

Here is a recipe to cook Mix vegetables:

Ingredients:

1. 1 tablespoon of olive oil
2. 1 onion, chopped
3. 1 carrot, chopped
4. 1 potato, chopped
5. 1 cup of frozen peas
6. 1 cup of frozen corn
7. 1 cup of broccoli florets
8. 1 cup of cauliflower florets
9. 1 cup of diced tomatoes
10. Salt and pepper to taste

Steps:

1. Preheat the oven to 190 degrees Celsius.
2. In a large skillet, heat the olive oil over medium heat.
3. Add the onion, carrot, and potato and cook for 5 minutes, or until the vegetables are softened.
4. Add the frozen peas, frozen corn, broccoli, cauliflower, diced tomatoes, salt, and pepper to the skillet.
5. Stir well to combine.
6. Transfer the vegetable mixture to a baking dish.
7. Bake for 20-25 minutes, or until the vegetables are tender and cooked through.
8. Serve hot.