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## Induction of starvation stress

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### ABSTRACT

Induction of starvation stress using EBSS in HeLa cells

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**Protocol status:** Working  
We use this protocol and it's working

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## Day 1

- 1 Seed cells, aiming for a confluency of 90 – 100% at the time of treatment the next day.

## Day 2

- 2 Feed cells for 1 h in an appropriate volume of standard growth media.
- 3 Remove the media, and wash each well 3 times with an ample amount of room temperature PBS (eg. Wash with 3 mL of PBS per well of a 6 well plate).
- 4 After the third wash, add an appropriate volume of Earle's Balanced Salt Solution (EBSS) to each well/plate.
- 5 After 8 h of incubation in EBSS, harvest all samples for analysis.