| DATE:  |  |    |   |
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|  |  |    |   |
| Quiz: Understanding the Spiritual Self Instructions:  Answer the following questions based on your understanding of Chapter 9: The Spiritual Self. |  |    |   |
|  |  | 1. | Multiple Choice:  |
|  |  |    | <ul> <li>According to William James, which of the following is NOT a manifestation<br/>of the spiritual self? a) Person's will b) Intelligence and abilities c) Physica<br/>appearance d) Morals</li> </ul> |
| 2.   | True or False: <ul> <li>William James believed that the spiritual self is less enduring than the material self.</li> </ul>   |    |   |
| 3.   | Fill in the Blank:   |    |   |
|  | <ul> <li>The ability to distinguish what is important and what is not is referred to as</li> </ul>   |    |   |
| 4.   | Short Answer:  |    |   |
| _  | <ul> <li>Explain the difference between transcendence and immanence in the<br/>context of spirituality.</li> </ul>   |    |   |
| 5.   | Multiple Choice: <ul> <li>Which ancient belief system viewed the soul as an immaterial substance,</li> </ul>   |    |   |
|  | akin to the gods? a) Egyptian b) Chinese c) Platonist d) Epicurean   |    |   |
| 6.   | True or False:   |    |   |
|  | <ul> <li>According to Frankl, the purpose of life is primarily related to the pursuit or</li> </ul>  |    |   |
| 7  | pleasure. Fill in the Blank:   |    |   |
| ••   | The function of religion helps individuals cope with anxieties that often accompany illness, accidents, death, and other misfortunes.  |    |   |
| 8.   | Short Answer:  |    |   |
| 0  | <ul> <li>Describe one key difference between religion and spirituality.</li> </ul>   |    |   |
|  | Multiple Choice: <ul> <li>Who is associated with the concept that the soul is inseparable from the</li> </ul>  |    |   |
|  | body? a) Socrates b) St. Augustine c) Maurice Merleau-Ponty d) Paul Churchland   |    |   |
| 10   | .True or False:  |    |   |
|  | Rituals serve to reinforce a group's collective bonds and relieve social   |    |   |
| 11   | tensions.<br>. <b>Fill in the Blank</b> :  |    |   |
| 1 1  | <ul> <li>The sacred narrative that explains the fundamentals of human existence in the sacred narrative that explains the fundamentals of human existence in the sacred narrative that explains the fundamentals of human existence in the sacred narrative that explains the fundamentals of human existence in the sacred narrative that explains the fundamentals of human existence in the sacred narrative that explains the fundamentals of human existence in the sacred narrative that explains the fundamentals of human existence in the sacred narrative that explains the fundamentals of human existence in the sacred narrative that explains the fundamentals of human existence in the sacred narrative that explains the fundamentals of human existence in the sacred narrative that explains the fundamentals of human existence in the sacred narrative that explains the sacred narrative that exp</li></ul> |    |   |
|  | known as a   |    |   |
| 12   | Short Answer:  |    |   |
|  | What is Viktor Frankl's view on finding meaning in life?   |    |   |
| 13   | . Multiple Choice:   |    |   |

 According to Haviland, spirituality is often: a) Collective and organized b) Individual and without a traditional organization c) Materialistic and profitdriven d) Based on societal norms

## 14. True or False:

o The dungan in Filipino belief is considered as willpower.

## 15. Fill in the Blank:

The practice of offering rituals in Visayan fishing villages is known as

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