## **Protocol**

- 1 Initial minimization: Let solvent relax around restrained solute
  - 1 1000 steps (500 steepest descents/500 conjugate gradient)
  - 2 500 kcal/mol-Å restraints (solute)
- **Second minimization:** Let everything relax
  - 2500 steps (1000 steepest descents/1500 conjugate gradients)
- **Defrost (md1):** Begin constant volume to warm to proper temperature w/ restrained solute
  - 1 100 20 ps *NVT*
  - 2 Langevin temperature control  $0 \rightarrow 300 \text{ K}$
  - 3 25 kcal/mol-Å restraints (solute)
- **Equilibration (md2):** Switch to constant pressure to get proper density while gradually releasing restraints on solute (5-stage release with strong restraints for first 40 ps while density is changing most rapidly
  - 1 250 100 ps *NPT*
  - 2 Langevin temperature control 300 K
  - 3 "Weak coupling" pressure control 1.0 bar (~ 1 atm)
  - 4  $25 \rightarrow 5 \text{ kcal/mol} Å^2 \text{ restraints (solute)}$ 
    - 1 md2a. 25 kcal 20 50 ps
    - 2 md2b. 20 kcal <del>20</del> 50 ps
    - 3 md2c. 15 kcal 20 50 ps
    - 4 md2d. 10 kcal 20 50 ps
    - 5 md2e. 5 kcal <del>20</del> 50 ps
- **Equilibration (md3):** Release solute constraints and collect data to isotropically scale box size to reflect average volume
  - 1 200 80 ps *NPT*
  - 2 Langevin temperature control 300 K
  - 3 "Weak coupling" pressure control 1.0 bar (~ 1 atm)
  - 4 Calculate <volume>\*\*1/3 and replace x,y,z in restart file
- 6 Equilibration (md4): Switch to constant volume and equilibrate with scaled box size
  - 1 1 ns <del>150 ps</del> *NVT*
  - 2 Langevin temperature control 300 K
  - Scale velocities of final snapshot restart file to 300 K (scale Velocities.scr)
- 7 **~Equilibration (md5):** Switch off temperature control and equilibrate~~
  - 1 100 ps *NVE*
- 8 Production
  - 1 NVE
  - 2 Turn off removal of translational motion (nscm=0)
  - 3 Monitor temperature and Etot