Samples

metrics(72pt, "EB Garamond", "Typewriter") will be rendered as follows:



Figure 1: The metrics of EB Garamond

Remark: To typeset CJK text, adopting font's ascender/descender as top-edge/bottom-edge makes more sense in some cases. As for most CJK fonts, the difference between ascender and descender height will be exact 1em.

Tested with metrics(54pt, "Hiragino Mincho ProN", "電傳打字機"):



Figure 2: The metrics of Hiragino Mincho ProN