




JAN 22, 2024

## Trace Metals Solution

 In 1 collection

Adrien Assie<sup>1</sup>, Buck Samuel<sup>1</sup>

<sup>1</sup>Baylor College of Medicine

Samuel Lab



Adrien Assie

Baylor College of Medicine

OPEN  ACCESS



**External link:**

[http://www.wormbook.org/chapter/s/www\\_strainmaintain/strainmaintain.html](http://www.wormbook.org/chapter/s/www_strainmaintain/strainmaintain.html)

**Protocol Citation:** Adrien Assie, Buck Samuel 2024. Trace Metals Solution. **protocols.io**  
<https://protocols.io/view/trace-metals-solution-zy5f7y6>

**MANUSCRIPT CITATION:**

Lewis, J.A. and Fleming, J.T. (1995). In: Methods in cell biology, Vol. 48, H.F. Epstein and D.C. Shakes, eds. (San Diego: Academic Press), p. 3.

**License:** This is an open access protocol distributed under the terms of the [Creative Commons Attribution License](#), which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited

**Protocol status:** Working

### DISCLAIMER

We are not the author of this protocol. It was first described in Lewis and Fleming (1995). Protocol inspired from the one available on the Wormbook website.

### ABSTRACT

Large quantities of *C. elegans* can be grown in a liquid medium. Liquid cultures of *C. elegans* are usually grown on S Medium using concentrated *E. coli* OP50 as a food source. This is the Trace Metals solution recipe to complement the S complete medium solution.

### GUIDELINES

Store in dark or light protected bottle

**Created:** Apr 10, 2019

**Last Modified:** Jan 22, 2024

**PROTOCOL integer ID:** 22269

**Keywords:** C. elegans, S  
medium, liquid culture

- 1 Start with  700 mL water
- 2  10 mL of \*500 mM EDTA, pH 8.0 or  1.86 g Na2EDTA.2H2O (5 mM)
- 3  0.69 g FeSO4 · 7H2O (2.5 mM)
- 4  0.20 g MnCl2 · 4H2O (1 mM)
- 5  0.29 g ZnSO4 · 7H2O (1 mM)
- 6  0.016 g CuSO4 (0.1 mM)
- 7 Adjust to  1000 mL water

8 Autoclave and store in the dark