## Difference between morphology NMA estimated relative effect compared to placebo and ranks Ranks in italics, and bold diagonal is relative effect and rank compared to placebo Vitamin/minera Vitamin/minera Herb/mineral L-carnitine/l-Micronutrient Omega-3 Vitamin d3 + Placebo/no Coenzyme N-acetyl Nigella sativa Selenium Zinc/zinc + Antioxidants Folic acid Intervention q10 supplement acetylcarnitine carnitine+cinno Magnesium supplement cysteine seed oil fatty acids Prelox Saffron supplements Vitamin c/e Vitamin d3 calcium Vitamin e combos supplements Walnuts folic acid treatment 7.93 -3.14 -3.42Antioxidants (-2.26, 7.71) (-5.03, -0.07)(-1.7, -0.01)(-2.12, -4.01) (-2.13, -3.58)(-8.17, 2.03)(1.2, -2.59)(8.37, 7.76)(-0.16, 13.21) (-2.45, 1.16) (-3.46, 1.35)(2, 11.68)(1.02, -3.49)(-0.68, 5.1)(-2.54, 0.62)(-1.27, -2.57)(-4.26, -2.14)(-5.86, -0.6)(-6.21, 1.04)(-5.31, 2.65)(-7.32, 2.38)(-1.41, -4.14) 6 (9, 0) 10 (3, 20) 6 (4, 3) 6 (3, 3) 6 (-1, 3) 1 (2, -1) -7 (-2, -15) -5 (-2, 1) 1 (0, 2) 3 (0, 3) -6 (-2, -4) 2 (3, -1) -2 (-2, 1) 5 (0, 3) 2(0, 2)4 (2, 2) 6 (2, 3) 6 (1, 3) 5 (0, 3) 3 (-1, 3) 2 (0, 2) 4 (-1, 3) 6 (4, 2) 2.41 11.14 -0.21 2.2 (3.14, 0.52)(-2.9, 3.94)Coenzyme q10 (2.12, 4.01)(-4.39, 3.7)(-0.01, 0.44)(3.33, 1.42) (10.49, 11.77) (1.97, 17.22) (-1.33, 5.36)(4.13, 15.69)(-0.41, 4.63)(-6.05, 6.04)(-0.32, 5.17)(1.44, 9.11)(0.85, 1.44)(-2.14, 1.88)(-3.74, 3.41)(-4.08, 5.05)(-3.19, 6.66)(0.43, 4)(-5.19, 6.39)(0.71, -0.13)0 (5, -3) 16 (7, 23) 0 (-1, 0) -1 (-5, 0) -5 (-2, -4) -14 (-6, -18) -12 (-6, -2) -5 (-4, -1) -4 (-4, 0) -12 (-6, -7) -4 (-1, -4) -9 (-6, -2) -2 (-4, 0) -4 (-4, -1) -2 (-2, -1) -1 (-2, 0) 0 (-3, 0) -1 (-4, 0) -3 (-5, 0) -5 (-4, -1) -2 (-5, 0) -1 (0, -1) -0.15 -0.09 -0.36 -0.22 10.99 2.37 1.79 9.89 0.28 1.43 0.64 Folic acid (2.13, 3.58)(0.01, -0.44)(-4.39, 4.13) (-6.04, 5.6)(3.33, 0.99)(10.5, 11.34) (1.97, 16.79) (-0.32, 4.74)(-1.33, 4.93) (4.13, 15.26)(3.15, 0.09)(1.45, 8.67)(-2.9, 3.51)(-0.4, 4.2)(0.86, 1)(-2.13, 1.44)(-3.73, 2.97)(-4.07, 4.61)(-3.18, 6.23)(0.43, 3.56)(-5.18, 5.96)(0.72, -0.57)0 (6, -3) -6 (-3, -3) 0 (1, 0) 16 (6, 23) -1 (-4, 0) -5 (-1, -4) -14 (-5, -18) -11 (-5, -2) -5 (-3, -1) -4 (-3, 0) -12 (-5, -7) -4 (0, -4) -9 (-5, -2) -1 (-3, 0) -4 (-3, -1) -2 (-1, -1) 0 (-1, 0) 0 (-2, 0) -1 (-3, 0) -3 (-4, 0) -4 (-3, -1) -2 (-4, 0) 0 (1, -1) 0.13 2.07 0.19 -0.08 0.57 3.34 0.28 -0.5 2.54 11.27 9.79 2.65 10.17 5.52 0.8 2.22 1.19 1.72 2.34 0.93 0.46 Herb/mineral (10.17, 9.65)(2.31, -2.63)(8.17, -2.03)(6.05, -6.04)(6.04, -5.6)(-10.43, 9.74) (9.37, -4.62)(16.54, 5.73) (8.02, 11.18)(5.73, -0.87)(4.71, -0.68)(9.19, -5.52)(7.49, 3.07)(3.14, -2.1)(5.64, -1.41)(6.9, -4.6)(3.91, -4.16)(1.97, -0.99)(2.86, 0.62)(6.47, -2.04)(0.86, 0.35)(6.76, -6.17)1 (10, -3) 1 (5, 0) 1 (4, 0) 15 (2, 23) -4 (3, -4) -13 (-1, -18) -11 (-1, -2) -4 (1, -1) -3 (1, 0) -12 (-1, -7) -3 (4, -4) -8 (-1, -2) -1 (1, 0) -3 (1, -1) -1 (3, -1) 0 (3, 0) 1 (2, 0) -1 (1, 0) -4 (1, -1) -1 (0, 0) 0 (5, -1) -6 (1, -3) -2 (0, 0) -2.41 -2.26 -2.54 8.73 7.25 0.12 7.63 2.98 -0.32 -1.35 -2.35 -2.62 -0.82 L-carnitine/l-(-2.47, 0.01)(-5.46, 0.45)(-7.07, 1.99)(-3.33, -1.42)(-3.33, -0.99)(-9.37, 4.62)(7.17, 10.35) (-3.65, 3.75)(-4.66, 3.94)(0.8, 14.27)(-6.23, 2.52)(-3.74, 3.21)(-7.41, 3.63)(-8.52, 4.97)(-1.2, 2.59)(-1.06, 5.12) (-1.36, 15.8)(-0.18, -0.9)(-1.89, 7.69)(-6.51, 5.24)(-2.9, 2.58)(-2.62, -1.55)acetylcarnitine 5 (7, 1) -1 (-2, 1) 5 (2, 4) 5 (1, 4) 4 (-3, 4) 11 (5, 19) -9 (-4, -14) -6 (-4, 2) 0 (-2, 3) 2 (-2, 4) -7 (-4, -3) 1 (1, 0) -3 (-4, 2) 4 (-2, 4) 1 (-2, 3) 3 (0, 3) 5 (0, 4) 5 (-1, 4) 4 (-2, 4) 2 (-3, 4) 3 (-3, 4) -10.08 (-10.49, -11.77) (-10.5, -11.34) (-14.23, -8.36) (-14.57, -6.72) (-8.37, -7.76)(-16.54, -5.73) (-7.17, -10.35) **(6.11, 15.47)** (-8.52, 5.45)(-10.81, -6.6) (-11.83, -6.41) (-6.37, 3.92) (-7.35, -11.25) (-9.05, -2.66)(-13.4, -7.83)(-10.9, -7.14) (-9.64, -10.33) (-12.63, -9.9)(-13.68, -5.11) (-10.07, -7.77) (-15.68, -5.38) (-9.78, -11.9) carnitine+cinnox 14 (11, 15) 14 (5, 18) 7 (2, 15) 14 (6, 18) 13 (1, 18) 9 (4, 14) 2 (1, 5) 2 (0, 16) 9 (2, 17) 10 (2, 18) 2 (0, 11) 10 (5, 14) 5 (0, 16) 12 (2, 18) 10 (2, 17) 12 (4, 17) 13 (4, 18) 14 (3, 18) 13 (2, 18) 11 (1, 18) 9 (2, 17) 12 (1, 18) 13 (6, 17) -7.13 -7.72 -7.57 -9.87 -7.25 1.48 9.29 0.38 -4.27 -8.99 -8.07 -7.45 -8.86 (0.16, -13.21) (-1.97, -17.22) (-1.97, -16.79) Magnesium (-8.02, -11.18) (1.36, -15.8)(8.52, -5.45) (-2.42, 20.92) (-2.29, -12.05) (-3.3, -11.86) (2.16, -1.53)(1.18, -16.7) (-0.53, -8.12) (-4.87, -13.28) (-2.38, -12.59) (-1.12, -15.79) (-4.1, -15.35)(-5.71, -13.81) (-6.05, -12.18) (-5.15, -10.56) (-1.54, -13.22) (-7.16, -10.83) (-1.26, -17.36) 11 (11, -1) 5 (2, -1) 12 (6, 2) 11 (5, 2) 11 (1, 2) 6 (4, -2) -2 (0, -16) 4 (1, 21) 7 (2, 1) 8 (2, 2) -1 (0, -5) 8 (5, -2) 3 (0, 0) 10 (2, 2) 8 (2, 1) 9 (4, 1) 11 (4, 2) 11 (3, 2) 10 (2, 2) 7 (2, 1) 10 (1, 2) 11 (6, 1) 9 (1, 2) -2.73 Micronutrient (0.32, -4.74)(-1.01, 0.19)(-3.76, -0.13) (-4.87, 1.22) (2.45, -1.16)(0.32, -5.17)(-5.73, 0.87)(3.65, -3.75)(10.81, 6.6)(2.29, 12.05) (-4.71, 8.87) (4.45, 10.52)(3.47, -4.65)(1.76, 3.93)(-2.58, -1.23)(-0.09, -0.54) (1.17, -3.74)(-1.81, -3.3)(-3.42, -1.76)(-2.86, 1.49)(0.75, -1.17)(1.03, -5.31)supplement 5 (9, -2) -1 (0, -2) 5 (4, 1) 5 (3, 1) 4 (-1, 1) 0 (2, -3) -9 (-2, -17) -7 (-2, -1) 11 (3, 22) 1 (0, 1) -7 (-2, -6) 1 (3, -3) -4 (-2, -1) 3 (0, 1) 1 (0, 0) 3 (2, 0) 4 (2, 1) 5 (1, 1) 4 (0, 1) 2 (-1, 1) 1 (0, 0) 3 (-1, 1) 4 (4, 0) -1.94 1.57 -0.88 -1.88-2.15 N-acetyl (3.46, -1.35)(1.33, -5.36)(1.33, -4.93)(-4.71, 0.68)(4.66, -3.94)(11.83, 6.41) (3.3, 11.86)(1.01, -0.19)(-5.72, 9.06) (5.46, 10.33)(4.48, -4.84)(2.77, 3.75)(-1.57, -1.42) (0.92, -0.73)(2.19, -3.93)(-0.8, -3.49)(-2.41, -1.95)(-2.75, -0.31)(-1.85, 1.3)(1.76, -1.36)(-3.86, 1.03)(2.04, -5.49)4 (9, -3) -3 (0, -3) 4 (4, 0) 4 (3, 0) 3 (-1, 0) -2 (2, -4) -10 (-2, -18) -8 (-2, -2) -1 (0, -1) 12 (3, 23) -9 (-2, -7) 0 (3, -4) -5 (-2, -2) 2 (0, 0) 0 (0, -1) 2 (2, -1) 3 (2, 0) 4 (1, 0) 2 (0, 0) 1 (-1, 0) -1 (0, -1) 2 (-1, 0) 3 (4, -1) -10.04 -8.1 9.67 -6.83 -7.63 -4.65 -9.37 -8.98 -9.98 -10.25 -7.84 -9.25 Nigella sativa (-2, -11.68) (-4.13, -15.69) (-4.13, -15.26) (-10.17, -9.65) (-0.8, -14.27) (6.37, -3.92)(-2.16, 1.53)(-4.45, -10.52) (-5.46, -10.33) (-0.26, 19.39) (-0.98, -15.17)(-2.69, -6.59)(-7.03, -11.75) (-4.54, -11.06)(-3.27, -14.26) (-6.26, -13.82) (-7.87, -12.28) (-8.21, -10.65) (-7.31, -9.03) (-3.7, -11.69) (-9.32, -9.3)(-3.42, -15.83)12 (11, 4) seed oil 6 (2, 4) 12 (6, 7) 12 (5, 7) 12 (1, 7) 7 (4, 3) -2 (0, -11) 1 (0, 5) 7 (2, 6) 9 (2, 7) 4 (1, 16) 8 (5, 3) 4(0, 5)11 (2, 7) 8 (2, 6) 10 (4, 6) 12 (4, 7) 12 (3, 7) 11 (2, 7) 9 (1, 7) 8 (2, 6) 10 (1, 7) 12 (6, 6) -1.79 8.25 -0.73 -1.73 -2.01 Omega-3 fatty (-3.55, 4.11) (-1.02, 3.49) (-3.14, -0.52)(-3.15, -0.09)(7.35, 11.25)(-1.18, 16.7)(-3.47, 4.65)(-4.48, 4.84)(0.98, 15.17)(-6.88, 2.89)(-7.22, 4.53)(-8.33, 5.87)(-9.19, 5.52)(0.18, 0.9)(-1.24, 4.22) (-1.7, 8.59)(-6.05, 3.42)(-2.29, 0.92)(-5.28, 1.36)(-6.33, 6.14)(-2.72, 3.48)(-2.43, -0.65)4 (6, 1) -2 (-3, 1) 4 (1, 4) 4 (0, 4) 3 (-4, 4) -1 (-1, 0) -10 (-5, -14) -8 (-5, 2) -1 (-3, 3) 0 (-3, 4) -8 (-5, -3) 12 (6, 19) -5 (-5, 2) 2 (-3, 4) 0 (-3, 3) 2 (-1, 3) 4 (-1, 4) 4 (-2, 4) 3 (-3, 4) 1 (-4, 4) 0 (-3, 3) 2 (-4, 4) 3 (1, 3) -5.39 5.75 -2.875.02 -4.73 -3.31 (0.68, -5.1)(-1.44, -9.11) (-1.45, -8.67)(-7.49, -3.07)(1.89, -7.69) (9.05, 2.66) (0.53, 8.12)(-1.76, -3.93)(-2.77, -3.75)(2.69, 6.59) (1.7, -8.59)**(-2.95, 12.81)** (-4.34, -5.16) (-1.85, -4.48) (-0.59, -7.67)(-3.58, -7.23)(-5.18, -5.7)(-5.52, -4.06) (-4.63, -2.45)(-1.01, -5.11) (-6.63, -2.72) (-0.73, -9.24)9 (11, -1) 2 (2, -1) 9 (6, 2) 9 (5, 2) 8 (1, 2) 3 (4, -2) -5 (0, -16) -3 (0, 0) 4 (2, 1) 5 (2, 2) -4 (0, -5) 5 (5, -2) 7 (1, 21) 7 (2, 2) 5 (2, 1) 7 (4, 1) 8 (4, 2) 9 (3, 2) 7 (2, 2) 6 (1, 2) 4 (2, 1) 7 (1, 2) 8 (6, 1) 1.74 1.27 2.54 -0.66 10.47 8.99 9.37 1.13 0.3 -0.88 0.92 1.54 0.13 4.73 -0.23(5.03, 0.07)(2.9, -3.94)(2.9, -3.51)(-3.14, 2.1)(6.23, -2.52)(13.4, 7.83)(4.87, 13.28)(2.58, 1.23)(1.57, 1.42)(7.03, 11.75)(6.05, -3.42)(4.34, 5.16)(-7.29, 7.64)(2.49, 0.69)(3.75, -2.51)(0.77, -2.07)(-0.84, -0.53)(-1.18, 1.1) (-0.28, 2.72)(3.33, 0.06)(-2.29, 2.45)(3.61, -4.08)1 (9, -3) -5 (0, -3) 2 (4, 0) 1 (3, 0) 1 (-1, 0) -4 (2, -4) -12 (-2, -18) -10 (-2, -2) -3 (0, -1) -2 (0, 0) -11 (-2, -7) -2 (3, -4) -7 (-2, -2) 14 (3, 23) -2 (0, -1) -1 (2, -1) 1 (2, 0) 1 (1, 0) 0 (0, 0) -1 (-1, 0) -3 (0, -1) 0 (-1, 0) 1 (4, -1) -2.08 -2.22 0.32 9.05 -2.02 -2.3 (4.54, 11.06) (-3.33, -1.22) (0.41, -4.63)(0.4, -4.2)(10.9, 7.14)(2.38, 12.59) (-0.92, 0.73)(-2.49, -0.69)(-4.8, 8.33)(-3.67, 0.42)(0.84, -0.63)(-4.78, 1.76)(2.54, -0.62)(-5.64, 1.41)(3.74, -3.21)(0.09, 0.54)(3.55, -4.11)(1.85, 4.48)(1.26, -3.19)(-1.72, -2.76)(-2.77, 2.03)(1.12, -4.76)supplements 4 (9, -2) 4 (4, 1) 4 (3, 1) 3 (-1, 1) -1 (2, -3) -10 (-2, -17) -8 (-2, -1) -1 (0, 0) 0 (0, 1) -8 (-2, -6) 0 (3, -3) -5 (-2, -1) 2 (0, 1) 12 (3, 22) 2 (2, 0) 4 (2, 1) 4 (1, 1) 1 (-1, 1) 0 (0, 0) 2 (-1, 1) 4 (4, 0) -1.06 -0.91 0.88 4.33 -0.39 -1.27 -0.63 1.14 -0.27 2.14 -1.19 1.35 10.08 1.46 8.98 0.52 Vitamin c/e (1.27, 2.57)(-0.85, -1.44) (-0.86, -1)(-6.9, 4.6)(2.47, -0.01)(9.64, 10.33) (1.12, 15.79) (-1.17, 3.74)(-2.19, 3.93)(3.27, 14.26)(2.29, -0.92)(0.59, 7.67)(-3.75, 2.51)(-1.26, 3.19)(-3.53, 5.13) (-2.99, 0.44)(-4.59, 1.97) (-4.93, 3.61)(-4.04, 5.23)(-0.42, 2.56)(-6.04, 4.96)(-0.14, -1.57)2 (7, -2) -4 (-2, -2) 2 (2, 1) 2 (1, 1) 1 (-3, 1) -3 (0, -3) -12 (-4, -17) -9 (-4, -1) -3 (-2, 0) -2 (-2, 1) -10 (-4, -6) -2 (1, -3) -7 (-4, -1) 1 (-2, 1) -2 (-2, 0) 14 (5, 22) 2 (0, 1) 2 (-1, 1) 1 (-2, 1) -1 (-3, 1) -2 (-2, 0) 0 (-3, 1) 2 (2, 0) -0.06 0.09 -0.31 -0.27 3.14 -0.192.35 2.46 1.88 9.98 5.33 0.37 1.52 2.14 Vitamin d3 (4.26, 2.14)(2.14, -1.88)(2.13, -1.44)(-3.91, 4.16)(5.46, -0.45)(12.63, 9.9)(4.1, 15.35)(1.81, 3.3)(0.8, 3.49)(6.26, 13.82)(5.28, -1.36)(3.58, 7.23)(-0.77, 2.07)(1.72, 2.76)(2.99, -0.44)(-6.52, 5.57) (-1.6, 1.53)(-1.95, 3.17) (-1.05, 4.79) (2.56, 2.12)(-3.06, 4.52)(2.85, -2.01)0 (7, -3) 1 (2, 0) 0 (1, 0) 0 (-3, 0) -5 (0, -4) -13 (-4, -18) -11 (-4, -2) -4 (-2, -1) -3 (-2, 0) -12 (-4, -7) -4 (1, -4) -8 (-4, -2) -1 (-2, 0) -4 (-2, -1) -2 (0, -1) 16 (5, 23) 0 (-1, 0) -2 (-3, 0) -6 (-2, -3) -1 (-2, 0) -3 (-3, 0) -4 (-2, -1) 0 (2, -1) 0.21 0.36 0.08 2.62 2.73 2.15 10.25 2.3 0.27 -0.58 0.65 2.42 1.01 Vitamin d3 + (-8.13, 7.11) (-1.45, 2.98) (3.74, -3.41)(3.73, -2.97)(-2.31, 2.63)(14.23, 8.36)(5.71, 13.81) (7.87, 12.28)(5.18, 5.7)(3.33, 1.22)(4.59, -1.97)(1.6, -1.53)(5.86, 0.6)(7.07, -1.99)(3.42, 1.76)(2.41, 1.95)(6.88, -2.89)(0.84, 0.53)(-0.34, 1.64)(0.55, 3.25)(4.17, 0.59)(4.45, -3.54)0 (8, -3) -6 (-1, -3) 0 (3, 0) 0 (2, 0) -1 (-2, 0) -5 (1, -4) -14 (-3, -18) -11 (-3, -2) -5 (-1, -1) -4 (-1, 0) -12 (-3, -7) -4 (2, -4) -9 (-3, -2) -1 (-1, 0) -4 (-1, -1) -2 (1, -1) 0 (1, 0) 16 (4, 23) -1 (-1, 0) -3 (-2, 0) -4 (-1, -1) -2 (-2, 0) 0 (3, -1) -0.43 2.09 Vitamin e (6.21, -1.04)(4.08, -5.05)(4.07, -4.61)(-1.97, 0.99)(7.41, -3.63)(14.57, 6.72) (6.05, 12.18) (3.76, 0.13)(2.75, 0.31)(8.21, 10.65) (7.22, -4.53) (5.52, 4.06)(1.18, -1.1)(3.67, -0.42) (4.93, -3.61)(1.95, -3.17)(0.34, -1.64)(-8.47, 8.75) (0.9, 1.62)(4.51, -1.05)(-1.11, 1.35) (4.79, -5.18)1 (9, -3) -5 (0, -3) 1 (4, 0) 1 (3, 0) 1 (-1, 0) -4 (2, -4) -13 (-2, -18) -10 (-2, -2) -4 (0, -1) -2 (0, 0) -11 (-2, -7) -3 (3, -4) -7 (-2, -2) 0 (0, 0) -3 (0, -1) -1 (2, -1) 1 (2, 0) 1 (1, 0) 15 (3, 23) -2 (-1, 0) -3 (0, -1) -1 (-1, 0) 1 (4, -1) -1.58 -1.43 -1.72 -1.52 0.35 8.46 -0.521.22 Vitamin/mineral (5.31, -2.65)(-0.55, -3.25)(3.19, -6.66)(3.18, -6.23)(-2.86, -0.62)(6.51, -5.24)(13.68, 5.11) (5.15, 10.56) (2.86, -1.49)(1.85, -1.3)(7.31, 9.03)(6.33, -6.14)(4.63, 2.45)(0.28, -2.72)(2.77, -2.03) (4.04, -5.23)(1.05, -4.79)(-0.9, -1.62) (-7.57, 10.36) (3.61, -2.66)(-2.01, -0.27)(3.9, -6.79)3 (10, -3) -3 (1, -3) 3 (5, 0) 3 (4, 0) 2 (0, 0) -2 (3, -4) -11 (-1, -18) -9 (-1, -2) -2 (1, -1) -1 (1, 0) -9 (-1, -7) -1 (4, -4) -6 (-1, -2) 1 (1, 0) -1 (1, -1) 1 (3, -1) 3 (3, 0) 3 (2, 0) 2 (1, 0) 13 (2, 23) -1 (1, -1) 1 (0, 0) 3 (5, -1) -2.34 -2.14 -2.42 Vitamin/mineral (1.7, 0.01)(2.72, -3.48)(-0.43, -4)(-0.43, -3.56)(2.9, -2.58)(10.07, 7.77)(1.54, 13.22) (-0.75, 1.17)(3.7, 11.69)(1.01, 5.11)(-3.33, -0.06)(-0.84, 0.63)(0.42, -2.56)(-4.17, -0.59)(-4.51, 1.05) (-3.96, 7.7)(-6.47, 2.04)(-1.76, 1.36)(-2.56, -2.12)(-3.61, 2.66)(-5.62, 2.39)(0.28, -4.13)supplements 4 (9, -2) -2 (0, -2) 5 (4, 1) 4 (3, 1) 4 (-1, 1) -1 (2, -3) -9 (-2, -17) -7 (-2, -1) -1 (0, 0) 1 (0, 1) -8 (-2, -6) 0 (3, -3) -4 (-2, -1) 3 (0, 1) 0 (0, 0) 2 (2, 0) 4 (2, 1) 4 (1, 1) 3 (0, 1) 1 (-1, 1) 12 (3, 22) 2 (-1, 1) 4 (4, 0) -0.79-0.73 -1.01 Walnuts (7.32, -2.38)(5.19, -6.39)(5.18, -5.96)(-0.86, -0.35) (8.52, -4.97)(15.68, 5.38) (7.16, 10.83)(4.87, -1.22)(3.86, -1.03)(9.32, 9.3)(8.33, -5.87)(6.63, 2.72)(2.29, -2.45)(4.78, -1.76)(6.04, -4.96)(3.06, -4.52)(1.45, -2.98)(1.11, -1.35)(2.01, 0.27)(5.62, -2.39)(-9.58, 10.09) (5.9, -6.52)2 (10, -3) -10 (-1, -2) -4 (1, -3) 2 (5, 0) 2 (4, 0) 1 (0, 0) -3 (3, -4) -12 (-1, -18) -3 (1, -1) -2 (1, 0) -10 (-1, -7) -2 (4, -4) -7 (-1, -2) 0 (1, 0) -2 (1, -1) 0 (3, -1) 2 (3, 0) 2 (2, 0) 1 (1, 0) -1 (0, 0) -2 (1, -1) 14 (2, 23) 2 (5, -1) -0.33 -0.54Zinc/zinc + (1.41, 4.14)(-0.71, 0.13)(-0.72, 0.57)(-6.76, 6.17)(2.62, 1.55)(9.78, 11.9) (1.26, 17.36)(-1.03, 5.31)(-2.04, 5.49)(3.42, 15.83)(2.43, 0.65)(0.73, 9.24)(-3.61, 4.08)(-1.12, 4.76)(0.14, 1.57)(-2.85, 2.01) (-4.45, 3.54)(-4.79, 5.18)(-3.9, 6.79)(-0.28, 4.13)(-5.9, 6.52)(-3.68, 3.57)folic acid 0 (5, -2) -6 (-4, -2) 1 (0, 1) 0 (-1, 1) 0 (-5, 1) -13 (-6, -17) -11 (-6, -1) -4 (-4, 0) -3 (-4, 1) -12 (-6, -6) -3 (-1, -3) -8 (-6, -1) -1 (-4, 1) -4 (-4, 0) -2 (-2, 0) 0 (-2, 1) 0 (-3, 1) -3 (-5, 1) -4 (-4, 0) 15 (7, 22) -5 (-2, -3) -1 (-4, 1) -2 (-5, 1)

16 (12, 20)

0 (-5, 2)

Placebo/no

treatment

0 (-5, 3)

0 (-6, 3)

-1 (-10, 3)

-5 (-7, -1)

-6 (-9, 0)

-14 (-11, -15) -11 (-11, 1)

-5 (-9, 2)

-4 (-9, 3)

-12 (-11, -4)

-4 (-6, -1)

-9 (-11, 1)

-1 (-9, 3)

-4 (-9, 2)

-2 (-7, 2)

0 (-7, 3)

0 (-8, 3)

-1 (-9, 3)

-3 (-10, 3)

-4 (-9, 2)

-2 (-10, 3)