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PARENTING AND SELF CRITICISM AMONG OFFSPRING: A SYSTEMATIC REVIEW

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DISCLAIMER

N/A

ABSTRACT

Background: Self-criticism is the drill of negative self-appraisal and a tendency in which the individual reacts critically towards the self and points out one's own beliefs, actions, and thoughts that make them more dysfunctional. Researches supported that parenting is one of the perspectives which make an individual self-critical. Parents as primary caregivers significantly influence children's lifestyles. Such as humble, well-being, distress, and self-criticism. We conducted a systematic review to evaluate the relationship between parenting and self-criticism.

Methods: Scopus, Web of Science, Google Scholar, MEDLINE, Science Direct, PsycINFO, PubMed, and OvidSP databases were searched that consisting literature published around 2003 to 2019. The researcher explored the data between June to September 2021.

Result: A total of 40 articles were identified from electronic databases. Based on abstracts

and titles, ten papers were excluded from this review. Furthermore, 25 articles were excluded after assessing full text for not meeting inclusion criteria, and we included 11 relevant articles.

Conclusion: It is concluded that almost all studies revealed a strong relationship between parenting and self-criticism. Parenting affects the level of self-criticism as well as parental rejection is a more significant factor in intense Self-criticism.

Keywords:

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SAFETY WARNINGS

None

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N/A

BEFORE STARTING

Before June 2021

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