



COEP Technological University, Pune

A UNITARY TECHNOLOGICAL UNIVERSITY OF GOVT. OF MAHARASHTRA
(FORMERLY COLLEGE OF ENGINEERING, PUNE)

RULE BOOK

EST'25

आरोहणम् - The Ascent to Glory

INDIA'S 5th LARGEST SPORTS FESTIVAL

ZEST SECRETARY

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OVERALL COORDINATOR

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EVENTS HEADS

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OVERALL RULES

- 1. Students which are studying in PG must complete their UG in B.tech Engineering.**
- 2. Each member of any team must be a student at an UG or PG and age must not be more than 25.
No complete PG students team allowed. maximum PG students in the team are restricted to 3.
(DOB 1 Dec 1999 and Above students are allowed.)**
- 3. Referee's decision is final decision & NO any arguments will be tolerated.**
- 4. Misbehaviour of any player with the organising team, faculties, referees, or other participating teams may lead to the disqualification of his/her participation or the whole team.**
- 5. There should be at least 4 teams from different colleges participating in any event format to avail of the cash prize.**
- 6. Prize money and Positions will be reduced in case of lesser participation.**
- 7. NO REFUND will be given under any circumstances.**



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OVERALL RULES

8. **ZEST'25 reserves all rights to limit maximum participation in the particular event.**
9. **Participants must be present on the ground at least 30 minutes before the scheduled time.**
10. **As per government rule, for prize money of Rs.10,000/- and above, a 30% TDS tax will be applied. (Winners can claim their TDS tax by filling ITR1 form on the Income tax India website)**
11. **Organizers will not be responsible for any injuries or mishaps that happened to the participants during the event.**
12. **It is mandatory to have accidental insurance for participants from their parent Institute.**
13. **Any Clinical/Medical/Hospital expenditure should be paid by the respective parent institute or individual participant.**
14. **Only First aid will be provided by the organizing team.**



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OVERALL RULES

15. Year drop and drop out (Whether from UG or PG) students are not permitted.
16. The final decisions regarding all aspects of the All EVENTS conducted by ZEST'25 will be sole with ZEST'25.
17. If any team wants to raise an objection against any other team, they must fill objection form and pay Rs. 2000 as objection fees.
18. Prizes may vary depending on the participation.
19. Some Rules will be Explained on the event Day itself.

**FOR ANY QUERIES REGARDING EVENT &
RULES CONTACT :-**

Arnav Warhade - 8600983607
Pradnesh Doshi - 9767217422

Zest Office, Student Gymkhana, COEP Technological University - 411005

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Mandatory documents

1. National ID (Aadhar card/ Pan card/ Voter Id/ Passport/ Driving license)
2. College ID card
3. Leaving Certificate (10th or 12th or Diploma)
4. Marksheet (Latest semester)
5. Undertaking letter (Will be signed at the time of reporting)
6. Fees receipt (current year)
7. Bonafide (current year)
8. 10th and 12th Board / Diploma Passing Certificate
9. Permitted letter signed by the Principal of the College mentioning the team member's name and their class of study



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Mandatory documents

10. The participants must bring a **Valid Original college ID card** (with a college stamp on it), no one is entertained without a college ID card bring your original fee receipt slip with college stamp and the sign of the concerned faculty with their name of corresponding college(mandatory) on it.
11. Any fault in the document verification leads to **DISQUALIFICATION** of participation.
12. **YEAR DROP AND DROP OUT (WHETHER FROM UG OR PG) STUDENTS ARE NOT PERMITTED.**



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Mandatory documents

NOTE

- All the above mentioned documents has to submitted prior of entire team in one PDF Format with passport size photograph to the given mobile number
- Shreyash Adhav : 832975252
- All the documents should be original and for document verification at the time of reporting, only Original Documents Xerox Copy is needed. Xerox copies of any document from the DIGI-LOCKER will not be accepted.
- All final decisions/rights are reserved with the organizing team.

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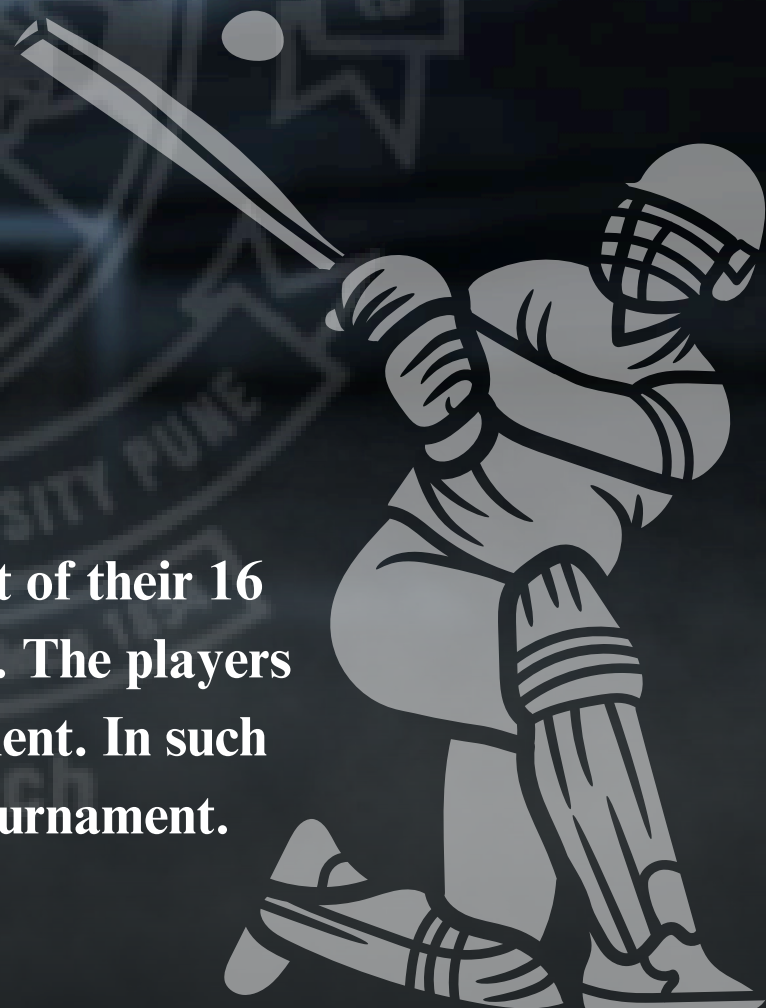
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CRICKET

General Rules:

- This Event is only for Engineering Colleges
 1. Team of 11 Players with 5 substitute players.
 2. It will be a White ball tournament. Balls will be provided by the organizers.
 3. Coloured T-shirts will be provided for each team before their first match.
 4. BLACK lower is compulsory for all.
 5. There will be a free hit on all No-Balls.
(Overstep, Waist height, fielding restrictions)
 6. No one is allowed to wear metal spike shoes.
 7. All teams are requested to give a complete list of their 16 players when they report for their first match. The players cannot be changed for the rest of the tournament. In such case, the team will be disqualified from the tournament.



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CRICKET

8. A team should bowl their 20 overs within 80 minutes (10 minutes grace will be provided) after which there will be a penalty as per standards.
9. The tournament will start in the last week of January
10. International T-20 rules will be applied.
11. Decisions made by the Umpires will be final.
12. Matches will be played on Astroturf.
13. Only engineering colleges are allowed.

ENTRY FEES:
BOYS - Rs. 9500 /-

DATE: Last week of January 2025
VENUE: COEP Tech Ground



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FOOTBALL

General Rules:

- **This Event is only for Engineering Colleges**

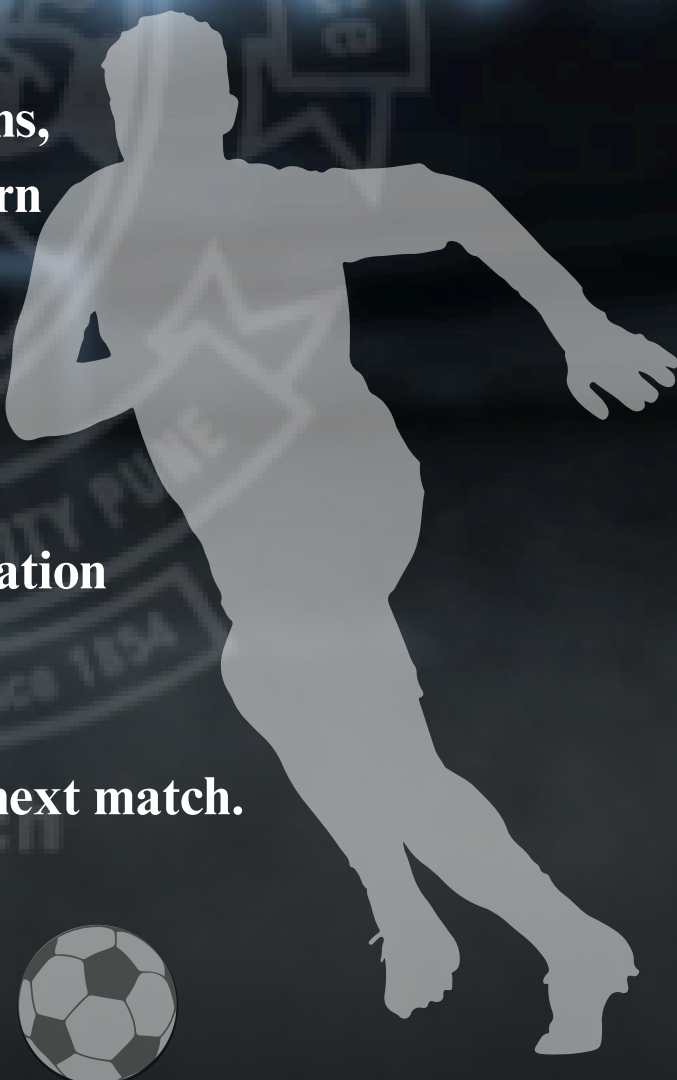
Only Engineering colleges are allowed (Diploma student is not allowed)

All UG and PG students are allowed (Age should not be more than 25)

Team can have a maximum of 3 players from PG.

BOYS:

1. **The team should consist of 18 players (11+7) and 5 substitutions will be allowed during the game.**
2. **Accessories like watches, specs, bracelets, chains, earrings, nose rings, and hair clips are to be worn at your own risk and a written statement regarding that should be submitted before the match.**
3. **There game will consist of two half and the duration of one half will be of 15 minutes.**
4. **The Player who receives a red card misses the next match.**
5. **Offside rule is to be followed.**



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FOOTBALL

6. All the other rules followed for the game will be according to recent standard rules of FIFA.

GIRLS:

1. Total no. of players= 7(playing) + 3(substitutes).
2. Accessories like watch, specs, bracelet, chain, earrings, nose rings and hair clips are to be worn at your own risk and a written statement regarding that should be submitted before the match.
3. No offside rule.
4. Kick in from corners, throw in is not allowed.
Rolling substitution is allowed

ENTRY FEES:

BOYS- Rs. 2900 /- per team

GIRLS - Rs. 1000 /- per team

DATE: 7 - 9 Feb 2025

VENUE: COEP Tech Ground



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BASKETBALL

General Rules:

- This Event is only for Engineering Colleges
1. All the Rules from FIBA will be followed.
 2. Time duration of the match is decided by the COEP team and will be conveyed before the matches

ENTRY FEES:

BOYS - Rs. 2800 /- per team

GIRLS - Rs. 1500/- per team

DATE: 7 - 9 Feb 2025

VENUE: COEP Tech Ground,
Basketball Court



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KABADDI

General Rules:

- This Event is only for Engineering Colleges

All UG and PG students are allowed (Age should not be more than 25 And no complete PG students team allowed maximum PG students in team are restricted to 3)

1. The duration of the Match shall be 30 minutes, divided equally into 2 halves of 10 minutes each, with a 5-minute interval between the two halves for eliminators.
2. Qualifiers will be played in two halves of 15 minutes each and the final will be 2 halves of 20 minutes each.
3. A standard kabaddi Scoring System will be followed.
4. Maximum 5 substitutions are allowed.
5. Time Out: Each team is allowed to take 1 TIME OUT of 90 seconds per half.
6. Referee's decision is final.



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KABADDI

7. Team will be discarded if mentioned rules are not followed.
8. In case of tie, an extra time of 5 minutes will be awarded to decide the result of match. All the rules of AKFI WILL BE FOLLOWED.
9. Only one team allowed from one institute.
Remaining rules are conveyed on ground.

FORMAT:

BOYS: Knockout Matches: 10-5-10 minutes

Qualifiers: 15-5-15 minutes

Final: 20-5-20 minutes

GIRLS: Knockout Matches : 7-2-7 minutes

Qualifiers and Final: 15-5-15minute

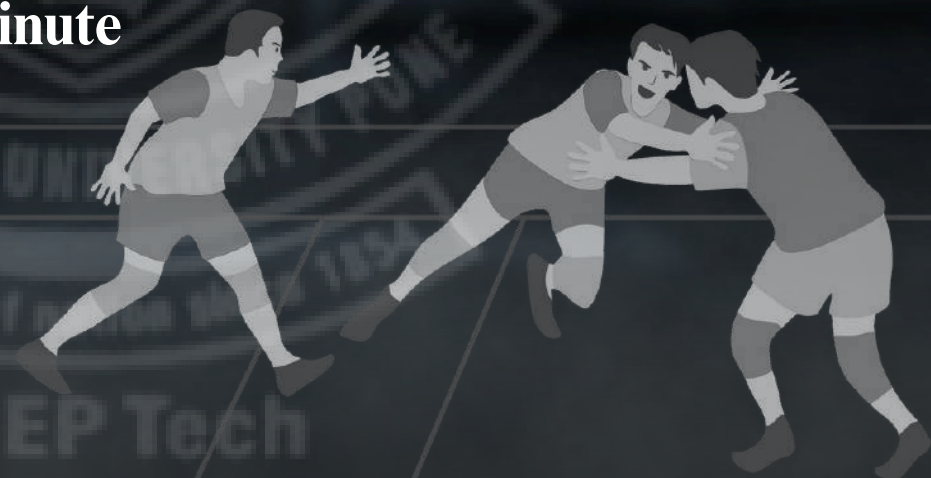
ENTRY FEES:

BOYS- Rs. 2800 /- per team

GIRLS - Rs. 1000 /- per team

DATE: 7 - 9 Feb 2025

VENUE: COEP Tech Ground



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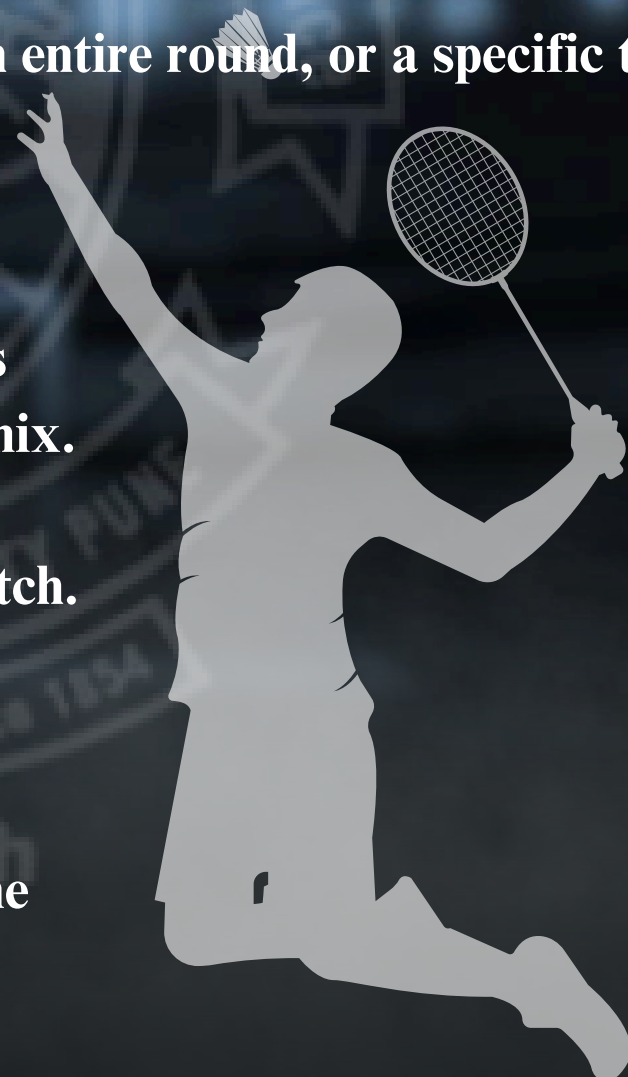
BADMINTON

General Rules:

- This Event is only for Engineering Colleges

All UG and PG students are allowed (Age should not be more than 25)

1. Matches will be played for 21 points in 3 sets.
2. Standard BWF Rules will be followed.
3. Organizers may alter the length of a match, an entire round, or a specific tie to follow schedule and meet timing and other guidelines.
4. There will be separate events for girls and boys based on categories like singles, doubles, and mix.
5. Teams must report 30 minutes before their match.
6. Sports shoes are compulsory
7. For doubles both the players must be from same college.



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BADMINTON

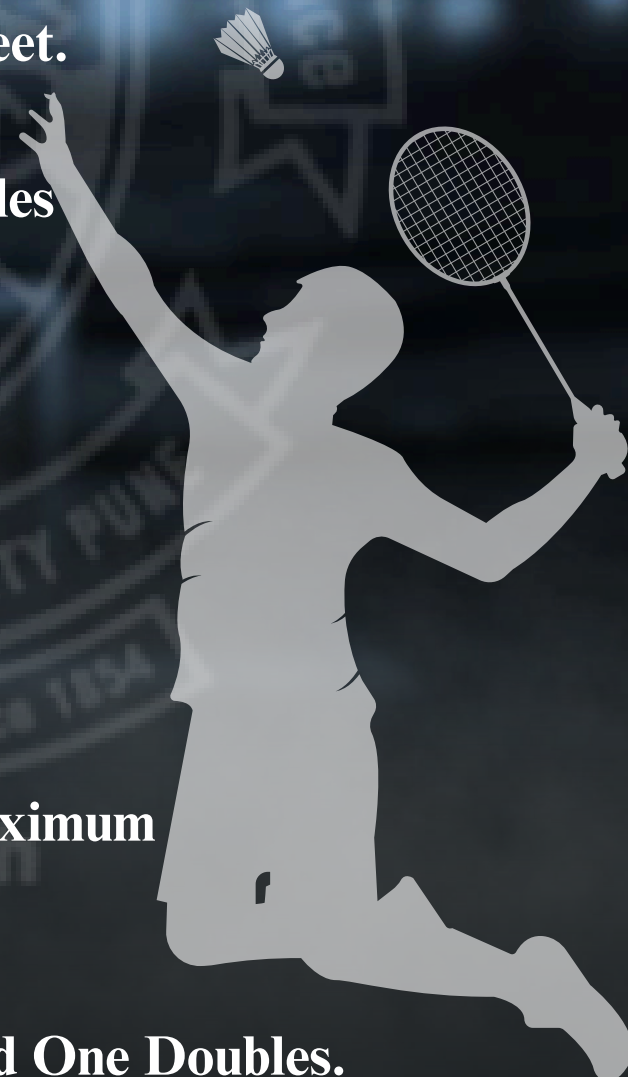
FORMAT:

BOYS TEAM EVENT:

1. **5 Match Format:- Singles-Singles-Doubles-Singles-Doubles.**
2. **Best of 5 amongst the above matches.**
3. **The Teams should consist of a minimum of 5 and a maximum of 6 players.**
4. **Only Two Players may repeat across the tie sheet.**
5. **The repeating players will only play ONE Singles and One Doubles**

GIRLS TEAM EVENT:

1. **3 Match Format. Singles Doubles Singles.**
2. **Best of 3 amongst these matches.**
3. **Team should consist of a minimum of 2 & a maximum of 4 players.**
4. **Repeating player will play only ONE Singles and One Doubles.**





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BADMINTON

ENTRY FEES:

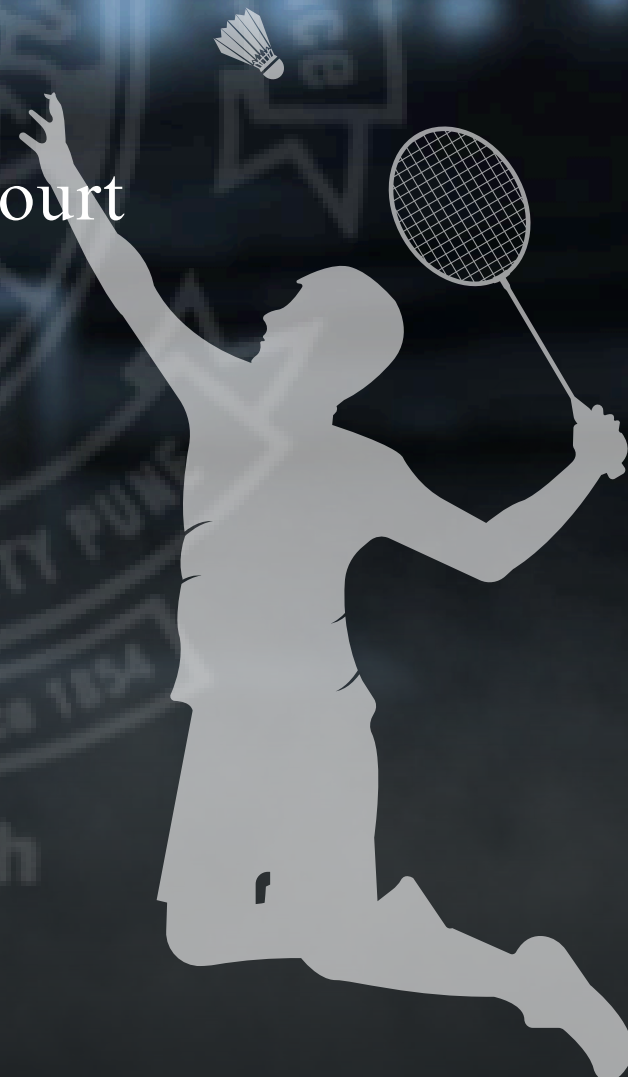
BOYS - Rs. 1600 /-

GIRLS - Rs. 1300 /-

DOUBLE-MIX - Rs. 1100 /-

DATE: 6 - 9 Feb 2025

VENUE: COEP Tech Badminton Court



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ARCHERY

General Rules:

The event is open to all students. (Age should be between 18-25 years)

Shooting rules: -

1. Archers must carry their own equipment.
2. The Player must take care of his/her own equipment.
3. One should properly label/mark their respective arrows and other equipment.
4. Whistle commands are used to signal the different phases of shooting or an 'end'.
5. Two whistle blasts mean archers can approach the shooting line.
6. One whistle blast means archers can begin shooting.
7. The archers are not allowed to collect their arrows while other archers are shooting.
8. The signal to collect your arrows is three whistles from the field captain.



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ARCHERY

General Rules:

9. Do not distract another archer when they are shooting. If an archer is in full draw, wait before taking your place on the shooting line.
10. An archer must not damage another archer borrow equipment (strict action will be taken against the culprit).
11. Competition is divided into ends. An archer shoots either 3 arrows per end, 12 ends per scoring, 2 scoring to be conducted. (Indian round (wooden))
12. Archers have a set time limit in which to shoot their arrows. No extra time will be provided.
13. After each end, the competitors walk to the target to score and retrieve their arrows.
14. Event head can change the number of scoring rounds depending on a time constraint.





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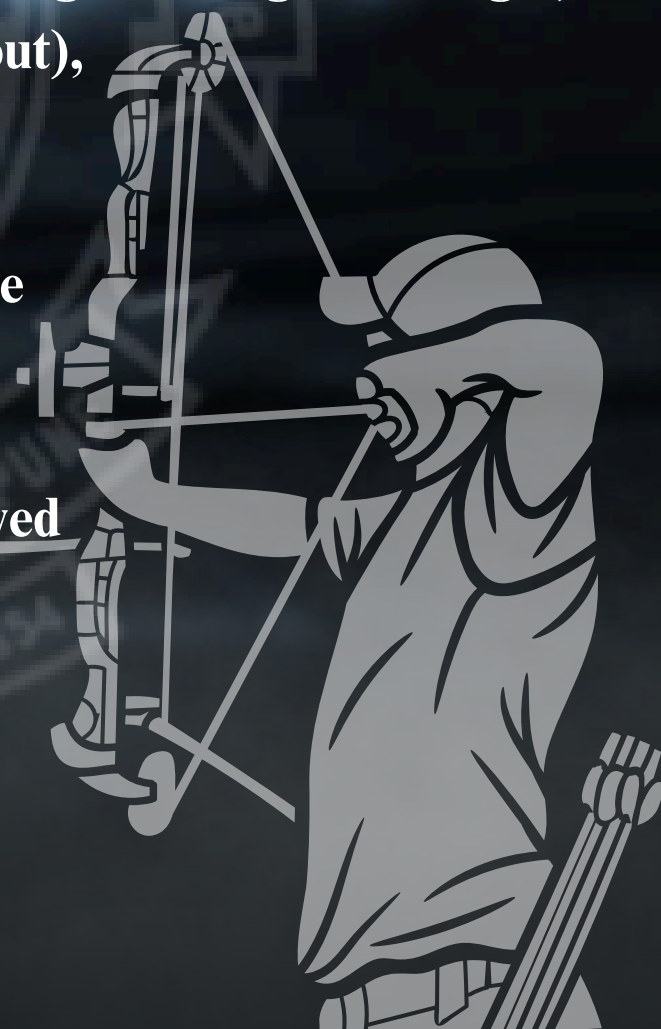
ARCHERY

Rules Scoring:

- Archers score each end by summing the scores for their arrows.
- An arrow just touching a scoring boundary line, is awarded the higher score.
- During and before scoring no-one is allowed to touch the arrows. After scoring, each hole is marked before arrows are retrieved.
- In the event of a "pass-through" (the arrow passes straight through the target) or "bouncer" (the arrow hits the target and bounces out), points may be awarded to an unmarked hole.
- In the case of a bouncer or hang, the archer must raise his hand and inform the judge immediately.

If an archer accidentally shoots more arrows than allowed or he carries more no of arrows the highest scoring arrow is not counted and a miss is recorded.

These rules apply to all forms of target archery





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ARCHERY

ENTRY FEES:

Indian - 30m & 50m - Rs.350

DATE: 7 Feb 2025

VENUE: COEP Tech Ground



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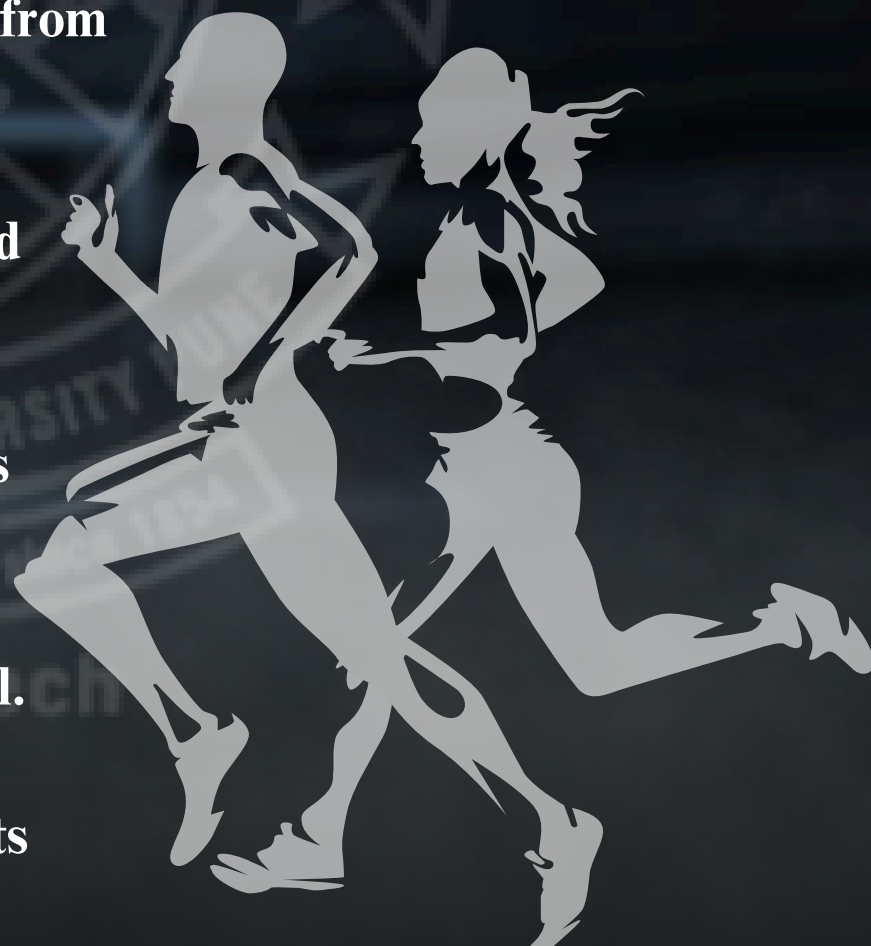
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ATHLETICS

General Rules:

- This Event is open to all students
- 1. The chest number must be with the participant until the event ends.
- 2. Events would be conducted as per IAAF standards.
- 3. An individual can participate in a maximum of 5 events (Excluding relay).
- 4. Participant barefoot is not allowed.
- 5. Rules regarding specific events will be explained before the event. A maximum of 4 participants are allowed in a single event from a college.
- 6. Mix relay team should consist of two boys and two girls.
- 7. For every Event, the minimum participation is 5 otherwise event will be cancelled.
- 8. Decision of the chief organizers would be final.
- 9. One player is allowed to participate in 4 events maximum.



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ATHLETICS

ENTRY FEES:

Individual Events

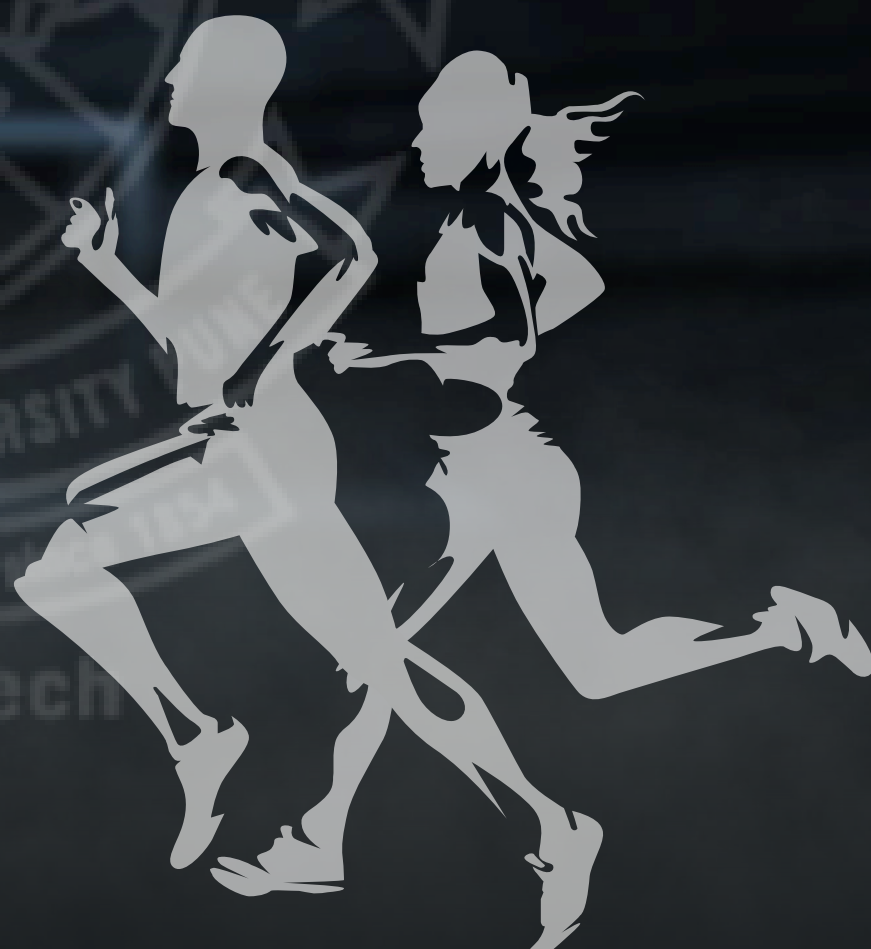
(100m, 200m, 400m, 1600m, Shotput, Discus and Javelin): Rs. 350/-

Team Events

(4*100m Relay and Mixed relay(2B2G)): Rs. 600/-

DATE: 8 Feb 2025

VENUE: COEP Tech Ground



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BOX CRICKET

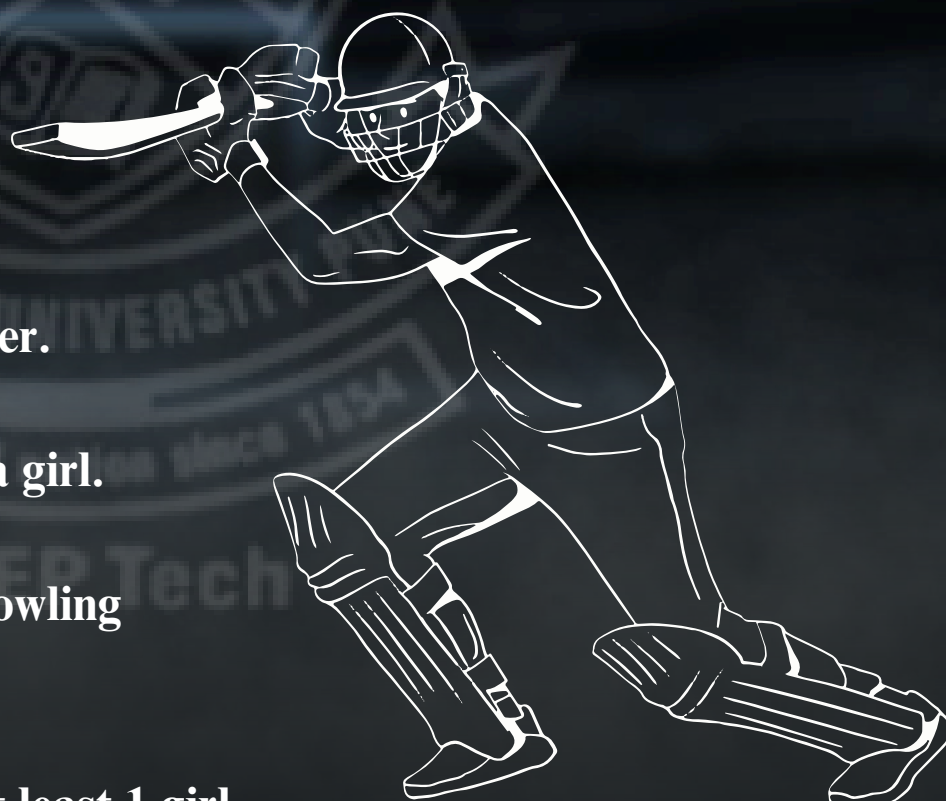
General Rules:

FORMAT:

MIX CRICKET- 6 Team players

(consisting minimum 2 girls) + 2 Substitute players

1. Each team must consist of 6 players and 2 substitute players.(MIX TEAM)
2. Total team count= 6 players + 2 substitutes.(MIX TEAM)
3. Each team must include a minimum of 2 girls in the playing team.
(excluding substitutes).
4. Matches will be played with a soft tennis ball.
5. A player can participate in only one team
throughout the tournament.
6. Each team will play 4 overs per inning.
7. Each player can bowl a maximum of 1 over.
8. A minimum of 1 over must be bowled by a girl.
9. Backhand swings are not allowed while bowling
(FOR BOYS ONLY).
10. The opening batting pair must include at least 1 girl.



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BOX CRICKET

General Rules:

11. If the ball goes directly outside the boundary without interference from the batting team, the batter will be considered OUT.
12. The umpire's decision will be final and binding.
13. Other important rules will be explained on the ground.
14. Multiple teams from the same college are allowed.
15. The team of 8 members (6 players + 2 substitutes) cannot be changed for the rest of the tournament.

In case of any roster change, the team will be disqualified.





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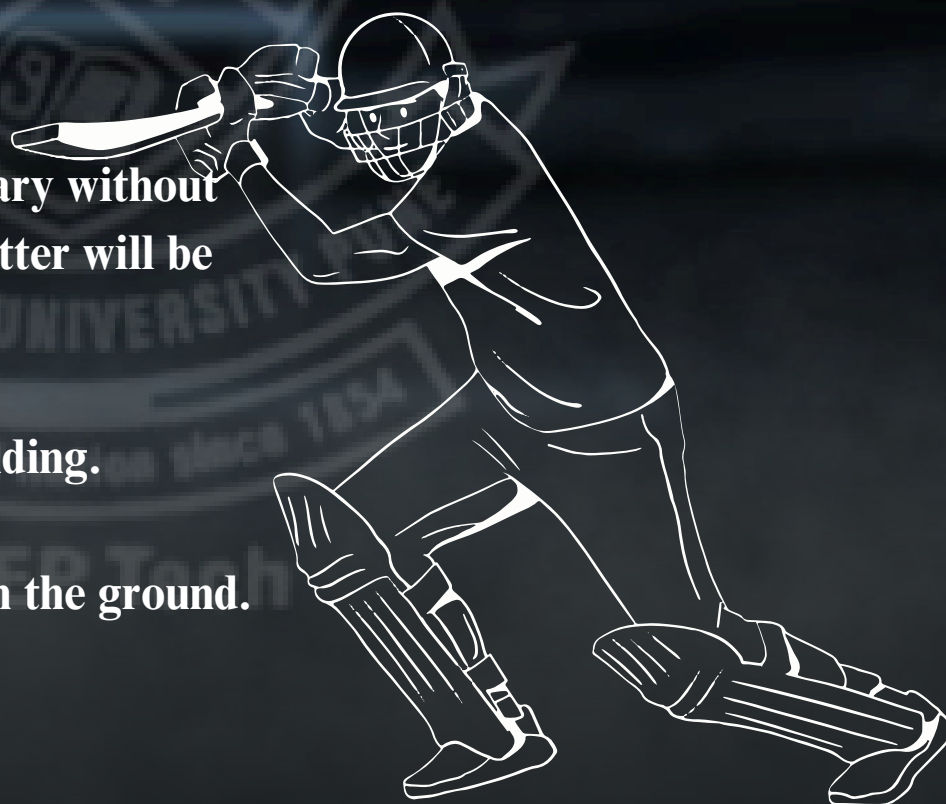


BOX CRICKET

FORMAT:

Only GIRLS TEAM - 6 Team players + 1 Substitute players

1. Matches will be played with a soft tennis ball.
2. A player can participate in only one team throughout the tournament.
3. Each team will play 3 overs per inning.
4. Each player can bowl a maximum of 1 over.
5. Backhand swings are allowed while bowling.
6. If the ball goes directly outside the boundary without interference from the batting team, the batter will be considered OUT.
7. The umpire's decision will be final and binding.
8. Other important rules will be explained on the ground.
9. In case of any roster change, the team will be disqualified.



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BOX CRICKET

ENTRY FEES:

MIX CRICKET: Rs. 600 /-per team

GIRLS CRICKET: Rs.350/-per team

DATE: 7-9 February 2025

VENUE: COEP Tech Hostel Ground

- This Event is only for Engineering Colleges



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CARROM

General Rules:

- **THIS SPORTS IS OPEN FOR ALL**

For singles:

1. Game will be of 4 boards for the initial stages and for semis and finals it will be of 6 boards or a maximum of 25 points
2. All International rules are applicable on board.
3. Referee's decision will be final and binding to all.

For Doubles:

1. Maximum boards for initial rounds will be 4 and for finals and for semi-finals it will be 6 boards or a maximum of 25 points.
2. All international rules are applicable on board.
3. Remaining rule will be conveyed before the match





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CARROM

ENTRY FEES:

BOYS OR GIRLS OR MIXED(Doubles):Rs. 700/-

BOYS (Singles): Rs. 400/-

GIRLS (Singles): Rs.300/-

DATE: 8 February 2025

VENUE: COEP Tech, Academic Complex

• *Note*

for Doubles Matches:

In the doubles category, matches for Boys, Girls and Mixed (Boy and Girl) teams will be conducted together



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CHESS

General Rules:

- This Event is only for Engineering Colleges

All UG and PG students are allowed (Age should not be more than 25 years on and before the competition and no complete PG students team allowed maximum PG students in team are restricted to 2) and one substitute is allowed with earlier condition in consideration.

1. All FIDE rules are applicable.
2. In case of any claims the decision of the organizers/arbiters will be final.
3. Specific rules for each of them will be explained before the commencement of matches.
4. Time Control:
Blitz: 3mins+2sec
Rapid: 10mins+5sec
Classical: 30mins+10sec
Relay: 5mins+3sec



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CHESS

FORMAT:

Team event: (Only for Engineering Colleges)

BOYS:

1. Classical
2. Rapid
3. Blitz
4. Relay

GIRLS:

1. Rapid

Solo event: (Open for all colleges)

1. Blitz

ENTRY FEES:

Blitz: Rs.750/- Rapid: Rs.850/- Classic: Rs.850/- Relay: Rs.600/-

(Note- Team of 4 players. Girls are allowed in the team.)

Rapid (Girls): Rs.600/-

(Note- Team of 4 Girls)

Blitz Solo (Open): Rs.300/-

DATE: 7-9 February 2025

VENUE: Main Building, COEP



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(Formerly College of Engineering, Pune)



COEP SHREE

General Rules:

- This event is open to all students.

Categories: (Weight-wise)

1. 55-60kg
2. 60-65kg
3. 65-70 kg
4. Above 70 kg

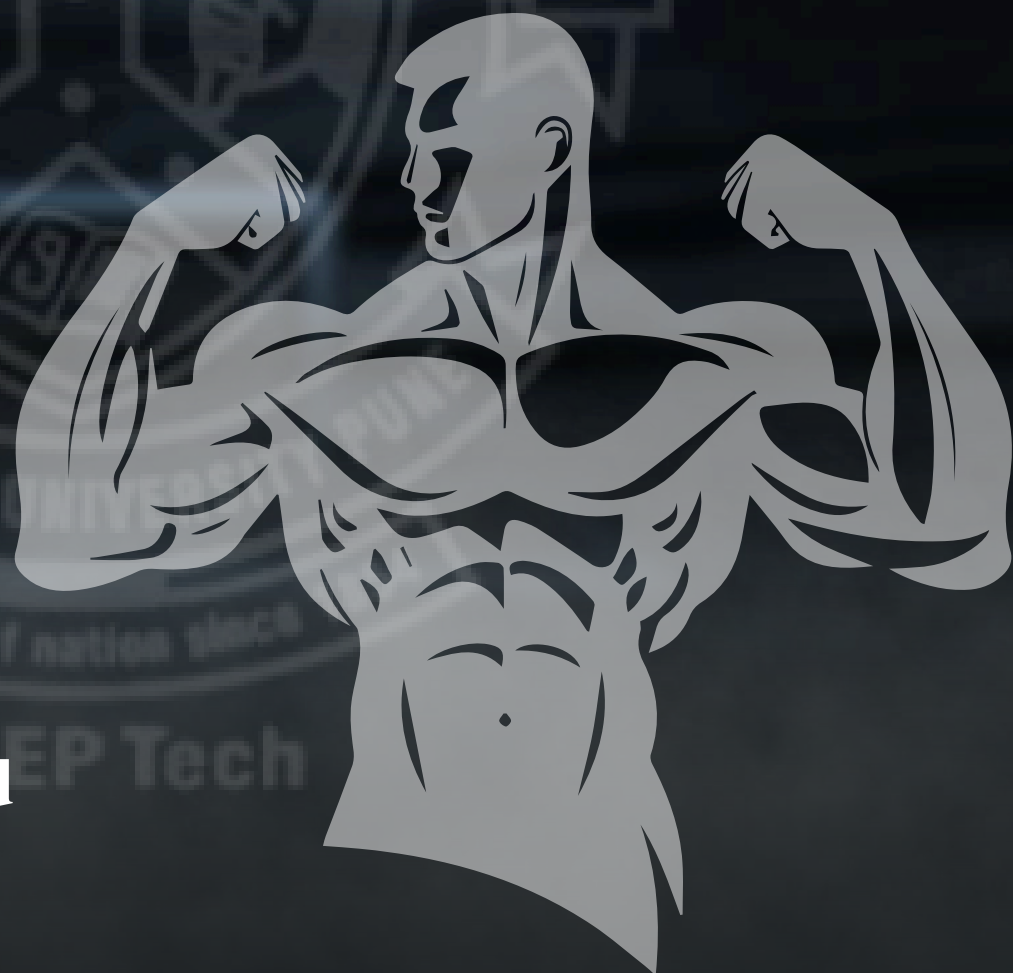
- Weight Weighing Time: 4 pm- 5 pm
- Competition Timing: 6 pm

ENTRY FEES:

BOYS - Rs. 300 /-

DATE: 8 February 2025

VENUE: COEP Tech Ground



Zest Office, Student Gymkhana, COEP Technological University - 411005

Contact: +91 75586 35753 Email: zs.zest@coeptech.ac.in

www.coepzest.org



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FENCING

General Rules:

- This event is open to all students.
- 1. Single players can play Max 2 events (epee, foil or epee, Sabre or foil, Sabre) if participants want to play only a single event, they can play only 1 event.
- 2. Each individual match will be of five points and the maximum time limit is 3 min.
If match results will not come on the basis of points (e.g. if the final score at the end of 3 min is 4-3) then one who gets 4 points will be the winner.
- 3. The time limit or points of the final and semi-finals will be increased as per convenience.
- 4. Referees decision will be final, if in case of any invalid argument, the player will be disqualified.
- 5. Team event will be of 15 points and the team can be of 4 members, only 3 can play the match.



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FENCING

6. **Bring your own weapons and all the necessary kit.**
7. **White kit is compulsory for the match.**
8. **Player should belong to the institute, and keep your college/ institute identity with you.**

ENTRY FEES:

INDIVIDUAL (BOYS AND GIRLS-EPEE, SEBREE, FOIL): RS 400/-
TEAM BOYS -EPEE, SABRE, FOIL: RS 600/-
TEAM GIRLS -EPEE, SABRE, FOIL:
RS 600/-

DATE: 7 February 2025

VENUE: COEP Tech, Meta Canteen



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COEP Technological University, Pune

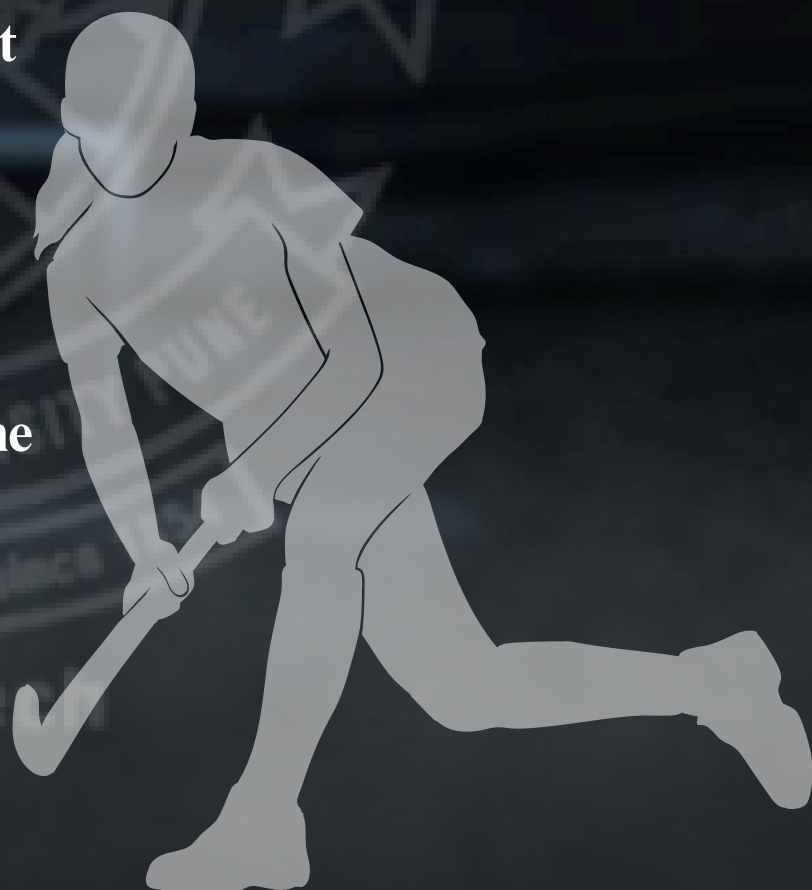
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HOCKEY

General Rules:

- This Sports is only for Engineering Colleges
 - All UG and PG students are allowed (Age should not be more than 25 years on and before the competition And no complete PG students team allowed maximum PG students in the team are restricted to 3)
1. Max 8 players in a team are allowed in 2 substitutes and 6 inside players including the goalkeeper.
 2. Team will have to bring their own kit (sticks and goalkeeper kit), this equipment will not be provided.
 3. Hit, reverse hit and any kind of scoop will not be allowed in the game for the boys. Hit and scoop are allowed for girls.
 4. Ground dimensions are 40x20 m, and the dis 10x20 m, the goal will be considered only if the ball is driven from the d of the other side.
 5. One-on-one in case of a draw and no extra time will be provided(KNOCKOUTS)



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HOCKEY

General Rules:

ENTRY FEES:

BOYS- Rs. 2800 /- per team

GIRLS - Rs. 1000 /- per team

DATE: 7 & 8 February 2025

VENUE: COEP Tech Ground



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INDOOR ROWING

General Rules:

- This Sports is open for all students
- 1. All affiliate club rowers must participate in their official uniform.
- 2. ENTRY FORMS SENT ON WHATSAPP WILL NOT BE CONSIDERED AS VALID ENTRY FORMS.
- 3. Crews causing any damage to any equipment at the venue will have to compensate for damages.
- 4. Damper settings can be adjusted prior to the race. No change in damper settings is allowed after the start of the race.
- 5. The Participant must be in the age of 18-25 years.



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INDOOR ROWING

ENTRY FEES:

1KM Boys(single): Rs 250/-
1KM Girls(single): Rs 250/-
500m Boys(single): Rs 250/-
500m Girls(single): Rs 250/-

DATE: 8 February 2025

VENUE: COEP Tech Boat Club, North Campus



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KHO-KHO

General Rules:

- Only Engineering colleges are allowed (Diploma is not allowed) All UG and PG students are allowed (Age should not be more than 25)

1. Team should contain 9 active players and maximum 3 reserved players.
2. All the rules are as per Kho-Kho federation.
3. Referees' decision will be final
Video recording as a proof would not be taken into consideration

ENTRY FEES:

BOYS- Rs. 2300 /- per team

GIRLS - Rs. 1000 /- per team

DATE: 7-9 February 2025

VENUE: COEP Tech Ground



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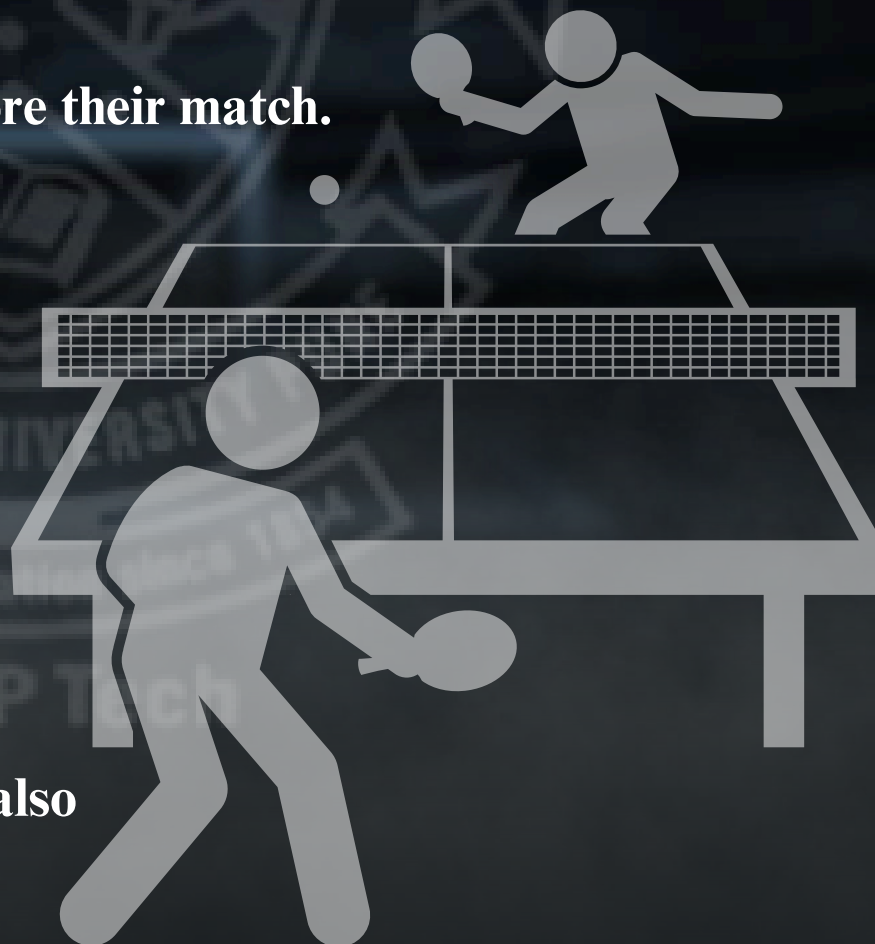
TABLE TENNIS

General Rules:

- This Sports is only for Engineering Colleges
- All UG and PG students are allowed (Age should not be more than 25)
1. Matches up to quarterfinals will be played in a best-of-3 format, there after as best of 5.
 2. Each game will be first to 11 points.
 3. Umpires' decision final.
 4. Teams must report 30 minutes before their match.
 5. All other rules as per ITTF.

Matches Format:

- All matches are knockout matches for boys. In case the number of girls teams are not more than 8, the girls' event may have few Round-Robin matches. Otherwise, girls' events will also have knockout matches.



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TABLE TENNIS

- Standard team event format (A-B-C Vs X-Y-Z).
- Each set up to quarter finals will be best of three.
- Quarter-final onwards each set will be best of five.

Team Event:

Boys: Team Size: Minimum - 3 players Maximum - 5 players

Girls: Team Size: Minimum - 3 players Maximum- 4 players

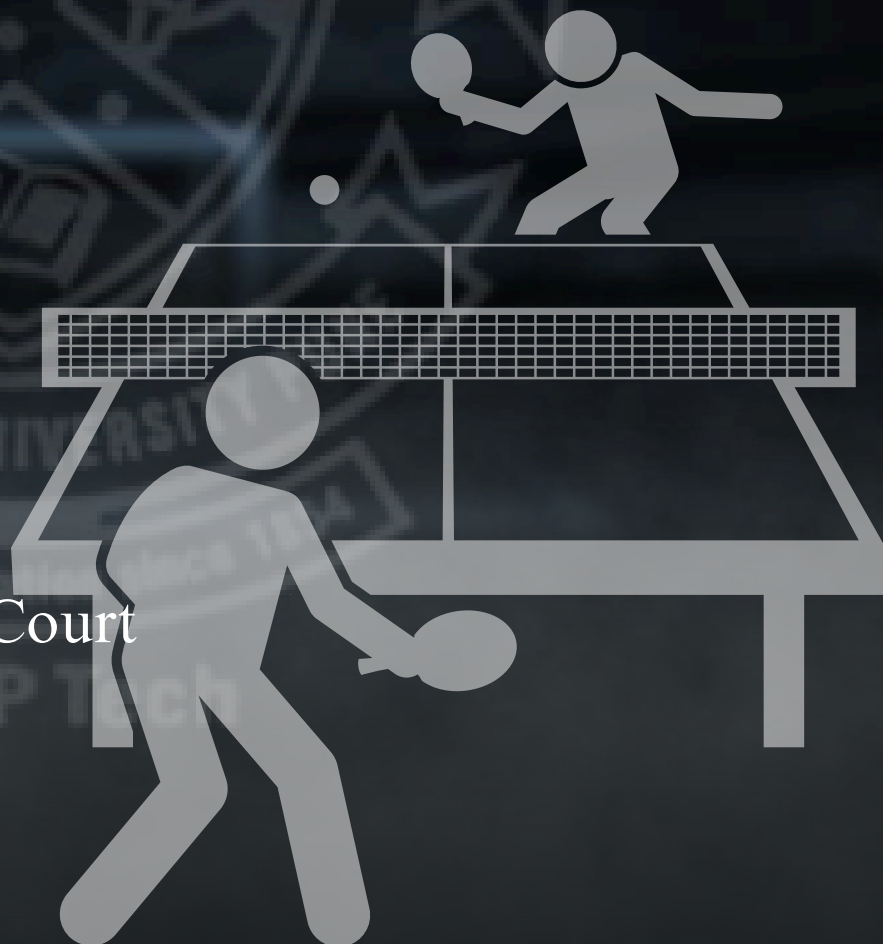
ENTRY FEES:

BOYS - Rs.1200 /-

GIRLS - Rs. 700 /-

DATE: 7 & 8 February 2025

VENUE: COEP Tech Badminton Court



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VOLLEYBALL

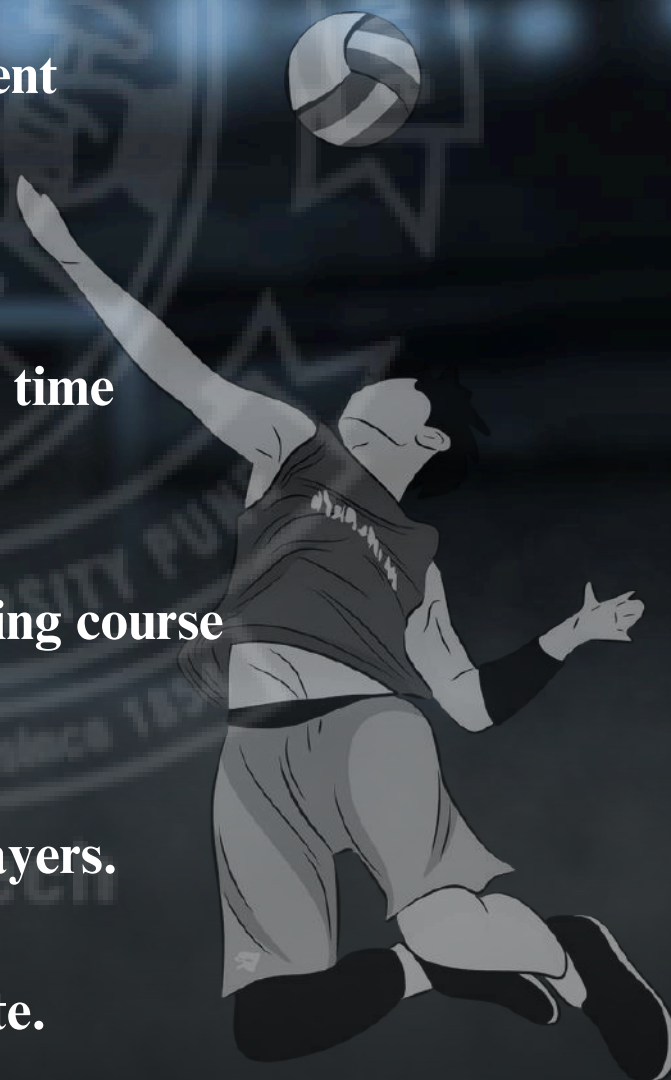
General Rules:

- This Sports is only for Engineering Colleges

Students which are studying in PG must complete their UG in BTech or BE. All UG and PG students are allowed (Age should not be more than 24 years on and before the competition.)

The team can have a maximum 3 players from PG.

1. Rules for the game are according to recent standardized rules by FIVB.
2. Points in a set or No. of sets may vary according to organizers (considering the time constraint).
3. The Team should consist of all engineering course students from the same institute.
4. Team should consist of maximum 12 players.
5. Only one team allowed from one institute.





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VOLLEYBALL

6. A complete team of PG students is not allowed.
7. All teams are expected to report 30 min before the match start time.
8. 3 calls will be made by the officials before the start of the match.
9. If a team fails to report before the final call, the team will be disqualified.
10. In case of disputes final authority will lie with the organizing team.
11. All rights are reserved to the ZEST'25 organizing team.

ENTRY FEES:

BOYS- Rs. 2400 /- per team

GIRLS - Rs. 1500 /- per team

DATE: 6 - 9 February 2025

VENUE: COEP Tech Ground



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HANDBALL

General Rules:

1. Each team will consist of 14 players
2. All International rules will be followed
3. Referees decision will be final
4. Each team will get 1 timeout in each half
5. Match time will be decided by COEP
team will be conveyed before the match

ENTRY FEES:

BOYS- Rs. 950 /- per team

GIRLS - Rs. 600 /- per team

DATE: 8 & 9 February 2025

VENUE: COEP Tech Ground



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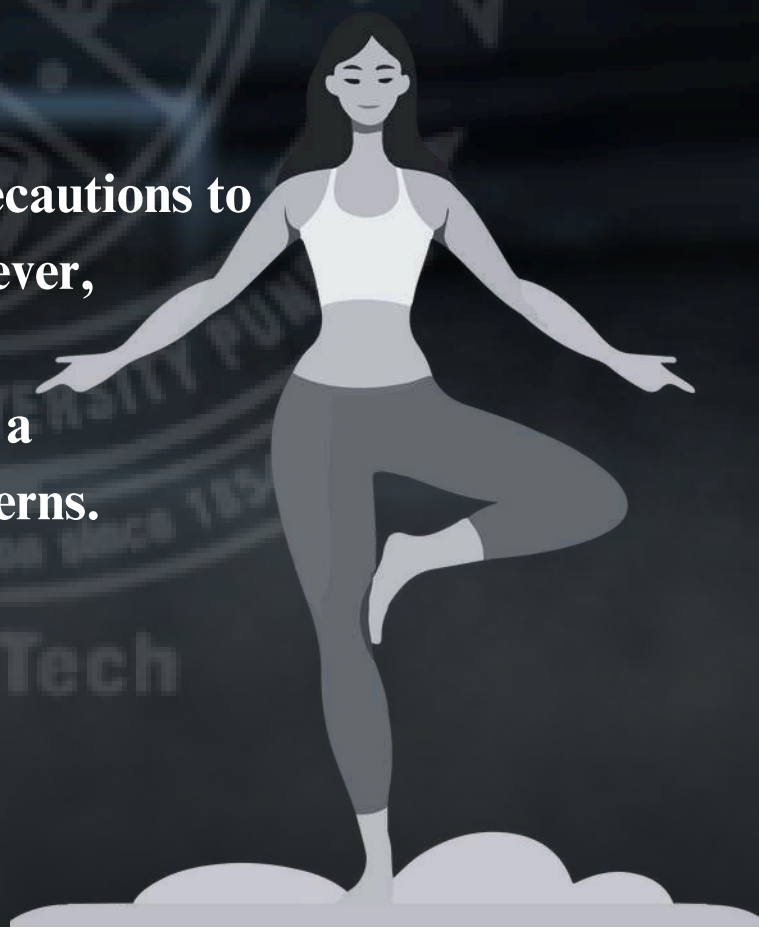
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YOGA

General Rules:

1. There will be two categories: Male and Female.
2. Participants must wear appropriate yoga attire that allows for a full range of movement and does not obstruct the judges' view. Tight-fitting clothing is recommended.
3. Participants must register by the specified deadline. Late registrations will not be accepted.
4. A panel of qualified yoga instructors/experts will judge the competition. Their decisions are final.
5. The organizers will take all reasonable precautions to ensure the safety of the participants. However, participants are responsible for their own physical condition and should consult with a medical professional if they have any concerns.
6. Each competitor must compete barefoot.



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YOGA

General Rules:

7. There should be perfect synchronization of body movements.
8. The participant who will perform the perfect yogasana (as observed by the judge) will win

ENTRY FEES:

BOYS- Rs. 150 /- per team

GIRLS - Rs. 150 /- per team

DATE: 9 February 2025

VENUE: COEP Tech Badminton Court



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FOR ANY QUERIES REGARDING EVENT & RULES CONTACT :-

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Pradnesh Doshi - 9767217422

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Asst. Director,
Physical Education

Dr. N.M. Mohite
Faculty Advisor
Zest'25

Sarvesh Salunkhe
Zest'25 Secretary

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