

## Committee on Student Affairs Meeting Minutes

**MEETING DATE**      April 8, 2020  
**MEETING TIME**     1:30 PM - 3:00 PM  
**LOCATION**             Hawaii Hall 208

### Attendance

#### Members

Name	Role	Attendance
Michelle Bisbee	Member	Present
Chessa Harris	Secretary	Present
Nathan Hartmann	Member	Absent
Cory Lenz	Chair	Present
Tetine Sentell	Member	Present
Brad Taylor	Vice Chair	Present
Lisa Uyehara	Member	Present
Jennifer Griswold	SEC liaison	Absent
	ASUH Rep	
	GSO Rep	

#### Guests

Name	Role	Time
Alexander Khaddouma	Psychologist, Counseling and Student Development Center	1:30pm

**MĀNOA FACULTY SENATE**

<b>Subject</b>	<b>Discussion/Information</b>	<b>Action / Strategy / Responsible Person</b>
<b>Call to Order</b>		The meeting was called to order by SEC Chair Corey Lenz at 1:31 PM.
<b>Review of Minutes</b>	1. The minutes of the 02/19/20 Committee on Student Affairs were circulated electronically.	1. B. Taylor made a motion to approve the 2/19/30 meeting minutes; seconded by L. Uyehara. The minutes were approved unanimously.
<b>Chair's Report</b>	1. None.	1.
<b>Action Items</b>	1. None.	1.

<p><b>Business</b></p>	<ol style="list-style-type: none"> <li>1. Introductions of committee members &amp; guest speaker</li> <li>2. Counseling and Student Development Center               <ol style="list-style-type: none"> <li>a. Focus on enrolled students on UHM campus                   <ol style="list-style-type: none"> <li>i. Full service</li> <li>ii. Limited psychiatry services</li> <li>iii. Walk-in services for crisis intervention</li> </ol> </li> <li>b. Available for consultation for faculty &amp; staff</li> <li>c. Can provide referrals for those students on other campuses</li> <li>d. Counselors-in-Residence (CIR)                   <ol style="list-style-type: none"> <li>i. After hours psychological support for residents of campus housing</li> </ol> </li> <li>e. Adjustment of services due to COVID-19                   <ol style="list-style-type: none"> <li>i. Walk-in services still available                       <ol style="list-style-type: none"> <li>1. Everyone must call ahead</li> <li>2. Meetings done over teleconferencing</li> </ol> </li> <li>ii. Consultation still ongoing</li> <li>iii. Counselors-in-Residence still ongoing</li> </ol> </li> </ol> </li> <li>3. Student &amp; Faculty/Staff Issues (Before COVID &amp; Currently)               <ol style="list-style-type: none"> <li>a. Range from anxiety/stress from life to psychotic breaks</li> <li>b. Circumstances different for reaching out to students - no longer have opportunities to interact in person</li> </ol> </li> <li>4. Increased request for services during COVID               <ol style="list-style-type: none"> <li>a. Can't take new clients - trying to direct to right resources</li> <li>b. Trying to case manage current clients</li> <li>c. A lot of providers now providing telehealth services</li> <li>d. Insurance companies now covering these types of visits</li> <li>e. Caring communication is key</li> <li>f. Get student consent to consult with Counseling Center</li> </ol> </li> <li>5. Mental Health &amp; Health Seeking Behavior Overview               <ol style="list-style-type: none"> <li>a. 25-34 y/o large difference between those who need services and if they seek care/help</li> <li>b. Mental disorders/concerns are the largest disease burden in the 20y/o age group</li> <li>c. University students can be considered a vulnerable population</li> <li>d. Estimated 1 in 3 college students meet criteria for significant mental health problem, trends consistent across Universities internationally</li> <li>e. Suicide is the second leading cause of death among college groups</li> <li>f. Crisis Situations                   <ol style="list-style-type: none"> <li>i. Suicidal Ideation, harm to self, harm to others</li> </ol> </li> </ol> </li> </ol>	<ol style="list-style-type: none"> <li>1. Request to share materials provided by Dr. Khaddouma - Can be shared but please note that some resources/services may have been curtailed as a result of the COVID-19 environment</li> <li>2.</li> <li>3.</li> </ol>
------------------------	---	--

	6. Guidelines for Interaction provided to committee and discussed using examples <ul style="list-style-type: none"> <li>a. Techniques presented</li> </ul> 7. Consultations are available to faculty & staff         8. Requests to do CSDC presentations in classes are welcome         9. Strategies for after COVID-19 <ul style="list-style-type: none"> <li>a. Possible residual trauma</li> <li>b. Auxiliary resources for technology</li> <li>c. Telehealth services may become more normative</li> </ul>	
<b>Adjournment</b>	The next meeting of the Committee will be on???	C. Lenz made a motion to adjourn; seconded by C. Harris. Meeting adjourned at 2:42 PM.

Respectfully submitted by Chessa Harris, Secretary

Approved unanimously on XXXX, 2020.