Difference between morphology NMA estimated relative effect compared to placebo and ranks  Ranks in italics, and bold diagonal is relative effect and rank compared to placebo																						
Intervention	antioxidants	coenzyme q10	folic acid	herb/mineral supplement	I-carnitine/I- acetylcarnitine	I- carnitine+cinno	magnesium	micronutrient supplement	n-acetyl cysteine	nigella sativa seed oil	omega-3 fatty acids	prelox	saffron	selenium supplements	vitamin c/e	vitamin d3	vitamin d3 + calcium	vitamin e	vitamin/minera	walnuts	zinc/zinc + folic acid	placebo/no treatment
antioxidants	1.79 (-2.3, 6.16) 11 (4, 20)	-2.08 (-2.1, -2.31) 4 (2, 2)	-2.01 (-2.29, -2.09) 4 (2, 2)	-2.32 (-8.09, 3.17) 4 (-1, 2)	0.59 (1.84, -0.93) -1 (0, -3)	9.21 (8.47, 9.57) -9 (-3, -16)	7.67 (-0.08, 15.17) -7 (-3, 0)	0.52 (-2.22, 2.76) -1 (-1, 1)	-0.2 (-3.54, 2.87) 1 (-1, 2)	7.86 (2.42, 12.93) -7 (-3, -5)	-0.34 (1.09, -2.04) 1 (1, -1)	3.37 (-0.33, 6.7) -4 (-3, 0)	-1.5 (-4.7, 1.39) 3 (-1, 2)	-0.12 (-2.69, 2.24) 1 (-1, 1)	-1.08 (-1.28, -1.13) 2 (1, 1)	-2.08 (-3.94, -0.66) 4 (1, 2)	-2.37 (-5.73, 0.79) 4 (0, 2)	-1.47 (-5.92, 2.7) 3 (-1, 2)	-0.45 (-5.76, 4.69) 1 (-2, 2)	-1.15 (-6.57, 4.41) 2 (-2, 2)	-1.73 (-1.11, -2.54) 4 (2, 1)	NA 4 (7, -1)
coenzyme q10	2.08 (2.1, 2.31) -4 (-2, -2)	-0.29 (-4.4, 3.85) 15 (6, 22)	0.08 (-0.19, 0.22) 0 (0, 0)	-0.24 (-5.99, 5.47) -1 (-3, 0)	2.67 (3.93, 1.38) -6 (-2, -5)	11.29 (10.57, 11.88) -13 (-5, -18)	9.75 (2.01, 17.48) -11 (-5, -2)	2.61 (-0.12, 5.07) -5 (-3, -1)	1.88 (-1.44, 5.17) -4 (-3, 0)	9.94 (4.52, 15.24) -12 (-5, -7)	1.74 (3.18, 0.27) -4 (-1, -3)	5.45 (1.77, 9.01) -9 (-5, -2)	0.58 (-2.61, 3.7) -2 (-3, 0)	1.96 (-0.59, 4.54) -4 (-3, -1)	1 (0.82, 1.18) -2 (-1, -1)	0 (-1.85, 1.65) 0 (-1, 0)	-0.28 (-3.64, 3.1) 0 (-2, 0)	0.61 (-3.83, 5) -2 (-3, 0)	1.63 (-3.66, 7) -3 (-4, 0)	0.93 (-4.48, 6.72) -2 (-4, 0)	0.35 (0.99, -0.23) -1 (0, -1)	NA 0 (5, -3)
folic acid	2.01 (2.29, 2.09) -4 (-2, -2)	-0.08 (0.19, -0.22) 0 (0, 0)	-0.22 (-4.59, 4.07) 15 (6, 22)	-0.32 (-5.8, 5.25) 0 (-3, 0)	2.59 (4.13, 1.16) -6 (-2, -5)	11.22 (10.76, 11.65) -13 (-5, -18)	9.67 (2.21, 17.26) -11 (-5, -2)	2.53 (0.07, 4.85) -5 (-3, -1)	1.81 (-1.25, 4.95) -3 (-3, 0)	9.86 (4.71, 15.02) -12 (-5, -7)	1.67 (3.38, 0.05) -4 (-1, -3)	5.38 (1.96, 8.79) -8 (-5, -2)	0.51 (-2.41, 3.47) -1 (-3, 0)	1.89 (-0.4, 4.32) -4 (-3, -1)	0.92 (1.01, 0.96) -2 (-1, -1)	-0.08 (-1.65, 1.43) 0 (-1, 0)	-0.36 (-3.44, 2.88) 0 (-2, 0)	0.53 (-3.63, 4.78) -2 (-3, 0)	1.56 (-3.47, 6.78) -3 (-4, 0)	0.86 (-4.28, 6.5) -2 (-4, 0)	0.28 (1.18, -0.45) 0 (0, -1)	NA 0 (5, -3)
herb/mineral supplement	2.32 (8.09, -3.17) -4 (1, -2)	0.24 (5.99, -5.47) 1 (3, 0)	0.32 (5.8, -5.25) 0 (3, 0)	-0.54 (-10.39, 9.32) 15 (3, 22)	2.91 (9.93, -4.09) -5 (1, -5)	11.53 (16.56, 6.4) -13 (-2, -18)	9.99 (8, 12.01) -10 (-2, -2)	2.85 (5.87, -0.41) -4 (0, -1)	2.13 (4.55, -0.3) -3 (0, 0)	10.18 (10.51, 9.77) -11 (-2, -7)	1.99 (9.17, -5.21) -3 (2, -3)	5.7 (7.76, 3.54) -8 (-2, -2)	0.83 (3.38, -1.78) -1 (0, 0)	2.21 (5.4, -0.93) -3 (0, -1)	1.24 (6.81, -4.29) -1 (2, -1)	0.24 (4.15, -3.83) 0 (2, 0)	-0.04 (2.35, -2.37) 0 (1, 0)	0.85 (2.17, -0.47) -1 (0, 0)	1.87 (2.33, 1.53) -3 (-1, 0)	1.17 (1.52, 1.25) -2 (-1, 0)	0.6 (6.98, -5.71) 0 (3, -1)	NA 0 (8, -3)
I-carnitine/I- acetylcarnitine	-0.59 (-1.84, 0.93) 1 (0, 3)	-2.67 (-3.93, -1.38) 6 (2, 5)	-2.59 (-4.13, -1.16) 6 (2, 5)	-2.91 (-9.93, 4.09) 5 (-1, 5)	2.38 (-0.46, 5.23) 9 (4, 17)	8.62 (6.63, 10.49) -7 (-3, -13)	7.08 (-1.92, 16.1) -5 (-3, 3)	-0.06 (-4.06, 3.69) 1 (-1, 4)	-0.79 (-5.38, 3.79) 2 (-1, 5)	7.27 (0.59, 13.86) -6 (-3, -2)	-0.93 (-0.75, -1.11) 2 (1, 2)	2.78 (-2.17, 7.63) -3 (-3, 3)	-2.09 (-6.54, 2.32) 4 (-1, 5)	-0.7 (-4.53, 3.16) 2 (-1, 4)	-1.67 (-3.12, -0.2) 4 (1, 4)	-2.67 (-5.78, 0.27) 5 (1, 5)	-2.95 (-7.57, 1.72) 6 (0, 5)	-2.06 (-7.76, 3.62) 4 (-1, 5)	-1.04 (-7.59, 5.62) 3 (-2, 5)	-1.74 (-8.41, 5.34) 4 (-2, 5)	-2.31 (-2.95, -1.61) 5 (2, 4)	NA 6 (7, 2)
I- carnitine+cinno	-9.21 (-8.47, -9.57) 9 (3, 16)	-11.29 (-10.57, -11.88) 13 (5, 18)	-11.22 (-10.76, -11.65) 13 (5, 18)	-11.53 (-16.56, -6.4) 13 (2, 18)	-8.62 (-6.63, -10.49) 7 (3, 13)	11 (6.17, 15.72) 2 (1, 4)	-1.54 (-8.55, 5.61) 2 (0, 16)	-8.69 (-10.69, -6.81) 8 (2, 17)	-9.41 (-12.01, -6.7) 10 (2, 18)	-1.36 (-6.05, 3.37) 1 (0, 11)	-9.55 (-7.38, -11.61) 9 (4, 15)	-5.84 (-8.8, -2.86) 5 (0, 16)	-10.71 (-13.17, -8.18) 12 (2, 18)	-9.33 (-11.16, -7.33) 9 (2, 17)	-10.29 (-9.75, -10.69) 11 (4, 17)	-11.29 (-12.41, -10.23) 13 (4, 18)	-11.58 (-14.2, -8.77) 13 (3, 18)	-10.68 (-14.39, -6.87) 12 (2, 18)	-9.66 (-14.23, -4.88) 10 (1, 18)	-10.36 (-15.04, -5.15) 11 (1, 18)	-10.94 (-9.58, -12.11) 13 (5, 17)	NA 13 (10, 15)
magnesium	-7.67 (0.08, -15.17) 7 (3, 0)	-9.75 (-2.01, -17.48) 11 (5, 2)	-9.67 (-2.21, -17.26) 11 (5, 2)	-9.99 (-8, -12.01) 10 (2, 2)	-7.08 (1.92, -16.1) 5 (3, -3)	1.54 (8.55, -5.61) -2 (0, -16)	9.45 (-2.39, 21.33) 4 (1, 20)	-7.14 (-2.14, -12.42) 6 (2, 1)	-7.86 (-3.46, -12.31) 7 (2, 2)	0.19 (2.51, -2.24) -1 (0, -5)	-8 (1.17, -17.21) 7 (4, -1)	-4.29 (-0.25, -8.47) 2 (0, 0)	-9.16 (-4.62, -13.79) 9 (2, 2)	-7.78 (-2.6, -12.94) 7 (2, 1)	-8.75 (-1.19, -16.3) 9 (4, 1)	-9.75 (-3.86, -15.83) 11 (4, 2)	-10.03 (-5.65, -14.38) 11 (3, 2)	-9.14 (-5.84, -12.48) 9 (2, 2)	-8.12 (-5.67, -10.48) 8 (1, 2)	-8.82 (-6.49, -10.76) 9 (1, 2)	-9.39 (-1.02, -17.72) 10 (5, 1)	NA 11 (10, -1)
micronutrient supplement	-0.52 (2.22, -2.76) 1 (1, -1)	-2.61 (0.12, -5.07) 5 (3, 1)	-2.53 (-0.07, -4.85) 5 (3, 1)	-2.85 (-5.87, 0.41) 4 (0, 1)	0.06 (4.06, -3.69) -1 (1, -4)	8.69 (10.69, 6.81) -8 (-2, -17)	7.14 (2.14, 12.42) -6 (-2, -1)	2.31 (-4.52, 8.92) 10 (3, 21)	-0.72 (-1.32, 0.11) 1 (0, 1)	7.33 (4.64, 10.18) -7 (-2, -6)	-0.86 (3.31, -4.8) 1 (2, -2)	2.85 (1.89, 3.95) -4 (-2, -1)	-2.02 (-2.48, -1.37) 3 (0, 1)	-0.64 (-0.47, -0.52) 1 (0, 0)	-1.61 (0.94, -3.89) 3 (2, 0)	-2.61 (-1.72, -3.42) 5 (2, 1)	-2.89 (-3.51, -1.96) 5 (1, 1)	-2 (-3.7, -0.06) 3 (0, 1)	-0.97 (-3.54, 1.93) 2 (-1, 1)	-1.67 (-4.35, 1.66) 3 (-1, 1)	-2.25 (1.11, -5.3) 4 (3, 0)	NA 5 (8, -2)
n-acetyl cysteine	0.2 (3.54, -2.87) -1 (1, -2)	-1.88 (1.44, -5.17) 4 (3, 0)	-1.81 (1.25, -4.95) 3 (3, 0)	-2.13 (-4.55, 0.3) 3 (0, 0)	0.79 (5.38, -3.79) -2 (1, -5)	9.41 (12.01, 6.7) -10 (-2, -18)	7.86 (3.46, 12.31) -7 (-2, -2)	0.72 (1.32, -0.11) -1 (0, -1)	1.59 (-5.84, 9.02) 12 (3, 22)	8.05 (5.96, 10.07) -8 (-2, -7)	-0.14 (4.63, -4.91) 0 (2, -3)	3.57 (3.21, 3.84) -5 (-2, -2)	-1.3 (-1.16, -1.48) 2 (0, 0)	0.08 (0.85, -0.63) 0 (0, -1)	-0.88 (2.26, -3.99) 2 (2, -1)	-1.88 (-0.4, -3.52) 3 (2, 0)	-2.17 (-2.19, -2.07) 3 (1, 0)	-1.28 (-2.38, -0.17) 2 (0, 0)	-0.25 (-2.22, 1.83) 0 (-1, 0)	-0.95 (-3.03, 1.55) 1 (-1, 0)	-1.53 (2.43, -5.41) 3 (3, -1)	NA 3 (8, -3)
nigella sativa seed oil	-7.86 (-2.42, -12.93) 7 (3, 5)	-9.94 (-4.52, -15.24) 12 (5, 7)	-9.86 (-4.71, -15.02) 12 (5, 7)	-10.18 (-10.51, -9.77) 11 (2, 7)	-7.27 (-0.59, -13.86) 6 (3, 2)	1.36 (6.05, -3.37) -1 (0, -11)	-0.19 (-2.51, 2.24) 1 (0, 5)	-7.33 (-4.64, -10.18) 7 (2, 6)	-8.05 (-5.96, -10.07) 8 (2, 7)	9.64 (0.12, 19.09) 3 (1, 15)	-8.19 (-1.34, -14.97) 8 (4, 4)	-4.48 (-2.75, -6.23) 3 (0, 5)	-9.35 (-7.13, -11.55) 10 (2, 7)	-7.97 (-5.11, -10.7) 8 (2, 6)	-8.94 (-3.7, -14.06) 10 (4, 6)	-9.94 (-6.37, -13.59) 11 (4, 7)	-10.22 (-8.16, -12.14) 12 (3, 7)	-9.33 (-8.34, -10.24) 10 (2, 7)	-8.31 (-8.18, -8.24) 9 (1, 7)	-9.01 (-9, -8.52) 10 (1, 7)	-9.58 (-3.53, -15.47) 11 (5, 6)	NA 12 (10, 4)
omega-3 fatty acids	0.34 (-1.09, 2.04) -1 (-1, 1)	-1.74 (-3.18, -0.27) 4 (1, 3)	-1.67 (-3.38, -0.05) 4 (1, 3)	-1.99 (-9.17, 5.21) 3 (-2, 3)	0.93 (0.75, 1.11) -2 (-1, -2)	9.55 (7.38, 11.61) -9 (-4, -15)	8 (-1.17, 17.21) -7 (-4, 1)	0.86 (-3.31, 4.8) -1 (-2, 2)	0.14 (-4.63, 4.91) 0 (-2, 3)	8.19 (1.34, 14.97) -8 (-4, -4)	1.45 (-1.22, 4.12) 12 (5, 19)	3.71 (-1.42, 8.74) -5 (-4, 1)	-1.16 (-5.79, 3.43) 2 (-2, 3)	0.22 (-3.77, 4.28) 0 (-2, 2)	-0.74 (-2.37, 0.91) 2 (0, 2)	-1.74 (-5.03, 1.38) 3 (0, 3)	-2.03 (-6.82, 2.83) 4 (-1, 3)	-1.14 (-7.01, 4.74) 2 (-2, 3)	-0.11 (-6.84, 6.73) 1 (-3, 3)	-0.81 (-7.66, 6.45) 2 (-3, 3)	-1.39 (-2.19, -0.5) 3 (1, 2)	NA 4 (6, 0)
prelox	-3.37 (0.33, -6.7) 4 (3, 0)	-5.45 (-1.77, -9.01) 9 (5, 2)	-5.38 (-1.96, -8.79) 8 (5, 2)	-5.7 (-7.76, -3.54) 8 (2, 2)	-2.78 (2.17, -7.63) 3 (3, -3)	5.84 (8.8, 2.86) -5 (0, -16)	4.29 (0.25, 8.47) -2 (0, 0)	-2.85 (-1.89, -3.95) 4 (2, 1)	-3.57 (-3.21, -3.84) 5 (2, 2)	4.48 (2.75, 6.23) -3 (0, -5)	-3.71 (1.42, -8.74) 5 (4, -1)	5.16 (-2.63, 12.86) 7 (1, 20)	-4.87 (-4.37, -5.32) 7 (2, 2)	-3.49 (-2.36, -4.47) 5 (2, 1)	-4.45 (-0.95, -7.83) 7 (4, 1)	-5.45 (-3.61, -7.36) 8 (4, 2)	-5.74 (-5.4, -5.91) 8 (3, 2)	-4.85 (-5.59, -4.01) 7 (2, 2)	-3.82 (-5.43, -2.01) 5 (1, 2)	-4.52 (-6.24, -2.29) 6 (1, 2)	-5.1 (-0.78, -9.25) 8 (5, 1)	NA 8 (10, -1)
saffron	1.5 (4.7, -1.39) -3 (1, -2)	-0.58 (2.61, -3.7) 2 (3, 0)	-0.51 (2.41, -3.47) 1 (3, 0)	-0.83 (-3.38, 1.78) 1 (0, 0)	2.09 (6.54, -2.32) -4 (1, -5)	10.71 (13.17, 8.18) -12 (-2, -18)	9.16 (4.62, 13.79) -9 (-2, -2)	2.02 (2.48, 1.37) -3 (0, -1)	1.3 (1.16, 1.48) -2 (0, 0)	9.35 (7.13, 11.55) -10 (-2, -7)	1.16 (5.79, -3.43) -2 (2, -3)	4.87 (4.37, 5.32) -7 (-2, -2)	0.29 (-7.01, 7.54) 14 (3, 22)	1.38 (2.02, 0.85) -2 (0, -1)	0.42 (3.43, -2.52) -1 (2, -1)	-0.58 (0.76, -2.05) 1 (2, 0)	-0.87 (-1.03, -0.59) 1 (1, 0)	0.02 (-1.22, 1.31) 0 (0, 0)	1.05 (-1.05, 3.3) -2 (-1, 0)	0.35 (-1.87, 3.03) -1 (-1, 0)	-0.23 (3.6, -3.93) 1 (3, -1)	NA 1 (8, -3)
selenium supplements	0.12 (2.69, -2.24) -1 (1, -1)	-1.96 (0.59, -4.54) 4 (3, 1)	-1.89 (0.4, -4.32) 4 (3, 1)	-2.21 (-5.4, 0.93) 3 (0, 1)	0.7 (4.53, -3.16) -2 (1, -4)	9.33 (11.16, 7.33) -9 (-2, -17)	7.78 (2.6, 12.94) -7 (-2, -1)	0.64 (0.47, 0.52) -1 (0, 0)	-0.08 (-0.85, 0.63) 0 (0, 1)	7.97 (5.11, 10.7) -8 (-2, -6)	-0.22 (3.77, -4.28) 0 (2, -2)	3.49 (2.36, 4.47) -5 (-2, -1)	-1.38 (-2.02, -0.85) 2 (0, 1)	1.67 (-4.99, 8.39) 11 (3, 21)	-0.97 (1.41, -3.36) 2 (2, 0)	-1.97 (-1.26, -2.9) 3 (2, 1)	-2.25 (-3.05, -1.44) 4 (1, 1)	-1.36 (-3.23, 0.46) 2 (0, 1)	-0.33 (-3.07, 2.46) 1 (-1, 1)	-1.03 (-3.89, 2.18) 2 (-1, 1)	-1.61 (1.58, -4.78) 3 (3, 0)	NA 4 (8, -2)
vitamin c/e	1.08 (1.28, 1.13) -2 (-1, -1)	-1 (-0.82, -1.18) 2 (1, 1)	-0.92 (-1.01, -0.96) 2 (1, 1)	-1.24 (-6.81, 4.29) 1 (-2, 1)	1.67 (3.12, 0.2) -4 (-1, -4)	10.29 (9.75, 10.69) -11 (-4, -17)	8.75 (1.19, 16.3) -9 (-4, -1)	1.61 (-0.94, 3.89) -3 (-2, 0)	0.88 (-2.26, 3.99) -2 (-2, 1)	8.94 (3.7, 14.06) -10 (-4, -6)	0.74 (2.37, -0.91) -2 (0, -2)	4.45 (0.95, 7.83) -7 (-4, -1)	-0.42 (-3.43, 2.52) 1 (-2, 1)	0.97 (-1.41, 3.36) -2 (-2, 0)	0.71 (-3.58, 5.03) 13 (5, 21)	-1 (-2.66, 0.47) 2 (0, 1)	-1.28 (-4.46, 1.92) 2 (-1, 1)	-0.39 (-4.64, 3.82) 0 (-2, 1)	0.63 (-4.48, 5.82) -1 (-3, 1)	-0.07 (-5.29, 5.54) 0 (-3, 1)	-0.64 (0.17, -1.41) 1 (1, 0)	NA 2 (6, -2)
vitamin d3	2.08 (3.94, 0.66) -4 (-1, -2)	0 (1.85, -1.65) 0 (1, 0)	0.08 (1.65, -1.43) 0 (1, 0)	-0.24 (-4.15, 3.83) 0 (-2, 0)	2.67 (5.78, -0.27) -5 (-1, -5)	11.29 (12.41, 10.23) -13 (-4, -18)	9.75 (3.86, 15.83) -11 (-4, -2)	2.61 (1.72, 3.42) -5 (-2, -1)	1.88 (0.4, 3.52) -3 (-2, 0)	9.94 (6.37, 13.59) -11 (-4, -7)	1.74 (5.03, -1.38) -3 (0, -3)	5.45 (3.61, 7.36) -8 (-4, -2)	0.58 (-0.76, 2.05) -1 (-2, 0)	1.97 (1.26, 2.9) -3 (-2, -1)	1 (2.66, -0.47) -2 (0, -1)	-0.29 (-6.24, 5.5) 15 (5, 22)	-0.28 (-1.79, 1.45) 0 (-1, 0)	0.61 (-1.98, 3.35) -1 (-2, 0)	1.63 (-1.81, 5.35) -3 (-3, 0)	0.93 (-2.63, 5.07) -2 (-3, 0)	0.36 (2.83, -1.88) 0 (1, -1)	NA 0 (6, -3)
vitamin d3 + calcium	2.37 (5.73, -0.79) -4 (0, -2)	0.28 (3.64, -3.1) 0 (2, 0)	0.36 (3.44, -2.88) 0 (2, 0)	0.04 (-2.35, 2.37) 0 (-1, 0)	2.95 (7.57, -1.72) -6 (0, -5)	11.58 (14.2, 8.77) -13 (-3, -18)	10.03 (5.65, 14.38) -11 (-3, -2)	2.89 (3.51, 1.96) -5 (-1, -1)	2.17 (2.19, 2.07) -3 (-1, 0)	10.22 (8.16, 12.14) -12 (-3, -7)	2.03 (6.82, -2.83) -4 (1, -3)	5.74 (5.4, 5.91) -8 (-3, -2)	0.87 (1.03, 0.59) -1 (-1, 0)	2.25 (3.05, 1.44) -4 (-1, -1)	1.28 (4.46, -1.92) -2 (1, -1)	0.28 (1.79, -1.45) 0 (1, 0)	-0.58 (-8.04, 6.95) 15 (4, 22)	0.89 (-0.19, 1.9) -2 (-1, 0)	1.92 (-0.02, 3.9) -3 (-2, 0)	1.22 (-0.84, 3.62) -2 (-2, 0)	0.64 (4.63, -3.34) 0 (2, -1)	NA 0 (7, -3)
vitamin e	1.47 (5.92, -2.7) -3 (1, -2)	-0.61 (3.83, -5) 2 (3, 0)	-0.53 (3.63, -4.78) 2 (3, 0)	-0.85 (-2.17, 0.47) 1 (0, 0)	2.06 (7.76, -3.62) -4 (1, -5)	10.68 (14.39, 6.87) -12 (-2, -18)	9.14 (5.84, 12.48) -9 (-2, -2)	2 (3.7, 0.06) -3 (0, -1)	1.28 (2.38, 0.17) -2 (0, 0)	9.33 (8.34, 10.24) -10 (-2, -7)	1.14 (7.01, -4.74) -2 (2, -3)	4.85 (5.59, 4.01) -7 (-2, -2)	-0.02 (1.22, -1.31) 0 (0, 0)	1.36 (3.23, -0.46) -2 (0, -1)	0.39 (4.64, -3.82) 0 (2, -1)	-0.61 (1.98, -3.35) 1 (2, 0)	-0.89 (0.19, -1.9) 2 (1, 0)	0.31 (-8.22, 8.85) 14 (3, 22)	1.02 (0.17, 2) -1 (-1, 0)	0.32 (-0.65, 1.72) 0 (-1, 0)	-0.25 (4.81, -5.24) 1 (3, -1)	NA 2 (8, -3)
vitamin/mineral combos	0.45 (5.76, -4.69) -1 (2, -2)	-1.63 (3.66, -7) 3 (4, 0)	-1.56 (3.47, -6.78) 3 (4, 0)	-1.87 (-2.33, -1.53) 3 (1, 0)	1.04 (7.59, -5.62) -3 (2, -5)	9.66 (14.23, 4.88) -10 (-1, -18)	8.12 (5.67, 10.48) -8 (-1, -2)	0.97 (3.54, -1.93) -2 (1, -1)	0.25 (2.22, -1.83) 0 (1, 0)	8.31 (8.18, 8.24) -9 (-1, -7)	0.11 (6.84, -6.73) -1 (3, -3)	3.82 (5.43, 2.01) -5 (-1, -2)	-1.05 (1.05, -3.3) 2 (1, 0)	0.33 (3.07, -2.46) -1 (1, -1)	-0.63 (4.48, -5.82) 1 (3, -1)	-1.63 (1.81, -5.35) 3 (3, 0)	-1.92 (0.02, -3.9) 3 (2, 0)	-1.02 (-0.17, -2) 1 (1, 0)	1.34 (-8.06, 10.85) 12 (2, 22)	-0.7 (-0.82, -0.28) 1 (0, 0)	-1.28 (4.65, -7.23) 3 (4, -1)	NA 3 (9, -3)
walnuts	1.15 (6.57, -4.41) -2 (2, -2)	-0.93 (4.48, -6.72) 2 (4, 0)	-0.86 (4.28, -6.5) 2 (4, 0)	-1.17 (-1.52, -1.25) 2 (1, 0)	1.74 (8.41, -5.34) -4 (2, -5)	10.36 (15.04, 5.15) -11 (-1, -18)	8.82 (6.49, 10.76) -9 (-1, -2)	1.67 (4.35, -1.66) -3 (1, -1)	0.95 (3.03, -1.55) -1 (1, 0)	9.01 (9, 8.52) -10 (-1, -7)	0.81 (7.66, -6.45) -2 (3, -3)	4.52 (6.24, 2.29) -6 (-1, -2)	-0.35 (1.87, -3.03) 1 (1, 0)	1.03 (3.89, -2.18) -2 (1, -1)	0.07 (5.29, -5.54) 0 (3, -1)	-0.93 (2.63, -5.07) 2 (3, 0)	-1.22 (0.84, -3.62) 2 (2, 0)	-0.32 (0.65, -1.72) 0 (1, 0)	0.7 (0.82, 0.28) -1 (0, 0)	0.64 (-8.87, 10.57) 13 (2, 22)	-0.58 (5.46, -6.95) 2 (4, -1)	NA 2 (9, -3)
zinc/zinc + folic acid	1.73 (1.11, 2.54) -4 (-2, -1)	-0.35 (-0.99, 0.23) 1 (0, 1)	-0.28 (-1.18, 0.45) 0 (0, 1)	-0.6 (-6.98, 5.71) 0 (-3, 1)	2.31 (2.95, 1.61) -5 (-2, -4)	10.94 (9.58, 12.11) -13 (-5, -17)	9.39 (1.02, 17.72) -10 (-5, -1)	2.25 (-1.11, 5.3) -4 (-3, 0)	1.53 (-2.43, 5.41) -3 (-3, 1)	9.58 (3.53, 15.47) -11 (-5, -6)	1.39 (2.19, 0.5) -3 (-1, -2)	5.1 (0.78, 9.25) -8 (-5, -1)	0.23 (-3.6, 3.93) -1 (-3, 1)	1.61 (-1.58, 4.78) -3 (-3, 0)	0.64 (-0.17, 1.41) -1 (-1, 0)	-0.36 (-2.83, 1.88) 0 (-1, 1)	-0.64 (-4.63, 3.34) 0 (-2, 1)	0.25 (-4.81, 5.24) -1 (-3, 1)	1.28 (-4.65, 7.23) -3 (-4, 1)	0.58 (-5.46, 6.95) -2 (-4, 1)	0.06 (-3.41, 3.62) 15 (6, 21)	NA 0 (5, -2)
placebo/no treatment	NA -4 (-7, 1)	NA 0 (-5, 3)	NA 0 (-5, 3)	NA 0 (-8, 3)	NA -6 (-7, -2)	NA -13 (-10, -15)	NA -11 (-10, 1)	NA -5 (-8, 2)	NA -3 (-8, 3)	NA -12 (-10, -4)	NA -4 (-6, 0)	NA -8 (-10, 1)	NA -1 (-8, 3)	NA -4 (-8, 2)	NA -2 (-6, 2)	NA 0 (-6, 3)	NA 0 (-7, 3)	NA -2 (-8, 3)	NA -3 (-9, 3)	NA -2 (-9, 3)	NA 0 (-5, 2)	NA 15 (11, 19)