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• Implementing a Health Curriculum for the Kupuna Class of Honolulu to Improve Health Literacy: An Evidence-Based Review

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ABSTRACT

The absence of specialized health education for seniors may lead to decreased health literacy, increased health risks, social isolation, and a strain on the healthcare system. Establishing a health education class could address these issues, improve health outcomes, and reduce preventable health problems. The review aims to assess the implementation of a health promotion program to improve the health literacy of elderly individuals.

This protocol follows PRISMA-P guidelines and is provided as an attachment.

ATTACHMENTS

Group 3_PRISMA-P.pdf

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Keywords: kupuna, elderly, health literacy