Performance Best Practices - memo(componentName)

- Memo Higher Order Component can be used to stop re-rendering child components after the parent has been updated.
- By default, all child components will render again if the parent has been updated

```
import { memo } from "react";
function ChildComponent() {
 return (
   <div className="App">
    Child Component
   </div>
  );
export default memo(ChildComponent);
```

useCallback(() => {}, [dependencies])

The useCallback is a react hook that returns a **memoized callback** when passed a function and a list of dependencies as parameters.

It's very useful to avoid Re-Rendering of child components because by default, React will render all child components after any state change inside the parent

It only changes the callback when one of its dependencies gets changed.

Is useful for to improve performance of an app, you will only re-render components that need re-rendering