Modeling and Inference with Feature Importance for Assessing the Quality of Sleep among Chronic Kidney Disease Patients

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Chronic Kidney Disease (CKD)

- A gradual and irreversible loss of kidney function called chronic kidney failure.
- The treatment focuses on slowing the progress of kidney damage, usually by controlling the underlying cause.
- CKD can progress to end-stage kidney disease (ESKD).
- Decreased sleep quality is typical in CKD patients.
- Increasing attention on finding the factors affecting the sleep quality.

Data

 Data were collected from 101 CKD patients (65 male) in the Colombo South Teaching Hospital, Sri Lanka.

■ The data set consists of 12 features (4 numerical and 8 categorical).

Target variable is "Quality of sleep".

Pittsburgh Sleep Quality Index (PSQI)

- Sleep quality is measured using PSQI.
- This self-administered questionnaire assesses the quality of sleep during the previous month.
- It contains 19 self-rated questions yielding seven components:
 - subjective sleep quality
 - sleep latency
 - sleep efficiency
 - sleep duration
 - sleep disturbance
 - use of sleep medications
 - daytime dysfunction
- Each component is scored from 0 to 3, yielding a global PSQI score between 0 and 21.
- A global PSQI score> 5 indicates that a person is a "poor sleeper", "good sleeper" otherwise.

Detailed Feature Information

Table: Summary Table - Counts (%) are shown unless otherwise specified.

Feature		Total (101)	Good Sleepers (32)	Poor Sleepers (69)	p-value	
Age - mean $(\pm SD)$		60.38 (±10.92)	62.72 (±9.22)	59.29 (±11.53)	0.1429	
Creatinine (μ mol/L) - mean ($\pm SD$)		347.61 (±253.29)	245.22 (±87.96)	395.09 (±289.13)	0.0051	
Duration of CKD (years) - mean $(\pm SD)$		26.04 (±25.74)	04 (±25.74) 22.74 (±21.35) 27.57 (±2		0.3833	
haemoglobin (g/dL) - mean ($\pm SD$)		10.58 (±2.16)	11.76 (±1.67)	10.03 (±2.15)	0.0001	
CKD stage	Stage 3	32 (31.6%)	9 (28.1%)	23 (33.3%)	0.0113	
	Stage 4	31 (30.7%)	16 (50%)	15 (21.7%)		
	Stage 5	38 (37.6%)	7 (21.9%)	31 (44.9%)		
On haemodialysis	Yes	21 (20.8%)	0 (0%)	21 (30.4%)	0.0012	
	No	80 (79.2%)	32 (100%)	48 (69.6%)		
Sex	Female	36 (35.6%)	14 (43.8%)	22 (31.9%)	0.3497	
	Male	65 (64.4%)	18 (56.2%)	47 (68.1%)		
Employed	Yes	23 (22.8%)	11 (34.4%)	12 (17.4%)	0.1013	
	No	78 (77.2%)	21 (65.6%)	57 (82.6%)	0.1013	
Heart failure	Yes	4 (4%)	2 (6.2%)	2 (2.9%)	0.7000	
	No	97 (96%)	30 (93.8%) 67 (97.		0.7986	
COPD	Yes	6 (5.9%)	1 (3.1%)	5 (7.2%)	0.7167	
	No	95 (94.1%)	%) 31 (10.3%) 64 (92		0.7167	
GORD	Yes	12 (11.9%)	4 (12.5)	8 (11.6%)	0.8418	
	No	89 (88.1%)	28 (87.5%)	61 (88.4%)		
Depression	Yes	1 (1%)	1 (3.1%)	0 (0%)	0.6923	
	No	100 (99%)	31 (96.9%)	69 (100%)		

Methodology

- Machine learning concepts were used.
- Decision trees used to identify the impact of each feature to predict sleep quality.
- Compare different classification models.
- Re-sampling techniques were used to avoid the imbalance issue.
- Compare results with four clinically relevant features determined by the physicians. They are creatinine, age, haemodialysis and haemoglobin.

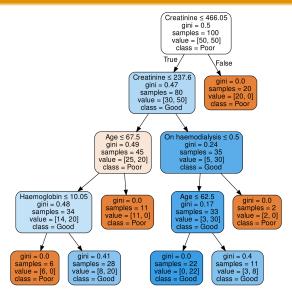


Figure: Decision tree fitted on the random over-sampled CKD data. The maximum allowed depth for the tree was set to 4.

Feature Importance

- Identifying the most important features affecting sleep quality is a crucial aspect of this study.
- Consider the feature importance, which was directly obtained from the classification model trained.
- We fitted each model on 100 random over-sampled training sets and computed the average feature importance and rank features accordingly.
- The mean of the ranks per each feature was also obtained.

Table: Rankings of average of feature importance for each classification methods

Feature	Decision_tree	RFC	Lgbm_c	Logit	SVM-linear	Mean	Rank of means
Haemoglobin	2	1	2	2	4	2.2	1
Creatinine	1	2	1	7	3	2.8	2
On Haemodialysis	9	6	10	1	1	5.4	3
Sex	5	8	5	3	8	5.8	4
Employed	6	7	7	4	7	6.2	5
CKD Stage	8	5	6	11	2	6.4	6.5
Duration of CKD	4	4	4	9	11	6.4	6.5
Age	3	3	3	12	12	6.6	8
Heart Failure	7	10	10	5	6	7.6	9
GORD	10	9	10	8	9	9.2	11
Depression	11	12	10	6	5	8.8	10
COPD	12	11	10	10	10	10.6	12

Discussion

- Decision tree classification methods are commonly used due to many reasons.
- Decision tree-based models, identified creatinine, hemoglobin, age, and duration of CKD as the most important four features.
- SVM-linear method strongly agreed with the statistical relationship results by identifying hemodialysis, CKD stage, creatinine, and hemoglobin as the most important four features.
- Haemoglobin, creatinine, haemodialysis, and sex are the most affected features identified by all the methods on average.

Discussion Cont.

■ Traditional classification algorithms can perform poorly on imbalanced data sets and small sample size [1].

- Smaller sample sizes can reduce the power of the study.
- Manuscript is submitted based on "Modeling and Inference with Feature Importance for Assessing the Quality of Sleep among Chronic Kidney Disease Patients".

References

[1] Hu, Y., D. Guo, Z. Fan, C. Dong, Q. Huang, S. Xie, G. Liu, J. Tan, B. Li, and Q. Xie (2015, 01). An improved algorithm for imbalanced data and small sample size classification. *Journal of Data Analysis and Information Processing 03*, 27–33.

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