## What I want to learn or understand better?

Last sprint I tried to learn react component life cycle and it went very well. For next sprint we need to create some filters for the application like exercises and recipes. I never did that before so I need to watch some videos on YouTube to get an idea how I can implement this functionality in a good way.

## How can I help someone else or the entire team to learn something new?

The first step is to give the person the feeling that he/she is welcome to ask questions. It's a thing that I need to feel when someone teach me or try to help me. And now at the end of the course I have learned that the best way to learn any thing is by doing it. So, give a demo or do some painting to give a visualization

## What is my contribution towards the team's use of scrum?

Attended all the meetings and were active in them. Used Trello and was there when someone needed help.

## What is my contribution towards the team's deliveries?

I did my tasks and my part of the team reflection.