet isolation centers and investigators who are part of this program.



Integrated Islet Distribution Program (IIDP) (RRID:SCR_014387)

Dithizone (diphenyl thiocarbazone; DTZ) is an organic chemical that chelates the zinc in the insulin granules present in the beta cells of the pancreatic islets. The islet cells are stained red while the acinar cells remain unstained.

DTZ staining is used as a lot release and as an in-process assay:

(i)Lot release testing: DTZ staining is used to identify islets and to determine the quantity and quality of the final islet product. Islet quantity is expressed as the number of islet equivalents (IEQ), which is calculated based on the number and diameter of the islets present in the preparation, mathematically corrected for islet volume.

(ii)In-process testing: DTZ staining is used to identify islets and to assess the effectiveness of the digestion, isolation and purification processes. The quality of the preparations is expressed as percent islet purity, and percent trapped islets. Islet quantity (IEQ) is also assessed.

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KEYWORDS

Human Islets, Dithizone, Purity, Islet Equivalent, Actual Islet, Islet Quality Grade, Islet Index

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GUIDELINES

- Integrated Islet Distribution Program (IIDP) (RRID:SCR_014387): The IIDP is a contracted program commissioned and funded by the NIDDK to provide quality human islets to the diabetes research community to advance scientific discoveries and translational medicine. The IIDP consists of the NIDDK, the Project Officer (PO), the External Evaluation Committee (EEC) and the CC at City of Hope (COH). The IIDP CC integrates an interactive group of academic laboratories including the subcontracted IIDP centers.
- IIDP Coordinating Center (CC): Joyce Niland, Ph.D. is the Principal Investigator for the IIDP CC and leads staff from the Department of Research Information Sciences at COH to coordinate the activities of the IIDP and assist the participating centers and investigators in the distribution of human islets.
- Percent Purity: the percentage of islets compared to all tissue present in the islet preparation (islets, acinar
 and ductal cells) which is determined by visual inspection of a representative sample of the islet preparation.
 Islets are distinguished from non- islet tissue by using Dithizone (DTZ) to stain red the zinc granules in the beta
 cells.
- Actual Islets (AI) or <u>Islet Particle Number</u> (IPN): The actual number of islets or islet particles counted. For this SOP, the nomenclature of Actual Islets (AI) will be used.
- Islet Equivalent (IEQ): A conversion factor of the size of an actual islet to an equivalent size of an islet which is 150 μm diameter by mathematically compensating for the volume. This is mathematical compensation for islets of varying diameters normalizes the counts for comparison within and between islet preparations.
- *Islet Quality Grade*: A qualitative designation given to the islet preparation after microscopic evaluation based on the parameters of shape, border, integrity, number of single cells, and overall islet diameter.
- Equations for Total Equivalent (Total IEQ) and Total Actual Islet(AI):

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1. Total IEQ = Dilution Factor x
[(AI of diameter 50 – 100 μm x 0.167) +
(AI of diameter 101 – 150μm x 0.667) +
(AI of diameter 151 – 200 μm x 1.685) +
(AI of diameter 201 – 250 μm x 3.500) +
(AI of diameter 251 – 300 μm x 6.315) +
(AI of diameter 301 – 350 μm x 10.352) +
(AI of diameter > 350 μm x 15.833)]
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- 2. **Total AI** = Dilution Factor $x \sum AI$ of each diameter
- Islet Index (II): A quantitative designation given to the islet preparation after microscopic evaluation determined by dividing the IEQ by the AI. This designation determines the overall size distribution of the islets being shipped. If the majority of AI is around 150μm (1-IEQ) then the II will equal 1.0. If the majority of AI is larger than 150μm, then the II will be > 1.0. If the majority of the AI is smaller than 150μm, then the II will be <1.0.</p>

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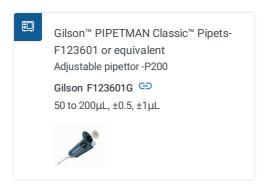
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MATERIALS

NAME	CATALOG #	VENDOR
Dithizone (Diphenylthiocarbazone)	D5130	Millipore Sigma
Gibco DPBS without Calcium and Magnesium	14190136 or equivalent	Fisher Scientific
Dimethyl sulfoxide	D8779 or equivalent	Sigma Aldrich

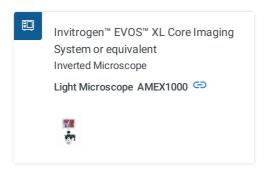
MATERIALS TEXT





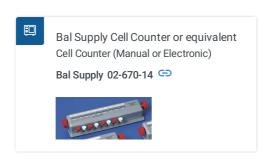






Lab inverted light microscope

Eyepiece with Calibrated reticle, 1mm Microscope specific, lab SOP





Computer or calculator or equivalent NA
Computer software (e.g. Excel) with the mean and standard deviation functions

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SAFETY WARNINGS

Dimethyl sulfoxide (DMSO) DMSO_MSDSAction.pdf

- Hazard statement(s): Combustible liquid.
- Precautionary statement(s): Keep away from heat/sparks/open flames/hot surfaces. No smoking. Wear protective gloves/ protective clothing/ eye protection/ face protection.
- DMSO itself is not toxic but it can be a carrier of chemicals, viruses, etc. into the skin

 $\label{eq:distance_msds} \begin{tabular}{ll} Dithizone_MSDSAction.pdf \\ \end{tabular}$

- Hazard Statement(s): Causes skin irritation. Causes serious eye irritation.
- Precautionary statement(s): Wash skin thoroughly after handling. Wear protective gloves/ eye protection/ face protection.

Preparation of Working Dithizone

- 1 Assemble all items described in the Materials section
- Prepare DTZ stain as described below. Observe all safety precautions when working with DMSO.
 - 2.1 Dissolve \square 50 mg dithizone in \square 10 mL DMSO.
 - 2.2 Add DPBS to bring the total volume to extstyle 50 mL.
 - 2.3 Filter the combined solution using a $0.45 \mu m$ nylon filter.
 - 2.4 Place solution in a 50 mL conical tube and label "Dithizone Stain or DTZ" with:
 - Preparation Date and Time
 - Expiration Date and Time (24 hours after preparation)
 - Initials of person preparing solution

Preparation of Islets for Counting

- 3 Samples for islet quantitation and purity should be taken for islet broadcast either after the isolation or post culture. Sampling must be repeated prior to packaging for shipment in order to ensure that samples after culture are representative of what is being distributed to the investigators.
 - 3.1

Mix the final islets suspension very gently but thoroughly by inverting the islet prep in a conical 2-3 times before quickly taking a sample. (Do not swirl.) As islets settle rapidly, care must be taken to ensure a representative sample is taken from the middle of the suspension.

3.2



Take replicate $100-200 \,\mu l$ sample volumes from $100 \,m L$ final prep using a wide bore tip of pipettor. Two duplicate counts should be performed by two separate technicians or 2 separate counts by one technician.

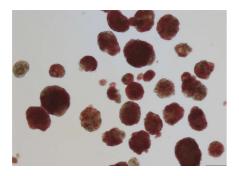
3.3 Add 3 drops (30 μ L) of the DTZ solution to the islets sample and allow staining for 1 – 2 minutes at room temperature. Cover the bottom of the counting dish with DPBS to approximately ½ the height of the dish. Count the islets under the microscope following the steps below.

Islet Quantification

4



Identify AI, IEQ, and % purity.



Dithizone (diphenyl thiocarbazone; DTZ) is an organic chemical that chelates the zinc in the insulin granules present in the beta cells of the pancreatic islets. *The islet cells are stained red while the acinar cells remain unstained.*

- Islets are counted by size of the Actual Islets (AI), tabulated, and mathematically calculated to determine the Total Islet Equivalents (IEQ).
- Examine the islets sample (stained islets will appear red) using the 10x eyepiece and the 4x objective to give a
 total magnification of 40x.
- Using the grid lines on the counting dish as a guide, methodically scroll through the dish from side to side, and top to bottom, examining each islet.
- Count islets within the perimeter of the grid's squares, including only islets touching the top and right lines (not the bottom and left lines), to avoid counting the same islet twice.
 - 4.1 There are different types of reticles that can be used but all should be certified in the eyepiece to the correct specification by the microscope company representative. Once calibrated, the eyepiece of the microscope is used to determine the size of each islet.

Using the table below as a guide, Regardless of which type of reticle is used, count (tally) the number of Actual Islets (AI) in each diameter group using the manual or electronic cell counter. Do not count islets smaller than $50~\mu m$ because their contribution is not significant.

Number of Spaces Spanned	Diameter of Islet (µm)
< 2	< 50
2 – 4	50 – 100
4 – 6	101 – 150
6 – 8	151 – 200
8 – 10	201 – 250
10 – 12	251 – 300
12 – 14	301 – 350
> 14	> 350

4.2 Calculate the dilution factor as follows:

Total volume of preparation that sample taken from (mL) X (1000) = Dilution Factor Volume of sample taken (μ L)

4.3

Record and calculate the results using Excel Spreadsheet in Attachment 1.

Example for a 100 μ L sample from a 100 mL total volume:

Islet Diameter Range (µ m)	Actual Islet Number (AI)	IEQ Conversion Factor	IEQ per Range
50 – 100	11	x 0.167	1.837
101 – 150	42	x 0.648	27.216
151 – 200	26	x 1.685	43.810
201 – 250	13	x 3.500	45.500
251 - 300	5	x 6.315	31.575
301 – 350	0	x 10.352	0.000
>350	1	x 15.833	15.833
	$\sum \mathbf{AI}$	∑ IEQ =	165.771
Dilution Factor [(mL total volume / μL sample volume) X 1000]			1000
Total AI = \sum AI X Dilution Factor			98,000
Total IEQ = \sum IEQ X Dilution Factor			165,771

- Calculate the Total Actual Islets (∑AI), and the Total Islet Equivalents (∑IEQ) by inputting the data from the tally, in step 4.1, into the Excel spreadsheet in Attachment 1 for Most Pure Shipment and Least Pure Shipment if applicable.
- Calculate the total number of IEQ present by entering the total Actual Islets (AI) in each range which will be converted using the conversion factor, to IEQ per each range. This conversion normalizes the AI to 150 um sized islet.
- Both the AI and IEQ will be totaled and multiplied by the dilution Factor for a Final AI count and Final IEQ Count of the preparation.
- The Islet Index (II), a calculation made by dividing the IEQ by the AI, is calculated automatically in Attachment 1. This designation determines the overall size distribution of the islets being shipped.

Repeat process, as needed, for a Least Pure Shipment.

Attachment 1-Islet Tabulation Counting Sheet (v1).xlsx

Islet Quality Grade by Islet Ranking

5



Determine the Islet Quality Grade based on the chart below and Islet Ranking Guide (Attachment 2) and record and calculate the results on Attachment 1 for Most Pure Shipment and Least Pure Shipment, if applicable, and on broadcast website.

Attachment 2-Islet Ranking Guide.pdf

Parameter	0 Points	1 Point	2 Points
Shape (3D)	flat/planar	in between	spherical
Border (2D)	irregular	in between	well-rounded
Integrity	fragmented	in between	Solid/compact
Single Cells	many	a few	almost none
Diameter	all<100µm	a few>200 μm	>10%>200 μm

Islet Purity

6



Calculate the percent purity of the islets to the nearest 5% by estimating the portion of dithizone (red stained islets) to all tissue (islets, acinar, ductal cells). Record the purity of each sample on Attachment 2. The average will be calculated automatically.

Photographic Documentation

7



Take digital images and upload (when applicable) for IIDP Islet Broadcast of the count sample.

- 7.1 Gently swirl the count sample in order to center the islets in the dish. This will give a representative photographic image of the purity and size distribution of the islet preparation. If possible, take a well focused digital photo using center's SOP for it's specific microscope and camera set-up so the final image size is a 10x-40x magnification. Label and save image with RRID#, date, time when photo was taken (prior to broadcast), and magnification.
- 7.2 With the use of the digital imaging techniques on the IIDP website, upload images and match the background grid lines per the on-line instructions in the broadcast section (when applicable).

Subsequent Counting, Grading, Purity, and Viability

8 Repeat all counting, grading, purity, and viability estimates and digital image uploads for islets prior to packaging for distribution if more than 6 hours post original broadcast evaluations. Update broadcast records under the "Confirm Islet Information" section of the broadcast and repeat these procedures for rebroadcasts and shipments with every

