

q

w

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g

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j

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l



z

x

c

v

b

n

m



123

space

return





# Hello!

lets introduce



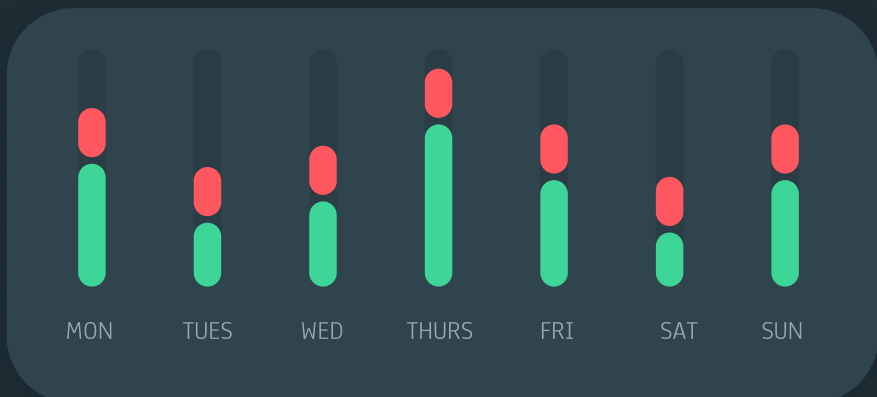
Your First Name

Next →

# Welcome Paul.



## Workouts this Week



View Your Goals



## Start A workout



Timed Workout

Do the max amount of ghosts in a set time



Start



Number Workout

Meet a goal of a set number of ghosts



Start

View Your Workouts



# Your Goals :

Goals will appear green if they are acheived and red if they are not.

10 ghosts in 1 minute and 10 seconds

10 ghosts in 1 minute and 10 seconds

10 ghosts in 1 minute and 10 seconds

10 ghosts in 1 minute and 10 seconds

10 ghosts in 1 minute and 10 seconds

10 ghosts in 1 minute and 10 seconds

10 ghosts in 1 minute and 10 seconds

# Numbered workout :

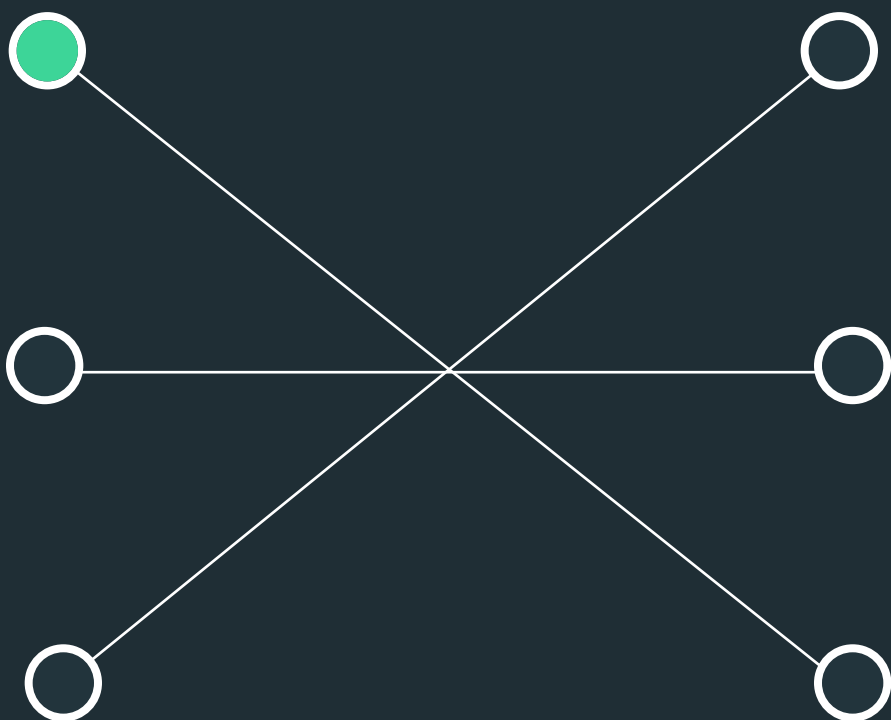
Number of Ghosts

— 0 +

ghosts

Pattern:

Randomize ↗



# Timed workout :

Amount of Time

- 0 +

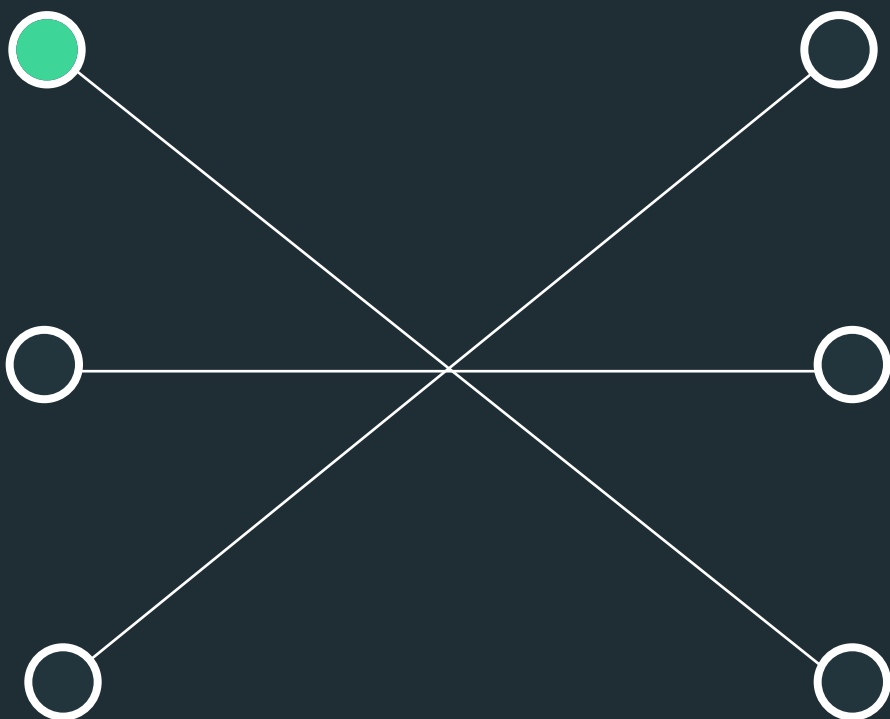
minutes

- 0 +

seconds

Pattern:

Randomize ↗



# Your Workouts.

10 ghosts in 1 minute and 10 seconds

10 ghosts in 1 minute and 10 seconds

10 ghosts in 1 minute and 10 seconds

10 ghosts in 1 minute and 10 seconds

10 ghosts in 1 minute and 10 seconds

# Set Your Goals.

Goals :

Enhance your speed and stamina by setting goals of time and speed.

10 Ghosts in 1 min and 10 seconds

10 Ghosts in 1 min and 10 seconds



Create Goals ✓



# Create A Goal :

## Number of Ghosts

- 0 +

ghosts

## Amount of Time

- 0 +      - 0 +

minutes

seconds

Add Goal





# Settings

---

Change your name

---

How to Connect

---

# Change your name

Nice to meet you again!



Your First Name

Apply Change ✓

# How to connect your ghosting device.

---

Go to the settings.

Then click on bluetooth. Make sure bluetooth is on and both devices are discoverable and ready to pair. Pair the device when it is listed under available devices.

Finish