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**Protocol status:** Working We use this protocol and it's working

# Plasma procurement and processing

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### **ABSTRACT**

Purpose: This protocol is intended for use in the collection and storage of human plasma in a research setting. The protocol details the collection, processing, and long-term storage for downstream analysis alongside other tissues or samples of interest (i.e. follicular fluid, ovary).

#### **GUIDELINES**

Researchers will adhere to all safety and training protocols required by the institution (Northwestern Medicine/Northwestern University) including but not limited to:

- 1. Biosafety Certification
- 2. Bloodborne Pathogens Certification
- 3. Collaborative Institutional TrainingInitiative (CITI program)Certification

## **MATERIALS**

- BD Vacutainer PlasticBlood Collection Tubes with K<sub>2</sub>EDTA: Tube Stopper (FisherScientific, BD 36866 or equivalent).
- 2. Corning 2 mL InternalThreaded Polypropylene CryogenicVial, Self-Standing with Round Bottom(Fisher Scientific, 03-374-059 or equivalents).

#### Created: Jul 11, 2023

#### SAFETY WARNINGS

Last Modified: Jul 27, 2023

**PROTOCOL** integer ID: 84851

Keywords: human, blood,

plasma

Researchers will wear personal protective equipment when working with human specimens, including gloves, masks, and lab coats.

#### **ETHICS STATEMENT**

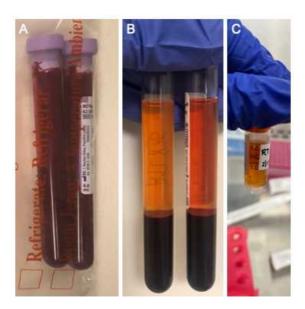
Human blood procurement and processing will adhere to the approved IRB protocol approved through NU (NU12G09) for collection of biofluids associated with study participants through Northwestern Medicine.

1 Blood samples in BD Vacutainer™ Plastic Blood Collection Tubes with K2EDTA with Tube Stopper (Fisher Scientific, 23-021-013) are collected in pre-op from nurses. Samples are kept upright and placed on ice immediately following collection. Research coordinator will bring both specimens to the lab on ice (2-4 °C). Samples should be transported in blue, labeled biohazard cooler bag (Fig. 1A, B).



**Fig. 1.** Typical blood/plasma collection. Whole blood samples are collected from clinical staff and then passed to research coordinator. Samples are brought to the lab on ice and kept at 2-4°C until processed (A, B).

Blood is centrifuged at 300 g for 10min at room temperature (RT). Images of blood samples before and after centrifugation are seen below (Fig. 2A, B). Plasma (translucent top layer) is then aliquoted into 2 mL cryovial tubes (Fig. 2C) and stored at -80°C.



**Fig. 2**. Whole blood is centrifuged at 300g for 10 minutes (A). Once the plasma is clearly separated, the aspirate is collected and aliquoted into 2 mL cryovials (B, C). Samples are kept cold throughout processing (2-4°C) and then stored at -80°C.