Introduction:

The Ex-Servicemen community including the Ex-servicemen, their widows and dependents are often required to visit their respective Zila Sainik Board/ Rajya Sainik Board for various purposes such as resettlement issues, medical treatment, legal, pension, availing canteen facilities, etc and other important town/cities for medical treatment etc. It is during these times; they need a decent and affordable accommodation to stay for a short duration at these locations. For this purpose, a large number of Sainik Rest houses are constructed at various places throughout the country. The land is provided free of cost by the State Government/UT and its maintenance is the responsibility of the respective State Govt/UT. These Rest Houses are being maintained by the concerned Rajya/ Zila Sainik Boards. Government of India shares 50% of the cost of construction of Sainik Rest Houses as per the laid down Standard Operating Procedure.

There are 32 Sainik Rest Houses (SRHs) spread all over the West Bengal State. For detailed list of Sainik Rest Houses at various locations all over the State as under: -

List of Rest Houses of West Bengal

SN	Location	Address	Nearby Railway	Distance (Kms)	Nearest Airport	Distance (Kms)	Accommodation available (Rooms)		Controlling ZSB name &
			Station				Offr	JCO/OR	Contact No
1.	Kolkata	Sainik Rest House, Sainik Bhawan, 1/4 Acharya Jagdish Bose Road, Kolkata-700020	Sealdah/ Howrah	5	Kolkata	15	1	2	ZSB Kolkata 033-22233893
2.	Burdwan	Sainik Rest House, Sainik Bhawan, Baronilpur Road, Sripally, Burdwan	Burdwan	6	Kolkata	85	1	2	ZSB Burdwan 0342-2544782
3.	Midnapur	Sainik Rest House, Rabindranagar, Midnapur	Midnapur	5	Kolkata	145	-	2	ZSB Midnapore 03222-262874
4.	Balurghat	Sainik Rest House, Balurghat, Distt Dakshin Dinajpur	Balurghat	7	Bagdogra	120	-	2	ZSB Dakshin Dinajpur 03522-258175
5.	Darjeeling	Sainik Rest House, Sainik Bhawan, Kutchery Compound, Distt Darjeeling	New Jalpaiguri	92	Bagdogra	98	1	2	ZSB Darjeeling 0354-2254056
6.	Kalimpong	Sainik Rest House, Kalimpong, Distt Darjeeling	New Jalpaiguri	92	Bagdogra	70	-	1	-do-
7.	Karseong	Sainik Rest House, Karseong, Distt Darjeeling	New Jalpaiguri	92	Bagdogra	80	-	1	-do-
8.	Bagdogra	Sainik Rest House, Bagdogra, Distt Darjeeling	New Jalpaiguri	18	Bagdogra	3	2	15 (incl Dormitory 8 Bed)	-d0-