

Committee on Athletics Meeting Minutes

MEETING DATE December 5, 2019
MEETING TIME 12:00 PM - 1:00 PM
LOCATION Hawaii Hall 208

Attendance

Members

Name	Role	Attendance
Penny-Bee Bovard	Chair	Present
Deborah Mattheus	Vice Chair	Present
Jerry Agrusa	Member	Present
Kelley Withy	Member / COIA Rep	Present
Francie Julien-Chinn	Secretary	Present
Scott Sinnett	FAR Rep	Excused
Jackie Ng-Osorio	Member	Excused
Pallav Pokhrel	Member	Present

Guests

Name	Role	Time
Lorraine Byrnes	Assoc. Professor SONDH	Noon - 1:00pm
Cindy Rote	Dir of Student-Athlete Development	Noon - 1:00 PM

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Subject	Discussion/Information	Action / Strategy / Responsible Person
Call to Order	Introductions of committee members and our two guest speakers	The meeting was called to order by COA Chair P. Bovard at 12:02 PM.
Review of Minutes	<ol style="list-style-type: none"> 1. The minutes of the September 5, 2019 Committee on Athletics were circulated electronically. 2. The minutes of the October 3, 2019 Committee on Athletics were circulated electronically. 	<ol style="list-style-type: none"> 1. Francie Julien-Chinn makes a motion to approve the 9/5/2019 minutes; seconded by Jerry Agrusa. Approved with 5 b votes in support; 0 against; and 0 abstentions. 2. Francie-Julien-Chinn makes a motion to approve the 10/3/2019 minutes; seconded by Jerry Agrusa. Approved with 5 votes in support; 0 against; and 0 abstentions. 3. 4. November 7th meeting was cancelled
Chair's Report	<ol style="list-style-type: none"> 1. New COA members Jackie Ng-Osorio and Pallav Pokhrel 2. Update on future Athletic Department guest speaker 	<ol style="list-style-type: none"> 1. Welcome and introductions. 2. action.
Action Items	<ol style="list-style-type: none"> 1. Kelley Withy - COIA meeting update 	Meeting February 14-16 in Baton Rouge. Providing a National Voice to student athlete issues. Students athletes of students first will be presented. Kelley Withy is able to fund herself to go, and thus we can bring a member of the committee if anyone is interested. Funding: SEC/chancellor split the cost of one person to attend. Penny will talk to the FAR representative.
Guest(s)	<p>1. Lorraine Byrnes, Assoc. Professor SONDH (12:00 Noon)</p> <p>Discussion topic: Dissemination of Mental Health First Aid training in communities that are deemed at risk for mental health issues.</p> <p>We need to have two approaches, a preventative, long-term approach and a short-term, crisis oriented approach to address the current crisis of the extreme shortage of providers.</p> <p>Discussed how we need to better understand mental illness and the signs/symptoms that are often misdiagnosed as a different issue (such as behavioral).</p> <p>There is a multi-phase approach and working with multiple programs such as Social Work and Nursing. Athletics needs to</p>	<p>What can we as a committee do: Use internal resources (School of Social Work, Nursing, Medical School). Can we develop a certificate program to encourage people to get involved in helping to fill the gap in the need for professionals.</p> <p>Question as to where the funding is coming from for the 19 hired psychologists at UH Manoa. 28 million dollars approved by BOR. UH asked for 2.6 mill for a psychologist at each campus</p> <p>What our committee needs: funding - we may need to increase student fees, one of the lowest in the division, and earmark for mental health</p>

<p>get critical people such as psychologist and full-time physician hired to build a framework to support this. Working to achieve a collaborative care model.</p> <p>We need to develop a timeline/map to identify priorities and the phases.</p> <p style="text-align: center;">2. Cindy Rote, Director of Student-Athlete Development (12:00 Noon)</p> <p>Discussion topic: Holistic Health Care for Student Athletes</p> <p>Spoke to the committee regarding the need for mental health services, there is currently a 4 week wait for student athletes to receive mental health treatment. Cindy spoke about how she was at one time taking a student to the counseling center at least once a week. Student athletes are facing a great deal of pressure - they are in the public eye and feel the pressure. The department has been advocating for over 10 years to have an in-house psychologist. Recently athletics was able to contract with 2 licensed psychologists contracted for 7 hours a week. Within two weeks they have been booked out 4 week ahead of time. Psychologists are located in portables outside of the main athletics department to protect confidentiality. Student athletes have been asked to have as much confidentiality as possible.</p> <p>Working to secure an outside grant, they were able to secure a \$70,000 grant that the athletics department is to match to hire a psychologist. This is a top priority. Anxiety and Depression is evident on every team, and the male supports are facing stigma and disparities such as lower SES. There have been 2 suicides within the past year. Staff members are also asking to seek mental health services.</p> <p>It is critical that the university understand that mental health services for our student athletes is a priority.</p> <p>We currently have about 500 student athletes who are affected at UH Manoa. Student athletes have asked “why don’t the care about our minds as much as they do about our body’s.</p> <p>Student athletes participated in a survey to get a pulse of what their needs were. Students talked about traumatic events that happened to them on campus, but have to access services off campus - and how hard this is with limited time and transportation.</p> <p>There is a shortage in general on the island of providers, so this does not help in accessing services on campus or for students.</p> <p>Student athletes have very busy schedules, they are scheduled from early morning to evening. Highest risk group is football,</p>	<p>services. There is an NCAA grant that was just missed, but we can apply for next year, but this is a small grant. PAC-12 also has funding available. Opportunities to apply for research grants, taking an academic approach.</p> <p>Our committee could write a resolution for a commitment to mental health services for student athletes.</p>
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	who have the most scheduled time and thus least time to access mental health services. There is a need to incorporate preventative care such as mediation and a person to talk to try to prevent some mental health concerns from escalating.	
Committee Reports	1. None	
Unfinished Business	1. None	
Business	1. Follow-up on Nagatani Center walking tour on 10/3 2. Discussion on research studies on mental health issue of student athletes.	1. action. 2. action.
Adjournment	The next meeting of the Senate Executive Committee will be on January XX, 2020. John will send out a calendar request for next year.	made a motion to adjourn; seconded by X. Meeting adjourned at 1:0x PM.

Respectfully submitted by Francie Julien-Chinn, Secretary

Approved unanimously on January XX, 2020.