

Ingredients:

- * 20 ml (4 tsp) vegetable oil
- * 1 kg (2.2 lbs) pilado (finely ground) maize flour
- * 140 ml (1/4 cup + 2 tbsp) water
- * 10 g (2 tsp) salt

Instructions:

1. Preheat the oven to 230°C (450°F).
2. Mix the maize flour with the water and salt, until obtaining a homogeneous dough. The amount of