

Hello Children!

If you feel uneasy about someone touching you inappropriately, you should not keep quiet. You must

1. Not blame yourself
2. Tell someone whom you trust
3. You can also inform National Commission for Protection of Child Rights through the **POCSO e-box**.

When you get an unsafe touch, you may feel bad, confused and helpless
You need not feel "bad" because it's not your fault



Press This Button

POCSO e-box available at NCPDR@gov.in

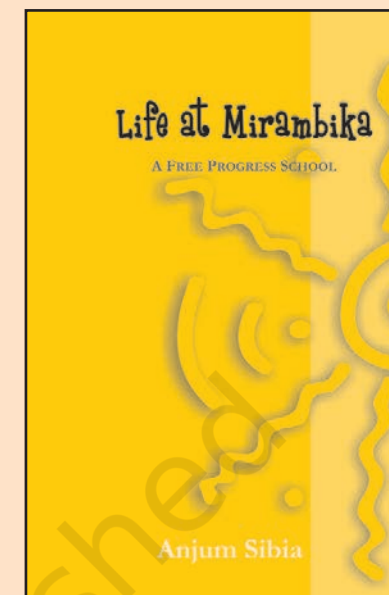
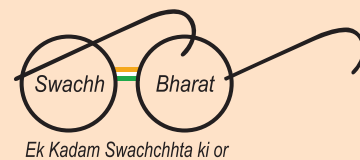


If you are below 18 years of age, and are troubled or confused or abused or in distress or know some other child who is...

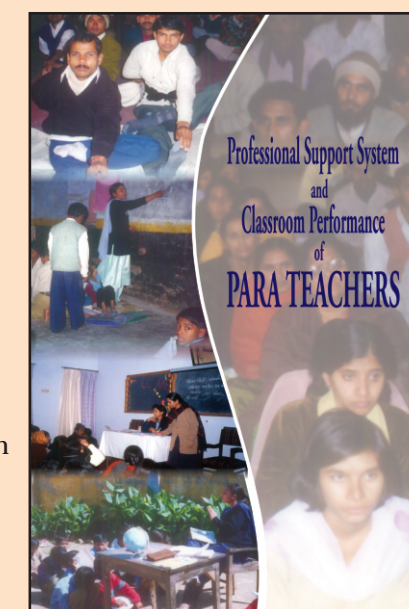
Call **1098**...because some numbers are good!
They change lives!!!



CHILDLINE 1098 - a national 24 hours toll free emergency phone service for children in distress is an initiative of CHILDLINE India Foundation supported by Ministry of Women & Child Development



Life at Mirambika
Rs. 90.00 / 180 pp



Professional Support System
and
Classroom Performance
of
Para Teachers
Rs. 170.00 / 110 pp

For further enquiries, please visit www.ncert.nic.in or contact the Business Managers at the addresses of the regional centres given on the copyright page.