```
tweise@weise-laptop: ~
  \Box
>>> "Hello World! Hello!".replace("Hello". "Hi")
'Hi World! Hi!'
>>> "Hello World!".replace("Hello". "Hello! Hello!")
'Hello! Hello! World!'
>>> " Hello World! ".strip()
'Hello World!'
>>> " Hello World! ".lstrip()
'Hello World! '
>>> " Hello World! ".rstrip()
 Hello World!'
```