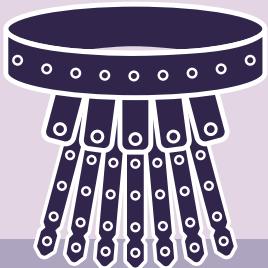


PUT ON THE WHOLE ARMOR OF GOD

"THEREFORE TAKE UP THE WHOLE ARMOR OF GOD,
THAT YOU MAY BE ABLE TO WITHSTAND IN THE EVIL DAY, AND
HAVING DONE ALL, TO STAND" (EPHESIANS 6:13).



BELT OF TRUTH

Verse 14: "Stand therefore, having girded your waist with truth."

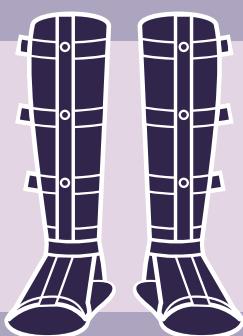
Truth should surround us like a belt. Knowing God's truth is the surefire antidote to Satan's lies and deception.



BREASTPLATE OF RIGHTEOUSNESS

Verse 14: "Having put on the breastplate of righteousness."

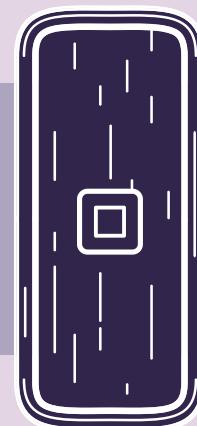
Without righteousness, we leave ourselves open to Satan's attacks. To be righteous is first of all to repent and be forgiven of our sins, and then to do what is right in God's eyes.



SHOES OF THE GOSPEL OF PEACE

Verse 15: "And having shod your feet with the preparation of the gospel of peace."

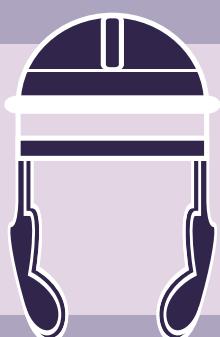
God's good news and our mission—our marching orders—to preach it serve as our firm foundation.



SHIELD OF FAITH

Verse 16: "Above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one."

When our faith in God's power and love is strong, it is impossible for Satan to break through our shield and land a blow.



HELMET OF SALVATION

Verse 17: "And take the helmet of salvation."

We can receive tremendous hope and comfort by focusing on the incredible sacrifice Jesus Christ gave to save us and the wonderful Kingdom that is the goal of our salvation.



SWORD OF THE SPIRIT

Verse 17: "And the sword of the Spirit, which is the word of God."

The sword of the Spirit, like the Roman *gladius*, can also help us to conquer all our enemies, including that most difficult one, our entrenched human weaknesses. We must continually sharpen it with regular and focused Bible study.