

# Exercise book

It is a good idea to keep this exercise book available in all Innobox exercises. We will return to the tasks that we have already completed as the work progresses.

The exercise book also serves as a reminder of how innovation has progressed. What was the first idea and how it developed further on? You can also use the exercise book to write down random innovation ideas.



### **TASK 1.**

- A)** What do you think is the most important thing in a strategy?
- B)** Which two things should receive the greatest attention?



## **TASK 2.**

- A)** In your opinion, which is the most significant megatrend?
- B)** How do you think it will affect young people?
- C)** How do you think it will affect your work?



### **TASK 3.**

- A)** Write down which five websites you chose.
- B)** In your opinion, which were the five most interesting observations?
- C)** How will your selected change affect your work in the future?
- D)** Which digital competencies will young people need in the future?



#### **TASK 4.**

20 uses for a paper book.

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.
- 13.
- 14.
- 15.
- 16.
- 17.
- 18.
- 19.
- 20.



### **TASK 5.**

Write down the name of the object along with a brief description of how it can be used to bring peace to the world.

**Object:**

**Solution:**

**Object:**

**Solution:**

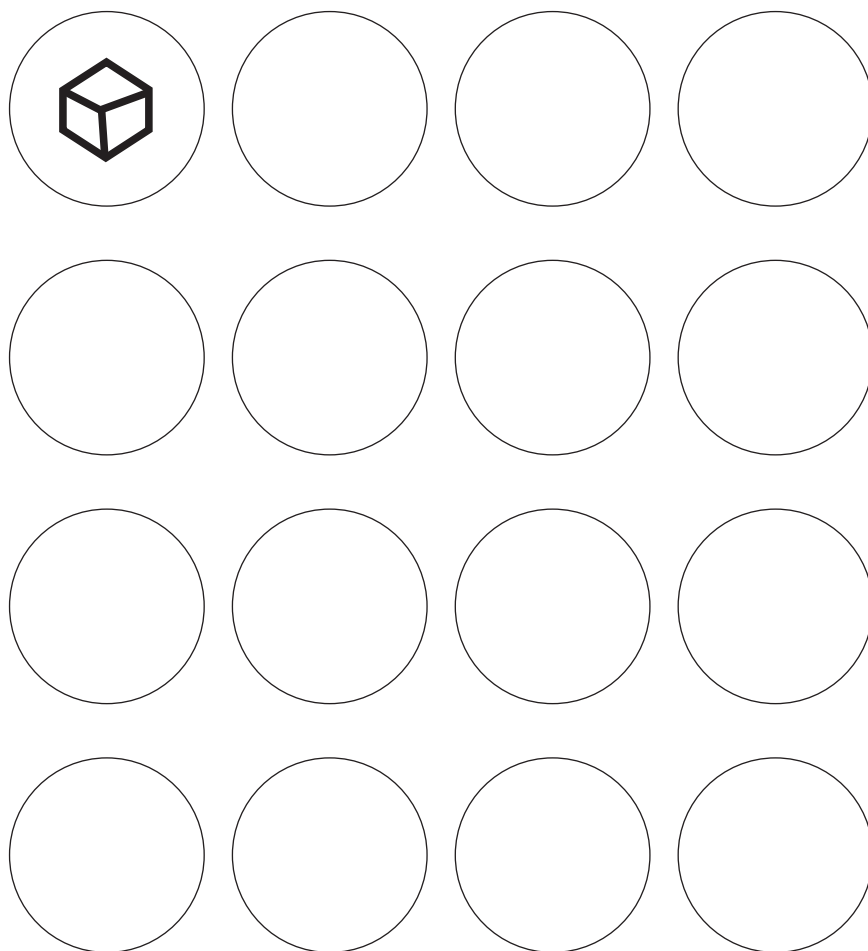
**Object:**

**Solution:**



### TASK 6.

This is an empty circle mystery. The aim is to think up a new meaning for as many circles as possible in the given time.



## **TASK 7.**

Draw a cat with the help of tips from YouTube.



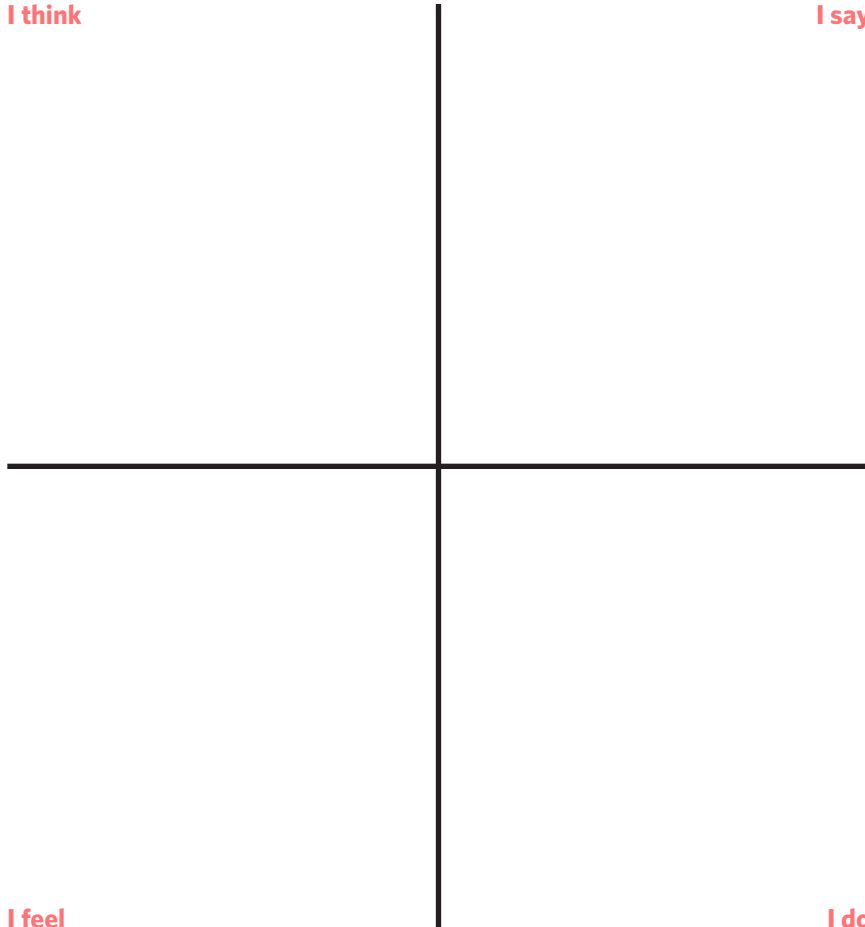


### TASK 8.

Write your thoughts about dinosaurs in the grid: what would you like to say to them? How do you feel about them? What would you do with a dinosaur?

**I think**

**I say**

A large grid for writing thoughts about dinosaurs, divided into four quadrants by a horizontal and vertical line. The quadrants are labeled with the prompts 'I think', 'I say', 'I feel', and 'I do'.

**I feel**

**I do**



### **TASK 9.**

Write down as many uses as possible for an iPad without a screen.

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.
- 13.
- 14.
- 15.
- 16.
- 17.
- 18.
- 19.
- 20.



### **TASK 10.**

The task is to combine two different objects and come up with as many new uses as possible for the combination.

**Overhead projector + shoe rack =**

**Push-powered lawn mower + inflatable mattress =**

**Watering can + roll-along suitcase =**



### **TASK 11.**

What motivates you to innovate?



## **TASK 12.**

Problems and challenges facing young people or related to them.

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.
- 13.
- 14.
- 15.
- 16.
- 17.
- 18.
- 19.
- 20.



### **TASK 13.**

Problems and challenges related to youth work.

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.
- 13.
- 14.
- 15.
- 16.
- 17.
- 18.
- 19.
- 20.



#### **TASK 14.**

Solutions to problems related to youth.

**Problem:**

**Solution:**

**Problem:**

**Solution:**

**Problem:**

**Solution:**



### **TASK 15.**

Solutions to problems related to youth work.

**Problem:**

**Solution:**

**Problem:**

**Solution:**

**Problem:**

**Solution:**





## **TASK 16.**

Your selected problem and the solution.

**Problem:**

**Solution:**



### **TASK 17.**

Write down your elevator pitch:



### **TASK 18.**

Write down the concrete resources connected to your idea here.

Write down the most important resource here.

Write down how your idea would change if the most important resource were removed.



### **TASK 19.**

Write your idea here:



## **TASK 20.**

Write down the changes that your idea underwent here, and what your final idea is.

**Changes**

**Idea**



## NOTES





