

## Forms in React

### 1. How do you handle forms in React? Explain the concept of controlled components.

- Controlled components are form inputs whose values are controlled by React state. This makes it easy to manage and submit form data.

### 2. What is the difference between controlled and uncontrolled components in React?

- **Controlled:** React state controls the input.
- **Uncontrolled:** The DOM controls the input.