

# WAXA AAD SAMAYNAYSO HADII COVID-19 SHAYBAADHKA LAGAAGA HELO

## HA SASIN

80% DADKU MA YEESHAAN XANUUN AAD U BADAN OO WAXA AY KU LADNAADAAN IYAGA OO GURIGOODA JOOGA



SAMEE: SARIIRTA HAKASOO KICIN



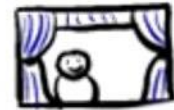
SAMEE: DAAWO TV



HA SAMAYNIN: ISTICMAALIDA GAADIIDKA DADWAYNAHA



SAMEE: WAXA AAD CABTAA BIYO IYO SHARAABKA ELECTROLYTE OO BADAN



SAMEE: GURIGA JOOG

## LA SOCO CALAAMADAHAAGA



- ✓ HEERKULKA
- ✓ QUFAC
- ✓ NEEFTA OO KUGU ADKAATA
- ✓ U SHEEG DHAKHTARKAAGA HADII UU KASII DARO

## MEEL ISKU SOO XIDH

- ✓ GURIGA JOOG
- ✓ WAXA AAD JOOGTAA GURIGAAGA
- ✓ U JIRTO 6 FUUDH (2M) DADKA KALE
- ✓ ISKA ILAALIN GAADIIDKA SHACABKA

## HA FAAFIN COVID

- ✓ BADANAA MAYDHO GACMAHAAGA
- ✓ AFKA IYO SANKA QABTO MARKA AAD QUFCAYSO IYO HINDHISAYSO
- ✓ WAXA AAD NADIIFISAA MEELAHA LA TAATAABTO IYO ALAABAADKA MAALIN KASTA
- ✓ HA WADAAGINA BUSTE, BILAYDHO, AMA SHAYADA KALE EE SHAKHSI AHAANEED

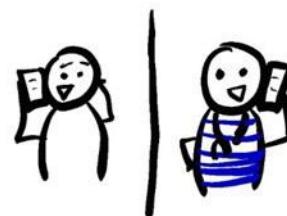
20 ILBIDHIQSI



KU HEES XARFAHA

## U SHEEG DARYEELKA CAAFIMAAD BIXIYAHA

- ✓ MARKA AAD USOO HADLAYSO SI AAD BALAN U QABSATO
- ✓ KAHOR INTA AANAD U TAGIN DHAKHTARKA
- ✓ XAALADA DEGDEG AH, U SHEEG CIDA TALEEFANKA KAA QABATA



## WAXA AAD SUGTAA INTA KARANTIIMADA GURIGA UU KASOO BAXAYO...

- ✓ UGU YARAAN 7 MAALMOOD KADIB MARKA LAGAA HELO EE CALAAMADAHA UU YEESHO
- ✓ IYO MA LAHA XUMAD, OO MUU ISTICMAALIN DAWADA XUMADA LAGU YAREEYO
- ✓ IYO WAYDII DHAKHTARKAGA HADII AAD U BAAHAN TAHAY SHAYBAADHKA COVID 19 MARKALE KAHOR INTA AANAD KARANTIIMADA KASOO BIXIN

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