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#### **PAPER**

# Micromagnetic stimulation ( $\mu$ MS) dose-response of the rat sciatic nerve

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**Keywords:** micromagnetic neurostimulation, dose-response relationship, microcoils, induced electric field, orientation-dependence, rat sciatic nerve, spatially-selective neuromodulation

Supplementary material for this article is available online

#### Abstract

Objective. The objective of this study was to investigate the effects of micromagnetic stimuli strength and frequency from the Magnetic Pen (MagPen) on the rat right sciatic nerve. The nerve's response was measured by recording muscle activity and movement of the right hind limb. Approach. The MagPen was custom-built to be stably held over the sciatic nerve. Rat leg muscle twitches were captured on video, and movements were extracted using image processing algorithms. EMG recordings were also used to measure muscle activity. *Main results*. The MagPen prototype, when driven by an alternating current, generates a time-varying magnetic field, which, according to Faraday's law of electromagnetic induction, induces an electric field for neuromodulation. The orientation-dependent spatial contour maps of the induced electric field from the MagPen prototype have been numerically simulated. Furthermore, in this *in vivo* work on  $\mu$ MS, a dose-response relationship has been reported by experimentally studying how varying the amplitude (Range: 25 m $V_{p-p}$  through 6  $V_{p-p}$ ) and frequency (range: 100 Hz through 5 kHz) of the MagPen stimuli alters hind limb movement. The primary highlight of this dose-response relationship (repeated over n rats, where n = 7) is that for a  $\mu$ MS stimuli of higher frequency, significantly smaller amplitudes can trigger hind limb muscle twitch. This frequency-dependent activation can be justified by Faraday's Law, which states that the magnitude of the induced electric field is directly proportional to the frequency. Significance. This work reports that  $\mu$ MS can successfully activate the sciatic nerve in a dose-dependent manner. The impact of this dose-response curve addresses the controversy in this research community about whether the stimulation from these  $\mu$ coils arise from a thermal effect or micromagnetic stimulation. MagPen probes do not have a direct electrochemical interface with tissue and therefore do not experience electrode degradation, biofouling, and irreversible redox reactions like traditional direct contact electrodes. Magnetic fields from the  $\mu$ coils create more precise activation than electrodes because they apply more focused and localized stimulation. Finally, unique features of  $\mu$ MS, such as the orientation dependence, directionality, and spatial specificity, have been discussed.

#### 1. Introduction

Implantable neuromodulation devices have been used for the treatment of chronic pain [1-3], brain disorders [4-7] and have been applied as retinal [8, 9] and cochlear prostheses [8, 9]. The use of electric shock from Torpedo fish for the treatment of chronic pain dates back to the 15th century AD [10]. This practice was soon followed by reports of muscle contraction due to electrical stimulation [11, 12] in the 18th century. However, the modern era of neuromodulation for the treatment of chronic pain began in the 1960s [13]. Sciatica is a diagnostic condition where excruciating pain travels along the path of the sciatic nerve, which originates from the spinal cord and extends through the legs. Transcutaneous electric nerve stimulation [14, 15] has been proven to be quite effective for sciatica treatment, and percutaneous electric nerve stimulation is being investigated as a viable and possibly even better alternative [16, 17].

The spatially selective and directional activation of the peripheral nervous system (PNS) has been pursued for over two decades by peripheral nerve interface designers [18]. Of the electrodes that have been designed for the precise stimulation of the PNS, the transverse intrafascicular multi-electrode array (TIME) [19], the longitudinal intrafascicular electrode (LIFE) [20], the Cuff electrodes, and the Utah slanted electrode array (USEA) [21] deserve special mention. TIME, LIFE, and USEA are intrafascicular electrodes, which means they are surgically inserted to penetrate the peripheral nerve and provide microstimulation. Cuff electrodes provide extraneural activation, which means they wrap around the nerve, and it is impossible for the nerve to escape the Cuff electrode contact. While USEA electrodes have been recently reported as an advanced electrode array design, literature reports suggest that TIME is the only electrode that offers good neural stimulation selectivity at both the intra- and interfascicular level. LIFE allows enhanced selectivity on only the intrafascicular level, while multipolar Cuff electrodes offer selectivity on the interfascicular level. Despite the success of these peripheral nerve stimulators, the electrodes are in close galvanic contact with biological tissue, which can result in biofouling [22, 23]. Biofouling increases the voltage required to achieve the same field strength in tissue and can cause the field strength needed to activate tissue to exceed safe limits. Here, we present an implantable technology based on micromagnetic stimulation ( $\mu$ MS). It uses submillimetersized coils, or microcoils ( $\mu$ coils), which, when driven by a time-varying current, generate a time-varying magnetic field. This magnetic field induces an electric field in the surrounding tissue according to Faraday's laws of electromagnetic induction. Because stimulation occurs through an inductive effect, the  $\mu$ coils

do not come in direct galvanic contact with the biological tissue. Therefore, these  $\mu$ coils are invulnerable to biofouling, unlike electrodes. Furthermore,  $\mu$ coils offer advantages such as MRI compatibility [24], spatial specificity, and directionality [25]. This technology was first reported over a decade ago in tests of solenoidal  $\mu$ coils on rabbit retinal neurons in vitro [26]. Various  $\mu$ coil shapes have been investigated in several different experimental settings. The optimized shape of the coil for neuromodulation is still under investigation, with several designs reported based on both computational modeling and experimental approaches [25-30]. Some of the notable experimental settings these  $\mu$ coils have been tested in include in vivo intracortical  $\mu$ MS using V-shaped  $\mu$ coils [28], in vitro focal control of pyramidal neurons with solenoidal  $\mu$ coils [31], in vitro somatic and axonal inhibition of action potentials of ganglion cells in marine mollusk using solenoidal  $\mu$ coils [32, 33], and in vitro activation of the CA3-CA1 synaptic pathway in hippocampal tissue slices [25].

Kagan et al [34] reported in vivo magnetic stimulation of the sciatic nerve using centimeter- and millimeter-scale solenoidal coils. Their work did not use  $\mu$ coils and lacked additional experiments to prove that the stimulation effect on the rat sciatic nerve was indeed an effect of magnetic stimulation. In this work, we present  $\mu$ MS using the Magnetic Pen (Mag-Pen) [25] on the rat sciatic nerve and report a doseresponse relationship for  $\mu$ MS that confirms a micromagnetic stimulatory effect on the nerve. Based on MagPen's contact with the nerve, it offers extraneural activation. The spatial specificity that the MagPen offers is a function of the relative orientation of the  $\mu$ coil to the tissue (see section 3.1), the angular contact of the MagPen with the nerve (see section 3.2), and the direction of the sinusoidal current through the  $\mu$ coil. The depth of neural activation that the MagPen offers is a function of the magnitude of the induced electric field generated by the  $\mu$ coil for a particular combination of amplitude and frequency of sinusoidal current (see section 3.5). In addition, the depth of activation also depends on how fast the induced electric field decays with distance between the  $\mu$ coil and the nerve (see supplementary information S2). Therefore, peripheral nerve activation by the MagPen is unique, as it is attached to the nerve like a Cuff electrode but offers both extraneural and intraneural activation, similar to TIME. Furthermore, the ability to simply position the MagPen over the nerve makes this method significantly more versatile, as it does not need specialized surgical training for electrode penetration inside the nerve, as is the case for TIME, LIFE, and USEA. In their work on the micromagnetic activation of hippocampal tissue slices, Saha et al [25] briefly reported based on numerical simulations that the nature of micromagnetic activation is frequency dependent. Meaning, that at higher frequency of the current driving the  $\mu$ coils, the amplitude of the current through the  $\mu$ coils required to activate the neural tissues is less; at lower frequency, a current of higher amplitude driving the  $\mu$ coils is required to trigger neural activity. Although the report of such frequency-dependent activation of the neural tissues by  $\mu$ MS follows directly from Faraday's laws of electromagnetic induction, an experimental justification was missing. Herein, we measure the dose-response relationship of micromagnetic stimuli (varying amplitudes and durations) on hind limb twitches evoked via rat sciatic nerve activation. The results of this dose-response measurements of  $\mu$ MS experimentally confirm that the stimulatory effect of these  $\mu$ coils is micromagnetic in nature rather than thermal or electrical [35]. Finite element analysis (FEA) has been previously used to study the thermal effects of Utah microelectrode arrays on grey matter tissues [36]. An experimental method to determine the temperature increase caused by Utah Arrays using infrared cameras in in vitro salt baths has also been previously reported [37, 38]. We have used FEA and numerical techniques to corroborate those in vitro salt bath temperature measurements to affirm that the nature of stimulation imposed by the MagPen is indeed micromagnetic. Overall, this work demonstrates the efficacy and feasibility of focal neuromodulation using  $\mu$ MS, which may open a new avenue for the study of sciatica and chronic pain management.

#### 2. Materials and methods

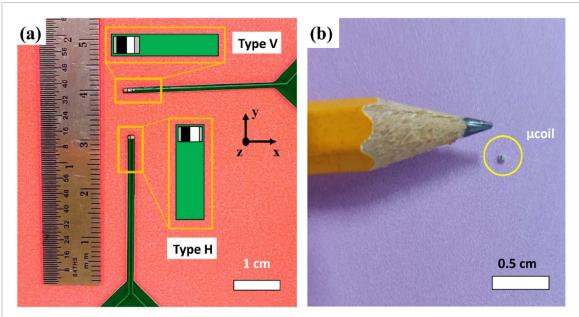
## 2.1. MagPen: micromagnetic neurostimulation probe fabrication

The fabrication method of the micromagnetic neurostimulation probe, MagPen (see figure 1(a)), both Type Horizontal (Type H) and Type Vertical (Type V), has been reported previously [25]. In this work, we used a commercially available solenoidal  $\mu$ coil (Model no.: TDK Corporation MLG1005SR10JTD25). Regarding the appropriate choice of the  $\mu$ coil model, it was made sure that the electrical characteristics of the  $\mu$ coil were reduced to that of a simple resistive-inductive (RL) circuit (see table \$1 for LCR meter measurements of the RLC characteristics). Each  $\mu$ coil was soldered (using solder flux & hot air blower) at the tip of a printed circuit board (PCB) with a length of 3 cm. For ease of orientation of the MagPen over the nerve, we thinned the PCB down to 0.4 mm along the z axis (see figure 1(a)). The tip of the MagPen where the  $\mu$ coil is located has a width of 1.7 mm in Type H and 1.4 mm in Type V. A complete image of the prototype is provided in figure S1 of supplementary information S1. The  $\mu$ coil measures 1 mm  $\times$  600  $\mu$ m  $\times$  500  $\mu$ m, which is smaller than the size of a pencil tip (Dixon No.2 HB pencil) (see figure 1(b)).

In the study of the neural activation capability of a micromagnetic implant, complete blockage of current leakage and capacitive current from the prototype is extremely essential. This requirement can be achieved by encapsulating the  $\mu$ coil within a biocompatible polymer coating. In this study, we introduced a 10  $\mu$ m-thick Parylene-C coating on the tip of the MagPen using a SCS-Labcoater Parylene-C deposition system. The efficacy of the current anti-leakage coating in the MagPen prototypes was validated by measuring the impedance between one terminal of the MagPen and laboratory-made standard artificial cerebrospinal fluid (aCSF) with a composition (in mM) of 124 NaCl, 2 KCl, 2 MgSO<sub>4</sub>, 1.25 NaH<sub>2</sub>PO<sub>4</sub>, 2 CaCl<sub>2</sub>, 26 NaHCO<sub>3</sub>, and 10 D-glucose [39]. During the measurement of this impedance, the Mag-Pen was immersed in the solution, and a single-cycle sinusoidal current of 2 A was driven at a frequency of 2 kHz with 1 s intervals. If the measured impedance was 5 M $\Omega$  and above, the prototype passed our quality control test. As further discussed in supplementary information \$2, limiting the thickness of this Parylene-C coating is also essential, as the induced electric field drops rapidly with distance.

#### 2.2. Circuit characteristics of the $\mu$ coil

An LCR meter (Model no. BK Precision 889B; see table S1 in supplementary information S1) was used to measure the resistance (R), inductance (L), and capacitance (C) values of the  $\mu$ coil implant. The  $\mu$ coil reduced to a RL series circuit. As per Faraday's laws of electromagnetic induction, the electromotive force (emf) is directly proportional to the series inductance  $(L_s)$ . The relationship is given by the expression  $v(t) = L_s \frac{di(t)}{dt}$ , where v(t) is the emf induced in an electrical circuit (here, neurons: the biological circuits) due to a time (t)-varying magnetic field (B(t)); v(t) contributes directly to the induced electric field that will stimulate the neurons, and  $\frac{di(t)}{dt}$  is the time derivative of the current through the  $\mu$ coil (i(t)). The DC resistance ( $R_{DC}$ ) of the  $\mu$ coil contributes solely to the Joule heating of the  $\mu$ coils during neuron activation [24, 40, 41] (heat =  $i(t)^2 R_{DC}t$ ). A previous study by Minusa et al [27] reported a temperature increase of  $\sim$ 1–1.5 °C in aCSF when the  $\mu$ coils were driven by the alternating current necessary for neural activation. Recently, Jeong et al [38] used an optical probe to measure the temperature increase in the neural tissue during micromagnetic activation and reported a similar observation. Park et al [41] used FEA techniques to optimize the geometrical parameters of a planar  $\mu$ coil such that the temperature rise in neural tissues is below 1 °C. We have performed an independent study involving experimental and numerical calculations of the heat energy released from the  $\mu$ coil. The temperature change that is expected to be observed in the nerve from Mag-Pen stimulation corroborates that of other reports



**Figure 1.** (a) The Magnetic Pen (MagPen) prototype fabricated in two different orientations: Type Horizontal, or Type H, and Type Vertical, or Type V. The implant, or the magnetic microcoil ( $\mu$ coil), is situated at the tip. (b) Size comparison of the  $\mu$ coil to the tip of a pencil (Dixon No. 2 HB pencil).

(see supplementary information S7). Overall, compared to the  $\mu$ coil model used in our previous work ( $R_{DC} = 3.8-4.4~\Omega$ ) [25], the  $R_{DC}$  values for this  $\mu$ coil are lower (between 1.8  $\Omega$  and 2.2  $\Omega$ ), and we expect the heating effect to be two orders of magnitude lower.

#### 2.3. Animal handling & surgery

All in vivo experiments were performed in accordance with a University of Minnesota-approved Institutional Animal Care and Use Committee protocol. Seven 349  $\pm$  91 gram Long-Evans rats were administered 1200 mg kg<sup>-1</sup> Urethane anesthesia through intraperitoneal injection and given 4 mg kg<sup>-1</sup> Lidocaine and 2 mg kg<sup>-1</sup> Bupivacaine local anesthesia via subcutaneous injection at the incision site [42]. Urethane was used to preserve the neurochemical environment of the rat. The rat was placed on an appropriate heating device, and supplemental oxygen was given via nose cone throughout the experiment. A 30 mm incision exposed the dorsalmedial right quadricep muscular interstitial space where the sciatic nerve could be accessed. One cotton-tipped applicator was placed between the sciatic nerve and the quadricep for effective placement of the  $\mu$ coil (see figure 2(a)(i)). Anesthetic depth and vital signs were monitored every 15 min throughout the experiment to ensure rat comfort and homeostasis.

#### 2.4. The 'Dose': MagPen driving circuitry

The MagPen driving circuitry and the associated waveforms are illustrated in figure 2(b). The stimulus was applied to the sciatic nerve using a function generator (Model no. RIGOL DG1022Z) as

single-cycle sinusoids with 1 s intervals (see Waveform in figure 3). The current through the  $\mu$ coil (i(t)) is represented by the equation  $i(t) = A_1 \sin 2\pi ft$ , where  $A_1$  and f are the current strength/amplitude and frequency through the  $\mu$ coil, respectively. The 1/f component is equivalent to the duration of the micromagnetic stimulus.  $A_1$  and f consist of a significant component of the 'dose'. The current, i(t), is amplified by a class-D amplifier (Model no. Pyramid PB717X) set at a constant gain, A. An alternating current drives the  $\mu$ coil to generate a timevarying magnetic field (B(t)). As per Faraday's law of electromagnetic induction, this time-varying magnetic field induces an electric field ( $E_{ind}$ ), which activates the nerve. The field is expressed by the equation  $\oint E_{\text{ind}} \cdot d\mathbf{l} = -\iint \frac{\partial B(t)}{\partial t} \cdot d\mathbf{S}$ . Therefore, we obtain the expression  $E_{\text{ind}} \propto \frac{\mathrm{d}B(t)}{\mathrm{d}t} \propto \frac{\mathrm{d}i(t)}{\mathrm{d}t}$ . Hence, on applying a sinusoidal current waveform (i(t)) through the  $\mu$ coil, we will obtain an induced electric field waveform  $(E_{\text{ind}})$  in the form of a time-derivate of the current. As this induced electric field activates the nerve, it induces a sinusoidal current (I(t)) in the nerve, which activates the axons in it (see figure 2(b)).

#### 2.5. Finite element modeling (FEM) of the $\mu$ coil

It is challenging to experimentally measure the magnetic field and the corresponding induced electric field from these sub-mm-sized  $\mu$ coils. Minusa et al [27] reported the use of miniaturized, custom-made pick-up coils for this purpose. For such measurements, it is extremely essential to place the  $\mu$ coil implants close to the pick-up coils. Khalifa et al [43] reported the use of nitrogen vacancy magnetometers to measure the induced electric field from these  $\mu$ coils. A cost-effective yet reliable way

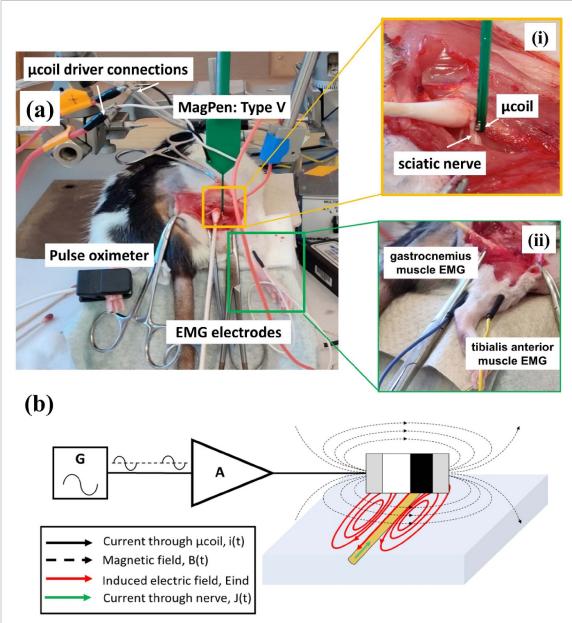


Figure 2. Experimental set-up for studying the effect of  $\mu$ MS on the rat sciatic nerve. (a) The right sciatic nerve of a rat under anesthesia has been surgically exposed, and the MagPen: Type V has been placed over the nerve. A pulse oximeter continually measures the heart rate and oxygen saturation in the blood of the rat. The power source connections driving the  $\mu$ coil have been marked. (i) A more detailed orientation of the  $\mu$ coil (MagPen: Type V) on the rat sciatic nerve that activated the nerve fibers. (ii) EMG electrodes have been inserted in the front and back muscles of right hind limb of the rat. (b) The MagPen driving circuit consists of a function generator (G), which generates single-cycle bursts of sinusoidal waveforms of varying amplitude and duration. This waveform is amplified by a class-D amplifier set at a constant  $10 \times \text{gain}$ , thereby generating the current that drives the  $\mu$ coil (denoted by solid black lines). This amplified current, when fed into the  $\mu$ coil, generates a time-varying magnetic field (denoted by dotted black lines), which in turn induces an electric field (denoted by solid red lines) on the nerve. This induced electric field generates a current through the nerve (denoted by solid green lines).

to conduct such magnetic field and induced electric field measurements is the numerical modeling of electrical currents in neural tissues using FEM-based calculations [44–46]. In this work, we used the eddy current solver of ANSYS-Maxwell [47] (ANSYS, Canonsburg, PA, United States) to study the magnetic field and the induced electric field from the  $\mu$ coils. It solves an advanced form of the T– $\Omega$  formulation of Maxwell's equations [48]. The  $\mu$ coil ceramic core dimensions, tissue slab parameters, boundary conditions, and high-resolution tetrahedral mesh size

used in the model are detailed in table 1. All the modeling work was performed using the Minnesota Supercomputing Institute at the University of Minnesota (8 cores of Intel Haswell E5-2680v3 CPU,  $64 \times 8 = 512$  GB RAM and 1 Nvidia Tesla K20 GPU). The induced electric field values were then exported for analysis using a customized code written in MATLAB (The Mathworks, Inc., Natick, MA, USA). For the numerically simulated spatial contour plots of the magnetic field ( $B_{x,y,z}$ ) and induced electric field ( $E_{x,y,z}$ ), refer to supplementary information S6.

**Table 1.** FEM modeling parameters for the  $\mu$ coil.

| Parameter description                      | Value   |
|--|---|
| $\mu$ coil dimensions (L × W × H)          | $1~\mathrm{mm} \times 600~\mathrm{\mu m} \times 500~\mathrm{\mu m}$ |
| Number of turns $(N)$                      | 21  |
| Wire diameter                              | $7~\mu\mathrm{m}$   |
| Tissue dimension (L $\times$ W $\times$ H) | $4 \text{ mm} \times 4 \text{ mm} \times 300  \mu\text{m}$          |
| Conductivity of tissue ( $\sigma$ )        | $0.13  \mathrm{S  m^{-1}}$  |
| Air dimension (L $\times$ W $\times$ H)    | $10~\text{mm} \times 10~\text{mm} \times 4~\text{mm}$               |
| Energy error (user-specified)              | 1%  |
| Final solution no. of mesh elements        | 410 000   |
| Adaptive passes (converged)                | 6   |

The magnetic and electric fields induced by  $\mu$ coils are highly directional, and so the sensitivity of nerves to  $\mu$ MS will be highly orientation-dependent [25, 49]. In our previous work [25] using the MagPen for the *in vitro* activation of the hippocampal CA3-CA1 synaptic pathway, we had generated induced electric field spatial profiles from ANSYS-Maxwell for both MagPen: Type H and MagPen: Type V. Performing NEURON simulations (https://neuron.yale.edu/ neuron/) on the induced electric field spatial profiles, we reported that when the MagPen's long axis was oriented out-of-plane with respect to the tissue, the simulated pyramidal neuron was activated. When the MagPen's long axis was oriented in-plane with respect to the tissue, the neuron at the same location as in the previous case could not be activated [25]. Further investigation into the orientation-dependent activation of the  $\mu$ coils in this work helped us to conclude that the orientation of the neurons in the tissue with respect to the long axis of the  $\mu$ coil also plays a key role in successful activation (see figure 4).

### 2.6. The 'Response': recording and tracking the hind limb movement activity

Stimulation of the rat sciatic nerve activates the hind limb, causing the leg muscles to twitch. To record limb muscle activation, we used EMG electrodes (Model no. Disp. Subdermal Needle-27 ga. 12 mm from Rochester Electro-Medical Inc.) in the tibialis anterior and gastrocnemius leg muscles of the rat (see figures 2(a)(ii) and 3(c)). EMG electrodes were connected to a headstage (Intan 32ChRHD2132), and muscle activity was recorded at 30 kHz with an Open-ePhys system (https://open-ephys.org/). EMG recordings are shown in figure S3 in supplementary information S3.

Due to the close proximity of the MagPen and the EMG electrodes, there were significant stimulus artifacts in the EMG signals. In addition to the EMG recording, we also measured the leg twitch activity via video tracking for image processing. A WebCam (LogiTech C270 WebCam; 720p & 30 fps) was used to record the hind limb movements. To aide subsequent image processing, a patch of green tape was attached to the foot. Video was collected (see

supplementary video SV1) while stimulating the sciatic nerve with the MagPen at 1 Hz. The image data were processed using MATLAB's Computer Vision ToolBox (The Mathworks, Inc., Natick, MA, USA) and a customized code for motion tracking developed using MATLAB (see figure 3(d)). For data analysis, images were cropped around the green tape placed on the limb (see supplementary video SV2). A total of 9 s of data were analyzed. Movement was calculated by tracking changes in the green tape in the video. A Kalman filter was used to remove noise in the resulting signal. The pixel changes were tracked and predicted inside boundary boxes (bboxes) (see supplementary information S4: Pictorial demonstration of the Image Processing Algorithm).

#### 3. Results

### 3.1. Orientation specificity of the $\mu$ coil with respect to the nerve

In our experimental set-up in figure 2(a), both Mag-Pen prototypes, Type H and Type V, were tested on the sciatic nerve. Only MagPen: Type V helped us achieve the orientation for successful hind limb movement (see figure 2(a)(i)). In this section, we provide physics-based justifications for the orientation specificity of  $\mu$ MS. In figure 4, we schematically represent how various orientations of the  $\mu$ coil relative to the tissue and the corresponding arrangement of nerve fibers (yellow cylinders in figure 4) affect the directionality of the induced electric field. This also affects how a nerve is activated by  $\mu$ MS.

Figure 4(a) shows how bipolar electrical stimulation electrodes activate the nerve. Nerves are activated due to membrane hyperpolarization and membrane depolarization from the electrode tips. For a  $\mu$ coil, when the long axis is oriented in-plane with the tissue (MagPen: Type H) and the nerve is aligned along the x axis (see figure 4(b)), due to the directionality of the induced electric fields (shown as solid red lines), it successfully activates the nerve. For the same  $\mu$ coil orientation but with the nerve fiber aligned along the y axis (see figure 4(c)), the directionality of the induced electric field from the  $\mu$ coils does not favor successful membrane hyperpolarization and

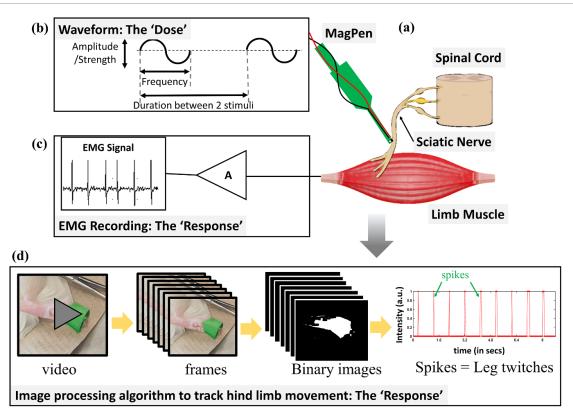


Figure 3. Schematic overview of the *in vivo* MagPen-sciatic nerve experimental set-up. (a) The sciatic nerve originates from the spinal cord and projects to the hind limb muscles. In this work, we used MagPen: Type V (single  $\mu$ coil prototype) to demonstrate micromagnetic activation of the sciatic nerve. (b) The 'Dose': The MagPen was driven by a single wave of a sinusoidal current waveform of varying amplitude and frequency; each stimulus is separated by 1 s. (c) The 'Response': stimulation of the sciatic nerve evoked electrical activity in the muscle, which was recorded using electromyography (EMG) in the limb muscles. (d) In addition, hind limb movement was tracked by applying an image processing algorithm to the video recording of the hind limb movement obtained from  $\mu$ MS.

depolarization. For similar reasons, in figure 4(d), when the long axis of the  $\mu$ coil is out-of-plane with respect to the tissue (MagPen: Type V) and the nerve is aligned along the x axis, it cannot be activated. However, by keeping the same orientation of the  $\mu$ coil relative to the tissue as that shown in figure 4(d) (MagPen: Type V) but aligning the nerve along the y axis (see figure 4(e)), the nerve can be activated. Our findings closely corroborate those of Golestanirad  $et\ al\ [49]$ .

In this *in vivo* experiment, we tried to position the  $\mu$ coil with respect to the nerve fibers as shown in figure 4(b) (Type H) or in figure 4(e) (Type: V). However, only the orientation in figure 4(e) (Type V) successfully activated the sciatic nerve and showed hind limb movements. We believe that for the orientation shown in figure 4(b) for Type H, the nerve fascicles that were responsible for hind limb movements were not activated due to the spatially specific nature of  $\mu$ MS. It might also be possible that the induced electric field magnitude was not sufficient to activate the nerve fascicles (see figure 5(a)(iii)). However, for the orientation in figure 4(e) for Type V, those specific fibers in the sciatic nerve were successfully activated. This is where the orientation specificity of the  $\mu$ coils is

significant in this work. In section 3.2, we have further quantified the angular dependence of the  $\mu$ coils with respect to the neural tissue on the magnitude of the induced electric field.

### 3.2. Angular significance of the $\mu$ coil with respect to the neural tissue

Our previous report already showed that the Mag-Pen offers spatially specific activation of the neural tissues [25]. The  $\mu$ coil in the MagPen can activate a maximum of 2.672 mm<sup>2</sup> (out of 16 mm<sup>2</sup>) of the tissue area (see the black dotted line in figure 5(e)(iii)) [25]. However, in previous studies, the angular orientation of the  $\mu$ coil with respect to the tissue and its contribution to spatially specific activation has not been investigated in detail. While trying to place the MagPen over the sciatic nerve at reproducible locations, as in figures 4(b) or (e), there were several experimental instances (estimated to be caused by motion of the hind limb upon successful activation or breathing of the rat, etc) where the angular orientation of  $\mu$ coil to the nerve changed. This resulted in a change in the stimulation threshold, as measured by activation of the hind limb. Figure 5 shows a simulation of the spatial contour map of the induced

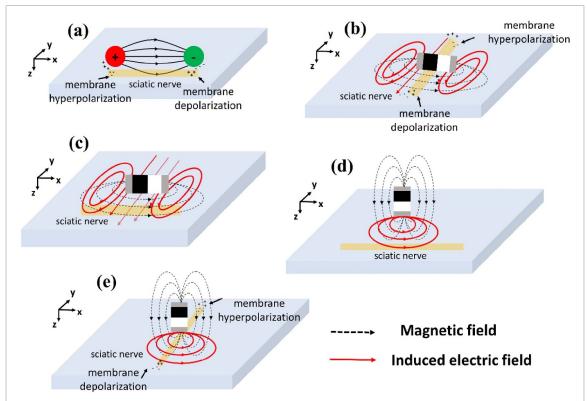


Figure 4. Schematic representation of the importance of the directionality/orientation of the  $\mu$ coil with respect to the nerve for successful activation of the nerve using  $\mu$ MS. (a) Mechanism of activation of the sciatic nerve using bipolar electrical electrodes. (b) Long axis of the  $\mu$ coil in-plane to the tissue (MagPen: Type H) and nerve aligned along the y axis. (c) Long axis of the  $\mu$ coil in-plane to the tissue (MagPen: Type H) and nerve aligned along the x axis. (d) Long axis of the  $\mu$ coil out-of-plane to the tissue (MagPen: Type V) and nerve aligned along the x axis. (e) Long axis of the  $\mu$ coil out-of-plane to the tissue (MagPen: Type V) and nerve aligned along the y axis.

electric field as the  $\mu$ coil changes angular orientation relative to the nerve. The spatial contour plots of the induced electric field demonstrate that in addition to the magnitude of current driving the  $\mu$ coils, the angular orientation of the  $\mu$ coils relative to the tissue also alters the magnitude of the induced electric field (see figures 5(a)(iii), (b)(iii), (c)(iii), (d)(iii) and (e)(iii)). Furthermore, whether the angular orientation of the  $\mu$ coil activates the nerve depends on the alignment of the nerve (see figure 4). This fact affected our experiments while studying MagPen's efficacy in activating the sciatic nerve. The neural activation probability was lowest for the angular orientations in figure 5(a)(i) (achieved by MagPen: Type H) and figure 5(e)(i) (achieved by MagPen: Type V). The greatest probability of neural activation was for the angular orientations in figure 5(a)(ii) (achieved by MagPen: Type H) and figure 5(e)(ii) (achieved by MagPen: Type V). Tedious efforts were made to ensure that the orientation of the MagPen on the sciatic nerve was as shown in figure 5(a)(ii) (achieved by MagPen: Type H) and/or figure 5(e)(ii) (achieved by MagPen: Type V). This is the same condition as shown in figures 4(b) and (e), respectively. If, due to human error, the MagPen was oriented under any of the other conditions shown in figure 5, a much higher magnitude of current would be required to trigger hind limb movements. However, in figures 5(a)(i)

and (e)(i), which are the same conditions as those shown in figures 4(c) and (d), no hind limb movement was observed. However, in the experiments, only MagPen: Type V (see figures 2(a)(i) and 5(e)(ii) showed successful hind limb movements because the induced electric field magnitudes were greater compared to those generated by MagPen: Type H (see figures 5(a)(iii) and (e)(iii)).

Summarizing figure 5, a particular orientation of the  $\mu$ coil with respect to the tissue generates a specific induced electric field contour plot. Whether that induced electric field spatial distribution activates the nerve depends entirely on the alignment of the nerve relative to the  $\mu$ coil. This is the reason why only the condition in figure 5(e)(ii) (MagPen: Type V) activates the nerve despite figures 5(e)(i) and (e)(ii) having the same induced electric field spatial distributions. Supplementary information S9 has further quantified the effect of the angular orientation of the  $\mu$ coil on the induced electric field.

### 3.3. Frequency dependence of the induced electric

Our previous work with the MagPen to activate the CA3-CA1 synaptic pathway in hippocampal slices [25] also reported a numerically simulated 'strength-frequency' plot of  $\mu$ MS. When the  $\mu$ coils are driven

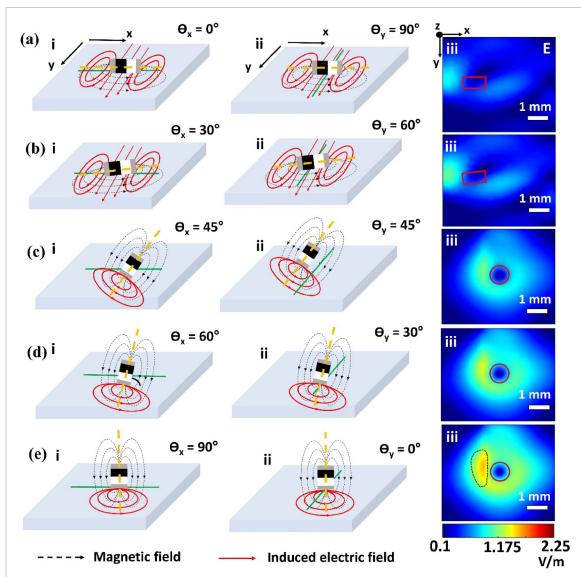


Figure 5. Schematic demonstration of the angular dependence of the  $\mu$ coil with respect to the nerve alignment along both the x and y axes in the plane of the nerve tissue. The long axis of the  $\mu$ coil is represented by a dashed yellow line. The alignment of the nerve fiber in the tissue is represented by a solid green line. The red outline denotes the location of the bottom side of the  $\mu$ coil with respect to the tissue. (a)(i)  $\theta_x = 0^\circ$  (same as figure 4(c)), (ii)  $\theta_y = 90^\circ$  (same as figure 4(b)), (iii) normalized induced electric field on a tissue projected along z direction. (b)(i)  $\theta_x = 30^\circ$ , (ii)  $\theta_y = 60^\circ$ , (iii) normalized induced electric field on a tissue projected along z direction. (c)(i)  $\theta_x = 45^\circ$ , (ii)  $\theta_y = 45^\circ$ , (iii) normalized induced electric field on a tissue projected along z direction. (e)(i)  $\theta_x = 90^\circ$  (same as figure 4(d)), (ii)  $\theta_y = 30^\circ$ , (same as figure 4(e)) (iii) normalized induced electric field on a tissue projected along z direction. The black dotted outline denotes 2.672 mm² (out of 16 mm²) of the tissue area that has the maximum probability of getting activated. ( $\theta_x + \theta_y = 90^\circ$ ). The distance between the  $\mu$ coil and neural tissue is taken to be  $100~\mu$ m along the z axis. The  $\mu$ coil was driven by a sinusoidal current of 2 A at a frequency of 2 kHz.

by a time (t)-varying single-cycle sinusoidal current of frequency f and amplitude  $A_1$ , the current (in units of ampere (A)) through the  $\mu$ coil can be expressed as:

$$i(t) = A_1 \sin 2\pi ft. \tag{1}$$

This amplitude,  $A_1$ , of the current through the  $\mu$ coil can also be written as:

$$A_1 = \frac{V}{R} \tag{2}$$

where V is the voltage applied to the  $\mu$ coil (in volt (V)) from the driving circuit, as in figure 2(b), and R is the resistance of the  $\mu$ coil (in ohm ( $\Omega$ )). This current i(t)

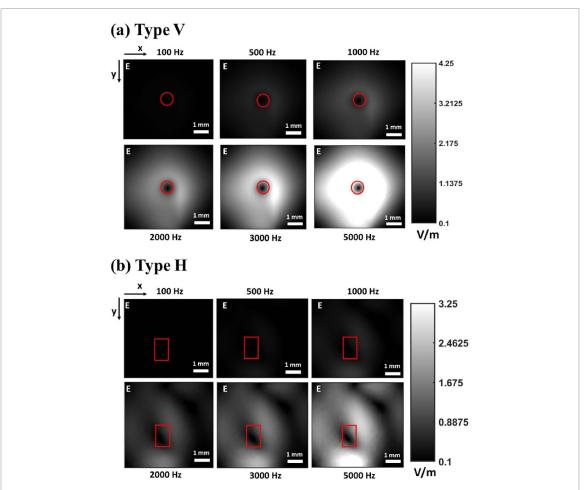
generates a time-varying magnetic field  $B\left(t\right)$  given by the equation:

$$B(t) = \frac{\mu_{\rm r} \mu_0 i(t) N}{L} \tag{3}$$

where,  $\mu_{\rm r}$  is the relative magnetic permeability of the medium,  $\mu_0$  is the vacuum permeability, N is the number of turns in the  $\mu$ coil, and L is the length of the  $\mu$ coil. This magnetic field, as per Faraday's laws of electromagnetic induction, induces an electric field ( $E_{\rm ind}$ ) in the medium that is expressed by the following equation:

$$\oint E_{\text{ind}} \cdot d\mathbf{l} = -\iint \frac{\partial \mathbf{B}(t)}{\partial t} \cdot d\mathbf{S} \tag{4}$$

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**Figure 6.** FEM modeling showing that with an increase in the frequency of the sinusoidal stimulus, there is an increase in the induced electric field magnitude. The working window shows the numerically simulated normalized induced electric field (E in V m<sup>-1</sup>) calculated for a  $\mu$ coil being driven by a current of 2 A at varying frequencies. The E was measured on a tissue of dimensions 4 mm  $\times$  4 mm  $\times$  300  $\mu$ m. The distance between the  $\mu$ coil and neural tissue is taken to be 100  $\mu$ m. Frequency dependence of the induced electric field for (a) MagPen Type V (b) MagPen Type H. The position of the  $\mu$ coil with respect to the tissue has been marked with a solid red boundary.

where, l and S are the contour and the surface area of the neural tissue, respectively. By substituting the expressions for B(t) and i(t) in equation (4) followed by some basic differentiation, we obtain the value of  $E_{\text{ind}}$  as follows:

$$\oint E_{\text{ind}} \cdot d\mathbf{l} = -\frac{\mu_{\text{r}} \mu_0 N}{L} \cdot A_1 \cdot f \cdot 2\pi \cdot \cos(2\pi f t) \iint dS$$
(5)

$$\oint \mathbf{E_{ind}} \cdot d\mathbf{l} = -\frac{\mu_{r}\mu_{0}N}{L} \cdot \frac{V}{R} \cdot f \cdot 2\pi \cdot \cos(2\pi f t) \iint d\mathbf{S}.$$
(6)

From equation (5), we deduce that  $E_{\rm ind} \propto A_1.f$ , indicating that the value of the induced electric field is directly proportional to the two significant components of the 'dose': the amplitude  $(A_1)$  and the frequency (f) of the sinusoidal current driving the  $\mu$ coil (see section 2.4). Keeping all the other variables in equation (5) constant, to achieve a particular value of  $E_{\rm ind}$  necessary for nerve activation, if either component of the 'dose' for  $\mu$ MS  $(A_1 \text{ or } f)$  is increased,

the other component can be decreased. This frequency dependence of the induced electric field is a unique feature of  $\mu$ MS that directly obeys Faraday's laws of electromagnetic induction. Figures 6(a) and (b) show that the magnitude of the induced electric field increases with frequency for both MagPen orientations (i.e. Type V and Type H) while the current driving the  $\mu$ coils is kept constant. Equation (6) has been obtained from equation (5) by substituting equation (2) into equation (5). In this work showcasing  $\mu$ MS of the rat sciatic nerve, we have experimentally demonstrated this frequency-dependent phenomena (details explained in section 3.5). For numerically simulated spatial contour plots of the magnetic field  $(B_{x,y,z})$  and induced electric field  $(E_{x,y,z})$ , refer to supplementary information S6.

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## 3.4. Tracking hind limb movement using image processing algorithms

The successful activation of the sciatic nerve by Mag-Pen stimulation has been determined from muscle twitches causing foot dorsiflexion. We recorded the dorsiflexion movements using videos. Figure 7(a)

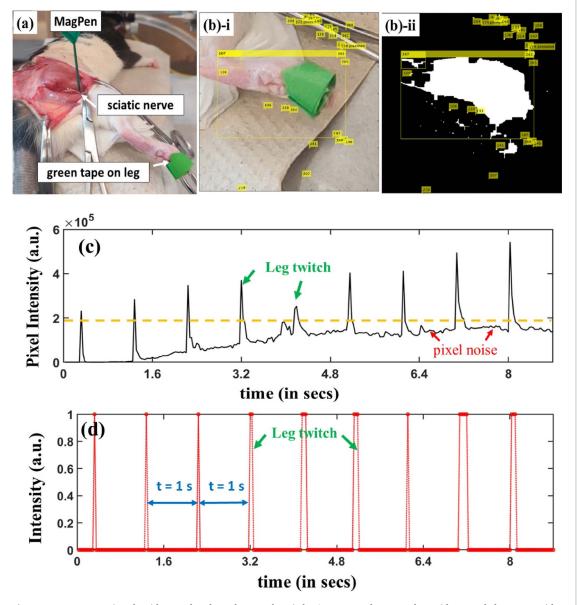


Figure 7. Image processing algorithm used to detect leg muscle twitches/movement from a 9 s-long video sampled at 30 Hz with the MagPen activating the sciatic nerve at 1 s intervals. (a) A rat under anesthesia with the right sciatic nerve surgically exposed and green tape attached to the leg. (b)(i). The algorithm classifies a bbox around the rat leg keeping the green tape on the leg as a centroid for the bbox. (b)(ii). The binary image formed from the image in (b)(i) color-codes the green tape on the leg as white pixels (see the area under the bbox). (c) Sum of the white pixels in each frame (pixel noise unfiltered). (d) Pixel noise filtered using a pixel intensity threshold (denoted by the dotted yellow line) from figure 7(c). This gives rise to distinct peaks separated by 1 s, where each peak corresponds to sciatic nerve activation by the MagPen. The 'dose' driving the MagPen was a single-cycle sinusoidal waveform of three  $V_{\rm p-p}$  amplitude at a frequency of 1 kHz; each cycle was separated by 1 s.

shows the experimental set-up in which green tape is wrapped around the toe of the right hind limb of the rat with the MagPen held over the sciatic nerve. Figure 7(b)(i) is a single frame from the 9 s video (see supplementary video SV2) showing the successful tracking of the green tape-wrapped hind limb inside the bbox (marked with a yellow outline in figures 7(b)(i) and (b)(ii)). Using the image processing algorithm explained in detail in section 2.6, we successfully created a binary image of the tracked limb, as shown in figure 7(b)(ii). The sum of 0s in the matrices defining each binarized frame is a measure of the white space in the frame. In figure 7(c), we plot the variation in the observed white space over

the 275 frames of the 9 s video. In frames where limb movement was detected, a greater patch of white is observed, represented via the spikes observed in figure 7(c). The MagPen was driven by a single-cycle sinusoidal waveform of 3  $V_{\rm p-p}$  amplitude at a frequency of 1 kHz, and stimulus was delivered at 1 s intervals. Therefore, following equations (1) and (2),  $V=3\,V_{\rm p-p}$  and  $f=1\,{\rm kHz}$ . Since the micromagnetic stimulus was applied at 1 s intervals, we expect to observe a leg twitch every 1 s. To distinguish the spikes from the noise generated by the algorithm, a threshold is applied (the dotted yellow line in figure 7(c)). The result clearly shows nine distinct spikes at 1 s intervals, as shown in figure 7(d). Those

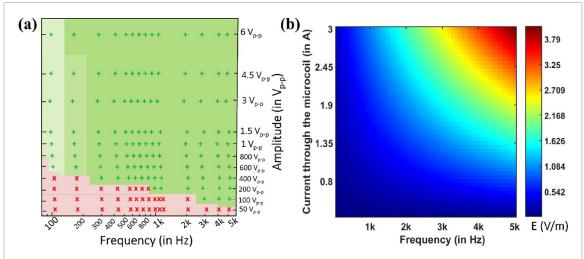


Figure 8. (a) The dose-response relationship experimentally measured by  $\mu$ MS of the rat sciatic nerve (n=7). In this plot, the 'dose' is the amplitude (in  $V_{\rm p-p}$ ) and frequency (in Hz) of the  $\mu$ MS. The 'response' is the intensity of the rat hind limb muscle twitch observed. The green '+' symbols indicate the  $\mu$ MS that elicit hind limb movements in all seven rats independently. The red 'x' symbols indicate those that did not elicit hind limb movements in any of the seven rats independently. Areas shaded in light, moderate and dark green represent parameters with weak, moderate, and strong leg responses, respectively. (b) Numerically simulated variation in the normalized induced electric field value (E in V m $^{-1}$ ) with the current through the  $\mu$ coil (in A). The current through the  $\mu$ coil (in A) = Amplitude (in  $V_{\rm p-p}$ )/Resistance of the  $\mu$ coil (in Ω).

nine spikes were observed throughout the MagPen stimulation period. In this way, we have successfully tracked hind limb movements following  $\mu$ MS of the rat sciatic nerve using image processing. EMG recordings were also used to monitor muscle activation (see supplementary information S3). However, due to the proximity of the MagPen to the EMG electrodes, large stimulus artifacts were observed. More image processing results are provided in supplementary information S5. We have applied image processing algorithms to supplementary video SV3 and showed that the algorithm can successfully track limb movements, identifying leg kicks at three-second intervals, corresponding to the  $\mu$ MS interval.

#### 3.5. The dose-response relationship for $\mu$ MS

We varied the 'dose' of the micromagnetic stimulus and measured the 'response', as determined by whether there was a measurable twitch in the hindlimb (see figure 8(a)). The twitch response was measured as we varied the stimulation peak-to-peak voltage ( $V_{\rm p-p}$ ) and the frequency of the single-cycle sinusoidal current (corresponding to the duration of the micromagnetic stimuli). We found four behaviors that were later used to classify the responses: (1) no leg movement; (2) weak leg movement; (3) moderately strong leg movement; and (4) strong leg movement. Here, 'leg movement' refers to the right hind limb movement of the rat. The dose-response relationship reported in figure 8(a) was measured for seven rats independently (n=7).

Summarizing figure 8(a), we observe that for a dose with lower frequency (f) (higher duration of the micromagnetic stimulus (1/f)) and lower voltage  $(V_{p-p})$ , there is no leg movement (see supplementary video SV5). For lower frequency (f) (higher duration

of the micromagnetic stimulus (1/f)) but high voltage  $(V_{p-p})$ , there is weak leg movement (see supplementary video SV4). At moderate frequency (f) and higher voltage  $(V_{p-p})$ , there is moderately strong leg movement (see supplementary video SV6). Finally, at high frequency (f) (lower duration of the micromagnetic stimulus (1/f)) and higher voltage  $(V_{p-p})$ , there is strong leg movement (see supplementary video SV2). The intensity of the hind limb movement is characterized in figure S3 (see supplementary information S3). This phenomenon and its frequency-dependent characteristic can be directly explained by Faraday's laws of electromagnetic induction, as explained in section 3.3 and figure 8(b). The amplitude of the response agrees well with the amplitude of the estimated induced electric fields (from equation (6)).

#### 4. Discussion

This work is the first report of the micromagnetic activation of the rat sciatic nerve using sub-mmsized  $\mu$ coils. We observed a dose-response relationship for  $\mu$ MS that follows directly from Faraday's laws of electromagnetic induction [25]. The fact that we were able to observe this frequency-dependent phenomenon experimentally validates the hypothesis that we were activating the sciatic nerve using  $\mu$ MS rather than through electrical stimulation contributed by current leakage from the  $\mu$ coils; in electrical stimulation, one would expect to observe strong leg movements at higher duration-higher amplitude combinations and weak leg movements at lower duration-higher amplitude combinations. Furthermore, this dose-response relationship further confirms that the frequency-dependent activation of the sciatic nerve cannot be the result of the Joule heating effect from the  $\mu$ coils [38] (see supplementary information S7). To prevent activation of the sciatic nerve through current leakage at the  $\mu$ coil connections of the MagPen, a water-tight and biocompatible coating was used to insulate the MagPen. The thickness of the coating was less than 100  $\mu$ m so as not to affect the induced electric field because the field strength decreases rapidly with distance (see supplementary information \$2). The waveform driving the MagPen needs to be carefully determined, as it controls the Joule heating of the  $\mu$ coils. Maintaining an appropriate time interval between two consecutive stimuli is key to properly dissipate the thermal energy that may cause the neural tissue to heat up (see supplementary information \$7). In a study by Park and Kim [50], the thermal effects from planarshaped micromagnetic coils were investigated using FEA. The major highlights of their work included optimizing the geometrical parameters of a planar coil and the stimulation parameters (pulse width, frequency, amplitude, and shape of the driving waveforms) such that the temperature rise in the neural tissues remained below 1 °C. However, all such optimizations were made while keeping the desired induced electric field constant at 10 V m<sup>-1</sup> to ensure activation of the neural tissues. Keeping the induced electric field constant while optimizing the geometrical parameters of the coil and stimulation parameters is potentially a great fallacy of their work, as the induced electric field is frequency-dependent (or dependent on the stimulation parameters) [25]. Furthermore, the study lacks a comparison of the thermal effects of different shapes of the coils (such as solenoid, planar rectangular helix, or planar circular helix), which could contribute to future work in this field of study.

As expected from the induced electric field directionality, the orientation of the  $\mu$ coil relative to the neural tissue strongly modulates the response (see section 3.1). However, in this work, we showed that the alignment of the nerve with respect to the  $\mu$ coil in the tissue is also critical. For induced electric fields with the same spatial contours, the direction along which the nerve is aligned determines whether the  $\mu$ coil will ultimately activate it. This unique feature of  $\mu$ MS highlights both strength of the neuromodulation technique and one of its fatal flaws. The orientation dependence of activation contributes to the directionally sensitive and spatially specific activation of the nerve. However, after long-term implantation of the  $\mu$ coil within the human body to activate a peripheral nerve, implant movement due to unavoidable circumstances might alter the  $\mu$ coil's contact with the nerve [51]. We hereby propose the design of a MagPen-Hook prototype where a hook will hold the nerve and press it against the  $\mu$ coil (see supplementary information S8). This design could potentially solve this challenge caused by changes in the orientation of the  $\mu$ coil after implantation. The

MagPen is a single  $\mu$ coil prototype. In the future, the spatial specificity for neural activation by the MagPen could be further enhanced by designing arrays of  $\mu$ coils [52].

The dose-response relationship was measured for seven rats independently. Interestingly, in two rats, we observed the activation of different muscles depending on the waveform used. In these experiments, low frequency (high duration) micromagnetic stimuli induced dorsiflexion of the foot (see supplementary video SV7) while high frequency (low duration) micromagnetic stimuli generated knee flexion (see supplementary video SV8). Most frequencies on the dose-response chart in figure 8(a) generated dorsiflexion. It would be of interest to show a veterinarian the experimental set-up to judge which muscles are being activated. We estimate where to place the EMG needle and which muscles are activated based on an anatomical atlas of the leg. The location of each is correlated to where the MagPen is stimulating on the sciatic nerve and likely to where we cut down during surgery. Based on the orientation of the  $\mu$ coil with respect to the stimulation site on the nerve, the pathway for dorsiflexion would primarily be activated. Another interesting experiment that could be performed with the neuromodulation technique is to demonstrate fascicle-specific activation in the nerve. However, this process is extremely challenging to demonstrate on a rat sciatic nerve because of the existing difficulty of orienting the  $\mu$ coil to see activation and targeting a specific fascicle to stimulate would be even more difficult. Such an experiment will likely need to be performed on a frog sciatic nerve (a bigger nerve).

#### 5. Conclusions

This in vivo experimental work reports the activation of the rat right sciatic nerve using sub-mm-sized  $\mu$ coils by tracking right hind limb motion. For the first time, we experimentally report the dose-response relationship for  $\mu$ MS using the MagPen prototype. The orientation dependence of the nerve with respect to the  $\mu$ coils was studied. The resulting relationship between orientation and stimulus waveform was predicted directly from Faraday's laws of electromagnetic induction. While  $\mu$ MS resulted in similar responses as electrical stimulation, there are important differences. First, the  $\mu$ coils do not have an electrochemical interface, so they may not be as sensitive to biofouling as electrodes. Second, magnetic fields fall off faster than electric fields, so  $\mu$ coils may have much higher specificity than monopolar, or even bipolar, electrodes. Third, the MagPen induces electric fields in the tissue, and the strength of the field increases with frequency for the same amplitude of current driving the  $\mu$ coil. This work demonstrates that  $\mu$ MS using sub-mm-sized  $\mu$ coils can be used as an

alternative to the electrode technology for focal neural stimulation.

#### Data availability statement

All data that support the findings of this study are included within the article (and any supplementary files).

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#### Conflict of interest

The authors declare no conflicts of interest.

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