

## Committee on Athletics Meeting Minutes

**MEETING DATE**      February 16, 2023  
**MEETING TIME**     9:00-10:00 AM  
**LOCATION**             Virtual meeting via Zoom

### Attendance

#### Members

Name	Role	Attendance
Erin Centeio	SEC Liaison	Present
Hong-Mei Chen	Member	Absent
Francie Julien-Chinn	Co-Chair	Present
Deborah Merritt	Secretary	Present
Myungji Yang	Member	Present
Scott Sinnett	FAR Rep	Present
Kelley Withy	Co-Chair & COIA Rep	Present

#### Guests

Name	Role	Time
Jon Sladkey, M.D.	Teams' Physician	9:00am
Kelly Hee, LCSW	Lead M.H. Therapist	9:00am

# MĀNOA FACULTY SENATE

<b>Subject</b>	<b>Discussion/Information</b>	<b>Action / Strategy / Responsible Person</b>
<b>Call to Order</b>	1. Call to Order	1. The meeting was called to order by Francine Julien-Chin 9:00am
<b>Review of Minutes</b>	1. deferred to end of meeting	1. passed unanimously 10:03am
<b>Chair's Report</b>	1. None 2.	1. 2.
<b>Action Items</b>	1.	
<b>Guest(s)</b>	1. Jon Sladkey, MD (physician for all teams) 2. Kelly Hee, LCSW (for mental health issues)	1. 2.
<b>Committee Reports</b>	1.	1.
<b>Unfinished Business</b>	1. Approval of past minutes: Approval of past minutes: 12/21, 3, 22, 4/22, 9/22.	1.

<p><b>Business</b></p>	<p>No therapist on staff; utilize campus counseling center and community resources (therapists, Psychiatrists). Kelly is 0.5 time, works 60 hrs/week. Has two interns (pre-license); works with M.D. After spring break: function autonomously, athletes self refer. NCAA is pushing for full-time mental health coverage. Tele-Med and in person (trying to find a location).</p> <ul style="list-style-type: none"> <li>• 1st year served 5-10 athletes</li> <li>• Currently about 50/wk or every other week</li> <li>• If suicidal refer to hospital</li> <li>• Help with transfer to HI from other states or countries</li> <li>• Eating disorders: refer to dietitian</li> <li>• Concussions</li> <li>• Mood disorders: time management, sports as cause or panacea</li> <li>• Follow until last semester</li> </ul> <p>NEEDS: increased services</p> <ul style="list-style-type: none"> <li>• Some athletes want a Sports PSYCH degree, but UH does now have one</li> <li>• Get message to athletes that they can get help for problems NOT sports related (treat whole person)</li> <li>• Funds: donations for female athletes cover ½ of athletes</li> <li>• David Marlin “good “buy-if” coach for female basketball and beach volleyball</li> <li>• Psychiatry</li> <li>• Commuting: travel time, transportation</li> </ul> <p>Sladkey, pediatrician, sports medicine</p> <ul style="list-style-type: none"> <li>• Stigma of seeing M.D. has decreased over the years</li> <li>• Waitlist 1-2 weeks (down from a month)</li> <li>• Lack of clinical staff to coordinate visits</li> <li>• Practical site for PSYCH Ph.D. Candidates</li> <li>• Tony Papa CHP coordinator</li> <li>• Concussion: 2wk resolution of symptoms means athlete can return to play. Agrees that this may not be adequate for all concussions. Refer to KOKUA for help academically</li> <li>• ADHD: treatment may not be by M.D. team physician; utilize student health center for referrals. Team physician CAN help refill prescriptions from other primary care docs.</li> </ul> <p>Francie:</p>	<p>1.</p>
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	<p>Is it possible to take on students to help with education, assessments, run groups, life skills training?</p> <p>Kelly: athletes get services before other students, have there been complaints.</p> <ul style="list-style-type: none"> <li>• General counseling center waitlist for other students, still tele-Med, no in-person visits</li> <li>• Athletes have NO CAP on number of visits, while other students do have a cap</li> <li>• Are there services after graduation or if they are “kicked off the team”? <ul style="list-style-type: none"> <li>○ Yess for 3-6 months after end of career</li> <li>○ 2yrs coverage for insurance for physical injury</li> <li>○ NEED to extend for mental health (MH)</li> <li>○ FEDERAL MH for life (Shotts)</li> </ul> </li> <li>• CCSA set up National Program</li> <li>• NCAA will present in April</li> </ul> <p>Francie: referral to community services: bill Medical Insurance. If not insured then covered by Athletic Department.</p> <p>Kelly: shared agenda for April 21st meeting</p> <ul style="list-style-type: none"> <li>• Sports gambling results in loss of position</li> </ul>	
<b>New Business</b>	National Meeting April 21, 2023	1.Action step - Kelley Withy will arrange for Jon and Kelly to present UHM model at National Meeting
<b>Adjournment</b>	<p>Minutes of last meeting approved.</p> <p>The next meeting of the Committee on Athletics will be on 04/13/23</p>	Meeting adjourned at 10:05 pm.

Respectfully submitted by Deborah Merritt, Secretary