

AN ABSTRACT OF THE THESIS OF

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Margaret M. Burnett

How should reinforcement learning (RL) agents explain themselves to humans not trained in AI? To gain insights into this question, we conducted a 124 participant, four-treatment experiment to compare participants' mental models of an RL agent in the context of a simple Real-Time Strategy (RTS) game.

The four treatments isolated two types of explanations vs. neither vs. both together. The two types of explanations were: (1) saliency maps (an "Input Intelligibility Type" that explains the AI's focus of attention), and (2) reward-decomposition bars (an "Output Intelligibility Type" that explains the AI's predictions of future types of rewards). Our results show that a combined explanation that included saliency and reward bars was needed to achieve a statistically significant difference in participants' mental model scores over the no-explanation treatment. However, this combined explanation was far from a panacea: it exacted disproportionately high cognitive loads from the participants who received the combined explanation. Further, in some situations, participants who

saw both explanations predicted the agent's next action *worse* than all other treatments' participants.

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Mental Models of Mere Mortals with Explanations of Reinforcement
Learning

by

Andrew A. Anderson

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APPROVED:

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I understand that my thesis will become part of the permanent collection of Oregon State University libraries. My signature below authorizes release of my thesis to any reader upon request.

Andrew A. Anderson, Author

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TABLE OF CONTENTS

	<u>Page</u>
1 Introduction	1
2 Background & Related Work	4
2.1 Mental Models and XAI	4
2.1.1 Measuring Mental Models in XAI	5
2.2 RL and Humans	6
2.3 XAI and Real-Time Strategy domains	8
2.4 Background on RL and our Explanation Types	9
2.4.1 Reward Decomposition	9
2.4.2 Saliency Visualization	10
3 Methodology	12
3.1 Study Design	12
3.2 Participants	14
3.2.1 Procedures	15
3.3 System Overview	17
3.3.1 The Reward Decomposition Implementation	18
3.3.2 The Saliency Map Implementation	19
4 Results - People Describing the AI	21
4.1 RQ-Describe Analysis Procedure	21
4.2 The More, the Better?	22
4.3 Different Explanations, Different Strengths	24
4.3.1 But what do these nuances cost?	26
4.4 Discussion: Which explanation?	28
5 Results - People Predicting the AI	29
5.1 This is overwhelming!	29
5.2 No help needed... yet	34
5.3 Two counter-intuitive situations	34
5.4 A Counter-Intuitive Strategy Revealed: the Tanks!	36

TABLE OF CONTENTS (Continued)

	<u>Page</u>
5.5 Discussion: It all depends...	38
6 Results - How Participants Made Their Predictions	40
6.1 Predicting the AI's Action by Predicting the Explanations	40
6.2 What About Using the Game?	43
6.3 Predict-How: Discussion	44
7 Threats To Validity	47
8 Concluding Remarks	50
Appendices	52
Bibliography	57

LIST OF FIGURES

<u>Figure</u>	<u>Page</u>
3.1 The interface the Everything participants saw. Region 1: game map, which we expand on in Figure 3.3. Region 2: saliency maps. Region 3: reward decomposition bars for each action. Region 4: participant question/response area.	13
3.2 Distribution of RTS “gamers” in our study. “Gamers” are shown in grey, others in white.	15
3.3 A sequence of the first three DPs of the game. For each DP (circled in red) participants saw the game map and the score (boxed in red). Next, they made a prediction of which object the AI would choose to attack. Last, they would receive an explanation and have the ability to “play” the DP. At DP1, the agent chose to attack Q2, causing a score change of 121 (+21 pts for damaging and +100 from destroying it).	16
3.4 The objects appearing in our game states. Enemy objects were black, and allied objects were white.	16
4.1 Participant E23’s response to the mental model question. (This was the top scoring response to this question.) The highlighted portions illustrate both “basic” and “extra credit” concepts, described in Table 4.2 and Appendix Tables 1, and 2.	22
4.2 The participants’ final mental model scores. Box colors from top to bottom: Everything , Rewards , Saliency , and Control	24
4.3 Same data as Figure 4.2. Left: Mental model scores for those who saw <i>rewards</i> (top) and those who did not. Right: Same data, but those who saw <i>saliency</i> (top) and those who did not.	24
4.4 Box plots of the mental demand scores. Left: The mental demand rating for Control , Saliency , Rewards , and Everything . Right: The mental demand rating for those that saw at least one explanation, i.e. those who did not see reward bars (Saliency) and those that saw the reward bars (Rewards + Everything). (Note that Control participants did not see any explanation, and thus do not appear.) The mental demand “optimal score” is zero.	27

LIST OF FIGURES (Continued)

<u>Figure</u>		<u>Page</u>
5.1	Percentage of participants who successfully predicted the AI's next move at each decision point (DP), prior to receiving any explanation. Bar colors denote treatment (from left to right): Control , Saliency , Rewards , and Everything . Participants' results varied markedly for the different situations these DPs captured, and there is no evidence that any of the treatments' participants got better over time. All error bars ($SE = \sigma/\sqrt{n}$) are under 10%.	31
5.2	Average task time vs DP, per treatment. Participants had 12 minutes for the first DP and 8 minutes for all subsequent DPs. The "×"s shows the 4 theoretical amounts of time that the Everything participants "theoretically should have taken," depending on if they processed 1 row (the lowest ×) or 4 rows (the highest ×) of saliency maps. Notably, the lowest × is lower than the actual time they took (dark circle with highest value). Colors: same as Figure 5.1	32
5.3	Left: The participants' perceived temporal demand, where the "optimal score" is zero. The large gap between the Saliency/Rewards treatments' means and the Everything treatment's suggested that not only were Everything participants pressed for time (Figure 5.2), they felt it too. Right: An identical process for computing theoretical means shows the costs of considering different numbers of saliency maps.	33
5.4	A graph of all treatments' accuracy for maps that had enemy tanks. Those who did not see rewards (Control + Saliency) had lower predictive accuracy at all of these points than those who did see rewards (Rewards + Everything).	35
6.1	Top: The prediction accuracy by treatment (Figure 5.1). Bottom: Heatmap of number of participants who predicted the agent's <i>action</i> by predicting the system's <i>explanation</i> of that action at each DP. (Vertical lines mark task boundaries.) At every DP, more of the Rewards &/or Everything participants did this than the Saliency participants did.	41
6.2	Number of times participants predicted the explanations in order to predict the agent's actions, in the Saliency , Rewards , and Everything treatments. The variance for the Saliency participants' use of predicted explanation is tiny compared to the others.	41

LIST OF FIGURES (Continued)

<u>Figure</u>		<u>Page</u>
6.3	Box plots for the number of times participants used the current game state in the Control , Saliency , Rewards , and Everything treatments. Note that participants who saw rewards had a lower frequency of citing current game state information in their justification.	44

LIST OF TABLES

<u>Table</u>	<u>Page</u>
3.1 Participant demographics, per academic discipline.	14
3.2 The questions we asked participants in all treatments. Questions shown in gray are not included in this analysis.	17
4.1 ANOVA table for comparing the Everything participants with the Control. This indicated that the Everything participants had a statistically significantly higher mental model score.	22
4.2 The four mental model codes revealing particularly interesting differences in nuances of participants’ mental models. Counts indicate the number of participants whose responses had at least one instance of a statement with that code.	23
5.1 The tasks and their DPs. We have highlighted in green the action the AI chose.	30
5.2 Codeset for the six “Prediction Why” ways by which participants explained how they had predicted the agent’s next action. Note: <i>No</i> participant mentioned saliency maps for “Used Current Game State.” . . .	39
6.1 Number of participants who cited current game state at each DP, per treatment. The highlighted number are the lowest rate of citing current game state. Notice how frequently the Rewards participants had the lowest. The “Reduction” row shows the percent decrease between the lowest and second-lowest values.	43
6.2 ANOVA table for current game state across all treatments. This indicated that at least one of the means was different for the 4 treatments. .	44

1	Positive codeset used for evaluating mental model quality. The rubric used the parenthesized weights (first column) to add to participants' mental model scores.	54
2	Negative codeset used for evaluating mental model quality. Weights for each code are given in parentheses in the first column. The rubric used the parenthesized weights (first column) to subtract from participants' mental model scores. Note that some of these codes have 0 rubric value, as we were just using them as flags.	55
3	Average number of times that participants used each code. Notice the differences for Cited Current Game State and Formed Predicted Explanation.	56

DEDICATIONS

This thesis is dedicated to the memories of Isobel Cruickshank and Margaret Anderson, loving grandmothers who are sorely missed. Thank you for believing in me.

Chapter 1: Introduction

Although eXplainable Artificial Intelligence (XAI) has seen increasing interest as AI becomes more pervasive in society, the challenges of understanding AI systems grow in both scope and import [48]. In this paper, we focus on the human aspects of these challenges—how people with no AI-expertise form mental models, given different types of XAI explanations, and the cognitive loads they incur in forming these mental models.

People’s mental models, in the context of XAI, are basically their understanding of the way the agent works. More formally, mental models are, “*internal representations that people build based on their experiences in the real world*” [32]. People’s mental models vary in complexity and accuracy, but a good mental model will enable a person to *describe* the systems decision-making process, and a very good one will enable them to *predict* actions the AI will make.

In XAI, people form their mental models from the AI system’s behaviors and from its explanations. However, not all explanation types will lead people’s mental model formation in the right directions. Further, consuming an explanation is not without cost, such as cognitive load. Measuring those costs can inform designers of when the benefits of which explanation types outweigh the costs.

Recent work by Kulesza et al. introduced four principles for explaining AI systems to people who are not AI experts [21]. These principles were: be iterative, be sound, be complete, and do not overwhelm the user, where here the notions of soundness and

completeness are analogous to “the whole truth (completeness) and nothing but the truth (soundness).” Kulesza et al.’s empirical results showed that explanations adhering to these principles enabled non-AI experts to build higher-fidelity mental models of the agent than non-AI experts who received less sound/complete explanations [21].

Using Kulesza et al.’s principles, we created two types of explanation, and in this paper we investigate how people’s mental models of a reinforcement-learning agent vary in response to these explanations. The explanation styles we investigated were saliency maps showing where the agent is “looking,” and decomposed reward bars showing the agent’s current prediction of its future score. In Lim & Dey’s categorization of explanation types, saliency maps would fit into the “Input” category (information that goes “into” the AI’s reasoning), and decomposed reward bars would fit into the “Output” category (the result of the AI’s reasoning process that lead to its choice) [23, 24].

AI systems are not developed for only AI researchers and developers; they will ultimately be assessed by people with no AI knowledge to determine whether or not the AI makes good decisions. Further, these people must know that the AI makes their choices *for the right reasons*. The user’s mental models provide further insights to how successfully people can assess an AI’s behavior.

To do so, we conducted a controlled lab study with 124 participants across four treatments (saliency, rewards, both, neither), and measured their understanding of the agent and their ability to predict its decisions. We also gathered information using the NASA Task-Load index (TLX), a validated survey, to measure the participants’ cognitive load for consuming the explanations.

Our investigation was in the context of Real-Time Strategy (RTS) games. However,

publicly available RTS games have stringent time constraints, complex concepts, and myriad decisions, which would have introduced too many confounding variables for a controlled study. For example, we needed each participant to consider the *same* set of decisions. Thus, we built our own game, inspired by RTS, which we describe later.

In this context, we structured our investigation around the following research questions:

- **RQ-Describe** - Which treatment is better (and how) at enabling people to *describe* how the system works? What are the cognitive loads?
- **RQ-Predict** - Which treatment is better (and how) at enabling people to *predict* what the system will do?
- **RQ-Predict-How** - What information about the agent do people draw upon to make the predictions they make?

Chapter 2: Background & Related Work

Since our investigation evaluates XAI approaches’ effects on humans’ mental models of an RL agent, three bodies of work are particularly relevant: work on humans’ mental models of AI, work on RL interacting with humans, and work on XAI in domains like ours.

2.1 Mental Models and XAI

One criticism of XAI research has been that “...*most work... uses only the researchers’ intuition of what constitutes a ‘good’ explanation.*” [28]. Miller argues that XAI researchers need to build on the expansive knowledge in philosophy, psychology, and cognitive science which has long studied human explanation evaluation, selection, presentation, etc. Hoffman et al. operationalizes these goals by proposing a number of metrics of explanation quality, describing “goodness” (a priori expert judgment of the explanation’s quality) and “satisfaction” (a posteriori judgment whether or not the explanation consumer finds it adequate in context) [12]. Unfortunately, “satisfaction” is a complex multifaceted construct, including, but not limited to: “understandability, feeling of satisfaction, sufficiency of detail, completeness, usefulness, accuracy, and trustworthiness.” [12]. Our study draws upon some of Hoffman et al.’s metrics, specifically understandability (i.e. how well can they describe it) and usefulness (i.e. how well can

they predict an action).

Hoffman et al. use these definitions to propose that “*By hypothesis, explanations that are good and are satisfying to users enable users to develop a good mental model*” [12]. Hoffman et al. also points out that, “*There is a consensus that mental models can be inferred from empirical evidence.*” One implication of the combination of these two remarks is that, if participants find more misbehaviors of an AI agent with an explanation than without an explanation, the researcher can conclude that the explanation helped their mental models. Our investigation subscribes to this premise, and further investigates what was actually in the mental models our explanations facilitated, and what aspects of the explanations participants drew upon to form them.

2.1.1 Measuring Mental Models in XAI

Hoffman et al. enumerate many elicitation methods for Mental Models (see [12], Tables 4 and 5), and recommend using more than one method [12]. In this paper, we focus on the “Prediction Task” [29] and “Task Reflection” [25] mental model elicitation methods. In accordance with their recommendations, we included free response questions with each prediction task (without a confidence score, due to time constraints), and analyzed responses qualitatively, as we describe in later sections ¹.

Previous work has found that providing explanations of AI generally improves mental models of the AI. For example, Tullio et al. examined participants’ mental models

¹Methods like these allow collecting very rich data, but the associated cost of the qualitative analysis needed to process such data are substantial. For those seeking a more lightweight design aid, see the conceptual framework provided by Wang et al. [47].

for a system that predicted how “interruptible” their managers were over a six week period, finding that explanation allowed participants to dispense with some misconceptions, but the overall structure of their mental model remained stable [43]. Bostandjiev et al. found that explanations led to an increase in satisfaction in a music recommendation system [4]. In the robotics domain, Wortham et al. found that a graph-based visualization of the agent’s drives improved participants’ mental models of the robot [50]. Lim et al.’s work focused on “intelligibility types” of information, showing that their participants demanded “why” information when the system behaved unexpectedly [24]. Kulesza et al. looked at the impact of two explanation properties, *completeness* (the whole truth) and *soundness* (nothing but the truth), on their participants’ mental models in a music recommendation system powered by a hybrid AI agent [22]. They found that participants tended to do better at understanding the explanations of the AIs’ features rather than of the AI’s process, and further that the participants’ understanding of features increased as completeness increased. Their results helped inform the four principles behind their “explanatory debugging” approach, which they empirically investigated with a Multinomial Naive Bayes classifier [21]. Using two of Lim et al.’s intelligibility types (“inputs” and “outputs”), we build from Kulesza’s four principles and apply them to explaining Reinforcement Learning (RL) agents.

2.2 RL and Humans

One trend in RL research investigates humans’ capability to speed up RL agent training. Thomaz et al.’s work focused on how humans teach an RL agent in a virtual domain,

finding that users’ agent-training strategies adjusted as their mental models adjusted too [42]. Peng et al. & Rosenfeld et al. studied humans-in-the-loop with RL agents, from non-experts to RL experts, finding that humans can help speed up the learning process for RL agents by shaping the training signal [34, 37]. In contrast with these works, our work does not look at how humans can help *machines*, but rather how machines can give *humans* what they need through evaluating explanations.

Other work focuses on human-interpretability of RL agents. An example of the interpretability category is Huang et al.’s work on showing possible trajectories that their agent could take in the self-driving car domain [15]. Their “explanation” was a visualization of four possible actions (such as “Merge Behind”, “Slow Down”, etc) that their agent would possibly take. They asked participants to select the action that matched their mental model of how the agent behaved, a form of prediction task. Greydanus et al. used one saliency method to evaluate how well AI non-experts were able to detect overfit RL policies, and their results pointed at the usefulness of saliency maps when the agent was looking at the “wrong thing,” such as the hint pixels in their Figure 5(f) [9].

One of the challenges of explaining RL systems is whether to explain an individual decision or the whole policy. Some recent work focuses on global explanations of the agent’s policy [2, 44]. For example, van der Waa et al.’s policy explanation states what the agent will do for the next n actions and what situations it expects it will encounter, rather than a local, more focused explanation pertaining to the current state [44].

However, Hohman et al. subscribe to a different approach: “...multiple explanations are often used to gain an ultimate interpretation of a model” [13]; i.e., that the sum of local explanations should lead to an understanding of the global policy. This is the

approach used in our investigation, in which we explain each decision locally, and then elicit a global “policy explanation” from participants at the end (i.e., **RQ-Describe**). Similarly, another body of work focuses on explaining individual decisions [9, 26, 50] or fragments of the policy (e.g. “What will you do when a human is near you”) [11]. One of the most similar works to our own used local explanations and measured their efficacy via a prediction task, satisfaction, and trust [27] using StarCraft II (a popular Real-Time Strategy game) as a domain. However, they did not report on any qualitative data, such as reasons for action predictions, which are important for eliciting mental models. Our work aims to fill this gap.

2.3 XAI and Real-Time Strategy domains

AI researchers have been using Real-Time Strategy (RTS) games such as StarCraft for some time [33], with some recent results showing that RL agents can beat human experts [46]. Kim et al. showed in StarCraft that different people across a range of skill levels in the domain preferred different aspects of an AI, such as micro-management and decision making [20, 19]. Dodge et al. investigated what explanations might look like for RTS by investigating how expert explainers provided commentary on games of StarCraft 2, capturing explanation *supply* [6]. Penney et al. then looked at how RTS domain experts tried to make sense of a StarCraft 2 game played by what they perceived to be an AI [35], which captured explanation *demand*.

2.4 Background on RL and our Explanation Types

We focus on model-free RL agents that learn a Q-function $Q(s, a)$ to estimate the expected future cumulative reward of taking action a in state s . After learning, the agent greedily selects actions according to Q , i.e. selecting action $\arg \max_a Q(s, a)$ in s . RL agents are typically trained with scalar rewards, leading to scalar Q-values. Thus, comparing the Q-values of two actions only provides information about which action is believed, by the agent, to achieve a larger overall future reward and how much larger. Although a human can compare the scalars to see how much the agent prefers one action over another, the scalars give no insight into the cost/benefit factors contributing to action preferences. These coarse comparisons might deny humans insight to the AI’s cost/benefit trade-offs.

2.4.1 Reward Decomposition

To help address this problem, we draw on work by Erwig et al. that exploited the fact that rewards can typically be grouped into semantically meaningful types [7]. For example, in RTS games, reward types might be “enemy damage” (positive reward) or “ally damage” (negative reward). Reward decomposition exposes reward types to an RL agent by specifying a set of types C and letting the agent observe, at each step, a $|C|$ -dimensional decomposed reward vector $\vec{R}(s, a)$, which gives the reward for each type. The total scalar reward is the sum across types, i.e. $R(s, a) = \sum_{c \in C} \vec{R}_c(s, a)$. The learning objective is still to maximize the long-term scalar reward.

By leveraging the extra type information in $\vec{R}(s, a)$, the RL agent can learn a de-

composed Q-function $\vec{Q}(s, a)$, where each component $\vec{Q}_c(s, a)$ is a Q-value that only accounts for rewards of type c . Using the definition of $R(s, a)$, the overall scalar Q-function can be shown to be the sum of the component Q-functions, i.e. $Q(s, a) = \sum_c \vec{Q}_c(s, a)$. Prior work has shown how to learn $\vec{Q}(s, a)$ via a decomposed SARSA algorithm [38, 7].

Before [7], others considered using reward decomposition [45, 38]—but for speeding up learning. Our focus here is on their visual explanation value. For a state s of interest, the decomposed Q-function $\vec{Q}(s, a)$ can be visualized for each action as a set of “reward bars”, one bar for each component. By comparing the bars of two actions, a human can gain insight into the trade-offs responsible for the agent’s preference.

2.4.2 Saliency Visualization

Instead of the rewards, a human may want to know which parts of the agent’s input were most important to the value computed for a reward (i.e. a particular $\vec{Q}_c(s, a)$). Such information is often visualized via saliency maps over the input. Our agent uses neural networks to represent the component Q-functions, letting us draw on the many neural network saliency techniques (e.g. [40, 41, 51, 52]). While there have been a number of comparison and utility studies on such saliency maps (e.g. [1, 3, 9, 18, 36]), there is no consensus on a best way.

Drawing from these works, we selected a saliency approach from Fong et al.’s work on image classification [8], and modified it to make it more suitable for an RTS environment. Specifically, in image applications, perturbations are applied *per pixel*, whereas

our system applies perturbations *per game object*—an entire group of pixels (detailed in Section 3.3.2). Since the network may “focus” on different objects in the game for different types of reward, we compute saliency maps for each reward type. These computations are made available to the UI for visualization, as we illustrate in Section 3.3.1.

Chapter 3: Methodology

3.1 Study Design

We performed an in-lab study using a between-subjects design with explanation style (Control, Saliency, Rewards, Everything) as the independent variable. Explanations in each explanation style (except Control, which had no explanations) were designed to support Kulesza et al.’s notions of completeness and soundness in explanations [21]. We ensured that our explanations were “sound”: we did not approximate/simplify them. They were also “complete,”: every agent input & output was represented in the UI. Our dependent variable was the quality of participants’ mental models—measured by analysis of two main data sources: 1) participants’ predictions of the agent’s upcoming action at each decision point (DP), and their free-form explanations of how they made that prediction. 2) participants’ free-form answers to a post-task question about how the agent works.

We ran an ablation study, where we measured the impact of each explanation by adding or removing them, as shown in Figure 3.1. Thus, Everything - Rewards - Saliency = Control, as follows: **1.** Control participants saw only the agent’s actions, its consequences on the game state, the score, and question area (Regions 1 & 4). **2.** Saliency participants saw Regions 1 & 4 plus the saliency maps (Region 2), allowing them to infer intention from the agent’s “gaze” [31]. **3.** Rewards participants saw Re-

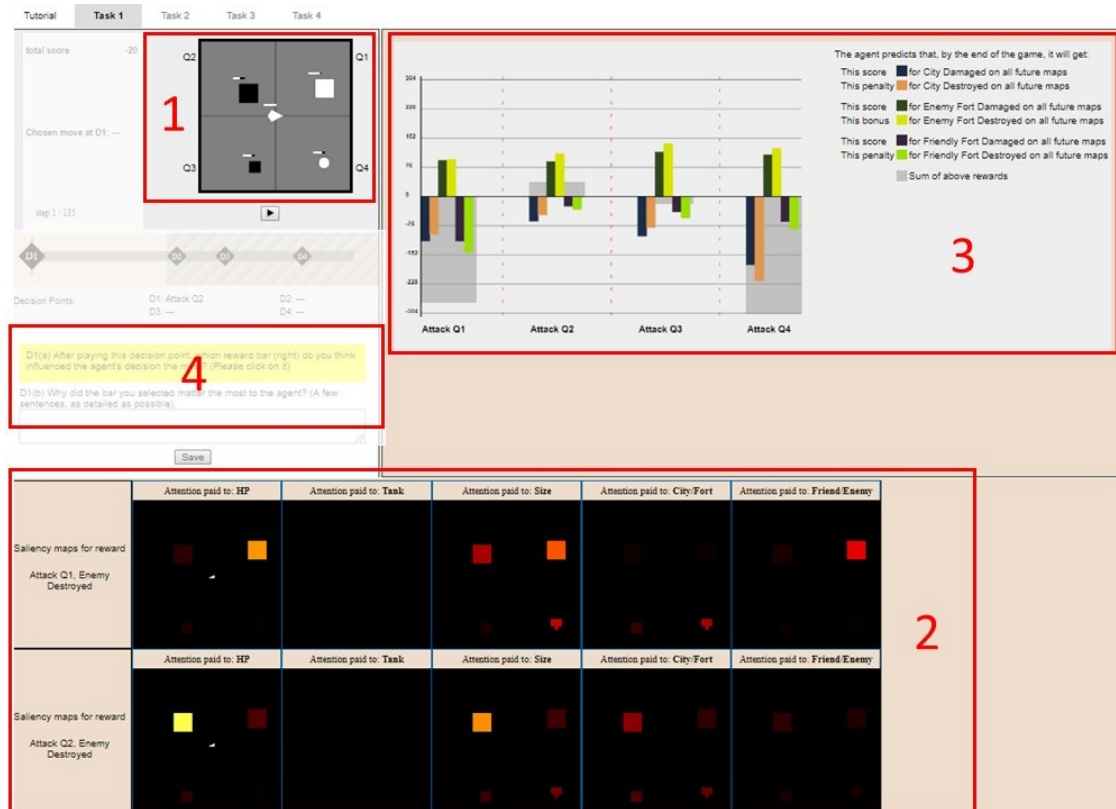


Figure 3.1: The interface the Everything participants saw. Region 1: game map, which we expand on in Figure 3.3. Region 2: saliency maps. Region 3: reward decomposition bars for each action. Region 4: participant question/response area.

Academic Discipline	Participants	Gamers
Agricultural Sciences: 4 unique majors	8	2
Business: 3 unique majors	5	4
Engineering: 11 unique majors	63	56
Forestry: 3 unique majors	4	4
Science: 10 unique majors	25	20
Liberal Arts: 8 unique majors	9	6
Public Health & Human Sciences: 2 majors	5	1
Undisclosed	5	4
Totals	124	97

Table 3.1: Participant demographics, per academic discipline.

gion 1 & 4 plus decomposed reward bars (Region 3), allowing them to see the agent’s cost/benefit analysis for actions that it considered. **4.** Everything participants saw all regions. All study materials, including the game itself, are freely available¹.

3.2 Participants

We selected 124 participants from 208 survey respondents at Oregon State University. Since we were interested in AI non-experts, our selection criteria excluded Computer Science majors and anyone who had taken an AI course. We assigned the participants to a two-hour in-lab session based on their availability and randomly assigned a treatment to each session.

We collected the following demographics: major and experience with RTS games (Table 3.1). Gamers were spread evenly across treatments such that it was unnecessary to control for this factor statistically (Figure 3.2).

¹<https://ir.library.oregonstate.edu/concern/datasets/tt44ps61c>

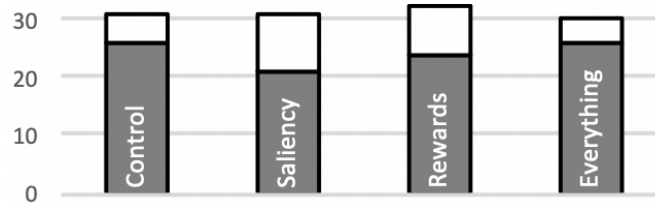


Figure 3.2: Distribution of RTS “gamers” in our study. “Gamers” are shown in grey, others in white.

3.2.1 Procedures

We piloted to fine-tune the experiment. Once piloting was complete, we scheduled around participant availability, using an online survey, as well as allowing for walk-in participants. Each session lasted approximately two hours, and each one contained between 1 and 6 participants. The treatments were randomly assigned to each session, and the participants were spread out through the lab to minimize the risk of them looking at another participants’ screen. We ran a total of 55 sessions between September & October, 2018 to reduce the chance of a temporal effect showing up in the data.

We began each session with a 20-minute, hands-on tutorial on the system/game, with 3 practice DPs. Since participants were AI non-experts, we described saliency maps as, “...like where the eyeballs of the AI fall” and decomposed reward bars as, “...the AI’s prediction for the score it will receive in the future.” At each DP of the main tasks, participants: (1) saw the game state with nothing else visible yet; (2) clicked on the object they thought the agent would attack & tell us why (Table 3.2); (3) upon submitting their answer, they saw what the agent did and the explanation for their treatment (decomposed reward bars, saliency maps, both, or neither). We recorded every object the participants clicked on and every response they gave on the screen, and the system

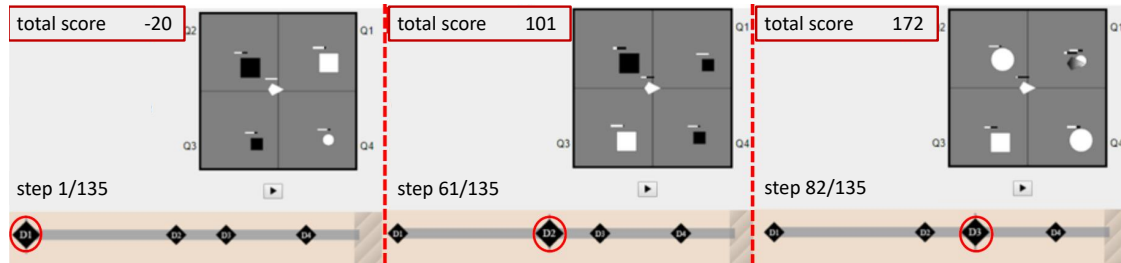


Figure 3.3: A sequence of the first three DPs of the game. For each DP (circled in red) participants saw the game map and the score (boxed in red). Next, they made a prediction of which object the AI would choose to attack. Last, they would receive an explanation and have the ability to “play” the DP. At DP1, the agent chose to attack Q2, causing a score change of 121 (+21 pts for damaging and +100 from destroying it).

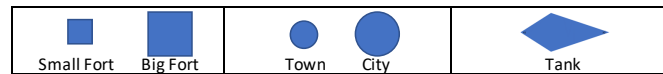


Figure 3.4: The objects appearing in our game states. Enemy objects were black, and allied objects were white.

logged these events for later analysis. Participants had 12 minutes to complete DP1 and 8 minutes per DP for the remaining 13.

After all DPs, we asked the participant to describe the algorithm the agent used for decisions (Table 3.2). Collecting two metrics for mental models is consistent with Hoffman et al.’s recommendations for evaluating XAI systems [12]. After the participants completed the on-screen questions, they filled out the NASA Task-Load index (TLX), a validated survey to measure cognitive loads. The NASA TLX survey provided information for not only how stressful the task was, but also the cognitive loads of each explanation type. Finally, participants filled out a questionnaire, which included the NASA TLX survey (described below) and the bottom question in Table 3.2.

One potential problem in investigating humans’ responses to certain events or deci-

Questions participants answered at each Decision Point (DP)

On the game map (above), which object do you think the AI will send the tank to attack? Please click on that object.

Why do you think the AI would attack this object? (A few sentences, as detailed as possible).

Asked two questions about any agent misbehaviors they saw and how they notice them.

Saliency: Asked participants which saliency map was most important and why.

Rewards: Asked participants which reward bar was most important and why.

Everything: Both of the above.

Questions participants answered after analyzing *ALL 14* DPs

Please describe the steps in the agent’s approach or method. (A few sentences, as detailed as possible)

What information did you find helpful about the explanations you saw?

What information did you find problematic about the explanations you saw?

Under what circumstances is the agent likely to make a bad choice?

NASA-TLX

Table 3.2: The questions we asked participants in all treatments. Questions shown in gray are not included in this analysis.

sions in RTS games is that people observing an RTS game can become so engrossed in the game, they can miss the events or decisions of interest to the researchers (e.g., [35]). Thus, to minimize the risk of this happening, and to allow for maximum control over the entire software stack (user interface, agent API, etc), we reduced the complexity of the domain to a series of sequential Decision Points (DPs), an example of which can be seen in Figure 3.3.

3.3 System Overview

Popularly available RTS games have an enormous action space —[46] estimates $\approx 10^{26}$ for StarCraft II. With so many possibilities, it is not surprising that researchers have reported large differences in individual participants’ focus, leading them to notice dif-

ferent decisions [6, 35]. To avoid this, we built a game with a tightly controlled action space.

In our game, the agent’s goal was to maximize its score over each task (Figure 3.3), subject to the following rules:

- Only Forts/Tanks could attack objects (Figure 3.4).
- At each DP, the agent *had to* attack one of the quadrants.
- If agent/friendlies were damaged/destroyed, it lost points.
- If enemies were damaged/destroyed, it gained points.
- Once the agent killed something, it “respawned” on a new map, carrying over its health.
- When the agent died, that task ended and it’s current score became final

3.3.1 The Reward Decomposition Implementation

The agent used six reward types to learn its $\vec{Q}(s, a)$: {Enemy Fort Damaged, Enemy Fort Destroyed, Friendly Fort Damaged, Friendly Fort Destroyed, Town/City Damaged, Town/City Destroyed}. The RL agent used a neural network representation of $\vec{Q}(s, a)$. For each reward type c , there was a separate network for $Q_c(s, a)$ which took the state description as input—7, 40x40 greyscale image layers, each representing information about the state: {Health Points (HP), enemy tank, small forts, big forts, towns, cities, and friend/enemy}. The overall scalar Q-values $Q(s, a)$ used for action selection were the sum of each $Q_c(s, a)$. The agent trained using the decomposed SARSA learning algorithm using a discount factor of 0.9, a learning rate of 0.1, with ϵ -greedy exploration

(ϵ decayed from 0.9 to 0.1). It trained for 30,000 games, at which point it demonstrated high-quality actions.

3.3.2 The Saliency Map Implementation

Given a state, s , our perturbation-based approach produced a saliency map for each bar $Q_c(s, a)$ by giving data representing the true state s and a perturbed state s' (close to s), then subtracting the outputs for both states. Large output difference meant the system was more sensitive to the perturbed part of the state—indicating importance, which we showed with a brighter color. We chose to use a heated object scale, since Newn et al. found it to be the most understandable for their participants [30]. Our perturbations modify properties of *objects* in the game state and thus modify *groups* of pixels, not individual pixels (as is common in vision applications).

Each of the perturbations represented a semantically meaningful operation: **1. Tank Perturbation.** If a tank was present, we removed it by zeroing out its pixels in the tank layer. **2. Friend/Enemy Perturbation.** Transform an object from *friend* to *enemy* by moving the friend layer pixels to the enemy layer (and vice versa). **3. Size Perturbation.** Transform an object from *big* to *small* (or vice versa) by moving the pixels from one size layer to the other. **4. City/Fort perturbations.** Similarly transform whether an object is a City or Fort. **5. HP Perturbation.** Since HP is real-valued it is treated differently. We perturbed the object HP values by a small value (30%). These operations were represented in five saliency maps: HP, Tank, Size, City/Fort, & Friend/Enemy

To make the saliency maps comparable across types, we found the maximum saliency

value in each map for *each* reward type & class from 16,855 episodes. Normalizing each of the 5 maps by this value ensured that each saliency map pixel's value is $\in [0, 1]$.

There are many ways to map pixels to colors, but we chose to use the heated object scale (from low to high: black, red, orange, yellow, white). We chose a heat scale because Newn et al. found it to be the most understandable way for their participants to understand gaze intensity, compared to 9 other visualizations [30].

Chapter 4: Results - People Describing the AI

4.1 RQ-Describe Analysis Procedure

To elicit participants' understanding of the agent's decision making (RQ-Describe), we analyzed participants' answers to the end-of-session question: "*Please describe the steps in the agent's approach or method...*" [25]. (See Figure 4.1 for an example of a participant's response to this question.) To begin generating a codeset and scoring rubric for analyzing what these data revealed about participants' mental models, six of the researchers independently marked responses that they deemed potentially illustrative of that respondent's mental model, and then discussed the results as a group. This discussion resulted in an initial codeset, which two researchers further revised, arriving at the 18 codes shown in Appendix A's Tables 1 and 2, which were then validated by the larger research group. Two researchers independently coded 20% of the data using these codes and reached $> 80\%$ agreement [16]. Given this strong level of reliability, one researcher coded the rest.

To generate a scoring rubric (detailed in Appendix A Tables 1 and 2) from this codeset, the four codes representing the agent's four basic concepts were each assigned 25% (e.g., identifying that agent's score maximization objective). Extra nuances in participants' descriptions earned small additions of "extra credit" (e.g., saying the agent maximized its *future* score), and extra errors earned small deductions (e.g., saying it

The agent began worried about damaging its allies... focused little on its own health and made decisions with respect to its allies...

By DP3 it actually *assigned a positive point value to destroying itself in the long term because it so heavily weighted potential damage to allies*. This is because as its health dropped, it would only be able to attack allies in order to stay alive which would cause a massive penalty.

Therefore, the agent decided to *always attack the largest base with the most health* so that it would take the most damage which would benefit allies in the long run. (E23)

Figure 4.1: Participant E23’s response to the mental model question. (This was the top scoring response to this question.) The highlighted portions illustrate both “basic” and “extra credit” concepts, described in Table 4.2 and Appendix Tables 1, and 2.

	Df	Sum of Sq.	Mean Square	F-Value	Pr(>F)
Treatment	1	7847	7847.1	8.3695	0.0053
Residuals	59	55318	937.6		

Table 4.1: ANOVA table for comparing the Everything participants with the Control. This indicated that the Everything participants had a statistically significantly higher mental model score.

tried to preserve its HP)¹. Figure 4.2 shows the score distribution. After checking with Levene’s test that the variances were not significantly² different ($F(3, 120) = 0.4252$, $p > 0.05$), we analyzed the data using Analysis of Variance (ANOVA).

4.2 The More, the Better?

As Figure 4.2 suggests, Everything participants had significantly better mental model scores than Control participants (ANOVA, $F = 8.369$, $df = (1, 59)$, $p = 0.005$) (Table 4.1).

One possible interpretation is that the Everything participants’ performance was due

¹ Assigning a variety of different extra credit point values had little effect on comparisons of score distributions among treatments.

² We consider $p < .05$ as significant, and $.05 \leq p < .1$ as marginally significant, by convention [5].

Code	Count	Definition
Maximize Score	46	<i>The agent's overall objective is to maximize its long term score.</i>
Forward Looking	13	<i>The AI looks towards future instances when accounting for the action that it takes now.</i>
Paranoia	8	<i>The AI is paranoid about extending its life too much, expecting penalties when it should not.</i>
Episode Over	15	<i>When the AI is nearing death, it behaves differently than it has in previous decision points.</i>

Table 4.2: The four mental model codes revealing particularly interesting differences in nuances of participants' mental models. Counts indicate the number of participants whose responses had at least one instance of a statement with that code.

to receiving the most sound and complete explanation, consistent with Kulesza et al's results [21].

However, another possibility is that the participants in the Everything treatment were benefiting from only one of the explanation types, and that the other type was making little difference. To investigate this possibility, we isolated each explanation type as follows.

To isolate the effect of the decomposed reward bars, we compared all participants who saw them (the Rewards and Everything treatments) with those who did not. As the left side of Figure 4.3 illustrates, participants who saw decomposed reward bars had significantly better mental model scores than those who did not (ANOVA, $F = 6.454$, $df = (1,122)$, $p = 0.0123$).

Interestingly, isolating the effect of saliency produced a similar impact. As the right side of Figure 4.3 illustrates, those who saw saliency maps (the Everything + Saliency treatments) had somewhat better mental model scores (ANOVA, $F = 3.001$, $df = (1,122)$, $p = 0.0858$). This suggests that each component brought its own strengths.

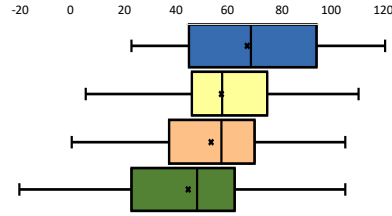


Figure 4.2: The participants’ final mental model scores. Box colors from top to bottom: Everything, Rewards, Saliency, and Control.

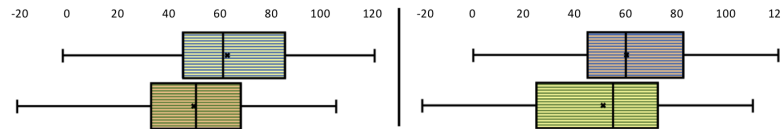


Figure 4.3: Same data as Figure 4.2. Left: Mental model scores for those who saw rewards (top) and those who did not. Right: Same data, but those who saw saliency (top) and those who did not.

4.3 Different Explanations, Different Strengths

Four of the 18 codes in our mental model codeset revealed nuanced differences among treatments in the participants’ understanding of the agent. Table 4.2 lists these four codes.

Participants who saw rewards (Rewards and Everything) often mentioned that the agent was driven by its objective to maximize its score (Table 4.2’s Maximize Score). Over 3/4 (36 out of 46) of the people who mentioned this were in treatments that saw rewards. To consider two examples:

(R81³): “The agent always tried to get as high a possible total sum of all rewards as possible. It valued allies getting damaged in the future as a

³First letter of participant ID is treatment (Control, Saliency, Rewards, Everything).

rather large negative value, and dealing damage and killing enemy forts as rather high positive values.”

and:

(E14): *“These costs and rewards are then summed up into an overall cost/reward value, and this value is then used to dictate the agent’s action; whichever overall value is greater will be the action that the agent takes.”*

Some participants who saw rewards also mentioned the nuance that the agent’s interest was in its *future* score (Table 4.2’s Forward Looking), not the present one:

(E83): *“The AI simply takes in mind the unknown of the future rounds and keeps itself in range to be destroyed ‘quickly’ if a future city is under attack...”*

About 2/3 of the participants (9 out of 13) who pointed out this nuance saw decomposed reward bars.

The agent was not perfect. One of its subtleties was its paranoia (Table 4.2’s Paranoia). It had learned Q-value components that reflected a paranoia about receiving negative rewards for attacking its own friendly units. Specifically, even though the learned greedy policy appeared to never attack a friendly unit, unless there was no other option, the Q-components for friendly damage were highly negative even for actions that attacked enemies in many cases. Investigating this behavior revealed that it was a result of learning via the on-policy SARSA algorithm⁴, which learns while it explores.

⁴SARSA learns the value of the ϵ -greedy exploration policy, which can randomly attack friendly units. Thus, the learned Q-values reflect those random future negative rewards. However, after learning, exploration stops and friendlies are not randomly attacked.

This paranoia can be considered a type of “bug” in the agent’s value estimates, so it provides an important situation for research into how to explain AI: Ideally, participants would understand the agent’s behavior even (or especially!) when that behavior is flawed.

However, only 8 participants showed evidence of understanding this behavior—and all 8 of them were participants who saw rewards. For example:

(R73): *“The AI appears to be afraid of what might happen if a map is generated containing four [friendly] forts or something, in which it can do a lot of damage to itself.”*

On the other hand, participants who saw saliency maps (Saliency + Everything) had a different advantage over the others—noticing how the agent changed behavior when it thought it was going to die (Episode Over). For example, it tended to embark on “suicide” missions at the end of a task when its health was low. About 2/3 (10 out of 15) of the participants who talked about such behaviors were those who saw saliency maps. As one participant put it:

(S74): *“If it cannot take down any structures, it will throw itself to wherever it thinks it will deal the most damage.”*

4.3.1 But what do these nuances cost?

These results suggest that participants who saw decomposed reward bars may have had a more nuanced understanding of the agent, but their gain in understanding came with an

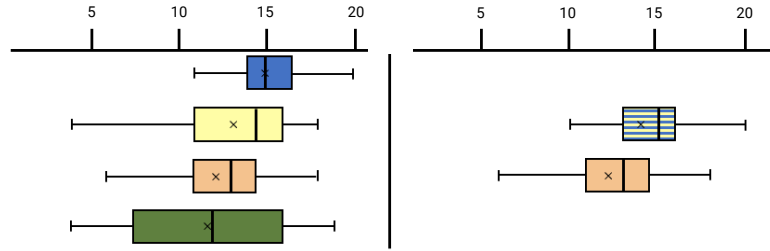


Figure 4.4: Box plots of the mental demand scores. **Left:** The mental demand rating for **Control**, **Saliency**, **Rewards**, and **Everything**. **Right:** The mental demand rating for those that saw at least one explanation, i.e. those who did not see reward bars (**Saliency**) and those that saw the reward bars (**Rewards** + **Everything**). (Note that **Control** participants did not see any explanation, and thus do not appear.) The mental demand “optimal score” is zero.

increased cognitive load. We measured participants’ perceived cognitive loads using the NASA-Task Load index (TLX) [10], a validated survey designed to gather participants’ perceptions across six dimensions: mental demand, physical demand, temporal demand, effort, frustration, and success, using a 21 point Likert scale.

Figure 4.4 (left) suggests that having the decomposed reward bars was costly to participants (right two boxes). We investigated this possibility using a contrast⁵. Since we were measuring the mental demand of the *explanation*, rather than the domain, we excluded the Control participants, who did not see any explanations.

The results, shown in Figure 4.4 (right), showed that participants who saw decomposed reward bars (the Everything and Rewards treatments) reported a significantly higher mental demand than those who did not (the Saliency treatment) (Welch’s t-test, $t(90) = 2.733$, $p = 0.007$). Further, a Hedges’ effect size⁶ estimate ($g = 0.54$) suggested a

⁵A linear combination that tests: $H_0 : k_1\mu_1 + k_2\mu_2 + \dots + k_n\mu_n = 0$, where $\sum_{i=1}^n k_i = 0$. Here, we used it to test the null hypothesis $H_0 : \frac{1}{2}(\bar{X}_R + \bar{X}_E) - \bar{X}_S = 0$ (same labeling convention as participant ID, R = Rewards, E = Everything, etc.).

⁶Used because of the unequal variances.

moderate to high practical significance. Thus, participants who saw decomposed reward bars benefited by forming a more nuanced understanding of the agent, but its cost was a significantly heavier mental demand on those participants.

4.4 Discussion: Which explanation?

On the surface, Section 4.2 suggests that, in explainable systems, the more explanation we give people, the better. However, Section 4.3 suggests that the question of which explanation or combination of explanations is better is more complex—each type has different strengths and comes at different costs (Section 4.3.1). These results suggest that there may not a “best” explanation type across all the situations. Thus, to investigate how situational an explanation type’s strength is, we turn next to how participants fared in individual situations, which we captured with their predictions at each DP.

Chapter 5: Results - People Predicting the AI

Following a similar methodology to Muramatsu et al. [29], we collected *in situ* data. Specifically, participants predicted the agent’s action by clicking on the object they thought the agent would attack at every DP and then told us why they thought it would attack the object they chose (Support for action predictions is discussed in Section 6) [12, 29]. Each DP’s starting state is shown in Table 5.1, showing the quadrant the agent attacked in green. If the participants correctly predicted the action, they received one point, receiving zero points for incorrect answers. Figure 5.1 shows the participants’ average accuracy for each of the agent’s decisions. It shows that the participants’ ability to predict the agent’s behavior varied widely. In this section, we present the results of a qualitative analysis that revealed several phenomena to explain why.

5.1 This is overwhelming!

Despite having some situational advantages (Section 5.4), there were other situations where the Everything participants had the *lowest* accuracy, namely DPs 6, 9, and 11. Interestingly, the Control participants had the *highest* accuracy at these same points. This phenomenon seemed tied to Everything participants coping with too much information; not only did they have to process the reward bars (the same as the Rewards participants), they also had four rows of saliency maps they could consider (4 times as many as the

Task 1	<div>DP1</div>	<div>DP2</div>	<div>DP3</div>	<div>DP4</div>
Task 2	<div>DP5</div>	<div>DP6</div>	<div>DP7</div>	<div>DP8</div>
Task 3	<div>DP9</div>	<div>DP10</div>	<div>DP11</div>	
Task 4	<div>DP12</div>	<div>DP13</div>	<div>DP14</div>	

Table 5.1: The tasks and their DPs. We have highlighted in green the action the AI chose.

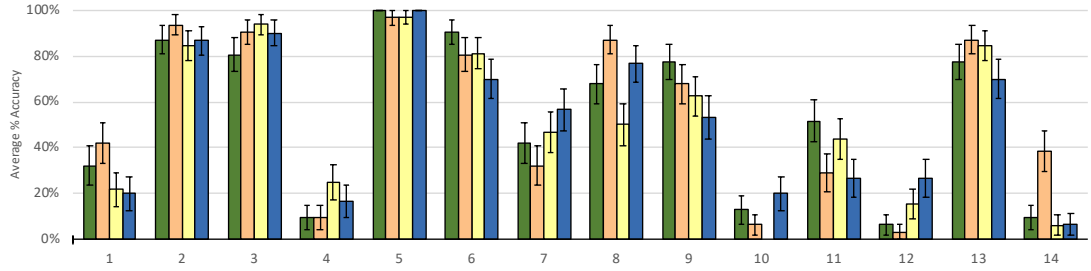


Figure 5.1: Percentage of participants who successfully predicted the AI’s next move at each decision point (DP), prior to receiving any explanation. Bar colors denote treatment (from left to right): **Control**, **Saliency**, **Rewards**, and **Everything**. Participants’ results varied markedly for the different situations these DPs captured, and there is no evidence that any of the treatments’ participants got better over time. All error bars ($SE = \sigma/\sqrt{n}$) are under 10%.

Saliency participants). This highlights the importance of balancing completeness with not overwhelming users [21].

For example, some Everything participants tried to account for *all* the information they had seen, such as at DP6:

(E38): “*I think it considers own HP first then Friend/Enemy status, so going by that it will attack Q4. Also, ...it attacks enemies with more HP.*”

In contrast, Control participants—who saw no explanations—were able to apply simpler reasoning to form a correct prediction at DP6 (the agent attacks Q2, see Table 5.1):

(C69): “*because it is the lowest health of all of the enemy objects.*”

Participants’ timing data also attest to Everything participants’ burden of processing information (Figure 5.2). As mentioned above, the Everything participants had to consume at most three more rows of saliency maps. Thus, to accommodate for the

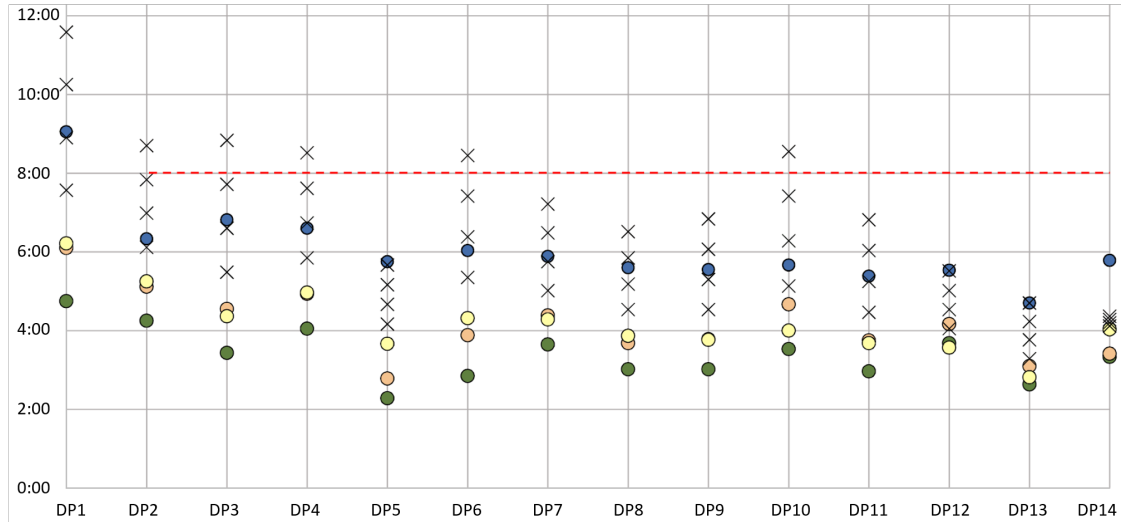


Figure 5.2: Average task time vs DP, per treatment. Participants had 12 minutes for the first DP and 8 minutes for all subsequent DPs. The “×”s shows the 4 theoretical amounts of time that the Everything participants “theoretically should have taken,” depending on if they processed 1 row (the lowest ×) or 4 rows (the highest ×) of saliency maps. Notably, the lowest × is lower than the actual time they took (dark circle with highest value). Colors: same as Figure 5.1

possibility that participants could consume as many saliency maps as they found helpful, the figure shows four “×s” for each decision point. The lowest “×” depicts how much time an Everything participant would spend if they spent as long as Control, *plus* the average time Saliency participants incurred above Control, *plus* the average time Rewards participants incurred, assuming that the Everything participants consumed as many saliency maps as the Saliency participants (i.e., at most one row). The lowest × provides a lower bound on the amount of time the Everything participants should have theoretically taken, given that they were already time constrained, if they processed the same number of saliency rows as the Saliency participants.

The *actual* time costs (above) that participants experienced were consistent with

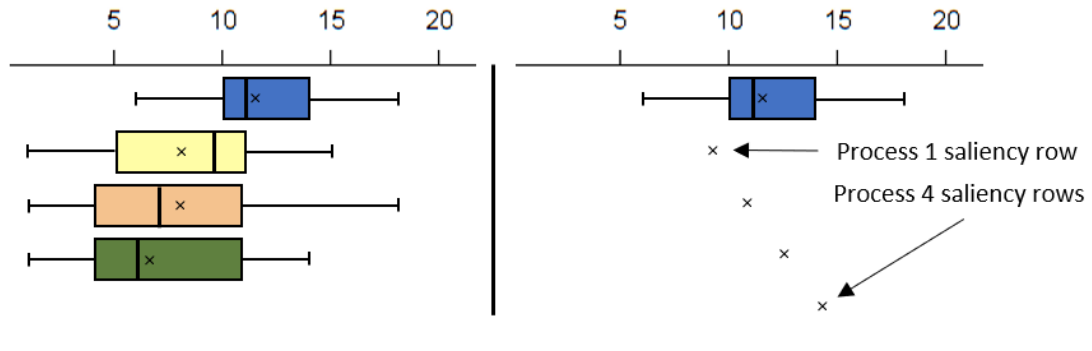


Figure 5.3: Left: The participants’ perceived temporal demand, where the “optimal score” is zero. The large gap between the Saliency/Rewards treatments’ means and the Everything treatment’s suggested that not only were Everything participants pressed for time (Figure 5.2), they felt it too. Right: An identical process for computing theoretical means shows the costs of considering different numbers of saliency maps.

participants’ *perceived* the temporal demand, which we measured using the NASA TLX (Figure 5.3). To compare these two measures, we performed a similar exercise as in Figure 5.2 to create a “theoretical” temporal perception average that the Everything participants should have felt, $\hat{\mu}_E$, by taking the temporal demand for Control (i.e., the temporal demand for the game) and adding on the demands of the decomposed reward bars and the saliency maps. Thus, the average temporal demand for the decomposed reward bars would be $\mu_R - \mu_C$, and the average temporal demand for saliency maps would be $\mu_S - \mu_C$. This means: $\hat{\mu}_E = \mu_C + (\mu_R - \mu_C) + (\mu_S - \mu_C) = \mu_S + \mu_R - \mu_C$ ¹. A paired t-test comparing $\hat{\mu}_E - \mu_E = 0$ showed a significant difference between the Everything treatment’s lowest theoretical mean and the Everything participants’ actual responses (Paired t-test, $t(29) = 2.2937$, $p = 0.015$, $d = 0.59$), with Cohen’s d suggesting between a moderate and large effect size.

¹Each \times is the same process as detailed above.

At the end of the session, some of the participants in the Everything treatment explicitly bemoaned the complexity of processing the information, such as:

(E39): *“It was confusing all around to figure out the main factor for movement using the maps and bars...”*

5.2 No help needed... yet

For some DPs (2, 3, 5, 13), explanations seemed unnecessary, as the Control proved “good enough,” with at least 75% of participants predicted correctly. For “Easy” situations like these, explanations may simply interfere with users’ understanding; however, not everyone is likely to find the same situations to be “easy.” This suggests that explanations should be on-demand, which can provide more information to those who need it, without overwhelming those that do not.

5.3 Two counter-intuitive situations

In at least two kinds of situations, the agent’s actions seemed counter-intuitive to most participants. These situations all had very low accuracy, with *all* treatments below random guessing ($\leq 25\%$).

The first situation was when the agent chose neither the strongest nor weakest of similar enemies (DPs 10,12). Some of the Everything participants got the prediction right at DP10 by combining both the saliency and the rewards explanations into their reasoning; e.g.:

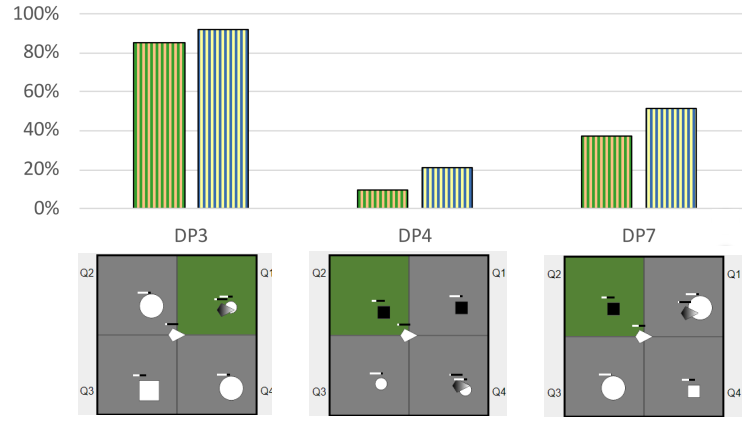


Figure 5.4: A graph of all treatments’ accuracy for maps that had enemy tanks. Those who did not see rewards (**Control** + **Saliency**) had lower predictive accuracy at all of these points than those who did see rewards (**Rewards** + **Everything**).

(E71): “As it will **look at the HP of the tank more** it will not attack *Q4* instead it will go for *Q1* which will **give it enough benefit** but also maintain its HP.”

But although they were the most accurate at both of these decisions, even the Everything participants did not predict correctly better than random guessing (25%).

Worse, *all* of the participants in the Rewards treatment got DP10 wrong, suggesting that they needed the saliency maps to factor in how much the AI focuses on its *own* HP, which might have been key in this situation. For example, this Rewards participant focused on the other objects’ HPs, not the agent’s:

(R94): “Lowest HP out of the 3 big fort.”

Another kind of situation that seemed counter-intuitive to participants was the agent choosing to attack an enemy over saving a friend from an enemy tank (Figure 5.4). DP3

was the only exception to the $\leq 25\%$ accuracy criteria, but the enemy tank was the *only* enemy on the map, which a majority of participants stated as the reason why the agent would attack it, such as:

(S104): *“I think it will attack this object because it is the only enemy on the map.”*

However, DP4 was the worst of such situations, with 77% of participants predicting incorrectly. Many participants incorrectly predicted it would attack the enemy tank, citing its health:

(S18): *“This is the enemy object with the lowest value for HP.”*

...or how threatening the enemy tank was to its friend:

(S25): *“The enemy tank poses the greatest threat [to] allies...”*

Of the few participants (19 total) who predicted DP4 correctly, most (68%) were in treatments that saw decomposed reward bars, e.g.:

(R93): *“Given that the enemy tank will destroy an allied city, thus lowering points gained, the only logical decision is to remove the threat”*

5.4 A Counter-Intuitive Strategy Revealed: the Tanks!

Despite generally low accuracy at DP4 and DP7, participants who saw decomposed reward bars seemed to have an advantageous insight into one of the agent’s counter-intuitive strategy choices—the agent did not care at all about enemy tanks unless the tank was the *only* enemy.

DP3, DP4, and DP7 show the three situations with enemy tanks, which the agent ignored (Figure 5.4: the enemy tanks are the black diamonds). The participants in the two treatments that saw decomposed rewards tended to refer to the trade-offs that would account for these choices, using the decomposed reward bars:

(R94): *“Because destroying enemy base will give you more point than destroying a tank.”*

In contrast, participants in the Control and Saliency treatments often did not realize this:

(C69): *“Because it is an enemy tank attacking a friendly city and it has low health”*

and:

(S42): *“before attacking you need to save your territory first”*

These three DPs were also the *only* three situations (except DP5, with 100% correctness for nearly everyone because it was the only enemy) in which the pair of treatments with rewards explanations both produced the highest prediction scores.

This may suggest that, in an RL agent, some *strategy* choices the agent makes involving weighing potential positive/negative outcomes, may be particularly well represented by decomposed reward bar explanations.

5.5 Discussion: It all depends...

The variability in Figure 5.1 suggests that participants' explanation needs depended on the situation. From a statistical perspective, putting these different situations together would have simply "canceled each other out," which caused us to look at the qualitative data to help us understand. (In retrospect, we view such wide variation as to be expected, given the variability in state/action pairs and the variability of human data.) We turn now to a mixed-method approach to answer how participants supported their predictions.

Code	Definition	Example
Used Current Game State	<i>Participant drew on aspects of the current game state, such as object HP</i>	“The big fort is only about half on health...” (R80)
Used Prior Action(s)	<i>Participants drew on something they’d seen the agent do</i>	“Last time I was presented with a situation of there being less health on a tank...” (S66)
Used Prior Explanation(s)	<i>Participants drew on something they’d seen in the previous explanation(s)</i>	“In recent [saliency] maps, it seems like small size ranks higher in the Size map.” (S50)
Predicted the Next Explanation	<i>Participants hypothesized what the explanation would look like after the agent took the action they predicted</i>	“I think the agent would combine the friend/enemy saliency map with the HP map...to attack the enemy fort in Q2” (S87)
Said Agent was Random or Baseless	<i>Participants stated something about the agent that seemed random/wasn’t made for a “good” reason</i>	“I don’t even know anymore because this agent is rogue and insane” (S87)
Stated What They’d Do	<i>Participants placed themselves as pilot, directing what they want to attack</i>	“I’ll attack the enemy, not my ally” (R79)

Table 5.2: Codeset for the six “Prediction Why” ways by which participants explained how they had predicted the agent’s next action. Note: No participant mentioned saliency maps for “Used Current Game State.”

Chapter 6: Results - How Participants Made Their Predictions

To investigate *how* participants chose the action they predicted, we used [14]’s Directed Content Analysis on participants’ responses to the following question: “*Why do you think that the agent will attack this object? (A few sentences, as detailed as possible).*” The interface asked this question right after each prediction participants made of what the agent would attack next, as previously shown in Table 3.2. Recall that the participants could not see the explanation for that agent action until *after* they answered this question. Two researchers independently coded 20% of the participants’ responses using the code set in Table 5.2, which resulted in $> 80\%$ Jaccard agreement [16]. Given this reliability, one researcher coded the rest of the corpus.

6.1 Predicting the AI’s Action by Predicting the Explanations

Interestingly, many of the participants predicted the agent’s *action* by predicting how it might *explain* that action. The participants who did this were almost all participants who saw decomposed reward bars (Figure 6.1 and Figure 6.2). For example:

(R93): “*This object will provide the most damage rewards [Figure 3.1, Region 3, dark colored bars] and most destruction rewards [Same figure, light colored bars]*”

The differences among treatments were significant: results of Welch’s ANOVA (to

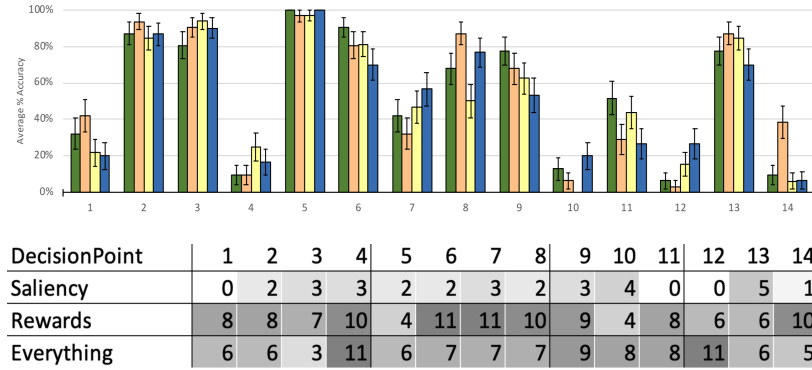


Figure 6.1: **Top:** The prediction accuracy by treatment (Figure 5.1). **Bottom:** Heatmap of number of participants who predicted the agent's *action* by predicting the system's *explanation* of that action at each DP. (Vertical lines mark task boundaries.) At every DP, more of the Rewards &/or Everything participants did this than the Saliency participants did.

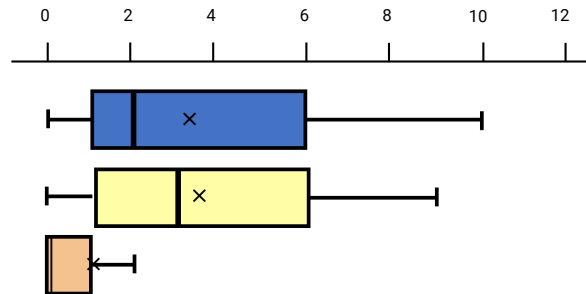


Figure 6.2: Number of times participants predicted the explanations in order to predict the agent's actions, in the **Saliency**, **Rewards**, and **Everything** treatments. The variance for the Saliency participants' use of predicted explanation is tiny compared to the others.

handle unequal variances in these data) showed a significant difference between how often the Saliency participants predicted explanations vs. those in the Rewards & Everything treatments ($F(2, 57.118) = 11.187, p = 0.00005$). Hedges' g test of effect sizes produced a value of 0.95, suggesting a large to very large effect size [39] of Saliency participants' versus Everything participants' rates¹.

The Everything participants were particularly interesting, because they could see both saliency maps *and* decomposed reward bars. These participants predicted future explanations nearly as often as Rewards participants did (Figure 6.1) — and 91% of their predicted explanations were about *only* the decomposed reward bars. Only two Everything participants predicted *both* saliency and rewards explanations. One predicted the agent's reasoning in terms of its sequence of explanations (i.e., from the “Input explanation” to the “Output explanation”):

(E71): *“It will look at if it is friend or enemy [envisioning the next saliency map] then destroy the one with the highest value [envisioning the tallest next grey reward bars] ...”*

The other way was to predict the saliency explanation in combination with the rewards explanation, but without any particular order:

(E39): *“The AI will prioritize the larger target for higher bonuses [envisioning the “bonuses” small bars of the reward explanation], focusing on size more than Hp [envisioning the size and HP portions of the saliency explanation].”*

¹Effect size can be measured on only two populations' means. Hedges' $g = 0.99$ for Saliency participants' versus Rewards participants', rates.

Decision Point	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Control	30	26	25	24	24	28	22	25	28	27	23	26	24	27
Saliency	29	26	25	24	24	28	22	25	28	27	23	28	25	23
Rewards	25	23	20	20	23	19	18	22	19	25	18	22	18	19
Everything	27	23	27	16	21	23	21	21	21	27	20	21	21	23
Reduction (%)	11.9	4.8	27.5	9.2	1.0	17.3	8.3	1.3	10.6	10.0	8.3	1.3	13.8	14.8

Table 6.1: Number of participants who cited current game state at each DP, per treatment. The highlighted number are the lowest rate of citing current game state. Notice how frequently the Rewards participants had the lowest. The “Reduction” row shows the percent decrease between the lowest and second-lowest values.

6.2 What About Using the Game?

When participants were looking in one direction, they often were not looking in another (Table 6.1). The highlighted portions show the treatment that had the lowest rate of using the current game state information. Whenever the Everything participants were the lowest, there was only an average difference of 3.2% between them and the second-lowest treatment’s participants (which were the Rewards at all 4 instances). However, the other 10 decisions, the rate that the Rewards participants mentioned current game state *was* the lowest, and the average difference between their rate and the second-lowest jumped to 10.6%.

In fact, the average rates of using current game state for the four treatments were very different (Figure 6.3). Levene’s test revealed that the variances were not significantly different ($F(3,120) = 2.295$, $p > 0.05$). ANOVA showed that there was at least one mean significantly different than the others ($F(3,120) = 6.0481$, $p = 0.0007$) (Table 6.2). Removing the Rewards treatment got rid of the significance (ANOVA, $F(2,89) = 2.1987$, $p = 0.117$), which meant that it was the Rewards treatment’s participants that

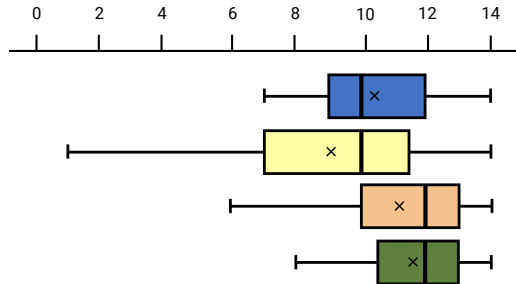


Figure 6.3: Box plots for the number of times participants used the current game state in the **Control**, **Saliency**, **Rewards**, and **Everything** treatments. Note that participants who saw rewards had a lower frequency of citing current game state information in their justification.

	Df	Sum of Sq.	Mean Square	F-Value	Pr(>F)
Treatment	3	113.05	37.683	6.0481	0.0007
Residuals	120	747.66	6.231		

Table 6.2: ANOVA table for current game state across all treatments. This indicated that at least one of the means was different for the 4 treatments.

had a statistically significantly lower reliance on current game state than all of the other treatments².

6.3 Predict-How: Discussion

These results showed that participants had two main differences in how they supported their predictions: their use of the current game state without mentioning saliency maps, and forming predicted explanations. Reward participants demonstrated a trade-off be-

²The averages for all 6 codes by treatment are in Appendix B, Table 3.

tween using predicted explanations (which they did significantly more than the Saliency participants) and using current game state (which they did significantly less than all the others). Figure 6.2 also suggested that the Everything participants were engaging in this exercise, but we discovered that 91% of their responses pertained to *only* decomposed reward bars. However, there are a couple of caveats to this.

Even though the Rewards & Everything participants predicted explanations at a higher rate than the Saliency participants, it did not necessarily help them to predict the *agent's action*. This is why these two treatments had the highest accuracy at *only* 5 total DPs—3 of which had a common theme (Section 5.4). However, the Saliency participants were also the most accurate at 5 of the DPs, but they had an entirely different approach, using current game state information almost as frequently as the Control participants (Table 6.1). Thus, even though the decomposed reward bars allowed participants a more nuanced understanding of the agent's reasoning (Section 4), and the participants gained strategic insights from them (Section 5.4), it remains unclear if they definitively helped participants predict the agent's actions.

Well-known HCI textbooks, like [17], recommend placing information in the UI close together to make sure people notice them. However, Figure 3.1's Regions 1 & 3, which show game state information and the decomposed reward bars per action, respectively, are difficult to position such that they are both proximate and understandable. Although we did not gather gaze-tracking data, it could have been the case that the Rewards participants spent “too much time” looking in Region 3, since they only had a limited amount of time per DP. This attention expenditure was probably worse for the Everything participants, since they had to choose whether to consume the decomposed

reward bars and/or the saliency. However, their habit of hypothesizing *just* the decomposed reward bars implies that they might have spent most of their time in Region 3 too. In designing this system, we had to trade off between being complete [21] and placing information proximate [17]. Note that our domain's action space was only 4, as opposed to Vinyals et al.'s approximation for StarCraft II's action space of 10^{26} [46]. A challenge for explainable systems, especially as the action space grows larger (and not just in the RTS domain), will become how to effectively manage information in such a way to adhere to good design principles.

Chapter 7: Threats To Validity

Every study has threats to validity [49]. In our study, participants’ proficiency in RTS games might have helped them understand the agent’s tactics. Although the RTS “gamers” were fairly evenly distributed across our treatments (Figure 3.2), we did not collect demographics that would have allowed considering other factors that may impact people’s mental models of games, such as age. Our study design also emphasized isolation of variables over external validity. For example, we simplified the game to avoid confounding factors, such as participants missing events or using different points of view [35], but this means that our results might not hold for complex RTS games. We also controlled participants’ time per DP, but this may have impacted their mental models with insufficient time per DP (8 minutes) or too few DPs (14).

Because we wanted one-to-one mappings among the visible elements in a treatment’s system, the Everything treatment saw more granular saliency explanations than the Saliency treatment did. Specifically, Everything participants could see a saliency map row for *each* reward type in the reward bars via the 2D *grid* of saliency (Figure 3.1, Region 2), whereas participants in the Saliency treatment saw only one row of saliency, which mapped to their one-item view of rewards (the winning action). That is, Saliency participants could observe one “output”—the action—so they saw a row of “inputs” for that output, whereas Everything participants saw 4 potential “outputs,” so they saw 4 rows of “inputs.” This design decision helped us to ensure that the mappings from in-

puts to outputs made sense, but introduced an uncontrolled difference in the saliency map presentation the Saliency treatment saw from the saliency map presentation the Everything treatment saw.

Some participants used phrasing that rendered their reasoning unclear to us. For example, when participants referred to an object as “biggest threat,” we could not determine whether they were referring to something that they observed on the game map (e.g., the unit with the largest HP/attack damage as the “biggest threat”) or just intuition (e.g., a gut feeling that the “biggest threat” should have a scary appearance). Another example of unclear reasoning was when they based their decisions on the distance between DPs on the timeline (e.g., if a DP was short, choosing the object with the smallest health and giving the timing as evidence for their choice).

The Control participants—who could rely only on previous state or past actions—demonstrated a remarkable similarity to the Saliency participants in the information they cite to support their choices (a 3% difference). However, this might have been due to the fact that the Saliency participants might have been using saliency map information in such a way that we could not detect. For example,

(S61): *“It’s a small enemy fort with relatively lower HP.”*

was coded with *Current Game State* information, but by using size and HP to support their choice (both represented by saliency maps), this Saliency participant might have been using predicted saliency map information to identify where the agent might focus on parts of the game state when forming their answer—without us being able to detect it. A way to mitigate this in future work would be to provide ways for participants to select the information they want to use and then describe how that information looks.

Threats like these can only be addressed with more studies using diverse empirical methods to generalize the findings.

Chapter 8: Concluding Remarks

In this paper, we report on a mixed methods study with 124 participants with no AI background. We investigated which of four visual explanation possibilities—saliency maps, decomposed reward bars, both, or neither—enabled participants to build the most accurate mental models, and in what circumstances.

Our results do not point to any one *best* explanation for helping people form mental models, but rather that:

- Everything participants provided significantly better mental model description than the Control participants (Section 4).
- Rewards participants offered the most insight into nuanced concepts, such as agent paranoia (Section 4).
- Each of the Saliency, Rewards, Everything, and even the Control treatments outperformed the others multiple times (Section 5).
- Although counter-intuitive behaviors by the agent were difficult for *everyone* to understand, participants who saw rewards (i.e., Rewards and Everything participants) showed some advantages in understanding these counter-intuitive behaviors (Section 5).
- Some participants, especially those in the Rewards treatment, predicted the agent’s next *action* by predicting its next *explanation* (Section 6).
- Participants in the Rewards and Everything treatments sometimes experienced high

cognitive loads, and reported feeling overwhelmed. This was especially common in the Everything treatment (Section 5).

Our analyses suggest several one-size-does-*not*-fit-all takeaway messages. First, one type of explanation does not fit all *situations*, as Section 5 shows. Second, one type of explanation does not fit all *people*, as the distribution ranges in Figure 4.2 show. And perhaps most critical, one type of empirical analysis (strictly quantitative or strictly qualitative) was not enough; only by combining these techniques were we able to make sense of the wide differences among individual participants at individual DPs. We believe that, only by our community applying an arsenal of empirical techniques, can we gain the rich insights needed to learn how to explain AI effectively to mere mortals.

APPENDICES

.1 More on Mental Model qualitative code set

As described in Section 4, we generated a codeset for participant responses to the summary question, “*Please describe the steps in the agent’s approach or method...*” [25]. To do so, we created an initial codeset at a large group meeting with most of the stakeholders. Two researchers then worked toward agreement, revising the codeset along the way. Upon reaching agreement—but before coding the full data corpus, the same large group meeting established rubric point values for the presence or absence of each code. The final codeset is shown in Tables 1 (all positive valued codes) and 2 (all negative valued codes). Along with the codes and the definitions, we provide the rubric value for each code (in parentheses with the code name).

.2 More on Prediction Why qualitative code set

In Section 6, we described the differences in the means for two of the codes. Table 3 shows the averages for all of the codes. In our data, those two codes were the only interesting differences that we noted.

Code	Definition	Example from participant responses
Consistency (25)	AI is an algorithm, and enacts some consistent policy. May include attempts to generalize rules from their observations OR explicitly mentions that the policy may be too complex to generalize	The AI always picked an Enemy object when given the choice between Friend and Enemy.
Score Max. Objective (25)	AI maximizes score or is greedy. Assigning a score and basing a decision upon it is considered an implicit maximization	I believe that the AI looks at scenarios that would make it get the highest amount of points.
Foe > Friend (25)	AI prefers to attack enemies and not friends or that identifying friends and foes. Kind of treat this as a keyword search for [friend, enem(ies,y)]. However, this MUST be posed as a general rule. There may be some implicit ways they make it clear they do understand friendly fire	The AI basically attacked any enemy that has the highest total score in all the three steps as shown above.
Large > Small (12.5)	The AI generally prefers large forts to small ones. They need to either use size words, or map whatever else they use (threat, DPS) onto size concepts	otherwise it attacks big forts then little forts giving preference to the lower health of each species.
High HP > Low HP (12.5)	The AI generally prefers attacking enemies with higher HP. For all these, we need to see it posed as a general rule NOT that a single decision was made this way	Therefore, the agent decided to always attack the largest base with the most health so that it would take the most damage which would benefit it's allies in the long run.
Distance Concept Used (0)	There are circumstances where distance matters, but not usually. If they mention it as being highly, rarely, or never relevant, code it.	When it comes to the agent's approach, a general rule that it likes to follow is to attack the closest enemy.
Episode Over (5)	AI detected when it cannot survive and is reckless at last step	If it cannot take down any structures it will throw itself to wherever it thinks it will deal the most damage
Specific decision citation (0)	Reference to specific decision point to develop mental model. Could be by task/decision index, or by some description of the game board	In Task 1 D3, the only enemy is a tank, so the tank is attacked by the AI
Fort > Tank (10)	AI does not preserve allies very much OR declines to attack the enemy tank	it doesnt attack enemy tank sometimes when its clearly pre-occupied and at lowest health(maybe enemy tank is an exception or this is an incorrect prediction)?
Forward Looking (5)	Participant makes it explicit that the agent is taking actions to make future actions easier (or available)	Specifically, it seems that the agents is simulating not just the immediate outcome of an action, but also the outcomes down the road, given all the possible other choices it may have next
Damage Racing (5)	AI does not preserve allies because it may not have to pay the penalty if it can end the simulation before it dies	The AI simply takes in mind the unknown of the future rounds and keeps itself in range to be destroyed "quickly" if a future city is under attack even at the expense of having more HP (and opportunity for damage and thus points) in future rounds.
Reverse engineer (5)	Specific game actions have the following specific point values	the attack damage for the smaller objects with a "low" damage do half the damage as the tank (which also is labeled as a "low" damage object) and the objects with a "high" damage output
Paranoia (10)	Identified that the agent is paranoid about extending its life too long since it thinks it will encounter maps with all friendlies OR a map where an enemy tank will kill something.	Since Q4 has more health than Q1 or Q3, it is worth more total points, and the resulting low health of the AI tank translates into fewer potential scenarios where the tank damages or destroys friendly targets. The AI does not know what the next map will look like, it only knows what health the tank will have carrying forward, and I think it only calculates out point potentials for this particular tank.

Table 1: Positive codeset used for evaluating mental model quality. The rubric used the parenthesized weights (first column) to add to participants' mental model scores.

Code	Definition	Example from participant responses
Answered only specifically (-2)	Participant did not attempt to generalize a rule, only mentions some specific decisions	The AI decided to choose between Q4 and Q3 although it should have been Q2 and Q4. From Q4 and Q3, it picked Q3 which make me wonder why since it gives way less points.
Uncertainty (0)	P participant is unsure about something with respect to how the agent works OR poses a question about the agent (possibly speculatively)	As to how the value of the rewards is determined by the AI I don't know and I think may be vulnerable to flaws.
Score "feature" (-5)	Putting "score" in a priority list with things like Type, which are not commensurate (it is not an input to the system, but the quantity we are maximizing over)	It generally seemed to think that scoring points was more important than preserving the life of its allies, or even the life of itself. ... It made decisions based on score, and it oftentimes felt like it made decisions based on score alone.
Passive fort threat (-5)	Participant perceives forts that will do literally nothing as threatening to the agent or its allies. To clarify, when the agent attacks Q2, enemy forts in other quadrants won't do anything.	It had to attack, so it based its risk assessment on the fact that sometimes there was a big threat it had to overcome to preserve its allies, or sometimes it saw that those allies could survive and so went for something else that it could attack.
Rules Misconception (-5)	Misunderstood something about what is possible within the rules of the game. Might be one of the above "named" misconception, or something miscellaneous	Goal #2 is checking to see if it can defeat multiple objects by focusing certain objects
Incorrect Objective (-15)	As opposed to maximizing score, the participant expresses belief that it is doing something else. Examples include minimizing threat, behaving arbitrarily, or attacking the nearest object.	The AI, for the most part, seemed to prioritize destruction of the closest enemy object rather than strategic destruction of enemies or preservation of ally objects.
Cherry Picking (-5)	AI focuses on things with low hp (or small type), which can be easily defeated	The decision to attack Q4 first comes from the current HP of the small fort.. It is low enough that it results in a quick elimination.
self Preservation (-15)	AI preserves the tank as much as possible (it doesn't)	if no allies are present, it will attack the enemy that will preserve the AI's tank the most, while also trying to destroy enemies
Ally Preservation (-5)	AI preserves its allies	It also worked sometimes for self-preservation, but as it went on, it seemed more concerned with protection versus self-preservation.
Assigning value based on social biases (0)	Thinking that the AI should defend its friends or do things a human would, often leading to a negative value judgment about the agent	This is the sort of thinking I have seen in players who only take risks when the deck is stacked in their favor.
Agent Behavior Misconception (-5)	Something not quite right about their understanding of what the agent is doing or why it is doing it. Similar to rules misconception, could be "named" or miscellaneous	The AI wants to do damage control and will almost always pick the attack where this penalty score is the lowest... In this case it would pick the largest positive score.
Explanation Misconception (-5)	Misunderstood something SPECIFIC about the explanation contents	So the AI tries to construct reward bars by predicting attributes of the objects in each quarter.

Table 2: Negative codeset used for evaluating mental model quality. Weights for each code are given in parentheses in the first column. The rubric used the parenthesized weights (first column) to subtract from participants' mental model scores. Note that some of these codes have 0 rubric value, as we were just using them as flags.

Treatment Name	Cited Current Game State	Used Prior Action	Used Prior Explanation	Formed Predicted Explanation	Cited Random Choice	Stated What They'd Do
Control	11.6	1.7	-	-	0.03	0.1
Saliency	11.2	1.8	1.4	1.0	0.06	0.3
Rewards	9.1	1.6	1.1	3.5	0.0	0.4
Everything	10.4	1.2	1.0	3.3	0.0	0.0

Table 3: Average number of times that participants used each code. Notice the differences for Cited Current Game State and Formed Predicted Explanation.

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