# **Committee on Athletics Meeting Minutes**

MEETING DATE December 5, 2023
MEETING TIME 2:00 PM - 3:00 PM

LOCATION Zoom

### Attendance

#### **Members**

Name	Role	Attendance
Roger Chen	Member	Present
Gary Glauberman	Secretary	Present
Francie Julien-Chinn	Chair	Present
Jim Potemra	Member	Excused
Peter Seidel	Member	Present
Kelley Withy	Vice Chair / COIA Rep	Present
Scott Sinnett	FAR	Present
David Flynn	SEC liaison	Present

#### Guests

Name	Role	Time
Kelly Hee	Student Athlete Counselor	2:00-2:50

# MĀNOA FACULTY SENATE

Subject	Discussion/Information	Action / Strategy / Responsible Person
Call to Order	1. Introductions	The meeting was called to order by Francie Julien-Chinn at 2:00 PM.
Review of Minutes	Approval of minutes deferred	No action taken.
Chair's Report	1. None	1. No action taken.
<b>Action Items</b>	1. None	No action taken.
Guest(s)	Student Athlete Counselor - Rainbow Wellness  1. Kelly Hee	1. No action taken.
Unfinished Business	1. None	No action taken.

#### **Business**

# **Student-Athlete Wellness/Mental Health presentation** (Kelly Hee)

Mental Health (MH) Statistics:

Extreme rise in athlete suicide rates in 2022 (nationwide) ~50% of females feel overwhelmed (2021)

Mental health is the most common reason to transfer (conflict with teammate/coach is 2nd most common)

- other reasons for transfer may be prevented with more mental health support

MH support services are known among students (2/3rds), but most don't feel comfortable accessing services

Coaches MH is also an issue

virtual/telehealth MH services preferred by athletes (to fit schedules)

UH services offered hybrid in-person & online

Rainbow Wellness service providers - all athlete background, all licensed, all trauma-informed, men & women

Self-referral service (no need for dr note), voluntary, virtual or in-person, general counseling or sports counseling

1:1 flexible sessions

referrals for medical dietician (eating disorders) transition to college after a sports career suicide prevention

increase in uptake of services

K. Hee's position, as other positions funded by grant for female athletes, will be running out

Not currently integrated into the UHM Student Counseling Center. Movement towards establishing ROI w counseling center, not yet in place.

No current waitlist

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# MĀNOA FACULTY SENATE

	Staff need to reapply for position every 90 days (part-time positions) Request:  1. be placed on athletic directory 2. Permanent funding for the position	Scott to request the Athletic Director to attend the February COA meeting and April FS meeting.
Adjournment	The next meeting of the Senate Executive Committee will be on December 5, 2023.	Meeting adjourned at 3:00.

Respectfully submitted by Gary Glauberman, Secretary Approved unanimously on March 5, 2024.