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[Hide Feature Descriptions](#)

- Stimulating:** A lively, energetic track with strong rhythm and upbeat tempo to boost movement and attention.
- Playful:** A whimsical, bouncy track with light percussion and bright tones to encourage joyful exploration.
- Soothing:** A calm, gentle track with soft melodies and slow tempo for relaxation and emotional regulation.
- Sensory-Calming:** A track with ambient textures and minimal melodic content designed to reduce sensory overload.
- Grounding:** A steady, repetitive musical base that promotes sensory stability and emotional anchoring.
- Focusing:** A structured, predictable track with consistent rhythm to support sustained attention and task engagement.
- Transitional:** A cue-based musical track used to signal transitions between activities or routines.
- Anxiety-Reduction:** A soft, harmonically stable track specifically designed to ease agitation or anxious behaviors.

Now Playing

II 0:12 / 2:41

Please listen to the full song before continuing.

Now Playing

▶ 2:41 / 2:41

Rank the Top 3 Most Relevant Features

[Show Feature Descriptions](#)

Rank 1:

Stimulating

Rank 2:

Playful

Rank 3:

Sensory-Calming

Describe the Song

Describe the emotional characteristics of the song in 2-3 sentences based on the emotional tags you have selected above.

Write your own description here...

Next

This is an AI Generated description of the song. Please read through it carefully, and answer the question below:

This song features a gentle and steady rhythm, creating a soothing and secure atmosphere that supports grounding and sensory regulation. Its calming melodies and subtle transitions can help children with ASD shift focus and settle into a relaxed state, enhancing attention and engagement. Ideal for use in therapeutic settings, the song aids in easing transitions and promoting a sense of stability and calmness.

How much do you agree with it?

Strongly Disagree Disagree Neutral Agree Strongly Agree

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