

Steak

1. Preheat the oven to 240°C (464°F).
2. Place the steak on a baking tray and season with salt.
3. Place the tray in the oven and roast for 2 minutes for medium-rare, or 3 minutes for medium.
4. Remove the tray from the oven and let the steak rest for 5 minutes.
5. Serve the steak with your desired sides.

Note: The cooking time may vary depending on the thickness of the steak.