

STUDENT'S ID NO: _____ SIGNATURE: _____



UNIVERSITY OF GHANA

(All rights reserved)

DEPARTMENT OF TEACHER EDUCATION
SCHOOL OF EDUCATION AND LEADERSHIP
COLLEGES OF EDUCATION

END OF SEMESTER ONE EXAMINATIONS FOR LEVEL 300, 2021/2022
B.ED. PROGRAMME

COURSE CODE: TEEG 303

COURSE TITLE: GUIDANCE AND COUNSELING FOR EARLY GRADE

Instruction: Answer all questions in Section A and any three questions in Section B.
Time: 2 hours

SECTION A

[25 Marks]

Answer all the questions in this section.

1. Mr. Iveh Emmanuel, gave a talk to his kindergarten learners on "seeking permission before going out". What information was provided during this activity?
 - A. Education information
 - B. Occupational information
 - C. Personal-social information
 - D. Vocational information
2. Miss Mensah, a class one facilitator identified a truant child. Who will be the BEST person to be consulted if she decides to use consultation service to deal with the issue?
 - A. Headteacher
 - B. Peers
 - C. Parents
 - D. grandparents
3. The final stage of communication in counselling is.....
 - A. decoding
 - B. encoding
 - C. feedback
 - D. sender
4. The process of making sense of an information received is termed.....
 - A. encoding
 - B. decoding
 - C. feedback
 - D. unlocking

5. Mr Amuzu, the guidance and counseling coordinator invited the headteacher of the junior High school in town to talk about the common core program. What service has the headteacher rendered?
 - A. Information service
 - B. Counselling service
 - C. Appraisal service
 - D. Consultation service
6. The stage in counseling where the counselor gets the client to sit down, settle and feel at home is known as.....
 - A. Creating orientation
 - B. Establishing genuineness
 - C. Establishing rapport
 - D. Exploration
7. Which of the following is false about questioning in counseling? It helps...
 - A. check level of intelligence
 - B. clarify issues clients bring
 - C. satisfy curiosity of clients
 - D. show interest in clients
8. A periodic appraisal that helps to determine whether guidance objectives are being achieved or not is known as....
 - A. Consultation
 - B. Evaluation
 - C. Investigation
 - D. Orientation
9. The second stage of the counseling process is.....
 - A. relationship building
 - B. assessment and diagnosis
 - C. formulation of counseling goals
 - D. intervention and problem solving
10. Cognitive restructuring is one of the behavior modification strategies. At what stage does the counselor tell the client to 'calm down'?
 - A. first stage
 - B. second stage
 - C. third stage
 - D. fourth stage
11. A counselor who welcomes a client is displaying the skill of....
 - A. acceptance
 - B. listening
 - C. understanding
 - D. empathetic
12. Which of the guidance services entails the keeping of records?
 - A. appraisal
 - B. follow-up
 - C. orientation
 - D. information

13. Which of the following BEST explains why language is a barrier to effective communication?
- A. prevent the free flow of information
 - B. senders find it difficult to encode
 - C. receivers find it difficult to decode
 - D. some languages contain ambiguity
14. The counseling environment is key in counseling. Where is the counseling environment placed with regard to the conditions that facilitate counseling?
- A. Client factors
 - B. Contextual factors
 - C. Counselor factors
 - D. Process factors
15. At what point in time is counseling terminated?
- A. When a client is able to cope without the counselor's assistance
 - B. When the client cannot adjust to the modification strategy
 - C. When the client is academically higher than the counselor
 - D. When they misunderstand themselves at a point
16. Hawa Ali used live or symbolic models to demonstrate a particular behavior, thoughts or attitude that a kindergarten two (2) child may want to acquire or change. What strategy did Hawa Ali employ?
- A. assertiveness
 - B. cognitive restructuring
 - C. modeling
 - D. systematic desensitization
17. The following are reasons for conducting assessment in guidance and counseling EXCEPT....
- A. Builds the professional status of the counselor
 - B. Help educators plan individualized instruction for a child or for a group of children
 - C. Identify children who may need additional support and determine
 - D. Provide a record of growth in all developmental areas
18. The rights of a client to be informed about what their relationships with the counselor will entail and to make autonomous decisions is termed....
- A. Autonomy
 - B. Confidentiality
 - C. Informed consent
 - D. Privacy
19. Which of the following skills should an early grade counselor possess for effective counseling?
- A. Communication
 - B. Data gathering
 - C. Note taking
 - D. Organization

20. Which of the following BEST explains why the parent of an autistic child should be counseled?
- A. for them to accept the situation and cope with it
 - B. it's their responsibility to still cater for the child
 - C. that child still remains their own
 - D. to meet their financial obligations to the child
21. Systematic desensitization employs the following multiple processes to create changes in a client EXCEPT....
- A. dormancy
 - B. extinction
 - C. habituation
 - D. self-efficacy
22. The counseling technique that can BEST be used to deal with stress issues is known as
- A. modeling
 - B. cognitive restructure
 - C. relaxation
 - D. systematic sensitization
23. In counseling, placing a child in a group that will foster social interaction and enhance self-acceptance is called...
- A. educational placement
 - B. group placement
 - C. social placement
 - D. vocational placement
24. The fourth (4th) counseling stage is intervention and problem solving. What is the first step in problem solving?
- A. problem detection
 - B. problem definition
 - C. identification of alternative solutions
 - D. decision -making
25. Kwamina is suffering from excessive fear. Which of the counselling strategies should his class three teacher use to counsel him?
- A. Cognitive restructure
 - B. Modelling
 - C. Relaxation
 - D. Systematic desensitization

STUDENT'S ID NO: _____ SIGNATURE: _____

SECTION B
(75marks)

Answer any three questions in this section

1. Kofi Agbeke, a kindergarten two child was seen bullying a kindergarten one child.
 - a. Name **TWO** guidance and counseling services that should be given to Kofi Agbeke to help him stop the behavior **(4mks)**
 - b. Discuss **THREE** counseling skills needed to counsel Kofi Agbeke **(12mks)**
 - c. Explain **THREE** factors that may affect effective communication of the counseling process **(9mks)**
2. Musa was posted to a school as the Guidance and Counseling Coordinator. Discuss **FIVE** unique characteristics that Musa must possess as a Coordinator. **(25mks)**
3.
 - a. State **FIVE** practical ways in which a kindergarten facilitator may realize a specific learning need of a child **(10mks)**
 - b. Explain **THREE** ways of communicating with children with special needs **(9mks)**
 - c. State **THREE** challenges a counselor may face in counseling learners with special needs **(6mks)**
4. Examine **FIVE** differences between guidance and counseling. **(25mks)**
5. In counselling a child, one should be aware of the ethical issues in counseling. Discuss **FIVE** of such issues.