

Here is a recipe to cook Mix vegetables:

Ingredients:

1. 500g of mixed vegetables (such as carrots, broccoli, and bell peppers)
2. 2 tablespoons of olive oil
3. 1 tablespoon of minced garlic
4. 1 tablespoon of soy sauce
5. 1 tablespoon of honey
6. Salt and pepper to taste

Steps:

1. Preheat the oven to 190 degrees Celsius.
2. Wash and cut the mixed vegetables into bite-sized pieces.
3. In a large mixing bowl, combine the mixed vegetables, olive oil, minced garlic, soy sauce, honey, salt, and pepper.
4. Mix well to ensure that the vegetables are evenly coated with the seasoning.
5. Spread the vegetables on a baking sheet in a single layer.
6. Place the baking sheet in the oven and bake for 20-25 minutes, or until the vegetables are tender and lightly browned.
7. Serve the roasted vegetables as a side dish or enjoy them as a snack.

Note: You can adjust the seasoning according to your taste preference.