NAME:	
DATE:	

Pre-Test: The Material and Economical Self

Instructions:

Answer the following questions to the best of your ability. This pre-test is designed to assess your initial understanding of the concepts related to the Material and Economical Self as described by William James.

- 1. Who identified the concept of the Material Self in psychology?
 - o a) Sigmund Freud
 - o b) Carl Rogers
 - o c) William James
 - o d) B.F. Skinner
- What does the Material Self include according to William James?
 - o a) Only one's own body
 - b) One's body and spiritual beliefs
 - o c) One's body, possessions, and social associations
 - o d) Only one's possessions
- 3. How do material possessions affect one's self-concept?
 - a) They have no effect on self-concept.
 - b) They can define and be defined by one's identity.
 - o c) They only reflect one's financial status.
 - o d) They are purely superficial.
- 4. Which of the following is an example of the Material Self influencing identity?
 - o a) Believing you are a good person
 - b) Identifying as a singer because of personal achievements and social recognition
 - o c) Practicing mindfulness and meditation
 - o d) Having a strong sense of morality
- 5. What impact does losing a significant possession have on a person, according to James?
 - o a) It improves their self-esteem.
 - b) It has no impact on their identity.
 - o c) It can make them feel as if a part of themselves is lost.
 - d) It solely affects their financial situation.
- 6. How does society influence the choices people make regarding their material possessions?
 - a) Society has no influence on these choices.
 - b) Society dictates all choices.
 - o c) Societal values and norms play a significant role in these choices.
 - o d) Choices are made based on personal preference only.
- 7. What example does the text provide to illustrate societal values and material possessions?
 - o a) Owning a company
 - b) Living in an exclusive subdivision
 - o c) Having an iPhone and drinking coffee at Starbucks
 - o d) Pursuing higher education

- 8. How does understanding the Material Self help in establishing one's identity?
 - o a) It leads to material wealth.
 - b) It provides direction and knowledge on what to prioritize.
 - c) It isolates one from society.
 - o d) It negates the importance of social relationships.
- 9. In what way do material possessions and social associations contribute to acceptance in society?
 - a) They are the only factors determining acceptance.
 - b) They contribute alongside personal abilities and achievements.
 - c) They prevent societal acceptance.
 - o d) They have no impact on societal acceptance.
- 10. What does William James suggest happens to one's possessions and associations after death?
 - a) They become irrelevant.
 - b) They serve as reminders of who the person was.
 - o c) They are completely forgotten.
 - o d) They are given to the government.

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