

**NAME:** \_\_\_\_\_

**DATE:** \_\_\_\_\_

### **Pre-Test: Understanding the Digital Self**

Instructions:

Answer the following questions based on your understanding of the digital self, digital identity, online behavior, and related concepts. Choose the best answer for each question.

1. What is the digital self?

- a) The physical representation of a person in virtual reality.
- b) The aspect of oneself that is expressed or shared through digital technology and online platforms.
- c) A digital avatar used in online games.
- d) The collection of electronic devices owned by an individual.

2. Which of the following is NOT a component of the digital self?

- a) Digital literacy
- b) Online disinhibition
- c) Extended self
- d) Physical appearance

3. What does the term "online disinhibition" refer to?

- a) Being cautious and reserved in online interactions.
- b) Expressing emotions and opinions more freely online than in person.
- c) Avoiding online interactions altogether.
- d) Creating multiple online personas.

4. How can digital literacy benefit individuals in the digital age?

- a) By increasing their vulnerability to cybercrimes.
- b) By helping them navigate and evaluate information online.
- c) By limiting their access to digital resources.

- d) By decreasing their ability to communicate effectively online.
5. Which statement best describes the concept of the extended self?
- a) It refers to the use of multiple devices simultaneously.
  - b) It involves sharing personal information online with strangers.
  - c) It encompasses objects, possessions, and digital extensions that contribute to one's self-identity.
  - d) It involves avoiding social media and online interactions altogether.
6. How can individuals manage toxic disinhibition online?
- a) By sharing personal information freely to gain trust.
  - b) By engaging in cyberbullying and spreading rumors.
  - c) By being careful about what they share and considering others' reactions.
  - d) By avoiding online interactions altogether.
7. What are some potential risks of sharing personal information online?
- a) Increased digital literacy skills.
  - b) Identity theft and privacy breaches.
  - c) Improved social connections.
  - d) Enhanced digital self-awareness.
8. Which statement accurately reflects the relationship between the online and offline self?
- a) The online self is completely separate from the offline self.
  - b) The online self often reflects an idealized version of the offline self.
  - c) The offline self is more authentic than the online self.
  - d) The online self and offline self are interchangeable.
9. How can individuals contribute to a positive digital self-image?
- a) By posting negative comments about others online.
  - b) By engaging in cyberbullying and spreading rumors.

- c) By presenting themselves authentically and responsibly online.
- d) By creating fake personas to gain popularity.

10. Why is it important to be digitally literate in today's society?

- a) To limit access to information and resources.
- b) To engage in toxic online behavior.
- c) To navigate and evaluate information online effectively.
- d) To avoid social media and online interactions.

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