

FLEXING MY GROWTH MINDSET



My Growth Mindset 3 Q's

Think about the last time you received a rejection, or about a challenging conversation you're about to have where the response might be a NO.

Now, work on the 3 Q's you will ask before responding.

1. _____
2. _____
3. _____

My Growth Mindset 'YET' statements

Write down 5 of the limiting statements that have already come into your head when thinking about changing career direction into Tech

Write for each of these, a YET statement.

1. I have no idea how **YET!**

2. I can't do **YET!**

3. I do not **YET!**

4. I have never **YET!**

5. I don't have what it takes to **YET!**
