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(Immunofluorescence for Primary Brain Cell Cultures

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ABSTRACT

Here we describe a protocol to detect specific proteins by immunofluorescence on cells cultured as monolayers. The protocol has been tested on primary cortical neurons and primary astrocytes isolated from mouse cortical tissues.

GUIDELINES

This protocol has been tested for primary astrocytes and cortical neurons cultured in 4- or 8-well chambers slides.

For astrocytes, coat slides with Poly-D, L-lysine hydrobromide (PDLL) (Sigma #P9011) of 1 hour at 37C and then wash twice with H2O.

For cortical neurons, coat with Poly-I-ornithine: Cat. #: P3655, Sigma and Laminin: Cat. #: L2020, Sigma for 2 hours at 37C. Perform 2 quick rinses with 1X PBS. Do not let the slides dry. Keep the slides well submerged in 1X PBS at RT until plating. Aspirate PBS and perform 2 quick rinses with ddH2O right before plating.

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Protocol status: Working We use this protocol and it's working

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Keywords: immunostaining, immunofluorescence, antibody,

immunocytochemistry

MATERIALS

A	В	С
Name	Company	Catalog
Prolong Glass antifade Mountant	Thermo Fisher Scientific	P36984
Formaldehyd e 16%	Thermo Fisher Scientific	28906

A	В	С
Superblocking Buffer 100%	Thermo Fisher Scientific	37515
Tween-20	Millipore Sigma	P1379
Triton X-100	Millipore Sigma	T9284
Hoechst	Thermo Fisher Scientific	H3570
Poly-l- ornithine:	Millipore Sigma	P3655
Laminin	Millipore Sigma	L2020
Poly-D, L- lysine hydrobromide (PDLL)	Millipore Sigma	P9011
Millicell EZ SLIDE 4-well glass, sterile	Millipore Sigma	PEZGS0416
Slip-Rite Cover Glass	Thermo Fisher Scientific	152250

BUFFERS:

-Coating buffer in PBS Poly-D, L-lysine hydrobromide (PDLL) (Sigma #P9011) Dissolve 5mg in 500ml PBS (0.01mg/ml)

Poly-l-ornithine: 20mg/mL; For usage, dilute to 20μg/mL in ddH2O (1:1000) Laminin: 1mg/mL; For usage, dilute to 5μg/mL in ddH2O (1:200)

- -Fixation buffer
- 4% Formaldehyde in PBS
- Permeabilization Buffer 0.3% Triton X-100 in PBS
- -Antibody hybridization buffer in PBS 10% Superblocking buffer 0.1% Tween-20
- -Nuclear staining buffer Hoechst 33342 1mg/ml solution in water

	Day 1: Fixation, Permeabilization, Blocking, Primary Antibo
1	Fixation. Aspirate culture media and wash once with ice-cold 1X PBS. Add 4% Formaldehyde fixation buffer. Incubate at room temperature (RT) for 15 min. Use an orbital shaker using low speed.
2	Wash 3 times with ice-cold PBS. Incubate for 5 min on the orbital shaker at RT Wash 1 \square Wash 2 \square Wash 3 \square
3	Permeabilization: Add 500uL of 0.3% Triton in PBS per well (for 8-wells, reduce to 250uL), incubate at RT 5 min on the orbital shaker
4	3X Washes: Ice-cold PBS for 5 min (Incubate at RT, Orbital shaker) Wash 1 □ Wash 2 □ Wash 3 □

- 5 Blocking: Add 600uL of 100% Superblocking Buffer. Incubate at RT for 1h with orbital shaker 6 Primary antibody hybridization: Dilute antibody in antibody hybridization buffer. Incubate o/n at 4°C or 1 hour at RT using an orbital shaker Suggested volumes: 600μ L/well for 4-wells & 300μ L/well for 8-wells Day 2: Secondary antibody 7 Remove Primary Ab hybridization buffer. Antibodies can be stored at 4C and re-used. 8 3X Washes: Ice-cold PBS for 5 min (Incubate at RT, Orbital shaker) Wash 1 □ Wash 2 □ Wash 3 □ 9 Secondary antibody hybridization: Dilute secondary antibody in antibody hybridization buffer. Incubate at RT for 1 hr using an orbital shaker. Suggested volumes: 500µL per well for a 4-well slide Secondary antibodies are coupled with fluorophores. Perform these steps in the dark using dark chambers 10 3X Washes: Ice-cold PBS for 5 min (Incubate at RT, Orbital shaker) Wash 1 □ Wash 2 □ Wash 3 □ 11 Stain every well with Hoechst 33342 diluted 1:1000 in PBS. Incubate at RT for 3 min on an orbital shaker
- 3X Washes: Ice-cold PBS for 5 min (Incubate at RT, Orbital shaker)

Wash 1 ☐ Wash 2 ☐ Wash 3 ☐

Day 2: Slides Mounting

30m

- Remove silicone gaskets from the glass slides. With a Kimwipe, remove the excess of PBS without touching the surface with the cells
- Spread ~200uL of Prolong Glass antifade mounting medium across the whole slide. Slowly cover the glass slide with a glass coverslip and avoid making air bubbles. Seal the coverslip to the slide with clear nail polish
- Let the slides dry for 24 hr at RT in the dark before the fluorescent microscopy analysis image. For long-term storage, keep the slides at 4°C in dark chambers.