



Version 2

Apr 30, 2021

# Human Islet Isolation Media Preparation V.2

James Lyon<sup>1</sup>, Aliya F Spigelman<sup>1</sup>, Jocelyn E E Manning Fox<sup>1</sup>, Patrick E Macdonald<sup>1</sup><sup>1</sup>University of Alberta

1

Works for me

[dx.doi.org/10.17504/protocols.io.bt6enrbe](https://dx.doi.org/10.17504/protocols.io.bt6enrbe)James Lyon  
University of Alberta

## ABSTRACT

This protocol describes the preparation of various media formulations required for the isolation and culture of human islets, as performed by the Alberta Diabetes Institute IsletCore. <http://www.bcell.org/adi-isletcore.html>

## DOI

[dx.doi.org/10.17504/protocols.io.bt6enrbe](https://dx.doi.org/10.17504/protocols.io.bt6enrbe)

## PROTOCOL CITATION

James Lyon, Aliya F Spigelman, Jocelyn E E Manning Fox, Patrick E Macdonald 2021. Human Islet Isolation Media Preparation. **protocols.io**  
<https://dx.doi.org/10.17504/protocols.io.bt6enrbe>  
Version created by [Jocelyn E Manning Fox](#)



## WHAT'S NEW

Minor edits for clarity.

## LICENSE

———— This is an open access protocol distributed under the terms of the [Creative Commons Attribution License](#), which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited

## CREATED

Apr 12, 2021

## LAST MODIFIED

Apr 30, 2021

## PROTOCOL INTEGER ID

49062

## MATERIALS TEXT

### MATERIALS

☒ Hanks balanced salts

powder **Corning Catalog #55-022-PB**

☒ Minimum Essential Medium Eagle modified (EMEM)

powder **Corning Catalog #90-009PB**

☒ Medium 199

powder **Corning Catalog #90-050-PC**

☒ Sodium Bicarbonate **Fisher**

**Scientific Catalog #S233**

☒ Calcium Chloride **MP**

**Biomedicals Catalog #153502**

[☒ Magnesium](#)

[Sulfate Amresco Catalog #0338](#)

[☒ HEPES Fisher](#)

[Scientific Catalog #BP310](#)

[☒ Penicillin/streptomycin Lonza Catalog #09-757F](#)

[☒ Albumin Bovine Serum \(30%\) equitech bio,](#)

[inc. Catalog #160928-0262](#)

[☒ Betadine Solution \(10%\) Stevens](#)

[company Catalog #036-08617](#)

[☒ Nicotinamide Sigma](#)

[Aldrich Catalog #N0636](#)

[☒ Biocoll 1.100 Biochrom](#)

[AG Catalog #L 6155](#)

[☒ Belzer UW Cold Storage Solution Bridge to](#)

[Life Catalog #092614](#)

[☒ CMRL 1066](#)

[medium Corning Catalog #15-110-CV](#)

[☒ Glutamax \(100x\) Gibco - Thermo](#)

[Fischer Catalog #35050-061](#)

[☒ Insulin Transferrin Selenium](#)

[\(20x\) Corning Catalog #25-800-CR](#)

[☒ Dimethyl Sulfoxide Fisher](#)

[Scientific Catalog #D128](#)

[☒ Nylon capsule filter 0.22uM maine](#)

[manufacturing Catalog #1213757](#)

[☒ Dithizone Sigma-](#)

[aldrich Catalog #43820](#)

[☒ Stericup Sterile Vacuum Filtration System. Fisher](#)

[Scientific Catalog #S2GPU05RE](#)

[☒ 0.45um Syringe Filter Fisher](#)

[Scientific Catalog #09-740-116](#)

HBSS (perfusion, rinse, priming solution), M199 (wash solution) and EMEM (dilution solution)

1

A	B	C	D	E
<b>Hank's Balanced Salt Solution - HBSS (perfusion, rinse, priming solutions) (10L)</b>				
Reagent	Concentration	Weight/Volume	Supplier	Catalogue #
HBSS Powder	9.51 g/L	1 bottle	Mediatech/Corning	55-022-PB
CaCl <sub>2</sub> (anhydrous)	3.60 mM	4.0g	MP Biochemicals LLC	15350290
MgSO <sub>4</sub> (anhydrous)	0.81 mM	0.98g	VWR Life Science	97061-438
NaHCO <sub>3</sub>	4.2 mM	3.5g	Fisher Scientific	S233-500
HEPES	10mM	23.83g	Fisher Scientific	BP310-1
Penicillin/Streptomycin	100 U/ml penicillin 100 µg/ml streptomycin	50ml	Lonza	09-757F





A	B	C	D	E
<b>Medium 199 - M199 (Wash media) (10L)</b>				
Reagent	Concentration	Weight/volume	Supplier	Catalogue #
M199 powder	9.41g/L	1 bottle	Mediatech/Corning	90050PB
NaHCO <sub>3</sub>	26 mM	22.0g	Fisher Scientific	S233-500
HEPES	10 mM	23.83g	Fisher Scientific	BP310-1
Penicillin/Streptomycin	100 U/ml penicillin 100 µg/ml streptomycin	50ml	Lonza	09-757F

A	B	C	D	E
<b>Eagle Modified Minimal Essential Medium - EMEM (Dilution Media) (10L)</b>				
Reagent	Concentration	Weight/volume	Supplier	Catalogue #
EMEM powder	9.23g/L	1 bottle	Mediatech/Corning	90009BP
NaHCO <sub>3</sub>	26 mM	22.0g	Fisher Scientific	S233-500
HEPES	10 mM	23.83g	Fisher Scientific	BP310-1
Penicillin/Streptomycin	100 U/ml penicillin 100 µg/ml streptomycin	50ml	Lonza	09-757F


## Prepare and pH the HBSS, M199 and EMEM solutions

1. Prepare the HBSS, M199, and EMEM solutions outlined in step 1 of the Stock Media Preparation table using the following directions:
2. Dispense **9 L** of Milli-Q (18mΩ) water in to the carboy
3. Store overnight at **4 °C** to allow to come to temperature.
4. Using the stirrer add the media powder to the water and allow to go into solution.
5. Add the powdered supplements and Penicillin/Streptomycin to the appropriate media based on the above tables

and allow to stir into solution.





6. Stir the solution for  **00:30:00**
7. Store the prepared solution overnight at  **4 °C** to allow all powders to go into solution
8. Stir the solution for  **00:30:00**
9. Calibrate the pH meter using the pH control buffers
10. Adjust the pH level to  **7.4** using the NaOH and/or HCl solutions.
11. Bring to volume with the appropriate amount of Milli-Q water.

#### Filter sterilize the HBSS, M199 and EMEM solutions

- 3
  1. Sterile filter using the peristaltic pump, the tubing (silicon 25 gauge) and the capsule filter (Nylon Capsule filter 0.22µm membrane) into the appropriate sterilized media bottle.
  2. Store the filtered media at  **4 °C** until needed for supplementation prior to isolation.



#### Prepare, pH and filter sterilize the 1M Nicotinamide solution

4	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
	<b>Nicotinamide Solution - 1M (1L)</b>				
	<b>Reagent</b>	<b>Concentration</b>	<b>Weight/volume</b>	<b>Supplier</b>	<b>Catalogue #</b>
	Nicotinamide powder	1 M	122.12	Sigma Aldrich Canada Co	N0636
	HEPES	10 mM	2.383g	Fisher Scientific	BP310-1

- 5
  1. Dispense  **0.9 L** of Milli-Q water in to the carboy.
  2. Store overnight at  **4 °C** to allow to come to room temperature.
  3. Using the stirrer add the reagent powder into the water based on the table (Step 4) and allow to stir into solution.
  4. Stir the solution for  **00:30:00**
  5. Calibrate the pH meter using the pH control buffers
  6. Adjust the pH level to  **7.4** using the NaOH and/or HCl solutions
  7. Bring to volume (1L) with the appropriate amount of Milli-Q water.
  8. Filter sterilize using a bottle top filter (0.22µM) into a sterile 1L bottle.

#### Preparation and use of Dithizone stain in Islet Preparations.

##### 6 Preparation of dithizone

1. Weigh out  **0.2 g** of dithizone powder into a 50ml conical tube.
2. Add  **6 mL** of DMSO and mix until the powder is in solution.
3. Bring the resulting dithizone solution to 40ml total volume with HBSS and mix.

4. Transfer the dithizone solution to a 60cc syringe with a 0.45µm nylon filter.

#### Use

1. For every ml of islet suspension add an equal amount of the prepared dithizone solution must be added to the sample.
2. For visualization of staining add another **2 mL** of HBSS to dilute the stain and reduce the background colour.
3. Alternately, **100 µl** of islet suspension, **100 µl** dithizone and **200 µl** HBSS.

#### Preparation of working solutions to be done the day of isolation.

- 7 To prepare the working solution supplement each of the listed stock medias with the indicated supplements.

A	B	C	D	E	F	G	H
	Total volume per bottle	BSA 30%	HBSS	EMEM	M199	Nicotinamide (1M)	Betadine
	(ml)	(ml)	(ml)	(ml)	(ml)	(ml)	(ml)
<b>SOLUTION</b>							
<b>M199 (aliquot into 12 x 100ml)</b>	1172	160 (4.0%)	----	----	1000	12	----
<b>Dilution - make 3 bottles</b>	2020	----	----	2000	----	20	----
<b>Priming solution</b>	1000	----	1000	----	----	----	----
<b>Wash 1 - split into 2x 550ml</b>	1105	95 (2.5%)	----	----	1000	10	----
<b>Wash 2 - make 5 bottles</b>	1055	45 (1.125%)	----	----	1000	10	----
<b>Cannulation</b>	500	----	500	----	----	----	----
<b>Perfusion Solution</b>	350	----	350	----	----	----	----
<b>Decon 1</b>	300	----	250	----	----	----	50
<b>Decon 2</b>	250	----	250	----	----	----	----
<b>Decon 3</b>	250	----	250	----	----	----	----

Collection tubes for collection of tissue during the purification step.

A	B	C	D	E	F	G
<b>Gradient Collection tubes</b>						
<b>tube #</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>ml of wash 2 solution</b>	100	150	200	200	225	225
<b>tube #</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<b>ml of wash 2 solution</b>	225	225	225	225	225	150

## 8 Preparation of the human islet culture media

Prepare the culture media by supplementing CMRL by the following table. Following these additions to the culture media, filter sterilize the resulting solution through a 0.22  $\mu\text{m}$  Stericup Sterile Vacuum Filtration System.

A	B	C	D	E	F
	<b>CMRL 1066</b>	<b>Bovine serum albumin 30%</b>	<b>Insulin-Transferrin-Selenium (100x)</b>	<b>Gibco® GlutaMAX Supplement</b>	<b>Penicillin-Streptomycin Mixture</b>
	<b>(ml)</b>	<b>(ml)</b>	<b>(ml)</b>	<b>(ml)</b>	<b>(ml)</b>
<b>Culture media</b>	500	8.5	5	10	2.5

CMRL 1066 - Corning Catalogue # [15110CV](#)

Bovine Serum Albumin 30% v/v - Equitech Bio Inc. Catalogue # [BAL62](#)

Insulin-Transferrin-Selenium (100x) - Corning Catalogue # [25800CR](#)

Gibco® GlutaMAX™ Supplement (100x) - ThermoFisher catalogue # [35050061](#)

Penicillin-Streptomycin Mixture - Lonza Catalogue # [09-757F](#)