



**HALF YEARLY EXAMINATION (2022-23)**

**Subject: Psychology**

**Max. Marks: 70**

**Grade: XII**

**Time: 3 Hr.**

**Name:**

**Section:**

**Roll No:**

**General Instructions:**

- All questions are compulsory except where internal choice has been given.
- Answers should be brief and to the point. Marks for each question are dedicated against it.
  - Questions No. 1 – 14 in **Section I** are objective type questions carrying 1 mark each. You are expected to answer them as directed.
  - Question No. 15 – 16 in **Section II** are case based with objective type questions. Questions carrying 1 mark each. You are expected to answer each one of them.
  - Question 17 – 22 in **Section III** are very short answer type questions carrying 2 marks each. Answer to each question should not exceed 30 words
  - Question No. 23 – 25 in **Section IV** are short answer type – 1 questions carrying 3 marks each. Answers to each question should not exceed 60 words each.
  - Question No. 26 – 29 in **Section V** are short answer type II questions carrying 4 marks each. Answer to each question should not exceed 100 words.
  - Question No. 30 and 31 in **Section VI** are long type questions carry 6 marks each. Answer to each question should not exceed 200 words

**SECTION 1**

- |   |    |   |   |
|---|----|---|---|
| 1 | A) | Rishi is distinct from his classmate and always differs from them in all behavioural pattern. This phenomenon is known as _____.              | 1 |
|   |    | OR  |   |
|   | B) | Formal assessment of the psychological attributes is _____, objective and organised.  |   |
| 2 |    | The notion of self-efficacy is based on Bandura's social learning theory. (TRUE or FALSE)   | 1 |
| 3 |    | The central principle of _____ is to spend time doing the things that one value's.  | 1 |
| 4 |    | Deena is a 12 year old girl who is proactively aggressive. This is a symptom of _____ disorder.   | 1 |
|   | a. | SAD   |   |
|   | b. | Conduct disorder.   |   |
|   | c. | ODD.  |   |
|   | d. | ADHD.   |   |
| 5 | A) | Reena learned an answer word by word and could repeat it flawlessly. According to Arthur Jensen, she has used the _____ type of Intelligence. | 1 |
|   | a. | Cognitive capacity.   |   |
|   | b. | Cognitive competence.   |   |
|   | c. | Associative learning  |   |
|   | d. | Successive processing.  |   |

OR

- 5 B) According to teachers, students who have a combination of high ability, high creativity and high commitment are said to be \_\_\_\_\_.  
 a. Talented. b. Intelligent.  
 c. Gifted. d. Prodigies.
- 6 Rakesh did not get marks according to his expectations. He says that, the day of exam was not his lucky day moreover he was not wearing his lucky colour dress. Identify the defence mechanism used by Rakesh? 1  
 a. Repression. b. Reaction formation.  
 c. Rationalization. d. Denial.
- 7 Creative Visualization is a \_\_\_\_\_ experience that uses Imagery and Imagination. 1  
 a. Objective. b. Subjective.  
 c. Personal. d. Positive.
- 8 Rohit believes he is a secret agent and that a network of spies communicates with him through messages sent directly into his head. Identify the type of delusion he is experiencing. 1  
 a. Delusion of reference. b. Delusion of control.  
 c. Delusion of grandeur. d. Delusion of persecution.
- 9 \_\_\_\_\_ is the ability to produce ideas objects and problems to solutions that are novel. 1
- 10 Discrepancy between the Real self and Ideal self often results in \_\_\_\_\_. 1  
 a. Self-regulation. b. Unhappiness and dissatisfaction.  
 c. Self-actualization. d. Intra-psychic conflicts.
- 11 A) Razia has been constantly absent from school due to some family conflicts. This is an example of emotional effects of stress. (TRUE or FALSE) 1  
 OR  
 B) Personality traits of hardiness are Control, Commitment and Challenge. (TRUE or FALSE).
- 12 Schizophrenia is linked with the excessive activity of the neurotransmitter called \_\_\_\_\_. 1  
 a. Dopamine. b. Serotonin.  
 c. Oxytocin. d. Adrenaline.
- 13 The opinion that ‘ Young people must generate a central perspective and a direction which can give them a meaningful sense of unity and purpose’ was proposed by the Post-Freudian named \_\_\_\_\_. 1  
 a. Erik Erikson b. Karen Horney.  
 c. Erich Fromm d. Carl Jung.
- 14 Choose the correct match for each of the following psychological stress. 1  
 a. Frustration I Belief based upon expectations.  
 b. Conflicts. II Two or more incompatible needs  
 c. Internal pressure. III Make excessive demands.  
 d. Social pressure. IV Blocking of needs and motives.
- A. a-I, b-II, c-III, d-IV B. a-IV, b-II, c-III, d-I  
 C. a-IV, b-II, c-I, d-III D. a-I, b-IV, c-II, d-III

## SECTION II

- 15 Read the case and answer the question that follows.  
Rajesh is 23 years old and he owns a start-up where he helps homemakers to provide cooked meals to students and some other people who are living alone away from homes during the corona pandemic. He was able to tackle the crisis of unavailability of safe, healthy nutritious and hygienic home cooked food by converting his car with a sanitized box to place food. Since, he himself was not able to go to office due to lock down, he used his business sense on how to indulge into sales and marketing. His practical approach to life and street smartness made him successful in life.
- 15i) Identify the type of Intelligence Rajesh is high on . 1  
a. Contextual b. Componential.  
c. Experiential. d. Naturalistic.
- 15ii) Persons high on the ability to think analytically and critically succeed in life. This ability or intelligence has three components. According to Triarchic Theory, what are these three components? 1  
a. Arousal, simultaneous and successive processing. b. Attention, Arousal and Planning.  
c. Knowledge acquisition, meta components and performance components. d. Componential, Experiential and Contextual.
- 15iii) Who proposed the Triarchic theory of Intelligence. 1  
a. Das and Naglieri. b. Robert Sternberg.  
c. Charles Spearman. d. William Stern.
- 16 Raj was waiting at the clinic for his appointment with a dentist, which was due in 15 minutes. As thoughts of sitting for the treatment crossed his mind ,his heart beat increased, he began sweating and experienced shortness of breath. He was so scared of the tooth pain that he repetitively went to the washroom and finally ran away from the situation.
- i) Identify the type of disorder, Raj is experiencing. 1  
a. Anxiety disorder b. Delusion.  
c. Hallucination. d. ADHD.
- ii) According to Psychologists, \_\_\_\_\_ consists of prolonged, vague, unexplained and Intense fear which is not attached to any particular object or person. 1  
a. Somatic disorder. b. GAD.  
c. Phobia. d. Panic disorder.
- iii) \_\_\_\_\_ means when people develop a fear of entering unfamiliar situations. 1  
a. Social phobia. b. Specific phobia.  
c. Agoraphobia. d. Claustrophobia.
- iv) Raj could feel a recurrent anxiety attacks, in which he experience intense terror when thoughts of tooth pain aggravates. Such thought occur in an unpredictable manner. This could be due to \_\_\_\_\_ 1  
a. Phobia. b. Panic disorder.  
c. OCD d. Delusion.

### SECTION III

- 17 Elaborate the theory of Intelligence which was proposed by employing the method of factor analysis. 2
- 18 State the Five factor model of personality. 2
- 19 Explain the two factors on the basis of which appraisal of stressful situations is done by individual. 2
- 20 Mike is a 5-year-old boy, he cries when he is dropped to school. Explain the disorder Mike is facing and state its symptoms. 2
- 21 Explain with example the difference between personal identity and social identity. 2
- 22 A) How does a stress resistant personality moderate the impact of stressful events. 2

OR

- B) Differentiate between problem focused and emotion focused coping responses.

### SECTION IV

- 23 Mahatma Gandhi is primarily characterized by Non-violence while Hitler for his autocratic nature. Elaborate the theory of personality that helps to understand human nature in their way. 3
- 24 "Biofeedback is a stress management technique". It involves providing feedback stages to reduce the physiological aspects of stress. Describe the stages of biofeedback. 3
- 25 A) State the Negative symptoms of Schizophrenia. 3

OR

- B) State the Psychomotor symptoms of Schizophrenia.

### SECTION V

- 26 A) IQ distribution across the population take the stage of a bell-shaped curve? Explain with diagram. 4
- OR
- B) Intelligence is the interdependent functioning of three Neurological system. Explain the theory with an example.
- 27 Describe Personality types on the basis of any four Type Approach personality. 4
- 28 Explain stress according to General Adaptation Syndrome model with examples. 4
- 29 What do you understand by the term dissociation? Describe its types. 4

### SECTION VI

- 30 A) Intelligence is not a single entity, rather distinct types of Intelligences exist. With the help of an example, Explain how different types of Intelligence can interact and work together. 6
- OR
- B) What is Psychometric Approach? Explain the different types of theories under this approach.
- 31 A) A common feature of the Neurodevelopmental disorders is that they manifest in the early stage of development. These disorders result in hampering personal, social and academic functioning. Keeping in view these disorders explain the types of disorders prevalent in children. 6

OR

- B) What is Schizophrenia? Explain its positive symptoms.

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