

# BASIC LIFE SUPPORT

D

R

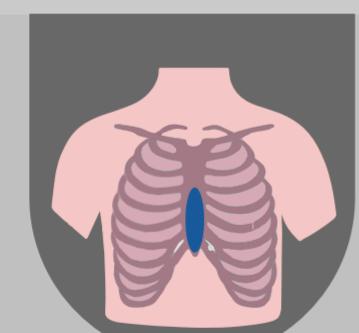
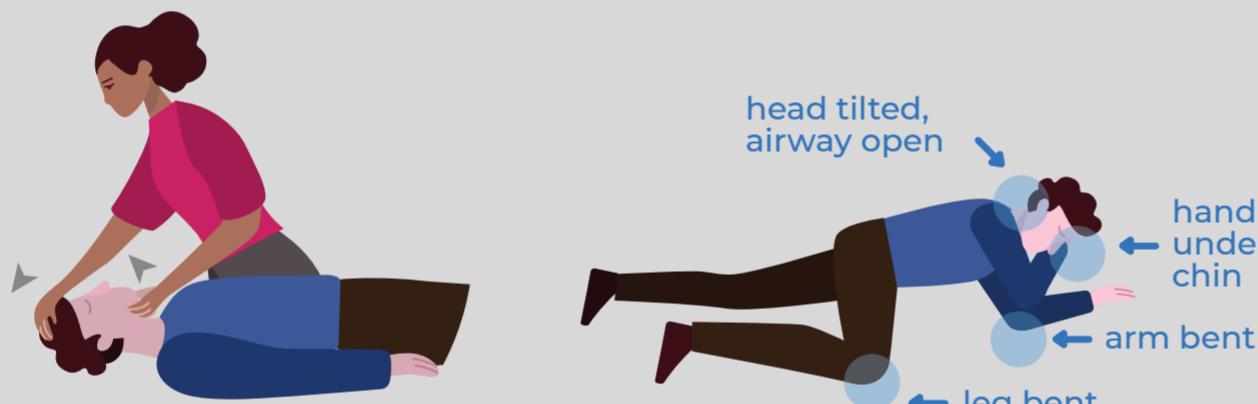
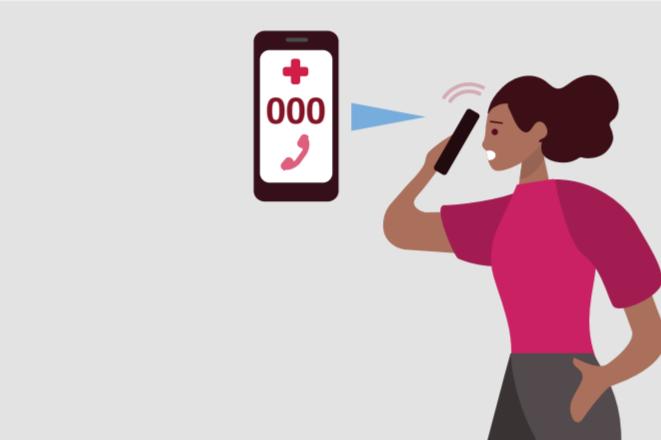
S

A

B

C

D

**CPR position****Adult (>8 years)****Child (>1 year)****Infant (<1 year)****Pressure**

2 hands

2 fingers

**Depth**

5 cm +

4 cm

**Rate****Almost 2 compressions per second (100-120/min)****Breath**2 full breaths  
with head tilt  
& chin lift

1 or 2 hands

5 cm

2 shallow breaths  
with head tilt  
& chin lift

2 puffs

NO head tilt  
& slight chin lift**ATTACH DEFIBRILLATOR (AED)**

Where an AED is available, attach it as soon as possible and follow the instructions. Continue CPR and defibrillation until signs of life resume or medical professionals take over.

