

Recommendations on joint capabilities for transhumeral prosthetics - Supplementary Material

Christopher Herneth¹, Amartya Ganguly¹ and Sami Haddadin¹

TABLE I

ALLOCATION OF EXPERIMENTS AND EXPERIMENTAL OBJECTS TO TASKS

Task types	Clusters in [2]	Experiment id's in [2]	Objects
I. drink standing	drink-utensil-to-mouth \cap reach-to-front-far \cap reach-to-low	mp, md, mc, cp, cd, cc	Cup, Mug
II. drink sitting	drink-utensil-to-mouth \cap on-table-motion	ms, cs	Cup, Mug
III. eating	use-utensil	sp, fr	/
IV. pouring	on-table-motion	pr	Bottle
V. overhead picking	reach_overhead	oh	Storage can
VI. lifting	reach-to-front-close \cap on-table-motion	st	Briefcase
VII. hygiene	reach-to-pocket \cup reach-to-axilla	pt, ax	/
VIII. open door	reach-to-front-close	dh	Door
IX. turning	turn-knob-key	ke, kn	1.3Nm static torque

I. ABBREVIATIONS

- SR: internal and external shoulder rotation
- EF: elbow flexion and extension
- PS: forearm pronation and supination
- WF: wrist flexion and extension
- WD: wrist Ulna and Radial deviation

II. TASK-TYPES, EXPERIMENTS AND OBJECTS

Experiments of the ADL Human Arm Motion Dataset (ADL Dataset) [1] were grouped into task-types based on their motion clusters identified in [2]. Table I assigns experiments to task types. The labels used in [2] identify motion clusters and corresponding experiments, while table ?? contains full experiment data file names (ADL Dataset) and associated task types. Objects used during simulation experiments are detailed in in table II.

III. EXPERIMENT SUCCESS AND MARKER ERRORS

Table ?? summarizes maximal marker errors for each experiment. Reported maximal marker errors were calculated as the maximal error in all frames and all markers of a

¹Christopher Herneth, Amartya Ganguly, and Sami Haddadin are with Chair of Robotics and Systems Intelligence, MIRMI - Munich Institute of Robotics and Machine Intelligence, Technical University of Munich (TUM), Munich, Germany {christopher.herneth, amartya.ganguly, haddadin}@tum.de

TABLE II

TASK TYPES AND ASSOCIATED EXPERIMENTAL OBJECTS.

Task ID Fig. ref	Object	OpenSim body	Dim. [mm]	Mass [kg]
I. & II. drink standing	Mug 400ml	Cylinder	r = 38.5 h = 132 handle=30	0.782
drink sitting	Cup 310ml	Cylinder	r = 43 h = 100 handle=40	0.645
III. eating	None			
IV. pouring	Bottle 500ml	Cylinder	r = 32 h = 213	0.512
V. overhead picking	Can 425ml	Cylinder	r=36.5 h=110	0.425
VI. lifting	Briefcase	Box	x=450 y=350 z=110	5
VII. hygiene	None			
VIII. open door	Door	Box	x=40 y=2032 z=890	18
IX. turning	None	1.3Nm torque		

trial. Table ?? summarizes Root Mean Square (RMS) marker errors for each experiment, averaged over all trial frames. Blank spots indicate experiments that were excluded from our analysis due to one of the following reasons:

- marker errors larger than 8cm.
- inconsistencies in joint trajectories produced by inverse kinematics.
- For subjects 3, 5, and 11, the door_open trials were excluded since no meaningful door axis could be extracted from data for further analysis.

IV. RELEVANT PREVIOUS WORKS

Table V presents a collection of previous works on maximal and functionally relevant (during activities of daily living (ADL)) joint capabilities of the human upper limb joints. AAOS refers to the American Academy of Orthopaedic Surgeons.

ACKNOWLEDGMENT

This work was supported by the Federal Ministry of Education and Research of the Federal Republic of Germany (BMBF) by funding the project AI.D under the Project Number 16ME0539K.

TABLE III

LIST OF EXPERIMENTS IN THE ADL DATASET, AND ASSOCIATED TASK TYPES. **MAXIMAL** MARKER ERRORS ARE INDICATED FOR EACH SUBJECT AND TRIAL. BLANK ENTRIES WERE OMITTED FROM OUR ANALYSIS

experiment name	task type	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12
amula_overhead_01	V. Overhead picking	3.99	3.56	6.81	2.39	5.55	2.85	2.44		4.47		2.59	4.57
amula_overhead_02	V. Overhead picking	3.73	3.53	6.08		5.47		2.62		4.67		2.68	4.82
amula_overhead_03	V. Overhead picking	3.83	4.10	6.45		5.48		2.53		4.15		2.72	4.80
axilla_01	VII. Hygiene	7.02	3.94	7.03	2.87	5.02		5.17		3.97	5.09	4.08	4.15
axilla_02	VII. Hygiene	6.55	5.11	7.00	2.90	6.01	4.53	5.07		4.08	5.28	3.82	4.22
axilla_03	VII. Hygiene	6.61	4.56	7.44		5.63		4.91		3.56	5.54	3.58	4.14
cup_cros_01	I. Drink standing	2.68	2.96	6.33			3.78	3.42		2.06		4.18	2.44
cup_cros_02	I. Drink standing	2.67	3.09	6.82	4.71	4.11	3.93	3.45		2.25			2.62
cup_cros_03	I. Drink standing	2.39	2.70	7.05	2.54	3.99	3.83	3.51		2.17			2.57
cup_dist_01	I. Drink standing	3.64	4.48	5.70		3.69	3.79				5.46	3.93	3.09
cup_dist_02	I. Drink standing	3.60		5.69		4.05	4.39	4.75		3.81	5.27	3.67	
cup_dist_03	I. Drink standing	3.53	4.66	5.42		4.02		5.05		3.87	5.68	3.94	
cup_prox_01	I. Drink standing	2.46		5.31			1.86	2.55		2.93	5.54	3.86	2.71
cup_prox_02	I. Drink standing	2.60		5.10	2.64	4.05		2.64		2.97	5.65	3.60	2.91
cup_prox_03	I. Drink standing	2.61	2.69	5.98	2.59		2.01	2.58		3.00	6.16	4.17	
door_key_01	XI. Turning	3.04	4.30	5.35		2.14	3.74	4.20				4.14	4.27
door_key_02	XI. Turning	2.99	4.56	5.19		2.14		4.06		4.02		4.55	3.97
door_key_03	XI. Turning	2.56	4.74	5.33		2.08		3.97		3.34			3.80
door_knob_01	XI. Turning	2.63	4.18	5.11		2.24		4.04		4.95			3.34
door_knob_02	XI. Turning	2.68	4.46	5.28		2.11	4.17	3.63					3.70
door_knob_03	XI. Turning	2.71	4.32	5.24		2.16	4.25	3.82		6.20			3.74
door_open_01	VIII. Open door	5.23	6.08					5.25		2.64			3.23
door_open_03	VIII. Open door	5.86	5.71		2.44			5.09		3.83			3.39
floor_briefcase_01	VI. Lifting	5.10	4.30	5.11		3.40	4.11	5.54	4.59	4.39	4.10	3.94	3.82
floor_briefcase_02	VI. Lifting	5.07	4.33	5.66		3.39	4.72	5.62		4.37	3.99	4.48	4.02
floor_briefcase_03	VI. Lifting	5.02	4.20	5.02		3.63	4.84	5.42		4.14	3.98	4.03	3.91
mug_cros_01	I. Drink standing	2.34	3.61	6.65		4.62		3.74			5.95	2.82	2.78
mug_cros_02	I. Drink standing	2.40	3.67	7.04		4.64	3.50	3.56		2.33	5.48	3.04	2.95
mug_cros_03	I. Drink standing	2.44	3.40	7.07		4.86	3.55	3.21		2.37	5.34	2.98	3.38
mug_dist_01	I. Drink standing	3.88	2.79	6.92	3.33	4.84	3.76	3.76	2.59	4.34	6.31	3.51	3.00
mug_dist_02	I. Drink standing	3.56	4.49	7.17	3.44	5.15		3.75		4.36	6.01	3.32	2.87
mug_dist_03	I. Drink standing	3.52	4.70	7.29	3.73	4.85		3.75	2.57	4.13	6.19	3.22	3.16
mug_prox_01	I. Drink standing	2.31	2.72	7.15	3.01	5.34	2.14	2.39		3.20	6.05	3.47	3.42
mug_prox_02	I. Drink standing	2.66	2.74	7.05	3.20	4.61		2.50		3.39	5.32	3.14	3.44
mug_prox_03	I. Drink standing	2.33	2.73	7.40	3.59	4.73		2.48		3.49	5.76	3.20	3.58
pocket_01	VII. Hygiene	2.76	3.21		2.49	3.41	4.65	3.40	2.66	2.29	3.87	3.92	2.57
pocket_02	VII. Hygiene	2.74	3.15	6.50	2.46	3.59	4.64	3.22	3.08	2.59	3.53	4.17	2.57
pocket_03	VII. Hygiene	2.79		6.44	2.30	3.52	4.60	3.42	3.03	2.56	3.56	4.13	2.56
sit_cup_01	II. Drink sitting	3.43	3.93	4.38		4.17	2.93	5.59	3.15	3.91	5.20	3.32	3.84
sit_cup_02	II. Drink sitting	3.70		4.53	2.59	4.44	2.77	5.36		3.80	5.45	3.28	4.17
sit_cup_03	II. Drink sitting	3.68		4.61	2.34	4.26	2.78	5.15	3.18			3.30	
sit_fork_01	III. Eating	2.85		4.27			3.53	3.29	3.55	4.35	4.16	4.71	4.59
sit_fork_02	III. Eating	2.60		4.59		3.43	3.53	3.46	3.85	4.46	4.54	4.77	4.20
sit_fork_03	III. Eating	2.48		4.21		3.45	3.59	3.30	3.82	4.48	4.20	4.50	4.59
sit_mug_01	II. Drink sitting	3.64	5.02	4.65		5.31	3.25	4.80	3.58	3.73	5.48	3.92	4.55
sit_mug_02	II. Drink sitting	3.82	3.92	4.39	2.26	5.67	2.97	5.00	3.62	3.60		3.59	4.94
sit_mug_03	II. Drink sitting	3.62		4.30	2.59	6.06	3.16	4.88	4.12	3.72	5.54	3.81	4.83
sit_pour_01	IV. Pouring	2.66		3.85		4.56	2.07	4.53	2.85	4.35		3.33	3.42
sit_pour_02	IV. Pouring	2.66		3.82	1.94	4.15	2.40	4.91		4.40		3.47	
sit_pour_03	IV. Pouring	2.75		4.07	1.87	4.02		4.96	2.61	4.03		3.14	3.48
sit_spoon_02	III. Eating	3.35		4.64		5.74	3.59	3.02	3.79	4.65	4.46	4.56	4.12
sit_spoon_03	III. Eating	3.58		4.43	4.23		3.56	2.78	3.73	4.71	4.91	3.70	3.94
door_open_02	VIII. Open door		5.04					5.05		3.07			3.94
sit_spoon_01	III. Eating			4.30			3.45	2.90	3.76	4.47	4.53	3.58	4.05

REFERENCES

- [1] Yuri Gloumakov, Adam Spiers, and Aaron Dollar. Adl human arm motion data, 2021.
- [2] Yuri Gloumakov, Adam J. Spiers, and Aaron M. Dollar. Dimensionality reduction and motion clustering during activities of daily living: Three-, four-, and seven-degree-of-freedom arm movements. *IEEE Transactions on Neural Systems and Rehabilitation Engineering*, 28(12):2826–2836, dec 2020.
- [3] D.J. Magermans, E.K.J. Chadwick, H.E.J. Veeger, and F.C.T. van der Helm. Requirements for upper extremity motions during activities of daily living. *Clinical Biomechanics*, 20(6):591–599, jul 2005.
- [4] S P Boone, D C; Azen. Normal range of motion of joints in male subjects. *The Journal of Bone and Joint Surgery*, 1979.
- [5] Christopher J. Barnes, Scott J. Van Steyn, and Richard A. Fischer. The effects of age, sex, and shoulder dominance on range of motion of the shoulder. *Journal of Shoulder and Elbow Surgery*, 10(3):242–246, may 2001.
- [6] Deanna H. Gates, Lisa Smurr Walters, Jeffrey Cowley, Jason M. Wilken, and Linda Resnik. Range of motion requirements for upper-limb activities of daily living. *The American Journal of Occupational Therapy*, 70(1):7001350010p1–7001350010p10, dec 2015.
- [7] Carolien J. van Andel, Nienke Wolterbeek, Caroline A.M. Doorenbosch, DirkJan (H.E.J.) Veeger, and Jaap Harlaar. Complete 3d kinematics of upper extremity functional tasks. *Gait and Posture*, 27(1):120–127, jan 2008.
- [8] Mert Doğan, Mertcan Koçak, Özge Onursal Kılınc, Fatma Ayvat,

TABLE IV

LIST OF EXPERIMENTS IN THE ADL DATASET, AND ASSOCIATED TASK TYPES. **RMS** MARKER ERRORS AVERAGED OVER ALL FRAMES, ARE INDICATED FOR EACH SUBJECT AND TRIAL. BLANK ENTRIES WERE OMITTED FROM OUR ANALYSIS

experiment name	task type	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12
amula_overhead_01	V. Overhead picking	0.09	0.10	0.20	0.11	0.16	0.11	0.11		0.12		0.13	0.13
amula_overhead_02	V. Overhead picking	0.09	0.09	0.19		0.15		0.11		0.14		0.12	0.15
amula_overhead_03	V. Overhead picking	0.09	0.10	0.19		0.15		0.10		0.14		0.11	0.14
axilla_01	VII. Hygiene	0.13	0.14	0.19	0.11	0.14		0.13		0.11	0.15	0.14	0.13
axilla_02	VII. Hygiene	0.14	0.14	0.20	0.10	0.17	0.15	0.14		0.12	0.16	0.14	0.12
axilla_03	VII. Hygiene	0.14	0.12	0.20		0.16		0.14		0.12	0.17	0.13	0.14
cup_cros_01	I. Drink standing	0.08	0.13	0.18			0.11	0.11		0.09		0.12	0.12
cup_cros_02	I. Drink standing	0.08	0.13	0.19	0.13	0.13	0.11	0.11		0.09			0.12
cup_cros_03	I. Drink standing	0.08	0.12	0.19	0.13	0.13	0.11	0.11		0.09			0.12
cup_dist_01	I. Drink standing	0.10	0.14	0.17		0.12	0.11				0.15	0.12	0.13
cup_dist_02	I. Drink standing	0.10		0.17		0.12	0.11	0.12		0.10	0.15	0.11	
cup_dist_03	I. Drink standing	0.10	0.15	0.17		0.13		0.12		0.10	0.15	0.11	
cup_prox_01	I. Drink standing	0.07		0.16			0.10	0.10		0.09	0.15	0.12	0.12
cup_prox_02	I. Drink standing	0.08		0.16	0.13	0.12		0.10		0.10	0.16	0.11	0.12
cup_prox_03	I. Drink standing	0.08	0.11	0.17	0.13		0.10	0.10		0.09	0.16	0.12	
door_key_01	XI. Turning	0.13	0.16	0.19		0.10	0.12	0.14				0.19	0.16
door_key_02	XI. Turning	0.13	0.17	0.19		0.09		0.14		0.12		0.19	0.15
door_key_03	XI. Turning	0.11	0.18	0.20		0.10		0.14		0.11			0.15
door_knob_01	XI. Turning	0.13	0.17	0.19		0.10		0.13		0.16			0.16
door_knob_02	XI. Turning	0.13	0.17	0.19		0.09	0.14	0.13					0.16
door_knob_03	XI. Turning	0.13	0.16	0.19		0.09	0.14	0.13		0.21			0.15
door_open_01	VIII. Open door	0.12	0.14					0.12		0.09			0.14
door_open_03	VIII. Open door	0.14	0.14		0.11			0.14		0.09			0.13
floor_briefcase_01	VI. Lifting	0.11	0.13	0.17		0.14	0.13	0.13	0.14	0.12	0.15	0.10	0.14
floor_briefcase_02	VI. Lifting	0.11	0.12	0.17		0.14	0.12	0.13		0.12	0.14	0.12	0.14
floor_briefcase_03	VI. Lifting	0.11	0.14	0.16		0.15	0.13	0.13		0.11	0.15	0.10	0.15
mug_cros_01	I. Drink standing	0.08	0.13	0.18		0.16		0.11			0.17	0.10	0.13
mug_cros_02	I. Drink standing	0.08	0.14	0.19		0.17	0.11	0.11		0.09	0.16	0.11	0.13
mug_cros_03	I. Drink standing	0.08	0.14	0.19		0.16	0.11	0.11		0.09	0.15	0.10	0.13
mug_dist_01	I. Drink standing	0.10	0.11	0.19	0.13	0.16	0.11	0.11	0.11	0.11	0.17	0.11	0.13
mug_dist_02	I. Drink standing	0.10	0.14	0.19	0.13	0.17		0.12		0.11	0.17	0.11	0.12
mug_dist_03	I. Drink standing	0.10	0.15	0.19	0.13	0.16		0.11	0.11	0.11	0.16	0.11	0.13
mug_prox_01	I. Drink standing	0.08	0.11	0.19	0.12	0.16	0.10	0.10		0.10	0.17	0.12	0.13
mug_prox_02	I. Drink standing	0.08	0.11	0.19	0.12	0.16		0.11		0.11	0.15	0.12	0.13
mug_prox_03	I. Drink standing	0.08	0.11	0.19	0.12	0.16		0.10		0.10	0.16	0.11	0.13
pocket_01	VII. Hygiene	0.10	0.09		0.09	0.10	0.15	0.12	0.09	0.09	0.13	0.12	0.11
pocket_02	VII. Hygiene	0.10	0.12	0.19	0.09	0.11	0.15	0.10	0.09	0.09	0.11	0.16	0.10
pocket_03	VII. Hygiene	0.09		0.19	0.09	0.11	0.13	0.11	0.11	0.10	0.12	0.13	0.11
sit_cup_01	II. Drink sitting	0.12	0.16	0.18		0.16	0.12	0.15	0.13	0.19	0.18	0.18	0.17
sit_cup_02	II. Drink sitting	0.12		0.18	0.13	0.15	0.12	0.15		0.18	0.18	0.18	0.17
sit_cup_03	II. Drink sitting	0.12		0.18	0.13	0.16	0.12	0.14	0.13			0.18	
sit_fork_01	III. Eating	0.12		0.18			0.13	0.14	0.14	0.18	0.18	0.18	0.17
sit_fork_02	III. Eating	0.11		0.18		0.18	0.13	0.13	0.15	0.18	0.18	0.18	0.18
sit_fork_03	III. Eating	0.11		0.17		0.18	0.13	0.13	0.15	0.19	0.18	0.18	0.18
sit_mug_01	II. Drink sitting	0.12	0.17	0.18		0.17	0.13	0.13	0.13	0.18	0.18	0.19	0.17
sit_mug_02	II. Drink sitting	0.12	0.14	0.18	0.13	0.18	0.13	0.14	0.13	0.18		0.19	0.18
sit_mug_03	II. Drink sitting	0.12		0.17	0.12	0.18	0.13	0.14	0.14	0.18	0.19	0.18	0.18
sit_pour_01	IV. Pouring	0.12		0.17		0.18	0.10	0.15	0.13	0.20		0.17	0.16
sit_pour_02	IV. Pouring	0.12		0.17	0.10	0.17	0.11	0.16		0.20		0.16	
sit_pour_03	IV. Pouring	0.12		0.17	0.10	0.17		0.16	0.12	0.19		0.17	0.17
sit_spoon_02	III. Eating	0.12		0.18		0.19	0.13	0.12	0.15	0.17	0.19	0.17	0.18
sit_spoon_03	III. Eating	0.13		0.18	0.16		0.13	0.12	0.15	0.18	0.19	0.18	0.18
door_open_02	VIII. Open door		0.15					0.13		0.07			0.13
sit_spoon_01	III. Eating			0.18			0.13	0.13	0.16	0.15	0.19	0.18	0.17

TABLE V

PREVIOUS STUDIES REPORTING MAXIMAL AND FUNCTIONALLY REQUIRED JOINT RANGE OF MOTION, TORQUE, AND VELOCITY

Joint	RoM		torque		velocity	
	max	func	max	func	max	func
SR	[3]–[5], AAOS	[3], [6]–[11]	[12]–[15]	[16]	[17], [18]	[19]
EF	[3], [7], [20], [21] [4], [22]–[24], AAOS	[3], [6], [7], [25], [26] [8], [9], [19], [23], [27], [28]	[29]–[31]	[16]	[17]	[19]
PS	[3], [7], [23], [24], [32], AAOS	[3], [6], [7], [26] [8], [9], [19], [23], [28]'	[12], [33], [34] [31], [35], [36]'	[16]	[32], [37]	[19], [38]
WF	[4], [7], [20]–[22], [32], [39], [40] [41]–[46], AAOS	[6], [20], [25], [47], [48] [7], [8], [10], [19], [21], [22], [49]	[12], [50]–[52] [36], [53]–[55]	[16]	[32], [37]	[19], [38], [56], [57]
WD	[4], [20]–[22], [42] [32], [43]–[46], [58]	[6], [20], [47], [48] [8], [10], [19], [21], [22]	[12], [36], [50], [55]	[16]	[32], [37]	[19], [38], [57]

- Gülşah Sütçü, Ender Ayvat, Muhammed Kılınc, Özgür Ünver, and Sibel Aksu Yıldırım. Functional range of motion in the upper extremity and trunk joints: Nine functional everyday tasks with inertial sensors. *Gait and Posture*, 70:141–147, may 2019.
- [9] P. Raiss, O. Rettig, S. Wolf, M. Loew, and P. Kasten. Das bewegungsmaß der schulter und des ellenbogens bei alltagsbewegungen in der 3d-bewegungsanalyse. *Zeitschrift für Orthopädie und Unfallchirurgie*, 145(04):493–498, oct 2007.
- [10] Maheen Nadeem, Jeremy G. Loss, Zong-Ming Li, and William H. Seitz. Ulnar extension coupling in functional wrist kinematics during hand activities of daily living. *The Journal of Hand Surgery*, 47(2):187.e1–187.e13, feb 2022.
- [11] Surena Namdari, Gautam Yagnik, D. David Ebaugh, Sameer Nagda, Matthew L. Ramsey, Gerald R. Williams, and Samir Mehta. Defining functional shoulder range of motion for activities of daily living. *Journal of Shoulder and Elbow Surgery*, 21(9):1177–1183, sep 2012.
- [12] Makoto Sasaki, Takehiro Iwami, Kazuto Miyawaki, Ikuro Sato, Goro Obinata, and Ashish Dutt. Higher dimensional spatial expression of upper limb manipulation ability based on human joint torque characteristics. In *Robot Manipulators New Achievements*. InTech, apr 2010.
- [13] Kuhlman J. R., Iannotti J. P., Kelly M. J., Riegler F. X., Gevaert M. L., and T M Ergin. Isokinetic and isometric measurement of strength of external rotation and abduction of the shoulder. *The Journal of Bone and Joint Surgery* 74(9):p 1320-1333, 1992.
- [14] Jay Smith, Denny J. Padgett, Brian R. Kotajarvi, and Joseph J. Eischen. Isokinetic and isometric shoulder rotation strength in the protracted position: A reliability study. *Isokinetics and Exercise Science*, 9(2-3):119–127, dec 2001.
- [15] F. Mayer, T. Horstmann, K. Röcker, H.-C. Heitkamp, and H.-H. Dickhuth. Normal values of isokinetic maximum strength, the strength/velocity curve, and the angle at peak torque of all degrees of freedom in the shoulder. *International Journal of Sports Medicine*, 15(S 1):S19–S25, jan 1994.
- [16] Joel C. Perry, Janet M. Powell, and Jacob Rosen. Isotropy of an upper limb exoskeleton and the kinematics and dynamics of the human arm. *Applied Bionics and Biomechanics*, 6(2):175–191, jul 2009.
- [17] Sherry L. Werner, Glenn S. Fleisig, Charles J. Dillman, and James R. Andrews. Biomechanics of the elbow during baseball pitching. *Journal of Orthopaedic and Sports Physical Therapy*, 17(6):274–278, jun 1993.
- [18] Shane T. Seroyer, Shane J. Nho, Bernard R. Bach, Charles A. Bush-Joseph, Gregory P. Nicholson, and Anthony A. Romeo. The kinetic chain in overhand pitching: Its potential role for performance enhancement and injury prevention. *Sports Health: A Multidisciplinary Approach*, 2(2):135–146, mar 2010.
- [19] Aida M. Valevicius, Quinn A. Boser, Ewen B. Lavoie, Craig S. Chapman, Patrick M. Pilarski, Jacqueline S. Hebert, and Albert H. Vette. Characterization of normative angular joint kinematics during two functional upper limb tasks. *Gait and Posture*, 69:176–186, mar 2019.
- [20] Jaiyoung Ryu, William P. Cooney, Linda J. Askew, Kai-Nan An, and Edmund Y.S. Chao. Functional ranges of motion of the wrist joint. *The Journal of Hand Surgery*, 16(3):409–419, may 1991.
- [21] G. Brigstocke, A. Hearnden, C.A. Holt, and G. Whatling. The functional range of movement of the human wrist. *Journal of Hand Surgery (European Volume)*, 38(5):554–556, aug 2012.
- [22] Andrew K. Palmer, Frederick W. Werner, Dennis Murphy, and Richard Glisson. Functional wrist motion: A biomechanical study. *The Journal of Hand Surgery*, 10(1):39–46, jan 1985.
- [23] Shunichi Henmi, Kazuo Yonenobu, Takashi Masatomi, and Kunihiro Oda. A biomechanical study of activities of daily living using neck and upper limbs with an optical three-dimensional motion analysis system. *Modern Rheumatology*, 16(5):289–293, oct 2006.
- [24] J. M. SOUCIE, C. WANG, A. FORSYTH, S. FUNK, M. DENNY, K. E. ROACH, and D. BOONE and. Range of motion measurements: reference values and a database for comparison studies. *Haemophilia*, 17(3):500–507, nov 2010.
- [25] Junya Aizawa, Tadashi Masuda, Takayuki Koyama, Koji Nakamaru, Koji Isozaki, Atsushi Okawa, and Sadao Morita. Three-dimensional motion of the upper extremity joints during various activities of daily living. *Journal of Biomechanics*, 43(15):2915–2922, nov 2010.
- [26] B F Morrey, L J Askew, and E Y Chao. A biomechanical study of normal functional elbow motion. *The Journal of Bone and Joint Surgery*, 63(6):872–877, jul 1981.
- [27] Arthur P. Vasen, Stephen H. Lacey, Michael W. Keith, and John W. Shaffer. Functional range of motion of the elbow. *The Journal of Hand Surgery*, 20(2):288–292, mar 1995.
- [28] Matthew Sardelli, Robert Z. Tashjian, and Bruce A. MacWilliams. Functional elbow range of motion for contemporary tasks. *Journal of Bone and Joint Surgery*, 93(5):471–477, mar 2011.
- [29] F. Günzkofer, F. Engstler, H. Bubbs, and K. Bengler. Isometric elbow flexion and extension joint torque measurements considering biomechanical aspects. 2011.
- [30] Ilona J. Pinter, Maarten F. Bobbert, A.J. “Knoek” van Soest, and Jeroen B.J. Smeets. Isometric torque–angle relationships of the elbow flexors and extensors in the transverse plane. *Journal of Electromyography and Kinesiology*, 20(5):923–931, oct 2010.
- [31] Shamala H. P. Kotte, Jetske Viveen, Koen L. M. Koenraadt, Bertram The, and Denise Eygendaal. Normative values of isometric elbow strength in healthy adults: a systematic review. *Shoulder and Elbow*, 10(3):207–215, jan 2018.
- [32] Richard W. Schoenmarklin and William S. Marras. Dynamic capabilities of the wrist joint in industrial workers. *International Journal of Industrial Ergonomics*, 11(3):207–224, jun 1993.
- [33] Peter Axelsson, Per Fredrikson, Anders Nilsson, Jonny K. Andersson, and Johan Kärrholm. Forearm torque and lifting strength: Normative data. *The Journal of Hand Surgery*, 43(7):677.e1–677.e17, jul 2018.
- [34] Juli Matsuoka, Richard A. Berger, Lawrence J. Berglund, and Kai-Nan An. An analysis of symmetry of torque strength of the forearm under resisted forearm rotation in normal subjects. *The Journal of Hand Surgery*, 31(5):801–805, may 2006.
- [35] LW O’Sullivan and TJ Gallwey. Forearm torque strengths and discomfort profiles in pronation and supination. *Ergonomics*, 48(6):703–721, may 2005.
- [36] Ting Xia and Laura A. Frey Law. Wrist joint torque-angle-velocity performance capacity envelope evaluation and modelling. *International Journal of Human Factors Modelling and Simulation*, 5(1):33, 2015.
- [37] Jasper Shealy and Wendi Latko. Effects of mass on wrist velocities and accelerations. *Proceedings of the Human Factors Society Annual Meeting*, 36(10):761–764, oct 1992.
- [38] WILLIAM S. MARRAS and RICHARD W. SCHOENMARXLIN. Wrist motions in industry. *Ergonomics*, 36(4):341–351, apr 1993.
- [39] ROBERT H. BRUMFIELD, VERNON L. NICKEL, and ELTON NICKEL. Joint motion in wrist flexion and extension. *Southern Medical Journal*, 59(8):909–910, aug 1966.
- [40] Zong-Ming Li, Laurel Kuxhaus, Jesse A. Fisk, and Thomas H. Christophel. Coupling between wrist flexion–extension and radial–ulnar deviation. *Clinical Biomechanics*, 20(2):177–183, feb 2005.
- [41] S.H. Sarrafian, J.L. Melamed, and G.M. Goshgarian. Study of wrist motion in flexion and extension. *Clin. Orthop.*, 126:153, 1977.
- [42] M.L. Porter and I. Stockley. Functional index: A numerical expression of post-traumatic wrist function. *Injury*, 16:188, 1984.
- [43] Zong-Ming Li. The influence of wrist position on individual finger forces during forceful grip. *The Journal of Hand Surgery*, 27(5):886–896, sep 2002.
- [44] Salvia P; Woestyn L; David JH; Feipel V; Van S; Jan S; et al. Analysis of helical axes, pivot and envelope in active wrist circumduction. *Clin Biomech*, 2000.
- [45] C.V. Heck et al. Joint motion: Method of measuring and recording. 1965.
- [46] Matthew M. Marshall, Jacqueline R. Mozrall, and Jasper E. Shealy. The effects of complex wrist and forearm posture on wrist range of motion. *Human Factors: The Journal of the Human Factors and Ergonomics Society*, 41(2):205–213, jun 1999.
- [47] Jae Yong Ahn, Jung Soo Han, and Ki Sik Min. Experimental study for defining range of motion required for daily activities in wrist joint. *Journal of the Korean Orthopaedic Association*, 35(5):797, 2000.
- [48] David L. Nelson, Margaret A. Mitchell, Paul G. Groszewski, Stephen L. Pennick, and Paul R. Manske. Wrist range of motion in activities of daily living. In *Advances in the Biomechanics of the Hand and Wrist*, pages 329–334. Springer US, 1994.
- [49] ROBERT H. BRUMFIELD and JAMES A. CHAMPOUX. A biomechanical study of normal functional wrist motion. *Clinical Orthopaedics and Related Research*, 187:237–255, jul 1984.
- [50] Scott L. Delp, Anita E. Grierson, and Thomas S. Buchanan. Maximum isometric moments generated by the wrist muscles in flexion–extension and radial–ulnar deviation. *Journal of Biomechanics*, 29(10):1371–1375, oct 1996.

- [51] Jonathan L. Morse, Myung-Chul Jung, Gregory R. Bashford, and M. Susan Hallbeck. Maximal dynamic grip force and wrist torque: The effects of gender, exertion direction, angular velocity, and wrist angle. *Applied Ergonomics*, 37(6):737–742, nov 2006.
- [52] Yuichi Yoshii, Hiroshi Yuine, Ohashi Kazuki, Wen lin Tung, and Tomoo Ishii. Measurement of wrist flexion and extension torques in different forearm positions. *BioMedical Engineering OnLine*, 14(1), dec 2015.
- [53] Valérie Decostre, Aurélie Canal, Gwenn Ollivier, Isabelle Ledoux, Amélie Moraux, Valérie Doppler, Christine Anne Mary Payan, and Jean-Yves Hogrel. Wrist flexion and extension torques measured by highly sensitive dynamometer in healthy subjects from 5 to 80 years. *BMC Musculoskeletal Disorders*, 16(1), jan 2015.
- [54] Robert J. Marley and Michelle R. Thomson. Isokinetic strength characteristics in wrist flexion and extension. *International Journal of Industrial Ergonomics*, 25(6):633–643, jul 2000.
- [55] Katherine Plewa, Jim R. Potvin, and James P. Dickey. Wrist rotations about one or two axes affect maximum wrist strength. *Applied Ergonomics*, 53:152–160, mar 2016.
- [56] Gert-Åke Hansson, Istvan Balogh, Kerstina Ohlsson, Lothy Granqvist, Catarina Nordander, Inger Arvidsson, Ingrid Åkesson, Jeannette Unge, Ralf Rittner, Ulf Strömberg, and Staffan Skerfving. Physical workload in various types of work: Part i. wrist and forearm. *International Journal of Industrial Ergonomics*, 39(1):221–233, jan 2009.
- [57] Steven K. Charles and Neville Hogan. Dynamics of wrist rotations. *Journal of Biomechanics*, 44(4):614–621, feb 2011.
- [58] Zong-Ming Li, Laurel Kuxhaus, Jesse A. Fisk, and Thomas H. Christophel. Coupling between wrist flexion–extension and radial–ulnar deviation. *Clinical Biomechanics*, 2005.