

HTAPP_TST- Nuclei isolation from frozen tissue V.2

Eugene Drokhlyansky^{1,2}, Nicholas Van Wittenberghe^{1,2}, Michal Slyper^{1,2}, Julia Waldman^{1,2}, Asa Segerstolpe^{1,2}, Orit Rozenblatt-Rosen^{1,2}, Aviv Regev^{1,2,3,4}

¹Broad Institute; ²Human Tumor Atlas Pilot Project; ³Massachusetts Institute of Technology; ⁴Howard Hughes Medical Institute

1 Works for me dx.doi.org/10.17504/protocols.io.bhbcj2iw

NCIHTAN

Judit Jane-Valbuena
The Broad Institute

ABSTRACT

This protocol describes a method based on work by [Drokhlyansky et al.](#) for nuclei isolation from frozen tissue. It can be used on both healthy and disease tissues and is compatible with droplet-based single-nucleus RNA-Seq technology [Slyper et al.](#)

This method is part of a toolbox for processing frozen tissue samples for single-nucleus RNA-Seq, including the TST (this protocol), CST and NST protocols (all available in [protocols.io](#)). We recommend users to test all three protocols on their tissue type of interest and perform side-by-side comparison of the data generated.

A description of the complete toolbox and guidance for testing and selecting methods from the toolbox for processing other tumors can be found in [Slyper et al.](#)

For the Human Tumor Atlas Pilot Project (HTAPP), the TST-nuclei isolation method was used to profile metastatic breast cancer, ovarian cancer, pediatric neuroblastoma and pediatric sarcoma frozen samples.

DOI

dx.doi.org/10.17504/protocols.io.bhbcj2iw

PROTOCOL CITATION

Eugene Drokhlyansky, Nicholas Van Wittenberghe, Michal Slyper, Julia Waldman, Asa Segerstolpe, Orit Rozenblatt-Rosen, Aviv Regev 2020. HTAPP_TST- Nuclei isolation from frozen tissue. **protocols.io**
dx.doi.org/10.17504/protocols.io.bhbcj2iw

KEYWORDS

Nuclei

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CREATED

Jun 09, 2020

LAST MODIFIED

Jul 16, 2020

PROTOCOL INTEGER ID

37956

GUIDELINES

Work quickly on ice and reduce the time nuclei stand as much as possible.
 Work gently when pipetting nuclei.
 Optimization might be required for the tissue and cell type of interest.
 Recommended sample size: range between ~10 mm x 1 mm to ~0.5 cm³

MATERIALS

NAME	CATALOG #	VENDOR
Costar® 6-Well Flat-Bottom Plate, Tissue Culture-Treated 50 Plates	38015	Stemcell Technologies
Magnesium chloride solution for molecular biology (1.00 M)	M1028	Sigma – Aldrich
Falcon® 5 mL Round Bottom Polystyrene Test Tube, with Cell Strainer Snap Cap	352235	Corning
5M NaCl solution	AM9759	Thermo Fisher Scientific
UltraPure 1M Tris-HCl Buffer pH 7.5	15567027	Thermo Fisher Scientific
CALCIUM CHLORIDE 1M STERILE	97062-820	Vwr
INCYTO C-Chip Neubauer Improved Disposable Hemacytometers	22-600-100	VWR international Ltd
Noyes Spring Scissors - Tungsten Carbide/Straight	15514-12	
Falcon™ Cell Strainers - Mesh size: 40um; blue	08-771-1	Thermo Fisher Scientific
UltraPure DNase/RNase-Free Distilled Water	10977023	Thermo Fisher Scientific
BSA molecular biology grade 20 mg/ml	B9000S	New England Biolabs
Tween 20	P7949	Sigma Aldrich

SAFETY WARNINGS

When working with human tissue, use a BL2 biosafety cabinet or fume hood to protect from splashing. Submerge used tools in 10% bleach immediately after use, followed by wash with DI water and 70% ethanol. Collect all liquid waste into 10% bleach and dispose down the drain carefully. All discarded tissue waste should be sealed inside a secondary waste container before being disposed into BL2 waste bins.

BEFORE STARTING

ST Buffer preparation:

Reagent	Reagent stock concentration	Reagent volume for 50ml 2X stock	Concentration (2X)	Final concentration (1X)
NaCl	5 M	2.92 ml	292 mM	146 mM
Tris	1 M	1 ml	20 mM	10 mM
CaCl ₂	1 M	100 µl	2 mM	1 mM
MgCl ₂	1 M	2.1 ml	42 mM	21 mM
H ₂ O	—	43.88 ml	—	—

2 ml TST (for 1 sample):

1 ml 2X ST
 10 µl BSA
 60 µl 1% Tween-20
 930 µl H₂O

1X ST (for 1 sample):

2 ml 2X ST
 2 ml H₂O

Set-up:

- Ice bucket

- 40 µm filter
- 50 ml conical tube
- 15 ml conical tube
- CST Buffer (2 ml per sample)
- 1X ST
- FACS tube (with 35 µm filter attached)
- Scissors, cleaned with 10% bleach and 70% ethanol
- Frozen tissue
- 6-well plate
- Centrifuge with swing bucket rotor pre-cooled to 4C

- 1 Place all buffers, tubes, and a 6-well plate on ice; pre-fill one well with 1 ml TST buffer. Keep tissue frozen (on dry ice) until beginning of processing.

1 mL TST

Note: If the sample is frozen in OCT, before starting the nuclei isolation protocol cut and discard as much of the frozen OCT surrounding the tissue using a razor and remove the remaining OCT by washing the sample in cold PBS in a 10 cm tissue culture dish (on ice). If needed, using forceps gently assist the removal of the remaining OCT. This should be done on wet ice and as quickly as possible. Quickly after proceed to Step 2.

If the sample, however, is an OCT tissue scroll, place the scroll in cold PBS in a tissue culture dish (on ice) and allow for the OCT to dissolve (this should only take a few seconds). Quickly after proceed to Step 2.

Nuclei isolation

- 2 Using forceps, place tissue in the pre-filled well of the 6-well plate on ice (containing the 1 ml of TST; Step 1) and chop tissue for 10 minutes in the buffer using spring scissors.

 00:10:00

 4 °C On ice

- 3 With a 1 ml pipette transfer the suspension from the 6-well plate to a 40 µm filter, and filter the entire volume into a 50 ml conical tube.

 4 °C on ice

Note: Some small pieces of tissue may be left after 10 minutes of chopping.

- 4 Wash the well with an additional 1 ml of TST buffer and then pass through the same filter.

 1 mL TST

 4 °C on ice

- 5 Wash filter with additional 3 ml of 1X ST buffer. Discard filter.

 3 mL ST 1X

- 6 Transfer total volume (~5 ml) from the 50 ml tube into a clean 15 ml conical tube.

 4 °C on ice

- 7 Centrifuge in a swinging bucket rotor for 5 minutes at 500 g at 4°C. Set stop break to 'soft'.

🌀 500 x g

🕒 00:05:00

🌡 4 °C

- 8 Carefully take the sample out of centrifuge, and place it on ice. Remove supernatant with a 1 ml pipette and discard .
- 9 Resuspend nuclei pellet in 1X ST buffer (determine the ST volume based on nuclei pellet size - usually around 100-150 µl 1X ST).
- Note:** The volume used for resuspension may vary between tissues and will depend on pellet size and nuclei concentration desired, usually 1000 nuclei / µl. It is better to resuspend initially in a small volume and dilute as needed to avoid an extra centrifugation step to concentrate the nuclei.
- 10 Using a P200 pipette, collect the nuclei suspension and place it on a 35 µm falcon cup filter. Filter the suspension into the 5 ml falcon tube.

Nuclei counting

- 11 Count nuclei using INCYTO C-Chip Neubauer Improved Disposable Hemacytometers and dilute if necessary. The recommended concentration is 1,000 nuclei/µl, but concentrations between 175 and 2,000 nuclei/µl are acceptable. 8,000-10,000 nuclei are typically loaded per channel of a 10x Genomics chip in a volume that should not exceed 43.2 µl for v3.1 chips.

Counting Instructions:

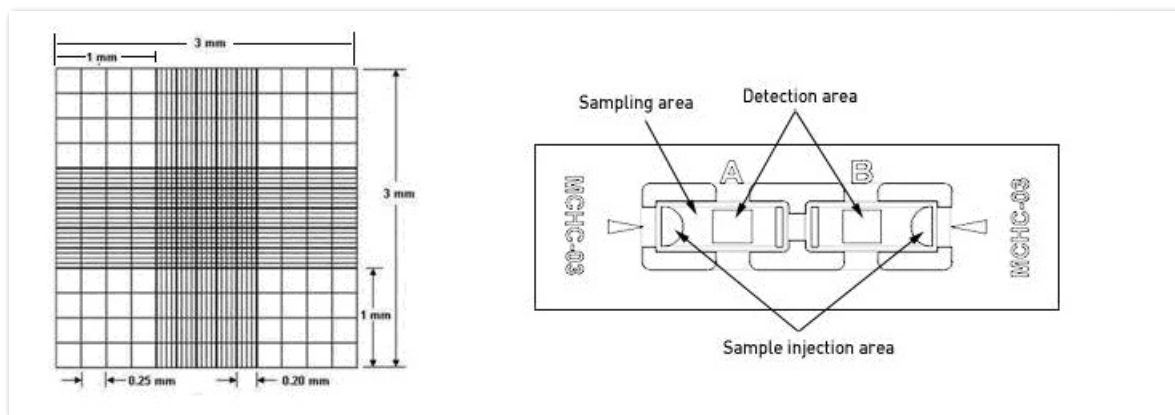
Load 10 µl of nuclei suspension onto a hemocytometer. Under a microscope, count nuclei that are within the hemocytometer grid (figure below). The full grid contains 9 squares, each of which is 1 mm². The thickness of liquid in the hemocytometer is 0.1 mm. Consequently, the volume above each of these squares is 0.1 µl and the concentration of nuclei can be calculated as:

$$\text{concentration in nuclei/}\mu\text{l} = \text{number of nuclei in } 1 \text{ mm}^2 \text{ square} \times 10$$

If the sample has been diluted before loading onto the hemocytometer, make sure to take this dilution into consideration when calculating the sample concentration. For a robust estimate of nuclei concentration, count at least 30 nuclei ideally located in different areas of the grid.

Alternatively, nuclei can be stained using DAPI and counted under a fluorescence microscope. In this case, mix 3.3 µl of nuclei suspension with 6.6 µl of DAPI (2.5 µg/µl stock in PBS), load on the hemocytometer, and count as described above. Taking into account the dilution with DAPI solution, the nuclei concentration can be calculated as:

$$\text{concentration in nuclei/}\mu\text{l} = \text{number of nuclei in } 1 \text{ mm}^2 \text{ square} \times 10 \times 3$$



10x loading

- 12 Load sample on 10x (recommended to load between 8,000-10,000 nuclei per 10x channel).