Hooks - useEffect dependacy array rules:

useEffect(() => {}, [dependencyArray])

- 1. An empty dependency array will execute the code inside the useEffect on the FIRST render of the component, so only once!
- 2. No dependency array will execute the code whenever ANY state is changed
 - this will likely cause problems and most likely lead to INFINITE LOOPS
 - at least in my experience this has happened
- 3. A dependency array with a dependency inside will fire useEffect ONLY AFTER THAT DEPENDENCY HAS BEEN CHANGED, this is the most common use case for useEffect. Eg, something has changed and we need to re-render the component to show that change ✓✓✓✓.

Hooks useState and useEffect simple example

```
import { useEffect, useState } from "react";
export default function App() {
  const [name, setName] = useState("Tom")
 useEffect(()=>{
    setName('David')
  },[name])
  return (
    <div>
      <h1>{name}</h1>
    </div>
  );
```