Difference between volume NMA estimated relative effect compared to placebo and ranks  Ranks in italics, and bold diagonal is relative effect and rank compared to placebo																														
Intervention	Ala	Bestfertil	Coenzyme Q10	Dha + fsv	Dha 400-500 mg	Dha 800- 1000 mg	Dha 1500- 2000 mg	Epa+dha	Folic acid	Folic acid + zinc	Herbal supplement	L- acetylcarnitine	L-carnitine	L-carnitine + L- acetylcarnitine	E Lycopene	Myoinositol	N-acetyl cysteine		Omega-3 fatty acids	Prelox	Profertil	Proxeed plus	Saffron	Selenium	Vitamin c + vitamin E	Vitamin D3	Vitamin D3 + calcium	Vitamin E	Zinc	Placebo/No treatment
Ala	-0.01 (-0.39, 0.38) 19 (8, 28)	0.17 (-0.08, 0.41) -4 (-4, 1)	-0.09 (-0.03, -0.18) 3 (3, 0)	0.03 (0.11, -0.04) -1 (1, -2)	0.36 (0.21, 0.47) -8 (-5, -4)	0.03 (-0.23, 0.3) -1 (-3, 1)	0.42 (0.32, 0.5) -10 (-5, -7)	-0.09 (-0.17, -0.04) 2 (1, 1)	0.06 (-0.29, 0.39) <i>-2 (-4, 2)</i>	0.1 (0.17, 0.12) -3 (-1, -3)	0.48 (0.46, 0.49) -11 (-5, -12)	-0.12 (-0.2, -0.04) 3 (1, 1)	-0.01 (0.16, -0.17) 0 (3, -2)	-0.37 (-0.41, -0.35) 8 (9, 2)	1.3 (0.21, 2.39) -15 (-7, -4)	0 (-0.18, 0.17)	0.6 (0.47, 0.73) -12 (-6, -12)	' / <u>_</u> ,   '	-0.44 -1.21, 0.31) 6 (-4, 2)	1.35 (1.2, 1.49) -17 (-7, -24)	-0.06 (-0.09, -0.03) 2 (1, 1)	-0.02 (-0.12, 0.07) 0 (-1, 1)	-0.08 (-0.18, 0.01) 2 (0, 1)	0.5 (0.45, 0.55) -11 (-5, -11)	-0.3 (-1.27, 0.71) 3 (-5, 2)	-0.06 (-0.17, 0.04) 2 (0, 1)	0.41 (0.3, 0.52) -9 (-5, -6)	0.2 (0.07, 0.33) -5 (-4, -1)	-0.09 (-0.21, 0.03) 2 (0, 1)	NA 0 (6, -5)
Bestfertil	-0.17 (0.08, -0.41) 4 (4, -1)	0.16 (-0.48, 0.79) 15 (4, 29)	-0.25 (0.06, -0.59) 7 (7, -1)	-0.14 (0.19, -0.45) 3 (5, -3)	0.19 (0.29, 0.06) -4 (-1, -5)	-0.13 (-0.15, -0.11) 3 (1, 0)	0.25 (0.4, 0.09) -6 (-1, -8)	-0.26 (-0.09, -0.45) 6 (5, 0)	-0.1 (-0.21, -0.02) 2 (0, 1)	-0.06 (0.25, -0.29) 1 (3, -4)	0.31 (0.54, 0.08) -7 (-1, -13)	-0.28 (-0.12, -0.44) 7 (5, 0)	-0.17 (0.24, -0.58) 4 (7, -3)	-0.54 (-0.33, -0.75) 12 (13, 1)	1.13 (0.3, 1.99) -11 (-3, -5)	-0.17 (-0.1, -0.24) 4 (2, 0)	0.44 (0.55, 0.33) -8 (-2, -13)	0.99	-0.6 1.13, -0.09)	1.18 (1.29, 1.08) -13 (-3, -25)	-0.23 (-0.01, -0.44) 6 (5, 0)	-0.19 (-0.04, -0.34) 4 (3, 0)	-0.25 (-0.1, -0.4) 6 (4, 0)	0.34 (0.53, 0.14) -7 (-1, -12)	-0.47 (-1.19, 0.3) 7 (-1, 1)	-0.23 (-0.09, -0.37) 6 (4, 0)	0.24 (0.38, 0.11) -5 (-1, -7)	0.03 (0.15, -0.08) -1 (0, -2)	-0.25 (-0.13, -0.38) 6 (4, 0)	NA 4 (10, -6)
Coenzyme Q10	0.09 (0.03, 0.18) -3 (-3, 0)	0.25 (-0.06, 0.59) -7 (-7, 1)	-0.1 (-0.42, 0.2) 21 (11, 28)	0.11 (0.13, 0.14) -3 (-2, -2)	0.45 (0.23, 0.65) -11 (-8, -4)	0.12 (-0.2, 0.48)	0.5 (0.34, 0.68) -12 (-8, -7)	-0.01 (-0.15, 0.14) 0 (-2, 1)	0.15 (-0.27, 0.57) -4 (-7, 2)	0.19 (0.2, 0.3) -6 (-4, -3)	0.56 (0.48, 0.67) -14 (-8, -12)	-0.03 (-0.17, 0.14) 0 (-2, 1)	0.08 (0.18, 0.01) -2 (0, -2)	-0.28 (-0.38, -0.17) 6 (6, 2)	1.38 (0.24, 2.57) -17 (-10, -4)	0.09 (-0.16, 0.35)	0.69 (0.5, 0.91)	1.25 (0.65, 1.84) (-	-0.35 -1.18, 0.49)	1.43 (1.23, 1.67) -19 (-10, -24)	0.02 (-0.06, 0.15)	0.07 (-0.1, 0.24) -2 (-4, 1)	0 (-0.16, 0.19) 0 (-3, 1)	0.59 (0.48, 0.73) -14 (-8, -11)	-0.21 (-1.24, 0.89) 0 (-8, 2)	0.03 (-0.14, 0.22) -1 (-3, 1)	0.49 (0.32, 0.69) -12 (-8, -6)	0.28 (0.09, 0.51) -7 (-7, -1)	0 (-0.18, 0.21) -1 (-3, 1)	NA -3 (3, -5)
Dha + fsv	-0.03 (-0.11, 0.04) 1 (-1, 2)	0.14 (-0.19, 0.45) -3 (-5, 3)	-0.11 (-0.13, -0.14) 3 (2, 2)	0.02 (-0.29, 0.34) 18 (9, 26)	0.33 (0.1, 0.51) -8 (-6, -2)	0.01 (-0.33, 0.34) 0 (-4, 3)	0.39 (0.21, 0.54) -9 (-6, -5)	-0.12 (-0.28, 0) 3 (0, 3)	0.04 (-0.4, 0.43) -1 (-5, 4)	0.08 (0.07, 0.16) -2 (-2, -1)	0.45 (0.35, 0.53) -10 (-6, -10)	-0.14 (-0.3, 0) 4 (0, 3)	-0.03 (0.05, -0.13) 1 (2, 0)	-0.4 (-0.51, -0.31) 9 (8, 4)	1.27 (0.11, 2.43) -14 (-8, -2)	-0.02 (-0.29, 0.21) 1 (-3, 3)	0.58 (0.36, 0.77) -12 (-7, -10)	1.13	-0.46 -1.31, 0.35) 6 (-5, 4)	1.32 (1.1, 1.53) -16 (-8, -22)	-0.09 (-0.2, 0.01) 3 (0, 3)	-0.05 (-0.23, 0.1) 1 (-2, 3)	-0.11 (-0.29, 0.05) 3 (-1, 3)	0.48 (0.35, 0.59) -10 (-6, -9)	-0.32 (-1.38, 0.75) 4 (-6, 4)	-0.09 (-0.27, 0.08) 2 (-1, 3)	0.38 (0.19, 0.55) -9 (-6, -4)	0.17 (-0.04, 0.37) -4 (-5, 1)	-0.11 (-0.31, 0.07) 3 (-1, 3)	NA 0 (5, -3)
Dha 400-500 mg	-0.36 (-0.21, -0.47) 8 (5, 4)	-0.19 (-0.29, -0.06) 4 (1, 5)	-0.45 (-0.23, -0.65) 11 (8, 4)	-0.33 (-0.1, -0.51) 8 (6, 2)	0.35 (-0.19, 0.85) 10 (3, 24)	-0.33 (-0.44, -0.17) 8 (2, 5)	0.06 (0.11, 0.03) -1 (0, -3)	-0.45 (-0.38, -0.51) 11 (6, 5)	-0.3 (-0.5, -0.08) 7 (1, 6)	-0.26 (-0.04, -0.35) 6 (4, 1)	0.12 (0.25, 0.02) -2 (0, -8)	-0.47 (-0.41, -0.51) 11 (6, 5)	-0.37 (-0.05, -0.64) 9 (8, 2)	-0.73 (-0.62, -0.81) 17 (14, 6)	0.94 (0.01, 1.92) -6 (-2, 0)	-0.36 (-0.39, -0.3) 8 (3, 5)	0.24 (0.26, 0.26) -4 (-1, -8)	0.8 (0.42, 1.2) -7 (-2, -13)	-0.79 1.42, -0.16) 14 (1, 6)	0.99 (1, 1.02) -8 (-2, -20)	-0.42 (-0.3, -0.5) 10 (6, 5)	-0.38 (-0.33, -0.4) 9 (4, 5)	-0.44 (-0.39, -0.46) 11 (5, 5)	0.14 (0.24, 0.08) -3 (0, -7)	-0.66 (-1.48, 0.24) 12 (0, 6)	-0.42 (-0.38, -0.43) 10 (5, 5)	0.05 (0.09, 0.05) -1 (0, -2)	-0.16 (-0.14, -0.14) 4 (1, 3)	-0.45 (-0.42, -0.44) 11 (5, 5)	NA 8 (11, -1)
Dha 800-1000 mg	-0.03 (0.23, -0.3) 1 (3, -1)	0.13 (0.15, 0.11) -3 (-1, 0)	-0.12 (0.2, -0.48) 3 (6, -1)	-0.01 (0.33, -0.34) 0 (4, -3)	0.33 (0.44, 0.17) -8 (-2, -5)	0.02 (-0.62, 0.68) 18 (5, 29)	0.39 (0.54, 0.2) -9 (-2, -8)	-0.13 (0.06, -0.34) 3 (4, 0)	0.03 (-0.07, 0.09) -1 (-1, 1)	0.07 (0.4, -0.18) -2 (2, -4)	0.44 (0.69, 0.19) -10 (-2, -13)	-0.15 (0.03, -0.33) 4 (4, 0)	-0.04 (0.39, -0.47) 1 (6, -3)	-0.4 (-0.18, -0.64) 9 (12, 1)	1.26 (0.44, 2.1) -14 (-4, -5)	-0.03 (0.04, -0.13) 1 (1, 0)	0.57 (0.7, 0.44) -11 (-3, -13)	1.13 (0.85, 1.37) (-	-0.47 -0.98, 0.02) 6 (-1, 1)	1.31 (1.43, 1.19) -16 (-4, -25)	-0.1 (0.14, -0.33) 3 (4, 0)	-0.05 (0.1, -0.23) 1 (2, 0)	-0.12 (0.04, -0.29) 3 (3, 0)	0.47 (0.68, 0.26) -10 (-2, -12)	-0.33 (-1.04, 0.41) 4 (-2, 1)	-0.09 (0.06, -0.26) 2 (3, 0)	0.37 (0.52, 0.22) -9 (-2, -7)	0.16 (0.3, 0.03) -4 (-1, -2)	-0.12 (0.02, -0.26) 3 (3, 0)	NA 1 (9, -6)
Dha 1500- 2000 mg	-0.42 (-0.32, -0.5) 10 (5, 7)	-0.25 (-0.4, -0.09) 6 (1, 8)	-0.5 (-0.34, -0.68) 12 (8, 7)	-0.39 (-0.21, -0.54) 9 (6, 5)	-0.06 (-0.11, -0.03) 1 (0, 3)	-0.39 (-0.54, -0.2) 9 (2, 8)	0.41 (-0.08, 0.88) 9 (3, 21)	-0.51 (-0.49, -0.54) 12 (6, 8)	-0.35 (-0.61, -0.11) 8 (1, 9)	-0.31 (-0.14, -0.38) 7 (4, 4)	0.06 (0.14, -0.01) -1 (0, -5)	-0.53 (-0.51, -0.54) 13 (6, 8)	-0.42 (-0.16, -0.67) 10 (8, 5)	-0.79 (-0.73, -0.84) 18 (14, 9)	0.88 (-0.1, 1.89) -5 (-2, 3)	-0.42 (-0.5, -0.33) 10 (3, 8)	0.19 (0.15, 0.23) -3 (-1, -5)	0.74 (0.31, 1.17) (-1	-0.85 1.52, -0.19) 15 (1, 9)	0.93 (0.89, 0.99) -7 (-2, -17)	-0.48 (-0.41, -0.53) 12 (6, 8)	-0.44 (-0.44, -0.43) 10 (4, 8)	-0.5 (-0.5, -0.49) 12 (5, 8)	0.09 (0.14, 0.05) -1 (0, -4)	-0.72 (-1.59, 0.21) 13 (0, 9)	-0.48 (-0.48, -0.46) 11 (5, 8)	-0.01 (-0.02, 0.02) 0 (0, 1)	-0.22 (-0.25, -0.17) 5 (1, 6)	-0.5 (-0.52, -0.47) 12 (5, 8)	NA 9 (11, 2)
Epa+dha	0.09 (0.17, 0.04) -2 (-1, -1)	0.26 (0.09, 0.45) -6 (-5, 0)	0.01 (0.15, -0.14) 0 (2, -1)	0.12 (0.28, 0) -3 (0, -3)	0.45 (0.38, 0.51) -11 (-6, -5)	0.13 (-0.06, 0.34) -3 (-4, 0)	0.51 (0.49, 0.54) -12 (-6, -8)	-0.1 (-0.57, 0.34) 21 (9, 29)	0.16 (-0.12, 0.43) -4 (-5, 1)	0.2 (0.34, 0.16) -5 (-2, -4)	0.57 (0.63, 0.53) -13 (-6, -13)	-0.02 (-0.03, 0) 0 (0, 0)	0.09 (0.33, -0.13) -2 (2, -3)	-0.28 (-0.24, -0.3) 6 (8, 1)	1.39 (0.39, 2.43) -17 (-8, -5)	0.1 (-0.01, 0.21) -3 (-3, 0)	0.7 (0.64, 0.77) -15 (-7, -13)	1.25 (0.8, 1.71) (-	-0.34 -1.04, 0.35) 3 (-5, 1)	1.44 (1.37, 1.53) -19 (-8, -25)	0.03 (0.08, 0.01) -1 (0, 0)	0.07 (0.05, 0.11) -2 (-2, 0)	0.01 (-0.01, 0.05) 0 (-1, 0)	0.6 (0.62, 0.59) -14 (-6, -12)	-0.2 (-1.1, 0.75) 1 (-6, 1)	0.03 (0, 0.08) -1 (-1, 0)	0.5 (0.47, 0.56) -12 (-6, -7)	0.29 (0.24, 0.37) -7 (-5, -2)	0.01 (-0.04, 0.07) 0 (-1, 0)	NA -3 (5, -6)
Folic acid	-0.06 (0.29, -0.39) 2 (4, -2)	0.1 (0.21, 0.02) -2 (0, -1)	-0.15 (0.27, -0.57) 4 (7, -2)	-0.04 (0.4, -0.43) 1 (5, -4)	0.3 (0.5, 0.08) -7 (-1, -6)	-0.03 (0.07, -0.09) 1 (1, -1)	0.35 (0.61, 0.11) -8 (-1, -9)	-0.16 (0.12, -0.43) 4 (5, -1)	0.06 (-0.69, 0.77) 17 (4, 30)	0.04 (0.47, -0.27) -1 (3, -5)	0.41 (0.75, 0.1) -9 (-1, -14)	-0.18 (0.09, -0.43) 5 (5, -1)	-0.07 (0.45, -0.56) 2 (7, -4)	-0.44 (-0.12, -0.73) 10 (13, 0)	1.23 (0.51, 2) -13 (-3, -6)	-0.06 (0.11, -0.22) 2 (2, -1)	0.54 (0.76, 0.34) -11 (-2, -14)	1.1 (0.92, 1.28) (-0	-0.5 0.91, -0.08) 7 (0, 0)	1.28 (1.5, 1.1) -15 (-3, -26)	-0.13 (0.2, -0.42) 4 (5, -1)	-0.08 (0.17, -0.32) 2 (3, -1)	-0.15 (0.11, -0.38) 4 (4, -1)	0.44 (0.75, 0.16) -9 (-1, -13)	-0.36 (-0.98, 0.32) 5 (-1, 0)	-0.13 (0.12, -0.35) 3 (4, -1)	0.34 (0.59, 0.13) -8 (-1, -8)	0.13 (0.36, -0.06) -3 (0, -3)	-0.15 (0.08, -0.36) 4 (4, -1)	NA 1 (10, -7)
Folic acid + zinc	-0.1 (-0.17, -0.12) 3 (1, 3)	0.06 (-0.25, 0.29) -1 (-3, 4)	-0.19 (-0.2, -0.3) 6 (4, 3)	-0.08 (-0.07, -0.16) 2 (2, 1)	0.26 (0.04, 0.35) -6 (-4, -1)	-0.07 (-0.4, 0.18) 2 (-2, 4)	0.31 (0.14, 0.38) -7 (-4, -4)	-0.2 (-0.34, -0.16) 5 (2, 4)	-0.04 (-0.47, 0.27) 1 (-3, 5)	0.1 (-0.22, 0.5) 16 (7, 25)	0.37 (0.29, 0.37) -8 (-4, -9)	-0.22 (-0.37, -0.16) 6 (2, 4)	-0.11 (-0.01, -0.29) 3 (4, 1)	-0.47 (-0.58, -0.46) 11 (10, 5)	1.19 (0.04, 2.27) -12 (-6, -1)	-0.1 (-0.36, 0.05) 3 (-1, 4)	0.5 (0.3, 0.62) -9 (-5, -9)	1.06 (0.45, 1.55) (-	-0.54 -1.38, 0.19) 9 (-3, 5)	1.24 (1.03, 1.37) -14 (-6, -21)	-0.17 (-0.26, -0.15) 5 (2, 4)	-0.12 (-0.3, -0.05) 3 (0, 4)	-0.19 (-0.36, -0.11) 5 (1, 4)	0.4 (0.28, 0.43) -8 (-4, -8)	-0.4 (-1.44, 0.59) 6 (-4, 5)	-0.17 (-0.34, -0.08) 5 (1, 4)	0.3 (0.12, 0.4) -7 (-4, -3)	0.09 (-0.1, 0.21) -2 (-3, 2)	-0.19 (-0.38, -0.09) 5 (1, 4)	NA 3 (7, -2)
Herbal supplement	-0.48 (-0.46, -0.49) 11 (5, 12)	-0.31 (-0.54, -0.08) 7 (1, 13)	-0.56 (-0.48, -0.67) 14 (8, 12)	-0.45 (-0.35, -0.53) 10 (6, 10)	-0.12 (-0.25, -0.02) 2 (0, 8)	-0.44 (-0.69, -0.19) 10 (2, 13)	-0.06 (-0.14, 0.01) 1 (0, 5)	-0.57 (-0.63, -0.53) 13 (6, 13)	-0.41 (-0.75, -0.1) 9 (1, 14)	-0.37 (-0.29, -0.37) 8 (4, 9)	0.47 (0.06, 0.87) 8 (3, 16)	-0.59 (-0.66, -0.53) 14 (6, 13)	-0.48 (-0.3, -0.66) 11 (8, 10)	-0.85 (-0.87, -0.83) 19 (14, 14)	0.82 (-0.24, 1.91) -4 (-2, 8)	-0.48 (-0.64, -0.32) 11 (3, 13)	0.13 (0.01, 0.25) -1 (-1, 0)	0.68 (0.17, 1.18) -4 (-2, -5)	-0.91 1.67, -0.17) 17 (1, 14)	0.87 (0.74, 1) -6 (-2, -12)	-0.54 (-0.55, -0.52) 13 (6, 13)	-0.5 (-0.58, -0.42) 11 (4, 13)	-0.56 (-0.64, -0.48) 13 (5, 13)	0.03 (-0.01, 0.06) 0 (0, 1)	-0.78 (-1.73, 0.22) 14 (0, 14)	-0.54 (-0.63, -0.45) 13 (5, 13)	-0.07 (-0.16, 0.03) 2 (0, 6)	-0.28 (-0.39, -0.16) 6 (1, 11)	-0.56 (-0.67, -0.46) 13 (5, 13)	NA 11 (11, 7)
L- acetylcarnitine	0.12 (0.2, 0.04) -3 (-1, -1)	0.28 (0.12, 0.44) -7 (-5, 0)	0.03 (0.17, -0.14) 0 (2, -1)	0.14 (0.3, 0) -4 (0, -3)	0.47 (0.41, 0.51) -11 (-6, -5)	0.15 (-0.03, 0.33) -4 (-4, 0)	0.53 (0.51, 0.54) -13 (-6, -8)	0.02 (0.03, 0) 0 (0, 0)	0.18 (-0.09, 0.43) -5 (-5, 1)	0.22 (0.37, 0.16) -6 (-2, -4)	0.59 (0.66, 0.53) -14 (-6, -13)	-0.12 (-0.59, 0.35) 21 (9, 29)	0.11 (0.36, -0.13) -3 (2, -3)	-0.26 (-0.21, -0.31) 5 (8, 1)	1.41 (0.41, 2.43) -18 (-8, -5)	0.12 (0.01, 0.21) -3 (-3, 0)	0.72 (0.67, 0.77) -15 (-7, -13)	, , , , ,	-0.32 -1.01, 0.35) <i>3 (-5, 1)</i>	1.46 (1.4, 1.53) -20 (-8, -25)	0.05 (0.11, 0) -1 (0, 0)	0.1 (0.07, 0.1) -3 (-2, 0)	0.03 (0.01, 0.05) -1 (-1, 0)	0.62 (0.65, 0.59) -14 (-6, -12)	-0.18 (-1.07, 0.75) 0 (-6, 1)	0.05 (0.03, 0.07) -1 (-1, 0)	0.52 (0.49, 0.55) -12 (-6, -7)	0.31 (0.27, 0.37) -8 (-5, -2)	0.03 (-0.01, 0.07) -1 (-1, 0)	NA -3 (5, -6)
L-carnitine	0.01 (-0.16, 0.17) 0 (-3, 2)	0.17 (-0.24, 0.58) -4 (-7, 3)	-0.08 (-0.18, -0.01) 2 (0, 2)	0.03 (-0.05, 0.13) -1 (-2, 0)	0.37 (0.05, 0.64) -9 (-8, -2)	0.04 (-0.39, 0.47) -1 (-6, 3)	0.42 (0.16, 0.67) -10 (-8, -5)	-0.09 (-0.33, 0.13) 2 (-2, 3)	0.07 (-0.45, 0.56) <i>-2 (-7, 4)</i>	0.11 (0.01, 0.29) -3 (-4, -1)	0.48 (0.3, 0.66) -11 (-8, -10)	-0.11 (-0.36, 0.13) 3 (-2, 3)	-0.01 (-0.24, 0.21) 19 (11, 26)	-0.36 (-0.57, -0.17) 8 (6, 4)	1.3 (0.06, 2.56) -15 (-10, -2)	0.01 (-0.34, 0.34) 0 (-5, 3)	0.61 (0.31, 0.9) -13 (-9, -10)	( , , , , , , , , , , , , , , , , , , ,	-0.43 -1.37, 0.48) 5 (-7, 4)	1.35 (1.04, 1.66) -17 (-10, -22)	-0.06 (-0.25, 0.14) 2 (-2, 3)	-0.01 (-0.28, 0.24) 0 (-4, 3)	-0.08 (-0.34, 0.18) 2 (-3, 3)	0.51 (0.29, 0.72) -11 (-8, -9)	-0.29 (-1.43, 0.88) 3 (-8, 4)	-0.06 (-0.33, 0.21) 1 (-3, 3)	0.41 (0.14, 0.69) -10 (-8, -4)	0.2 (-0.09, 0.5) -5 (-7, 1)	-0.08 (-0.37, 0.2) 2 (-3, 3)	NA -1 (3, -3)
L-carnitine + L- acetylcarnitine	0.37 (0.41, 0.35) -8 (-9, -2)	0.54 (0.33, 0.75) -12 (-13, -1)	0.28 (0.38, 0.17) -6 (-6, -2)	0.4 (0.51, 0.31) -9 (-8, -4)	0.73 (0.62, 0.81) -17 (-14, -6)	0.4 (0.18, 0.64) -9 (-12, -1)	0.79 (0.73, 0.84) -18 (-14, -9)	0.28 (0.24, 0.3) -6 (-8, -1)	0.44 (0.12, 0.73) -10 (-13, 0)	0.47 (0.58, 0.46) -11 (-10, -5)	0.85 (0.87, 0.83) -19 (-14, -14)	0.26 (0.21, 0.31) -5 (-8, -1)	0.36 (0.57, 0.17) -8 (-6, -4)	-0.38 (-0.8, 0.04) 27 (17, 30)	1.67 (0.62, 2.74) -23 (-16, -6)	0.37 (0.23, 0.51) -9 (-11, -1)	0.98 (0.88, 1.08) -21 (-15, -14)		-0.06 (-0.8, 0.66) <i>-3 (-13, 0)</i>	1.72 (1.61, 1.83) -25 (-16, -26)	0.31 (0.32, 0.31) -7 (-8, -1)	0.35 (0.28, 0.41) -8 (-10, -1)	0.29 (0.22, 0.36) -6 (-9, -1)	0.88 (0.86, 0.9) -19 (-14, -13)	0.07 (-0.86, 1.05) -5 (-14, 0)	0.31 (0.24, 0.38) -7 (-9, -1)	0.78 (0.71, 0.86) -18 (-14, -8)	0.57 (0.48, 0.67) -13 (-13, -3)	0.28 (0.2, 0.38) -6 (-9, -1)	NA -9 (-3, -7)
Lycopene	-1.3 (-0.21, -2.39) <i>15 (7, 4)</i>	-1.13 (-0.3, -1.99) <i>11 (3, 5)</i>	-1.38 (-0.24, -2.57) 17 (10, 4)	-1.27 (-0.11, -2.43) <i>14 (8, 2)</i>	-0.94 (-0.01, -1.92) 6 (2, 0)	-1.26 (-0.44, -2.1) 14 (4, 5)	-0.88 (0.1, -1.89) 5 (2, -3)	-1.39 (-0.39, -2.43) <i>17 (8, 5)</i>	-1.23 (-0.51, -2) <i>13 (3, 6)</i>	-1.19 (-0.04, -2.27) 12 (6, 1)	-0.82 (0.24, -1.91) 4 (2, -8)	-1.41 (-0.41, -2.43) <i>18 (8, 5)</i>	-1.3 (-0.06, -2.56) 15 (10, 2)	-1.67 (-0.62, -2.74) 23 (16, 6)	1.29 (-0.18, 2.78) 4 (1, 24)	-1.3 (-0.4, -2.22) <i>14 (</i> 5, 5)	-0.69 (0.26, -1.66) 2 (1, -8)	`i'   `	-1.73 1.42, -2.08) <i>20 (3, 6)</i>	0.05 (0.99, -0.91) -2 (0, -20)	-1.36 (-0.3, -2.43) <i>16 (8, 5)</i>	-1.32 (-0.34, -2.33) <i>15 (6, 5)</i>	-1.38 (-0.4, -2.38) <i>17 (7, 5)</i>	-0.79 (0.24, -1.84) 3 (2, -7)	-1.6 (-1.48, -1.68) <i>18 (2, 6)</i>	-1.36 (-0.38, -2.36) <i>16 (7, 5)</i>	-0.89 (0.08, -1.88) 5 (2, -2)	-1.1 (-0.15, -2.06) <i>10 (3, 3)</i>	-1.38 (-0.42, -2.36) <i>17 (7, 5)</i>	NA 14 (13, -1)
Myoinositol	0 (0.18, -0.17) 0 (2, -1)	0.17 (0.1, 0.24) -4 (-2, 0)	-0.09 (0.16, -0.35) 3 (5, -1)	0.02 (0.29, -0.21) -1 (3, -3)	0.36 (0.39, 0.3) -8 (-3, -5)	0.03 (-0.04, 0.13) -1 (-1, 0)	0.42 (0.5, 0.33) -10 (-3, -8)	-0.1 (0.01, -0.21) 3 (3, 0)	0.06 (-0.11, 0.22) -2 (-2, 1)	0.1 (0.36, -0.05) -3 (1, -4)	0.48 (0.64, 0.32) -11 (-3, -13)	-0.12 (-0.01, -0.21) 3 (3, 0)	-0.01 (0.34, -0.34) <i>0 (5, -3)</i>	-0.37 (-0.23, -0.51) 9 (11, 1)	1.3 (0.4, 2.22) -14 (-5, -5)	-0.01 (-0.58, 0.55) 18 (6, 29)	0.6 (0.65, 0.56) -12 (-4, -13)	1.16 (0.81, 1.5) -15 (-5, -18)	-0.44 -1.02, 0.14) 6 (-2, 1)	1.34 (1.39, 1.32) -16 (-5, -25)	-0.06 (0.09, -0.2) 2 (3, 0)	-0.02 (0.06, -0.1) 1 (1, 0)	-0.09 (0, -0.16) 2 (2, 0)	0.5 (0.64, 0.38) -11 (-3, -12)	-0.3 (-1.09, 0.54) 3 (-3, 1)	-0.06 (0.02, -0.13) 2 (2, 0)	0.41 (0.48, 0.35) -9 (-3, -7)	0.19 (0.25, 0.16) -5 (-2, -2)	-0.09 (-0.02, -0.14) 2 (2, 0)	NA 0 (8, -6)
N-acetyl cysteine	-0.6 (-0.47, -0.73) 12 (6, 12)	-0.44 (-0.55, -0.33) 8 (2, 13)	-0.69 (-0.5, -0.91) <i>15 (9, 12)</i>	-0.58 (-0.36, -0.77) 12 (7, 10)	-0.24 (-0.26, -0.26) 4 (1, 8)	-0.57 (-0.7, -0.44) 11 (3, 13)	-0.19 (-0.15, -0.23) 3 (1, 5)	-0.7 (-0.64, -0.77) 15 (7, 13)	-0.54 (-0.76, -0.34) 11 (2, 14)	-0.5 (-0.3, -0.62) 9 (5, 9)	-0.13 (-0.01, -0.25) 1 (1, 0)	-0.72 (-0.67, -0.77) 15 (7, 13)	-0.61 (-0.31, -0.9) <i>13 (9, 10)</i>	-0.98 (-0.88, -1.08) 21 (15, 14)	0.69 (-0.26, 1.66) -2 (-1, 8)	-0.6 (-0.65, -0.56) 12 (4, 13)	, ,	(,, (	-1.04 1.68, -0.42) <i>18 (2, 14)</i>	0.74 (0.73, 0.75) -4 (-1, -12)	-0.67 (-0.56, -0.77) 14 (7, 13)	-0.62 (-0.59, -0.67) 13 (5, 13)	-0.69 (-0.65, -0.72) 14 (6, 13)	-0.1 (-0.02, -0.18) 1 (1, 1)	-0.9 (-1.74, -0.03) <i>15 (1, 14)</i>	-0.67 (-0.64, -0.7) 14 (6, 13)	-0.2 (-0.17, -0.22) 3 (1, 6)	-0.41 (-0.4, -0.4) 7 (2, 11)	-0.69 (-0.68, -0.7) 14 (6, 13)	NA 12 (12, 7)
Nigella sativa seed oil	-1.16 (-0.62, -1.67) 15 (7, 17)	-0.99 (-0.71, -1.26) <i>11 (3, 18)</i>	-1.25 (-0.65, -1.84) 18 (10, 17)	-1.13 (-0.52, -1.7) <i>15 (8, 15)</i>	-0.8 (-0.42, -1.2) 7 (2, 13)	-1.13 (-0.85, -1.37) <i>15 (4, 18)</i>	-0.74 (-0.31, -1.17) 6 (2, 10)	-1.25 (-0.8, -1.71) 18 (8, 18)	-1.1 (-0.92, -1.28) <i>14 (</i> 3, <i>19</i> )	-1.06 (-0.45, -1.55) 12 (6, 14)	-0.68 (-0.17, -1.18) 4 (2, 5)	-1.28 (-0.82, -1.7) 18 (8, 18)	-1.17 (-0.47, -1.84) 16 (10, 15)	-1.53 (-1.03, -2.01) 24 (16, 19)	0.14 (-0.41, 0.73) 1 (0, 13)	, , ,	-0.56 (-0.15, -0.93) 3 (1, 5)	' ' '   '	-1.6 1.83, -1.35) <i>21 (3, 19)</i>	0.18 (0.58, -0.18) -1 (0, -7)	-1.22 (-0.71, -1.7) 17 (8, 18)	-1.18 (-0.75, -1.6) <i>16 (6, 18)</i>	-1.25 (-0.81, -1.65) 18 (7, 18)	-0.66 (-0.17, -1.11) 4 (2, 6)	-1.46 (-1.89, -0.96) 19 (2, 19)	-1.22 (-0.79, -1.63) <i>17 (7, 18)</i>	-0.75 (-0.33, -1.15) 6 (2, 11)	-0.97 (-0.56, -1.34) 11 (3, 16)	-1.25 (-0.83, -1.63) <i>17 (7, 18)</i>	NA 15 (13, 12)
Omega-3 fatty acids	0.44 (1.21, -0.31) -6 (4, -2)	0.6 (1.13, 0.09) -10 (0, -1)	0.35 (1.18, -0.49) -3 (7, -2)	0.46 (1.31, -0.35) -6 (5, -4)	0.79 (1.42, 0.16) -14 (-1, -6)	0.47 (0.98, -0.02) -6 (1, -1)	0.85 (1.52, 0.19) -15 (-1, -9)	0.34 (1.04, -0.35) -3 (5, -1)	0.5 (0.91, 0.08) -7 (0, 0)	0.54 (1.38, -0.19) -9 (3, -5)	0.91 (1.67, 0.17) -17 (-1, -14)	0.32 (1.01, -0.35) -3 (5, -1)	0.43 (1.37, -0.48) -5 (7, -4)	0.06 (0.8, -0.66) 3 (13, 0)	1.73 (1.42, 2.08) -20 (-3, -6)	0.44 (1.02, -0.14) -6 (2, -1)	, , ,	' ' '	-0.44 (-1.6, 0.7) <i>24 (4,</i> 30)	1.78 (2.41, 1.17) -22 (-3, -26)	0.37 (1.12, -0.35) - <i>4</i> (5, -1)	0.42 (1.08, -0.25) -5 (3, -1)	0.35 (1.02, -0.3) -3 (4, -1)	0.94 (1.66, 0.24) -17 (-1, -13)	0.14 (-0.06, 0.4) -3 (-1, 0)	0.37 (1.04, -0.28) -4 (4, -1)	0.84 (1.5, 0.2) -15 (-1, -8)	0.63 (1.28, 0.02) -10 (0, -3)	0.35 (1, -0.28) -4 (4, -1)	NA -6 (10, -7)
Prelox	-1.35 (-1.2, -1.49) <i>17 (7, 24)</i>	-1.18 (-1.29, -1.08) <i>13 (3, 25)</i>	-1.43 (-1.23, -1.67) 19 (10, 24)	-1.32 (-1.1, -1.53) <i>16 (8, 22)</i>	-0.99 (-1, -1.02) 8 (2, 20)	-1.31 (-1.43, -1.19) <i>16 (4, 25)</i>	-0.93 (-0.89, -0.99) 7 (2, 17)	-1.44 (-1.37, -1.53) <i>19 (8, 25)</i>	-1.28 (-1.5, -1.1) <i>15 (3, 26)</i>	-1.24 (-1.03, -1.37) <i>14 (6, 21)</i>	-0.87 (-0.74, -1) 6 (2, 12)	-1.46 (-1.4, -1.53) 20 (8, 25)	-1.35 (-1.04, -1.66) <i>17 (10, 22)</i>	-1.72 (-1.61, -1.83) 25 (16, 26)	-0.05 (-0.99, 0.91) 2 (0, 20)	-1.34 (-1.39, -1.32) <i>16 (5, 25)</i>	-0.74 (-0.73, -0.75) 4 (1, 12)	-0.18 (-0.58, 0.18) 1 (0, 7)	-1.78 2.41, -1.17) <i>22 (3, 26)</i>	1.34 (0.81, 1.87) 2 (1, 4)	-1.41 (-1.29, -1.52) <i>18 (8, 25)</i>	-1.36 (-1.33, -1.42) <i>17 (6, 25)</i>	-1.43 (-1.39, -1.48) 19 (7, 25)	-0.84 (-0.75, -0.94) 5 (2, 13)	-1.64 (-2.47, -0.78) 20 (2, 26)	-1.41 (-1.37, -1.45) 18 (7, 25)	-0.94 (-0.91, -0.97) 7 (2, 18)	-1.15 (-1.14, -1.16) <i>12 (3, 23)</i>	-1.43 (-1.41, -1.46) <i>19 (7, 25)</i>	NA 16 (13, 19)
Profertil	0.06 (0.09, 0.03) -2 (-1, -1)	0.23 (0.01, 0.44) -6 (-5, 0)	-0.02 (0.06, -0.15) 1 (2, -1)	0.09 (0.2, -0.01) -3 (0, -3)	0.42 (0.3, 0.5) -10 (-6, -5)	0.1 (-0.14, 0.33) -3 (-4, 0)	0.48 (0.41, 0.53) -12 (-6, -8)	-0.03 (-0.08, -0.01) 1 (0, 0)	0.13 (-0.2, 0.42) -4 (-5, 1)	0.17 (0.26, 0.15) -5 (-2, -4)	0.54 (0.55, 0.52) -13 (-6, -13)	-0.05 (-0.11, 0) <i>1 (0, 0)</i>	0.06 (0.25, -0.14) -2 (2, -3)	-0.31 (-0.32, -0.31) 7 (8, 1)	1.36 (0.3, 2.43) -16 (-8, -5)	0.06 (-0.09, 0.2) <i>-2 (-3, 0)</i>	0.67 (0.56, 0.77) -14 (-7, -13)	`   `	-0.37 -1.12, 0.35) <i>4 (-5, 1)</i>	1.41 (1.29, 1.52) -18 (-8, -25)	-0.07 (-0.48, 0.35) <i>20 (9, 29)</i>	0.04 (-0.03, 0.1) -1 (-2, 0)	-0.02 (-0.1, 0.04) 0 (-1, 0)	0.57 (0.54, 0.59) -13 (-6, -12)	-0.24 (-1.18, 0.74) 1 (-6, 1)	0 (-0.08, 0.07) <i>0 (-1, 0)</i>	0.47 (0.39, 0.55) -11 (-6, -7)	0.26 (0.16, 0.36) -7 (-5, -2)	-0.02 (-0.12, 0.07) <i>0 (-1, 0)</i>	NA -2 (5, -6)
Proxeed plus	0.02 (0.12, -0.07) 0 (1, -1)	0.19 (0.04, 0.34) -4 (-3, 0)	-0.07 (0.1, -0.24) 2 (4, -1)	0.05 (0.23, -0.1) -1 (2, -3)	0.38 (0.33, 0.4) -9 (-4, -5)	0.05 (-0.1, 0.23) -1 (-2, 0)	0.44 (0.44, 0.43) -10 (-4, -8)	-0.07 (-0.05, -0.11) 2 (2, 0)	0.08 (-0.17, 0.32) -2 (-3, 1)	0.12 (0.3, 0.05) -3 (0, -4)	0.5 (0.58, 0.42) -11 (-4, -13)	-0.1 (-0.07, -0.1) 3 (2, 0)	0.01 (0.28, -0.24) 0 (4, -3)	-0.35 (-0.28, -0.41) 8 (10, 1)	1.32 (0.34, 2.33) -15 (-6, -5)	0.02 (-0.06, 0.1) -1 (-1, 0)	0.62 (0.59, 0.67) -13 (-5, -13)	' ' '   '	-0.42 -1.08, 0.25) <i>5 (-3, 1)</i>	1.36 (1.33, 1.42) -17 (-6, -25)	-0.04 (0.03, -0.1) 1 (2, 0)	-0.03 (-0.52, 0.45) 19 (7, 29)	-0.07 (-0.06, -0.06) 2 (1, 0)	0.52 (0.58, 0.49) -12 (-4, -12)	-0.28 (-1.15, 0.64) 3 (-4, 1)	-0.04 (-0.04, -0.03) 1 (1, 0)	0.43 (0.42, 0.45) -10 (-4, -7)	0.22 (0.19, 0.26) -5 (-3, -2)	-0.07 (-0.08, -0.03) 2 (1, 0)	NA -1 (7, -6)
Saffron	0.08 (0.18, -0.01) -2 (0, -1)	0.25 (0.1, 0.4) -6 (-4, 0)	0 (0.16, -0.19) 0 (3, -1)	0.11 (0.29, -0.05) -3 (1, -3)	0.44 (0.39, 0.46) -11 (-5, -5)	, , ,	, , ,	-0.01 (0.01, -0.05) <i>0 (1, 0)</i>	, , ,		0.56 (0.64, 0.48) -13 (-5, -13)							1.25 (0.81, 1.65) -18 (-7, -18)		1.43 (1.39, 1.48) -19 (-7, -25)	( , , , , , ,	( , ,	-0.09 (-0.58, 0.39) <i>21 (8, 29)</i>	0.59 (0.64, 0.54) -13 (-5, -12)	-0.21 (-1.09, 0.7) 1 (-5, 1)	0.02 (0.02, 0.03) -1 (0, 0)	0.49 (0.48, 0.51) -12 (-5, -7)	0.28 (0.25, 0.32) -7 (-4, -2)	0 (-0.02, 0.02) 0 (0, 0)	NA -2 (6, -6)
Selenium	-0.5 (-0.45, -0.55) 11 (5, 11)	-0.34 (-0.53, -0.14) 7 (1, 12)	-0.59 (-0.48, -0.73) 14 (8, 11)	-0.48 (-0.35, -0.59) <i>10 (6, 9)</i>	-0.14 (-0.24, -0.08) 3 (0, 7)	-0.47 (-0.68, -0.26) 10 (2, 12)	-0.09 (-0.14, -0.05) 1 (0, 4)	-0.6 (-0.62, -0.59) <i>14 (6, 12)</i>	-0.44 (-0.75, -0.16) 9 (1, 13)	-0.4 (-0.28, -0.43) 8 (4, 8)	-0.03 (0.01, -0.06) <i>0 (0, -1)</i>	-0.62 (-0.65, -0.59) <i>14 (6, 12)</i>	-0.51 (-0.29, -0.72) 11 (8, 9)	-0.88 (-0.86, -0.9) 19 (14, 13)	0.79 (-0.24, 1.84) -3 (-2, 7)	-0.5 (-0.64, -0.38) 11 (3, 12)	0.1 (0.02, 0.18) -1 (-1, -1)	0.66 (0.17, 1.11) -4 (-2, -6)	-0.94 1.66, -0.24) <i>17 (1, 13)</i>	0.84 (0.75, 0.94) -5 (-2, -13)	-0.57 (-0.54, -0.59) <i>13 (6, 12)</i>	-0.52 (-0.58, -0.49) 12 (4, 12)	-0.59 (-0.64, -0.54) 13 (5, 12)	0.5 (0.06, 0.94) 7 (3, 17)	-0.8 (-1.72, 0.16) <i>14 (0, 13)</i>	-0.57 (-0.62, -0.52) 13 (5, 12)	-0.1 (-0.16, -0.04) 2 (0, 5)	-0.31 (-0.38, -0.22) 6 (1, 10)	-0.59 (-0.66, -0.52) <i>13 (5, 12)</i>	NA 11 (11, 6)
Vitamin c + vitamin E	0.3 (1.27, -0.71) -3 (5, -2)	0.47 (1.19, -0.3) -7 (1, -1)	0.21 (1.24, -0.89) 0 (8, -2)	0.32 (1.38, -0.75) -4 (6, -4)	0.66 (1.48, -0.24) -12 (0, -6)	0.33 (1.04, -0.41) -4 (2, -1)	0.72 (1.59, -0.21) -13 (0, -9)	0.2 (1.1, -0.75) -1 (6, -1)	0.36 (0.98, -0.32) -5 (1, 0)	0.4 (1.44, -0.59) -6 (4, -5)	0.78 (1.73, -0.22) -14 (0, -14)	0.18 (1.07, -0.75) <i>0 (6, -1)</i>	0.29 (1.43, -0.88) -3 (8, -4)	-0.07 (0.86, -1.05) 5 (14, 0)	1.6 (1.48, 1.68) -18 (-2, -6)	0.3 (1.09, -0.54) -3 (3, -1)	0.9 (1.74, 0.03) -15 (-1, -14)	' ' '   '	-0.14 (0.06, -0.4) 3 (1, 0)	1.64 (2.47, 0.78) -20 (-2, -26)	0.24 (1.18, -0.74) -1 (6, -1)	0.28 (1.15, -0.64) -3 (4, -1)	0.21 (1.09, -0.7) -1 (5, -1)	0.8 (1.72, -0.16) -14 (0, -13)	-0.31 (-1.67, 1.09) <i>22 (3, 30)</i>	0.24 (1.1, -0.67) -2 (5, -1)	0.71 (1.57, -0.19) -13 (0, -8)	0.49 (1.34, -0.38) -8 (1, -3)	0.21 (1.06, -0.68) -1 (5, -1)	NA -3 (11, -7)
Vitamin D3	0.06 (0.17, -0.04) -2 (0, -1)	0.23 (0.09, 0.37) -6 (-4, 0)	-0.03 (0.14, -0.22) 1 (3, -1)	0.09 (0.27, -0.08) -2 (1, -3)	0.42 (0.38, 0.43) -10 (-5, -5)	0.09 (-0.06, 0.26) -2 (-3, 0)	0.48 (0.48, 0.46) -11 (-5, -8)	-0.03 (0, -0.08) 1 (1, 0)	0.13 (-0.12, 0.35) -3 (-4, 1)	0.17 (0.34, 0.08) -5 (-1, -4)	0.54 (0.63, 0.45) -13 (-5, -13)	-0.05 (-0.03, -0.07) 1 (1, 0)	0.06 (0.33, -0.21) -1 (3, -3)	-0.31 (-0.24, -0.38) 7 (9, 1)	1.36 (0.38, 2.36) -16 (-7, -5)	0.06 (-0.02, 0.13) -2 (-2, 0)	0.67 (0.64, 0.7) -14 (-6, -13)	`'i.   `	-0.37 -1.04, 0.28) <i>4 (-4, 1)</i>	1.41 (1.37, 1.45) -18 (-7, -25)	0 (0.08, -0.07) <i>0 (1, 0)</i>	0.04 (0.04, 0.03) -1 (-1, 0)	-0.02 (-0.02, -0.03) 1 (0, 0)	0.57 (0.62, 0.52) -13 (-5, -12)	-0.24 (-1.1, 0.67) 2 (-5, 1)	-0.07 (-0.56, 0.42) 20 (8, 29)	0.47 (0.46, 0.48) -11 (-5, -7)	0.26 (0.24, 0.29) -6 (-4, -2)	-0.02 (-0.04, -0.01) <i>0 (0, 0)</i>	NA -2 (6, -6)
Vitamin D3 + calcium	-0.41 (-0.3, -0.52) 9 (5, 6)	-0.24 (-0.38, -0.11) 5 (1, 7)	-0.49 (-0.32, -0.69) <i>12 (8, 6)</i>	-0.38 (-0.19, -0.55) 9 (6, 4)	-0.05 (-0.09, -0.05) 1 (0, 2)	-0.37 (-0.52, -0.22) 9 (2, 7)	0.01 (0.02, -0.02) 0 (0, -1)	-0.5 (-0.47, -0.56) 12 (6, 7)	-0.34 (-0.59, -0.13) 8 (1, 8)	-0.3 (-0.12, -0.4) 7 (4, 3)	0.07 (0.16, -0.03) -2 (0, -6)	-0.52 (-0.49, -0.55) <i>12 (6, 7)</i>	-0.41 (-0.14, -0.69) 10 (8, 4)	-0.78 (-0.71, -0.86) 18 (14, 8)	0.89 (-0.08, 1.88) -5 (-2, 2)	-0.41 (-0.48, -0.35) 9 (3, 7)	0.2 (0.17, 0.22) -3 (-1, -6)	0.75 (0.33, 1.15) -6 (-2, -11)	-0.84 (-1.5, -0.2) <i>15 (1, 8)</i>	0.94 (0.91, 0.97) -7 (-2, -18)	-0.47 (-0.39, -0.55) 11 (6, 7)	-0.43 (-0.42, -0.45) 10 (4, 7)	-0.49 (-0.48, -0.51) 12 (5, 7)	0.1 (0.16, 0.04) -2 (0, -5)	-0.71 (-1.57, 0.19) <i>13 (0, 8)</i>	-0.47 (-0.46, -0.48) 11 (5, 7)	0.4 (-0.1, 0.9) 9 (3, 22)	-0.21 (-0.23, -0.19) 5 (1, 5)	-0.49 (-0.5, -0.48) 12 (5, 7)	NA 9 (11, 1)
Vitamin E	-0.2 (-0.07, -0.33) 5 (4, 1)	-0.03 (-0.15, 0.08) 1 (0, 2)	-0.28 (-0.09, -0.51) 7 (7, 1)	-0.17 (0.04, -0.37) 4 (5, -1)	0.16 (0.14, 0.14) -4 (-1, -3)	-0.16 (-0.3, -0.03) 4 (1, 2)	0.22 (0.25, 0.17) -5 (-1, -6)	-0.29 (-0.24, -0.37) 7 (5, 2)	-0.13 (-0.36, 0.06) 3 (0, 3)	-0.09 (0.1, -0.21) 2 (3, -2)	0.28 (0.39, 0.16) -6 (-1, -11)	-0.31 (-0.27, -0.37) 8 (5, 2)	-0.2 (0.09, -0.5) 5 (7, -1)	-0.57 (-0.48, -0.67) 13 (13, 3)	1.1 (0.15, 2.06) -10 (-3, -3)	-0.19 (-0.25, -0.16) 5 (2, 2)	0.41 (0.4, 0.4) -7 (-2, -11)		-0.63 1.28, -0.02) <i>10 (0, 3)</i>	1.15 (1.14, 1.16) -12 (-3, -23)	-0.26 (-0.16, -0.36) 7 (5, 2)	-0.22 (-0.19, -0.26) 5 (3, 2)	-0.28 (-0.25, -0.32) 7 (4, 2)	0.31 (0.38, 0.22) -6 (-1, -10)	-0.49 (-1.34, 0.38) 8 (-1, 3)	-0.26 (-0.24, -0.29) 6 (4, 2)	0.21 (0.23, 0.19) -5 (-1, -5)	0.19 (-0.33, 0.71) <i>14 (4, 27)</i>	-0.28 (-0.28, -0.3) 7 (4, 2)	NA 5 (10, -4)
Zinc		0.25 (0.13, 0.38) -6 (-4, 0)	0 (0.18, -0.21) 1 (3, -1)	0.11 (0.31, -0.07) -3 (1, -3)	0.45 (0.42, 0.44) -11 (-5, -5)	0.12 (-0.02, 0.26) -3 (-3, 0)	0.5 (0.52, 0.47) -12 (-5, -8)	-0.01 (0.04, -0.07) <i>0 (1, 0)</i>	0.15 (-0.08, 0.36) -4 (-4, 1)	0.19 (0.38, 0.09) -5 (-1, -4)	0.56 (0.67, 0.46) -13 (-5, -13)	-0.03 (0.01, -0.07) 1 (1, 0)	0.08 (0.37, -0.2) -2 (3, -3)	-0.28 (-0.2, -0.38) 6 (9, 1)	1.38 (0.42, 2.36) -17 (-7, -5)	0.09 (0.02, 0.14) -2 (-2, 0)	0.69 (0.68, 0.7) -14 (-6, -13)	1.25 (0.83, 1.63) -17 (-7, -18)	-0.35 (-1, 0.28) 4 (-4, 1)	1.43 (1.41, 1.46) -19 (-7, -25)	0.02 (0.12, -0.07) <i>0 (1, 0)</i>	0.07 (0.08, 0.03) -2 (-1, 0)	0 (0.02, -0.02) 0 (0, 0)	0.59 (0.66, 0.52) -13 (-5, -12)	-0.21 (-1.06, 0.68) 1 (-5, 1)	0.02 (0.04, 0.01) <i>0 (0, 0)</i>	0.49 (0.5, 0.48) -12 (-5, -7)	0.28 (0.28, 0.3) -7 (-4, -2)	-0.1 (-0.6, 0.42) 21 (8, 29)	NA -2 (6, -6)

 Placebo/No
 NA
 NA