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© PBMC- 04 - In vitro Culture of TEFF+TREG - Proliferation of TEFF V.2

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ABSTRACT

List of published work using this procedure:

Kustrimovic, N., Comi, C., Magistrelli, L., Rasini, E., Legnaro, M., Bombelli, R., Aleksic, I., Blandini, F., Minafra, B., Riboldazzi, G., Sturchio, A., Mauri, M., Bono, G., Marino, F., & Cosentino, M. (2018). Parkinson's disease patients have a complex phenotypic and functional Th1 bias: cross-sectional studies of CD4+ Th1/Th2/T17 and Treg in drug-naïve and drug-treated patients. Journal of neuroinflammation, 15(1), 205. https://doi.org/10.1186/s12974-018-1248-8

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GUIDELINES

Work under laminar flow hood when you are processing samples, from the beginning to the end of the following procedure.

MATERIALS TEXT
MATERIALS
★ Fetal Bovine Serum
(FBS) EuroClone Catalog #ECS0180L-500 ml
⊗ RPMI
1640 EuroClone Catalog #ECM 0495L- 500 ml
⊗ CPD-eFluor670 - 500
μg eBioscience Catalog #65 0840 85
⊠ L-Glutamine 100X -
100mL EuroClone Catalog #ECB3000D
Aldrich Catalog #L8902-25 mg
⊠ Human Interleukin 2 lyophilized powder research grade Miltenyi
Biotec Catalog #130-097-742
Instrumentation needed:
Sterile plastic disposables Laminar Flow Hood
Humidified 37°C, 5% CO ₂ incubator
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Isolate TEFF and TREG with Miltenyi Kit according to the protocol PBMC- 03.
Count both TEFF and TREG following the appropriate protocol (CELL COUNT- 02, or CELL COUNT- 03). Leave TREG cells in their SOLUTION- 13 and proceed with TEFF cells.
SOLUTION- 13 - Complete culture medium by Farmacologia Medica
Stain TEFF with CPD according to the appropriate protocol.

1

2

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It is necessary to have an initial number of TEFF of at least 1x10⁶ for staining.

Include in your experiment also **TEFF cells unlabeled with CPD**, as fluorescent background control for FACS analysis (see the appropriate protocol in flow cytometry).

4 Use sterile 96-well round bottom plates.

These plates can contain a volume of maximum 250µL

5 Centrifuge TEFF and TREG at **31200 x g, Room temperature**, **00:05:00**

Allegra AVANTI 30 Centrifuge

Beckman Coulter Beckman Italy

6 Resuspend TEFF (CPD stained and unstained) and TREG in SOLUTION- 13 at a concentration of 1x10⁶/mL.



- According to the experimental design, activate a desired number of wells containing TEFF cells (CPD stained and unstained) with PHA 5μg/ml (final concentration) and IL-2 40 ng/mL (final concentration) by diluting the stock aliquots. Leave also wells of TEFF (CPD stained an dunstained) unstimulated (resting control).
- Put TEFF-CPD labeled cells and TREG cells in the 96-well plate at a ratio of 1:1 (for example, 0.1x10⁶TEFF+0.1x10⁶TREG) and activate the cells il the well directly (see step 7 for concentrations): include 1 control co-culture (not treated with test substance) and treated co-cultures (+test substance) according to your experimental design.

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9	Include also a culture of $resting$ and $activated$ TEFF alone stained and unstained CPD (for example $0.2x10^6$ cells per well), as control for the subsequent flow cytometric analysis.
10	Put the plate in a 37°C incubator for 120 hours.
11	At the end of cell culture, collect the cells in BD tubes and centrifuge them at 1200 x g, Room temperature , 00:05:00
	Allegra AVANTI 30 Centrifuge Beckman Coulter Beckman Italy

12 Proceed with the FACS protocol for TEFF+TREG proliferation.