

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

## **Pre-Test: The Self in Western and Oriental/Eastern Thought**

### **Instructions:**

Answer the following questions to the best of your ability. This pre-test is designed to assess your current understanding of the concepts discussed in Chapter 5. Each question carries 1 point unless otherwise specified.

#### **1. Multiple Choice (1 point each):**

1. Which culture emphasizes the importance of individual goals over group goals?
  - A) Western culture
  - B) Eastern culture
  - C) Both A and B
  - D) Neither A nor B
2. In Eastern thought, which concept refers to a shared identity and inner self shared with others?
  - A) Atman
  - B) Nirvana
  - C) Kapwa
  - D) Dharma
3. According to Western culture, what is the primary factor for achieving wealth and success?
  - A) Fortune and luck
  - B) Enterprise and hard work
  - C) Moral virtue
  - D) Long life
4. Which of the following best describes the Western perspective on the self?
  - A) Interpersonal unit
  - B) Phenomenological object
  - C) Both A and B
  - D) None of the above
5. In the context of individualism vs. collectivism, which statement is true for collectivist cultures?
  - A) People are autonomous and independent from their in-groups
  - B) Personal goals take precedence over group goals
  - C) Behavior is primarily shaped by in-group norms
  - D) Relationships with others are less important

#### **2. Short Answer (2 points each):**

6. Describe one key difference between Western and Eastern perspectives on self-identity.
7. What is the significance of long life in Eastern culture compared to Western culture?
8. Explain the concept of reincarnation as it is understood in Eastern thought.
9. How does Western culture's focus on material acquisition differ from Eastern culture's perspective?

10. What role does seniority and the wisdom of years play in Eastern culture?  
3. **True or False (1 point each):**

- 11. Western culture celebrates youth and being young more than Eastern culture. (True/False)
- 12. The Eastern concept of self includes the idea of detachment and desirelessness to reach nirvana. (True/False)
- 13. In Western thought, the self is considered both a phenomenal and non-phenomenal entity. (True/False)
- 14. Eastern culture is more likely to attribute poverty to a lack of enterprise and hard work. (True/False)
- 15. The concept of Kapwa in Filipino psychology emphasizes the importance of individualism. (True/False)

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