

NAME: _____

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Quiz: The Material and Economical Self

Instructions:

Answer the following questions based on your understanding of Chapter 8 - The Material and Economical Self.

1. Who is known as the father of American Psychology and identified the concept of the Material Self?
 - a) Sigmund Freud
 - b) Carl Rogers
 - c) William James
 - d) B.F. Skinner
2. According to William James, which of the following is NOT considered part of a person's Material Self?
 - a) One's body
 - b) Family and friends
 - c) Personal achievements
 - d) Spiritual beliefs
3. How does William James describe the relationship between a person's Material Self and their possessions?
 - a) A person is defined solely by their possessions.
 - b) Possessions have no impact on a person's identity.
 - c) Possessions and social associations contribute to one's self-concept.
 - d) Only family and friends define a person's identity.
4. What example does the text give to illustrate the concept of the Material Self?
 - a) A person's belief in their abilities
 - b) A person's job and income
 - c) A person identifying as a singer due to various factors
 - d) A person's education level
5. According to James, how does losing significant possessions or social associations affect a person?
 - a) It has no impact on their identity.
 - b) It only affects their material wealth.
 - c) It makes them feel as if a part of themselves is lost.
 - d) It leads to immediate self-improvement.
6. What happens to a person's possessions and associations after they die, according to James?
 - a) They become irrelevant.
 - b) They serve as reminders of who the person was.
 - c) They are forgotten.
 - d) They are distributed equally among family members.
7. How do material possessions and social associations contribute to one's acceptance in society?
 - a) They have no impact on societal acceptance.
 - b) They solely determine societal acceptance.
 - c) They contribute to societal acceptance along with other factors.

- d) They prevent societal acceptance.
- 8. Why do people make certain choices to achieve recognition from others, according to James?
 - a) Based on their own capabilities alone.
 - b) Based on the value given by society to their possessions.
 - c) Due to peer pressure.
 - d) Due to financial constraints.
- 9. What is an example of material possessions used to manifest a good social standing in modern society?
 - a) Owning a small business
 - b) Having an iPhone and drinking coffee at Starbucks
 - c) Living in an exclusive subdivision
 - d) Earning a PhD
- 10. According to the text, what results from finding things that define oneself persistently through time?
 - a) A fragmented self-concept
 - b) A more cohesive and easier establishment of identity
 - c) Increased material wealth
 - d) Social isolation
- 11. What does William James imply about the importance of material possessions in defining oneself?
 - a) They are the most important aspect of identity.
 - b) They are irrelevant to one's identity.
 - c) They play a significant role but are not the only factor.
 - d) They are less important than spiritual beliefs.
- 12. In the context of the Material Self, what does the loss of a business represent?
 - a) Financial gain
 - b) A minor inconvenience
 - c) A loss of a part of one's identity
 - d) An opportunity for self-improvement
- 13. How do societal values influence one's material and social choices?
 - a) They have no influence.
 - b) They dictate all material and social choices.
 - c) They partially influence these choices.
 - d) They only influence social choices, not material ones.
- 14. What does the example of identifying as a singer illustrate about the Material Self?
 - a) Self-identity is independent of external factors.
 - b) Self-identity is only based on personal beliefs.
 - c) Self-identity is influenced by both internal and external factors.
 - d) Self-identity is irrelevant to material possessions.
- 15. Why is it important to understand one's Material Self, according to the text?
 - a) To gain material wealth
 - b) To isolate oneself from society
 - c) To gain insight into overall self-concept and identity
 - d) To reject societal norms

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