Samples

 ${\tt metrics}({\tt 72pt}, {\tt "EB Garamond"}, {\tt "Typewriter"}) \ {\tt will} \ {\tt be} \ {\tt rendered} \ {\tt as} \ {\tt follows}:$



Figure 1: The metrics of EB Garamond

Remark: To typeset CJK text, adopting font's ascender/descender as top-edge/bottom-edge makes more sense in some cases. As for most CJK fonts, the difference between ascender and descender height will be exact lem.

Tested with metrics(54pt, "Hiragino Mincho ProN", "電傳打字機"):



Figure 2: The metrics of Hiragino Mincho ProN