# Principles of Good Experiments

### Control group

- subjects in this group do not receive the treatment, but may receive a placebo. They are still
  measured for the response variable at the end of the study
- So we can tell what happens to the response variable <u>without</u> the treatment (baseline)

#### Randomization

- random assignment to treatment and control groups
- Helps to equalize groups with respect to confounding vars

## Double-blinding

- neither the subjects nor the researchers evaluating them know who is in the treatment and control groups
- helps prevent bias by either subjects or evaluators

#### Placebo

- a fake treatment designed to look like the real thing but with no active ingredient, i.e. a sugar pill.
- Helps control for the Placebo Effect people who believe they are getting a treatment often get better even if the treatment has no active ingredient
- studies show placebo helps 62% of headache sufferers, 58% of those with sea-sickness