

STUDENT'S ID NO: _____ SIGNATURE: _____



UNIVERSITY OF GHANA

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DEPARTMENT OF TEACHER EDUCATION
SCHOOL OF EDUCATION AND LEADERSHIP

END OF FIRST SEMESTER EXAMINATION FOR LEVEL 300, 2022/2023
B.ED PROGRAMME

COURSE CODE: TEEG 301

COURSE TITLE: CHILD HEALTH, SAFETY AND SECURITY

Instruction: Answer all questions in Section A and any three questions in Section B.

Time: 2 hours

SECTION A

[25 Marks]

Answer All The Questions In This Section.

1. The following are some of the aims of first aid **EXCEPT**:
 - A. To save or sustain life
 - B. To prevent the condition from getting worse
 - C. To relieve or reduce pain
 - D. To promote healthy lifestyle

2. An individual is said to be healthy when the individual exhibits physical, mental, _____ and not merely the absence of disease.
 - A. healthy living
 - B. social well being
 - C. maturity levels
 - D. physical strength

3. Which of the following can significantly hinder the growth and development of early grade learners?
 - A. Daily exercise
 - B. Appropriate clothing
 - C. Inadequate care giving
 - D. Proper feeding schedule

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4. _____ is a state of mind where the individual feels physically and psychologically relaxed, and is free from any form of danger.
 - A. Safety talk
 - B. Health issues
 - C. Freedom
 - D. Safety
5. Sena is a KG2 learner. She engages in activities that keep her body clean and maintains a good appearance all the time. What is she observing?
 - A. Hygiene
 - B. Proper hygiene
 - C. Personal hygiene
 - D. Safety
6. The following are hygienic practices of early grade learners EXCEPT
 - A. Open defecation into the sea
 - B. Regular hand washing
 - C. Proper use of handkerchief
 - D. Daily brushing of teeth
7. Which of the following is NOT a medium an early grade educator can use to enforce the observance of personal hygienic practices?
 - A. Introduction of safety signs
 - B. Setting routines in the classroom
 - C. Setting rules about writing
 - D. Cleaning and disinfecting classrooms
8. Which of the following is NOT a role of early grade education in ensuring the well being of learners? The programme _____
 - A. focuses on children's emotional well being
 - B. promotes children's physical well-being
 - C. promotes children's psychological well-being
 - D. guarantees higher grades in the university
9. Which of the following are strategies that teachers can use to teach young learners health and safety issues?
 - I. Stories
 - II. Games
 - III. Demonstration
 - IV. Videos
 - A. I, II and III
 - B. I, III and IV
 - C. All the above
 - D. None of the above

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10. The total well being of children includes what they eat, how they eat, what they play with,

- A. where and what they read
- B. where they play and learn
- C. where and what they watch
- D. where and what they socialize

11. _____ is/are the science that studies the relationship between chemical substances in food and how they affect health.

- A. Nourishment
- B. Food substances
- C. Food chemical
- D. Nutrition

12. Excessive intake of one or more nutrients which can lead to undesirable conditions in the body is known as _____

- A. imbalance nutrition
- B. multiple nutrition
- C. under nutrition
- D. over nutrition

13. Which of the following is the physiological function of food?

- A. It performs protective functions in the body
- B. It is used to express friendship
- C. It is used to express emotions
- D. It is associated with certain religious practices

14. Water, carbohydrates, fats, and proteins are examples of _____

- A. Essential nutrients
- B. Micro nutrients
- C. Macro nutrients
- D. Substantive nutrients

15. The following are functions of water EXCEPT _____

- A. It serves as a heart regulator
- B. It serves as lubricant for the body
- C. It is a medium for chemical reactions in the body
- D. It is vehicle for transporting nutrients in the body

16. The following are symptoms of carbohydrate deficiency in children EXCEPT _____

- A. Loss of teeth
- B. Loss of weight
- C. Stunted growth
- D. Brittle hair

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17. Which of the following is not a function of fats and oil in the body?
- A. It provides energy to the body
 - B. It maintains the body temperature
 - C. It aids in the absorption of nutrients
 - D. It protects the skin against diseases
18. Which of the following are challenges associated with feeding early grade learners.
- I. Lack of resources
 - II. Lack of time on the part of parents
 - III. Lack of food
 - IV. Lack of proper supervision
- A. I, II and IV
 - B. I, II and III
 - C. All the above
 - D. None of the above
19. Food can be classified into the following groups:
- A. Energy giving, body temperature and protective
 - B. Protection, energy building and body building
 - C. Body building, energy giving and protective
 - D. Energy giving, protective fluids and body filling
20. Food choices are influenced by the following factors:
- I. Mass media
 - II. Economic status
 - III. Culture
 - IV. Individual preferences
- A. None of the above
 - B. All the above
 - C. II, III and IV
 - D. I, II and III
21. The following are benefits of physical activities to early grade learners EXCEPT _____
- A. It decreases health problems
 - B. It improves cognitive development
 - C. It reduces the risk of obesity
 - D. It aids in reading acquisition
22. _____ is a division under the Ministry of Gender that seeks the welfare of children.
- A. Day Care Management Unit
 - B. Residential Home Management Unit
 - C. Women and Juvenile Unit
 - D. Child and Family Welfare Unit

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23. Which of the following is NOT a child protection and welfare policy in Ghana?
- A. Inclusive education
 - B. The 1992 constitution of Ghana
 - C. UN Convention on the rights of the child
 - D. Children's Act 360
24. To ensure the safety and security of early grade learners in school, the following factors must be consider _____
- I. The nature of the classroom floor
 - II. The food they eat
 - III. They type of toys they play with
 - IV. The type of school building
- A. None of the above
 - B. All the above
 - C. I, II and IV
 - D. II, III and IV
25. Provision of safe drinking water and sanitation facilities, safe place for recreation are indicators of _____
- A. Environmental safety
 - B. Recreational security
 - C. Child protection agencies
 - D. Environmental practices

SECTION B

[75 Marks]

Answer Any Three (3) Questions in all

1. Discuss five factors to consider when planning for the safety and security of early grade school (25 marks)
2. A. Identify and discuss four challenges associated with feeding of young children (16 marks)
B. State four ways by which to overcome young children's feeding challenges (9marks)
3. With practical example, discuss four factors that influence food choices (25 marks)
4. A. Identify and discuss three policy issues of child protection and welfare (15 marks)
C. State 4 implications of child protection policies on teachers (10marks)
5. Discuss any three diseases associated with malnutrition and the measures to put in place to heal the infected person. (25 marks)