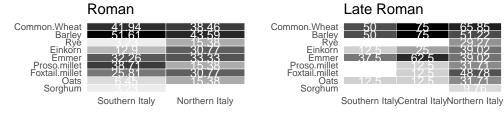
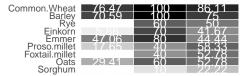
## Cereals

Ubiquity (%), plotted by macroregion and chronology.

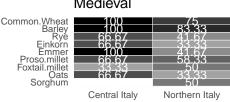


## Early Medieval



Southern ItalyCentral ItalyNorthern Italy

## Medieval



Note: Data was too scarce for Roman Central Italy and Medieval Southern Italy.