200. Number of Islands

Difficulty: Medium

https://leetcode.com/problems/number-of-islands

Given an m x n 2D binary grid grid which represents a map of '1's (land) and '0's (water), return the number of islands.

An **island** is surrounded by water and is formed by connecting adjacent lands horizontally or vertically. You may assume all four edges of the grid are all surrounded by water.

Example 1:

```
Input: grid = [
    ["1","1","1","1","0"],
    ["1","1","0","0","0"],
    ["0","0","0","0","0"]]

Output: 1

Example 2:

Input: grid = [
    ["1","1","0","0","0"],
    ["0","0","1","0","0"],
    ["0","0","1","0","0"],
    ["0","0","0","1","1"]
]
Output: 3
```

Constraints:

```
    m == grid.length
    n == grid[i].length
    1 <= m, n <= 300</li>
    grid[i][j] is '0' Or '1'.
```