# WAXAAD SAMAYNAYSO HADII QOF AAD GARANAYSAA UU QABO COVID...

# WAXA AAD KARANTIIMAYSAA QOYKA OO DHAN...

- ✓ 14 MAALMOOD KADIB MARKA UU QOFKU KOWAAD EE UU XANUUNSADO
- ✓ IYO UGU YARAAN 3 MAALMOOD OO BILAA CAALAAMADO AH
- ✓ IYO QOFNA MA QABO XUMAD
- ✓ IYO MAAD ISTICMAALIN DAWADA XUMADA LAGU YAREEYO



## LA SOCO CALAAMADAHA

- ✓ HEERKULKA
- ✓ QUFAC
- ✓ NEEFTA OO KUGU ADKAATA
- ✓ U SHEEG DHAKHTARKAAGA HADII UU KASII DARO



SAMFF: SARIIRTA

HAKASOO KICIN







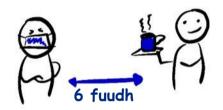
DAAWO TV SAM

SAMEE: XIDHO WAJI GASHAD

# WAXA AAD MEEL GOONI AH GAYSAAN DADKA XANUUNKOODU MUUQDO

SAMFF:

- ✓ HA JOOGAAN QOLKOODA
- ✓ U JIRTO 6 FUUDH (2M) DADKA KALE
- ✓ HA XIDHAAN WAJI GASHAD
- XAYAWAANKA CARBISAN YAYNA U DHAWAAN DADKA XANUUNSANAYA



#### HA FAAFIN CAABUQA

- ✓ BADANAA MAYDHO GACMAHAAGA
- ✓ AFKA IYO SANKA QABTO MARKA AAD QUFACAYSO IYO HINDHISAYSO
- ✓ WAXA AAD NADIIFISAA MEELAHA LA TAATAABTO IYO ALAABAADKA MAALIN KASTA
- ✓ HA WADAAGINA BUSTE, BILAYDHO, AMA SHAYADA KALE EE SHAKHSI AHAANEED













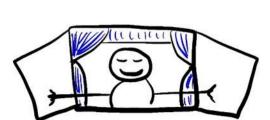












## NADIIFI HAWADAADA

- ✓ FUR DAAQADAADA
- ✓ ISTICMAAL HAWO NADIIFIYAHA
- ✓ SHID DIIRIYAHA



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@mlipsitch
@j\_g\_allen
@the BMC

