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# Human Brain Vascular Pericytes (HBVP) Fixation and Staining

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## ABSTRACT

This protocol is suitable for the fixation and staining of cultured Human Brain Vascular Pericytes (HBVP).

## PROTOCOL CITATION

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**protocols.io**  
<https://protocols.io/view/human-brain-vascular-pericytes-hbvp-fixation-and-s-br2am8ae>

## KEYWORDS

cell culture, Human Brain Vascular Pericytes (HBVP), cell fixation, cell staining, cell immunohistochemistry , neuroscience

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## IMAGE ATTRIBUTION

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## GUIDELINES

Please read the whole protocol before starting the procedure.

## MATERIALS TEXT

### 2% Paraformaldehyde (PFA)

Preparation:

- For **1 L** of **2% Paraformaldehyde (PFA)**, place **800 mL** of **1X PBS (Phosphate-buffered saline)** **Contributed by users** in a glass beaker on a stir plate in a ventilated hood.  
Heat while stirring to approximately 60 °C. **Avoid boiling.**
- Add **20 g** of paraformaldehyde powder to the heated solution.
- The powder will not immediately dissolve into the solution. Slowly raise the pH by adding **1M 1 Molarity (M) NaOH** dropwise from a pipette until the solution clears.
- Once the paraformaldehyde is dissolved, the solution should be **cooled and filtered**.

- Adjust the volume **1 L** with **1X PBS (Phosphate-buffered saline)** Contributed by users
- Recheck the pH, and adjust it with small amounts of **HCl (1ML)** to **pH7.2**
- The solution can be aliquoted and frozen or stored at **4 °C** for up to one month.

#### Dulbecco's phosphate-buffered saline (DPBS)

**1X Dulbeccos phosphate-buffered saline (DPBS)** Gibco - Thermo

**Fischer Catalog #14190144**

#### Blocking-Permeabilization buffer

**1X PBS (Phosphate-buffered saline)** Contributed by users

**0.1 % (v/v)** **Triton-X100** Contributed by users

**Tween 20** Bio-rad

**0.05 % (v/v)** **Laboratories Catalog #170-6606-MSDS**

**Glycine** Sigma –

**0.3 Molarity (M)** **Aldrich Catalog #G8898**

#### Primary antibody buffer

**1X PBS (Phosphate-buffered saline)** Contributed by users

**Tween 20** Bio-rad

**0.1 % (v/v)** **Laboratories Catalog #170-6606-MSDS**

**Normal Goat Serum** Gibco - Thermo

**5 % (v/v)** **Fischer Catalog #LSPCN5000**

or

**Donkey Serum** Emd

**Millipore Catalog #S30-100ML**

depending on your secondary antibody species.

#### Secondary antibody buffer

**1X PBS (Phosphate-buffered saline)** Contributed by users

**Normal Goat Serum** Gibco - Thermo

**1 % (v/v)** **Fischer Catalog #LSPCN5000**

or

**Donkey Serum** Emd

**Millipore Catalog #S30-100ML**

#### SAFETY WARNINGS

**Paraformaldehyde** (PFA) is a highly toxic substance. Manipulation should be performed carefully and according to security measurements.

#### DISCLAIMER:


This protocol was adapted by Daniel Manrique-Castano, based on experimental procedures performed at the Laboratory of Neurovascular Interactions at Université Laval (<https://elalilab.com/>)

## BEFORE STARTING

It is recommended that all reagents are warmed at **37 °C** prior contact with cells. Exposure of cultured pericytes to cold reagents may result in cell damage or detachment from the plate.

### Cell fixation 37m

30m

1 

When cultured pericytes have reached the desired confluence on **Poly-D-Lysine** or **Matrigel-coated** glass coverslips, they can be fixed and prepared for staining. Before starting cell manipulation, warm **2% Paraformaldehyde (PFA)** at **37 °C** for **00:30:00**.

This procedure is unsuitable to perform RNA or protein extraction.

2 To avoid cell damage by the abrupt change between the culture media's and the fixation solution's osmolarity, add <sup>7m</sup> **500 µl** of **2% PFA** during **00:02:00**. After, suction the medium and incubate the cells with **500 µl** of **2% PFA** during **00:05:00** at **Room temperature**.

When adding substrates, pipette on the lateral walls of each well and not directly on top of the cells to avoid cell detachment or damage.

3 Under the microscope, verify cell adherence to the glass coverslips

4 

Aspirate **PFA**, and Rinse three times with **DPBS** to remove fixative residuals.

5 Keep cells in **1 mL** **DPBS** at **4 °C** until staining.

### Cell staining 1h 25m

6 Recover cells from **4 °C** and aspirate the **DPBS**.

7 To permeabilize and block for unspecific staining, incubate the cells in **500 µl** of **Blocking-Permeabilization buffer** (see materials) for **00:15:00** at **Room temperature** <sup>15m</sup>

8 

Aspirate the Blocking-permeabilization solution, and incubate the cells in **primary antibody buffer** containing diluted **primary antibodies** 🕒 **Overnight** at 🌡 **4 °C** .

- 9 When incubation time is finished, wash the cells 3 times with **PBS**, 🕒 **00:05:00** each. 5m
- 10 Suction PBS, and incubate the cells with **secondary antibody buffer** containing diluted **secondary antibodies**<sup>1h</sup> 🕒 **01:00:00** at 🌡 **Room temperature** .
- 11 Subsequently, wash the cells 3 times with **PBS**, 🕒 **00:05:00** each. 5m
- 12 Finally, carefully detach the glass coverslip from the wheel plate using forceps, and place the cell surface facing a glass slide containing a small drop of [🔗 Fluoromount-G Electron Microscopy](#) **Sciences Catalog #17984-25** mounting media.
- 13 Left the mounting dry at 🌡 **Room temperature** , and store the samples at 🌡 **4 °C** for further imaging.