

Chicken

Ingredients:

- * 1 whole chicken
- * 1 tablespoon olive oil
- * Salt and pepper

Steps:

1. Preheat the oven to 400 degrees Fahrenheit.
2. Rinse the chicken and pat dry with paper towels.
3. Rub the chicken with the olive oil and season with salt and pepper.
4. Place the chicken in a roasting pan and transfer to the oven.
5. Bake for 1 hour, or until the chicken is cooked all the way through.
6. Let the chicken rest for 10 minutes before slicing and serving.