Analyzing NBA Defensive Player of the Year: A Data Driven Approach

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1 Introduction

In the NBA, the Defensive Player of the Year (DPOY) award can often be controversial. This is primarily because defense is difficult to quantify and interpret compared to offensive production. The goal of this report is to make the best effort to objectively determine who the most efficient and self-producing defender was this season. Keep in mind we are focusing on the individual's impact on their team.

2 Variable Table

When choosing the variables for this report, I will be focusing on the following individual player variables.

Variable Description Type Deflections Number of deflections Integer Number of charges drawn Integer charges Number of contested shots contested shots Integer Number of blocks BLK Integer STL Number of steals Integer **DBPM** Defensive Box Plus/Minus Numeric DRB Defensive Rebounds Integer DFG PCT Defensive Field Goal Percentage Numeric

Table 1: Table of Variables

I decided to use the variables from Table 1 because, of the available defensive statistics in basketball, these variables most directly explain a player's defensive capabilities. I included contested_shots because I believe it's unfair to compare player's defensive qualities, unless they contest and play a similar volume of shots. I will discuss further why I included certain variables, such as charges.

3 Exploratory Data Analysis

3.1 Data Collection Process

The advanced data statistics were scraped from NBA.com utilizing the data scraping tool "Data Miner". This includes the data files: defense_2pt.csv, defense_3pt.csv, defense_dashboard.csv, hustle_stats.csv, and nba_combine_data.

The dpoy_voting.csv along with the files beginning with stathead_were obtained from Basketball-Reference and StatHead respectively.

The data from wingspans.csv was collected by scraping this website using Selenium (SeleniumHQ 2024) in combination with requests. (Reitz and Contributors 2024)

Finally, the rosters.csv data was collected by utilizing the nba_api library in Python. (Patel and Contributors 2024)

3.2 Position's Impact on Receiving DPOY Votes

Figure 1: Positions of DPOY Vote Recipients

As we can see from Figure 1, a majority of Defensive Player of the Year vote recipients are those whose primary position is Forward, followed by Centers, and Guards. This is reasonable as Forwards often have more involved all-around roles on both offense and defense, like LeBron James. Defensive centers can be praised for their "anchoring" of the defense, like Ben Wallace.

3.3 Positional Impact on Winning Defensive Player of the Year

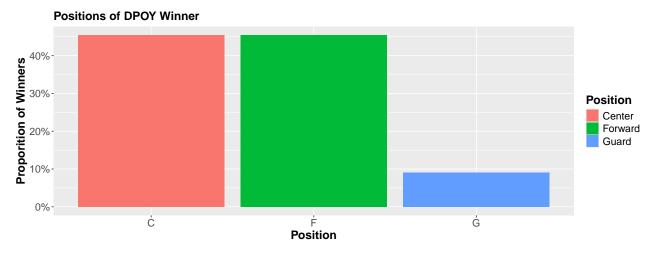


Figure 2: Positions of DPOY Winner

From Figure 2 we can see that in the last 11 seasons there has only been one Defensive Player of the Year who was a Guard, Marcus Smart in 2021-22. This suggests that voters in recent years are biased towards Centers and Forwards and may inherently devalue the credible defending capabilities of guards. This also suggests that the voters don't value defensive performance statistics, and there is some extraneous factor they value highly.

3.4 Taking a Look at Defensive Rankings

For the following defensive graphs and metrics concerning Defensive Rankings, I only utilized data for players in the top 80% of the NBA's DFGA season-by-season. I did this because I believe it's only fair for ranking purposes to compare players who see similar amounts of defensive volume.

3.4.1 Why does taking Charges Matter in Basketball?

One of the variables I expect some uproar about is the charges variable. Some might argue charges don't impact basketball that much. I disagree with this entirely. I believe that a charge, which results in a new offensive possession for your team strictly because of your ability to properly defend, is more meaningful than a lot of standard defensive plays.

I am interested in investigating how weight affects the ability to take charges. Another point that might be raised is the idea that the more you weigh, the more difficult it will be to take a charge. I don't necessarily find this to be true. It depends on the quality of the defender. A good defender who is large can still draw charges, but it might take a little more effort.

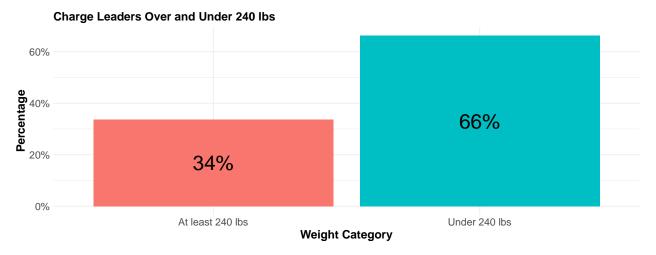


Figure 3: Charge Leaders by Weight

As we can see in Figure 3, my point stands. Since 2016-17 (when charges officially began being tracked), one-third of the charges taken leaders each season in the NBA have weighed at least 240 lbs. For reference, the mean and median weights within our data set are both around 220 lbs. This highlights the importance of taking charges on defense as a metric to establish individual success.

3.4.2 Why include Defensive Rebounding?

Rebounding is an important aspect of NBA success. Is rebounding more important on offense or defense? I'm not sure, but this article is about defense, so we'll focus on that. My main interests for including DRB as a variable are Rudy Gobert's elite defensive rebounding capabilities and to highlight the flaws of the DWS statistics, which account for DRB in its calculations.

The reason I'm addressing Defensive Rebounds is to give credit to Gobert's strengths. We all know he's great with blocks and Defensive Field Goal Percentage, but Defensive Rebounds are important for defense.

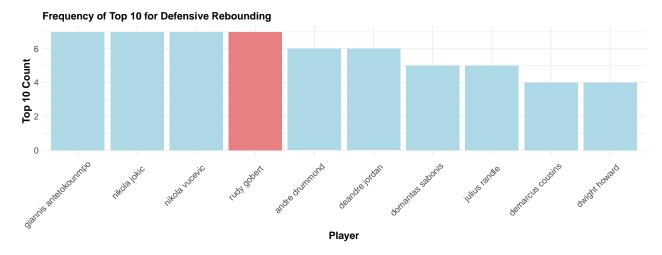


Figure 4: Top Defensive Rebounders since 2013-14

One of Gobert's best arguments for his DPOY candidacy most years is his incredible Defensive Rebounding skills. As we can see from Figure 4, Rudy Gobert is one of only four players who have the distinction of finishing top 10 in defensive rebounding seven out of the past 11 seasons. This is incredible and surpasses the number of elite rebounders such as Andre Drummond and DeAndre Jordan. However, this number is based on totals, whereas Drummond and Jordan do not log large minutes in recent years.

4 How does a player get more DPOY Votes?

For this process, I utilized the xgboost library along with the tidymodels interface to create a Gradient Boosted Decision Tree to analyze the important variables for predicting DPOY vote_getter status (either "Yes" or "No"). vote_getter establishes whether or not a player received at least 1 vote for DPOY.

4.1 Model Formula

$$\hat{y} = \beta_0 + \beta_1 x_1 + \beta_2 x_2 + \beta_3 x_3 + \beta_4 x_4 + \beta_5 x_5 + \beta_6 x_6 + \beta_7 x_7 + \beta_8 x_8 + \beta_9 x_9 + \beta_{10} x_{10} + \beta_{11} x_{11} + \beta_{12} x_{12} + \beta_{13} x_{13} + \beta_{14} x_{14}$$

Where:

Table 2: Explanation of Variables in the Regression Equation

| variable | variable name | variable | variable name |
|-----------|----------------------------------|----------|--|
| \hat{y} | Predicted variable (vote_getter) | x_7 | charges |
| eta_0 | Intercept term | x_8 | $\operatorname{def} \operatorname{LB}$ |
| x_1 | Season | x_9 | Deflections |
| x_2 | BLK | x_{10} | Height |
| x_3 | DWS | x_{11} | Weight |
| x_4 | DBPM | x_{12} | MP |
| x_5 | DRtg | x_{13} | w_L_pct |
| x_6 | $\mathrm{DFG}\mathrm{_PCT}$ | x_{14} | DRB |

4.2 Data Cleaning process

Most of my data cleaning process was performed using Python prior to the development of this report. Details for this can be found on the GitHub for this project. See file.

The most critical aspect of the data cleaning process for model development was data imputation. I utilized the Multiple Imputation by Chained Equations process (mice library in R). If you would like to read more about it (Buuren and Groothuis-Oudshoorn 2023). I found this to be a good use for this process because without imputation we still have more than 1,700 observations in our data set. This is a substantial amount of data for the process to base its decision on. The imputation used is important to keep in mind for the model and its interpretations, as there are imputations for the 2013-14 through the end of the 2015-16 seasons. Prior to 2016-17, there were no "hustle" defensive stats measured, which is why these values were missing.

4.3 Hyperparameter Tuning process

I utilized the tune interface of tidymodels (Kuhn and Wickham 2023) to hyperparameter tune the Gradient Boosted Tree to ensure the best performance given our training data. I used a 500-row random search matrix created using the grid_latin_hypercube() function, which searched for the ideal parameters of the boost_tree model, except for sample_size and stop_iter, which I restricted to 1 and 5, respectively.

4.3.1 Tuned Model Parameters

| | Table | 3: | Hyperparameter | Val | lues |
|--|-------|----|----------------|-----|------|
|--|-------|----|----------------|-----|------|

| hyperparameter | value |
|---------------------|---------------------------|
| mtry | 6 |
| trees | 138 |
| min_n | 3 |
| ${\it tree_depth}$ | 8 |
| learn_rate | 7.990051×10^{-2} |
| $loss_reduction$ | 6.486839×10^{-3} |
| $sample_size$ | 1 |
| $stop_iter$ | 5 |

4.4 Model Metrics and Performance

4.4.1 10 Fold Cross-validation Performance

Table 4: Cross-Validation Metrics

| .metric | .estimator | mean | $\operatorname{std}\operatorname{\underline{\hspace{1pt}-err}}$ |
|-------------|------------|--------|---|
| accuracy | binary | 0.9568 | 0.0023 |
| roc_auc | binary | 0.9556 | 0.0089 |
| specificity | binary | 0.3825 | 0.0387 |

From the cross-validation metrics in Table 4, we are able to see the model has a high performance accuracy of 0.9568, which is outstanding performance. The roc_auc being 0.9556 also indicates that we are relatively close to a near perfect predictor for the data set. However the one thing of important note is the relatively poor performance of specificity. This is likely due to the limited occurrences of those receiving DPOY votes, with about 10-15 people per year receiving votes.

4.5 Performance on Test Data

Table 5: Table of Test Data Performance

| Metric | Value |
|-------------------|-------|
| Accuracy | 0.964 |
| AccuracyPValue | 0.011 |
| Sensitivity | 0.982 |
| Specificity | 0.659 |
| Pos Pred Value | 0.980 |
| Neg Pred Value | 0.675 |
| Balanced Accuracy | 0.820 |

As seen in Table 5, the test data set predictions achieved a high Accuracy of 96.4% along with a high Sensitivity of 98.2%. This points to the fact that the model excels at predicting when players will not receive DPOY votes. However I want to highlight a few lower-performing metrics. The Specificity achieved is 65.9%, which outperformed the cross-validation significantly. Additionally, the AccuracyPvalue is less than 0.05. This indicates that at a 95% confidence level there is significant evidence to indicate that the model's Accuracy is better than a model achieved from randomly guessing.

Table 5 suggests that the model we have created using this imputed data performs at a high level overall, despite my desire for higher Specificity.

4.6 Variable Importance Plot

Variable Importance Plot

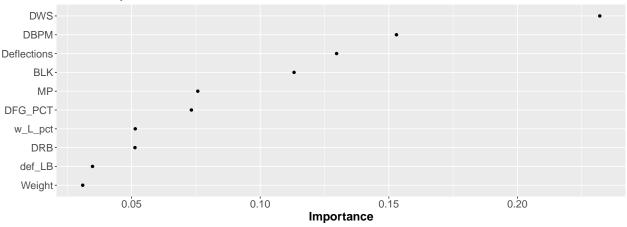


Figure 5: Variable Importance Plot

From the Variable Importance Plot of the model in Figure 5 we can highlight the 5 most important variables for determining who will receive a DPOY vote. These 5 variables are

- DWS Defensive Win Shares
- BLK Player's Total Blocks
- MP Minutes Played
- Deflections Pass Deflections
- DBPM Defensive Box Plus-Minus

This goes along with what I would assume. To me these are 4 of the 5 best metrics we have for defining an NBA player's individual defensive impact. The only one of these variables I find problematic is DWS due to the method used for calculating it which I will discuss further.

4.6.1 Calculating Defensive Win Shares (DWS)

Defensive Win Shares are calculated using the formula:

$$DWS = \frac{\text{marginal defense}}{\text{marginal points per win}}$$

For a better understanding of the formula, I suggest visiting Basketball-Reference. However, to quickly address the flaws, it depends on both Defensive Rating and a team's defensive possessions per game for marginal defense. Marginal points per win also utilize PACE for part of the equation. The problems with Pace and Defensive Rating are that they don't really indicate defensive performance. They are both per 100 possession stats, and all they imply is how fast your team plays and, to some degree, how much your defense can slow down the other team. Anyone who watches basketball knows these stats are questionable in interpretation.

4.7 Interpretation of the Model

My goal with creating this model is to quantitatively understand what persuades an NBA DPOY voter to choose certain players. I believe I have mildly accomplished this goal. The model achieved moderately high Specificity while achieving extraordinary Sensitivity on the testing data. While it could perform poorly on future data, for what we have now, I would say it's a strong start.

5 Who Deserved the DPOY Awards?

5.1 The Highest Ranked Defenders from Each Season

Table 6: Table Highest Ranked Defenders

| Player | Season | average_percentile | DPOY | diff_DPOY | diff_2nd |
|-------------------|---------|--------------------|------|-----------|----------|
| victor wembanyama | 2023-24 | 87.35 | 0 | 24.49 | 13.06 |
| draymond green | 2022-23 | 83.04 | 0 | 25.89 | 10.42 |
| nikola jokic | 2021-22 | 76.83 | 0 | 13.65 | 6.35 |
| draymond green | 2020-21 | 81.57 | 0 | 3.69 | 3.69 |
| anthony davis | 2019-20 | 89.80 | 0 | 13.47 | 13.06 |
| marc gasol | 2018-19 | 77.51 | 0 | 1.82 | 1.22 |
| anthony davis | 2017-18 | 86.59 | 0 | 28.86 | 5.54 |
| draymond green | 2016-17 | 91.60 | 1 | 0.00 | 5.60 |

From Table 6 we are able to see the top ranked defenders by average_percentile variable since 2013-14 season.

I want to highlight the interesting part is the estimation suggests only Draymond Green's 2016-17 Season to be the only year in which the voters correctly determined the objectively best defender through these metrics. I find it important to highlight that often in these rankings too the highest rater defender is substantially higher ranking than the person who did win DPOY. This includes 2017-18, 2022-23, 2023-24 where all the highest ranked defenders did not win DPOY yet were almost 25 percentile points better on average than the DPOY winner for that year.

5.2 Let's talk about 2023-24

Table 7: Rudy and Wemby

| | Percentiles | | | | | | | |
|-------------------|-------------|---------|--------|-------|-------|-------|---------|---------|
| Player | Deflections | charges | BLK | STL | DBPM | DRB | DFG_PCT | average |
| victor wembanyama | 88.57 | 97.14 | 100.00 | 80.00 | 97.14 | 85.71 | 62.86 | 87.35 |
| rudy gobert | 37.14 | 34.29 | 88.57 | 17.14 | 74.29 | 91.43 | 97.14 | 62.86 |

From Table 7, these percentile variables represent their rankings among high-volume defensive players similar to their roles. This "high volume" refers to players in the top 20% DFGA by season. As we can see, Wembanyama was only worse at Defensive Rebounding and significantly worse at Defensive Field Goal Percentage. The defensive field goal percentage is problematic, but it likely has to do with his immaturity as a defender, which he'll grow out of with more experience.

Wemby's defensive game is significantly more versatile. He is in the top 20% of these high-volume defenders for deflections, charges, total blocks, total steals, defensive box plus-minus, and even defensive rebounding. His comparative weakness is his defensive field goal percentage.

Gobert, on the other hand, is primarily the king of the interior. He excels at getting blocks and preventing shots but doesn't contribute much outside of this.

Both players have a tremendous effect on their respective teams' defenses. Wemby is in the 97th percentile for Defensive Box Plus-Minus, and Gobert is in the 74th percentile. This is stellar for both. However, defensive box plus-minus is not a flawless statistic, as it neglects lineup combinations. For example, one reason Wemby is in such a high percentile for DBPM is that the Spurs were terrible at defense overall this year. When Wemby was off the court, they might as well not have played defense. Once Wemby stepped onto the court, his impact was felt immediately, leading to his high defensive box plus-minus.

6 Looking Forward and Future Considerations

Overall, there isn't much more to say regarding how voters choose the Defensive Player of the Year award. There's no perfect method for determining who gets votes, and often we're nowhere close to choosing correctly (based on my rankings).

Looking forward, I hope analyses like this can be used to build a higher-performing and more sound model. Perhaps it could even be used as a suggestion for future decisions concerning the Defensive Player of the Year. It may not be a perfect setup and ranking, but I believe it's better than whatever methods the voters are currently using. The so-called "eye test" often fails to meet the mark, and this is shown in the rankings. It shouldn't happen so often that players who are doing all they can on defense to better their team lose to players who are simply highly specialized in one aspect of defense.

7 Conclusion

From the data presented, we concluded that Rudy Gobert likely should not have been Defensive Player of the Year in the 2023-24 season; it should have been awarded to Rookie of the Year Victor Wembanyama. This is not the only time it has happened in recent memory. It is the sixth time in the last seven seasons that the award winner was not the highest-ranked defender. I built a model for predicting those who would receive Defensive Player of the Year votes, which performed moderately well. The model's importance is greater than one simply trying to predict the Defensive Player of the Year because it's up to the voters, and as I've shown, they're hard to predict.

Hopefully, further development can come along in this field of basketball analytics, as I believe defense needs the most attention from a statistical standpoint.

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