

Salad

This salad is light and refreshing, making it perfect for hot summer days. It's easy to make and only requires a few ingredients.

Ingredients:

1. 1 head of romaine lettuce, washed and chopped
2. 1 cucumber, peeled and sliced
3. 1 tomato, diced
4. 1 avocado, peeled and diced
5. 1 cup of croutons
6. 1 cup of shredded cheese (of your choice)
7. 1 cup of grilled chicken (optional)
8. 1 cup of your favorite dressing

Instructions:

1. In a large bowl, combine the romaine lettuce, cucumber, tomato, avocado, croutons, and cheese.
2. If using grilled chicken, add it to the bowl as well.
3. Pour the dressing over the salad and toss to coat.
4. Serve the salad immediately.

This salad is delicious on its own, but feel free to add any additional toppings you like.