Ingredients:

- \* 4 veal shanks
- \* 1 carrot
- \* 1 onion
- \* 1 celery
- \* 500 ml beef broth
- \* 500 ml red wine
- \* Salt and pepper
- \* Extra virgin olive oil
- \* Garlic
- \* Parsley

Cooking time: 9 minutes

Difficulty: Medium