Pillowcase & rubber band DIY face mask 🔗

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| 1 | Works for me | dx.doi.org/10.17504/protocols.io.bemjjc4n |

Coronavirus Method Development Community

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ABSTRACT

Wearing a face mask helps stop the spread of the new coronavirus. This protocol describes a very simple way to make one at home using a cotton pillowcase, 2 rubber bands, and a minute of your time.
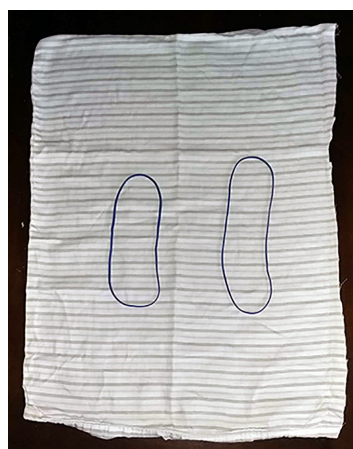
EXTERNAL LINK

https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html

BEFORE STARTING

Cut a cotton pillowcase into 4 ~equally sized pieces.

1   Start with a ~14 inch x ~20 inch (~36 cm x ~51 cm) pillowcase piece and 2 rubber bands.

2   Fold the fabric twice along the longer edge.

3   Insert both ends of the folded piece through a rubber band.

2 long twisted rubber bands as shown below were used above.

4   Fold both outer "flaps" back to the middle creating a total of 9 fabric protection layers.

Secure the mask behind your ears.

5   Wash the fabric by boiling it in salty water for 5 min after each use. Dry it thoroughly before using it again.