

Commitment completion 75%

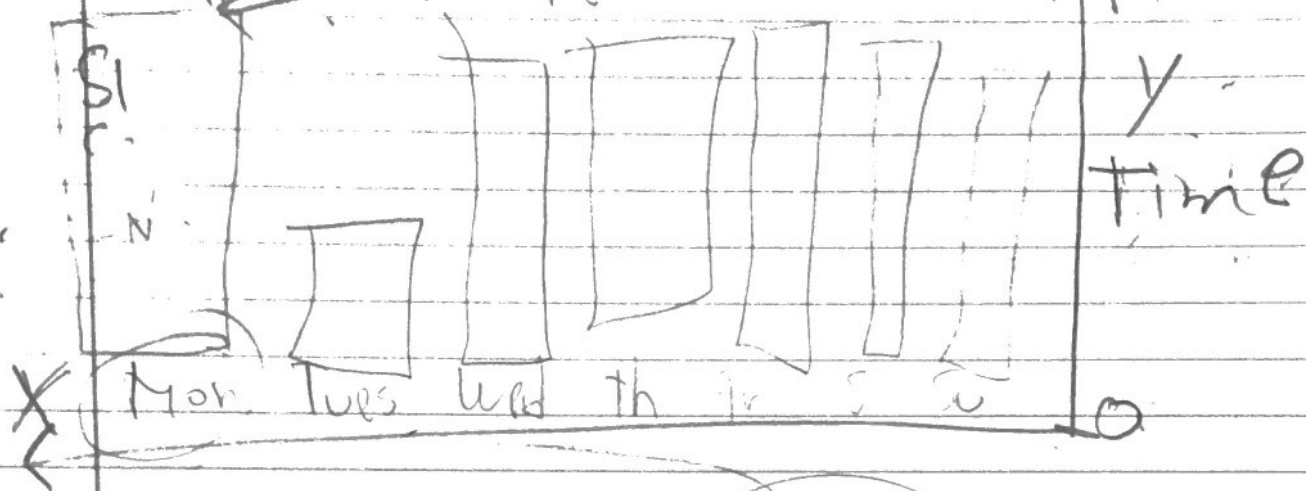
play guitar four times a week
for 30 minutes

↑
*how committed am I?

weekly

Snapshot

prev week Feb 1st Feb 7th next



Commitment completion ~~75%~~

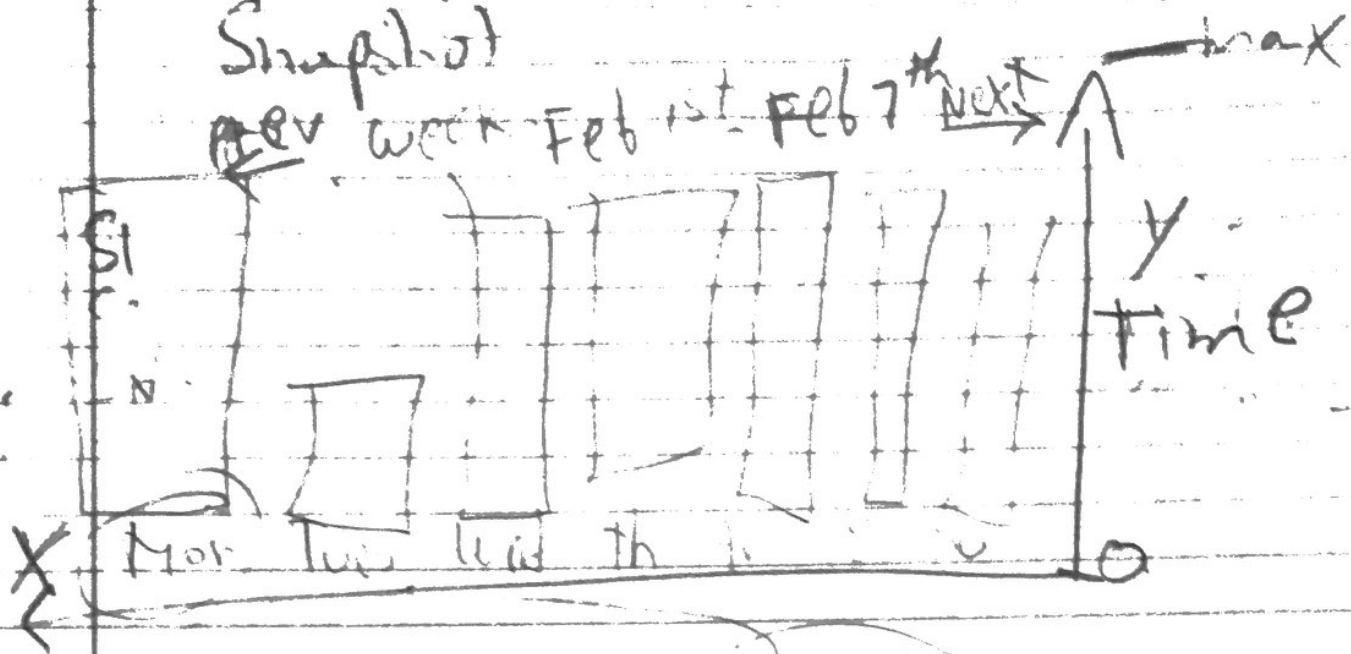
play guitar four times a week
for 30 minutes

1

*how committed am I?

weekly
Snapshot

every week Feb 1st Feb 7th next



Commitment Completion $\approx 75\%$

play guitar for times a week
for 30 minutes

*how committed am I?