

Recipe for Chicken Nuggets

Ingredients:

- * 500 g chicken breast, cut into 3 cm pieces
- * 2 eggs
- * 80 ml milk
- * 150 g all-purpose flour
- * 200 g bread crumbs (panko)
- * Salt
- * Pepper

Instructions:

1. Preheat the oven to 220°C (428°F).
2. In one container, combine the flour and a pinch of salt. In another container, beat the eggs with the milk.
3. Dip the chicken pieces in the flour mixture, then in the egg and milk mixture, and finally in the bread crumbs.
4. Arrange the chicken nuggets in a baking pan greased with olive oil. Sprinkle the nuggets with olive oil and salt.
5. Bake for 20-25 minutes, or until the chicken is cooked through.
6. Serve hot.

Note: You can also add spices to the flour mixture to give the chicken nuggets a different flavor.