				Difference between count NMA estimated relative effect compared to placebo and ranks Ranks in italics, and bold diagonal is relative effect and rank compared to placebo Legariting +																												
Intervention	Addyzoa	Ala	Bestfertil	Carob	Coenzyme Q10	Dha + fsv	Dha 400-500 mg	Dha 800- 1000 mg	Dha 1500- 2000 mg	Epa+dha	Fdc + zinc high dose	Fdc + zinc low dose	Folic acid	Folic acid + zinc	Herbal supplement	L- acetylcarnitine	E L-carnitine	L-carnitine + L- acetylcarnitine	Lycopene	Magnesium	Micronutrient supplement	Myoinositol	N-acetyl cysteine	Nigella sativa seed oil	Prelox	Profertil	Proxeed plus	Saffron	Selenium	Spermaktin forte	Speroton	Tds
Addyzoa	6.43 (-5.05, 18.02) 17 (2, 41)	-3.3 (1.65, -8.17) 6 (7, -2)	-5.67 (-4.52, -6.91) 11 (5, 2)	-5.19 (-0.74, -9.76) 11 (9, 1)	-4.25 (2.93, -11.85) 9 (13, -3)	-2.6 (3.56, -8.87) 4 (8, -5)	-7.39 (-1.57, -13.24) 16 (17, 1)	-8.83 (-4.74, -12.91) 18 (16, 3)	-7.29 (-3.31, -11.43) 15 (13, 2)	4.63 (9.08, -0.52) -9 (0, -20)	7.47 (10.91, 3.56) -12 (-1, -25)	6.2 (9.66, 1.7) -11 (-1, -22)	0.01 (5.49, -5.25) -2 (3, -10)	-4.67 (2.37, -11.97) 10 (13, -2)	5.75 (11.74, -0.53) -11 (0, -27)	-7.5 (-3.3, -11.81) 16 (14, 2)	-5.43 (3.06, -13.88) 12 (18, -3)	-3.57 (2.75, -10.2) 7 (10, -3)	-1.23 (2.18, -5.06) 2 (3, -2)	-2.36 (0.03, -4.74) 4 (3, 0)	-7.94 (-13.63, -2.97) 13 (1, 3)	-1.57 (3.22, -6.81) 2 (5, -4)	0 (6.19, -6.34) -2 (4, -12)	4.52 (4.42, 4.38) -7 (-1, -7)	5.76 (9.26, 2.12) -10 (-1, -21)	-3.18 (2.21, -8.67) 6 (8, -3)	3.06 (5.69, 0.24) -6 (0, -10)	-7.2 (-2.53, -12.07) 15 (14, 2)	0.76 (6.87, -5.48) -3 (3, -14)	13 (5, 3)	-0.24 (-5.22, 4.92) 1 (-1, 2)	14.51 (13.19, 15.4 -15 (-1, -29
Ala	3.3 (-1.65, 8.17) -6 (-7, 2) 5.67	3.13 (-3.4, 9.85) 24 (9, 39) 2.37	-2.37 (-6.17, 1.26) 5 (-2, 4) 0.76	-1.89 (-2.39, -1.59) 5 (2, 3) 0.48	-0.96 (1.28, -3.68) 2 (6, -1) 1.42	0.7 (1.91, -0.71) -2 (1, -3) 3.07	-4.09 (-3.22, -5.07) 10 (10, 3) -1.71	-5.53 (-6.39, -4.74) 12 (9, 5) -3.16	-3.99 (-4.96, -3.27) 9 (6, 4) -1.62	7.93 (7.43, 7.64) -15 (-7, -18)	10.77 (9.26, 11.72) -18 (-8, -23) 13.14	9.5 (8.01, 9.87) -17 (-8, -20)	3.31 (3.84, 2.92) -8 (-4, -8) 5.68	-1.38 (0.72, -3.8) 4 (6, 0)	9.04 (10.1, 7.64) -17 (-7, -25)	-4.2 (-4.95, -3.64) 10 (7, 4) -1.83	-2.13 (1.42, -5.71) 6 (11, -1)	-0.27 (1.11, -2.04) 1 (3, -1) 2.1	2.07 (0.53, 3.11) -5 (-4, 0) 4.44	0.94 (-1.61, 3.43) -2 (-4, 2) 3.32	-4.64 (-15.28, 5.19) 7 (-6, 5) -2.27	1.73 (1.57, 1.36) -4 (-2, -2) 4.1	(4.54, 1.82) -8 (-3, -10) 5.67	7.82 (2.78, 12.55) -14 (-8, -5)	9.06 (7.61, 10.28) -16 (-8, -19)	0.12 (0.57, -0.51) 0 (1, -1) 2.49	6.36 (4.05, 8.41) -12 (-7, -8) 8.74	-3.9 (-4.18, -3.9) 9 (7, 4) -1.53	4.06 (5.22, 2.69) -10 (-4, -12) 6.43	-3.41 (-9.05, 1.85) 6 (-2, 5) -1.03	3.06 (-6.86, 13.09) -5 (-8, 4) 5.43	17.81 (11.55, 23.5 -21 (-8, -2; 20.18
Bestfertil Carob	(4.52, 6.91) -11 (-5, -2) 5.19 (0.74, 9.76)	(6.17, -1.26) -5 (2, -4) 1.89 (2.39, 1.59)	(-9.57, 11.11) 29 (7, 43) -0.48 (-3.78, 2.85)	(3.78, -2.85) 0 (4, -1) 1.24 (-5.79, 8.26)	(7.45, -4.94) -3 (8, -5) 0.94 (3.67, -2.09)	(8.08, -1.96) -7 (3, -7) 2.59	(2.95, -6.32) 5 (12, -1) -2.19 (-0.83, -3.48)	(-0.22, -6) 7 (11, 1) -3.64	(1.21, -4.52) 4 (8, 0) -2.1	(13.6, 6.39) -20 (-5, -22) 9.82	(15.43, 10.47) -23 (-6, -27) 12.66 (11.65, 13.31)	(14.18, 8.61) -22 (-6, -24) 11.39 (10.4, 11.46)	(10.01, 1.66) -13 (-2, -12) 5.2 (6.23, 4.51)	(6.89, -5.05) -1 (8, -4) 0.52 (3.11, -2.21)	(16.26, 6.38) -22 (-5, -29) 10.94 (12.49, 9.23)	(1.22, -4.9) 5 (9, 0) -2.31 (-2.56, -2.05)	(7.58, -6.97) 1 (13, -5) -0.24 (3.81, -4.12)	(7.27, -3.29) -4 (5, -5) 1.62 (3.5, -0.45)	(6.7, 1.85) -10 (-2, -4) 3.96 (2.92, 4.7)	(4.55, 2.17) -7 (-2, -2) 2.84 (0.78, 5.02)	(-9.11, 3.94) 2 (-4, 1) -2.75 (-12.89, 6.78)	(7.74, 0.1) -9 (0, -6) 3.62 (3.96, 2.95)	(10.71, 0.57) -13 (-1, -14) 5.19 (6.93, 3.42)	(8.94, 11.29) -19 (-6, -9) 9.71	(13.78, 9.03) -22 (-6, -23) 10.95 (10, 11.88)	(6.73, -1.76) -5 (3, -5) 2.01 (2.96, 1.09)	(10.21, 7.15) -17 (-5, -12) 8.26 (6.44, 10)	(1.99, -5.16) 4 (9, 0) -2.01 (-1.79, -2.31)	(11.39, 1.43) -15 (-2, -16) 5.95 (7.61, 4.28)	(-2.88, 0.59) 1 (0, 1) -1.51 (-6.66, 3.44)	-10 (-6, 0) 4.95	(17.71, 22.3 -26 (-6, -3; 19.7 (13.94, 25.1
Coenzyme	4.25 (-2.93, 11.85)	-5 (-2, -3) 0.96 (-1.28, 3.68)	0 (-4, 1) -1.42 (-7.45, 4.94)	-0.94 (-3.67, 2.09)	-2 (4, -4) 2.17 (-2.12, 6.17)	-6 (-1, -6) 1.66 (0.63, 2.98)	5 (8, 0) -3.13 (-4.5, -1.39)	7 (7, 2) -4.57 (-7.67, -1.06)	5 (4, 1) -3.03 (-6.24, 0.42)	(5.32, 5.24) -20 (-9, -21) 8.89 (6.15, 11.33)	-23 (-10, -26) 11.72 (7.98, 15.4)	-22 (-10, -23) 10.46 (6.73, 13.55)	4.26 (2.56, 6.6)	-1 (4, -3) -0.42 (-0.56, -0.12)	-22 (-9, -28) 10 (8.81, 11.32)	5 (5, 1) -3.25 (-6.23, 0.04)	1 (9, -4) -1.18 (0.13, -2.03)	0.69 (-0.18, 1.64)	3.02 (-0.75, 6.79)	-6 (-6, -1) 1.9 (-2.9, 7.11)	2 (-8, 2) -3.68 (-16.56, 8.87)	-9 (-4, -5) 2.69 (0.29, 5.04)	4.25 (3.26, 5.51)	-18 (-10, -8) 8.77 (1.49, 16.23)	-21 (-10, -22) 10.01 (6.33, 13.97)	-5 (-1, -4) 1.08 (-0.72, 3.18)	-17 (-9, -11) 7.32 (2.76, 12.09)	5 (5, 1) -2.94 (-5.46, -0.22)	5.02 (3.94, 6.37)	2 (-4, 2) -2.45 (-10.33, 5.53)	-9 (-10, 1) 4.01 (-8.15, 16.77)	-26 (-10, -3 18.77 (10.26, 27.2
Dha + fsv	-9 (-13, 3) 2.6 (-3.56, 8.87) -4 (-8, 5)	-2 (-6, 1) -0.7 (-1.91, 0.71) 2 (-1, 3)	3 (-8, 5) -3.07 (-8.08, 1.96) 7 (-3, 7)	2 (-4, 4) -2.59 (-4.3, -0.89) 6 (1, 6)	-1.66 (-0.63, -2.98) 4 (5, 2)	3.83 (-1.49, 9.14) 22 (10, 36)	7 (4, 4) -4.79 (-5.12, -4.36) 12 (9, 6)	-6.23 (-8.3, -4.04) 14 (8, 8)	7 (0, 5) -4.69 (-6.87, -2.56) 11 (5, 7)	7.23 (5.52, 8.35) -14 (-8, -15)	10.07 (7.35, 12.43) -16 (-9, -20)	8.8 (6.1, 10.57) -15 (-9, -17)	2.61 (1.93, 3.62) -6 (-5, -5)	1 (0, 1) -2.08 (-1.19, -3.09) 6 (5, 3)	8.35 (8.19, 8.34) -15 (-8, -22)	7 (1, 5) -4.9 (-6.86, -2.94) 11 (6, 7)	3 (5, 0) -2.83 (-0.49, -5) 8 (10, 2)	-2 (-3, 0) -0.97 (-0.8, -1.33) 2 (2, 2)	-7 (-10, 1) 1.37 (-1.38, 3.81) -3 (-5, 3)	-4 (-10, 3) 0.24 (-3.52, 4.13) 0 (-5, 5)	5 (-12, 6) -5.34 (-17.19, 5.9) 9 (-7, 8)	-7 (-8, -1) 1.03 (-0.34, 2.06) -2 (-3, 1)	-10 (-9, -9) 2.6 (2.63, 2.53) -6 (-4, -7)	7.12 (0.87, 13.26) -12 (-9, -2)	8.36 (5.7, 10.99) -15 (-9, -16)	-3 (-5, 0) -0.58 (-1.34, 0.2) 1 (0, 2)	-15 (-13, -7) 5.66 (2.14, 9.11) -11 (-8, -5)	7 (1, 5) -4.6 (-6.09, -3.19) 11 (6, 7)	3.36 (3.31, 3.4) -8 (-5, -9)	4 (-8, 6) -4.1 (-10.96, 2.56) 8 (-3, 8)	-7 (-14, 5) 2.36 (-8.77, 13.79) -3 (-9, 7)	17.11 (9.64, 24.27 -19 (-9, -24
Dha 400-500 mg	7.39 (1.57, 13.24) -16 (-17, -1)	4.09 (3.22, 5.07) -10 (-10, -3)	1.71 (-2.95, 6.32) -5 (-12, 1)	2.19 (0.83, 3.48) -5 (-8, 0)	3.13 (4.5, 1.39) -7 (-4, -4)	4.79 (5.12, 4.36) -12 (-9, -6)	-0.96 (-6.62, 4.78) 34 (19, 42)	-1.44 (-3.18, 0.33) 2 (-1, 2)	0.1 (-1.74, 1.8) -1 (-4, 1)	12.02 (10.65, 12.71) -25 (-17, -21)	14.85 (12.48, 16.79) -28 (-18, -26)	13.59 (11.23, 14.94) -27 (-18, -23)	7.39 (7.06, 7.99) -18 (-14, -11)	2.71 (3.94, 1.27) -6 (-4, -3)	13.13 (13.31, 12.71) -27 (-17, -28)	-0.12 (-1.74, 1.43) 0 (-3, 1)	1.95 (4.63, -0.64) -4 (1, -4)	3.82 (4.32, 3.03) -9 (-7, -4)	6.16 (3.75, 8.17) -14 (-14, -3)	5.03 (1.6, 8.5) -12 (-14, -1)	-0.55 (-12.06, 10.26) -3 (-16, 2)	5.82 (4.79, 6.43) -14 (-12, -5)	7.38 (7.76, 6.89) -18 (-13, -13)	11.9 (5.99, 17.62) -24 (-18, -8)	13.14 (10.83, 15.35) -26 (-18, -22)	4.21 (3.78, 4.56) -10 (-9, -4)	10.45 (7.26, 13.48) -22 (-17, -11)	0.19 (-0.96, 1.17) -1 (-3, 1)	8.15 (8.44, 7.76) -19 (-14, -15)	0.68 (-5.83, 6.92) -3 (-12, 2)	7.14 (-3.65, 18.16) -15 (-18, 1)	21.9 (14.76, 28.6 -31 (-18, -3
Dha 800-1000 mg	8.83 (4.74, 12.91) -18 (-16, -3) 7.29	5.53 (6.39, 4.74) -12 (-9, -5)	3.16 (0.22, 6) -7 (-11, -1)	3.64 (4, 3.15) -7 (-7, -2)	4.57 (7.67, 1.06) -10 (-3, -6)	6.23 (8.3, 4.04) -14 (-8, -8)	1.44 (3.18, -0.33) -2 (1, -2)	-2.4 (-9.79, 5.11) 36 (18, 44)	1.54 (1.43, 1.48) -3 (-3, -1)	13.46 (13.82, 12.39) -27 (-16, -23)	16.3 (15.65, 16.46) -30 (-17, -28)	15.03 (14.4, 14.61) -29 (-17, -25)	8.84 (10.23, 7.66) -20 (-13, -13)	4.15 (7.11, 0.94) -8 (-3, -5)	14.58 (16.49, 12.38) -29 (-16, -30)	1.33 (1.44, 1.1) -2 (-2, -1)	3.4 (7.81, -0.97) -6 (2, -6)	5.26 (7.5, 2.7) -11 (-6, -6)	7.6 (6.92, 7.85) -17 (-13, -5)	6.47 (4.78, 8.17) -14 (-13, -3) 4.93	0.89 (-8.89, 9.93) -5 (-15, 0)	7.26 (7.96, 6.1) -16 (-11, -7)	8.83 (10.93, 6.57) -20 (-12, -15)	13.35 (9.17, 17.29) -26 (-17, -10)	14.59 (14, 15.03) -28 (-17, -24)	5.65 (6.96, 4.24) -12 (-8, -6)	11.89 (10.44, 13.15) -24 (-16, -13)	1.63 (2.21, 0.84) -3 (-2, -1)	9.59 (11.61, 7.43) -22 (-13, -17)	2.13 (-2.66, 6.59) -6 (-11, 0)	' '	23.34 (17.94, 28.3 -33 (-17, -3
2000 mg	(3.31, 11.43) -15 (-13, -2) -4.63	(4.96, 3.27) -9 (-6, -4) -7.93	(-1.21, 4.52) -4 (-8, 0) -10.3	(2.57, 1.67) -5 (-4, -1) -9.82	(6.24, -0.42) -7 (0, -5)	(6.87, 2.56) -11 (-5, -7)	(1.74, -1.8) 1 (4, -1) -12.02	(-1.43, -1.48) 3 (3, 1) -13.46	(-8.36, 6.58) 33 (15, 43) -11.92	11.06	(14.22, 14.99) -27 (-14, -27) 2.84	(12.97, 13.13) -26 (-14, -24) 1.57	(8.8, 6.18) -17 (-10, -12) -4.62	(5.68, -0.53) -5 (0, -4) -9.3	(15.06, 10.9) -26 (-13, -29)	(0.01, -0.38) 0 (1, 0) -12.13	(6.38, -2.44) -3 (5, -5)	(6.07, 1.23) -8 (-3, -5)	(5.49, 6.37) -14 (-10, -4) -5.86	(3.35, 6.69) -11 (-10, -2) -6.99	(-10.32, 8.46) -2 (-12, 1) -12.57	(6.53, 4.63) -13 (-8, -6) -6.2	(9.5, 5.09) -17 (-9, -14) -4.63	(7.74, 15.82) -23 (-14, -9) -0.11	(12.57, 13.55) -26 (-14, -23)	(5.52, 2.76) -10 (-5, -5)	(9.01, 11.67) -22 (-13, -12) -1.57	(0.78, -0.63) 0 (1, 0) -11.83	-19 (-10, -16) -3.87	-3 (-8, 1) -11.33	-14 (-14, 0) -4.87	(16.51, 26.8 -30 (-14, -3 9.88
Epa+dha Fdc + zinc high dose	(-9.08, 0.52) 9 (0, 20) -7.47 (-10.91, -3.56)	(-7.43, -7.64) 15 (7, 18) -10.77 (-9.26, -11.72)	(-13.6, -6.39) 20 (5, 22) -13.14 (-15.43, -10.47)	(, ,	18 (13, 17) -11.72) (-7.98, -15.4)	14 (8, 15) -10.07	25 (17, 21) -14.85	27 (16, 23) -16.3	(-12.39, -10.91) 24 (13, 22) -14.76 (-14.22, -14.99)	8 (2, 21) -2.84	(1.83, 4.08) -3 (-1, -5) 13.9 (5.86, 21.57)	(0.58, 2.22) -2 (-1, -2) -1.27 (-1.25, -1.85)	8 (3, 10)	(-6.71, -11.44) 19 (13, 18) -12.14 (-8.54, -15.52)	(2.67, -0.01) -2 (0, -7) -1.72 (0.83, -4.09)	25 (14, 22) -14.97 (-14.21, -15.37)	21 (18, 17)	(-6.32, -9.68) 16 (10, 17) -11.04 (-8.16, -13.76)	(-6.9, -4.54) 11 (3, 18) -8.7 (-8.73, -8.62)	(-9.04, -4.22) 13 (3, 20) -9.83 (-10.88, -8.3)	(-22.71, -2.45) 22 (1, 23) -15.41 (-24.54, -6.53)	(-5.86, -6.29) 11 (5, 16) -9.04 (-7.69, -10.36)	(-2.89, -5.82) 7 (4, 8) -7.47 (-4.72, -9.9)	(-4.65, 4.91) 2 (-1, 13) -2.95 (-6.49, 0.83)	(0.18, 2.64) -1 (-1, -1) -1.71 (-1.65, -1.44)	(-6.86, -8.15) 15 (8, 17) -10.65 (-8.7, -12.23)	(-3.38, 0.76) 3 (0, 10) -4.41 (-5.22, -3.31)	(-11.61, -11.54) 25 (14, 22) -14.67 (-13.44, -15.62)	(-2.21, -4.95) 6 (3, 6) -6.71 (-4.04, -9.03)	(-16.48, -5.8) 22 (5, 23) -14.17 (-18.31, -9.87)	(-14.29, 5.44) 11 (-1, 22) -7.71 (-16.13, 1.36)	(4.12, 15.92 -6 (-1, -9) 7.04 (2.28, 11.84
Fdc + zinc low dose	12 (1, 25) -6.2 (-9.66, -1.7) 11 (1, 22)	18 (8, 23) -9.5 (-8.01, -9.87) 17 (8, 20)	23 (6, 27) -11.87 (-14.18, -8.61) 22 (6, 24)	-11.39	-10.46 (-6.73, -13.55)	-8.8 (-6.1, -10.57) 15 (9, 17)	-13.59 (-11.23, -14.94)	30 (17, 28) -15.03 (-14.4, -14.61) 29 (17, 25)	-13.49 (-12.97, -13.13) 26 (14, 24)	3 (1, 5) -1.57 (-0.58, -2.22) 2 (1, 2)	5 (1, 16) 1.27 (1.25, 1.85) -1 (0, -3)	1 (0, 3) 12.63 (4.61, 19.72) 7 (1, 19)	10 (4, 15) -6.19 (-4.17, -6.95) 9 (4, 12)	22 (14, 23) -10.88 (-7.29, -13.67) 21 (14, 20)	1 (1, -2) -0.46 (2.09, -2.23) 0 (1, -5)	-13.7	-11.63 (-6.59, -15.58)	-9.77 (-6.9, -11.91) 18 (11, 19)	14 (4, 23) -7.43 (-7.48, -6.76) 12 (4, 20)	16 (4, 25) -8.56 (-9.62, -6.44) 15 (4, 22)	25 (2, 28) -14.14 (-23.29, -4.68) 24 (2, 25)	14 (6, 21) -7.77 (-6.44, -8.51) 13 (6, 18)	10 (5, 13) -6.2 (-3.47, -8.04) 9 (5, 10)	5 (0, 18) -1.68 (-5.23, 2.68) 3 (0, 15)	2 (0, 4) -0.44 (-0.4, 0.42) 1 (0, 1)	-9.38 (-7.44, -10.37) 17 (9, 19)	6 (1, 15) -3.14 (-3.96, -1.46) 5 (1, 12)	27 (15, 27) -13.4 (-12.19, -13.77) 26 (15, 24)	9 (4, 11) -5.44 (-2.79, -7.18) 7 (4, 8)	25 (6, 28) -12.91 (-17.06, -8.02) 23 (6, 25)	13 (0, 27) -6.44 (-14.87, 3.22) 12 (0, 24)	-3 (0, -4) 8.31 (3.54, 13.7 -4 (0, -7)
Folic acid	-0.01 (-5.49, 5.25) 2 (-3, 10)	-3.31 (-3.84, -2.92) 8 (4, 8)	-5.68	-5.2 (-6.23, -4.51) 12 (6, 11)	-4.26	-2.61 (-1.93, -3.62) 6 (5, 5)	-7.39	-8.84 (-10.23, -7.66) 20 (13, 13)	-7.3 (-8.8, -6.18) 17 (10, 12)	4.62 (3.59, 4.73) -8 (-3, -10)	7.46 (5.42, 8.8) -10 (-4, -15)	6.19	6.44	-4.68 (-3.12, -6.72) 11 (10, 8)	5.74	-7.51 (-8.79, -6.56) 17 (11, 12)	-5.44	-3.58	-1.24 (-3.31, 0.19) 3 (0, 8)	-2.36	-7.95	-1.58 (-2.27, -1.56) 4 (2, 6)	-0.01 (0.7, -1.09) 0 (1, -2)	4.51 (-1.06, 9.63) -6 (-4, 3)	5.75 (3.77, 7.37) -9 (-4, -11)	-3.19 (-3.27, -3.42) 7 (5, 7)	3.06 (0.21, 5.49) -5 (-3, 0)	-7.2 (-8.02, -6.82) 17 (11, 12)	0.75 (1.38, -0.23) -2 (0, -4)	-6.71 (-12.89, -1.07) 14 (2, 13)	-0.25 (-10.7, 10.17) 3 (-4, 12)	14.5 (7.71, 20.6\$ -13 (-4, -1\$
Folic acid + zinc	4.67 (-2.37, 11.97) -10 (-13, 2)	1.38 (-0.72, 3.8) -4 (-6, 0)	-1 (-6.89, 5.05) 1 (-8, 4)	-0.52 (-3.11, 2.21) 1 (-4, 3)	0.42 (0.56, 0.12) -1 (0, -1)	2.08 (1.19, 3.09) -6 (-5, -3)	-2.71 (-3.94, -1.27) 6 (4, 3)	-4.15 (-7.11, -0.94) 8 (3, 5)	-2.62 (-5.68, 0.53) 5 (0, 4)	-19 (-13, -18)	-22 (-14, -23)	-21 (-14, -20)	-11 (-10, -8)		-21 (-13, -25)	6 (1, 4)	2 (5, -1)	-3 (-3, -1)	3.44 (-0.19, 6.9) -8 (-10, 0)	2.32 (-2.34, 7.23) -6 (-10, 2)	3 (-12, 5)	, , ,		9.19 (2.05, 16.35) -17 (-14, -5)	10.43 (6.89, 14.08) -20 (-14, -19)		7.74 (3.32, 12.21) -16 (-13, -8)	-2.52 (-4.9, -0.1) 6 (1, 4)	5.44 (4.5, 6.49) -13 (-10, -12)	-2.03 (-9.77, 5.65) 3 (-8, 5)	4.43 (-7.59, 16.89) -8 (-14, 4)	19.19 (10.82, 27.3 -25 (-14, -2
Herbal supplement	-5.75 (-11.74, 0.53) 11 (0, 27) 7.5	-9.04 (-10.1, -7.64) 17 (7, 25) 4.2	-11.42 (-16.26, -6.38) 22 (5, 29)	, ,	-10 (-8.81, -11.32) 19 (13, 24) 3.25	-8.35 (-8.19, -8.34) 15 (8, 22) 4.9	-13.13 (-13.31, -12.71) 27 (17, 28) 0.12	, , ,	-13.04 (-15.06, -10.9) 26 (13, 29) 0.21	-1.12 (-2.67, 0.01) 2 (0, 7) 12.13	1.72 (-0.83, 4.09) -1 (-1, 2) 14.97	0.46 (-2.09, 2.23) 0 (-1, 5)	` ' '	-10.42 (-9.37, -11.43) 21 (13, 25) 2.83		,	-11.18 (-8.68, -13.35) 23 (18, 24) 2.07	` ' '	-6.98 (-9.57, -4.53) 13 (3, 25) 6.27	,	-13.69 (-25.37, -2.44) 24 (1, 30) -0.44	-7.32 (-8.52, -6.28) 13 (5, 23) 5.93	-5.75 (-5.56, -5.81) 9 (4, 15) 7.5	-1.23 (-7.32, 4.91) 3 (-1, 20) 12.02	0.01 (-2.48, 2.65) 1 (-1, 6) 13.26	-8.93 (-9.53, -8.14) 17 (8, 24) 4.32	-2.68 (-6.05, 0.77) 5 (0, 17)	-12.94 (-14.28, -11.54) 26 (14, 29) 0.3	-4.98 (-4.87, -4.95) 8 (3, 13) 8.26	-12.45 (-19.14, -5.79) 24 (5, 30) 0.8	-5.99 (-16.96, 5.45) 12 (-1, 29) 7.26	8.76 (1.45, 15.93 -4 (-1, -2) 22.01
L- acetylcarnitine	(3.3, 11.81) -16 (-14, -2) 5.43	2.13	(-1.22, 4.9) -5 (-9, 0) -0.24	(2.56, 2.05) -5 (-5, -1) 0.24	1.18	(6.86, 2.94) -11 (-6, -7) 2.83	0 (3, -1)	2 (2, 1)	-1.86	-25 (-14, -22) 10.06	(14.21, 15.37) -28 (-15, -27) 12.9	(12.96, 13.51) -27 (-15, -24) 11.63	-17 (-11, -12) 5.44	(5.67, -0.16) -6 (-1, -4) 0.76	-27 (-14, -29) 11.18	33 (16, 43) -2.07	-4 (4, -5) 1	(6.06, 1.6) -9 (-4, -5) 1.86	(5.48, 6.75) -14 (-11, -4) 4.2	(3.34, 7.07) -11 (-11, -2) 3.07	-2.51	-14 (-9, -6) 3.86	-17 (-10, -14) 5.43	-23 (-15, -9) 9.95	(12.56, 13.93) -26 (-15, -23) 11.19	-10 (-6, -5) 2.25	(9, 12.05) -22 (-14, -12) 8.49	(0.77, -0.26) 0 (0, 0) -1.77	-19 (-11, -16) 6.19	(-4.1, 5.49) -3 (-9, 1) -1.27	(-1.91, 16.73) -14 (-15, 0) 5.19	(16.5, 27.21 -31 (-15, -3 19.94
L-carnitine L-carnitine + L-	(-3.06, 13.88) -12 (-18, 3) 3.57 (-2.75, 10.2)	(-1.42, 5.71) -6 (-11, 1) 0.27 (-1.11, 2.04)	(-7.58, 6.97) -1 (-13, 5) -2.1 (-7.27, 3.29)	(-3.81, 4.12) -1 (-9, 4) -1.62 (-3.5, 0.45)	-3 (-5, 0) -0.69	(0.49, 5) -8 (-10, -2) 0.97 (0.8, 1.33)	(-4.63, 0.64) 4 (-1, 4) -3.82 (-4.32, -3.03)	6 (-2, 6)	-3.72	(6.01, 13.35) -21 (-18, -17) 8.2 (6.32, 9.68)	-24 (-19, -22) 11.04	9.77	-14 (-15, -7) 3.58	-2 (-5, 1) -1.11	-23 (-18, -24) 9.31	4 (-4, 5) -3.93	29 (20, 38) -1.86	-5 (-8, 0) 2.86	-10 (-15, 1) 2.34	-8 <i>(-15, 3)</i> 1.21	(-16.69, 10.9) 1 (-17, 6) -4.37 (-16.38, 7.23)	-10 (-13, -1) 2	3.57	(1.36, 18.26) -19 (-19, -4) 8.09 (1.67, 14.59)	9.33	-6 (-10, 0) 0.39	(2.63, 14.12) -18 (-18, -7) 6.63 (2.94, 10.45)	(-5.6, 1.81) 3 (-4, 5) -3.63 (-5.29, -1.86)	(3.81, 8.4) -15 (-15, -11) 4.33 (4.12, 4.73)	1 (-13, 6) 1 (-13, 6) -3.14 (-10.16, 3.89)	-11 (-19, 5) 3.33 (-7.97, 15.13)	(10.13, 29.2 -27 (-19, -2 18.08 (10.44, 25.6
acetylcarnitine Lycopene	-7 (-10, 3) 1.23 (-2.18, 5.06) -2 (-3, 2)	-1 (-3, 1) -2.07 (-0.53, -3.11) 5 (4, 0)	4 (-5, 5) -4.44 (-6.7, -1.85) 10 (2, 4)	-3.96 (-2.92, -4.7) 9 (6, 3)	2 (3, 0) -3.02 (0.75, -6.79) 7 (10, -1)	-2 (-2, -2) -1.37 (1.38, -3.81) 3 (5, -3)	9 (7, 4) -6.16 (-3.75, -8.17) 14 (14, 3)	11 (6, 6) -7.6 (-6.92, -7.85) 17 (13, 5)	8 (3, 5) -6.06 (-5.49, -6.37) 14 (10, 4)	-16 (-10, -17) 5.86 (6.9, 4.54) -11 (-3, -18)	8.7 (8.73, 8.62) -14 (-4, -23)	7.43 (7.48, 6.76) -12 (-4, -20)	-8 (-7, -7) 1.24 (3.31, -0.19) -3 (0, -8)	3 (3, 1) -3.44 (0.19, -6.9) 8 (10, 0)	-18 (-10, -24) 6.98 (9.57, 4.53) -13 (-3, -25)	9 (4, 5) -6.27 (-5.48, -6.75) 14 (11, 4)	5 (8, 0) -4.2 (0.89, -8.82) 10 (15, -1)	-2.34 (0.58, -5.14) 5 (7, -1)	-5 (-7, 1) 5.2 (-2.87, 12.96) 19 (5, 39)	-3 (-7, 3) -1.13 (-2.14, 0.32) 3 (0, 2)	6 (-9, 6) -6.71 (-15.81, 2.09) 12 (-2, 5)	-5 (-5, -1) -0.34 (1.04, -1.75) 0 (2, -2)	-8 (-6, -9) 1.23 (4.01, -1.28) -3 (1, -10)	5.75	-17 (-11, -18) 6.99 (7.08, 7.18) -12 (-4, -19)	-1 (-2, 0) -1.95 (0.03, -3.61) 4 (5, -1)	-13 (-10, -7) 4.29 (3.52, 5.3) -8 (-3, -8)	9 (4, 5) -5.97 (-4.71, -7.01) 14 (11, 4)	-10 (-7, -11) 1.99 (4.69, -0.42) -5 (0, -12)	6 (-5, 6) -5.47 (-9.58, -1.26)	-5 (-11, 5) 0.99 (-7.4, 9.98)	-22 (-11, -2 15.74 (11.02, 20.4 -17 (-4, -2)
Magnesium	2.36 (-0.03, 4.74) -4 (-3, 0)	-0.94 (1.61, -3.43)	-3.32 (-4.55, -2.17) 7 (2, 2)	-2.84 (-0.78, -5.02) 6 (6, 1)	-1.9	-0.24	-5.03	-6.47	-4.93 (-3.35, -6.69)	6.99 (9.04, 4.22) -13 (-3, -20)	9.83 (10.88, 8.3)	8.56 (9.62, 6.44)	2.36	-2.32	8.1	-5.14	-3.07 (3.03, -9.14)	-1.21	1.13	4.07	-5.58 (-13.66, 1.76)	0.79	2.36	6.88 (4.39, 9.12)	8.12	-0.82 (2.18, -3.93)	5.42 (5.66, 4.98) -11 (-3, -10)	-4.84 (-2.57, -7.33) 11 (11, 2)	3.12 (6.84, -0.74) -8 (0, -14)	-4.35 (-7.44, -1.58) 8 (2, 3)	2.11 (-5.25, 9.66) -3 (-4, 2)	16.87 (13.16, 20.1 -19 (-4, -2)
Micronutrient supplement	7.94 (13.63, 2.97) -13 (-1, -3)	4.64 (15.28, -5.19) -7 (6, -5)	2.27 (9.11, -3.94) -2 (4, -1)	2.75 (12.89, -6.78) -2 (8, -2)	3.68 (16.56, -8.87) -5 (12, -6)	5.34 (17.19, -5.9) -9 (7, -8)	0.55 (12.06, -10.26) 3 (16, -2)	-0.89 (8.89, -9.93) 5 (15, 0)	0.65 (10.32, -8.46) 2 (12, -1)	, , ,	` ' '	` ' /	7.95 (19.12, -2.27) -15 (2, -13)	3.27 (16, -8.99) -3 (12, -5)	(, , ,	0.44 (10.33, -8.84) 3 (13, -1)	2.51 (16.69, -10.9) -1 (17, -6)	4.37 (16.38, -7.23) -6 (9, -6)	6.71 (15.81, -2.09) -12 (2, -5)	5.58 (13.66, -1.76) -9 (2, -3)	, ,	(, ,	(, ,	()	13.7 (22.89, 5.09) -23 (-2, -24)	4.76 (15.84, -5.7) -7 (7, -6)	11 (19.32, 3.22) -19 (-1, -13)	0.74 (11.1, -9.09) 2 (13, -1)	8.7 (20.5, -2.5) -17 (2, -17)	1.24 (6.23, -3.34) -1 (4, 0)	7.7 (8.41, 7.89) -12 (-2, -1)	22.45 (26.82, 18.3 -28 (-2, -32
Myoinositol	1.57 (-3.22, 6.81) -2 (-5, 4)	-1.73 (-1.57, -1.36) 4 (2, 2) -3.3	-4.1 (-7.74, -0.1) 9 (0, 6) -5.67	-3.62 (-3.96, -2.95) 9 (4, 5) -5.19	-2.69 (-0.29, -5.04) 7 (8, 1) -4.25	-1.03 (0.34, -2.06) 2 (3, -1) -2.6	-5.82 (-4.79, -6.43) 14 (12, 5) -7.38	-7.26 (-7.96, -6.1) 16 (11, 7) -8.83	-5.72 (-6.53, -4.63) 13 (8, 6) -7.29	6.2 (5.86, 6.29) -11 (-5, -16) 4.63	9.04 (7.69, 10.36) -14 (-6, -21) 7.47	7.77 (6.44, 8.51) -13 (-6, -18)	1.58 (2.27, 1.56) -4 (-2, -6)	-3.1 (-0.85, -5.16) 8 (8, 2) -4.67	7.32 (8.52, 6.28) -13 (-5, -23) 5.75	-5.93 (-6.52, -5) 14 (9, 6) -7.5	-3.86 (-0.16, -7.07) 10 (13, 1) -5.43	-2 (-0.47, -3.4) 5 (5, 1) -3.57	0.34 (-1.04, 1.75) 0 (-2, 2) -1.23	-0.79 (-3.19, 2.07) 2 (-2, 4) -2.36	-6.37 (-16.85, 3.83) 11 (-4, 7) -7.94	4.86 (-1.83, 11.21) 19 (7, 37) -1.57	1.57 (2.97, 0.47) -4 (-1, -8) 6.43	6.09 (1.2, 11.19) -9 (-6, -3) 4.52	7.33 (6.04, 8.93) -12 (-6, -17) 5.76	-1.61 (-1.01, -1.86) 4 (3, 1) -3.18	4.63 (2.47, 7.05) -8 (-5, -6) 3.06	-5.63 (-5.75, -5.26) 13 (9, 6) -7.2	2.33 (3.65, 1.33) -5 (-2, -10) 0.76	-5.13 (-10.62, 0.49) 11 (0, 7) -6.7	1.33 (-8.44, 11.73) -1 (-6, 6) -0.24	16.08 (9.97, 22.21 -17 (-6, -2t 14.51
N-acetyl cysteine Nigella sativa	(-6.19, 6.34) 2 (-4, 12) -4.52	(-4.54, -1.82) 8 (3, 10) -7.82	(-10.71, -0.57) 13 (1, 14) -10.19	(-6.93, -3.42) 12 (5, 13) -9.71	10 (9, 9)	6 (4, 7)	18 (13, 13) -11.9	20 (12, 15)	(-9.5, -5.09) 17 (9, 14) -11.81	-7 (-4, -8) 0.11	-10 (-5, -13) 2.95	-9 (-5, -10) 1.68	0 (-1, 2) -4.51	12 (9, 10) -9.19	-9 (-4, -15) 1.23	17 (10, 14)	(-3.12, -7.53) 14 (14, 9) -9.95	8 (6, 9)	3 (-1, 10)	6 (-1, 12)	(-19.82, 3.37) 15 (-3, 15) -12.46	4 (1, 8)	16 (6, 29) -4.52	(-1.76, 10.73) -6 (-5, 5) 10.95	-9 (-5, -9) 1.24	(-3.98, -2.33) 7 (4, 9) -7.7	-5 (-4, 2) -1.45	17 (10, 14) -11.72	(0.68, 0.87) -2 (-1, -2) -3.76	(-13.59, 0.02) 14 (1, 15) -11.22	(-11.41, 11.26) 3 (-5, 14) -4.76	(7.01, 21.74 -13 (-5, -1) 9.99
seed oil Prelox	7 (1, 7)	14 (8, 5) -9.06	(-8.94, -11.29) 19 (6, 9) -11.43 (-13.78, -9.03)	18 (10, 8)	16 (14, 4) -10.01	12 (9, 2) -8.36	(-5.99, -17.62) 24 (18, 8) -13.14 (-10.83, -15.35)	26 (17, 10) -14.59	23 (14, 9) -13.05	-2 (1, -13) -1.13	-5 (0, -18) 1.71	-3 (0, -15) 0.44	6 (4, -3)	17 (14, 5) -10.43	-3 (1, -20) -0.01	23 (15, 9)	(-1.36, -18.26) 19 (19, 4) -11.19 (-6.2, -15.99)	14 (11, 4) -9.33	9 (4, 5)	12 (4, 7) -8.12	(-18.05, -7.36) 21 (2, 10) -13.7 (-22.89, -5.09)	9 (6, 3)	(1.76, -10.73) 6 (5, -5) -5.76 (-3.07, -8.46)	10 (1, 34) -1.24	(4.84, -2.27) -3 (0, -14) 12.19 (4.21, 20.14)	13 (9, 4) -8.94	1 (1, -3)	(-6.96, -16.45) 23 (15, 9) -12.96 (-11.79, -14.18)	(2.45, -9.86) 4 (4, -7) -5 (-2.39, -7.59)	(-11.82, -10.7) 20 (6, 10) -12.46 (-16.66, -8.44)	9 (0, 9) -6 (-14.48, 2.8)	(8.77, 11.01 -8 (0, -22) 8.75 (3.93, 13.28
Profertil	3.18 (-2.21, 8.67) -6 (-8, 3)	16 (8, 19) -0.12 (-0.57, 0.51) 0 (-1, 1)	22 (6, 23) -2.49 (-6.73, 1.76) 5 (-3, 5)	-2.01 (-2.96, -1.09) 5 (1, 4)	-1.08	15 (9, 16) 0.58 (1.34, -0.2) -1 (0, -2)	-4.21 (-3.78, -4.56) 10 (9, 4)	28 (17, 24) -5.65 (-6.96, -4.24) 12 (8, 6)	26 (14, 23) -4.11 (-5.52, -2.76) 10 (5, 5)	, , ,	-2 (0, -4) 10.65 (8.7, 12.23) -18 (-9, -22)	-1 (0, -1) 9.38 (7.44, 10.37) -17 (-9, -19)	9 (4, 11) 3.19 (3.27, 3.42) -7 (-5, -7)	20 (14, 19) -1.49 (0.16, -3.29) 4 (5, 1)	-1 (1, -6) 8.93 (9.53, 8.14) -17 (-8, -24)	26 (15, 23) -4.32 (-5.52, -3.14) 10 (6, 5)	-2.25	-0.39 (0.54, -1.53) 1 (2, 0)	12 (4, 19) 1.95 (-0.03, 3.61) -4 (-5, 1)	0.82 (-2.18, 3.93) -1 (-5, 3)	, , ,	12 (6, 17) 1.61 (1.01, 1.86) -4 (-3, -1)	9 (5, 9) 3.18 (3.98, 2.33) -7 (-4, -9)	3 (0, 14) 7.7 (2.21, 13.06) -13 (-9, -4)	7 (1, 20) 8.94 (7.05, 10.79) -16 (-9, -18)	3.25 (-2.84, 9.35) 23 (10, 38)	4 (1, 11) 6.24 (3.48, 8.91) -12 (-8, -7)	26 (15, 23) -4.02 (-4.74, -3.4) 10 (6, 5)	7 (4, 7) 3.94 (4.66, 3.2) -9 (-5, -11)	23 (6, 24) -3.52 (-9.61, 2.35) 7 (-3, 6)	12 (0, 23) 2.94 (-7.43, 13.59) -4 (-9.5)	-5 (0, -8) 17.69 (10.98, 24.0
Proxeed plus	-3.06	-6.36	-8.74 (-10.21, -7.15)	-8.26	-7.32 (-2.76, -12.09)	-5.66	-10.45 (-7.26, -13.48) 22 (17, 11)	-11.89 (-10.44, -13.15)	-10.35 (-9.01, -11.67)	1.57 (3.38, -0.76)	4.41 (5.22, 3.31)	3.14	-3.06	-7.74	2.68	-10.57	-8.49 (-2.63, -14.12)	-6.63	-4.29	-5.42	-11 (-19.32, -3.22) 19 (1, 13)	-4.63	-3.06	1.45 (-1.27, 4.14) -1 (-1, 3)	2.69	-6.24 (-3.48, -8.91) 12 (8, 7)	9.49	-10.26	-2.3	-9.77	-3.31 (-10.91, 4.68) 8 (-1, 12)	11.45 (7.5, 15.16 -9 (-1, -19)
Saffron	7.2 (2.53, 12.07) -15 (-14, -2)	3.9 (4.18, 3.9) -9 (-7, -4) -4.06	1.53 (-1.99, 5.16) -4 (-9, 0)	2.01 (1.79, 2.31) -5 (-5, -1)	2.94 (5.46, 0.22) -7 (-1, -5)	4.6 (6.09, 3.19) -11 (-6, -7)	-0.19 (0.96, -1.17) 1 (3, -1)	-1.63 (-2.21, -0.84) 3 (2, 1)	-0.09 (-0.78, 0.63) 0 (-1, 0)	11.83 (11.61, 11.54) -25 (-14, -22) 3.87	' '	` '	` ' '	, ,	12.94 (14.28, 11.54) -26 (-14, -29) 4.98	-0.3 (-0.77, 0.26) 0 (0, 0) -8.26	' ' /	, , ,		4.84 (2.57, 7.33) -11 (-11, -2)	, , ,	, , ,	, , ,	, , ,	12.96 (11.79, 14.18) -26 (-15, -23)	,	10.26 (8.23, 12.31) -22 (-14, -12)	-0.77 (-7.58, 5.95) 33 (16, 43)	7.96 (9.4, 6.59) -19 (-11, -16) 7.19	0.49 (-4.87, 5.75) -3 (-9, 1)	6.96 (-2.69, 16.99) -14 (-15, 0)	21.71 (15.73, 27.4 -31 (-15, -3
Selenium Spermaktin	(-6.87, 5.48) 3 (-3, 14) 6.7	(-5.22, -2.69) 10 (4, 12) 3.41	(-11.39, -1.43) 15 (2, 16) 1.03	(-7.61, -4.28) 14 (6, 15)	12 (10, 11) 2.45	(-3.31, -3.4) 8 (5, 9)	19 (14, 15)	(-11.61, -7.43) 22 (13, 17) -2.13	19 (10, 16)	(2.21, 4.95) -6 (-3, -6) 11.33	(4.04, 9.03) -9 (-4, -11) 14.17	(2.79, 7.18) -7 (-4, -8) 12.91	(-1.38, 0.23) 2 (0, 4) 6.71	(-4.5, -6.49) 13 (10, 12) 2.03	(4.87, 4.95) -8 (-3, -13) 12.45	(-10.17, -6.33) 19 (11, 16) -0.8	15 (15, 11)	(-4.12, -4.73) 10 (7, 11) 3.14	(-4.69, 0.42) 5 (0, 12) 5.47	(-6.84, 0.74) 8 (0, 14) 4.35	(-20.5, 2.5) 17 (-2, 17) -1.24	(-3.65, -1.33) 5 (2, 10) 5.13	(-0.68, -0.87) 2 (1, 2) 6.7	(-2.45, 9.86) - <i>4</i> (-4, 7)	(2.39, 7.59) -7 (-4, -7) 12.46	(-4.66, -3.2) 9 (5, 11) 3.52	(-1.18, 5.72) -3 (-3, 4) 9.77	(-9.4, -6.59) 19 (11, 16) -0.49	(1.82, 12.54) 14 (5, 27) 7.47	(-14.27, -0.84) 16 (2, 17) -0.27	(-12.09, 10.4) 5 (-4, 16) 6.46	(6.32, 20.88 -12 (-4, -1) 21.21
forte	(7.4, 6.32) -13 (-5, -3) 0.24 (5.22, -4.92)	(9.05, -1.85) -6 (2, -5) -3.06 (6.86, -13.09)	(2.88, -0.59) -1 (0, -1) -5.43 (0.7, -11.83)	(6.66, -3.44) -2 (4, -2) -4.95 (4.47, -14.68)	-4.01	(10.96, -2.56) -8 (3, -8) -2.36 (8.77, -13.79)	-7.14	(2.66, -6.59) 6 (11, 0) -8.59 (0.47, -17.83)	3 (8, -1) -7.05	(16.48, 5.8) -22 (-5, -23) 4.87 (14.29, -5.44)	(, ,	-23 (-6, -25) 6.44	(12.89, 1.07) -14 (-2, -13) 0.25 (10.7, -10.17)	-3 (8, -5) -4.43	5.99	3 (9, -1)	(10.47, -7.56) -1 (13, -6) -5.19 (8.28, -18.8)	-6 <i>(</i> 5 <i>,</i> -6 <i>)</i>	-11 (-2, -5) -0.99	(7.44, 1.58) -8 (-2, -3) -2.11 (5.25, -9.66)	1 (-4, 0)	(10.62, -0.49) -11 (0, -7) -1.33 (8.44, -11.73)	-14 (-1, -15) 0.24	-20 (-6, -10) 4.76	`	-2.94	(13.09, 6.56) -19 (-5, -13) 3.31 (10.91, -4.68)	(4.87, -5.75) 3 (9, -1) -6.96 (2.69, -16.99)	(14.27, 0.84) -16 (-2, -17) 1 (12.09, -10.4)	(-12.45, 11.7) 30 (7, 44) -6.46 (-2.18, -11.24)	(2.18, 11.24) -11 (-6, -1) 6.19 (-10.27, 22.94)	(20.6, 21.72 -28 (-6, -32 14.75 (18.41, 10.4
	-1 (1, -2) -14.51 (-13.19, -15.4)	5 (8, -4) -17.81 (-11.55, -23.56)	10 (6, 0) -20.18) (-17.71, -22.31)	9 (10, -1) -19.7 (-13.94, -25.16)	7 (14, -5) -18.77 (-10.26, -27.25)	3 (9, -7) -17.11 (-9.64, -24.27)	15 (18, -1) -21.9 (-14.76, -28.63)	17 (17, 1) -23.34 (-17.94, -28.31)	14 (14, 0) -21.8 (-16.51, -26.83)	-11 (1, -22) -9.88 (-4.12, -15.92)	-13 (0, -27) -7.04 (-2.28, -11.84)	-12 (0, -24) -8.31 (-3.54, -13.7)	-3 (4, -12) -14.5 (-7.71, -20.65)	8 (14, -4) -19.19 (-10.82, -27.36)	-12 (1, -29) -8.76 (-1.45, -15.93)	14 (15, 0) -22.01 (-16.5, -27.21)	11 (19, -5) -19.94 (-10.13, -29.27)	5 (11, -5) -18.08 (-10.44, -25.6) (-15.74 (-11.02, -20.46)	3 (4, -2) -16.87 (-13.16, -20.14)	12 (2, 1) -22.45 (-26.82, -18.37)	1 (6, -6) -16.08 (-9.97, -22.21)	-3 (5, -14) -14.51 (-7.01, -21.74)	-9 (0, -9) -9.99 (-8.77, -11.01)	-12 (0, -23) -8.75 (-3.93, -13.28)	4 (9, -5) -17.69 (-10.98, -24.07)	-8 (1, -12) -11.45 (-7.5, -15.16)	14 (15, 0) -21.71 (-15.73, -27.47)	(,, ,	11 (6, 1) -21.21 (-20.6, -21.72) (-14.75 (-18.41, -10.48)	-16 (0, -31 20.94 (8.15, 33.42
Tribulus terrestris	8.65	5.35 (14.68, -3.22)	2.97	3.45	4.39 (15.96, -6.91) -6 (10, -6)	6.05	1.26 (11.47, -8.29)	-0.18	30 (14, 31) 1.36 (9.72, -6.49) 1 (10, -1)	13.28 (22.11, 4.42)	, , ,	14.85 (22.69, 6.64)	13 (4, 19) 8.65 (18.52, -0.31) -16 (0, -13)	3.97 (15.4, -7.02)	14.39 (24.78, 4.41)	1.14 (9.73, -6.87)	3.21 (16.1, -8.93) -3 (15, -6)	5.08 (15.79, -5.26)	7.42 (15.21, -0.12)	6.29	0.71 (-0.6, 1.97)	7.08	8.65 (19.22, -1.4)	13.16 (17.46, 9.33)	14.4	21 (9, 26) 5.47 (15.25, -3.73) -9 (5, -6)	11.71	31 (15, 31) 1.45 (10.5, -7.13) 1 (11, -1)	9.41	28 (6, 32) 1.94 (5.63, -1.38) -2 (2, 0)	8.4 (7.82, 9.86) -13 (-4, -1)	2 (1, 12) 23.16 (26.23, 20.3 -30 (-4, -32
Tulang honey	-7 (0, -3)	0.5 (9.56, -8.35) -1 (7, -5)	-1.87 (3.39, -7.1) 4 (5, -1)	-1.39 (7.17, -9.94) 4 (9, -2)	-0.45 (10.84, -12.03) 2 (13, -6)	-3 (8, -8)	-3.58 (6.34, -13.42) 9 (17, -2)	-5.03 (3.17, -13.09) 11 (16, 0)	-3.49 (4.6, -11.62) 8 (13, -1)	8.43 (16.99, -0.71) -16 (0, -23)	11.27 (18.82, 3.37) -19 (-1, -28)	-18 (-1, -25)	3.81 (13.4, -5.43) -9 (3, -13)	3 (13, -5)	-18 (0, -30)	-3.7 (4.61, -12) 9 (14, -1)	-1.63 (10.98, -14.06) 5 (18, -6)	0 (10, -6)	2.57 (10.09, -5.25) -5 (3, -5)	1.44 (7.95, -4.93) -3 (3, -3)	6 (1, 0)	-5 (5, -7)	3.8 (14.1, -6.53) -9 (4, -15)	8.32 (12.34, 4.2) -14 (-1, -10)	9.56 (17.17, 1.93) -17 (-1, -24)	0.62 (10.12, -8.86) -1 (8, -6)	6.87 (13.61, 0.06) -13 (0, -13)	-3.4 (5.38, -12.25) 8 (14, -1)	4.56 (14.78, -5.66) -10 (3, -17)	-2.9 (0.51, -6.5) 6 (5, 0)	3.56 (2.69, 4.73) -6 (-1, -1)	18.31 (21.11, 15.2 -22 (-1, -32
Vitamin c	-3.87 (-5.82, -1.61) 7 (1, 11) 4.26	-7.17 (-4.17, -9.77) 13 (8, 9) 0.96	-9.55 (-10.34, -8.52) 18 (6, 13) -1.41	-9.07 (-6.56, -11.36) 18 (10, 12) -0.93	(,,	-6.47 (-2.26, -10.48) 12 (9, 6) 1.66	(,	-12.7 (-10.56, -14.51) 25 (17, 14) -4.57	-11.16 (-9.13, -13.04) 23 (14, 13) -3.03	0.76 (3.26, -2.13) -2 (1, -9) 8.89	3.6 (5.09, 1.95) -5 (0, -14) 11.73	2.33 (3.84, 0.1) -4 (0, -11) 10.46	-3.87 (-0.33, -6.85) 6 (4, 1) 4.27	-8.55 (-3.45, -13.57) 17 (14, 9) -0.42	1.87 (5.93, -2.14) -4 (1, -16)	-11.38 (-9.12, -13.42) 23 (15, 13) -3.24	-9.3 (-2.75, -15.48) 19 (19, 8) -1.17	-7.44 (-3.06, -11.81) 14 (11, 8) 0.69	-5.1 (-3.64, -6.67) 9 (4, 9) 3.03	-6.23 (-5.78, -6.35) 12 (4, 11) 1.9	-11.81 (-19.45, -4.58) 20 (2, 14) -3.68	-5.44 (-2.6, -8.41) 9 (6, 7) 2.69	-3.87 (0.37, -7.95) 6 (5, -1) 4.26	0.64 (-1.39, 2.78) 0 (0, 4) 8.78	1.88 (3.44, 0.51) -3 (0, -10) 10.02	-7.05 (-3.61, -10.28) 13 (9, 8) 1.08	-0.81 (-0.12, -1.36) 1 (1, 1) 7.32	-11.07 (-8.35, -13.67) 23 (15, 13) -2.94	-3.11 (1.05, -7.08) 4 (4, -3) 5.02	-10.58 (-13.22, -7.92) 20 (6, 14) -2.44	-4.12 (-11.04, 3.31) 9 (0, 13) 4.02	10.64 (7.38, 13.7§ -8 (0, -18) 18.77
vitamin C + vitamin E Vitamin C/E	-8 (-6, -1) 14.1	(3.43, -1.02) -2 (1, -3) 10.81 (17.8, 3.79)	(-2.73, 0.23) 3 (-1, 1) 8.43 (11.63, 5.04)	(1.04, -2.62) 2 (3, 0) 8.91 (15.41, 2.2)	0 (7, -4) 9.85	(5.34, -1.73) -4 (2, -6) 11.51 (19.71, 3.08)	(0.22, -6.09) 8 (11, 0) 6.72 (14.59, -1.28)	(-2.96, -5.77) 10 (10, 2) 5.28 (11.41, -0.95)	7 (7, 1) 6.82		-20 (-7, -26) 21.57	-19 (-7, -23) 20.31	(7.27, 1.89) -10 (-3, -11) 14.11 (21.64, 6.71)	1 (7, -3) 9.43	(13.53, 6.61) -19 (-6, -28) 19.85 (27.9, 11.42)	(-1.52, -4.67) 7 (8, 1) 6.6 (12.85, 0.14)	4 (12, -4) 8.67	-2 (4, -4) 10.54	-7 <i>(-3, -3)</i> 12.87	(1.82, 2.4) -4 (-3, -1) 11.75 (16.19, 7.21)	5 (-5, 2) 6.17	-6 (-1, -5) 12.54	(7.97, 0.8) -10 (-2, -13) 14.1 (22.34, 5.61)	-16 (-7, -8) 18.62	(11.05, 9.26) -19 (-7, -22) 19.86 (25.42, 14.07)	(4, -1.53) -3 (2, -4) 10.93 (18.37, 3.28)	(7.48, 7.38) -15 (-6, -11) 17.17 (21.85, 12.2)	7 (8, 1) 6.91	-12 (-3, -15) 14.87	<i>4 (-1, 2)</i> 7.4	-7 <i>(-7, 1)</i> 13.86	(14.98, 22.5 -23 (-7, -30 28.62 (29.35, 27.3
	6.76 (1.59, 12.36)	3.47 (3.24, 4.2)	-11 (-8, -1) 1.09 (-2.93, 5.45)	1.57 (0.85, 2.6)	-13 (0, -6) 2.51 (4.52, 0.51)	-18 (-5, -8) 4.17 (5.15, 3.49)	-6 (4, -2) -0.62 (0.02, -0.87)	-4 (3, 0) -2.06 (-3.15, -0.55)	-7 (0, -1) -0.52 (-1.72, 0.93)	-31 (-13, -23) 11.4 (10.67, 11.84)	-34 (-14, -28) 14.23 (12.5, 15.92)	-33 (-14, -25) 12.97 (11.25, 14.06)	-24 (-10, -13) 6.77 (7.08, 7.11)	-12 (0, -5) 2.09 (3.96, 0.4)	-33 (-13, -30) 12.51 (13.33, 11.83)	-6 (1, -1) -0.74 (-1.71, 0.55)	1.33 (4.65, -1.51)	3.2 (4.34, 2.16)	-20 (-10, -5) 5.54 (3.77, 7.3)	-18 (-10, -3) 4.41 (1.62, 7.62)	-9 (-12, 0) -1.17 (-12.04, 9.39)	-20 (-8, -7) 5.2 (4.81, 5.55)	-24 (-9, -15) 6.76 (7.78, 6.02)	-29 (-14, -10) 11.28 (6.01, 16.75)	12.52 (10.85, 14.48)	3.59 (3.8, 3.69)	9.83 (7.28, 12.6)	-7 (1, -1) -0.43 (-0.94, 0.3)	-25 (-10, -17) 7.53 (8.46, 6.89)	0.06 (-5.81, 6.04)	6.52 (-3.63, 17.28)	-37 (-14, -3 21.28 (14.78, 27.7
Vitamin D3 + calcium	10.66 (6.55, 14.85) -21 (-20, -3)	7.37 (8.2, 6.69)	-3 (-9, 0) 4.99 (2.03, 7.94) -10 (-15, -1)	-4 (-5, -1) 5.47 (5.81, 5.1) -10 (-11, -2)	, , ,	-10 (-6, -7) 8.06 (10.11, 5.98) -17 (-12, -8)	1 (3, -1) 3.28 (4.99, 1.62) -5 (-3, -2)	4 (2, 1) 1.83 (1.81, 1.95) -3 (-4, 0)	3.37 (3.24, 3.42)	15.29 (15.63, 14.33) -30 (-20, -23)	18.13 (17.46, 18.41)	16.87 (16.21, 16.56)	' '	-5 (-1, -4) 5.99 (8.92, 2.89) -11 (-7, -5)	-26 (-14, -29) 16.41 (18.3, 14.32) -32 (-20, -30)	1 (0, 0) 3.16 (3.25, 3.04) -5 (-6, -1)	-3 (4, -5) 5.23 (9.62, 0.98) -9 (-2, -6)	7.1 (9.31, 4.65)	9.43 (8.73, 9.79)	8.31 (6.59, 10.11) -17 (-17, -3)	-1 (-13, 1) 2.72 (-7.08, 11.88) -8 (-19, 0)	9.09	, ,	-22 (-15, -9) 15.18 (10.98, 19.24) -28 (-21, -10)	' '	7.48 (8.77, 6.18)	13.73 (12.25, 15.1) -27 (-20, -13)		-18 (-11, -16) 11.43 (13.42, 9.38) -24 (-17, -17)	, ,	, ,	-30 (-15, -3 25.17 (19.75, 30.2 -36 (-21, -3
	1.96	-1.34 (-2.13, -0.34) 3 (1, 3)	-3.71 (-8.3, 0.91) 8 (-1, 7)	-3.23	-2.3	-0.64	-5.43	-6.87	-5.33 (-7.09, -3.61) 12 (7, 7)	6.59 (5.3, 7.3)	9.43 (7.13, 11.38) -15 (-7, -20)	8.16	1.96	-2.72	7.7	-5.54	-3.47	-1.61	0.73	-0.4	-5.98	0.39	1.96	6.48	7.72	-1.22 (-1.56, -0.85) 3 (2, 2)	5.02	-5.24 (-6.31, -4.24) 13 (8, 7)	2.72	-4.75 (-11.18, 1.5) 10 (-1, 8)	1.72	16.47 (9.42, 23.22 -18 (-7, -24
Vitamin E + selenium + folic acid	2.81 (2.64, 3.35) -5 (-2, -2) 4.36	-0.49 (4.29, -4.82) 1 (5, -4)	-2.86 (-1.88, -3.56) 6 (3, 0) -1.32	-2.38 (1.9, -6.41) 5 (7, -1)	-1.45 (5.57, -8.5) 3 (11, -5)	0.21 (6.2, -5.53) -1 (6, -7)	-4.58 (1.07, -9.89) 11 (15, -1)	-6.02 (-2.1, -9.56) 13 (14, 1)	-4.48 (-0.67, -8.09) 10 (11, 0)	7.44 (11.72, 2.82) -14 (-2, -22)	10.28 (13.55, 6.9) -17 (-3, -27)	9.01 (12.3, 5.05) -16 (-3, -24)	2.81 (8.13, -1.9) -7 (1, -12)	-1.87 (5.01, -8.62) 5 (11, -4)	8.55 (14.39, 2.82) -16 (-2, -29)	-4.69 (-0.66, -8.46) 10 (12, 0)	-2.62 (5.71, -10.53) 7 (16, -5)	-0.76 (5.4, -6.86) 1 (8, -5) 0.79	1.58 (4.82, -1.71) -4 (1, -4)	0.45 (2.68, -1.39) -1 (1, -2)	-5.13 (-10.99, 0.37) 8 (-1, 1)	1.24 (5.86, -3.46) -3 (3, -6)	2.81 (8.83, -2.99) -7 (2, -14)	7.33 (7.07, 7.73) -13 (-3, -9)	8.57 (11.9, 5.46) -16 (-3, -23)	-0.37 (4.85, -5.33) 0 (6, -5)	5.87 (8.34, 3.59) -12 (-2, -12)	-4.39 (0.11, -8.72) 10 (12, 0)	3.57 (9.51, -2.13) -9 (1, -16)	-3.9 (-4.76, -2.97) 7 (3, 1)	2.57 (-2.58, 8.27) -4 (-3, 0)	17.32 (15.84, 18.7 -20 (-3, -3)
	(10.06, -1.15) -8 (0, -3) 3.58	(11.71, -9.31) -2 (7, -5) 0.28	(5.54, -8.06) 3 (5, -1) -2.09	(9.32, -10.91) 3 (9, -2) -1.61	1 (13, -6)	(13.62, -10.02) -4 (8, -8) 0.98	8 <i>(17, -2)</i> -3.81	10 (16, 0) -5.25	7 (13, -1)	-17 (0, -23) 8.21	-20 (-1, -28) 11.05	-19 (-1, -25) 9.78	-9 <i>(3, -13)</i> 3.59	2 (13, -5) -1.09	-19 (0, -30) 9.33	8 (14, -1) -3.92	(13.12, -15.02) 4 (18, -6) -1.85	12.81, -11.35) -1 (10, -6) 0.01	-6 <i>(</i> 3 <i>,</i> -5 <i>)</i> 2.35	- <i>4</i> (3, -3)	5 (1, 0)	-6 <i>(</i> 5 <i>,</i> -7 <i>)</i> 2.01	-10 (4, -15) 3.58	-15 (-1, -10) 8.1	9.34	-2 (8, -6) 0.4	-14 (0, -13) 6.64	(7.53, -13.21) 8 (14, -1) -3.62	-11 (3, -17) 4.34	(2.66, -7.47) 5 (5, 0) -3.12	-6 (-1, -1) 3.34	(23.25, 14.2 -23 (-1, -32 18.09
Zinc Placebo/No treatment	(-3.77, 11.13) -7 (-11, 5) NA -15 (-25, 4)	-1 (-4, 3) NA	(-8.29, 4.22) 4 (-6, 7) NA -4 (-20, 6)	(-4.51, 1.37) 4 (-2, 6) NA -4 (-16, 5)	2 (2, 2) NA	(-0.21, 2.26) -2 (-3, 0) NA -11 (-17, -1)	(-5.34, -2.1) 9 (6, 6) NA 1 (-8, 5)	(-8.51, -1.78) 11 (5, 8) NA 3 (-9, 7)	(-7.08, -0.3) 8 (2, 7) NA 0 (-12, 6)	-16 (-11, -15) NA	-19 (-12, -20) NA	(5.89, 12.83) -18 (-12, -17) NA -26 (-26, -18)	(1.72, 5.89) -8 (-8, -5) NA -17 (-22, -6)	(-1.4, -0.83) 3 (2, 3) NA -5 (-12, 2)	-18 (-11, -22) NA	(-7.07, -0.68) 9 (3, 7) NA 1 (-11, 6)	(-0.71, -2.74) 5 (7, 2) NA -3 (-7, 1)	(-1.02, 0.93) 0 (-1, 2) NA -8 (-15, 1)	(-1.59, 6.07) -5 (-8, 3) NA -13 (-22, 2)	(-3.74, 6.39) -2 (-8, 5) NA -11 (-22, 4)	(-17.4, 8.16) 6 (-10, 8) NA -2 (-24, 7)	-5 (-6, 1) NA	`-8 (-7, -7) NA	-14 (-12, -2) NA	(5.49, 13.25) -17 (-12, -16) NA -25 (-26, -17)	(-1.56, 2.46) -1 (-3, 2) NA -9 (-17, 1)	(1.92, 11.37) -13 (-11, -5) NA -21 (-25, -6)	(-6.3, -0.93) 9 (3, 7) NA 0 (-11, 6)	(3.1, 5.66) -10 (-8, -9) NA -18 (-22, -10)	6 (-6, 8) NA	-5 (-12, 7) NA	(9.42, 26.53 -22 (-12, -2 NA -30 (-26, -2
4	10 (23, 7)	2 (1.5, 2)	1 (23, 4)	. (13, 4)	3 (1.5, 1)	(, .,	. (3 9)	2 (3, 1)	0 (1.2, 3)	- (- 3, - 9	- (20 (20, 10)	(23, 3)	C (1-5, -)	20 (23, 23)	. (, 9		3 (13, 1)	(2.3, 2)	(25, 9	-(-,,,		(- 1, -1, -1, -1, -1, -1, -1, -1, -1, -1	(, -)	(,,		- (- 5, 9)		(=3, 13)	= (==, :)	(23,3)	Þ