

**NAME:**\_\_\_\_\_

**DATE:**\_\_\_\_\_

## **Activity: Reflective Essay on the Material and Economical Self**

### **Objective:**

To reflect on and analyze the influence of material possessions and social associations on one's self-concept and identity based on William James' theory of the Material Self.

### **Instructions:**

#### **Essay Topic: "My Material and Economical Self"**

- Write a reflective essay of 500-700 words addressing the following prompts:
  - Identify and describe the material possessions that you feel are significant to your identity. Explain why these items are important to you.
  - Discuss how your social associations (family, friends, community) influence your sense of self.
  - Reflect on a time when you lost or gained a significant possession or social association. How did it impact your self-concept and identity?
  - Analyze how societal values and norms influence your choices regarding material possessions and social associations.
  - Conclude by summarizing how understanding your Material Self has helped you gain insight into your overall self-concept and identity.

Upload the Results to this Link:

[https://drive.google.com/drive/folders/1ZgUK\\_1Yw1DaYN5aWbqPa4FIJraFj9scf?usp=sharing](https://drive.google.com/drive/folders/1ZgUK_1Yw1DaYN5aWbqPa4FIJraFj9scf?usp=sharing)