

Introduction to 21st-century physics

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Lecture notes on introductory mechanics and thermodynamics (ING175)

0 Introduction

The loss implied in such an acquisition can be estimated only by those who have been compelled to unlearn a science that they might at length begin to learn it.

J. C. Maxwell 1878

Until some decades ago, the 18th-century physical notions typically taught in introductory Bachelor physics courses were enough to prepare an engineer for future specializations and jobs. Students who wanted to venture into modern theories, such as Relativity, were required to **re-learn** some of the most important physical notions – *Energy*, mass, time, entropy above all – which in these theories are quite different from the 18th-century ones. But at that time the modern theories still mostly had only theoretical, not practical, importance. So the re-learning efforts of the curious students could perhaps be justified.

That situation has changed today. Modern theories are an essential part of many everyday technologies, like nuclear reactors and the Global Positioning System¹; and they are required for developing new technological possibilities, from quantum computers² to solar sails³. An engineering student (including communication and data

“The achieved performances of atomic clocks and time transfer techniques imply that the definition of time scales and the clock comparison procedures must be considered within the framework of general relativity”

Petit & Wolf 2005

engineering) may likely end up in a job that requires an understanding of modern physical notions. The diffusion of large language models⁴ will moreover require future engineers who actually **understand** those physical notions, not little monkeys who have been trained to manipulate some equations and to throw some technobabble around. Automated large language models are faster, cheaper, and more precise in doing the latter kind of monkey activities. So why should one hire a human to do the same?

¹ <https://www.gps.gov>; see the entertaining discussion in Taylor & Wheeler 2000 Project A; and also Petit & Wolf 2005; Fliegel & DiEsposti 1996; Ashby 2002; Müller et al. 2008. ² <https://www.ibm.com/topics/quantum-computing>. ³ see for instance <https://www.planetary.org/sci-tech/lightsail>, <https://www.cubesail.us>. ⁴ <http://s://www.ibm.com/topics/large-language-models>.

While moving from the older to the newer notions often requires re-learning efforts and conceptual re-orientations, the move in the opposite direction is less demanding. The modern physical notions are more encompassing than their 18th-century parents. Their understanding leads to an understanding of their older counterparts as approximate and special cases. Students, moreover, have often been hearing quite early from mass media about the new notions; for instance about the equivalence of mass and energy. Owing to this early exposure, students sometimes ask very intelligent questions – “*should the mass of the body be included in its internal energy?*” – when exposed to the old notions.

It is therefore high time that introductory Bachelor physics courses be based on modern physical notions. Students should not be required to waste time and mental effort to learn something that they must unlearn and re-learn, only because of academia’s and teachers’ inertia.

Some teachers say “it would be too difficult for students to understand modern ideas, because they are too familiar with the old ones. This is why we need to teach the old and slightly incorrect ideas first, and correct them later”. I think that this kind of reasoning is scientifically unacceptable and leads to a vicious circle. Students are unfamiliar with new notions only because they were raised by a generation who was taught the old. New notions become familiar after a couple of generations learn them early. This is obvious if you consider that notions such as “energy”, “electromagnetic field”, “vector” are very familiar today, but were absolutely *unfamiliar* a couple centuries ago. If we had always taught what’s familiar, then we would still be teaching about the elements *air, earth, water, fire*, and that the Sun revolves around the Earth. Arguments in favour of teaching old notions are just pretexts for laziness.

The present lecture notes are an experiment and attempt to introduce classical mechanics and thermodynamics from modern physical notions. The core equations remain the same, but the students should have a broader conception of their meaning and of the symbols that appear in them.

1 Physics?

If you think about it, many things we ordinarily do every day are just some sort of magic. Think of how you can instantaneously see and speak with a person living on another continent, in real time, using just a small widget in the palm of your hand. Think of how you can instantaneously see where you are on the Earth, using the same widget. Think of how fast you can go to another country, by flying in a huge metal thing. Think of how you can command and interact with a purely fictitious animated world when you play on your computer. The list can go on forever. Other things are luckily less ordinary, but still inspire a lot of awe: think of the devastating power unleashed by something roughly as small as a tennis ball, in an atomic bomb.

We can do these astonishing things thanks to our understanding of how the world works. That's Physics.

Many things can be said and have been said about science and physics. Rather than repeating what's been already written in many excellent books, I invite you to take a break here and go read their introductions. Choose as you please; don't limit yourself to popular books; compare what they say.

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1.1 Several possible formalisms or "languages"

Welcome back! The only thing about physics that I need to say here is that physics can be expressed and written from wildly different points of view, using wildly different principles. Let's call these "different physics languages"; a more technical name is "physics formalisms". One may approach a physics phenomenon or problem in terms of *Lagrangians*, or *Hamiltonians*, or

fibre bundles, or *categories*, or *action principles*, or many other formalisms. These formalisms or languages are not completely separated; we know how to translate among them. In "doing" physics, one may jump among formalisms, because some ideas may be easier to express, or some results easier to find, in one formalism than another. No matter which physics

$$\delta \int L dt = 0 \quad L = \frac{1}{2} m v^2$$

$$F = \frac{d}{dt} m v \quad F = 0$$

Example of two different languages expressing the same physical phenomenon

formalism you choose, the results and the concrete applications are still the same. The choice is to a great extent subjective, based on your aesthetic tastes. You see that in “doing” physics you can express your personality and put your own artistic touch; this is why it’s such a cool subject (and other subjects are like this too).

In these notes I’m choosing one particular formalism: the one that for me is the most easily *visualizable*; because I believe that visualization can be beneficial in learning new things. Or maybe I’m choosing it just because I like it best. I encourage you to explore how the physics you’ve learned is expressed in other physics formalisms; maybe you’ll like another physics formalism better.

The formalism we’ll be using might be called “field theory”. Roughly speaking it takes as starting point the ideas of space and time, or better spacetime, in which there are different kinds of “stuff”. It expresses the regularity and patterns that we observe in physical phenomena as “budgets” about the different kinds of stuff, and of relations between these kinds. Please don’t take the description just given too literally; it’s just meant to give you a very vague idea of the field-theoretical viewpoint.

It goes without saying that all these “physics languages” are to a great extent mathematical.

One reason is that numbers allow us to convey information in a concise and precise way. Imagine you have to tell someone, who doesn’t know Bergen, where in Bergen you are right now, to within 10 m. You can do that with a description, “. . . and there’s a building called so-and-so which looks like so-and-so. . .”, which would be lengthy and tricky. Or you can just give two numbers: latitude and longitude:

60.369 40, 5.3518 .

And in these two numbers all digits are important; for instance, the latitude is not 60.369 47.

But the most important reason is that mathematics allows us to describe and follow the patterns and variety of physical phenomena in a greatly concise and precise way. And to develop

“this grand book, the universe, which stands continually open to our gaze. But the book cannot be understood unless one first learns to comprehend the language and read the letters in which it is composed. It is written in the language of mathematics” Galilei 1623

“There is nothing that can be said by mathematical symbols and relations which cannot also be said by words. The converse, however, is false. Much that can be and is said by words cannot successfully be put into equations, because it is nonsense.” Truesdell 1966

their relationships in a rigorous way. All our present technology would have been impossible to discover, and would be impossible to realize, without the mathematical language of physics.

I invite you again to read what many good texts say about the relationship between physics and mathematics. No point repeating here what has been said better elsewhere.

1.2 Quantities, primitive and derived

One topic, however, must be briefly discussed because it's important in understanding the notes that follow. It's the distinction between *primitive* and *derived* quantities.

I shall assume that you already know what a *physical quantity* is. Examples are: position, duration, velocity, pressure, energy, temperature.

A *derived quantity* is one that is defined in terms of other quantities. For example, velocity v (more precisely: average velocity) is defined as the ratio between a distance d (a vector) and a time duration t :

$$v := \frac{d}{t}$$

where the symbol “:=” means “is defined as” or “is defined by”. This means that in principle we could avoid using the word “velocity” and the symbol “ v ” altogether, and instead always speak about distance and duration, using their symbols. It would be extremely inconvenient, but it could be done. The definition of a derived quantity often tells us how that quantity can be measured.

A derived quantity is defined in terms of other quantities, and these may in turn be derived quantities, that is, defined in terms of still other quantities, and so on. But at some point this chain of definitions must come to an end, otherwise we would go around in circles.

A *primitive quantity* is one that we do not define in terms of other quantities. Primitive quantities are the building blocks from which we define all others. That they are not defined in terms of others doesn't mean that we cannot try to explain them. But such explanations must be taken as informal and heuristic. Primitive quantities are often explained through metaphors and by appealing to intuition. You must always be wary of such explanations, because they may fail you spectacularly in some situations.

Often we have a choice about which quantities should be primitive and which should be derived. For instance, *energy* can be defined, in a somewhat complicated way, in terms of quantities like *work* and *heat*, which would then need to be taken as primitive. Or we can take *energy* as primitive, and define *work* and *heat* in terms of it; this second choice turns out to be more convenient to develop the physical theory. It often happens that a quantity is very convenient to build a theory if used as primitive, but difficult to understand intuitively; and vice versa that a quantity is very intuitive, but leads to a complicated theory.

Among quantities which we'll take as primitive are *time*, *space*, *energy*, *matter*, *momentum*, and several others.

2 Time, space, “stuff”

2.1 Time

Time is a primitive quantity. We understand the notion of time intuitively, even if it’s difficult to explain (that’s why it’s taken as primitive). In 1905, with the theory of relativity, part of our everyday intuition about this notion was seriously shaken. For many years afterwards our old intuition could still be used in practice and in applications. But the new, correct intuition is becoming more and more important in everyday life and technologies. For example, GPS navigation, which we use everyday from leisure activities such as hiking or sightseeing to more critical ones such as aeroplane landing, critically depend on the correct notion and intuition of time. Let’s see how our traditional intuition goes astray with a concrete experiment.

“In 1976, the International Astronomical Union introduced relativistic concepts of time and the transformations between various time scales and reference systems. [...] Now [...] it is necessary to base all astrometry, reference systems, ephemerides, and observational reduction procedures on consistent relativistic grounds. This means that relativity must be accepted in its entirety, and that concepts, as well as practical problems, must be approached from a relativistic point of view.”

Kovalevsky & Seidelmann 2004

Here’s Alice, Bob, and Charlie. They have extremely precise clocks built in exactly the same way. They stay very close to one another and synchronize their clocks. Still keeping close, they go around, maybe on an aeroplane or space ship, and all the time they check their clocks. They notice that their clocks stay perfectly synchronized all the time, no matter where they go and what they do.

At some point they separate, each one going around independently. One of them might stay in place, another might take a helicopter, and another might go for a trip on Mars and back.

Alice and Bob at some point meet again, and compare their clocks. They see that their clocks aren’t synchronized anymore; the difference could be as small as microseconds, or as large as years. In fact, if this time discrepancy is large, they would notice that they themselves have aged differently; so time discrepancy doesn’t affect the clocks only. Let’s say for concreteness that Alice’s clock is ahead of Bob’s, or equivalently that Bob’s is behind Alice’s. Note the following aspects:

First, neither Alice or Bob can say “my clock was wrong”: neither has noticed anything strange about the “passage of time”.

Second, they might wonder what’s the time on Charlie’s clock. But Charlie is at some distance away. They could decide to contact Charlie via radio, say, and ask “what shows your clock right *now*?”. But they would notice that there’s a delay, even if extremely small, in the radio transmission; so it’s unclear to what time would Charlie’s answer apply. If we say “let’s account for the radio-signal speed”, we see that there’s a logical problem: speed is distance divided by time, and here we have a problem in exactly determining what’s the “correct” time! So we would be reasoning in circles. Besides, even neglecting these difficulties, Charlie’s answer could reveal a time that completely different from Alice’s and from Bob’s – it could be years ahead or behind both of theirs!

Third, if they now stay together, they will see that their clocks remain exactly synchronized, besides the discrepancy they noticed when they met. This discrepancy doesn’t increase or decrease. They may even retrace together Alice’s and Bob’s previous trips; their clocks still remain synchronized.

The experience just described will occur again any time two or more of them meet. There could be a hundred observers like Alice, Bob, Charlie, initially at the same place and synchronized. Whenever two or more of them meet after having been separated, they will notice discrepancies in their clocks. But their clocks will have exactly the same time lapses as long as they stay together.

Consider for a moment an imaginary world in which these experiments had given a different kind of result. According to Newtonian mechanics, whenever two or more initially synchronized observers like Alice, Bob, Charlie had met, their clocks would have always shown exactly the same time. If one year, 23 days, 8 hours, 9 minutes, and 3.045 399 283 240 992 663 02 seconds have passed for you since you last met Alice, you’d see that exactly the same amount of time has passed for her when you two meet again. If you think about it, in this case it would have been somewhat natural to think “right now, the clocks of far-away Alice, Bob, Charlie must show the same time as mine” (even though you have no real experimental way of confirming that).

But that’s an imaginary world. In our world is the more complicated situation described initially that holds. Only one conclusion can be drawn from these experimental results: **Time is not some sort of universal quantity. It is, so to speak, “local” to a person or clock, or to a group of persons or clocks that stick together.** This also means that *it doesn’t make*

sense to ask questions like “what can be the time for far-away Charlie, right now?”.

The time measured by a specific observer is called the *proper time* of that observer. Luckily we know more about how the proper times of separated observers can differ when they meet again. It turns out – according to our current understanding – that the time differences depend, roughly speaking, on how fast the observers are moving with respect to one another and to matter around the universe, and on how much energy is contained in the regions they travel. The general theory of relativity gives us the equations determining any such proper-time differences.

The situation depicted in the experiments above is real. It can be measured, for example, comparing initially synchronized clocks that have been put in aeroplanes flying in different directions. Most importantly, it affects everyday relevant technologies such as the Global Positioning System. Formulae from general relativity appear in your phone’s GPS software; see for instance § 20.3.3.3.3 of the Interface Control Document IS-GPS-200 at <https://www.gps.gov/technical/icwg/>. It must also be taken into account in the establishment and synchronization of time in our everyday equipments:

“The plot for Cesium [...] characterizes the best orbiting clocks in the GPS system. What this means is that after initializing a Cesium clock, and leaving it alone for a day, it should be correct to within [...] 4 nanoseconds. Relativistic effects are huge compared to this.”

Ashby 2003

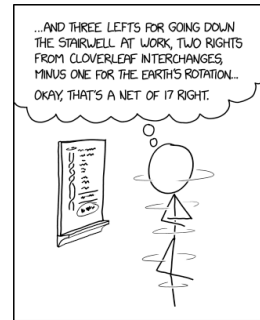
International Atomic Time (TAI) is based on more than 250 atomic clocks distributed worldwide that provide its stability, whereas a small number of primary frequency standards provide its accuracy. Universal Coordinated Time, which is the basis of all legal time scales, is derived from TAI. To allow the construction of TAI and the general dissemination of time, clocks separated by thousands of kilometres must be compared and synchronized. [...] The achieved performances of atomic clocks and time transfer techniques imply that the definition of time scales and the clock comparison procedures must be considered within the framework of general relativity.

(Petit & Wolf 2005)

In most everyday situations for us, who live on or nearby Earth and move at speeds much smaller than c with respect to one another, the discrepancies between our proper times are so small that cannot be measured with ordinary clocks or with our internal clocks. Consider a person walking 10 m away from you and then immediately walking back to you, at 1 m/s. The time elapsed for you will be 20 s, but for that person

will be 19.999 999 999 999 999 889 s, a difference of 10^{-16} s, which is the error of an atomic clock. If human beings still exist in some decades or centuries, with space travel they will probably have to deal more and more with proper-time discrepancies also in everyday life.

For the most part of the rest of these notes, we won’t need to deal with differences in proper time. But I recommend that you keep present how time really works, and that these small time discrepancies exist and occur all the time along your *worldline*.



SPACETIME HEALTH TIP: REMEMBER TO CANCEL OUT YOUR ACCUMULATED TURNS AT THE END OF EACH DAY TO AVOID WORLDLINE TORSION.

<https://xkcd.com/2882>

2.2 Space

Together with the notion of time, also the notion of space loses some of its traditional intuition. Several observers in motion with respect to one another will generally disagree on the dimensions of an approximately rigid object in their vicinity. For objects that are far away from an observer, the very notion of “distance” becomes tricky has different and non-equivalent definitions; one must be very careful on which definition is being used.

We shall not delve further into these peculiarities of time and space. Keep simply in mind that phenomena happen in *spacetime*, and that there’s no way to attribute a universal time, nor a universal position in space, to a physical event. There is one absolute: whoever locally measures the speed of light, will find the value $c := 299\,792\,458$ m/s. This value is exact by definition, and serves as a way to define a local notion of space and distance.

2.3 Coordinate systems

It is necessary to have a way for distinguishing physical events and phenomena and locating them in spacetime. This is achieved through a *coordinate system*. A coordinate system assigns four numerical labels to every point in spacetime. Often these labels have some kind of physical meaning, such as the proper time elapsed for a specific clock, or the distance from some event as measured by a specific observer, but they don’t need to.

A coordinate system also solves the problems coming from proper-time and space discrepancies among different observers. We can assign to every physical event a *coordinate time* and a *coordinate spatial position*, which are the same for all observers, because decided by agreement. Coordinate time doesn’t have a strict physical meaning, and will generally be different from the proper times registered by different observers. It can nevertheless be used for “doing physics”, and it is the time we shall most often use in our equations. A coordinate time commonly used for Earth-physics purposes is **Universal Coordinated Time (UTC)**⁵. The clock on your phone, and on devices that get synchronized via internet, shows UTC, not your proper time. An observer on Earth at 0 m over sea level, and not moving, measures a proper time exactly equal to UTC (besides small variation coming from the movements of Solar System bodies). Observers at other altitudes or moving with respect to Earth’s surface notice that their proper times are slightly different from UTC.

We shall often denote the four coordinates of a coordinate system by

$$(t, x, y, z)$$

where t is a coordinate time, usually UTC, and (x, y, z) determine a spatial position. The triplet of spatial coordinates is often denoted by the vector \mathbf{r} :

$$\mathbf{r} := (x, y, z).$$

It is always important to specify how the coordinate system you’re using is defined. The definition of the spatial coordinates (x, y, z) is typically different from problem to problem. We shall typically use coordinates that form $\frac{\pi}{2}$ rad $\equiv 90^\circ$ angles with one another; but their directions and their origin – that is, where they have value $x = y = z = 0$ m – always depend on the problem, so make sure you always specify them.

Whenever we speak of a “region of space” or of a “surface in space”, we mean a region at some specific coordinate time t .

Some physical phenomena happen along a line, in one dimension. In this case we can omit two of the spatial coordinates, assuming they have some constant, unimportant values. In these cases we can simply write, for instance, (t, x) as our coordinates.

⁵ <https://www.nist.gov/pml/time-and-frequency-division/time-realization/utc-nist-time-scale-0>

Exercise 1

✂ On relation between coord time and proper time for satellite

2.4 Seven primitive quantities

In the physics formalism that we’re using there are about seven more quantities, technically called *fields*, that we take as primitive:

matter
 electric charge
 magnetic flux
 energy
 momentum
 rotational momentum
 entropy

Remember that primitive quantities cannot be defined: we can only try to have an intuitive understanding of them, for example through their properties. Some of the seven primitive quantities are easier to grasp intuitively than others. But they all have two basic properties in common: of each, we can ask – or rather, measure:

- **How much of this quantity is in a particular (3D) region of space at a particular time?**
- **How much of this quantity flows through a particular (2D) surface during a particular time lapse?**

and we can ask these questions of any region of space and any time lapse.

The result of each of these measurement is a number, which in general can be positive or negative, or a vector.

Owing to the two properties above, each of the seven quantities can be considered as some kind of “stuff” that can be present at each spacetime point. But don’t take the word ‘stuff’ too literally: I don’t necessarily mean concrete objects like a ball, or substances like water.

For each quantity, we can speak of its *density*, in relation to the question “how much of it is in a particular region?”; and of its *flux*, in relation to the question “how much of it flows through a surface during some time?”. The density tells us how much quantity there’s in a unit of

volume. The flux tells us how much quantity is flowing through a unit of surface in a unit of time. Density and flux can change from spacetime point to spacetime point. We shall discuss them more in detail for each quantity later on. One important aspect to keep in mind is that *the density and flux of each quantity depend on the coordinate system.*

What’s remarkable about these seven quantities is that they are common to all our main physical theories, approximate or not: from Newtonian mechanics to general relativity and quantum theory; from subatomic scales to cosmological scales. The physical meaning and mathematical characterization of these quantities can be slightly different depending on the physical theory and scale. For example, in quantum theory they are mathematically represented by so-called operators rather than functions; and at molecular scales entropy has a meaning connected with probability theory. Yet, these seven quantities are really universal to our present way of doing physics and of describing physical phenomena around and within us.

Other auxiliary quantities, besides these, also appear in some physical theories. Important examples are temperature and metric. Most of these auxiliary quantities don’t have the “stuff-like” properties of the main seven quantities; for instance, we cannot ask “how much temperature is in a particular region?”. We shall discuss and use some auxiliary quantities later.

3 Physical laws

3.1 Two kinds of laws

In the previous chapter we introduced the quantities in term of which we describe physical phenomena. How do we describe the patterns, regularities, and diversities that we observe in these phenomena? This is the role of physical laws. Different physics formalisms or languages express these laws in different way, even if the actual physical phenomenon is exactly the same.

In the formalism we're using we distinguish between two kinds of physical laws:

- **Universal balances**
- **Constitutive relations**

The universal balances apply to *all* physical phenomena, without exceptions. They represent the basic constant patterns that we observe everywhere. They are called “balances” because they express a sort of trade-off or “budget”.

Constitutive relations, also called ‘closure equations’ in some fields, are relations that, as the name says, are instead *constitutive*⁶ of specific phenomena, and of specific theories. That is, each such relation only applies to particular phenomena and in particular theories.

Constitutive relations express the diversity that we observe around us, for example the different behaviour of a drop of water, which obeys some constitutive relations, as compared with a block of wood, which obeys others. They also mark the difference between specialized or approximate physical theories, for example between Newtonian mechanics, which is based on particular approximate constitutive relations, and general relativity, which is based on different and more exact constitutive relations. Depending on the specific scientific field you'll work in, you'll learn some constitutive relations in more detail than others.

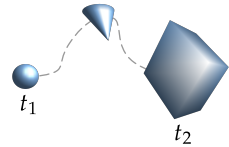
3.2 Balance and conservation laws

Balance laws are intuitively and visually easy to grasp. The archetype is as follows:

⁶ <https://www.merriam-webster.com/dictionary/constitutive>

Consider a closed 2D surface at a particular (coordinate) time t_1 , which encloses a 3D region. A spherical surface delimiting a ball-shaped region is an example. Actually the surface doesn't need to be connected: it could consist of several separate closed surfaces, delimiting distinct 3D regions.

Starting from that particular time, imagine the closed surface moving and deforming, changing shape and size, through time, until a later particular time t_2 . At this time we shall have a closed surface that is typically different from the initial one, and at a different position. The deformation through time can be arbitrary: we



could start with a spherical surface delimiting a region the size of a tennis ball, and end with a cubical surface delimiting a region the size of the Sun.

The initial and final surfaces and the sequence in between are completely arbitrary. We choose them depending on the phenomenon that we want to study. They do not need to be the surfaces of real objects. We can consider for instance an imaginary cubical surface in the middle of a room, enclosing the air within; or in the middle of a river, enclosing, for an instant, the water within. But sometimes these arbitrary surfaces do coincide with the boundaries of objects. We can consider for instance the outer surface of a tennis ball, and follow it as the ball moves.

Now consider any one of the seven primitive quantities of §2.4, except magnetic flux. Remember the two questions or measurements that we could make on such quantity: *how much in this region?* and *how much through this surface during this time?*. We therefore make the following measurements:

- C_1 : Total amount of quantity contained within the surface at time t_1 .
- F : Total amount of quantity flowing *inwards* through the moving surface between times t_1 and t_2 .
- C_2 : Total amount of quantity contained within the surface at time t_2 .

For some quantities, each of the amounts above is a number that can be positive, negative, or zero. For other quantities, each of the amounts above is instead a vector that can have any magnitude and direction.

A quantity is said to be **conserved**, or to satisfy a **conservation law**, if the following equality holds:

$$C_1 - C_2 + F = 0. \quad (1)$$

This equality can be interpreted in several equivalent ways. For example:

- If we find a larger amount of the quantity within the surface at t_2 than the one at t_1 , then the difference must have flown in through the surface in between those times ($C_2 - C_1 = F$).
- If a total positive amount of the quantity is flowing in through the surface between times t_1 and t_2 , then the amount of quantity within the surface at t_2 must be larger than the one at t_1 by this amount ($C_1 + F = C_2$).

You can think of other similar interpretations. Keep in mind that all three quantities can be positive, negative, or zero. So if the total amount of quantity flown in through the surface is negative, $F < 0$, then we must also have $C_2 < C_1$.

Our intuitive understanding of a conserved quantity is that it cannot be “created” or “destroyed”. This leads to another definition:

A quantity is said to be only **balanced**, or to satisfy a **balance law**, if the following equality holds:

$$C_1 - C_2 + F = S \quad (2)$$

where S is the amount of quantity created within the sequence of surfaces between the times t_1 and t_2 . Note that S can be negative, in which case we could say that the quantity has been destroyed.

A balance law is somehow more trivial than a conservation law: if we measure that $C_1 - C_2 + F$ is not zero, we can always say that some quantity must have been created or destroyed between the two times, so the quantity can always be said to satisfy a balance. But it is not trivial if we have some specific physical law that tells us in advance how the amount created or destroyed, S , can be calculated.

A conservation law can be seen as a special case of a balance law, one for which $S = 0$. It is a special and non-trivial case, because if we find that $C_1 - C_2 + F$ is not zero, then we simply *cannot* say that the quantity is *conserved*: it is only balanced.

In the case of magnetic flux, the idea of a balance or conservation law is analogous, but is formulated with one less spatial dimension: we consider a closed 1D curve at t_1 , one at t_2 , and a sequence in between these times. The magnetic flux turns out to be a quantity for which it's possible to ask how much is "linked" to a closed curve, and how much is crossing a closed curve. One way to understand this is to imagine magnetic flux as a bundle of tubes or lines that are either closed or extend to infinity. It is a very fascinating quantity, and one may wonder if other quantities exist which satisfy similar balances even with one less dimension. But we shall not pursue magnetic flux or similar topics in these notes.

4 The Seven Wonders of the World

The seven primitive quantities introduced in § 2.4 satisfy seven balance laws. These seven balance laws are amazing, because they are known, so far, to be satisfied by *all* phenomena and in all our main physical theories, approximate or not: from subatomic scales to cosmological scales, from Newtonian mechanics to general relativity and quantum theory. No exceptions are known. These balances are truly the “Seven Wonders of the World”⁷.

So, once you learn these balances, you can apply them no matter what you work with: construction of bridges, control of chemical reactions, operation of GPS navigation and satellites, monitoring of nuclear power plants, sending robots to Mars, or collisions of subatomic particles.

More precisely: matter, electric charge, magnetic flux always satisfy strict conservation laws. Energy, momentum, rotational momentum, entropy satisfy balance laws, which become conservation laws only in special circumstances, but not always.

⁷ Compare with the traditional seven wonders: <https://www.britannica.com/topic/Seven-Wonders-of-the-World>, <https://education.nationalgeographic.org/resource/seven-wonders-ancient-world/>.

5 Matter

Matter is probably the easiest quantity to grasp intuitively; it's what we can really call "stuff". It is important to clearly distinguish matter from *mass*: mass can be considered a property of matter, but the two are different: for example, the mass of some amount of matter may change, even if the amount of matter stays the same.

There are different kinds of matter, each of which satisfies a balance relation. The distinction into different kinds depends on the physical theory. In most everyday situations, the distinction corresponds to different **chemical elements**⁸, and each satisfies its own balance. These balances are the basis of **stoichiometry**⁹. If we observe phenomena such as nuclear fission or fusion, however, we notice that the balances of chemical elements are not really satisfied. With such phenomena we make a different distinction of types of matter, for instance *baryons* and *leptons*, and each satisfies again its own balance. It is unclear whether these balances might be broken in other physical phenomena at smaller scales. In these notes we shall usually consider chemical elements as the different kinds of matter, making some exceptions in discussion of nuclear phenomena.

5.1 Electric charge and magnetic flux

5.2 Magnetic flux

5.3 Energy

5.4 Momentum

5.5 Rotational momentum

5.6 Entropy

⁸ <https://doi.org/10.1351/goldbook.C01022> ⁹ <https://doi.org/10.1351/goldbook.S06026>

6 Thermodynamics

6.1 Notes on “quasi-static” processes

In general, none of the statements “reversible \Rightarrow quasi-static” or “quasi-static \Rightarrow reversible” is true.

A counterexample to the second implication are systems with internal state variables, which cannot be made non-dissipative, no matter how slowed-down they are. See the discussion and mathematical analysis in Astarita § 2.5.

A counterexample to the first implication is a system of spins in a crystal lattice. It is possible to *reversibly* bring the system from an equilibrium state to another with opposite temperature by reversing the external magnetic field *as fast as possible* – and therefore *not* through a quasi-static process. In fact it is key here that the process be *not*-quasi-static, but as fast as possible, because a slow change of the external magnetic field would lead to an irreversible process with dissipation. For more details see the discussion in Buchdahl, Lecture 20.

The point is that for some systems a *fast* change can actually prevent the onset of dissipative phenomena, and so the process needs to be fast if we want it to be reversible. Adiabatic processes often also need to be fast (as a curious historical fact, Truesdell & Bharatha, Preface p. xii, remark that “In introducing what we today call an ‘adiabatic process’, Laplace called it ‘a sudden compression’, in which he was followed by Carnot”).

In fact, clearly non-quasi-static phenomena such as *explosions* can in some circumstances be described by *reversible* processes! This is possible if the explosion involves many shock waves, as explained by Oppenheim, chap. 1 p. 63:

If there is more than one shock, the losses in available energy are diminished, so that in the limit, with an infinite number of shocks, they become negligible, and the process acquires the character of a thermodynamically optimal, i.e., reversible, change of state. The study of explosion processes reveals that, indeed, they are associated not with one but with a multitude of shocks.

For explosions see also the mathematical analysis by Dunwoody: *Explosion and implosion in a mixture of chemically reacting ideal gases*, where again reversible-process equations are used.

A caveat about reversible and quasi-static associations is given by Ericksen (§ 1.2):

Some tend to associate nearly reversible processes with those taking place very slowly – the "quasi-static" processes. This probably stems, at least in part, from experience with classical theories of heat conduction, viscosity, and so on. However, a ball made of silly putty behaves almost reversibly when bounced rapidly and various other high polymers have similar predilections. So, it seems prudent to be open-minded in considering what may be reversible processes for particular systems.

He later discusses (§ 3.1) the case of bars subjected to dead loads, for which we can have reversible processes under sudden jumps in elongation. He concludes (p. 46) that "the sudden jump provides an example of a process that is reversible but not reasonably considered to be quasi-static".

But there's an important question that underlies our discussion: what do we actually mean by "quasi-static"? We need to specify a time scale, otherwise the term is undefined. For example, a geological process (say, tectonic motion) can be considered as quasi-static – or even completely static – on time scales of minutes or days; but it is not quasi-static on time scales of millions of years.

Whether a process is reversible or not, within any tolerance needed, is an experimental question. We can measure any relevant quantities, say pressure p and exchanged heat q , under the process, and compare them with those, p^* and q^* , determined by the equations for a reversible process. We may find for example that at all times

$$\left| \frac{p - p^*}{p^*} \right| < 0.001, \quad \left| \frac{q - q^*}{q^*} \right| < 0.001$$

and conclude that the process is reversible, if relative discrepancies of 0.1% or less are negligible in our concrete application.

But suppose that someone tells us "if you want the process to be reversible, you must make sure that it is quasi-static". Alright, but how much is "quasi-static"? is it OK if the piston moves with a speed of 1 cm/s? or is that too much? How about 1 mm/s? – In fact we may find that for some kind of fluid 1 cm/s is absolutely acceptable for the process to be reversible, whereas for another kind of fluid that speed would lead (at the same temperature) to an irreversible process.

You see how this imprecise situation can lead to circular definitions: "if the process is irreversible, then it means it isn't quasi-static" – but then we are actually *defining* "quasi-static" in terms of "reversible"! Any statement of the kind "reversible \Rightarrow quasi-static" or "quasi-static \Rightarrow reversible" then becomes not a matter of experimental verification, but of pure *semantics*. At this point we can simply get rid of "quasi-static" terminology since it doesn't bring any new physics to the table. This circularity is admitted for example by Callen in discussing irreversible gas expansion (Problem 4.2-3 p. 99):

The fact that $dS > 0$ whereas $dQ = 0$ is inconsistent with the presumptive applicability of the relation $dQ = T dS$ to all quasi-static processes. We define (by somewhat circular logic!) the continuous free expansion process as being "essentially irreversible" and *non-quasi-static*.

A similar criticism can be read in Astarita, § 2.9, p. 62, where he also provides a mathematical quantification of quasi-static, similar to the one given above for reversibility:

Often this point is circumvented by bringing in another difficult concept, that of a quasi-static transformation, which proceeds "through a sequence of equilibrium states." Quasi-static is an impressive word, but the only meaning which can be attached to it is the less impressive word "slow" – and how can one speak of slowness without implying the concept of time? How slow is slow enough? If one chooses to develop a thermodynamic theory (rather than a thermostatic one), the answer is easy. For instance, in the case of a system where the state is V, T, \dot{V} [the latter is the rate of change of V], one needs to assume that [the non-equilibrium pressure]

$p(V, T, \dot{V})$ is a Taylor-series expandable at $\dot{V} = 0$ to obtain [that

$$p = p^* + \left. \frac{\partial p}{\partial \dot{V}} \right|_{\dot{V}=0} \dot{V} + O(\dot{V}^2),$$

where $p^* = p(V, T, 0)$ is the pressure at equilibrium]. One then reaches the conclusion that if the condition

$$\dot{V} \ll \frac{p^*}{\partial p / \partial \dot{V} |_{\dot{V}=0}}$$

is satisfied, then indeed the difference between p and p^* is negligibly small as compared to p^* , and thus the process can be regarded as a quasi-static one.

Criticisms against the fuzzy notion of "quasi-static" have appeared in many other works. Truesdell & Bharatha (Preface p. xii), make the historical remark that "the 'quasi-static process' was barely mentioned for the first time in 1853 and was altogether foreign to the early work [in thermodynamics]". See also the mathematical analysis by Serrin: *On the elementary thermodynamics of quasi-static systems and other remarks*.

I also want to point out that "quasi-static" in some works has specific meanings somewhat unrelated to the discussion above. For example that the rate of increase of the total kinetic energy K of the system is negligible, so that the law of energy balance, which in its full generality is

$$\frac{d(U + K)}{dt} = Q + W$$

(that is, the rate of increase of internal energy U and kinetic energy is equal to the heat rate Q and work rate W provided to the system) can be approximated by

$$\frac{dU}{dt} = Q + W.$$

Or that similar inertial terms in the motion of the system are negligible. See for example the book by Day, chap. 2.

But note that such definitions of "quasi-static" have, again, *no* a-priori relation with reversibility.

Finally, the equation $dS = Q/T$ is only valid for a process that is:

- reversible (by definition),

- closed (no exchange of mass),
- with a homogeneous surface temperature,
- without bulk heating (such as instead happens in a microwave oven).

Under the last three conditions we have in general that $dS \geq Q/T$; when the equality sign is satisfied, then the process is *defined* as reversible. See Astarita, § 1.5, or Müller & Müller, for the different forms of the second law under different circumstances. This equation may be valid in quasi-static and non-quasi-static processes, as explained above.

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- (“de X” is listed under D, “van X” under V, and so on, regardless of national conventions.)
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