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Quantification of Isolated Circulating MicroRNAs using Qiagen LNA Panels

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protocol .



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A protocol for quantification of circulating microRNA using the Qiagen LNA Low Density Array MicroRNAs isolated from platelet-poor plasma. During the purification step samples are spiked with cel-miR-39 as a mean of technical normalization. Post-collected normalization is performed using the 'Global Mean Normalization' methodology.

Dakota Gustafson 2022. Quantification of Isolated Circulating MicroRNAs using Qiagen LNA Panels. **protocols.io**

<https://protocols.io/view/quantification-of-isolated-circulating-micrnas-u-b4huqt6w>



MicroRNA, Circulating, PCR, Qiagen, LNA, Quantification, Normalization

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This protocol is for use with the miRCURY SYBR® Green PCR Kit (cat. nos. 339345, 339346, 339347) on any real-time PCR cycler. This protocol is used for conducting real-time PCR using the following PCR panels in 96- or 384-well format. This protocol is optimized for detection of miRNA targets with any real-time cycler and conditions for fluorescence normalization. The amount of required ROX dye varies, depending on the instrument used.

- [5x miRCURY RT SYBR® Green Reaction](#)
- [Buffer Qiagen Catalog #339340](#) Step 2
- [10x miRCURY RT Enzyme](#)
- [Mix Qiagen Catalog #339340](#) Step 2
- [UniSp6 RNA Spike-in Template dried down](#)
- [Qiagen Catalog #339340](#) Step 2
- [Nuclease-Free Water](#) **Contributed by users** In 2 steps
- [2x miRCURY SYBR® Green PCR Master Mix](#)
- [Qiagen Catalog #339346](#) Step 7
- [SYBR Green PCR](#)
- [Buffer Qiagen Catalog #339346](#) Step 7
- [ROX™ Reference](#)
- [Dye Qiagen Catalog #339346](#) Step 7
- [miRCURY LNA miRNA Panels](#) **Qiagen** Step 7

Thaw reagents on ice prior to beginning experiment.

Reverse Transcription 1h 5m

- 1 Dilute each template RNA sample to 5 ng/μl using nuclease-free water.

- 2 Prepare the reverse transcription master mix using:
 - [5x miRCURY RT SYBR® Green Reaction](#)
 - [Buffer Qiagen Catalog #339340](#)
 - [10x miRCURY RT Enzyme](#)
 - [Mix Qiagen Catalog #339340](#)
 - [UniSp6 RNA Spike-in Template dried down](#)
 - [Qiagen Catalog #339340](#)
 - [Nuclease-Free Water](#) **Contributed by users** .

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| Component | miRNA PCR Assay | miRNome PCR Panels : Human, Mouse & Rat (Panel I) | miRNome PCR Panels : Human, Mouse & Rat (Panel I+II) | Focus PCR Panel: Cancer (1 x 96 assays) | Custom PCR Panel: ≤192 miRNAs analyzed per sample | Custom PCR Panel: 193–384 miRNAs analyzed per sample |
|---|-----------------|---|--|---|---|--|
| 5x miRCURY SYBR® Green RT Reaction Buffer | 2 µl | 4 µl | 8 µl | 2 µl | 2 µl | 4 µl |
| RNase-free water | 4.5 µl | 9 µl | 18 µl | 4.5 µl | 4.5 µl | 9 µl |
| 10x miRCURY RT Enzyme Mix | 1 µl | 2 µl | 4 µl | 1 µl | 1 µl | 2 µl |
| UniSp6 RNA spike-in (optional) | 0.5 µl | 1 µl | 2 µl | 0.5 µl | 0.5 µl | 1 µl |
| Template RNA (5 ng/µl) | 2 µl | 4 µl | 8 µl | 2 µl | 2 µl | 4 µl |
| Total reaction volume | 10 µl* | 20 µl* | 40 µl* | 10 µl* | 10 µl* | 20 µl* |

* All volumes refer to corresponding PCR reaction volumes of 10 µl. For the Rotor-Disc 100, a reaction volume of 20 µl is recommended, double the amount of all reagents in the Reverse Transcription setup.

4 Incubate for **01:00:00** at **42 °C** , then **00:05:00** at **95 °C** , and immediately cool ^{1h 5m} to **4 °C** .

5 6. Place the reverse-transcription reactions on ice and proceed directly with real-time PCR. Follow the recommendations for proper cDNA dilution provided in the protocol for the PCR Assay or Panel to be used.

Note: If you do not plan to use the cDNA immediately, store it undiluted at 2–8°C for up to 4 days or at –30 to –15°C for up to 5 weeks. We recommend storing synthesized cDNA in low-nucleic acid binding tubes or plates.

Quantitative, Real-Time PCR Using miRCURY LNA miRNA Custom PCR Panels

6 Dilute the cDNA 1:80 according to the table immediately before use. We do not recommend storing this 1:80 dilution of cDNA.

| | Custom PCR panel configuration | Suggested cDNA dilution for each sample, 1:80 (cDNA + nuclease-free water, μ l) | Volume of 1:80 diluted cDNA needed for each sample on a custom PCR panel plate |
|-----|--------------------------------|---|--|
| 96 | 12 x 8 (12 samples) | 2 + 158 | 32 μ l |
| 96 | 8 x 12 (8 samples) | 2 + 158 | 48 μ l |
| 96 | 6 x 16 (6 samples) | 2 + 158 | 64 μ l |
| 96 | 4 x 24 (4 samples) | 2 + 158 | 96 μ l |
| 96 | 3 x 32 (3 samples) | 2 + 158 | 128 μ l |
| 96 | 2 x 48 (2 samples) | 3 + 237 | 192 μ l |
| 96 | 1 x 96 (1 sample) | 5 + 395 | 384 μ l |
| 384 | 48 x 8 (48 samples) | 2 + 158 | 32 μ l |
| 384 | 32 x 12 (32 samples) | 2 + 158 | 48 μ l |

7 Prepare the master reaction mix according to the table using:

 [Nuclease-Free Water](#) **Contributed by users** Step 2

 [2x miRCURY SYBR® Green PCR Master Mix](#)

Qiagen Catalog #339346

 [SYBR Green PCR](#)

Buffer Qiagen Catalog #339346

 [ROX™ Reference](#)

Dye Qiagen Catalog #339346

 [miRCURY LNA miRNA Panels](#) **Qiagen**

| Component | Volume per reaction | Volume Rotor-Disc 100 |
|--|------------------------------|-----------------------------|
| 2x miRCURY SYBR® Green Master Mix | 5 μ l | 10 μ l |
| ROX Reference Dye (ABI instruments only) | 0.5 μ l/0.05 μ l* | |
| cDNA template (diluted 1:80) | 4 μ l (diluted 1:80) | 8 μ l (diluted 1:80) |
| RNase-free water | 1 μ l* | 2 μ l |
| Total reaction volume | 10 μl† | 20 μl |

8 Vortex the reaction mix thoroughly and dispense 10 μ l per well into the PCR panel plate(s).

Note: The experiment can be paused at this point. Store the reactions protected from light at 2–8°C for up to 24 h.

Seal the plate. Carefully vortex it to dissolve the primers (optional). Briefly centrifuge the

9 plate(s) at room temperature. Wait 5 min while the primers dissolve in the reaction mix.

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Program the real-time cycler according to the table.

Note: Data acquisition should be performed during the annealing/extension step.

| Step | Time | Temperature | Ramp rate |
|------------------------------|-------|-------------|-------------------|
| PCR initial heat activation | 2 min | 95°C | Maximal/fast mode |
| 2-step cycling | | | |
| Denaturation | 10 s | 95°C | Maximal/fast mode |
| Combined annealing/extension | 60 s | 56°C | Maximal/fast mode |
| Number of cycles | 40* | | |
| Melting curve analysis | | 60–95°C | |

11 Perform the initial data analysis using the software supplied with your real-time PCR

12 Save data and export.

Data Analysis

13 Obtain raw C_q values (C_p or C_T, depending on PCR instrument) and verify the run quality (i.e., checking for values >35; depending on the threshold being used).

14 Perform data management according to Qiagen's website to facilitate import:

<https://geneglobe.qiagen.com/us/analyze>

15 Import data and conduct analysis appropriate to the method used (i.e., normalization to reference gene or global mean normalization), and explore downstream analysis.