

NAME: _____

DATE: _____

Quiz: Chapter 11 - The Digital Self

Instructions:

Answer the following questions to the best of your ability. Each question is worth 1 point. The answers will be provided at the end of the quiz.

Questions:

1. **What is the digital self?**
 - A. The aspect of the self that is expressed or shared through digital technology
 - B. The aspect of the self that is hidden from others
 - C. The aspect of the self that is only known to oneself
 - D. The aspect of the self that is expressed through physical interactions
2. **According to Jones (2007), what do college students view as “extensions of themselves”?**
 - A. Books and notes
 - B. Cell phones, instant messaging, and the Internet
 - C. Clothes and accessories
 - D. Physical spaces like classrooms and libraries
3. **Which of the following is NOT a component of Belk’s concept of the extended self?**
 - A. Dematerialization
 - B. Reembodiment
 - C. Virtualization
 - D. Distributed memory
4. **What does the term 'dematerialization' refer to in the context of the digital self?**
 - A. Physical possessions becoming more valuable
 - B. Attachment to virtual possessions
 - C. Loss of physical possessions
 - D. Digital possessions having no value
5. **What is benign disinhibition?**
 - A. Using rude language and harsh criticism online
 - B. Speaking about emotions, fears, and wishes online
 - C. Sharing personal information recklessly
 - D. Engaging in cyberbullying
6. **What is a key recommendation for managing toxic disinhibition?**
 - A. Avoid using social media altogether
 - B. Share all your emotions freely online
 - C. Be careful about what you share and post
 - D. Only post when feeling angry or frustrated
7. **What is the primary use of the Internet by the majority of Filipinos?**
 - A. Online shopping
 - B. Social networking

- C. Educational purposes
- D. Watching movies
- 8. **Which organization made the statement, “Your online identity is not the same as your real-world identity”?**
 - A. World Health Organization
 - B. United Nations
 - C. Internet Society
 - D. Google
- 9. **What does the Philippine Declaration on Internet Rights and Principles state about Internet access?**
 - A. It should be restricted to certain groups
 - B. Everyone has the right to affordable and quality access to the Internet
 - C. Only businesses should have high-speed Internet
 - D. Internet access is a privilege, not a right
- 10. **What are the three domains of the self according to Higgins (1987)?**
 - A. Actual self, virtual self, ideal self
 - B. Actual self, ideal self, ought self
 - C. Real self, digital self, social self
 - D. Inner self, outer self, digital self
- 11. **Which type of self-presentation involves trying to match oneself to one's own ideal self?**
 - A. Pleasing the audience
 - B. Self-construction
 - C. Self-monitoring
 - D. Self-criticism
- 12. **What is phishing?**
 - A. Sending emails to trick individuals into giving out personal information
 - B. A type of malware
 - C. An online investment scam
 - D. A method to secure personal data
- 13. **What is the main goal of the Cybercrime Prevention Act of 2012 (RA 10175)?**
 - A. To restrict access to the Internet
 - B. To prevent and combat cybercrimes
 - C. To promote software piracy
 - D. To enhance online shopping security
- 14. **What does the Data Privacy Act of 2012 (RA 10173) aim to protect?**
 - A. Freedom of expression online
 - B. Intellectual property rights
 - C. Personal information and privacy
 - D. Government data only
- 15. **What is a key aspect of digital literacy?**
 - A. Avoiding all technology
 - B. Using technology confidently to live, learn, and work
 - C. Only using social media
 - D. Only using technology for entertainment

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