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© ELISA for quantification of granulocyte-macrophage colony-stimulating factor (GM-CSF) in human serum or plasma.

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ABSTRACT

The granulocyte-macrophage colony-stimulating factor (GM-CSF) was initially classified as a hematopoietic growth factor. Instead, in inflammation, GM-CSF serves as a network of communication between tissue-invading lymphocytes and myeloid cells. Even though lymphocytes are in all likelihood the instigators of chronic inflammatory disease, GM-CSF-activated phagocytes are equipped to cause tissue damage [1].

Reference

1. Becher B, Tugues S, Greter M. GM-CSF: From Growth Factor to Central Mediator of Tissue Inflammation. Immunity. 2016;45(5):963-973. doi:10.1016/j.immuni.2016.10.026

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- 1 An anti-human GM-CSF coating antibody is adsorbed onto the microwells by incubation overnight at 4°C with carbonate-bicarbonate buffer.
- 2 Add 50 µl of human serum or plasma. Human GM-CSF present in the serum or plasma binds to antibodies adsorbed into the microwells.

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3	The microplate is blocked with 3% non-fat milk-PBS buffer and later wash to remove unbound proteins.
4	Fifty (50) µl of biotin-conjugated anti-GM-CSF antibody is added. The optimal dilution must be investigated.
5	The microplate is rewashed with PBS-Tween 20 buffer, pH 7.4.
6	One hundred μI of streptavidin-HRP conjugate is added and it binds to the biotin-conjugated anti-GM-CSF antibody. The optimal dilution of this conjugate must be investigated.
7	The plate is washed following incubation to remove the unbound Streptavidin-HRP.
8	Add 100 μl of 3',3',5',5'- tetramethylbenzidine (TMB; Sigma-Aldrich) into each well.
9	Incubate the microwells in the dark for 20 min.
10	A colored product is formed in proportion to the quantity of GM-CSF present in the sample or standard.
I0 I1	A colored product is formed in proportion to the quantity of GM-CSF present in the sample or standard. The reaction is terminated by addition of 100 μ l 3M H2SO4 and the absorbance is measured at 450 nm.
11	The reaction is terminated by addition of 100 μ l 3M H2SO4 and the absorbance is measured at 450 nm. A standard curve is made from 7 human GM-CSF standard dilutions and the human GM-CSF sample concentration is