

Cereals

Ubiquity (%), plotted by macroregion and chronology.

Roman

Common.Wheat	41.94	38.46
Barley	51.61	43.59
Rye	3.23	15.38
Einkorn	12.9	30.77
Emmer	32.26	33.33
Proso.millet	38.71	15.38
Foxtail.millet	25.81	30.77
Oats	6.45	15.38
Sorghum	3.23	
	Southern Italy	Northern Italy

Late Roman

Common.Wheat	50	75	65.85
Barley	50	75	51.22
Rye			29.27
Einkorn	12.5	25	39.02
Emmer	37.5	62.5	39.02
Proso.millet		12.5	31.71
Foxtail.millet		12.5	48.78
Oats	12.5	12.5	31.71
Sorghum			9.76
	Southern Italy	Central Italy	Northern Italy

Early Medieval

Common.Wheat	76.47	100	86.11
Barley	70.59	100	75
Rye		60	50
Einkorn	5.88	70	41.67
Emmer	47.06	80	44.44
Proso.millet	17.65	40	58.33
Foxtail.millet		40	52.78
Oats	29.41	60	52.78
Sorghum		10	22.22
	Southern Italy	Central Italy	Northern Italy

Medieval

Common.Wheat	100	75
Barley	100	83.33
Rye	66.67	41.67
Einkorn	66.67	33.33
Emmer	100	41.67
Proso.millet	66.67	58.33
Foxtail.millet	33.33	50
Oats	66.67	33.33
Sorghum		50
	Central Italy	Northern Italy

Note: Data was too scarce for Roman Central Italy and Medieval Southern Italy.