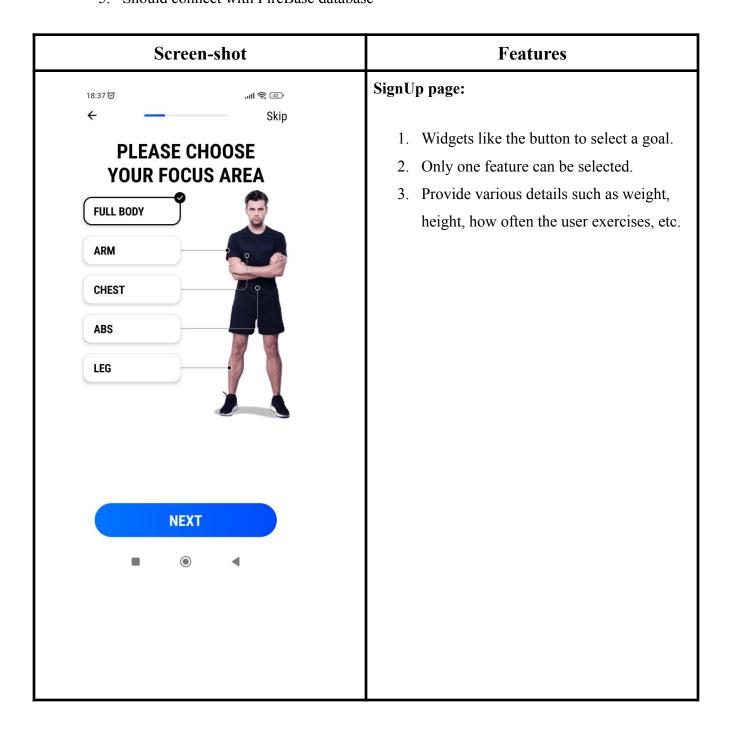
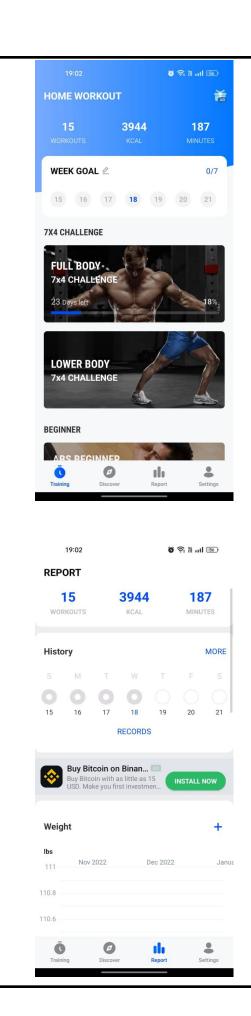
Assignment 1 Part 1 MAD and PWA Lab

Name: Mikil Lalwani Class: D15B Roll no:37

Aim: Selecting features for application development, the features should comprise of :

- 1. Common widgets
- 2. Should include icons, images, charts, etc.
- 3. Should have an interactive Form
- 4. Should apply navigation, routing, and gestures
- 5. Should connect with FireBase database



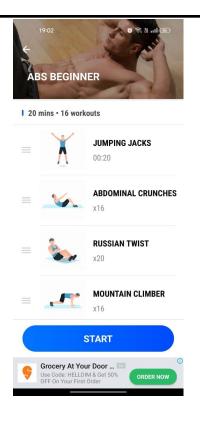


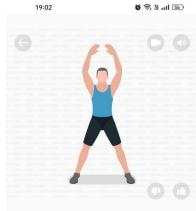
HomePage:

- 1. Different workouts available to users.
- 2. History of workout performed by the user.
- 3. Calendar showing whether the user completed any workout during the current week.

Report Page:

- 1. History of workout performed by the user.
- 2. Weight and height graph.
- 3. BMI of the user.
- 4. Option to add weight and height.





JUMPING JACKS ?

00:19



Workout Page:

- 1. Playlist for exercise.
- 2. Button to start the exercise.
- 3. Details about the exercise such as the number of repetitions, the time required, etc.

Exercise Page:

- 1. Animation of exercise.
- 2. Timer and pause button to stop and start the exercise.
- 3. Buttons to skip and go to the previous exercise.
- 4. Video about the exercise.