

Committee on Student Affairs Meeting Minutes

MEETING DATE February 8, 2021

MEETING TIME 11:00 AM – 12:00 PM

LOCATION Zoom

Attendance Members

Name	Role	Attendance
Kelly Bergstrom	Member	Present
Chessa Harris	Member	Present
Kathleen Rutenberg	Member	Present
Ku'u lei Salzer-Vitale	Member	Present
Maile Speetjens	Vice Chair	Present
Lisa Uyehara	Chair	Present
Andrew Wertheimer	Secretary	Present
Penny-Bee Bovard	SEC liaison	Present
	ASUH Rep	Not yet appointed
	GSO Rep	Not yet appointed

Guests

Name	Role	Time
Dr. Tony Guerrero	Chair, Department of Psychiatry, JABSOM	11:10 a.m. – 11:30 a.m.

Dr. P.H. Deb Goebert	Department of Psychiatry, JABSOM	11:10 a.m. – 11:30 a.m.
Dr. Allyson Tanouye	Director and chief psychologist of the Counseling and Student Development Center (CSDC)	11:30–12:00
Dr. Kathrine Fast	Coordinator of Clinical Services, CSDC	11:30–12:00
Dr. Alex Khaddouma	Coordinator of Outreach, CSDC	11:30–12:00

Subject	Discussion/Information	Action / Strategy / Responsible Person
Call to Order		The meeting was called to order by Chair Uyehara at 11:02 AM.
Review of Minutes	1. The January 11, 2021 draft minutes were shared electronically for review and approved.	1. Motion by Harris to approve the minutes; seconded by Speetjens. Approved with 8 votes in support, 0 opposed, and 0 abstentions.
Chair's Report	Uyehara created a draft resolution calling on UHM to provide more resources to help student counseling. She shared with JABSOM, CSDC. She found out that our committee had authored a similar resolution in 2015.	1.
Action Items	None.	

<p>Business</p>	<ol style="list-style-type: none"> 1. Goebert reported on how faculty retirements in the CSDC have made it difficult to provide services. Goebert suggested that at the very least UHM should unfreeze the hirings, which were low, but are now frozen at dangerously low levels. This might be the easiest step to happen on campus. It parallels the moves in the State Dept. of Health. She added that the Prevent Suicide Hawaii Task Force (which she co-chairs) can be contacted to help with training. She added that JABSOM (Psych) is the largest mental health provider to Queens and DOE. 2. Busch explained how there are three <i>Levels of Care</i>: Primary (taking measures for everyone / preventive), Secondary (Finding out where a problem exists, and trying to arrest problems), Tertiary (getting care for individuals). 3. Guerrero reported on how JABSOM (Psych) would need funding if they were able to help CSDC in meeting the student needs. Usually they receive extramural contracts, and help meet these through clinical service contracts, ideally providing experience for residents and fellows. Regarding the question of what we can do for students, he said Student Health Services interfaces with our physicians when they need hospital referrals. We could try to do more about preventative care. In any case, JABSOM (Psych) would need funding to provide any new clinical services. 4. Uyehara suggested that we could try to form some informal hui to write a grant to provide emergency support. She said that the PI would need to have a clinical background. Uyehara said that our committee will submit our resolution to the larger MFS in order to request increased funding. 5. Tanouye then shared her experience and introduced her team. There was a sweep in late 2020. They lost two 1/2 time positions and 2 faculty positions and an APT position. We were under the national ratio before the freeze, and are now in more of a crisis since those positions were swept. She added that CSDC made a good pivot after COVID-19 to Zoom and other online venues. One problem is that treatment cannot be provided to students who are living out-of-state. They have touched everyone who needed assistance, but are 	<ol style="list-style-type: none"> 1. We are to work on the resolution draft online and vote at our next meeting. 2. Wertheimer will inform the SEC that we are working on a resolution.
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	<p>saturated. They also worry about the impact when we return to F-T-F teaching. She also explained other online options which are not therapy, but are options, such as “Tao Connect,” (which has modules like breathing). These are possible because Dr. Lassner provided direct funding using CARES Act funding. Lassner has worked with CSDC for many years.</p> <ol style="list-style-type: none"> 6. Fast explained how CSDC is asking about student issues at intake. Motivation and Focus has become a big problem. Over 70% also report loneliness or isolation is a problem. She added that about 40% of the students we’re working with have considered suicide. Beyond that 7% of students who considered suicide in the past month. 7. Khaddouma tried to offer more low commitment meetings so that students can attend drop in student support meetings, hosted by peer fellows (GTAs) or professional staff. One advantage of the latter is they can legally provide some service to students who are located out-of-state without violating rules. 8. Uyehara shared our reports from GSO about how many students don’t know about resources including CSDC and job placement help. She suggested that maybe the Provost could disseminate materials in one of his online updates to students. 9. Tanouye shared how UHM has sent a number of email blasts to students. Some of these advertised workshops and other outreach efforts, like a one minute interview on how to have better sleep, maintain healthy life, relationships, grief and loss. Each also introduced CSDC services. Each email blast also meant new people needing CSDC services. She added that she will talk with Vice Chancellor Ideta about promoting career services and other student support services on campus since distance students might be less aware.. 10. Busch suggested a special program be created to help meet the urgency in terms of Treatment and Surveillance in order to prevent worsening crises. We could also make intermediate plans. He suggested working with ICS Professor Kim Binsted on designing a mental health app, that would use AI and have check-ins, and a way of creating 	
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	<p>alerts. Some countries are using such apps, even places with few smartphones like Chad. We would need a general health plan, noting things that we are already doing, but we could add surveillance and student feedback on how e-blasts to students were. This would be taking a public health spin on current offerings</p> <ol style="list-style-type: none"> 11. Speetjens suggested that we could add a few survey questions to ASUH's campus survey. 12. Harris made substantial changes to the resolution. She created a framework. The resolution still needs more data points. 13. Harris shared about a new parallel movement <i>Kūali 'i Council</i> is providing services for Kanaka Maoli students, faculty, and staff. They are concerned about Pacific Islander and Kanaka mental health issues. Both groups are over-represented in COVID-19 cases in the State, with Native Hawaiians comprising of 18% of cases and Pacific Islanders comprising of 23% of cases, even though PI only are 4% of the population. They are trying to create culturally-responsive treatments. Native Hawaiian Health is taking a lead in this. Harris is on this and also recognized Salzer-Vitale for her assistance. The committee called for this to be reflected on our MFS resolution, reflecting the impact of death in families and the economic challenges. Harris said we don't yet know the extent of the unmet needs for these groups on campus. She is doing her best to find data points, but has not yet found anyone with collected data on campus. Uyehara reminded us that our state is leading the nation in unemployment, and we know that students are being clearly impacted by this. Salzer-Vitale added how this can lead students to drop out of school. This certainly would endanger our efforts to be the leading indigenous institution. 14. Uyehara sent out an email from Justin Clapp of CAB asking for our mana'o on Phase II Reorganization of the Manoa Management System. CSA encourages individual members to send comments, but did not have time to take a stand on this due to our full agenda and focus on the mental health crisis. Wertheimer mentioned that he sent in a comment expressing concern 	
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	about the fate of the Study Abroad office and how that will impact students. He added that his comments did not represent CSA.	
Adjournment	The next meeting of the Committee will be on March 8th at 11am via Zoom.	Wertheimer made a motion to adjourn; seconded by Harris. Meeting adjourned at 12:12 PM.

Respectfully submitted by Andrew Wertheimer, Secretary

Approved unanimously on March 8, 2021.