



plasma preparation_test V.3

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Version 3

Aug 10, 2020

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Works for me

dx.doi.org/10.17504/protocols.io.irkcd4w

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ABSTRACT

This protocol describes how to prepare plasma from blood and is an experimental protocol.

ATTACHMENTS

[plasma preparation protocol.pdf](#)

DOI

dx.doi.org/10.17504/protocols.io.irkcd4w

PROTOCOL CITATION

Anneleen Decock 2020. plasma preparation_test. **protocols.io**
<https://dx.doi.org/10.17504/protocols.io.irkcd4w>

KEYWORDS

plasma preparation

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CREATED

Jul 03, 2017

LAST MODIFIED

Aug 10, 2020

PROTOCOL INTEGER ID

6668

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Blood draw

- 1
 - Note blood tube type
 - Note date and time point of blood collection; store tubes upright at room temperature until centrifugation
 - Note date and time point of arrival in lab
 - Note amount of blood that was collected
 - Take pictures of the tubes if needed

Centrifugation step 1: 20 min at 120 g (rcf)

- 2
 - Spin tubes for 20 min at 120 g (rcf) (without brake).
 - Pipette platelet-rich plasma (PRP) carefully into a new collection tube, leave ± 0.5 cm above the buffy coat (do not disturb the buffy coat)
 - Aliquot the PRP into cryovials, snap freeze in liquid nitrogen and store at -80°C (note time point in freezer), or continue to prepare platelet-poor plasma (PPP)

Centrifugation step 2: 15 min at 2500 g (rcf)

- 3
 - Spin the PRP for 15 min at 2500 g (rcf) (without brake) to obtain platelet-poor plasma (PPP)
 - Pipette PPP carefully into a new collection tube, leave ± 0.5 cm above pellet (do not disturb pellet)
 - *Optional: If platelets need to be collected, remove remaining volume above pellet and resuspend pellet in RNA-later (use approx. 5 x volume of pellet)*
 - Aliquot the PPP into cryovials, snap freeze in liquid nitrogen and store at -80°C (note time point in freezer), or continue to prepare platelet-poor plasma (PPP)

Centrifugation step 3: 15 min at 2500 g (rcf)

- 4
 - Spin the PPP for 15 min at 2500 g (rcf) (without brake) to obtain platelet-free plasma (PFP)
 - Pipette PFP carefully into a new collection tube, leave ± 0.5 cm above pellet (do not disturb pellet)
 - *Optional: If platelets need to be collected, remove remaining volume above pellet and resuspend pellet in RNA-later (use approx. 5 x volume of pellet)*
 - Aliquot the PFP into cryovials, snap freeze in liquid nitrogen and store at -80°C (note time point in freezer)