

Anthem BlueCross BlueShield

PPO \$20/\$40 Copay \$250 Deductible

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 09/01/2013 - 08/31/2014

Coverage For: Individual/Family | Plan Type: PPO



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.anthem.com or by calling 1-855-333-5735.

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u>?	\$250 single / \$750 family for Participating Provider \$500 single / \$1500 family for Non-Participating Provider Does not apply to In-Network Preventive Care and Copays Participating Provider and Non-Participating Provider deductibles are separate and do not count towards each other.	You must pay all the costs up to the <u>deductible</u> amount before this health insurance plan begins to pay for covered services you use. Check your policy to see when the <u>deductible</u> starts over (usually, but not always, January 1st.) See the chart starting on page 3 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services, but see the chart starting on page 3 for other costs for services this plan covers.
Is there an <u>out-of-pocket limit</u> on my expenses?	Yes; Participating Provider Single: \$3000 , Family: \$6000 Non-Participating Provider Single: \$6000 , Family: \$12000 Participating Provider and Non-Participating Provider out-of-pocket are separate and do not count towards each other.	The <u>out-of-pocket limit</u> is the most you could pay during a policy period for your share of the cost of covered services. This limit helps you plan for health care expenses.

Questions: Call 1-855-333-5735 or visit us at www.anthem.com.

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.cciio.cms.gov or call 1-855-333-5735 to request a copy.

Important Questions	Answers	Why this Matters:
What is not included in the <u>out-of-pocket limit</u>?	Balance-Billed Charges, Deductibles, Copayments, Pre-Authorization Penalties, Health Care This Plan Doesn't Cover, Premiums, Costs Related to Prescription Drugs Covered Under the Prescription Drug Plan, Out of Network Coinsurance amounts related to human organ and tissue transplants..	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Is there an overall annual limit on what the insurer pays?	No. This policy has no overall annual limit on the amount it will pay each year.	The chart starting on page 3 describes any limits on what the insurer will pay for specific covered services, such as office visits.
Does this plan use a <u>network of providers</u>?	Yes. See www.anthem.com or call 1-855-333-5735 for a list of participating providers.	If you use an in-network doctor or other health care provider, this plan will pay some or all of the costs of covered services. Plans use the terms in-network, preferred, or participating to refer to providers in their network.
Do I need a referral to see a <u>specialist</u>?	No, you do not need a referral to see a specialist.	You can see the specialist you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 8. See your policy or plan document for additional information about excluded services.



- **Co-payments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Co-insurance** is your share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **co-insurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use **Participating Provider** by charging you lower **deductibles**, **co-payments** and **co-insurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use a Participating Provider	Your Cost If You Use a Non-Participating Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$20 copay per visit	50% coinsurance	—————none—————
	Specialist visit	\$40 copay per visit	50% coinsurance	—————none—————
	Other practitioner office visit	<u>Manipulative Therapy</u> 20% coinsurance <u>Acupuncturist</u> 20% coinsurance	<u>Manipulative Therapy</u> 50% coinsurance <u>Acupuncturist</u> 50% coinsurance	<u>Manipulative Therapy</u> Coverage is limited to 12 visits per yearLimitation applies to Spinal Manipulation and Acupuncture combined.. Services from Participating Provider and Non-Participating Provider count towards your limit. <u>Acupuncturist</u> Services from Participating Provider and Non-Participating Provider count towards your limit.
	Preventive care/screening/immunizations	No charge	50% coinsurance	—————none—————
If you have a test	Diagnostic test (x-ray, blood work)	<u>Lab - Office</u> No charge <u>X-Ray - Office</u> \$20 copay	<u>Lab - Office</u> 50% coinsurance <u>X-Ray - Office</u> 50% coinsurance	<u>Lab - Office</u> Costs may vary by site of service. You should refer to your formal contract of coverage for details. <u>X-Ray - Office</u> Costs may vary by site of service. You should refer to your formal contract of coverage for details.

Common Medical Event	Services You May Need	Your Cost If You Use a Participating Provider	Your Cost If You Use a Non-Participating Provider	Limitations & Exceptions
	Imaging (CT/PET scans, MRIs)	20% coinsurance	50% coinsurance	Costs may vary by site of service. You should refer to your formal contract of coverage for details.
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.anthem.com/pharmacyinformation/	Tier 1	\$15 copay/ prescription (retail and mail order)	\$15 copay/ prescription (retail only) and 30% coinsurance (retail only)	If your provider orders a brand name drug when a generic drug is available then you will be responsible for the cost difference between the generic and the brand name drug in addition to the copayment of the generic drug. Specialty drug network must be used for in-network coverage. Covers up to a 30 day supply (retail pharmacy), Covers up to a 90 day supply (mail order program)
	Tier 2	\$40 copay/ prescription (retail only) and \$80 copay/prescription (mail order only)	\$40 copay/ prescription (retail only) and 30% coinsurance (retail only)	If your provider orders a brand name drug when a generic drug is available then you will be responsible for the cost difference between the generic and the brand name drug in addition to the copayment of the generic drug. Specialty drug network must be used for in-network coverage. Covers up to a 30 day supply (retail pharmacy), Covers up to a 90 day supply (mail order program)
	Tier 3	\$60 copay/ prescription (retail only) and \$120 copay/prescription (mail order only)	\$60 copay/ prescription (retail only) and 30% coinsurance (retail only)	If your provider orders a brand name drug when a generic drug is available then you will be responsible for the cost difference between the generic and the brand name drug in addition to the copayment of the generic drug. Specialty drug network must be used for in-network coverage. Covers up to a 30 day supply (retail pharmacy), Covers up to a 90 day supply (mail order program)

Common Medical Event	Services You May Need	Your Cost If You Use a Participating Provider	Your Cost If You Use a Non-Participating Provider	Limitations & Exceptions
	Tier 4	30% coinsurance (retail only) with \$250 max and 30% coinsurance (mail order only) with \$500 max	30% coinsurance with \$500 max	If your provider orders a brand name drug when a generic drug is available then you will be responsible for the cost difference between the generic and the brand name drug in addition to the copayment of the generic drug. Specialty drug network must be used for in-network coverage. Covers up to a 30 day supply (retail pharmacy), Covers up to a 90 day supply (mail order program) \$3500 annual out-of-pocket limit per member
If you have outpatient Surgery	Facility Fee (e.g., ambulatory surgery center)	20% coinsurance	50% coinsurance	—————none—————
	Physician/Surgeon Fees	20% coinsurance	50% coinsurance	Costs may vary by site of service. You should refer to your formal contract of coverage for details.
If you need immediate medical attention	Emergency Room Services	\$150 copay per visit	\$150 copay per visit	copay waived if admitted
	Emergency Medical Transportation	\$200 copay ground / trip	\$200 copay ground / trip	There may be other levels of cost share that are contingent on how services are provided, please see your formal contract of coverage for a complete explanation.
	Urgent Care	\$40 copay per visit	50% coinsurance	—————none—————
If you have a hospital stay	Facility Fee (e.g., hospital room)	20% coinsurance	50% coinsurance	Coverage is limited to 30 days per year for inpatient rehabilitation therapy. Services from Participating Provider and Non-Participating Provider count towards your limit.
	Physician/surgeon fee	20% coinsurance	50% coinsurance	—————none—————

Common Medical Event	Services You May Need	Your Cost If You Use a Participating Provider	Your Cost If You Use a Non-Participating Provider	Limitations & Exceptions
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	<u>Mental/Behavioral Health Office Visit</u> \$20 copay per visit <u>Mental/Behavioral Health Facility Visit - Facility Charges</u> \$20 copay per visit	<u>Mental/Behavioral Health Office Visit</u> 50% coinsurance <u>Mental/Behavioral Health Facility Visit - Facility Charges</u> 50% coinsurance	<u>Mental/Behavioral Health Office Visit</u> Costs may vary by site of service. You should refer to your formal contract of coverage for details. <u>Mental/Behavioral Health Facility Visit - Facility Charges</u> Costs may vary by site of service. You should refer to your formal contract of coverage for details.
	Mental/Behavioral health inpatient services	20% coinsurance	50% coinsurance	—————none—————
	Substance use disorder outpatient services	<u>Substance Abuse Office Visit</u> \$20 copay per visit <u>Substance Abuse Facility Visit - Facility Charges</u> \$20 copay per visit	<u>Substance Abuse Office Visit</u> 50% coinsurance <u>Substance Abuse Facility Visit - Facility Charges</u> 50% coinsurance	<u>Substance Abuse Office Visit</u> Costs may vary by site of service. You should refer to your formal contract of coverage for details. <u>Substance Abuse Facility Visit - Facility Charges</u> Costs may vary by site of service. You should refer to your formal contract of coverage for details.
	Substance use disorder inpatient services	20% coinsurance	50% coinsurance	—————none—————
If you are pregnant	Prenatal and postnatal care	\$200 copay	50% coinsurance	Copay applies to initial visit. No charge thereafter. Your doctor's charges for delivery are part of prenatal and postnatal care.
	Delivery and all inpatient services	20% coinsurance	50% coinsurance	—————none—————
If you need help recovering or have other special health needs	Home Health Care	20% coinsurance	50% coinsurance	Coverage is limited to a total of 100 visits, Participating Provider and Non-Participating Provider combined per year.

Common Medical Event	Services You May Need	Your Cost If You Use a Participating Provider	Your Cost If You Use a Non-Participating Provider	Limitations & Exceptions
	Rehabilitation Services	20% coinsurance	50% coinsurance	Coverage for physical therapy is limited to 20 visits per year, occupational therapy is limited to 20 visits per year, speech therapy is limited to 20 visits per year, and cardiac rehabilitation is limited to 36 visits per year. Limitations and cost shares may vary by site of service. You should refer to your formal contract of coverage for details. Services from Participating Provider and Non-Participating Provider count towards your limit.
	Habilitation Services	20% coinsurance	50% coinsurance	Costs may vary by medical reason and site of service. You should refer to your formal contract of coverage for details. Habilitation visits count towards your Rehabilitation limit.
	Skilled Nursing Care	20% coinsurance	50% coinsurance	Coverage is limited to 100 days per year. Services from Participating Provider and Non-Participating Provider count towards your limit.
	Durable medical equipment	20% coinsurance	50% coinsurance	—————none—————
	Hospice service	0% coinsurance	50% coinsurance	—————none—————
If your child needs dental or eye care	Eye exam	Not covered	Not covered	—————none—————
	Glasses	Not covered	Not covered	—————none—————
	Dental check-up	Not covered	Not covered	—————none—————

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Bariatric surgery
- Cosmetic surgery
- Dental care (adult)
- Hearing aids
- Infertility treatment
- Long- term care
- Private-duty nursing
- Routine eye care (adult)
- Routine foot care unless you have been diagnosed with diabetes. Consult your formal contract of coverage.
- Weight loss programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Acupuncture
- Chiropractic care
- Most coverage provided outside the United States. See www.bcbs.com/bluecardworldwide.

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a premium, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-855-333-5735. You may also contact your state insurance department, the Department of Labor's Employee Benefits Security Administration
1-866-444-EBSA (3272)
www.dol.gov/ebsa/healthreform.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact:

Anthem BlueCross BlueShield
ATTN: Appeals
P.O. Box 10330
Reno, NV 89520

Nevada Division of Insurance
1818 E. College Pkwy., Suite 103
Carson City, NV 89706
(775) 687-0700

your appeal. Contact:
Office of Consumer Health Assistance
Governor's Consumer Health Advocate
555 East Washington Ave #4800
Las Vegas, NV 89101
(702) 486-3587
(888) 333-1597
<http://www.govcha.nv.gov>
cha@govcha.nv.gov

Or Contact:
Department of Labor's Employee Benefits
Security Administration at
1-866-444-EBSA(3272) or
www.dol.gov/ebsa/healthreform

Nevada Division of Insurance
2501 East Sahara Ave., Suite 302
Las Vegas, NV 89104
(702) 486-4009
Toll free number:(888) 872-3234

A consumer assistance program can help you file

————— *To see examples of how this plan might cover costs for a sample medical situation, see the next page.* —————

如果您是非會員並需要中文協助，請聯絡您的銷售代表或小組管理員。如果您已參保，則請使用您 ID 卡上的號碼聯絡客戶服務人員。

Doo bee a'tah ni'liigoo eí dooda'í, shikáa adoolwoł íínízinigo t'áá diné k'éjígó, t'áá shoodí ba na'ałníhí ya sidáhí bich'í naabídíłkiid. Eí doo biigha daago ni ba'nija'go ho'aalagí bich'í hodiilní. Hai'daą iini'taago eíya, t'áá shoodí diné ya atáh halne'ígí ní béesh bee hane'í wólta' bi'ki si'niilígí bi'kéhgo bich'í hodiilní.

Si no es miembro todavía y necesita ayuda en idioma español, le suplicamos que se ponga en contacto con su agente de ventas o con el administrador de su grupo. Si ya está inscrito, le rogamos que llame al número de servicio de atención al cliente que aparece en su tarjeta de identificación.

Kung hindi ka pa miyembro at kailangan ng tulong sa wikang Tagalog, mangyaring makipag-ugnayan sa iyong sales representative o administrator ng iyong pangkat. Kung naka-enroll ka na, mangyaring makipag-ugnayan sa serbisyo para sa customer gamit ang numero sa iyong ID card.

About These Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



**This is
not a cost
estimator.**

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- Plan pays: \$5,990
- Patient pays: \$1,550

Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

Patient pays:

Total Deductibles	\$250
Co-pays	\$220
Co-insurance	\$930
Limits or exclusions	\$150
Total	\$1,550

Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays: \$4,060
- Patient pays: \$1,340

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Total Deductibles	\$250
Co-pays	\$800
Co-insurance	\$210
Limits or exclusions	\$80
Total	\$1,340

Note: These numbers assume the patient is participating in our diabetes wellness program. If you have diabetes and do not participate in the wellness program, your costs may be higher. For more information about the diabetes wellness program, please contact: www.anthem.com or 1-855-333-5735.

Questions and answers about the Coverage Examples:


What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network providers. If the patient had received care from out-of-network providers, costs would have been higher.


What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how deductibles, co-payments, and co-insurance can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.


Does the Coverage Example predict my own care needs?

 **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.


Does the Coverage Example predict my future expenses?

 **No.** Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

 **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

 **Yes.** An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as co-payments, deductibles, and co-insurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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