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protocol Animal-Assisted Therapy

Mohammad Tahan¹¹Young Researchers and Elite Club, Birjand Branch, Islamic Azad University, Birjand, Iran.

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Young Researchers and Elite Club, Birjand Branch, Islamic Az...

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Human-animal interactions are considered as being valuable and beneficial for the psychological health. Recently Animal-Assisted Therapy (AAT) has been included for client-therapist interaction.

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Animal-Assisted Therapy

1w 1d 12h

- 1 Session one Introduction, briefing, primary assessing and introduction to the course 1d 1h 30m
- 2 Session two Giving an introduction about animals and their specific characteristics 1d 1h 30m
- 3 Session three Taking children to the place that animals were kept 1d 1h 30m
- 4 Session four Spending time in the place that animals were kept, talking about them and how to communicate with them 1d 1h 30m
- 5 Session five Convincing children to come closer and touch and pet them 1d 1h 30m
- 6 Session six Playing with animal and feeding them 1d 1h 30m
- 7 Session seven Participation in activities like washing and feeding the animals 1d 1h 30m

8 Session eight Summarizing, giving feedback, and post-test

1d 1h 30m