

Tourniquet Assembly Instructions - Addendum July 2022

1) Alternative Inner Belt Insertion

An alternative method of inserting the internal belt into the external belt (covering steps #4, 5, 6 and 7 in the Tourniquet Assembly Instructions).

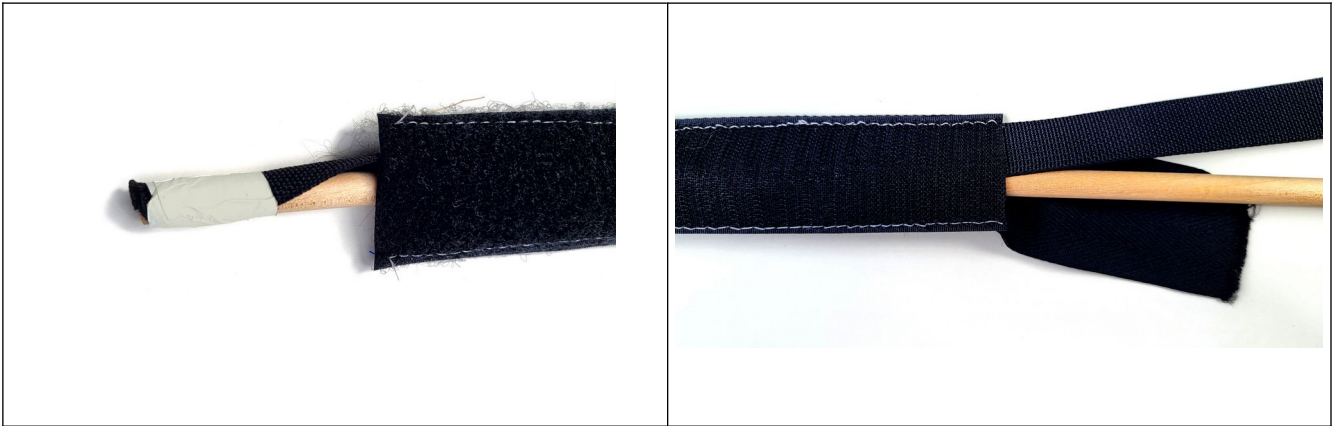
- 1a) Sew the Hook and Loop belt to the 4cm external strapping down both long sides leaving both short ends open. This creates a tube in which the internal belt can be inserted into.



- 1b) Secure one end of the internal belt to one end of a rod that is the same length (or longer) than the internal belt.



- 1c) Insert that end into the external belt all the way until it comes out the other end. Then take the rod out leaving the internal belt inside the external belt.



- 1d) Sew across the internal and external belts with a straight stitch 3 cm from the end with the small Loop piece, anchoring the internal belt between both sides of the external belt, as in step #5 of the Tourniquet Assembly Instructions.
- 1e) Continue with step #6 of the instructions, sewing a box stitch 5 cm from end (2 cm from straight stitch across belts), then cut end round and sew around the cut edge. Carefully burn off frayed edge of belt.
- 1f) Skip step #7, and continue on with step #8 of the Tourniquet Assembly Instructions.