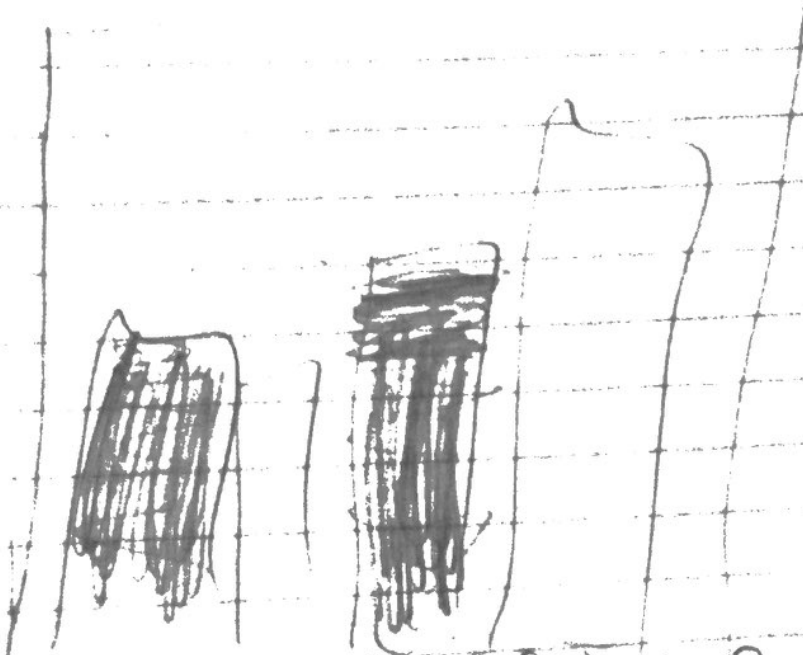


Commitment Tasks



Productive Productive

Commitment Week

Average Productive (Time in box / commitment)

Average Unproductive

7 Per session

Avg Prod weekly

Begin Date Conn:

Avg Prod weekly

End Date Conn:

Avg Prod Commitment

Commitment Goal = 50%

Avg Unprod commitment

goal 1 = 25 minutes four times
a week