```
liftSeek = 0;
       }
       else {
           // Otherwise, move up
           liftSeek = liftLow;
       }
   }
   // Remember that we've just toggled
   lastLow = 1;
}
else {
   // We haven't just toggled
   lastLow = 0;
}
// If we want to seek
if (liftSeek >= 0) {
   // Run lift motors at power proportional to distance to go
   liftSpeed = -(liftPosition - liftSeek)*liftSeekRate;
}
// Manual Overrides
// Manual up
if (vexRT[Btn7R]) {
   // Set speed and clear flags
   liftSpeed = 127;
   liftSeek = -1;
}
// Manual down
if (vexRT[Btn7D]) {
   // Set speed and clear flags
   liftSpeed = -127;
   liftSeek = -1;
}
// Set Motors
motor[liftR] = liftSpeed;
// Pause to let other tasks run
wait1Msec(10);
```

}

}