

NAME: _____

DATE: _____

Pre-Test: Psychological Perspective of the Self

Instructions: Answer the following questions to the best of your ability. This pre-test is designed to assess your prior knowledge of the psychological perspective of the self.

1. **(1 point)** What does the term "self" refer to in psychology?
 - A. The study of human behavior
 - B. A reference by an individual to the same individual person
 - C. The analysis of cognitive functions
 - D. The understanding of social interactions
2. **(1 point)** Who introduced the concepts of the "me-self" and the "I-self"?
 - A. Sigmund Freud
 - B. Carl Rogers
 - C. William James
 - D. Kenneth Gergen
3. **(1 point)** What is the "me-self" according to William James?
 - A. The self as knower
 - B. The self as known
 - C. The material self
 - D. The spiritual self
4. **(1 point)** Carl Rogers is known for which type of therapy?
 - A. Cognitive Behavioral Therapy
 - B. Person-centered Therapy
 - C. Psychoanalysis
 - D. Rational Emotive Behavior Therapy
5. **(1 point)** According to Carl Rogers, which aspect of the self represents how a person sees themselves?
 - A. Perceived Self
 - B. Real Self
 - C. Ideal Self
 - D. Social Self
6. **(1 point)** Freud's theory includes which three parts of the mind?
 - A. Conscious, Subconscious, Unconscious
 - B. Id, Ego, Superego
 - C. Perceived Self, Real Self, Ideal Self
 - D. Material Self, Social Self, Spiritual Self
7. **(1 point)** The Id operates on which principle according to Freud?
 - A. Reality principle
 - B. Morality principle
 - C. Pleasure principle
 - D. Ethical principle
8. **(1 point)** What is the main role of the Ego in Freud's theory?
 - A. To seek pleasure
 - B. To mediate between the Id and Superego
 - C. To enforce moral standards
 - D. To store unconscious thoughts

9. **(1 point)** Which concept suggests that having multiple selves is part of being human?
- A. Unified self
 - B. Real self
 - C. Ideal self
 - D. Multiple selves
10. **(1 point)** Who is associated with the idea of multiple selves in postmodern psychology?
- A. Carl Rogers
 - B. William James
 - C. Kenneth Gergen
 - D. Sigmund Freud
11. **(1 point)** The concept of "True Self" is rooted in what?
- A. Social interactions
 - B. Material possessions
 - C. Authentic experience and spontaneous reactions
 - D. Defensive mechanisms
12. **(1 point)** What is the "Fake Self" according to psychological theories?
- A. The self as known
 - B. The self as knower
 - C. A facade that contradicts the true sense of self
 - D. The idealized version of oneself
13. **(1 point)** Which aspect of the self is most influenced by interactions with society?
- A. Material self
 - B. Social self
 - C. Spiritual self
 - D. Real self
14. **(1 point)** Which of the following is NOT a sub-category of self identified by William James?
- A. Material self
 - B. Social self
 - C. Spiritual self
 - D. Ideal self
15. **(1 point)** In Carl Rogers' theory, what does the Ideal Self represent?
- A. How others perceive us
 - B. How we see ourselves
 - C. How we would like to be
 - D. Our moral and ethical standards

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